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Details on page 44.

Alive!

LAPD

Charging Ahead!



The LAPD's Dawson family travels 7,000 miles cross-country without using a drop of gas!

- SEE PAGE 20



INSIDE:
Come along for
the electric ride.

Above from left: Iris Dawson, LAPD/Communications; son Thomas Dawson, 13; and Officer II Creighton Dawson with their 2013 Tesla, which they drove from coast to coast – some 7,000 miles – without using a single drop of gasoline.

Alive! photo by Summy Lam

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† While supplies last. Adorable magical monkey hat not available.

A Message From the CEO

Road Trip Is All About Family

by John Hawkins,
President and CEO, The Club

Not long ago, Iris Dawson, LAPD Communications, sent in a photo, like so many great Club Members do, of a trip her family had recently taken. We love when *Alive!* readers enjoy the paper so much that they want to be part of it.

But when I saw what she submitted and immediately wrote back to her, Iris seemed a little bit stunned that we were so interested. Well, hers was a unique story, and we wanted to do something more with it.

I find the story fascinating: **Iris, Creighton** and **Thomas Dawson** drove across the country and back without using a single drop of gas. I had never before or since heard such a story, and have never known a single person to have done it. With all their tourist miles driven along the way, that's more than 7,000 miles!

I started to do the math and figured, well, at let's say \$2.50 a gallon (fuel being much cheaper in the rest of the United States, as all road-trip fans know), that would be a savings of ... but then I stopped: The trip of the Awesome Dawsons might have started out as a way to save enough money so that Thomas could take a field trip to Washington, D.C. But it was about so much more than that.



Club CEO John Hawkins with the Awesome Dawsons – Creighton and Iris, and their son, Thomas.

In the end, it was, most important of all, about family.

I've taken my family on dozens of road trips, ranging all over the Western United States and the Midwest. There's no substitute for seeing this great country with your own eyes. Iris talked about that several times -- the places they had been and things they had seen all along the way.

There's always adventure when you point your hood at the open road, hit the gas and just move forward. It's a great American dream. But for the Dawsons, that sense of adventure was so much more than that. Would you do it, knowing that you could run out of fuel in the middle of nowhere? During our chat, I learned a lot about Teslas and their s across the country. Still, would you do it? After talking to them, I think I might. I'm itching to try!

Their trip was also about moving forward into the energy future that all of us will live in eventually. They take their green footprint seriously.

But after listening to them talk about their trip, its meaning became clear: It was about family. It was about Creighton, who had survived a devastating motorcycle accident while on duty for the LAPD, sharing a love of the world with their son, Thomas. It was about Iris making sure that Thomas didn't miss out on a great learning opportunity. And it was about the sharing that must happen when you're in a restricted space with others for 7,000 miles!

More power to them. Great story. Great adventure. You never know what will happen when you take to the road with your family ... or when you write in to *Alive!* to let us know about it!

(And oh, by the way, with fuel at \$2.50 a mile, for 7,000 miles, at a generous 25 miles a gallon, that's a savings of about \$700.)

As this is September, we introduce our readers to the winners of this year's **Joannie Mukai** Club Scholarships. And again, as in years past, it's an amazing bunch. Academic rigor ... volunteerism ... sports ... the arts ... you name it -- the relatives of our Club Members form an impressive group. Congratulations!

As we head into the fall, and all our lives turn incredibly busy, I hope we all take the time to enjoy the most important thing of all -- family.

See you next month!

JOHN

jhawkins@cityemployeesclub.com

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The Awesome Dawsons

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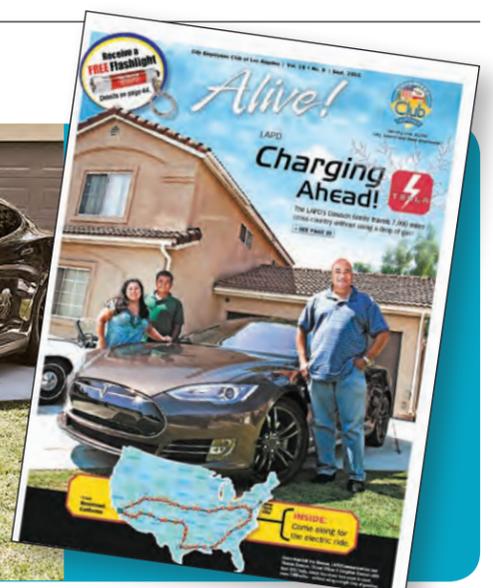
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Behind the Scenes



The Club's Summy Lam photographs Iris, Thomas and Creighton Dawson with the Tesla that took them across the United States.



IMPORTANT Telephone Numbers

The Club's Main Phone Number	(800) 464-0452
The Club's FAX Number	(213) 620-0398
City Bureau of Sanitation	(800) 773-2489
Bulky Item Pick-up & Recycling	(213) 978-1655
City Employees Benefit Office	(213) 978-7480
City Paymaster	(213) 978-1593
Commuter Services	(888) 457-9460
Deferred Compensation	(213) 580-1690
DWP Credit Union	or (800) 300-9728
DWP Employees Association	(213) 367-3146
DWP Health Plan & Medicare	(800) 831-4778
DWP Information	(213) 367-4211
DWP Intake Magazine	(213) 367-1361
DWP Paymaster	(213) 367-1106
DWP Personnel	(213) 367-1934
DWP Retirement Plan Office	(213) 367-1692
Engineers and Architects Association	(213) 620-6920
Fire and Police Pension System	(213) 978-4545
LACERS	(800) 779-8328
LA Federal Credit Union	(213) 485-5000
LA Firemen's Credit Union	(323) 254-1700
LA Fire Department Museum	or (800) 231-1626
LA Firemen's Relief Association	(323) 464-2727
LA Police Federal Credit Union	(213) 380-2900
LA Retired Fire and Police Association	(800) 872-2843
Local 721	(888) 288-5073
Local 3090	(213) 482-6660
Retired LA City Employees, Inc.	(213) 487-9887 ext. 340
Retired LA City Employees, Inc.	(800) 678-4145
Ticket Hotline	(888) 777-1744
Whistleblower/Complaint Program	(800) 824-4825
Worker Compensation	(213) 473-3400



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Alive!

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\$4,499,192

Claims Paid

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Long-Term Care	\$890,770.79
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Total claims paid to Club Members in the last 12 months:

\$4,499,192.94



Cecilia Talbot,
Director of Claims,
Member Advocate



Monica Zamudio,
Claims Coordinator

You probably won't get to meet Cecilia Talbot and Monica Zamudio very often... until you really need them. That's when their service shines. So, to assure you that you are in good hands, from time to time Alive! will reprint letters commending the service given by Cecilia and her excellent staff. —Ed.



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- Short-Term Disability

Club Members' Praise

The Club's claims service is "great! You have done your best to help us process our needs. Your guidance supported us to produce all the necessary documents in order to process the payment fast."

— Adela Dominguez, September 2015

"Thank you so much for your assistance in connection with my father's life insurance benefits. Thank you also for the book [The Fall of Freddie the Leaf]. Your thoughtfulness is appreciated. Thank you much."

— GWH, September 2015

The Club's claims service is "a 10 in my book because of the service you gave. I thank you very much. You have been very helpful."

— Geneva Dobbins, September 2015

Meet the Club Team

These are the faces behind the Club. Our staff is dedicated to helping our members receive the maximum benefit from their membership. If you have questions, concerns or suggestions about your Club, our counselors are ready to help.

Email us at: info@cityemployeesclub.com

if you have an event you want covered in the Alive! or if you have questions about insurance. Or call us at: (800) 464-0452

Member Experience Team



Noelle Kauffman
Manager of
Member Services
Ext. 105



Gedina Bergstrom
Member Services
Counselor
Ext. 107



Dalila Vielma
Member Services
Counselor
Ext. 137



Jeanette Gadut
Member Services
Counselor
Ext. 110



2008 President's
Award Recipient
2013 "Absolutely"
Award Recipient
Angel Gomez
Mobile Man
Ext. 104



Lucas Everett
Member Services
Counselor



Steven Lambert
Member Services
Counselor



Sheldon Sklar
Member Services
Counselor



Mia Sulak
Member Services
Counselor



Megan Smith
Member Services
Counselor



Scott Sulak
Member Services
Counselor



Charlotte Swanberg
Member Services
Counselor



Cheryl Martin
Member Services
Counselor
Ext. 136



Tiffany Sy
Member Services
Counselor
Ext. 202

City Employees
Retirement System
DWP Retirement Office
Fire and Police Pensions

Club Store



Mariana Guevara
Club Store
Manager



Megan DeBolt
Club Store
Assistant Manager



Ronald Cortez
Customer
Service Associate



Guadalupe Lira
Customer
Service Associate



Dylan Noel
Customer
Service Associate



Jalelia Solomon
Customer
Service Associate



MaryAnn Urdiales
Customer
Service Associate

Team Leaders



John Hawkins
President & CEO



Brian Trent
Chief Financial
Officer



Robert Larios
Chief Operating Officer,
"Sports Dude", "Chef Larios"
and "Discount King"



Arlene Herrero
Director of Product
Development

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Award Recipient

Accounting



Carole Lovato, CPA
Senior Controller



Leigh Thompson
Controller



Trinh Pham
Senior Accountant

2011 President's
Award Recipient

Marketing & Advertising



Summy Lam
Director of
Marketing

2005
President's
Award
Recipient

Claims



Cecilia Talbot
Director of Claims,
Member Advocate



Monica Zamudio
Claims Administrator

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Award Recipient

Database Management



Hava Berman
Director of Database
Management



Michael Anderson
Information Technology
Manager

2014 President's
Award Recipient



Alan Bound
Business Analyst

2007 President's
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Citlali G. Bon
Data Processing
Coordinator



Rebecca Platero
Data Processing
Coordinator

City Employees:



Let's Talk:

Clear advice from the Club's insurance experts.

Does anyone rely on your income? If so, you need life insurance!



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Club Counselor

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Ext. 136

Tiffany Sy

Club Counselor

tsy@cityemployeesclub.com

Ext. 202

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Did you know?

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- *The Club Difference:* The Club has in-house claims experts to assist with paperwork and ensure your benefit arrives as soon as possible

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(they're really important, too):

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Club Long-Term Care Insurance

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Note: The Club Store will be closed Monday, Sept. 5, in observance of Labor Day.

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Rosa Calderon
Personal Insurance Agent

Sept. 22:
8:30 a.m. - 4 p.m.



Patty Pulido
Personal Insurance Agent

Sept. 8:
8:30 a.m. - 4 p.m.

Sept. 29:
8:30 a.m. - 4 p.m.

Rec and Parks

Story and photo courtesy Cabrillo Aquarium

Sea Fair Fun

Cabrillo Marine Aquarium hosts annual Autumn Sea Fair.

Oct. 16, 2016

All are invited to celebrate the bounty of the sea with fun-in-the-sun games and hometown spirit at Cabrillo Marine Aquarium's Autumn Sea Fair from 10 a.m. to 3 p.m. Sunday, Oct. 16.

Children of all ages will enjoy ocean-related activities throughout the day, including face-painting, origami lessons and gyo-taku, the Japanese art of fish printing. Dig out your inner pirate and join in the search for a buried treasure, learn how to cast a fishing rod, and use recycled materials we provide to compete in the Ocean Monster costume contest.

Dozens of local marine-related organizations will be on hand to share their information and activities. Enjoy live music including the unique jazz stylings of Harold Greene on the Chapman Stick, the Japanese drum troop Kokoro Taiko and the smooth sounds of Stucco Rainbow. Watch for "Eagle-eye" Greg, birder extraordinaire, the spectacular display by the Los Angeles City Fireboat and "Scuba Mike" demonstrating equipment used by scuba divers – the opportunities for fun are endless.

Visitors can take a look inside the Southern California Marine Life Exhibit Hall with 36 aquariums – live exhibits full of the natural beauty that



At a previous Autumn Sea Fair.

exists in the watery world of the Pacific Ocean. Also, stop by the Aquatic Nursery to see what's being raised in this "research laboratory on display." Feeling inquisitive? Check out the Exploration Center and let your sense of discovery lead the way. And, the Marine Research Library contains materials on everything from anemones to zooplankton, for children and adults.

Take part in our annual celebration of marine life and community spirit. This annual event is free. Parking is available at Cabrillo Beach for just \$1 per hour. The Aquarium is at 3720 Stephen M. White Dr., San Pedro, and is a Rec and Parks facility with support from FRIENDS of Cabrillo Marine Aquarium.

For further information or a calendar of events call Cabrillo Marine Aquarium at (310) 548-7562 or visit our Website at www.cabrillomarineaquarium.org.

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Chicano Association



Latino
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The Club



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Letters to the Editor

Lucy's Retirement Event Made Special by Club's Robert Larios

Larios in the City



Lucy L. Reinhardt, Economic/Workforce Development, 25 years of City service.

I just wanted to thank Robert Larios again so very much for being at my retirement party to present me with the only show of appreciation I actually received from the City! (I never even got my 25-year pin!) Anyway, the article in *Alive!* was awesome – you actually had me spread across three months! You're a really good guy and much appreciated!

– Lucy L. Reinhardt, Retired, Economic/Workforce Development

Readers: Can You Send Suggestions for Pam?

I always read Chef Larios' recipe page – such great quick recipes. One day his cooking skills gave me the idea that he would be able to write about solving a problem I've been having lately – hard-boiling eggs so the shells peel off cleanly.

I don't know what I'm doing differently, as I didn't used to have this problem. And I've researched and used some ideas I've found, but no consistent luck.

So, the questions are:

- Is it better to cool the eggs until they're at room temperature before refrigerating?
- Does the freshness of the egg make any difference?
- What about organic versus non-organic eggs?
- What about brown versus white eggs?
- Does it matter if you use the hard boiled eggs right away instead of refrigerating for later use?

Chef Larios probably has a ton of ideas coming in, but I thought this might be an interesting diversion.

Thank you!

– Pam Hall, Retired

Hi Readers: What do you think about Pam's problem? Do you have any solutions? Chef Larios will give some of his answers in a subsequent issue of Alive! – Ed.

This Crew Is Playing Around, in the Best Sense

It's so great to see how much care and love the Rec and Parks playground crew takes in designing and maintaining the playgrounds around the City. After reading the article in the August *Alive!*, I can tell very quickly that they find their work rewarding. Thank you to each of you for making the City fun for the children and communities.

– Roger Stillman, General Services

Angel Says 'Take a Hike,' But He Always Means Well

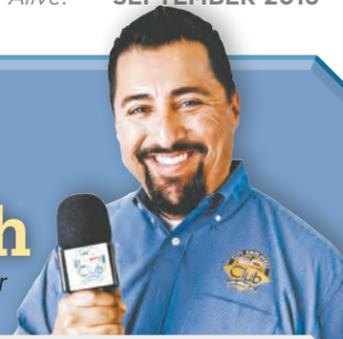


I love the El Moro Trails and the Crystal Cove State Park! And it seems that Angel Gomez of *Angel's Be Alive!* does, too! That is such a scenic area with the ocean views. I try to go as much as I can through those trails for hiking and hill sprinting. I also agree with Angel when he says you should bring sunblock, but if you can, go early in the morning or late afternoon for those amazing sunsets.

– Laura McKenzie, LAPD

Robert's Question of the Month

BY ROBERT LARIOS, Chief Operating Officer
rlarios@cityemployeesclub.com



Fellow Club members answer the Question of the Month

Which Major League Baseball teams will end up in the World Series?



"The battle of the ages between the Dodgers and Yankees!"
– Mike Wilkinson, RLACEI Director



"The long awaited freeway series between the Dodgers and Angels!"
–Jordan Price, DWP, 22 years of City service



"There is no way it is not going to be any teams other than the Dodgers vs. the Red Sox."
– Luis Figueroa, Public Works/ Sanitation, 14 years of City service



"Mark my words, it is going to be the Dodgers and the Texas Rangers."
–Eddie Giron, Transportation, 10 years of City service



"The Dodgers and the Astros."
–Austin Kano, Transportation, 20 years of City service



"You can bet that it is going to be the Dodgers and Boston Red Sox!"
–Geno Gandora, Public Works/ Sanitation, 18 years of City service



"This is the year the Dodgers and the Angels face each other to find out who wins it all!"
–Carlos Rodriguez, Transportation, 17 years of City service



"This is the year for the Chicago Cubs, and they will face the Seattle Mariners!"
–Robert Sanchez, Transportation, 13 years of City service



"It's going to be an exciting World Series when the Cleveland Indians square off with the Chicago Cubs."
–Raul Montenegro, DWP, 28 years of City service

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Alive! AROUND THE WORLD



1

Barnes in Belize



Capt. Michael Barnes, Harbor, writes about his recent adventure to Belize.

"Belize is a delightful English-speaking Central American country situated on the Caribbean coast. It is surrounded by Mexico to the north, Guatemala to the south and west, and by the Caribbean Sea to the east.

"But first we decided to visit a Mayan ruin or two. For our trip to Guatemala and Tikal National Park we hired a local guide, of which there are many in town, before heading for the border. The border is a very interesting place, full of what looked like shady hombres with 9 o'clock shadows and big mustaches. This being said, we didn't feel unsafe, even though the ATM machine has its own armed guard complete with a Bulgarian AK-47. Not wishing to flaunt our wealth at the border, we paid the fee to leave Belize and the entry tax to get into Guatemala and took off on our merry way to our next adventure at the Tikal Mayan National Park.

"Tikal is a long hard drive and is in a very isolated part of the country but well worth the effort. Tikal is in the heart of the Mayan Biosphere Reserve and was declared Natural and Cultural Heritage Historic by UNESCO, making it one of only three sites of this category in the Americas, as it contains one of the most important Mayan cities and is guarded by a mystical tropical forest. We climbed quit a few of the temples, either up the frontal face or at the sides, where wooden steps have been placed for less agile tourists.

"When it came time to leave the northern border area, we took the bus to Belize City for the astronomical price of \$4 US per person. Air-conditioned it was not, but the windows were open and it was reasonably comfortable and full of interesting young world travelers. Some of the roads had potholes, but most of the main roads were pretty good.

"The island ferry service is very fast, and we reached our destination, Caye Caulker, in what seemed like seconds. This unique island, known for its laidback atmosphere and friendly environment, is sprinkled with a variety of Belizean cultures including the Mestizo, Garifuna and Creole.

"Our days were made up of visiting our friends and short adventures of discovery, like swimming with the basking sharks, peddling a very basic bicycle into the mango groves or people-watching at the local sunbathing and swimming hole."



2

Big Bear



"These were taken at this year's Tour de Big Bear, which is held every year in August. This was my fourth year doing this organized 'fun' ride, and I had opted to do the 50- miler instead of the 70- miler I had done the previous three years. It's a great ride, and I encourage any City Employee who is into cycling to give it a try. Very well organized, great places to dine, mountain accommodations are wonderful, and you can't beat the scenery. With the four different rides of 50, 70, 100, and 120 miles, there are nearly 700 to 800 participants riding.

"As with all photos submitted by the Ship's Carpentry Division, in memoriam, we always have our photos taken with our past C&M Director, [the late] Joannie Mukai. Also this year, attached to my handlebars, I took along a photo of my Aussie Cousin Jack, who passed away less than a week before the ride. His being there helped me get up the last few hills of the day and at the end of the ride, I had a beer in his honor. The other beers I had were for me!"

— John Radovcich, Harbor, rode his bike in Big Bear.

3

Germany



Here's **Mike Aubin, DWP**, in Munich, Germany.



4

Mexico



Erik Depaz, Housing, recently returned from Tulum, Mexico.



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LAFD

Story courtesy Renee Ramirez, LAFD

100 Years of Fire Prevention

Fire Dept. hosts centennial event, awards service pins.

On July 12, the LAFD's Fire Prevention and Public Safety Bureau hosted a daytime event to mark the 100th year of the Bureau, and to honor employees marking service milestones with pins.

The event was held at City Hall East. Lunch was provided by In-N-Out, and a Commemorative Challenge Coin was issued.

"On June 16, 1916, the City Council approved Ordinance No. 34352, creating Fire Prevention and Public Safety Bureau," wrote Fire Marshal John Vidovich in the event program. "Chief Engineer Eley placed Capt. Charles Hawley in command. Capt. Hawley's staff included only a Fire Prevention Engineer, a Deputy Chief Fire Prevention Engineer and a few Fire Inspectors. However, six unpaid Inspectors selected from outside the Department assisted them. By April 16, 1918, the Fire Prevention Bureau had grown to 25 Inspectors. As fire prevention efforts and responsibilities increased, Chief Eley formed an Arson Bureau and made it part of fire prevention.

"Today, staff assigned to the Fire Prevention

and Public Safety Bureau provide needed customer service to six offices located strategically throughout the City," Vidovich continued. "Considering the FPB's historical beginnings, it is obvious the responsibilities of the Department's fire prevention personnel have dramatically changed. To meet the demands of constituents, we continue to evolve. Changing roles for fire prevention personnel are driven not only by the residents of Los Angeles, but also by outside governmental agencies, new regulations and enacted legislation, and the ever increasing advances in technology.

"I am excited that we are evolving to a metric driven and technology sophisticated Bureau as we meet the Mayor's and Fire Chief's 'Back to Basics' agenda.

"To commemorate our 100 year anniversary, a FPB Challenge Coin has been designed and will every member assigned to the Fire Prevention Bureau will receive one. Keep up the good work!"

Service pins, handed out by Assistant Fire Marshal Kwame Cooper, were awarded to:

- Rosemarie Barraza, 30 years;
- Stephen Broussard, 30 years;
- Marlon Escalante, 20 years;
- John Heredia, 10 years;
- Chanel Burgess, 10 years;
- Pejman Noori, 10 years;
- Guillermina Parades, 10 years; and
- Kacy Williams, 10 years.

Congratulations to those who received service pins, and happy anniversary to the Fire Prevention Bureau.



Command staff from the Fire Prevention Bureau.



LAFD employees.



Right to left: Fire Marshal John Vidovich, Assistant Chief Kristin Crowley (recently promoted to take Deputy Chief Vidovich's place as the first female Fire Marshal in LAFD history, and to become Deputy Chief when Chief Vidovich retires in early 2017); and Assistant Fire Marshal Kwame Cooper.



Right to left: Fire Marshal John Vidovich and Assistant Fire Marshal Kwame Cooper.



Personnel assigned to the Fire Marshal's office.



Angel Gomez, Club Director of Sales

Angel's Be Alive!



Emerald Pools Trail

- Zion National Park, Utah



Aden and Angel Jr. at the Emerald Pools Trail sign.



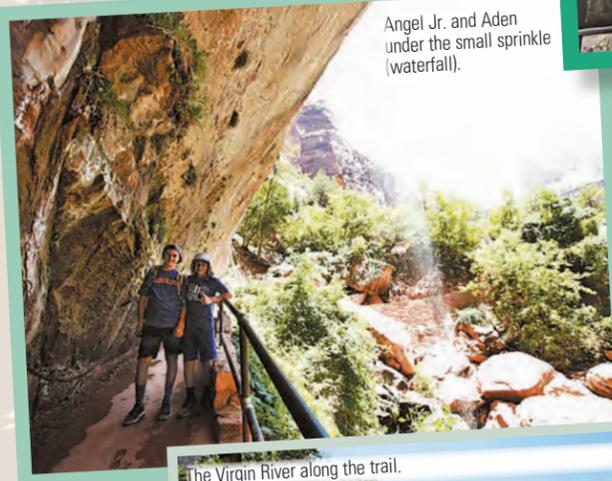
Angel Jr. and Aden cooling off in the Virgin River.



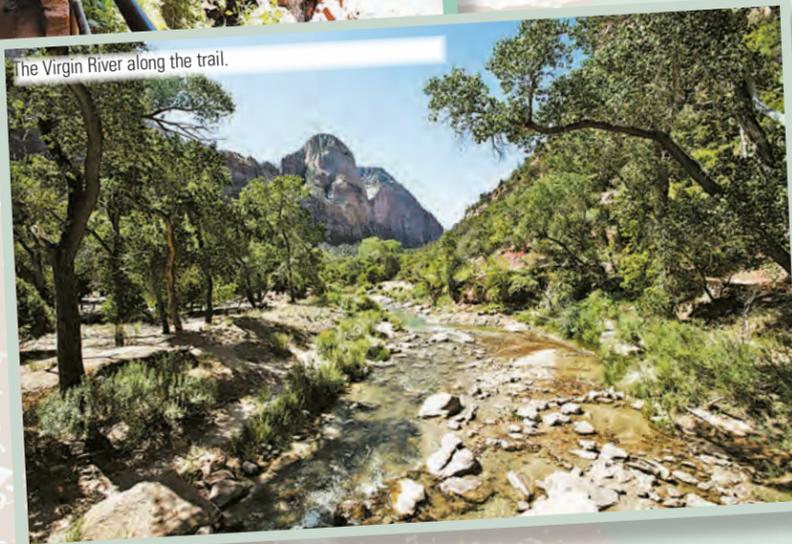
Angel Jr. and Aden, with the Upper Pool in the background.



Along the Emerald Pools trail.



Angel Jr. and Aden under the small sprinkle (waterfall).



The Virgin River along the trail.

Hello again!

For this month's column, we took a few days and traveled to Zion National Park in Utah. Zion National Park is only two-and-a-half hours northeast of Las Vegas. When I go to Zion, I drive through Las Vegas and take a short break (get a bite to eat and stretch my legs a bit) then continue to Zion.

This is our second time going to Zion; it is so beautiful! The national park has many hiking and walking trails to choose from, and the entire park is breathtaking. The main reason I love this area is because you can choose from all levels of difficulty. This time, we picked the Emerald Pools Trail. Sometimes it's called the oasis in the middle of the desert. The trail usually takes about two hours; your entire family can enjoy this trail. Just be ready for some uphill switchbacks along the way, and always bring lots of water for all trails.

About Zion: Zion was opened in 1909 and expanded in 1919. It is in southern Utah and is the biggest national park in Utah. More than two-and-a-half million people visit Zion every year for sights including the Narrows, Angel's Landing, the Subway Trail, and many more. Some common sightings in Zion include mule deer and the endangered California

condor.

The Hike along Emerald Pool trails: From the entrance to the park we climbed aboard the Zion tram and rode it to the Zion Lodge (the fifth stop on the Zion Canyon Tram). The fifth stop is actually the Zion Lodge stop, too). The lodge holds a gift shop and a restaurant to energize for the trail.

The tram will drop you off under a big tree that provides lots of shade for

some resting if needed before or after your hike. Once you walk past this tree and the lodge you will find a bridge. Underneath it is the Virgin River that runs along Zion. The Emerald Pool trail starts once you cross this bridge. At first it is a cement-paved path, but after a while it becomes a dirt path with naturally formed staircases. The path is broken into two parts – the Lower and Upper Pools. It is a nice two-hour round-trip trail with a refreshing waterfall mist you can walk under on the way up. The Lower Pools connect to the Upper Pools, so keep going. There are minor drop-offs but nothing too serious. (The park brochures showcase the best pictures of these pools. While the pools may be beautiful at times they were I'm sorry to say dried up at this time of year, with not much flow in the waterfalls.)

The Virgin River is just under the bridge at the beginning of the trail and in the summertime it is the perfect place to cool off and take a swim. Make sure to bring plenty of water despite the season. In the summertime, temperatures often hit 100 – not a good time to run out of water.

What I thought: It's great exercise for all ages and family fun that everyone can enjoy. The Lower Pool has a nice waterfall that you can walk under, and it is also very refreshing. This time there was only a small sprinkle, not actually a true waterfall. I am sure at other times this waterfall probably fills the ground below with a sparkling water in an actual pool. The Upper Pool was filled with water, but it also was not in ideal conditions. The pool looked like an algae pool – not exactly picture-perfect but still worth the trip, and was a great spot to take a rest. I would still recommend a visit to the park and of course the Emerald Pools hiking trail.

Next month, I will continue in Zion National Park and give a review of the Watchman Trail. Stay tuned!

As always, bring sunscreen and plenty of water.

Be safe and Be *Alive!*

Angel

Emerald Pools Trail Zion National Park, Utah

1 Zion Park Blvd., State Route 9
Springdale, UT 84767

Directions: Take 10 Fwy east, to the I-15 north, then through Las Vegas and all the way until State Highway 9 east in Utah.

Cost: \$12 per person for a week.

Hike Time: two to four hours
Distance: About two miles
Elevation: 200 feet; elevation increases for each Pool
Hours: Open 24 hours
Parking: Free with ticket purchase

Club Store



Mariana Guevara
Club Store Manager

"These pieces from Art of Honor are the most beautiful gifts we've ever offered to Club Members," says Mariana Guevara, Club Store Manager. "They're very personal – each one is made specifically for you. We're very proud of them, and we know you'll be proud, too."

Moments to Treasure, Forever

Club's new partner offers one-of-a-kind art pieces to recognize retirements and special City occasions. See them now in the showroom at the Club Store.



Consider an Art of Honor gift for that special retiree or City employee of achievement. They deserve the best.

Beautiful and handsome, Art of Honor pieces are the perfect way to celebrate a special moment of a family member or coworker. When you want to say thank-you and congratulations with real impact and meaning, Art of Honor is unmistakably the way to go.

And it's a Club exclusive – another unique benefit of Club Membership.

Art of Honor, an L.A.-based company, handcrafts three-dimensional pieces in wood and metal that emulate City, County and State seals, Police and Fire badges, and other government agency insignias. The nation's only traveling Memorial Wall honoring the LAPD fallen officers is an example of Art of Honor's fine work, along with Firefighter Glenn Allen's Memorial in the LAFD Museum in Hollywood.



A City career filled with achievement, promotions, and important moments deserves special recognition. The best recognition.

And now the Club is presenting Members with a way to memorialize retirements, promotions and other important City career moment:

Introducing Art of Honor, a special Club partnership that offers Members great prices on beautiful handcrafted artwork gifts with the high quality you expect from the Club.

One of a Kind

Art of Honor creates art made specifically to recognize individual careers. Every legacy art piece is custom designed and handcrafted, using only the highest-quality materials to memorialize life-changing events.

See For Yourself

Visit the Club Store and see firsthand the great quality of Art of Honor – the Club is displaying an L.A. City seal art piece for you to see and inspect. It's just one example of the beautiful art pieces available for you to see in the Club Store showroom.



Rec and Parks

Photos by Simie Seaman, Banning Museum Board



HAPPY BIRTHDAY, BANNING!

Banning Residence Museum hosts a successful annual barbecue/concert fundraiser.

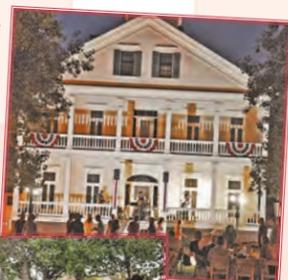
More than 230 people helped the Friends of Banning Museum celebrate the birthday of the "Father of the Los Angeles Port" Phineas Banning with a special evening of barbecue, music and dancing. The event took place Aug. 20.

It was the museum's eight annual summer barbecue/fundraiser. This year's band, JB and the Big Circle Riders, were a big hit and already booked for next year's shindig.

In the spirit of the Rancho-period of the Banning property, guests were treated to a Western-themed evening with live music provided by local favorite, South Bay Country; free line dance instruction; country style dancing; and a good old fashioned barbecue buffet provided by Southland favorite the Outdoor Grill. Country-Western attire was the theme of the night.

The Banning Museum, a facility of Rec and Parks in Wilmington, is operated in cooperation with Friends of Banning Museum, a nonprofit corporation.

At the Banning Residence Museum's annual Country and Western barbecue and concert fundraiser.



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RLACEI

CITY RETIREE ASSOCIATIONS

Retired Los Angeles City Employees, Inc. (RLACEI)



Ed Harding, RLACEI President
www.rlacei.com
Contact him: (800) 678-4145 Ext. 703
E-mail: edwardjharding@rlacei.com

Change of Address?

If you change your address, notify Cliff Cannon, Membership Chair, at (800) 678-4145, x725, or cell: (310) 218-6646. Or write to Cliff: 1942 Radlett Ave., Carson, CA 90746.

Have News About Yourself?

Contact Mary Beetz, call (800) 678-4145 Ext. 711

Three Retirees Groups Hold Events; Make Sure You're at the Right One

RESERVATION LINES:

RLACEI events: (800) 678-4145, Ext. 701
DWP events: (626) 445-7376 (Dolores Foley)
LARFPA: (888) 288-5063

SEPT. 7:

LARFPA general meeting, Grace E. Simons Lodge

DEC. 1:

RLACEI Christmas party, Friendship Auditorium

RLACEI Website

Hal Danowitz asks you to visit the RLACEI Website at www.rlacei.com to find the latest retirement news. If you find it helpful, or have suggestions for improvement, call Hal at (800) 678-4145 Ext. 707.

Contact the LA City Employees' Retirement System

The Los Angeles City Employees' Retirement System is at 202 W. First Street, Suite 500, (LA Times Building), Los Angeles, CA 90012. Hours: 8AM-5PM. Phone (213) 473-7200 or (800) 779-8328. Contact them to arrange direct deposit of your retirement checks, change your tax withholding or beneficiary, or for questions about your health plans. www.lacers.org

DWP Retirees Association



Dolores Foley, President
Phone: (626) 445-7376
E-mail: vincedolores@gmail.com
www.dwpretirees.org

Los Angeles Retired Fire and Police Association (LARFPA)



Robert L. Olsen, President
Phone: (323) 283-4441
Fax: (626) 285-1461
9521 Las Tunas Dr. #4,
Temple City, CA 91780
www.larfpa.org

Picnic A Big Success With 150 in Attendance

2010 Club Excellence Award Recipient



President's Report By Edward J. Harding President, RLACEI

The RLACEI picnic, held Aug. 11 at the Grace E. Simons Lodge, was a great success! It was attended by more than 150 people, and most of them called in and made reservations. I appreciate it, as it made it easy for us to order enough lunches.

Also, I think we finally found the right meal for

a picnic: hot dogs, hamburgers, coleslaw, baked beans and different types of cookies. At least the majority of members who attended said they enjoyed the meal.

Now, Americo Garza, the Entertainment Chairman, and his committee are going to start all over to find a meal appropriate for our holiday party. If you have any good ideas, give us a ring.

The holiday party will be held Dec. 1 at the Friendship Auditorium, 3201

Riverside Dr., Los Angeles. See you there!

Private Equity Report: Looking at LACERS Returns



Michael R. Wilkinson

LACERS Board Update, By Michael R. Wilkinson

Last month's article dealt with one specialized investment class, real estate. Now we will look at another, private equity.

LACERS' private equity is an asset class that invests primarily in private companies with the goal of diversifying our investments and getting high returns. With higher returns comes the risk of volatility, since the returns can vary greatly from year to year.

Of our nearly \$14 billion in investments, LACERS targets a 12 percent allocation to private equity.

LACERS' private equity investments are in various strategies, but the most popular is buyout. In a buyout, investors purchase a struggling company, install new management, run the business and later sell it either as a public company or a private firm. There are also other strategies, but 59 percent of our total private equity portfolio and 85 percent of our current investment is going to buyout funds. Venture capital is currently receiving 15 percent of our investments.

Geographically, 76 percent of the investments are in the United States, with the remaining 24 percent around the world. 85 percent of the funds go to private companies, while the other 15 percent is invested in the public markets.

LACERS returns for the 1-, 3-, 5- and 10-year periods lagged the benchmark for 3 and 5 years, but exceeded it for 1 and 10 years, for the year ending Dec. 31, 2015. These are solid returns.

- 1 year: 6 percent
- 3 years: 12.4 percent
- 5 years: 12.1 percent
- 10 years: 10.9 percent

One other factor for private equity is that it is an illiquid investment, meaning that it cannot be easily sold until the partnership has finished with the investment. These are partnerships that can last up to 10 to 12 years, or longer.

LACERS sets a higher benchmark return on private equity investments compared to stock and bond investments to make up for this illiquidity disadvantage.

Pension Investment Portfolios: Weighing Interest Rate Hikes



Michael Karsch

Legislative Report: Pension Law and Policy, By Michael Karsch

Pension investment portfolios are gasping for growth as high returns are hard to find. Our own LACERS investments grew only .3 percent for 2015 on a total pot of \$14 billion. CalPERS' total value was \$295 billion for 2015-16, which was a decline of \$8 billion (2.6 percent). This puts CalPERS funding liability at close to 70 percent, whereas the minimally sufficient level is 80 percent. What to do? CalPERS can put more cash into the investment pot, which means charging member cities (Los Angeles is not a part of this system) more in each successive year, and those cities in turn can either push some on the cost onto active members, or use its taxes. As

columnist Dan Walters of the Sacramento Bee has written, all pension funds, both private and public, are facing similar problems. More high-yielding investments would be one answer, but that means high risk, and many are pulling back into more conservative investments.

Ruchir Sharma of Morgan Stanley Investment wrote about the dollar and the Federal Reserve Board on July 29 that the Fed controls the supply of dollars, which means it "reigns supreme." But all of the balancing of factors can send markets into turmoil. If the Fed tightens interest rates higher, this reduces the supply of dollars through worldwide markets. The other markets have been relying for many years on low interest rates; now they have to shift investments around. The Fed has been delaying an increase in interest rates as a result.

In the private sector, com-

panies have approached their underfunded pension systems by sometimes issuing bonds (at low rates) to raise cash rather than raising premiums to insure their retirement plans, according to Bank of America Merrill Lynch analysts. With low interest rates, this is inviting.

Some of us see low interest rates as good for refinancing their mortgages, which is true. But many investments are interest-rate-dependent, mostly in pension funds that desire long-term stability. A rise in interest rates by 1 percent could trigger a price decline in the fixed income market of 5.5 percent, as Jason Zweig commented in his "Intelligent Investor" column in the *Wall Street Journal*.

It's so unclear about how to proceed in the financial markets that it is understandable why the Fed hesitates in its decisions on interest rate hikes.

Attend a LACERS Open Enrollment Meeting

LACERS



Mary Beetz

LACERS Update By Mary Beetz

This year, LACERS' 2017 open enrollment period will be from Oct. 17 through Nov. 17. During this time, you may attend an open enrollment meeting and learn about any changes LACERS' health plans for the 2017 plan year. The meetings will provide you an opportunity

to speak with your health plan representatives. Also, LACERS staff will be available to answer any health plan questions you might have and assist you with the enrollment process.

Meeting dates times and locations are listed below:

LACERS' health plans open enrollment meetings:

Los Angeles

Tues., Oct. 18 at 10 a.m.
The California Endowment
1000 North Alameda St.
Los Angeles, CA 90012

Ventura Oct. 20

Thurs., Oct. 20 at 10 a.m.
Ventura Beach Marriott
2055 E. Harbor Blvd.
Ventura, CA 93001

Ontario

Tues., Nov. 1 at 10 a.m.
DoubleTree Hotel
222 N. Vineyard Ave.
Ontario, CA 91764

San Pedro

Thurs., Nov. 3, at 10 a.m.
DoubleTree Hotel
2800 Via Cabrillo Marina
San Pedro, CA 90731

Van Nuys

Thurs., Oct. 27, at 10 a.m.
Airtel Plaza Hotel
7277 Valjean Ave.
Van Nuys, CA 91406

Las Vegas

Mon., Nov. 7, at 10 a.m.
The Orleans Hotel
4500 West Tropicana Ave.
Las Vegas, NV 89103

Beginning Sept. 13, you can make reservations to attend an open enrollment meeting by reserving online at www.LACERS.org/retired or by calling LACERS at (800) 779-8328, TTD (888) 349-3996, Monday thru

Friday, 8 a.m. to 5 p.m. Note: Voicemail or email messages will not be accepted as reservations. Reservations will be accepted for one Retiree and one guest.



Thanks, Rick!

At the July 12 LACERS Board meeting, Board president, Jaime Lee, presented Rick Rogers with an award of appreciation for his nearly 13 years of service as former Commissioner and Board President of the LACERS Board. Thanks, Rick, for your service to all the Los Angeles Retired City employees.

Stay in Touch With LACERS

LACERS requires all plan members to have your physical address on file. Has your address changed? Use this form to update your information.

CHANGE OF ADDRESS REQUEST - All Members

Dear Retiree:

Please provide your new address information below. LACERS requires all plan members to have physical address on file. Pursuant to Internal Revenue Service (IRS) Publication 575, failure to provide a physical address will result in the change of your Federal Tax Withholding to married with three withholding exemptions.

Mail to: Los Angeles City Employees' Retirement System (LACERS)
202 W. First Street, Suite 500
Los Angeles, CA 90012-4401
Attn: Membership Processing Unit

FAX to: (213) 473-7202 – Attention: Membership Processing Unit

Member's Name		Social Security Number	
Address	City	State	Zip Code
C/O Trustee		Effective Date	
Telephone		Email	
Please check the box if you would like your 1099-R mailed to your home address.			
CORRESPONDENCE ADDRESS (If different from home address)			
Address	City	State	Zip Code
C/O Trustee			
Please check the box if you would like your 1099-R mailed to your correspondence address.			
Member's Signature		Date	

Additional Information: _____

For Retired Club Members

The Best Years

CONTACT THE CLUB:



Tiffany Sy

Club Member Services Counselor, In-house

(800) 464-0452, Ext. 202

TSy@cityemployeesclub.com

www.cityemployeesclub.com

RETIREMENT HELPLINE

Who to call? Call the Helpline and reach the officers of the Retired Los Angeles City Employees, Inc. If you move or change your address, contact Cliff Cannon. Also notify LACERS, ACEBSA and LAFUCU. For information on problems, activities, meetings or membership. Each officer's extension is listed below.

Los Angeles City Employees' Retirement System: (800) 779-8328

RLACEI Retirement Counselors and Retiree Helplines (800) 678-4145

- Mary Beetz Ext. 711
- Cliff Cannon (membership) Ext. 715
- Hal Danowitz Ext. 707
- Americo Garza Ext. 710
- Edward Harding Ext. 703
- Michael Karsch Ext. 704
- Gary Mattingly Ext. 702
- Phillip Orland Ext. 709
- Neil Ricci Ext. 714
- Helen Salgado Ext. 713
- Ken Spiker Ext. 705
- Tom Stemnock Ext. 708
- Michael Wilkinson Ext. 712
- Questions: Ext. 0
- RSVP: Ext. 701

DWP Retirement Plan Office (213) 367-1722

RLACEI:

Officers

Edward Harding: President
Tom Stemnock: First Vice President
Phillip Orland: Second Vice President
Hal Danowitz: Secretary/Treasurer

Committee Chairpersons

Mary Beetz: Publicity
Cliff Cannon: Membership
Hal Danowitz: Finance
Americo Garza: Picnic, Holiday Party and Installation
Neil Ricci: Health and Nominating
Michael R. Wilkinson, Legal and Legislative
Tom Stemnock: Audit and Golf

Directors

Mary Beetz
Cliff Cannon
Americo Garza
Michael Karsch
Gary Mattingly
Neil Ricci
Helen Salgado
Michael R. Wilkinson



The Best Years

For Retired Club Members



Galápagos Calls

Hal and Co. begin a one-way cruise from South America.

Last March, Hal and his wife, Evelyn, and relatives Don and Myrna took a one-way cruise that began in Chile, but first visited the Galápagos Islands.

On March 5, we left for LAX at 7 a.m. to catch our flight to Quito, Ecuador, with a plane change in Bogotá, Colombia. We flew on Avianca Airlines. I used mileage, and we were in business class (Avianca doesn't have first class) on a Boeing 787, which was very comfortable. The flight time to Bogota was about six hours with a tailwind. We had a four-hour layover in Bogotá for our flight to Quito. With the three hours' time change, we arrived in Quito after midnight.

The next day, March 6, we were scheduled to take a tour of Quito, and the day after that we were scheduled to fly to the Galápagos to board our cruise ship. We planned to be in the Galapagos for four days and three nights. We then were scheduled to fly back to Quito for the night and early the next morning fly to Santiago, Chile. The plan was to spend three nights in Santiago before driving to Valparaiso, Colombia, to board the *Star Princess* for a 17-day cruise back to L.A. We would meet our cousins, Don and Myrna, in Santiago, and all take the cruise home. We returned to L.A. March 31.

Starting our sojourn, we landed in Bogotá, and after a quick pass through security, we headed for the Avianca lounge. On board the plane about an hour after we left LAX, we were served a snack of a ham and cheese sandwich, which, because I was starving, tasted very good. Later we were served a full lunch. As with other foreign carriers, food, wine and beer was served free.

After six hours of sitting, Evelyn took a walk around the terminal. There was no Starbucks, but there was a large Juan Valdez Cafe and shop – you know, the Juan Valdez Colombian coffee they advertised on TV. Evelyn purchased two magnets for 25,600 pesos, about \$8.

The flight to Quito left on time and arrived early. It left from a gate that required a bus ride to the plane. In Quito we cleared immigration without a problem and our bags were the first off the plane. By this time, it was 12:30 a.m. The guide was a little late because the plane was early. The drive to the Hotel Quito took about 45 minutes. The airport was new and is located about 30 miles outside of Quito.

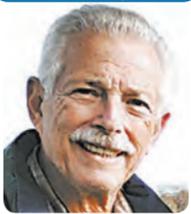
Of what we had seen of the hotel so far, it seemed nice. The room was standard but with no heat or A/C. We probably didn't need it. The weather was pretty constant and, at more than 9,000 feet of elevation, it never got too warm. We fell asleep after 2 a.m.

Ecuador is a representative democratic republic in northwestern South America, bordered by Colombia on the north, Peru on the east and south, and the Pacific Ocean to the west. Ecuador also includes the Galápagos Islands in the Pacific, about 800 miles west of the mainland. The population is around 16 million and the currency is the US dollar.

On March 6 we were up around 8 a.m. and to meet our guide for our tour of Quito at 9:30 a.m. Quito, formally San Francisco de Quito, is the capital city of Ecuador, and at an elevation of 9,300 feet above sea level, it is the highest official capital city in the world. It is in the Guayllabamba river basin, on the eastern slopes of Pichincha, an active stratovolcano in the Andes mountains. With a population of 2,671,191 according to the last census, Quito sits on the equator.

After our tour we spent the afternoon getting ready for the Galápagos. We were to leave very early the next day.

2013 Club Excellence Award Recipient



By Hal Danowitz, Secretary, RLACEI

The weather was overcast and rainy, with temp in the low 70s.

Our guide, Yamandu, was waiting for us after we finished breakfast. The sun was shining, but there were clouds all around us

First stop was the equator. This is considered the actual equator because it is at the highest altitude. We stood with one foot in the northern hemisphere and one in the southern – the effect of being directly on the line was interesting. We weighed less by a kilo (yeah!)



At the equator.



The statue of the Virgin Mary.

and our strength seemed less (both have to do with gravitational issues at the equator that are above my pay grade). It was hard to walk a straight line, one foot in front of the other. If we moved either north or south, it all went away and everything was back to normal. The sun rose at 6 a.m. and set at 6 p.m. every day!

We then drove to the other side of Quito, to the large statue of the Virgin Mary. It had a great view of the city. That day, being Sunday, there were many families enjoying the nice weather.

After that we walked to the old town and to the grand plaza. We looked in the Ecuador White House and toured the oldest church in the old town.

We did a lot of walking – my exercise phone app went crazy with the number of steps. By the end of the day, Evelyn's Fitbit was at 10,000 steps.

We got back to the hotel about 2:30 p.m., and I discovered my small camera was missing from my backpack. I had run out of battery and put it in the outside pocket of the backpack. I remembered the guide telling me the zipper was open and I closed it. I called him and he checked the van, but it wasn't there. Evelyn figured I was pickpocketed, and I began to think she was right, or maybe it just fell out. Losing my camera

The Galápagos tortoise.



At the equator.

was a first for me.

We were to be picked up at 5 a.m. the next morning to catch the flight to the Galápagos, so we planned an early dinner before going to bed early that night.

Because of the weight limitation, we left two bags at the hotel, which we would pick up on the way back from the Galápagos. Just remember that checking bags at the hotel while taking a side trip can work, but never pack valuables, even if the suitcase is locked.

The guide recommended La Ronda restaurant for dinner. We asked at the hotel and they also recommended it. The taxi ride was \$3 each way. We had an appetizer; I had goat stew and Evelyn had the suckling pig and a glass of wine, and I had a beer and water. The bill was \$79, including VAT and service. I enjoyed my dish, but there was a lot of food. Our guide suggested we eat our big meal for lunch and a small dinner. This had to do with one's digestion and the altitude. We didn't know if this was true or just for tourists, but we skipped lunch and were done with dinner by 5 p.m. I can tell you one glass of wine on an empty stomach at this altitude has a definite effect.

The next day, March 7, we were up before 4 a.m. and in the lobby just before 5 a.m. Our transport to the airport arrived on time. The hotel packed a box breakfast for us, which we took with us. It was raining; we were very lucky that we had good weather the day before. At the airport our bags were put through a scanner to check for any animal products or vegetation. The tour people had our boarding passes and shipping documents. The flight made one stop: In Guayaquil we picked up more tourists, and then after about 90 minutes we landed at Baltra airport in the Galápagos.

Evelyn and I were in "poor man's" business

class – the seat between us was empty. At the airport we were checked to make sure we had visitor's cards, which cost \$100 per person. I thought I would have to pay because I didn't remember paying in advance, but no one asked for money. I'll have to check what I was charged on the travel agent invoice.

The ship's people were at the airport to take the luggage. We had to take a zodiac to the ship. They hold 15 passengers, and we would be using them to visit each island.

Our ship was the *Galápagos Legend*; it held 100 passengers. On this cruise there were about 68 passengers, including one family

that kept kosher and brought all of their food with them from South Africa. We had a junior suite; it was larger than our cabin on the river cruise. It was quite comfortable. No toilet paper could be put down the toilet, so there was a sealed basket. Don't ask.

We had assigned seating for meals, and we were with four others – a doctor and his wife from Northern California, and a mother (Bakersfield) and daughter (Chicago).

For shore tours we were assigned to the Boobie group, as in the Blue Footed variety. The others are Albatross, Cormorant and Frigate. The guides were all employees of the Ecuadorean National Park Service (Galápagos is a national park). Alejandro, the head guide, spent 30 minutes telling us the rules of the park; the main one was, don't touch the animals. We also had to stay on the trails and together. And – no souvenirs, not even a shell or feather.

After lunch we took the dingy (zodiac) to Santa Cruz Island to see the giant Galápagos land tortoises. The story we were told is that the tortoises were named by Spanish sailors who thought they looked like saddles, and the Spanish word for saddles is galápagos. I looked up the word for saddle in Spanish, and it is not galápagos.

Santa Cruz is not part of the national park. The area where we went was owned by a farmer who supplied produce to the locals. It just happened that part of his farm was the natural habitat for the tortoises. We saw one very large male and several females. It was interesting, but it was a 45-minute drive to the farm. Afterward, we had a dry landing, which meant we got off the dinghy at a dock. It was exciting to see the tortoises, but it was more like a zoo experience because of the environment. For the rest of the trip we would be in the National Park.

Dinner was at 7:30 p.m., then there was the introduction of the Captain and senior officers and then a briefing on the next day's activities.

More next month on our visit to the Galápagos. ■

Retirements

Here's a listing of all those who retired from the City this month. To all we say, welcome to the Best Years!

NAME	TITLE	DEPT.	YEARS	NAME	TITLE	DEPT.	YEARS	NAME	TITLE	DEPT.	YEARS
Abdelaal, Mohamed	Sr. Wastewater Treat. Op.	Public Works	31	Fair, William P.	Golf Starter Super.	Rec and Parks	23	Moland, Pamela	Not Disclosed	DWP	ND
Acio, Mila	Accounting Clerk	Personnel	30	Flores III, Oscar	Not Disclosed	DWP	ND	Moody, Kenneth A.	Comm. Electrician	ITA	32
Agra, Andy J	Not Disclosed	DWP	ND	Fouret, Glen A.	Not Disclosed	DWP	ND	Nalbantian, Stepan	Printing Press Oper.	Gen. Services	22
Alvarado, Maytza Patricia	Detention Officer	LAPD	36	Franqui, Henry A.	Programmer	ITA	28	Ordway, Donald S.	Not Disclosed	DWP	ND
Anda, Victor M.	Upholsterer	Airports	11	Garbutt, Allen Alford	Electrician	Gen. Services	27	Ortega, Candelario	Constr. Equip. Serv. Wrk.	Airports	33
Asuncion, Efen Paroni	Sr. Build. Operat. Eng.	Gen. Services	18	Gonzalez, David R.	Not Disclosed	DWP	ND	Parker, Robin Glee	Sr. Animal Keeper	Zoo	30
Bautista, Manuel C.	Sr. Gardener	Rec and Parks	22	Gonzalez, Socorro E.	Payroll Supervisor	Rec and Parks	31	Pasquinelli, Ronaldo	Sr. Librarian	Library	36
Benitez, Rudolph J.	Security Officer	Airports	35	Guevara, Juan R.	Not Disclosed	DWP	ND	Patten, Geraldine Elizabeth	Sr. Admin. Clerk	Public Works	25
Blackwell, Rex Charles	Signal Systems Elect.	Transportation	31	Gutierrez, Susan M.	Acctg. Rec. Super.	Harbor	27	Paul, Gwendolyn	Pr. Clerk	City Attorney	34
Borzi, Todd A.	Chief Inspector	Build. & Safety	35	Gyimesi, Attila	Tree Surgeon Supv.	Public Works	30	Pfingsten, Marta R.	Real Estate Officer	Gen. Services	20
Bradley, Gregory	Not Disclosed	DWP	ND	Hernandez, Edmund R.	Management Analyst	Housing	23	Randazzo, Stephen K.	Not Disclosed	DWP	ND
Brooks, Martin J.	Storekeeper	LAPD	26	Hernandez, Rose M.	ND	LAPD	30	Rashkin, Lewis H.	Not Disclosed	DWP	ND
Carlson, Rhonda H.	Not Disclosed	DWP	ND	Honeywell, David J.	Helicopter Mech. Sup.	Gen. Services	30	Roselli, Lori L.	Admin. Clerk	Rec and Parks	10
Catania, Tamryn K.	Public Info. Director	LAPD	25	Jackson, Demetries T.	Cust. Supervisor	Airports	28	Scott, Tracy A.	Not Disclosed	DWP	ND
Caudillo, Anthony	Wastewater Treat. Op.	Public Works	29	Jaimez, Veronica L.	Sr. Admin. Clerk	LAFD	32	Serrano, Carmen Marie	Safety Engr. Assoc.	Personnel	20
Chambers, Walter Mitchell	Sr. Custodian	Airports	13	Jones, Stacey Gail	Second Dep. GM	Harbor	24	Solorza, Victor D.	Not Disclosed	DWP	ND
Chan, Raymond	Supt. of Building	Build. & Safety	32	Kasielke, Susan Michele	Curator of Birds	Zoo	33	Stewart, David P.	Not Disclosed	DWP	ND
Cryer, Linda Ann	Police Service Rep	LAPD	35	Kirste, Paul A.	Not Disclosed	DWP	ND	Tanaka, Edward Satoru	Comm. Electrician	ITA	17
Currens, Donna J.	Legislative Analyst	Council	36	Langhorn, Jurette M.	Not Disclosed	DWP	ND	Thiem, Techkong	Not Disclosed	DWP	ND
Daigle, Regina Diane	Sr. Admin. Clerk	LAPD	12	Lindsey, Wilferd R.	Helicopter Mech.	Gen. Services	29	Vallejo, Ela Caridad	Exec. Admin. Assist.	Finance	38
Dancer, Charles L.	Not Disclosed	DWP	ND	Liu, Derek T.	Not Disclosed	DWP	ND	Ward, James N.	Golf Manager	Rec and Parks	40
Davis, Tonya Elaine	Police Service Rep	LAPD	27	Lozano, Benjamin	St. Lighting Elec. Sup.	Public Works	27	Waters, Daniel R.	Not Disclosed	DWP	ND
Diaz, Jeannette Atsuko	Accounting Clerk	LAPD	26	Marini, Antonio	Sr. Safety Eng., Elev.	Build. & Safety	28	Willis, Jeroline	Sr. Admin. Clerk	Transportation	16
Diener, Donald E.	Heavy Duty Equip. Mech.	Gen. Services	30	Maurin, Vivian S.	Admin. Clerk	LAPD	12	Wong, Polly Yuen Ching	Accounting Clerk	LAFD	10
Dillon, Andrea Premjitt	Forensic Print Spec.	LAPD	21	McGee, Kevin C.	Tree Surgeon Supv.	Public Works	33	Wong, Tony	Recreation Assistant	Rec and Parks	15
Dimaculangan, Ernesto	Env. Compliance Insp.	Public Works	29	Mercado, Jesse	Not Disclosed	DWP	ND	Yip, Willis D.	Architect	Public Works	25
Emami, Mehrdad	Structural Engineer	Public Works	30	Mirafior, Eiler Larsen	Mat. Test. Engr. Assoc.	Gen. Services	27	Young, Craig Allen	Carpenter	Public Works	23

RETIRES AROUND THE WORLD

England



Here are two pictures taken in England, from **Florian Faner, LAPD**, and **Norman Faner, Retired, DWP**.

1) "In Liverpool - the gate to Strawberry Field, once a Salvation Army children's home that became an inspiration for John Lennon to write the famous Beatles song, "Strawberry Fields Forever."

2) "In York - York Minster, the Anglican cathedral of the city."



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Send to: talkback@cityemployeesclub.com

RLACEI

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When you sign up to read *Alive!* on the Internet instead of in print, RLACEI will send you a \$5 gift card from either Starbucks or See's Candies (your choice). Reading *Alive!* online will save RLACEI the cost of printing and mailing ... and lots of trees!

It's all the same great *Alive!* content every month - retiree news, wellness information, newly retired lists, and of course all the great ticket and apparel Club deals to stretch your budget.



How to switch to the digital *Alive!*:

Send your request via email to retiree@rlacei.com. Include your name, address and the last four digits of your social security number (not the whole number), and your choice of either a Starbucks or See's Candies card.

Gift card offer limited to the first 1,000 RLACEI Members who apply and to members not currently receiving *Alive!* by email.

Switch Today!



The Best Years

For Retired Club Members



Ask the Dietitian

Tara Miller, MS RD/N
LACERS Well Program Coordinator

A monthly question-and-answer feature with Registered Dietitian/Nutritionist Tara Miller, LACERS Well Program Coordinator



What Is Muscle Memory?

*“My personal trainer asked me to do certain exercises at home to improve what she called muscle memory. What is **muscle memory** and how does it work?”*

– LACERS Member, San Pedro



Muscle memory is a hot topic these days because, although, it has significant applications for elite athletes, it also provides the rest of us “weekend exercisers” hope that our Saturday/Sunday sweat is not in vain. In laymen’s terms, muscle memory is a physiological “blueprint” that is created when the body does work. Exercises including lifting weights, yoga, wind-surfing and hiking all involve various muscle groups and balance, which teach the body to recognize successful movement patterns, such as avoiding a fall, and when to repair and strengthen tissues.

When used regularly, “activate(d) sensors (called proprioceptors) in your muscles, tendons and joints constantly give feedback to your central nervous system about where your body is in space, so it knows what muscles to fire next,” says Adam Knight, Ph.D., Assistant Professor

of Biomechanics at Mississippi State University.

This pathway and biofeedback loop allows movements to become automatic, and the more diligent you are in maintaining these patterns, the better the muscles remember how to function on autopilot. Plus, studies show that even if there is a dropoff of activity, such as during the holidays or due to an injury, although re-starting your routine may not be easy, it will take less time to recover from the period of absence. You can look forward to feeling stronger faster than if you had never engaged in the activity before. So, starting over won’t mean you are starting from scratch.

So, keep at it, stay focused, and enjoy the fruits of your fitness labors. But if life gets in the way of your routine once in a while, don’t worry. Your muscles have “got your back” and will remember what to do. ■

Questions?

Do you have a question for Tara, the LACERS Registered Dietitian? Write to her: talkback@cityemployeesclub.com

Strength Training for Seniors



By Tara Miller, RD/N LACERS Well Program Manager

LACERS Well challenges you to make 2016 a “Healthier, Leaner, Stronger” year! As part of this ongoing wellness campaign, new topics will be highlighted monthly. This month: Getting Stronger! Strength Training for Seniors.

For many of us, growing older doesn’t suddenly spur a desire to “body build,” but perhaps it should. Much of the physical limitations we associate with aging, including poor stamina, frailty and weakness, are due largely to muscle loss. Sarcopenia, a medical term used to describe the level of muscle loss, as well as the decreased quality of muscle tissue in older adults, is mainly the result of inactivity. Luckily, by employing the “use it or lose it” rule, we can significantly increase our muscle health through exercises called *strength training*—sometimes known as weight lifting or resistance training. Done regularly, strength training builds bone and muscle, and helps preserve strength, independence and energy. These exercises, when executed with the appropriate amount of weight or resistance, are safe and effective for women and men of all ages and in almost any physical condition.

Strength training can also reduce the signs

and symptoms of many diseases and chronic conditions in the following ways:

- **Arthritis**—Reduces pain and stiffness, and increases strength and flexibility.
- **Diabetes**—Improves glycemic control.
- **Osteoporosis**—Builds bone density and reduces risk for falls.
- **Heart disease**—Reduces cardiovascular risk by improving lipid profile and overall fitness.
- **Obesity**—Increases metabolism, which helps burn more calories and helps with long-term weight control.
- **Back pain**—Strengthens back and abdominal muscles to reduce stress on the spine.

Strength-Training Tools

Strength-building exercises involve lifting or pushing weight, with a gradual increase in difficulty level. While access to a local gym provides large stationary equipment, this is not your only option to improve strength. A variety of “home-gym” items, including barbells, ankle weights, resistance bands (large rubber bands with various resistance properties) and kettlebells, are equally useful. Do-it-yourself tools, including canned goods, milk jugs filled with sand or water, or socks filled with beans, are inexpensive and easy to modify to meet your training needs. Likewise, one’s own body weight can be used for strengthening. It is often the most accessible and efficient choice, since it is readily available (at no additional cost), and using it to exercise may involve multiple large muscle groups and provide balance training.

General Strength-Building Recommendations

Although almost everyone can benefit from strengthening exercises, if you have any health concerns, it’s important to talk to your doctor before beginning any new activity or program. Here are

some things to consider as you develop your routine:

- Start slowly, and use only the amount of weight that can be lifted without excessive exertion or breaking proper form.
- Begin with a weight or resistance that allows for 8-15 movement repetitions (reps) while maintaining form and a normal breathing pattern. If you cannot lift the weight eight times, it is too heavy. If you can lift it easily more than 15 times, the weight may be too light for your current level of fitness.
- As your strength increases, plan to add weight (or resistance) to increase the level of exertion.
- And most important, don’t forget to keep track of your efforts! When done with regular aerobic exercise, incorporating a strength-training routine can also have a major effect on a person’s mental and emotional health. Studies have shown that people who exercise regularly sleep better, they sleep more deeply and longer, and awaken less often. Strength-training exercises can also reduce depression and boost self-confidence and self-esteem, and improve your sense of well-being. Seeing your progress will only help to keep you motivated and on track to a healthier, stronger you.

To see if you are ready to take the next step in strength training, complete this month’s *Healthier, Leaner, Stronger* Self-Challenge by logging on to www.LACERS.org/lacerswell and click on “Featured Challenge.”

LACERS Well “Self-Challenges” are offered each month with a new health topic and provide additional tools and incentives to use what you learn. These monthly “Self-Challenges” can then be tracked on your “Passport to Health” to earn points, which are then submitted for opportunity prizes. For more information about the LACERS Well “Passport to Health” program, “Self-Challenges,” and more, log on to www.LACERS.org/lacerswell or call Member Services at (800) 779-8328.

Adapted from *Getting Stronger, Strength Training for Older Adults*, Tufts University and the CDC. ■

A Note About Proper Alignment

Strength-building exercises are designed to 1) use a few isolated muscle groups or 2) strengthen larger muscle groups. Regardless of the muscle(s) being “worked,” it is important to maintain proper alignment or posture throughout the activity, which helps to target the right muscles while protecting the joints and ligaments from misuse. This is especially true as the exercise becomes more challenging, which can prompt a desire to “break form” to complete the movement and may lead to injury.

Consider these following tips to maintain proper alignment throughout your exercises:

- **“Square” the hips:** Keep the hips even, without elevating or spinning one hip joint more than the other. – “Squared” hips face the same direction as the torso, without twisting of either region.
- **Maintain a slight neck curvature:** Keep the neck naturally aligned with the spine and avoid excessive tucking of the chin towards the chest.
- **Drop the shoulders:** Shoulders should be level, slightly depressed towards the spine, and tucked into their sockets, not elevated towards the ears or rolled forward.
- **Bend knees:** Keep knees aligned with the toes while bending. Knees should not protrude past the toes (such as in a squat position) or splay inward. A slight bend in the knees while in standing positions also helps with balance.
- **Maintain neutral wrists:** While some exercises may involve slight wrist rotation and bending, be mindful of excessive forward, backward, or side-to-side wrist movements. In most bent-over strengthening exercises (such as a pushup), the wrists should be placed directly under, and in-line with the shoulders, with the entire palm and fingers used for support.



LACERS

Honoring Those With Guiding Principles

Retirement system hosts annual luncheon to honor employees who exhibit best practices.

Story and photos by Tiffany Sy, Club Counselor

The Los Angeles City Employee Retirement System – LACERS – held its annual staff appreciation luncheon July 14 in the L.A. Times building downtown.

The event recognizes its employees who best exemplify its guiding principles of character, kindness, professionalism, respect and teamwork.

For the event, LACERS decked the halls of the LA Times' big auditorium with glamorous décor, an abundance of food and flair that would make any Emmy Award ceremony blush. A grand lunch buffet was served to a staff of approximately 135 employees who make up the team at LACERS to recognize the most devoted employees in categories that influence their guiding principles.

Nominees are submitted by staff, and recipient awards are voted by peers.

This is the third year that LACERS has hosted the Guiding Principles event. Emcees Heather Ramirez and Gabriel Perez gave a stand-up performance in hosting the event.

Special recognition is given to the committee for all of its efforts in coordinating the event, along with great help from the Systems staff and Management and Office Services staff. The committee included Tanzi Cole, Pearl Fregoso, Juan Garcia, Lydia Garcia, Shari Hernandez, Jason Kitahara, Quyen Luu, Glen Malabuyoc, Tom Moutes, Eduardo Park, Gabriel Perez, Heather Ramirez, Barbara Sandoval, Jimmy Wang and Heather Willis. ■

THIS YEAR'S HONOREES INCLUDED:

For Character:	For Kindness:	For Professionalism:	For Respect:	For Teamwork:
Thomas Ma Shari Hernandez Gabriel Bautista Gabriel Perez Brittany Cotton Ruth Perry	Selina Wong Laurie Tran Betty Smith Pearl Fregoso Patricia Gonzalez Barbara Sandoval Amy Petrique Lin Lin	Art Kusol Marc Magallanes Albert Griego Ferralyn Sneed Rozine Kalaidjian Lynn Ikeda Wilkin Ly	Roslyn Libuit Jason Kitahara Latrece Johnson Glen Malabuyoc Jacob Camello Ellie Sears Wally Oyewole	Lucy Artinian Audrey Dymally Oniel Madrigal Rick Silva Jason Leung Bernadette Molina



From left: Ed Leh, System Analyst, 16 years of City service; and Thomas Ma, Information Systems Manager, 15 years.



From left: Calvin Woo, Management Analyst, 1 year of City service; Martin Macias, Admin. Clerk, 12 years, Club Member; and Oniel Madrigal, Admin. Clerk, 8 years, Club Member.



From left: Charlena Freeman, Personnel Records Supervisor, 16 years of City service; Henry Sui, Systems Analyst, 1 year; Laurie Tran, Application Program, 10 years; and Jason Leung, Sr. Systems Analyst, 26 years.



From left: Ed Leh, System Analyst, 16 years of City service; and Thomas Ma, Information Systems Manager, 15 years.



The award recipients.



The award recipients.



The award recipients.



The award recipients.



The buffet line at the LACERS Guiding Principles luncheon.



The award recipients.



Tom Moutes, General Manager, 32 years of City service, Club Member.



The award recipients.



From left: Marc Magallanes, Management Assistant, 1 year of City service; David Bares, System Analyst, 11 years, Club Member; and Albert Griego, Management Assistant, 1 year.



From left: Tom Moutes, General Manager, 32 years of City service, Club Member; Sung Sohn, Board Member; Tanzi Cole, Board Secretary, 20 years, Club Member; Jaime Lee, Board President; and Annie Chao, Board Member.



From left: Lin Lin, Sr. Personnel Analyst, 17 years of City service, Club Member; and Alex Rabrenovich, Chief Benefits Analyst, 26 years.



From left: Albert Griego, Management Assistant, 1 year of City service; Gabriel Bautista, Accounting Clerk, 1 year; Vincent Koeller, Benefit Specialist, 32 years; and Bryan Pagdilao, Benefit Specialist, 15 years, Club Member.



From left: Gabriel Perez, Sr. Admin. Clerk, 10 years of City service, Club Member; Heather Ramirez, Management Analyst II, 9 years, Club Member; and Juan Garcia, Sr. Management Analyst II, 10 years, Club Member.



Committee members, from left: Juan Garcia, Sr. Management Analyst II, 10 years of City service, Club Member; Quyen Luu, Management Analyst II, 10 years; Eduardo Park, Investment Officer, 3 years; Barbara Sandoval, Investment Officer, 14 years; Jason Kitahara, Management Analyst, 14 years; Lydia M. Garcia, Executive Administrative Assistant, 26 years, Club Member; and Pearl Fregoso, Sr. Admin Clerk, Club Member.



From left: Nathaniel Chang, Investment Officer, 2 years of City service, Club Member; Bryan Fujita, Investment Officer, 6 years; Andrea Galstian, Management Assistant, 3 years; Amy Petrique, Sr. Admin Clerk, 15 years; and Juan Aguirre, investment summer intern.

The Best Years For Retired Club Members

Picnic Time!

Retirees Association hosts annual summer picnic.

The Retired Los Angeles City Employees, Inc. (RLACEI) held its annual summer picnic Aug. 11. More than 150 people attended the fête at Grace E. Simons Lodge.

LACERS representatives who spoke at the picnic include: Alex Rabrenovich, Health Benefits Administration Division Manager; Rodney June, Division Manager, Investments Division; Lita Payne, Assistant General Manager; and Tara Miller, RD/N, and LACERS Well Program Manager.

Carlos Rodriguez, Representative for Sprint Discounts to retirees, was there to promote the much-needed savings off the monthly bills.

Special thanks go to Ed and Martha Harding and Mary Beetz for their assistance.



Back row, from left: Tom Wong, LAPD, Retired, 31 years of City service; Susan Wong, LAPD, Retired, 30 years. Front: Theresa Pina, General Services, 16 years, and her husband, Ed, General Services/Construction, 35 years; and Esther Ybarra, Building and Safety, Retired, 12 years.



Monica Carillo, guest; and Pete Torres, General Services, 32 years of City service.



Mr. and Mrs. John Shadle.



From left: Greg Perkins, Rec and Parks, Retired, 30 years of City service; John Pierce, Rec and Parks, Retired, 36 years; and Ron Black, Building and Safety/Housing, Retired, 28 years.



Ervin Payne, Public Works/Engineering, Retired, 32 years of City service; and Americo Garza, RLACEI Director.



Connie and Dennis Clyde, LAFD, 23 years of City service.



From left: Ashley Sapiens; Flavio Sapiens; Edy Pantoja, LAPD, 15 years of City service; and Consuelo Castellanos.



From left: Mike Wilkinson, RLACEI Director, and RLACEI President Ed Harding.



From left: Mike Wilkinson, RLACEI Director, and Club COO Robert Larios.



Beverly Anderson, LAPD, 30 years of City service.



Claire and Jacob Lazerson, ITA, Retired, 25 years of City service.

At the picnic.



Robert Harvey, Public Works/Street Maintenance, Retired, 33 years of City service, and his wife, Rolanda.



Tara Miller, RD/N, LACERS Well Program Manager, and Mike Wilkinson, RLACEI Director.



From left: Mary Beetz, RLACEI Director, and Martha Harding, wife of RLACEI President Ed Harding.



THIS
MONTH
AT THE

Griffith Observatory

Sunset Walk

September 13
6:45 – 7:45 p.m.

The Observatory offers a sunset hike led by a Park Ranger and a museum guide. The easy walk starts on the Observatory's West Terrace, proceeds up the Charlie Turner trail to the Berlin Forest on the hill just north of the Observatory, and then returns to the West Terrace. The distance covered is about half a mile over the course of an hour at a very moderate pace with stops along the way to discuss the highlights and history of Griffith Park, and objects visible in the evening sky.

NOTE: The Charlie Turner trail is a moderately steep earthen trail. The Observatory recommends footwear appropriate for hiking.

FREE!

Information:

[griffithobservatory.org/
programs/programs.
html#walktalk](http://griffithobservatory.org/programs/programs.html#walktalk)

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Airports

Story and photos by Officer Rob Pedregon, Airport Police

Welcome, New Officers

Airport Police welcome three new graduates.

Airport Police welcomed three new officers at graduation ceremonies held Aug 5. Newly sworn Officers Eric Brown, Larissa Loera and Searcy Snyder were elected by their peers to represent LAPD Class 2-16 as Class President, Class Leader and Squad Leader, respectively.

Class President Eric Brown addressed the crowd and spoke of the past six months and how it challenged them, mentally, physically and emotionally but how it taught them that to succeed as an individual they must learn to succeed as a team. Born and raised in Downey, Brown is an avid outdoorsman whose aspirations to be in law enforcement were inspired by a childhood friend and his friends' father, both of whom are Airport Police Officers.

Class Leader Larissa Loera was born and raised in Riverside. She comes from a family of law enforcement officers. An accomplished runner and weight lifter, she played basketball in college for Western New Mexico University. When asked what her favorite part of the academy was, Lorea answered physical training (PT). Officer Loera's love for PT earned her the prestigious William H. Parker "Top Gun" award for excellence. The Top Gun award is given to the overall top recruit in physical and academics proficiency.

Squad Leader Searcy Snyder is from Davenport, Iowa, and grew up in Moreno Valley, California, where he studied fire technology in college. Although Snyder has multiple training certifications in firefighting, he instead chose to pursue a career in law enforcement. His fire training provided him with the skills



Deputy Executive Director Patrick Gannon (right) swears in his newest Los Angeles Airport Police Officers. From left: Airport Police Officers Searcy Snyder, Larissa Loera, and Eric Brown

that helped earn him the Sgt. Frank Mika award for tactical proficiency and his drive and determination earned him the Officer Tina Kerbrat award for the most inspirational recruit in Class 2-16.

These three class leaders and triple award winners will benefit from a recently approved labor contract, which provides for an increase in salary and retirement benefits.

Before swearing in his newest officers, Deputy Executive Director of Public Safety Patrick Gannon thanked them for their hard work and the leadership they provided while in the academy. "I am proud of you. Like in

the NFL, you are our top draft picks and come Monday you begin training and will join a tradition of hard-working men and women who protect the safest major infrastructure in the City of Los Angeles," Gannon said.

Officers Brown, Loera and Snyder were among 27 new officers that made up Los Angeles Police Academy class 2-16. They will now begin a six-month field training program specific to airport law enforcement under the guidance of a field training officer before being assigned to the Patrol Services Section.

Congratulations, Officers Brown, Loera and Snyder!

Airports

Photo courtesy Officer Rob Pedregon, Airport Police

It's Chief Maggard Now

Airports promotes Dave Maggard to be chief of Airport Police.

On Aug. 18, Airports chose David L. Maggard Jr., a distinguished 30-year law enforcement veteran, as the next Chief of Airport Police Division (APD). Maggard was chosen from more than two-dozen candidates after a national search, and succeeds Patrick M. Gannon, who will continue in his role as Deputy Executive Director, Homeland Security and Public Safety, Airports.

Formerly the Assistant Airport Police Chief of Operations, a role he assumed in 2015, Chief Maggard leads nearly 500 airport police officers, 429 airport security officers and 49 airport safety officers in providing comprehensive and specialized public safety services to Los Angeles International (LAX), Van Nuys (VNY) and LA/Ontario International (ONT) airports.

The new Police Chief assumes responsibility for day-to-day oversight of more than 1,000 dedicated, respected and mission critical sworn and civilian personnel, while current APD Chief Pat Gannon will continue in his role as Deputy Executive Director of Homeland Security.

Chief Maggard joined Airport Police in November 2015 after 13 years as Chief of Police and Director of Public Safety for the City of Irvine, where he led 450 public safety professionals, implemented an innovative personnel deployment model known as Geographic Based Policing, which serves as a model for other jurisdictions, and created a nationally acclaimed Area Traffic Officer program. At Van Nuys, he recently worked with tenants to improve security at the general aviation airport by addressing safety concerns while enhancing relationships with local law enforcement partners.

"Our national search identified 27 qualified candidates for the Chief



Chief David Maggard, Airport Police.

of Airport Police position," said Airports Chief Executive Officer Deborah Flint. "After careful, objective and thoughtful deliberation it became clear that Assistant Chief Maggard, with his experience, leadership qualities and innovative approach to policing, was the best candidate."

"I am honored to accept this new assignment and grateful to Deborah Flint, Airports executive management and the Los Angeles Board of Airport Commissioners for their faith and confidence in my abilities," Chief Maggard said. "I am eager to further strengthen my relationships with the men and women of the Airport Police force, and work closely with them to ensure our airports, passengers, visitors and employees are safe and secure."

A Berkeley native, Chief Maggard's law enforcement career began in 1987 when he joined the University of California Police –

Berkeley as a Police Officer. He served as a Sergeant and Lieutenant for the University of California Police – Irvine (1991-95); Lieutenant in the City of Indio, (1995-99); and Captain in the City of Manhattan Beach, (1999-02) prior to joining the City of Irvine as Deputy Chief of Police in 2002.

Chief Maggard holds a Master of science degree in criminal justice from California State University, Long Beach, and a Bachelor of arts degree in legal studies from the University of California, Berkeley, where he earned All-American honors in track and field. He is a doctoral candidate in organizational leadership at Pepperdine University.

Chief Maggard has occupied leadership positions in numerous law enforcement associations and received more than 20 department and personal awards, and his writings have been published by leading law enforcement professional journals.

Chief Maggard officially assumed his new position Sept. 1.

Alive! Feature

LAPD
Charging Ahead!



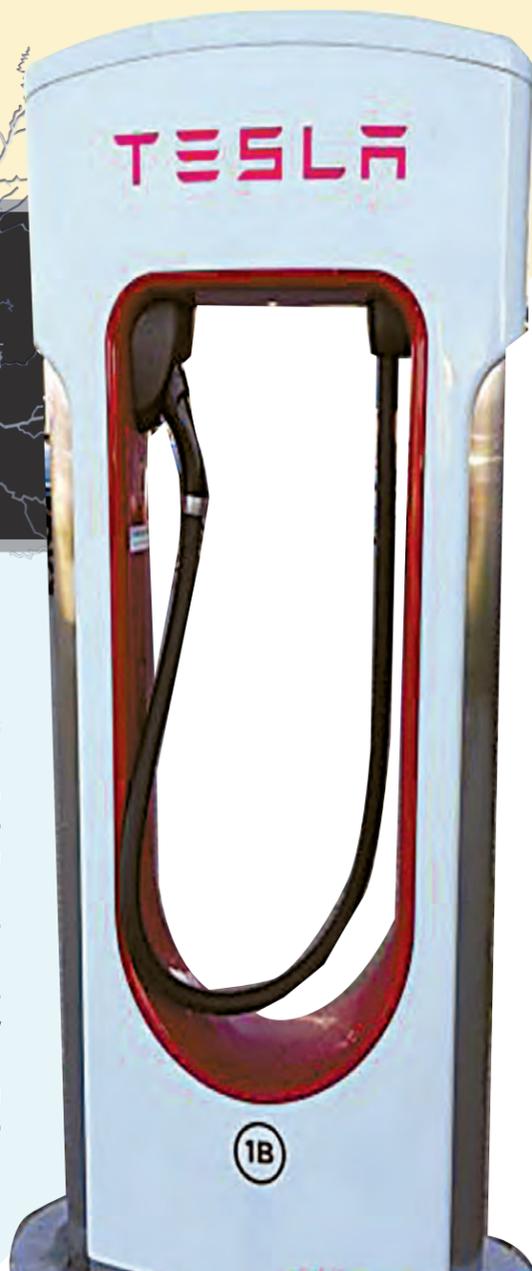
The LAPD's Dawson family took a cross-country trip using not a drop of gas. Come along for the electric ride.



ELECTRIC

Come along for the electric ride:
Trip map, page 24 and 25

HOME:
**Rosemead,
California**



What started as a challenge – can they match a friend’s feat of driving from Texas to California without using any gasoline? – became a family trip of a lifetime.

Iris Dawson, PSR, LAPD/Communications (Metro Center), Club Member; Officer II Creighton Dawson, LAPD/Newton; and their son, Thomas, 13; took the challenge to the next level – they drove cross-country from their home in Rosemead all the way to Baltimore on the Atlantic coast and back again in 17 days last summer. They took that challenge to the extreme and put some 7,000 miles on their 2013 Tesla. It doesn’t matter that they misunderstood their friend, who actually flew!

Since Tesla doesn’t charge for using its Superchargers across the country, the family’s fuel charge was essentially free (they did recharge in a few non-Supercharger locations.) Superchargers, which Tesla built

and maintains across the country, allow drivers of Tesla electric vehicles to fully charge in less than an hour.

This City family also owns another electric vehicle, a Nissan Leaf, for commuting to work in Los Angeles, and is dedicated to saving energy and building the future of conservation through technology.

“With stops every 200 miles or so to stretch, charge and change drivers, we were able to take our time on the trip,” Iris explains.



“My husband, Creighton, was burned in a motorcycle accident almost 14 years ago, and no day goes by without meaning.”

Read all about how they did it, what they learned, and what they’re planning next. Their advice: You can do it, too!

A Tesla Supercharger. The Dawson family visited more than 50 of these during their cross-country trip.

On Aug. 3, Club CEO John Hawkins and *Alive!* editor met for breakfast with the Dawson family: Iris Dawson, Police Service Rep, LAPD/Communications, 21 years of City service, Club Member; Officer II Creighton Dawson, LAPD/Newton, 17 years; and their son, Thomas Dawson, 13.

The *Alive!* Interview

Amped for Adventure

Sharing stories of their trip were (from left) Thomas, Iris and Creighton Dawson.



Thanks for joining us today for an early breakfast! First, where did you meet?

Creighton Dawson: At Foothill Division, when I was stationed there. We just clicked, and it worked out very well for us.

Iris Dawson: I was on loan in the ACC program, which is where they loan us out to work and help the station. We ended up sparking a friendship.

Creighton Dawson: Eventually we sparked Thomas!

Iris Dawson: Right. 15 years later, here we are.

Like ‘Aliens’

Well, first – I can’t imagine a lot of City employees have Teslas. What kind of reaction do you get?

Creighton Dawson: We get a lot of questions. I give Tesla classes at Supercharger stations because a lot of people have questions about the car. When we took our road trip, at one of the Superchargers, we were in some little small town that had never even seen the car. They had just seen the charging stations and didn’t know what they were for.

You’re kidding.

Iris Dawson: Seriously! We were like aliens; it was really funny.

Creighton Dawson: We’re the first ones with a Tesla that they ever saw, so we had crowds coming to check the car out. We gave a lot of Tesla classes.

Has anyone in the City ever said, “Whoa, what is this?”

Iris Dawson: Oh, more than once.

Were you the center of attention for a while?

Creighton Dawson: For a little bit, yes.

Iris Dawson: We got questions like, “What do you do on the side that you can afford a Tesla?”

Thomas Dawson: We sold a few other cars that we had to be able to buy the Tesla.

And you have a Nissan LEAF, right?

Iris Dawson: Yes. So, between the two of us – the Tesla has 70,000 miles, and I hit 40,000 on my LEAF, we’ve put more than 110,000 gas free miles on our cars. They’ve more than paid for themselves.

Do you realize how unusual you are, not only that you have a two-electric-vehicle family, but you’ve gone across the country in one? Do you feel that’s special, that you’ve done something that no one else has done?

Creighton Dawson: That’s what I tell my son. It’s one of those things that -- I won’t say defines me -- but it’s something we’ve always wanted to do. We live in this beautiful nation, and there’s nothing wrong with seeing it.

A Mistaken Challenge

So your trip across the country started with a challenge, right? But you didn’t hear it correctly!

Iris Dawson: It was a complete misunderstanding! My husband’s military buddy lives in Houston ...

Creighton Dawson: I served six years in the Army ...

And were you overseas?

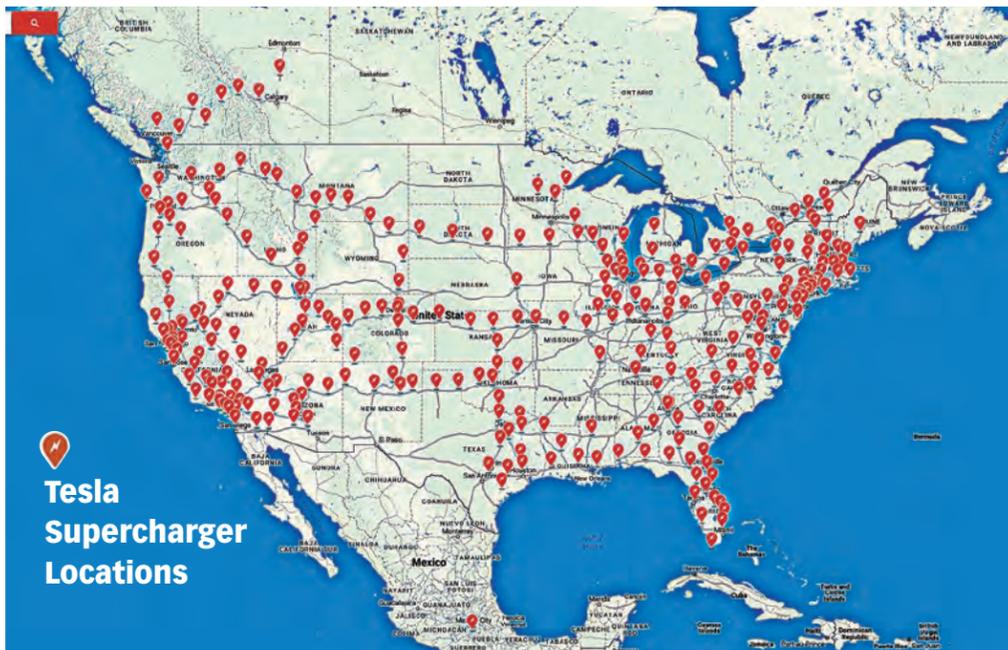
Creighton Dawson: I was deployed to Bosnia for eight months.

Okay, sorry Iris, continue.

Iris Dawson: So my husband’s military buddy, Aaron, came to San Diego. We knew he had bought a Tesla, and I thought, “Well, if Aaron can make it to San Diego from Houston, then we could go all the way to Washington, D.C.”

Thomas’ eighth grade field trip was headed to Washington, D.C., and if I remember, it was going to cost \$3,000. I thought, the three of us can go for \$3,000, and we can actually take our time and see what we want to see and do what we want to do for the same amount of money. So that was our challenge.

– continues, page 22



This map shows the current locations of Tesla Superchargers across the country.



Charging Ahead!

The *Alive!* Interview, continued from page 21

Amped for Adventure

And when we got to Houston and met up with Aaron, I said, "Hey, isn't that great, we did the same thing you did!" And he said, "Oh no, I took a plane. I didn't drive anywhere!" It was far too late to go back then!

Planning

So what was your first step? Did you go on tesla.com and map out your route?

Iris Dawson: To see if it was even possible to do, yes. At the beginning of 2015 there were a lot fewer Superchargers available across the country, and so the challenge was to be able to make sure that we had enough juice to get from one Supercharger to the other.

Explain the Superchargers.

Iris Dawson: Tesla has built Superchargers across the country, usually near the freeway. A Supercharger can charge a Tesla in 45 minutes.

Wow ... versus?

Creighton Dawson: Versus a fast charger, which takes five hours on a 220 or ten hours on a 110.

Wow.

Iris Dawson: We didn't always need a full charge; sometimes we just topped off and went on again. Sometimes it was a pit stop.

Tesla installs these Superchargers itself?

Iris Dawson: Yes, and they maintain them and run them. As long as you own a Tesla, your car will be recognized and you can charge for free.

Free?

Iris Dawson: Yes.

Creighton Dawson: It cost us nothing to drive from Rosemead to D.C.

Thomas Dawson: Which was why we did it.

It's unbelievable.

Iris Dawson: The expense was not in gas or a rental. It was just hotel and food.

And the Supercharger fits only a Tesla?

Creighton Dawson: Yes.

Are there Superchargers in LA?

Iris Dawson: Yes.

Creighton Dawson: We never have to use them here in LA. We use them only for long trips; that's what they're meant for. I either charge at the house or I can charge at work. When we go to Vegas, there's one at the Bass Pro Shops off the 15, so I'll stop there, or there's one in Barstow; we can stop there. And there's one in Primm and another one in downtown Las Vegas.

Are there rules to the Supercharger?

Iris Dawson: No, it's first come, first served. It's like a little society because everybody asks, "Where have you been?" and "This is where we've been," and "What have you seen?"

There's a commonality with who ever is there.

Iris Dawson: Everybody's very friendly.

Do you see the Superchargers continuing to be free?

Iris Dawson: Yes.

Creighton Dawson: As long as I own the car, it's in my contract. They may change it later, but as of right now, as long as I own that car, my charging with them is free.

Did you have family planning sessions to map it out, or did you more-or-less wing it?

Iris Dawson: I absolutely wanted to know where we were going. I have a plan and a backup plan.

Creighton Dawson: Not me.

Thomas Dawson: Not me.

Iris Dawson: I literally mapped out how many miles between each stop, and if we ran out of miles, I'd look to see if there were any other chargers. There's a system called ChargePoint and a system called Blink that are for all electric car users, and they will tell you where the nearest 220 outlets are for you to purchase hours to buy electricity. It just takes a lot longer. In Albuquerque there was no Supercharger, so we ended up using a 220.

Thomas Dawson: There was an official Tesla charger, but not a Supercharger.

Iris Dawson: It was a 220 and it took six hours, and so we ended up spending the night there. It was a forced stop, but it was okay because it was in the flow within the time period of my plotting.

Were you doing the Supercharger every day where it was available?

Iris Dawson: Oh yes, that was the only way we were going to make this happen -- Superchargers all the way.

A lot of people would fear doing this because they think that with an electric vehicle, they might reach a panic where they can't get to energy.

Iris Dawson: Tesla has its own AAA-type service, so if for whatever reason we needed it, that was always our backup; they would take us to the nearest 220 outlet. We never had to worry about that.

I read of something called range anxiety.

Creighton Dawson: Yes, basically you're just afraid of running out of electricity.

Is that a real phrase for electric cars?

Iris Dawson: It is for a LEAF owner, but not so much for the Tesla.

Renewable Energy

With your two electric vehicles, do you have an interest in renewable energy?

Iris Dawson: We've always looked into getting solar panels. We haven't actually jumped off of that bridge yet. They want us to tear down some of the trees, and we don't know if we want to do all that. We like the shade in our backyard.

But you like the idea of renewable energy.

Iris Dawson: Absolutely.

Creighton Dawson: Very much.

To what do you attribute that?

Creighton Dawson: It's a combination of the environment, the cool factor and the gas prices, too. All three things are very appealing to us.

Lessons

What did you learn from this trip?

Thomas Dawson: That we can do it.

Creighton Dawson: Yes. That it can be done with a zero carbon footprint, which is good for the environment. We had no emissions, a lot of good family bonding, and had a good time. We got a chance to bond and talk and just hang out and just experience the whole thing ... just driving through the countryside, realizing, "Oh wow, this is Indiana, I've never been to Indiana" ... driving through New Orleans ... Texas ... just seeing this beautiful country that we live in. A lot of people want to take these trips overseas, but they don't realize how good we have it right here.

So would you recommend this kind of a trip to others?

Creighton Dawson: Definitely. It was the ultimate bonding trip, the ultimate in Tesla technology. We've come this far, that we have vehicles that can actually do this.



Iris and Creighton Dawson tell of their adventures to Club CEO John Hawkins (right) and Alive! editor John Burnes..

Would you do it again?

Iris Dawson: Yes ... we're talking about either Canada or Minnesota, through Mount Rushmore and going across to New York the other way on the northern side. We'll probably do that next year.

And they have Superchargers in Canada?

Iris Dawson: All the way up.

On the Trans Canada Highway.

Iris Dawson: Yes.

I think you've just sold a Tesla.

Sense of Adventure

You three have a real sense of adventure to want to do this. Talk about your accident that changed how you thought about things.

Creighton Dawson: Sure. On Dec. 5, 2002, I crashed my motorcycle into the side of a van and I was burned over 40 percent of my body. My hands and my face and the tops of my legs were burned; they fixed them up pretty well.

How long did it take for you to get back to work to recover?

Creighton Dawson: I was out of work for a year. I had 15 reconstructive surgeries and two years of physical therapy to get everything back to normal.

The accident was considered on duty. I could have pensioned out, but I really didn't want to. All I've ever wanted to be was a police officer. It's one of the few things in life that actually I wanted to happen that actually happened to me, so I wasn't ready to let it go. I asked the doctor, "Will I be able to be a cop again?" He said, "Yes." I said, "Cool, make it so."

It affected your resolve.

Creighton Dawson: It gave me a new outlook on life. My son, who was four months old, would have never known me. After surviving that crash, I thought about all the things that I would have missed out on had I died and decided, okay, nothing's promised. We're going to live our lives and have fun. We're going to enjoy ourselves, and to this day, we still live that way.

What's the secret to accomplishing that?

Creighton Dawson: Not being afraid. Take some risks.

Iris Dawson: And not sweating the small stuff.

Iris, did you have that sense of adventure before this accident?

Iris Dawson: Yes, I rarely like to be home. I like variety. When I was a single parent with my older son, Allen, who's now married in Minnesota, if I had two days off working communications, I'd drive four hours, go somewhere and spend the night. Or maybe just have lunch in Santa Barbara or dinner in Palm Springs. I've always had a spirit of let's go, let's go.

Creighton Dawson: I always had a sense of adventure, but the accident just made me realize that, okay, if I'm going to do some things it's either now or never. It put things at a higher priority for me.

We all can get mired down in those details, the small things.

Creighton Dawson: Don't sweat the small things.

Right. Thank you for sharing your trip with us!

Creighton Dawson: Sure.

Iris Dawson: You're welcome.



The Dawsons tell their tales to Club CEO John Hawkins (left).

Alive! Feature



Creighton Dawson (right) and Club CEO John Hawkins in front of the Dawson family's Triumph Spitfire.

The Tesla ... and Other Wheels

Creighton Dawson has always been interested in cars and motorized vehicles, and his driveway is proof positive. "If I had a ten-car garage, I'd have ten cars in it," he says. "Eleven," adds his son, Thomas.

The Tesla is the main vehicle of the Dawson family, but it's not the only set of wheels. Here's a look:



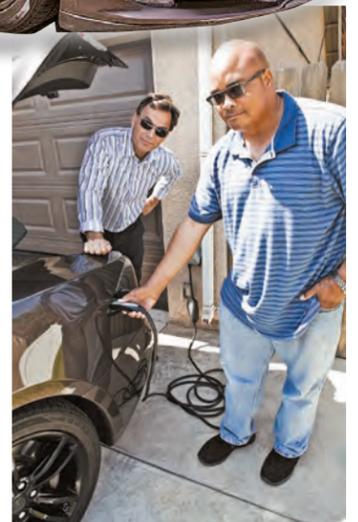
The Tesla

Model: 2013 Tesla S (first year)

TYPE: 85 kilowatt electric vehicle

OUTFITTED: Base model with leather, stereo and moon roof.

CHARGING: The Dawsons charge their Tesla at home using a 220-volt outlet that they had installed by an electrician.



The '64 Spitfire.

Triumph

MODEL: 1964 Triumph Spitfire

OUTFITTED: Built in Great Britain to American specs. "My grandfather bought that car new in England in 1964. He was in the military. He brought it over here, drove it for about ten years, garaged it right around the time I was born, and when I was six he told me he was going to give it to me one day," Dawson says. "And sure enough, in 1994, he gave it to me, and I've had it ever since."

Other Vehicles

- 2006 Suzuki Hayabusa speed bike
- 2004 Kawawaki Vulvan cruiser bike with sidecar

Chrysler

MODEL: 1951 Chrysler Windsor Deluxe

OUTFITTED: Basically stock (although maintained), with aftermarket rims and wide whitewalls

IRIS' NICKNAME: "Bomber – it's an old bubbly car."

Club CEO John Hawkins (center) checks out the hood ornament of this '51 Chrysler, being shown to him by Thomas Dawson (left) and Creighton Dawson.



Nissan

MODEL: 2011 Nissan LEAF

TYPE: 80-kilowatt electric vehicle for commuting

IRIS' COMMENT: "It can go 100 mph for at least a little while." "About five minutes," Creighton says.



To Washington, D.C.

Recharge Locations and Mileage Achieved

Trip mileage listed below is cumulative between cities. The family's actual mileage – more than 7,000 – includes overnight stops and urban travel.

 START: Rosemead, Calif.	0 miles
1 Cabazon, Calif.	80 miles
2 Quartzite, Ariz.	235 miles
3 Wickenburg, Ariz.	327 miles
4 Flagstaff, Ariz.	481 miles
5 Gallup, N.M.	668 miles
6 RECHARGE AND VISIT: Albuquerque, N.M. 220 current recharge	808 miles Sandia Peak Inn
7 Santa Rosa, N.M.	923 miles
8 Tucumcari, N.M.	981 miles
9 Shamrock, Tex.	1,187 miles
10 Weatherford, Okla.	1,283 miles
11 Ardmore, Okla.	1,450 miles
12 Denton, Tex.	1,522 miles
13 Waco, Tex.	1,647 miles
14 San Marcos, Tex.	1,779 miles
15 RECHARGE AND VISIT: San Antonio, Tex. 220 current recharge	1,829 miles
16 Columbus, Tex.	1,954 miles
17 Recharge and Visit: Houston	2,027 miles
18 Lake Charles, La.	2,170 miles
19 Baton Rouge, La.	2,300 miles
20 RECHARGE AND VISIT: New Orleans 220 current recharge Whole Foods, 300 N. Broad St.	2,381 miles
21 Mobile, Ala.	2,525 miles
22 Greenville, Ala.	2,651 miles
23 Auburn, Ala.	2,750 miles
24 Recharge and Visit: Atlanta, Ga.	2,858 miles
25 RECHARGE AND VISIT: Greenville, S.C. 220 current recharge hotel parking lot	3,003 miles
26 Charlotte, N.C.	3,105 miles
27 Burlington, N.C.	3,216 miles
28 South Hill, Va.	3,321 miles
29 Woodbridge, Va.	3,487 miles

Charging locations:

-  **Tesla Supercharger**
-  **Other charging stations (220 current)**



The Road Taken

In all, the Dawson family – Iris, Creighton and Thomas, traveled approximately 7,000 miles on their landmark cross country trip, and didn't use a single drop of gasoline. And, since they recharged mostly at Tesla Superchargers, their energy costs were mostly free.

Here's their path, their stops for recharging, and their comments.



The Dawsons – (from left) Thomas, Iris and Creighton – share the details of their great road trip adventure during which they didn't use a drop of gasoline.

On Leaving:
Iris: "We left at midnight," Iris remembers. "I don't like driving in the desert in the heat of day."

HOME: Rosemead, California

Total road miles: **6,235**

(7,000 miles when urban driving miles for overnight stops and tourism are included)

On Returning:
Iris: "We made the best of our adventure together. I kept telling people, if one of us is missing when I get back, just follow the route, because you will probably find them on the side of the road somewhere!"



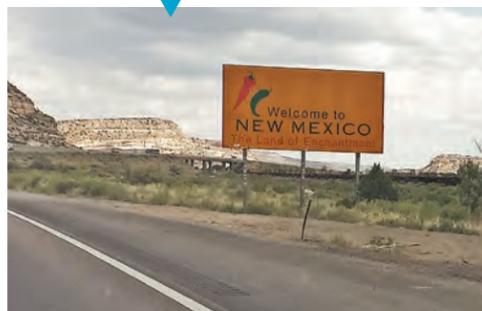
1 CABAZON, CALIF.
"Tesla has been very conscientious about putting their Superchargers where there are restrooms," Iris explains.

3 WICKENBURG, ARIZ.
"That was like five in the morning," Iris remembers. "We used the facilities at their courthouse."

4 FLAGSTAFF, ARIZ.
"It's uphill to Flagstaff from Wickenburg, and that used more energy," Iris says.

5 GALLUP, N.M.
"Holbrook, N.M. has a charging station now, but it didn't then," Iris says. "So we stopped at Gallup."

The Dawsons reach New Mexico.

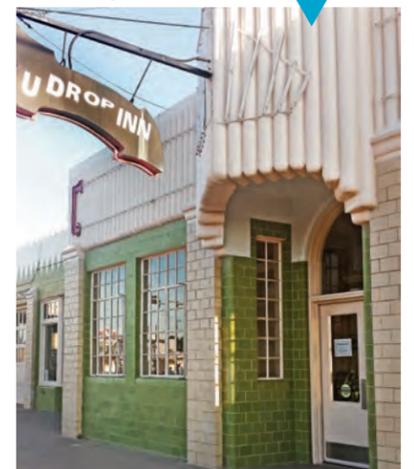


6 ALBUQUERQUE, N.M.
Iris: "It was a long way between Superchargers, from Gallup to Santa Rosa. We weren't going to make it, so we stopped in Albuquerque. This was our first visit, where we actually slept overnight and relaxed."

45 DENVER, COLO.
Iris: So then we went all the way through Kansas and through to Denver. Creighton has family in Denver. Then we went up and over the Rockies through Grand Junction and then we came down through Vegas."

9 SHAMROCK, TEX.
Iris: "Tesla didn't have a Supercharger then in Amarillo, so we stopped in Shamrock. Creighton: "It was in Shamrock where they said to us, 'This is a Tesla?' They had never seen one before. We stopped at this little diner [the U-Drop Inn]. We were a novelty to them. "Some of the Superchargers had spider webs on them because they'd never been used. This was one of them; we might have been the first car to ever plug into it."

The U-Drop Inn in Shamrock, Tex., along old Route 66.



11 ARDMORE, OKLA.
Iris: "Then, at Oklahoma City, we turned south. We left Route 66 at that point."

- ▶ **START:** August 2, 2015
- ▶ **FINISH:** August 22, 2015
- ▶ **AUTO:** All-electric, Tesla Model S
- ▶ **DISTANCE:** Over 7,000 miles (including urban travel)
- ▶ **GASOLINE USED:** 0 gallons



The Dawson's Tesla at a Supercharger along the way.

37 EFFINGHAM, ILL.

Iris: "Effingham split the difference between Indianapolis and St. Louis."

38 ST. CHARLES, MO.

Iris: Again, they didn't have a Supercharger in St. Louis, but they had one just outside, in St. Charles. Because of the time constraints, we didn't get to see the Arch. We're going to have to go back because I want to see it."

36 INDIANAPOLIS, IND.

Iris: "The Superchargers aren't usually in the cities themselves. They're usually in little towns outside the cities, like Rosemead would be outside Los Angeles. The stop in Indianapolis was like that. I said, 'I don't know these places,' but it was really in the metropolis. We were only about 15 minutes away from the main drag."

32 SOMERSET, PENN.

Iris: "It was just pitch black. There was no lighting, no nothing and I'm driving and these two were talking. I said to them, 'You need to stop because I need to concentrate. I can't see in front of me!' And as I said that, this bolt of lightning came right around the car and lit up the car like it was daytime."

Thomas: "We used lightning as light."



17 HOUSTON, TEX.

Iris: We went to Houston and visited friends there. We charged up at a Tesla design center."

20 NEW ORLEANS

Iris: "We'd been here before, but it was in the winter. We wanted to see what it was like in the summer."



21 Approaching MOBILE, ALA.



24 ATLANTA, GA

Iris: "The Georgia Aquarium was Thomas' favorite."

Creighton: "It's really a submerged football field; that's how big the tank is."

Iris: "We stayed a few days in Atlanta, ate some good barbecue and had a good time. And then we went up to Greenville [S.C.]"

The Dawsons visited the giant Atlanta Aquarium.



30 WASHINGTON, D.C.

The Dawsons parked their car in Arlington, Va., and enjoyed our nation's capital.



25 GREENVILLE, S.C.

Iris: "Greenville was not part of the plan, but it was a necessary stop for a recharge. It ended up being a fantastic find – we pulled over, found a 220 outlet, but it was the middle of the day. We walked down Main Street – it was just like an old Main Street, with very nice people who told us, 'If you want to see something really crazy, you should go to the suspension bridge.' It was amazing. We would never have found it if we hadn't stopped off for fuel."



Creighton and Thomas in Greenville, S.C., in the river next to the suspension bridge.

From
Washington, D.C.

- 30** Washington, D.C. 3,511 miles
New York via Amtrak

Here, the Dawson family parked at their hotel in Arlington, Va., and met Iris' mother at Reagan National Airport, who had just flown in from Los Angeles, to join the family. After some sightseeing, they took Amtrak on the popular East Coast line to New York City, returning one day later. After four days' stopped in our nation's capital, they began their return trek to California.

- 31** Bethesda, Md. 3,521 miles

The Dawsons dropped Iris' mom at Baltimore/Washington Thurgood Marshall Airport for her flight back to L.A., and continued on their way home.

- 32** Somerset, Penn. 3,687 miles

To meet their schedule, the Dawsons drove through the night every other night. The darkness hit them along the Pennsylvania Turnpike.

- 33** Triadelphia, W.V. 3,788 miles

- 34** Grove City, Ohio 3,928 miles

- 35** Dayton, Ohio 3,998 miles

- 36** Indianapolis, Ind. 4,115 miles

- 37** Effingham, Ill. 4,257 miles

- 38** RECHARGE AND VISIT:
St. Charles, Mo. 4,373 miles

- 39** Independence, Mo. 4,593 miles

- 40** Topeka, Kan. 4,666 miles

- 41** Salina, Kan. 4,777 miles

- 42** Hays, Kan. 4,873 miles

- 43** Goodland, Kan. 5,017 miles

- 44** Limon, Colo. 5,126 miles

- 45** RECHARGE AND VISIT:
Denver 5,218 miles

- 46** Silverthorne, Colo. 5,285 miles

- 47** Glenwood Springs, Colo. 5,375 miles

- 48** Grand Junction, Colo. 5,462 miles

- 49** Green River, Utah 5,564 miles

- 50** Richfield, Utah 5,687 miles

- 51** St. George, Utah 5,852 miles

- 52** Las Vegas 5,972 miles

- 53** Barstow, Calif. 6,130 miles
220 current recharge

FINISH:
Rosemead, Calif.! 6,235 miles*

* Road miles only, not including urban driving miles for overnight stops and tourism.

Charging locations:

- Tesla Supercharger
- Other charging stations (220 current)



John's Picture Perfect Contest

John Hawkins, Club CEO



"While enjoying the beauty of another major city, I needed to capture this New York moment."

– **Victoria Lira, Building and Safety**

John's comment: Look at that sky! Thanks, Victoria, for snapping this great shot. Times Square has come a long way in the last few years, and you caught it at a beautiful time of the year.



"Big brother showing his sister the kites flying high at Santa Monica Pier. I don't think she was all that interested."

– **Dominique Daito, LAPD**

John's comment: Dominique, I am viewing this on my iPad, and I don't think the colors could be any more vibrant nor the image any clearer – simply unreal! And, just like Yves Didier, you really have an ability to capture people at just the right time. Well done!



"I was sweeping my patio and I actually saw the shadow of the butterfly fluttering around my zinnias. I quickly went in the house for my camera, and the butterfly stayed long enough to get a few shots, and this was my favorite. Its long tongue is in the center of the flower."

– **John Nance, Retired, DWP**

John's comment: The depth of field makes the butterfly pop right out of the page, and the colors are so rich.



"Here's a photo from my recent travels to Guatemala."

– **Yves Didier, Airport Police**

John's comment: I love this picture! If I didn't know better I would have thought this was the cover of the latest National Geographic. You really have a way of capturing the right moment.



"Here's a photo of the Fourth of July fireworks on Cape Cod, Mass."

– **Demian Wymah, LAPD**

John's comment: Hi Demian, what a fantastic photo – there is nothing like spending the Fourth of July on Cape Cod, let alone anywhere along the coast in Massachusetts. You captured the essence perfectly!



"When I visited Finland, I saw this nice monument. I liked it very much and took a picture from its bottom with light from top. It gave me a total different feeling."

– **(Virginia) Wai Ching Lit, Retired**

John's comment: Virginia, what a difference that made, looking at it from the bottom – it's like a whole new sculpture. Thank you, and terrific idea!



RULES:

- The contest is open to all Club members in good standing. Non-members are welcome to submit, but only Club members are eligible to win the monthly prize.
- If your photograph does not win, you are welcome to re-submit.
- Winners are chosen by Club staff. All decisions will be final.
- You must certify (if asked) that you indeed took the picture. No ringers!
- Photos can be submitted either on paper or digitally. Please don't send both.
- If you want your print photo returned, please write your name, address and phone number on the back of your photo.
- Photos can be of any subject matter: vacation, portraits, families, landscapes, still lifes, pets, etc. Subject matter must be appropriate for *Alive!*
- Paper prints can be mailed to: Picture Perfect Contest, *Alive!*, City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012
- When you send digital photos through the Internet, **please send the full, original digital file yourself**, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very low-resolution images, and they don't look good in print.
- We want you to look your best, so send us the original digital file, please! Thanks!
- Digital photos optimally should be between 100K and 2 megabytes in size and may be e-mailed to: pictureperfect@cityemployeesclub.com
- The contest is all in good fun: The Club cannot be responsible for delays in delivering *Alive!*, or for delays in the transmission of responses.

THIS MONTH AT THE
Cabrillo Marine Aquarium
A REC AND PARKS FACILITY

Tidepool Walk

SAT., SEPT. 17, 3 – 4:30 P.M.

CMA's educators conduct tours of the Point Fermin tidepools. Guests can attend an informative slide show in the John M. Olguin Auditorium, then come along on the naturalist-led ramble on the rocks to see animals in their natural habitat. Outdoor clothing and sneakers advised. Young children must be accompanied by adults.

Open to all ages.

Free!
 (310) 548-7562
Parking: \$1/hour



Support the Cabrillo Marine Aquarium!
 Consider joining the Friends of Cabrillo Marine Aquarium
 (310) 548-7410
cabrillomarineaquarium.org/support.asp
www.cabrillomarineaquarium.org
City Owned. City Run. City Proud.

Rec and Parks

Story and photos courtesy Cabrillo Marine Aquarium

Thrills, Chills and Gills

Cabrillo Marine Aquarium to host family frightfest in time for Halloween.

Oct. 29

The 11th annual Sea Scare, San Pedro's frighteningly fun family Halloween party, is set for Saturday, Oct. 29, from 7 to 10 p.m. See Cabrillo Marine Aquarium in a different light as it is transformed into an underwater world of chills, thrills and gills. Come in costume and join in the masquerade of ghouls and goblins, trick-or-treat throughout

the aquarium, enjoy spooky entertainment and oceans of fun!

Visit the Aquarium's Aquatic Nursery for a special treasure hunt, scary sea creature feedings, make your own slime and learn what ocean animals use slime to survive. Stop by the Exploration Center for some treats, participate in bioluminescent crafts and learn about deep-sea creatures that lurk in our oceans. Enter the Marine Research Library for some creepy creations and spooky stories. Don't forget to enter the costume contest for your chance to win some spook-tacular prizes. (Costume guidelines apply.)

Sea Scare brings back favorite attractions, including "Trick-or-Treat Trail," where guests can enjoy some sweet treats; try their luck at some carnival-style games at "Seaside Boardwalk;" visit "Skull Alley," an exhibit created by the Aquarium's Collections Department, where you'll get a close look at some real skulls of the ocean world and some.... not of this world; enjoy some exciting crafts in "Craft Corner;" or dance the night away at the "Zombie Beach Party."

New for 2016: Experience an all-new haunted attraction, only at Sea Scare! Plus, Aquarium Members get a special free early entry into the event at 6 p.m.

Pre-sale admission: \$7 adults, \$3 children, free for Friends of Cabrillo Members. Date of event: \$10 adults, \$5 children.

Cabrillo Marine Aquarium, a Rec and Parks facility, is at 3720 Stephen M. White Dr. in San Pedro on the shores of Cabrillo Beach. Information: (310) 548-7562, or www.cabrillomarineaquarium.org



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(800) 573-4829

The Club



Club Honors 40 with Mukai Scholarships

The Club's Joannie Mukai Scholarship Program for 2016 awards \$500 to 40 members of the Club family.



Joannie Mukai.

The Club's Joannie Mukai Scholarship Program for 2016 awards \$500 to 40 members of the Club family. The Club family is filled with young people of promise, hope, service and achievement – and so this year, as in years past, the Club has increased the number of recipients of Club Scholarships for 2016. The Club is pleased to announce the winners of the Club's annual Joannie Mukai Scholarship Program for 2016 – an increase to 40 (from 36 last year, and 23 the year before). The Club's Scholarship program was named for the late Joannie Mukai, the former Club Board Member who passed away in 2010. Those eligible included Club Members, their spouses and their children who are in college or will be attending an accredited college or university in Fall 2016. **Here are the recipients of the 40 scholarships:**

- Amanda Macias, daughter of Alicia Macias, LAUSD.
- Chelsea Ostrout, daughter of Lisa Ostrout, DMV, State of California.
- Cristian Miranda, son of Adriana Orozco, Library.
- Danny Martin, nephew of Cheryl Martin, Club Counselor.
- Julia Miramontes, daughter of Juan Miramontes, Airports.
- Valerie Pedroza, daughter of Lizabeth Pedroza, L.A. County.
- Angelica Cisneros, daughter of Isaurio Cisneros, General Services/Fleet Services.
- Brandie Harris, Personnel.
- Cameren Landreth, son of Chandra Flemister, Airports.
- Danielle Howard, daughter of Beatrice Howard, LAPD.
- Danya Hart, daughter of Regena Weatherford, L.A. County.
- Sonny Gonzalez, daughter of Ernesto Gonzalez, Airports.
- Alex Gallego, son of Dale Gallego, LAFD.
- Brandon Colon, related to Raphael Garcia, General Services.
- Brenai White, daughter of April Hamilton, Library.
- Brianna Valles is the daughter of Jeff Valles, Public Works, L.A. County.
- Bryanne Carter, daughter of Alisa Carter, LAPD.
- Destiny Breda, daughter of Claudia Breda, L.A. County.
- Diamond Quinn, daughter of Katherine Quinn, General Services.
- Elizabeth Solorio, student worker, Harbor.
- Jaclyn Garcia, Transportation.
- James Morguita, son of Jaime Morguita, Public Works/Sanitation.
- Jared Appling, son of Shala Guzman, LAPD/Communications.
- Jasmine Soriano, daughter of Viviana Padilla, L.A. County/Probation.
- Jazmyne Brown, daughter of Robert Brown, CalTrans.
- Jordan Veal, granddaughter of Dr. Zeno Veal, Rec and Parks.
- Joselyn Barrios-Villagran, daughter of Sergio Barrios, Airports.
- Kaela Polnitz, daughter of Sylvia Polnitz, DWP.
- Kelly Campbell, daughter of Lantz Campbell, Public Works/Sanitation.
- Kevin Alarcon, son of Kathy Chavez, L.A. County/DPSS.
- Luke Broyles, son of Susie Davenport, State of California/Fair Employment and Housing.
- Maria Cervantes, LAPD.
- Marisa Workman, daughter of Rowena Workman, Economic and Workforce Development.
- Esai Cervantes, son of Maria Cervantes, LAPD.
- Maurice Colquitt, son of Diane Boose, LAPD.
- Oswaldo Villacreses, son of Elizabeth Villacreses, Economic and Workforce Development.
- Raul Perez, son of Desiree Nuñez, L.A. County/Assessor.
- Rebecca Alvarado, daughter of Alicia Diaz, LAPD.
- Tylan Smith, son of Michelle Carter, State of California/State Hospital.
- Yaressy Raymundo is the daughter of Julio Raymundo, Club Member

Here are brief profiles of the awardees:

KEVIN ALARCON

Recipient of a \$500 Joannie Mukai Scholarship



Kevin plans to attend Pasadena City College this fall. Kevin works hard academically but says that school does not come easy to him. Progress reports from school were a pressure, and his parents had high expectations of him. "This is to set a good example of what is expected of my younger siblings," and without having his parents motivation, Kevin said:

"I wouldn't have shown any progress. I am happy based on what my academic scores are now, yet there is always room for improvement.

"Until recently, it had not occurred to me how much my parents were spending, or how finances were at home. I took this situation into consideration... and applied for and was hired as a cashier at a nearby nutritional center." His paychecks help at home and with some of his own expenses.

Kevin is the son of Kathy Chavez, L.A. County/DPSS.

REBECCA ALVARADO

Recipient of a \$500 Joannie Mukai Scholarship



Rebecca plans to attend the University of California, Santa Barbara this fall.

A high school scholar athlete, Rebecca maintained a weighted 4.7 GPA while a center on the basketball team. She also ran a soccer camp event for children with behavioral and physical disabilities. However, it was her fascination with DNA that led Rebecca to her course of study

and to her ambition to become a criminalist specializing in DNA.

She aims to continue her hard work at UC Santa Barbara, where she will study pre-biology. "During the time I spend there, I wish to continuously grow as a leader by becoming a volunteer in the STEM program for members of the LGBT community and empower others to embrace their individuality in a diverse community."

Rebecca is the daughter of Alicia Diaz, LAPD.

JARED APPLING

Recipient of a \$500 Joannie Mukai Scholarship



Jared plans to attend the University of California, Los Angeles this fall.

Working in the nursery of the University Christian Church allowed Jared to "enhance the lives of those who wished to attend church service but were afraid to bring their babies into the sanctuary. While working there, I found that I enjoy having the responsibilities of a caretaker."

Jared has also interned for elementary school teachers as one of his elective courses in his junior and senior years. "The internship was one of the richest experiences of my life to date: I still mentally carry the lessons I have learned, both from the teachers I have worked with, and the children I mentored and assisted." He maintains that enhancing the lives of others can lead to enhancing one's own life exponentially.

Jared is the son of Shala Guzman, LAPD/Communications.

JOSELYN BARRIOS-VILLAGRAN

Recipient of a \$500 Joannie Mukai Scholarship



Joselyn plans to attend USC this fall in the journalism graduate program.

A graduate of Loyola Marymount University in May, Joselyn majored in English with a concentration in journalism. For her accomplishments, she was chosen as the Journalism Program Scholar at LMU's English Dept. awards. She has advocated for the college to offer a journalism major for undergraduates.

"In the near future, I am confident that I will be able to practice journalism on the issues that affect the Los Angeles community," she writes. "I am sure that with my personal connection to the issues that affect Angelenos and the journalistic training I will receive from the USC Annenberg curriculum, I will be a successful journalist and make a difference in our community."

Joselyn is the daughter of Sergio Barrios, Airports.

DESTINY BREDA

Recipient of a \$500 Joannie Mukai Scholarship



Destiny plans to attend San Diego State in the fall.

"I am proud to say that I am an individual who is open to any conversation and opinion," she writes. "I enjoy understanding the reasoning beyond someone else's opinion, even if it is against my own...The fact that I harbor these qualities is a notable reason why I chose to pursue a career in law." Destiny would like

to be a defense attorney and start her own practice before pursuing the top job of U.S. Attorney General.

"No matter how long it takes, I plan to achieve all of my goals. I am the dedicated and hardworking person that I am because of my family. This is why I plan to be the best that I can be to pay them back for all that they have done and sacrificed for me."

Destiny is the daughter of Claudia Breda, Social Worker, L.A. County.

JAZMYNE BROWN

Recipient of a \$500 Joannie Mukai Scholarship



Jazmyne is a sophomore at Cal State, Northridge.

"I plan to receive my Bachelor's degree and possibly my Master's in civil engineering," Jazmyne writes.

This 18-year-old is a singer, rapper and Christian. Jazmyne and her younger sister were raised by their father. "I could've easily chosen to become a victim of my circumstances and

could've become a problem child. However, I decided to focus on the blessings around me rather than the things I lacked. I've always watched my father work excessively hard to provide for my little sister and I, and although the road wasn't always paved as we would've liked, we always made it through.

"I never had the opportunity to travel or take family vacations. I plan and hope to be strong enough financially to provide my family with the chance to see the world."

Jazmyne is the daughter of Robert Brown, CalTrans.

LUKE BROYLES

Recipient of a \$500 Joannie Mukai Scholarship



Luke is a senior at USC, majoring in communications.

Luke discovered a love of acting and performing while in recovery from a sports injury in high school. "Last year, I began working in stand-up comedy on the weekends to make extra money for school. I started in small clubs and have since performed at the Ice House, the Comedy Union and recently

opened for headliner Ron White at the Comedy Store." Luke also had the opportunity to host university events and fundraisers on campus. Paying back student loans will be a priority of his once he graduates.

"I hope to work in the entertainment industry or in sports broadcasting, and Los Angeles is the best city in the world to do so."

Luke is the son of Susie Davenport, State of California/Fair Employment and Housing.

KELLY CAMPBELL

Recipient of a \$500 Joannie Mukai Scholarship



Kelly is a sophomore at California State University, Long Beach, majoring in business economics.

"During this upcoming semester, I plan to pick up a second major in business marketing," she writes. "Commuting to school has allowed me to work part-time at American Honda Motor Co. in the social media customer service department through their college

student program. Going to school and working can be challenging, however my current job has helped me figure out that marketing is an area of interest for me to study as well as work in later in life."

While Kelly had options to go to other schools in the UC system, she is happy to have chosen Cal State, Long Beach and says: "What mattered was what I decided to make out of my time in the school I ended up going to."

Kelly is the daughter of Lantz Campbell, Public Works/Sanitation.

BRYANNE CARTER

Recipient of a \$500 Joannie Mukai Scholarship



Bryanne plans to attend Hollins University, Roanoke, Va. in the fall.

Bryanne has a wide range of interests and has been a Girl Scout, a chorister and cheerleader, but she has also always known she wanted to be a storyteller and writer ever since she was seven years old. "My Latin American heritage isn't represented at all, and because of

this, I have no real clue about the culture I desperately wish to claim. My culture is important to me, whether or not I understand it completely...My blackness is not stereotypical; I don't experience my ethnicity the way others do - so it's hard to talk about that, but I'm learning how to cope with this issue and incorporate some of my own personality into my characters."

Bryanne is the daughter of Alisa Carter, LAPD.

ESAI CERVANTES

Recipient of a \$500 Joannie Mukai Scholarship



Esai plans to attend Whittier College in the fall.

Esai credits his autism with his love of learning. For most of his elementary and middle school he was in a special-education program, but Esai left remedial classes behind and was soon enrolled in his high school's Advanced Placement classes.

The difficulty of managing a rigorous course load was challenging. "I am a perfectionist, which made my work habits more time consuming because I concentrated on every detail." Withdrawing from AP English language and composition was a disappointment, but he was able to resume the course. "I learned that failure is another reason to do better; it motivated me to strive for more. As a senior, I decided to give it another attempt.

"Thanks to my experiences, I am better prepared for college. I set high but realistic goals."

Esai is the son of Maria Cervantes, LAPD.

MARIA CERVANTES

Recipient of a \$500 Joannie Mukai Scholarship



Maria has worked for the LAPD for 16 years and is now a Sr. Administrative Clerk. She has returned to school to further her education with the aim of obtaining her public administration degree from the University of LaVerne.

"It's been a very long journey," she writes. "As a single-working parent of three children, things were not easy, especially

when it involved going back to school. However, the opportunity to go once a week (through the University of LaVerne program) to school at the Police Administration building helped me pursue my goal of obtaining my degree.

"It's been six years since I returned to school, however I am almost at the finish line. I will graduate in June. My goal is to take all this knowledge and apply it to my career, as I personally know the impact a good leader can make in society."

Maria works for the LAPD.

ANGELICA CISNEROS

Recipient of a \$500 Joannie Mukai Scholarship



Angelica plans to attend the University of California, Irvine in the fall.

Angelica was accepted into the College Match program in her high school, which enabled her to take SAT classes and prepare personal statements for college applications. Her good grades meant Angelica was also involved in tutoring other classmates in chemistry. "Tutoring was something I really enjoyed doing, and it made me realize that

whatever career path I chose, I want to be able to help people and make a difference," she writes.

"I celebrated the successes of the people that I helped because it was great to see them happy about accomplishing better grades."

Angelica wants to continue to volunteer in college and is looking to become a physical therapist.

Angelica is the daughter of Isauro Cisneros, General Services/Fleet Services.

BRANDON COLON

Recipient of a \$500 Joannie Mukai Scholarship



Brandon has been accepted into the engineering program at Syracuse University, New York.

A high-school graduate at 17, Brandon achieved an advanced regents diploma, which took dedication to obtain. "High school wasn't easy at times," he writes. "The many hours of studying and book work left me endlessly tired, and soccer all year-round only added to my fatigue. I never

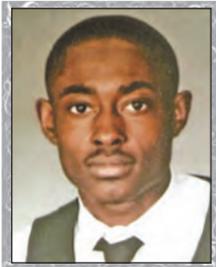
backed down, rather I strived to do more and better. I eventually joined martial arts alongside soccer and my schoolwork. I take a challenge head on rather than shying away from it."

His hard work has paid off. "I've seen my effortS be rewarded: the feeling of scoring the winning goal for my team, getting the black belt I have worked so hard for and getting that 'A' in a class I studied extra for... the rewards are priceless."

Brandon is related to Raphael Garcia, General Services.

MAURICE COLQUITT

Recipient of a \$500 Joannie Mukai Scholarship



Maurice plans to attend Arizona State University this fall to study for a Bachelor's degree in exercise and wellness. He recently completed an internship at a physical therapy practice, where he logged more than 100 hours.

"It took a small adjustment for me to get used to handling all the responsibilities, but once I did, I had a blast learning about a

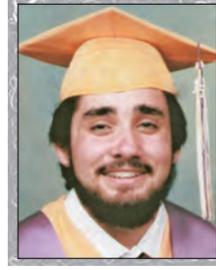
new career and interacting with patients, professionals and other volunteers," he writes.

"Once I complete all my schooling I hope to become a physical therapist preferably for college and professional athletes; the ultimate goal is to open and run my own private practice. I know it will be a journey full of obstacles and challenges, but I believe I have the proper dedication and motivation to make this my next great achievement that I can continue to learn from."

Maurice is the son of Diane Boose, LAPD.

ALEX GALLEGO

Recipient of a \$500 Joannie Mukai Scholarship



Alex is a sophomore at Cerritos College, Norwalk, pursuing a degree in administration of justice.

Alex is proud of his achievements during his first year of college. "I have obtained a 3.4 grade point average through 25 units, and I was even included on the Dean's Honor Roll for the fall semester of 2015... I have managed to balance school, work

and relationships healthily, and the results have been fantastic for my wellbeing. Although I am very satisfied with my results, I know there is more progress that can still be made."

In addition, Alex has gained a year of working experiences and is successfully combining work as a cook at a pizzeria with his studies. He hopes to transfer to Cal State, Long Beach, within the next year.

Alex is the son of Dale Gallego, LAFD.

JACLYN GARCIA

Recipient of a \$500 Joannie Mukai Scholarship



Jaclyn has a Bachelor's degree in environmental sciences from the University of California, Santa Cruz, and is returning to college to pursue transportation planning at Cal Poly, Pomona. She started on some of her units this summer.

"Through my work for the City of Los Angeles in improving crosswalks for pedestrians and planning bike lanes, work became something I looked forward to every day," she writes. "I spent my free time reading related books and learning new software that would assist me in work. My interest in the field lead to a last-minute decision to apply for the Fall 2016 Transportation Planning Graduate school program at Cal Poly, Pomona one month before the deadline."

"I look forward to the two years ahead of me, and feel everything I learn will in turn be used to make Los Angeles a safer place for drivers, pedestrians and bike riders."

Jaclyn works for Transportation.

SONNY GONZALEZ

Recipient of a \$500 Joannie Mukai Scholarship



Sonny plans to attend the University of California, San Diego in the fall.

Sonny is a National Hispanic Scholar, recognized by the PSAT and an AP Scholar as well. She is also an award-winning tennis player, playing since the age of 12. "I have been on the varsity tennis team for La Puente High School since I was a freshman, and I have been the captain of

the team for two years," she writes. "As the number one singles player, I have been league champion two times in a row, this year being undefeated. I am proud to say I have been a scholar athlete for two years running, since the award is given during junior and senior years. Despite all of these accomplishments, I still treasure playing the sport and teaching the sport to others.

"Going to college is the next step in achieving my dreams and success in life."

Sonny is the daughter of Ernesto Gonzalez, Landscape Dept., Airports.

BRANDIE HARRIS

Recipient of a \$500 Joannie Mukai Scholarship



Brandie is continuing her MBA program at Pepperdine University. Formerly a DWP employee, Brandie now works in Personnel, where she assists City Employees with their career development and training.

"My division is responsible for a lot of things that take place citywide, so I wear many hats," she writes. "My plan is to gain experience in every way possible

to allow me to move up and around throughout the City. Before obtaining this position, I had already received a Bachelor of science degree, which I feel has directly contributed to my success in the position I now have. I took various courses that taught me how to effectively communicate, analyze situations and move forward with the best resolve."

Brandie Harris is a Management Assistant, Personnel.

Mukai Scholarships

- CONTINUED PAGE 30



Mukai Scholarships

— CONTINUED FROM PAGE 29



DANYA HART

Recipient of a \$500 Joannie Mukai Scholarship



Danya is a sophomore at Cal State, Los Angeles, with a major in business administration (advertisement) and a minor in communication. A successful athlete, Danya plays soccer for CSU and has overcome a serious injury to continue playing.

"During a high school soccer game, I was hit in the eye with a soccer ball at close range," she recalls. "Due to the impact, my

retina sustained a hole and a vein ruptured. I had surgery and endured a grueling 14-day recovery process. At the end of the whole ordeal, I was told I would never be able to play soccer again. However, with my determination, preservation and motivation, I learned to mentally and emotionally cope with my vision loss, as well as learning how to manipulate and compensate my vision using my good eye ... allowing me to play soccer again."

Danya is the daughter of Regena Weatherford, Probation Officer, L.A. County.

DANIELLE HOWARD

Recipient of a \$500 Joannie Mukai Scholarship



A graduate of the University of Nevada, Las Vegas, with a Bachelor of science degree in business administration, Danielle plans to continue her studies at UNLV to gain a Master of science degree in accounting.

"I am currently an accounting intern at the Cosmopolitan of Las Vegas," she writes. "I am gaining the hands-on experience that I desired and making great connections with professionals and peers at the company. This fall, I will start graduate school at UNLV to attain my Master of science degree in accounting. Once I graduate, I will then have enough credits to be able to sit for the certified public accountant (CPA) exam. Once I pass the exam, I must work in the public accounting industry for two years to be officially certified as a CPA."

Danielle is the daughter of Beatrice Howard, Senior Administrative Clerk, LAPD.

CAMEREN LANDRETH

Recipient of a \$500 Joannie Mukai Scholarship



A graduate of the Westchester Enriched Students Magnet high school, Cameren plans to attend college at Bethany in Lindsborg, Kan. in the fall. Cameren is pursuing his passion for baseball and majoring in psychology, with a minor in sports medicine.

"While baseball has been and will always be an integral part of my life, I am cognizant of the fact that I must develop other

interests so that I can help to ensure success for my future," he writes. "My passion for baseball is the reason I am also

interested in the fields of psychology and sports medicine. Helping others to heal mentally and physically, whether through a sports-related injury or something that has occurred through life's circumstance, is important to me."

Cameren is the son of Chandra Flemister, Los Angeles World Airports.

AMANDA MACIAS

Recipient of a \$500 Joannie Mukai Scholarship



Amanda is entering her final year of college at Cal State Los Angeles, with a major in communication disorders. In between working as an intern for her minor and a part-time AVID tutoring job, Amanda is also a student assistant at a learning center campus on Saturdays. She is a member of the National Student Speech-Language and Hearing Association as part of her major.

This coming year promises to be a busy one: "In between interning and substitute teaching, I will be studying for the GRE. I plan to take the GRE after I graduate in June to make application deadlines for the speech-language pathology Master's degree programs in the fall.

"My career goal is to become a speech-language pathologist working with nonprofit organizations, which work with adults and children with disabilities such as Home of Angels, Special Olympics or AbilityFirst."

Amanda is the daughter of Alicia Macias, Office of Educational Services, LAUSD.

DANNY MARTIN

Recipient of a \$500 Joannie Mukai Scholarship



Danny plans to attend Moreno Valley Community College this fall.

In high school, Danny was captain of the varsity football team and leader of ROTC. He also won a medal for best acting performance as part of the theatre department. Danny plans to attend college, and study to become a psychologist. He looks to attend community college for

his prerequisites, then transfer to a university to complete his Bachelor's and Master's degrees.

"One day I hope to counsel and mentor underprivileged and troubled youths within my community," he writes. "I grew up in both Compton and Watts, areas known for their gang activity, high crime rate and drug abuse. Unfortunately, I know first-hand the struggles teenagers face in these areas. Also I would like to start my own business and be able to give young adults jobs, and help keep them off the streets and away from selling drugs."

Danny is the nephew of Cheryl Martin, Club Counselor.

JULIA MIRAMONTES

Recipient of a \$500 Joannie Mukai Scholarship



Julia attends the University of California, Irvine majoring in nursing.

Julia began volunteering at St. Francis Medical Center in July 2015 and is still an active volunteer. Through volunteering, she has gotten to know many different hospital departments. In addition, she also volunteers at the UC Irvine Medical Center.

"Entering my first year at the university was a chance to explore my options and take courses that interested me," she writes.

"My entire experience at the hospital has been life-changing, with the different types of people, their stories and their motivational words. All this has led me to decide my plan for the future, which is to become a registered nurse and I hope become a nurse anesthetist."

Julia is the daughter of Juan Miramontes, Airports.

JAMES MORGUITA

Recipient of a \$500 Joannie Mukai Scholarship



James plans to attend Loyola Marymount University this fall in a graduate program in environmental sciences.

"What captivated my attention during my undergraduate career at UCLA and continues to raise my concerns were the repeated before and after images presented in lecture of serene and beautiful environments such

as rainforests, mangroves and coral reefs that have been devastated and destroyed as a result of raw material harvesting, chemical pollution, and climate change," he writes.

"My father, who is a truck operator for the Bureau of Sanitation, often spoke to me about waste management practices and policies, which I always found interesting.

"My undergraduate studies allowed me to discover what I was truly passionate about and how I could combine that knowledge to best serve the community."

James hopes to have a career that "sustains the balance between human civil advancements and the preservation of natural systems."

James is the son of Jaime Morguita, Public Works/Sanitation.

CRISTIAN MIRANDA

Recipient of a \$500 Joannie Mukai Scholarship



Cristian plans to attend Santa Clara University as a freshman in the fall.

In high school, Cristian took part in many extracurricular activities, including student council, where he became ASB president in his senior year. He also participated in track and field for three years. On top of these activities, Cristian also completed

more than 100 hours of service, including working at a convalescent home and helping disabled children, all while maintaining a place on the Scholar Roll.

"I did the absolute most at my high school because I understood that this opportunity is not to be taken lightly or abused, which is why I am going to attend Santa Clara University in the fall," he writes. "I hope to take this opportunity to engage in internships around my major: political science and to learn more about international relations. I plan to go to law school after I finish my four years at Santa Clara."

Cristian is the son of Adriana Orozco, Library.

CHELSEA OSTROUT

Recipient of a \$500 Joannie Mukai Scholarship



Chelsea is pursuing her nursing degree at Ventura Community College. Over the summer break, she returned to her job as a waitress in the Ventura harbor.

Chelsea is on track to receive her Associate's degree in nursing in May and then to obtain her RN license. "My goal is to land a job somewhere in my hometown of Ventura, and continue my education to receive a Bachelor's

degree in nursing," she writes. "I am still unsure on what path to take in the medical field, but with so many different opportunities available, I know I will eventually find a passion for one specific specialty.

"Receiving this scholarship will make it easier to accomplish my goals and focus solely on school."

Chelsea is the daughter of Lisa OstROUT, DMV, State of California.

VALERIE PEDROZA

Recipient of a \$500 Joannie Mukai Scholarship



Valerie plans to attend Asuza Pacific University this fall, majoring in business management.

She played a role in the student body in her high school as ASB secretary in her senior year, organizing the prom and other events. She also made varsity softball, playing outfield. "I learned how to balance my grades and a team, keeping the friendships I made and keeping up my grades as well. My main goal

was to get into a good college," she writes.

"The reason I chose to be a business major was to start a business in the future that helps people. I'm not sure what type of business I want to start, but I want to help change the world one step at a time... I am a young Latina female who believes that anyone who challenges themselves can make a difference."

Valerie is the daughter of Lizabeth Pedroza, DPSS, L.A. County.

RAUL PEREZ*Recipient of a \$500 Joannie Mukai Scholarship*

Raul is a sophomore at Cal State, Channel Islands. His major is in environmental science, with an emphasis in resource management. He plans to continue his studies and become an environmental lawyer.

"Someone needs to make this world a better place," he writes. "I believe everyone has the ability to make even the

slightest change. I feel I should at least fight to preserve the beautiful world we all live in for this generation and for generations to come."

The eldest of four boys raised by a single mother, Raul had perfect attendance in high school, an accumulative GPA of 3.8 and went on to become a first generation college student. At Cal State, Channel Islands, Raul has continued his perfect attendance, earned a GPA of 4.0 and participated in student government, research conferences and the school track team.

Raul is the son of Desiree Nuñez, L.A. County/Assessor.

KAELA POLNITZ*Recipient of a \$500 Joannie Mukai Scholarship*

"Through mentoring and participating in science and robotic teams, I discovered I found great interest in STEM (science, technology, engineering and mathematics)," Kaela writes. "In robotics I became interested in programming and robotic technology. I learned several programming languages and eventually made apps because of this interest."

A defining moment for Kaela came in her junior year. "I crafted and programmed a yoghurt container that was able to launch and capture balls; this prototype won an Innovate award, praise from JPL and SpaceX engineers and secured a spot at regionals."

Kaela always found math compelling and has now decided to pursue mathematics of computation at UCLA, with the goal of becoming a software developer, "a career path that is a happy medium of all my favorite ideas: computers, science, problem-solving, mathematics and technology."

Kaela is the daughter of Sylvia Polnitz, DWP.

DIAMOND QUINN*Recipient of a \$500 Joannie Mukai Scholarship*

Diamond plans to attend West L.A. College in Culver City in the fall.

Diamond is a graduate of Alexander Hamilton Performing Arts Magnet with honors. With a strong interest in science and history, she hopes to combine the two in studying sociology before transferring to a university to specialize in forensic science.

Diamond is also a dancer and majored in dance in high school. She has performed with Pharrell at the Oscar ceremony for "Happy" and worked with Debbie Allen performing at the opening ceremony of the Special Olympics in summer 2015.

"The values that have been instilled in me by my family and Buddhist practice make me compassionate about being a value-creating individual in society, today and into the future," she writes.

Diamond is the daughter of Katherine Quinn, General Services.

YARESSY RAYMUNDO*Recipient of a \$500 Joannie Mukai Scholarship*

Yaressy is in her sophomore year at USC.

She joined the Undergraduate Student Government as a delegate for Community Affairs and Diversity Affairs committees. Yaressy is also a member of *Hermanas Unidas* at USC, an organization that commits time each semester to reach out and give back to the Latino community through service. She also has

other committee and organizational commitments. These have impacted on her choice of major, which originally was in human biology and now is in international relations (global business). "I wanted to combine my passion to serve and help others.

"My ultimate goal is to work in human resources to help large companies implement or maintain fair work practices, promote equality and diversity, as well as recruit capable individuals for different job functions."

Yaressy is Club Member, and the daughter of Julio Raymundo.

TYLAN SMITH*Recipient of a \$500 Joannie Mukai Scholarship*

Tylan plans to attend Bucknell University, Lewisburg, Pa. this fall.

Tylan 'Ty' is a graduate of Verbum Dei high school, where he balanced academic life with Associated Student Body, track and field, social justice initiatives and many more activities. He wants to help children love math and not dread this four-

letter word!

At Bucknell, Tylan plans to seek an interdisciplinary major in mathematics and economics. He's considering a minor in Spanish or Mandarin and has further aims to pick up an internship working as an actuary. His motto is: "to strive to overcome and conquer any challenge I face.

"I'd never allow myself to stop moving forward. Even though I'd like to relax, I know this is a crucial time to jump-start the pace."

Tylan is the son of Michelle Carter, State of California/State Hospital.

ELIZABETH SOLORIO*Recipient of a \$500 Joannie Mukai Scholarship*

Elizabeth was accepted into four Cal State colleges and attends Cal State, Long Beach.

Through volunteering with Rotary, Elizabeth learned of the Harbor's summer internship program. "I got the position with Real Estate and it became a turning point as I learned so much about business," she writes.

"I loved going out in the field, talking to tenants and attending

events, but most of all I loved the atmosphere. I decided to apply for a part-time position as a student worker.

"My goal is to continue with the City, and eventually I'd like to become a real estate property manager or enter into community relations with the City. I plan to graduate from CSULB with a degree in business/marketing.

"I will be the first in my family to graduate, and I hope this sets a good example for my younger sisters."

Elizabeth is a student worker, Harbor.

JASMINE SORIANO*Recipient of a \$500 Joannie Mukai Scholarship*

Jasmine plans to attend University of California, Davis this fall.

With her strongest subject being biology, Jasmine wants to continue in this field. "The amount of knowledge I've obtained through this subject is endless, and as a result I want to major in it in college. I have plans to study abroad and experience the different realms of science

in new surroundings. My goal is to master the subject and continue to learn from it," she wrote.

"I am hopeful that I will graduate within four years and have a Bachelor's degree in biology. In due time, I will apply to medical school and pursue a career involving the brain or cancer. I have always wanted to give back to others."

Jasmine is the daughter of Viviana Padilla, L.A. County/Probation.

BRIANNA VALLES*Recipient of a \$500 Joannie Mukai Scholarship*

Brianna plans to attend Whittier College in the fall.

Following her grandmother's stroke, Brianna first heard of occupational therapy. The successful therapy sessions made an impression on the middle-schooler and shaped her career goals.

Brianna is now interning at DG Therapy in Whittier, a pediatric clinic. "I have learned so

much by interning at the clinic, and it has really inspired me to continue getting good grades so that I can attend a prestigious occupational therapy program for my master's degree," she writes.

"My plan after completing my Bachelor's degree in kinesiology at Whittier College is to earn my Master's degree at the University of Washington. Then I plan on moving back to L.A. to work at a children's hospital."

Brianna is the daughter of Jeff Valles, Public Works, L.A. County.

JORDAN VEAL*Recipient of a \$500 Joannie Mukai Scholarship*

Jordan plans to attend York College, Lincoln, Neb. in the fall.

A graduate of Bloomington Christian High School, Jordan is an accomplished scholar and basketball player: an athlete of the year and first-team All-CIF Girls Basketball Southern California member. Jordan has the opportunity to continue her basketball career at York College

and has plans after that to pursue a career in law.

"One of my career goals in life is to become a family law attorney," she writes. Jordan's dream formed when she was 13 and met the *Divorce Court* Judge Mablean Ephriam. "She gave me a book titled *Life Lessons* and signed the inside, which said: 'To Jordan Veal! I welcome you to the legal field. You can do it.' From that day, my family and friends have been calling me Judge Jordan."

Jordan is the granddaughter of Dr. Zeno Veal, Rec and Parks.

OSWALDO VILLACRESES*Recipient of a \$500 Joannie Mukai Scholarship*

Oswaldo plans to transfer to the University of California, Davis, into the environmental toxicology program in the fall.

Oswaldo witnessed the trauma of his uncle suffering from chronic obstructive pulmonary disorder, caused by mercury metal pollution. It gave Oswaldo cause to think of "whether somebody was working towards mitigating this environmental

challenge in a timely manner. I then realized I could be an advocate for sufferers of this condition." Oswaldo aims to understand how we can decrease the harmful effects that these environmental pollutants have on human tissue.

His interest in this area was reinforced in biology and chemistry experiments. "After obtaining my bachelor's degree in environmental toxicology, I plan to further my study in this major by obtaining a Master's degree. Following this milestone, I aim to become a medical doctor."

Oswaldo is the son of Elizabeth Villacreses, Economic and Workforce Development.

BRENAI WHITE*Recipient of a \$500 Joannie Mukai Scholarship*

Brenai plans to attend Arizona State University in the fall, with the goal of becoming a pediatrician.

Brenai began volunteering at the library six years ago. "I started by performing simple tasks, but I soon became more deeply involved. After the staff saw that they could trust me with bigger jobs, they asked me to assist the summer reading program.

"Once I became older I was able to join the Teen Council at the library and eventually become its president. I never knew there was a process for teens to come in and have a voice in what books and media they would like to see in their community. Being on the teen council taught me about advocacy and the importance of being able to speak for others. It also served as a valuable reminder that opportunities to shape your community are all around you, but you must seek them out."

Brenai is the daughter of April Hamilton, Library.

MARISA WORKMAN*Recipient of a \$500 Joannie Mukai Scholarship*

Marisa plans to attend the School of the Art Institute of Chicago in Illinois this fall to study for a Bachelor's degree in fine arts.

"Ever since I can remember I have been fascinated by art and animation especially," she writes. "One of my goals this upcoming school year is to learn how to properly animate using both traditional methods

and modern programs. I am eager to be starting my first year of college at one of the nation's most acclaimed art schools, as it will become the foundation for the rest of my artistic career.

"I have worked with many kinds of art, and I know that with enough practice I can follow in the footsteps of the artists I look up to."

Marisa is the daughter of Rowena Workman, Economic and Workforce Development.

CLUB SPORTS

News from Sports Leagues sponsored by the City Employees Club of Los Angeles • Sept. 2016



Club Softball in Mid-Summer Form!

FROM THE COMMISH:

Mid-Season Honors

With the summer Olympics just passed, the attention now shifts to the Club's Softball League. And sure enough, there are some mid-season players and teams who are in medal contention!

This season has provided the "Olympic" judges with a great number of categories players can compete in. Categories range from individual to team achievements. Medals will be posted at the All-Star game scheduled for Nov. 2 at Downey Recreation Center.

More categories will follow as we are in the middle of the season. Teams and players have many opportunities to place in the aforementioned categories, and others categories, including greatest singles, doubles, triples, homeruns, and double-plays.

Currently, Sewer Rats and Operaiders lead Division B in games won. PFFlyers, the City Employees Club's free agents team, is in second place. (*The Club has done it again with another competitive Free Agent team.*) DoTgers and Transformers are tied for third place. In Division A, Enforcers are in the lead; Guzzlers follow in second place; and Blue Dragons are in third.

You can look forward to the second half of the season by following the schedule and showing up to support your favorite teams. Attending the weekly games is really a blast!

In the lead for Gold Medals are:

Fashion Spirit:
Lena, Operaiders

League Enthusiasm:
Teresa, P.F. Flyers

City Fashion Spirit:
Fig, Sewer Rats

Kindness Spirit:
Noni, Sewer Rats and Next

Pitcher Who Shuts Down the Middle:
Vic, Guzzlers; and Fernando, Next

Team That Produces the Most Strikeouts:
Operaiders and Guzzlers

Team With Most Runs:
Operaiders, GameTime and Guzzlers

Team That Caught the Most Outfield Flies:
Sluggers

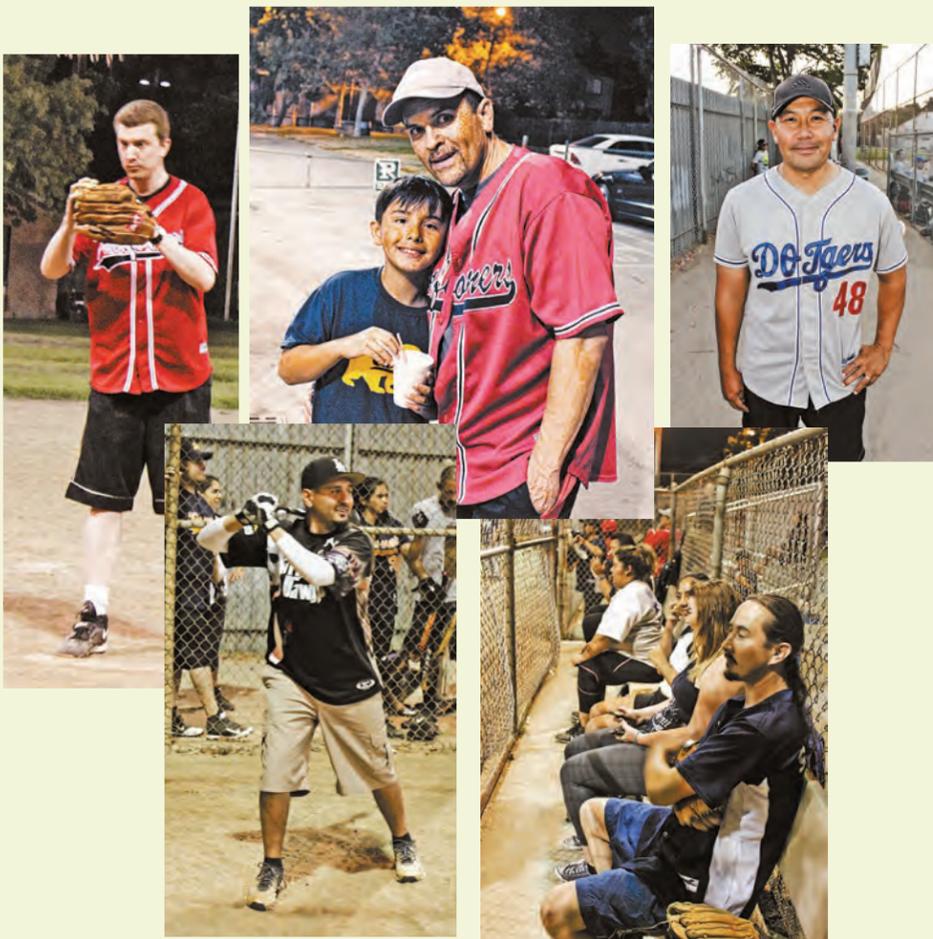
Runs Batted In:
Operaiders

Fan Support:
Sewer Rats and Operaiders

Lady Smith, The Commish



Returning for 2016:
The Softball Commish, Lady Smith! Read Lady's comments each month in *Alive!* during the softball season.



SOFTBALL 2016 Game Schedule

Come out and support your team: Watching a Club Softball League team is fun ... and free! There are cheerleaders, your workmates in nice uniforms. And you can volunteer, too.

We'll see you there!

(Visit the Club website, cityemployeesclub.com, for Game Schedule updates)

Sept. 7 Downey

	Downey	Shatto
7 p.m.	Conquistadors vs. Kilawatts	DoTgers vs. Transformers
8	Operaiders vs. Next	Sewer Rats vs. P.F. Flyers
9	Guzzlers vs. Sluggers	Blue Dragons vs. Game Time

Sept. 14 Downey

	Downey	Shatto
7	P.F. Flyers vs. Kilawatts	Sewer Rats vs. Operaiders
8	Transformers vs. Conquistadors	Next vs. DoTgers
9	Blue Dragons vs. Enforcers	Game Time vs. Sluggers

Sept. 21 Downey

	Downey	Shatto
7 p.m.	Operaiders vs. P.F. Flyers	Conquistadors vs. Next
8	DoTgers vs. Sewer Rats	Kilawatts vs. Transformers
9	Guzzlers vs. Game Time	Enforcers vs. Sluggers

Sept. 28 Downey

	Downey	Shatto
7 p.m.	Operaiders vs. DoTgers	Sewer Rats vs. Conquistadors
8	P.F. Flyers vs. Transformers	Next vs. Kilawatts
9	Enforcers vs. Blue Dragons	Sluggers vs. Game Time

Oct. 5 Downey

	Downey	Shatto
7 p.m.	Sewer Rats vs. Kilawatts	Next vs. Transformers
8	P.F. Flyers vs. DoTgers	Operaiders vs. Conquistadors
9	Game Time vs. Enforcers	Blue Dragons vs. Guzzlers

Note: There are no games scheduled for Wed., Oct. 11 in observance of Yom Kippur.

GAME LOCATIONS

Downey Recreation Center
1772 N. Spring St.
Los Angeles, CA 90031

Shatto Recreation Center
3191 4th St.
Los Angeles, CA 90020

PARTICIPATING TEAMS

- | | |
|---------------|--------------|
| Blue Dragons | Next |
| Conquistadors | Operaiders |
| DoTgers | P.F. Flyers |
| Enforcers | Sewer Rats |
| GameTime | Sluggers |
| Guzzlers | Transformers |
| Kilawatts | |



Hoops, Bowling, Softball: Club Sports on the Horizon

The Club Sports Office welcomes all individual players to inquire about the Club's sports leagues. Currently, the Club is coordinating efforts for basketball, bowling and softball. Please contact sportsdude@cityemployeesclub.com or call the Club at (800) 464-0452 to be placed as a free agent and for more information.

Images of past sporting events can be found on the Club Website at <http://photos.cityemployeesclub.com/ClubSports>



Robert Larios, The Sports Dude

Rec and Parks

Story courtesy Cabrillo Marine Aquarium

Seafood Expo

Cabrillo Marine Aquarium introduces sustainable food event Oct. 2.

Choosing the right fish for your dish can have a positive impact on the marine environment, and Cabrillo Marine Aquarium would like to help educate local consumers on this important topic.

On Sunday, Oct. 2, Friends of Cabrillo Marine Aquarium plans to host its third Sustainable Seafood Expo, a fun and delicious way to sample new seafood dishes, wines and craft beers while learning how to make the best selections when dining out or cooking at home.

The expo and tasting event will take place from noon to 5 p.m. at Crafted at the Port of Los Angeles, 122 E. 22nd St. in San Pedro and will feature seafood samples, chef demonstrations, educational displays and numerous exhibitors from local restaurants.

Tickets for the event are \$20 for members of the Friends of Cabrillo Marine Aquarium, or \$30 for general admission (before Sept. 5). At the door: \$30 for members, \$40 for general admission. To purchase tickets, go to <https://cabrilloaq.ejoinme.org/expo> or call (310) 548-7562, ext. 211.

Cabrillo Marine Aquarium is one of 200 partners in the Monterey Bay Aquarium's

**Sunday,
Oct. 2, 2016**



**Cabrillo
Marine
Aquarium**
LOS ANGELES

Seafood Watch, which produces pocket guides and a smart phone app recommending which seafood items are "best choices," "good alternatives" or "avoid." Since 1999, more than 40 million guides have been distributed. According to Seafood Watch, nearly 85 percent of the world's fisheries are at capacity or overfished.

Seafood Watch recommendations consider the fishery, habitat, species, management, and a host of factors that affect each species. Scientists research government reports, journal articles and white papers and contact fishery and fish farm experts. Reports are reviewed by a panel of experts from academia, government and the seafood industry. The goal is to help sustain wild, diverse and healthy ocean ecosystems that will exist long into the future. Consumers are encouraged to purchase seafood that is fished or farmed in ways that don't harm the environment.

Cabrillo Marine Aquarium is a Rec and Parks facility. Friends of Cabrillo Marine Aquarium is a nonprofit support group devoted to raising funds for the Aquarium's activities and programs.




Rest Insured

BY JEFF GELINEAU
Vice President of United Agencies,
The Club's Auto and
Home Insurance Partner

Insuring the College Student

As an insurance brokerage, we sometimes get asked the question, "Is there anything I need to do about my insurance when my child goes to college?"

Yes.

The parents of college students moving to on-campus or off-campus housing should review their insurance policies to make sure their children's personal possessions are covered while they are away at school.

Before a child heads off to college we recommend taking the following steps:

- Create a "dorm inventory" - a list of items the student plans to bring to school, along with its estimated value. To make this process easier, you can use the free Web-based software, available at KnowYourStuff.org. Be sure to note specific high-value items, including a computer, camera or musical instrument, and scan receipts into the system to document their retail value. Having an up-to-date inventory can help determine how much insurance to purchase and get insurance claims settled faster in the event of theft, fire or other types of disasters.

- Contact your insurance agent or company representative - college is a major life event that may trigger the need for changes in insurance coverage, so ask about the insurance implications of a son or daughter becoming a full-time student and determine if supplemental insurance is needed. And don't forget to ask about discounts or ways to reduce costs.

- Some homeowners' and/or renters' policies include protection for a college student's personal possessions (e.g., a TV, clothing and furniture) away from home, if they live on campus and the student's property is stolen or damaged. Other policies may limit the amount of coverage for a college student's belongings to 10 percent of the total amount of a policy's overall coverage for personal possessions. So if parents have \$100,000 worth of personal possessions insurance for the family's primary residence, for example, only \$10,000 would be applicable to possessions in their youngster's dorm room. In both cases, the student's possessions would be covered for the same disasters that are in a standard homeowners' or renters' insurance policy. These perils would include, fire, theft, vandalism and natural disasters, including a hurricane. The student would not be covered for typical college type mishaps, including accidentally spilling coffee on an expensive electronic device.

Items including jewelry and musical instruments may be subject to dollar limits under a standard homeowners' or renters' policy. If these limits are too low, parents may want to

consider buying a personal property floater or an endorsement to their homeowners' or renters' policy. This provides a higher amount of insurance and broader coverage. Most jewelry floaters, for instance, include additional coverage for "mysterious disappearance."

It may make sense for students to leave expensive jewelry at home or store it in a safe deposit box. Floaters for storing jewelry in a safe deposit box are generally less costly, and many insurers will let you take jewelry out and wear it if you let them know in advance.

Parents may want to look into acquiring stand-alone policies for desktop computers, laptops, tablets and iPads, and other electronics, as they may provide coverage against accidental damage, liquid spills and other events not included under a standard homeowners' or renters' policy. Keep in mind that if you are using a credit card to buy such items, some insurance protection may also be available through the card itself.

Students who live off campus may not be covered under their parents' homeowners' or renters' policy and may need to purchase their own renters insurance coverage.

Other Coverages to Consider

Auto Insurance: If the student has been driving the family car and will now be away at college at least 100 miles from home, make sure you let your insurance company know. You may be eligible for a discount on your auto insurance. If your son or daughter has their own car, it is very important to let your insurance company know if the car will be at school or left home, as the cost of the insurance will be based on where the car resides. Many auto insurance companies will also give a discount to students who get good grades at school.

Tuition Insurance: This coverage refunds a significant portion of semester tuition and on-campus room and board when a student withdraws at any time during a semester due to a covered medical reason, including emotional, nervous or mental disorders or the death of the student. There is no coverage if the student voluntarily withdraws from school. Student loans used to pay for college costs can also be covered by the policy. Tuition insurance is available to students through participating colleges and universities, including some graduate programs, and is provided by third-party insurers; these policies cost anywhere from one to three percent of tuition per semester. The average tuition cost for U.S. private schools in 2010 was \$27,293 per year, according to the College Board, a nonprofit organization that keeps track of higher education information.

About United Agencies

United Agencies is the Club's Partner is helping members with their home and car insurance, and related products. Feel free to call us with any questions about rental cars, auto insurance, or any other topic. We specialize in creating personal relationships with our customers, and serving their needs in a prompt, efficient and friendly manner.

Call our office today at (888) 801-5522.

Check out the City Employees Club page on the United Agencies Website: www.ua-insurance.com/city-club

Have a question?

Is there something about insurance that you've always wanted to know, but were too ashamed to ask? Maybe something that you've just always been curious about? Feel free to send me an email at jgelineau@unitedagencies.com and I will try to answer your question in one of our monthly columns.

Won't you help someone in need?

Jackets for the Homeless

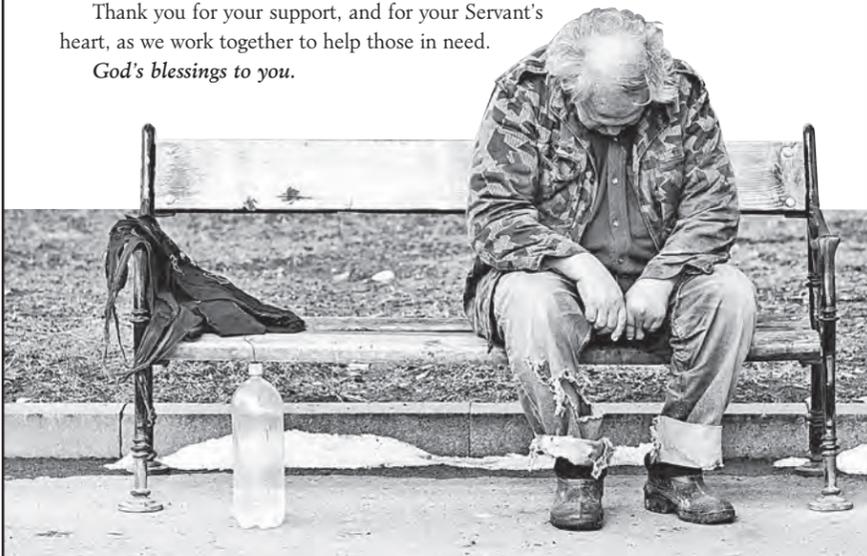


At the beginning of this year, through the generosity of so many, more than 850 jackets were provided to those in need through the **Jackets for the Homeless** drive. Some of the jackets were distributed in the area near Los Angeles City Hall, and the rest were given to the Los Angeles Mission, Fred Jordan Mission, Salvation Army, Mary's Mercy Center, and St. Vincent de Paul.

Winter is just around the corner, and we are again asking for your help, to ensure that those less fortunate are provided a warm jacket when the colder weather is upon us. Our goal this year is to distribute at least 1,000 jackets to the homeless. We need to raise about \$7,000 for this ambitious goal. With your support, the jackets will be distributed at the beginning of the winter season.

Thank you for your support, and for your Servant's heart, as we work together to help those in need.

God's blessings to you.



To donate, please visit one of the following websites:

transformingalife.org OR **gofundme.com/2jh3bbbr**



Would you like a pen with your company's name on it? How about a coffee mug or a mouse pad?

[We also do Family Reunions]

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FAX 888-891-5743
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www.RosebudMarketing.com

{ Who are the people you see every day? }

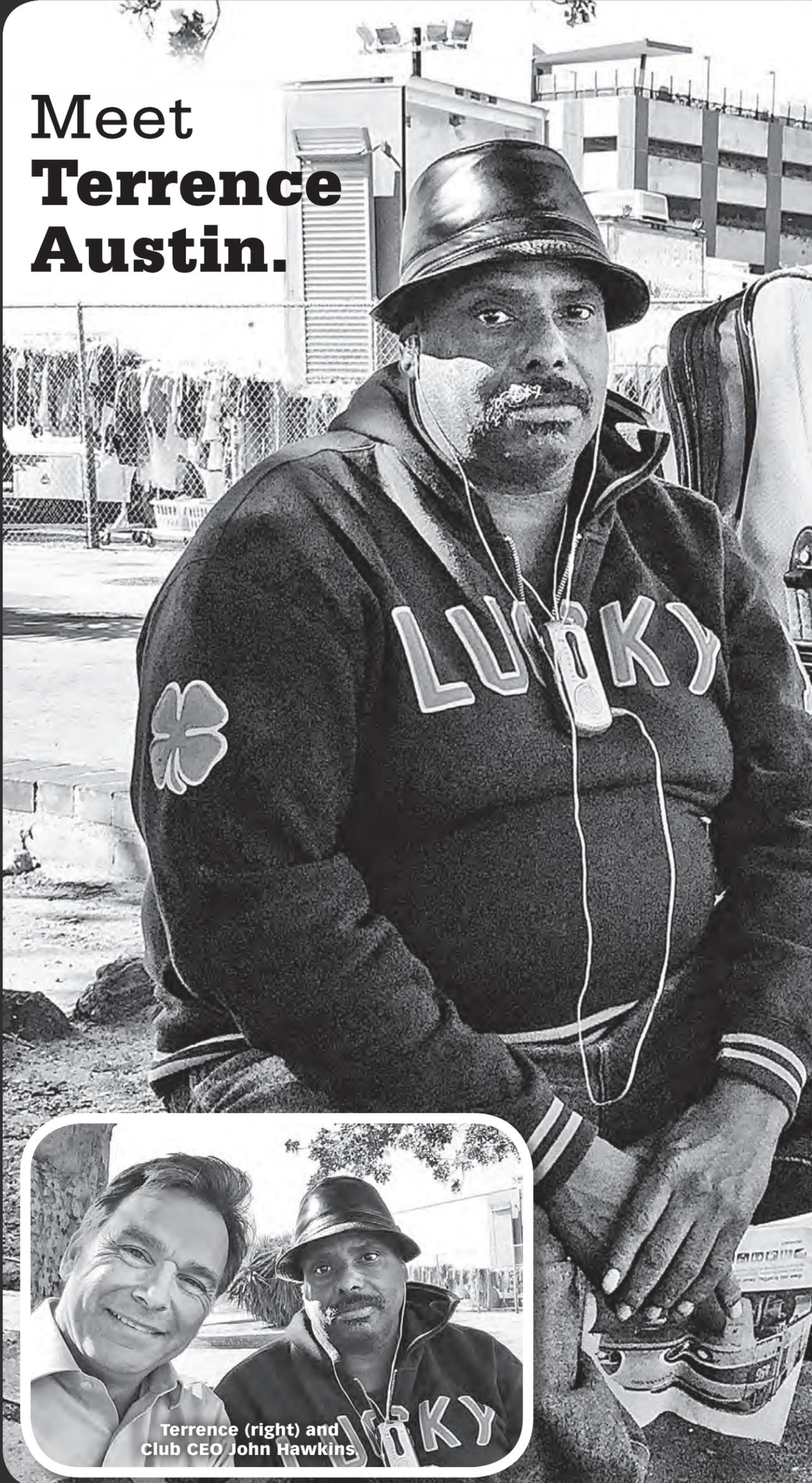
People We See

Shelterless in Los Angeles.

No. 86
in a series.



Meet Terrence Austin.



Terrence (right) and Club CEO John Hawkins

AGE: "I'm 53."
BIRTHPLACE: "Detroit."
FAMILY: "I have four brothers and one sister."
MARRIED? "Divorced."
EDUCATION: "I graduated from Wayne State University."
HIGH SCHOOL LIFE: "I played football. And I played trumpet in the high school marching band. I really enjoyed life; I did a lot of traveling."
RELIGION: "I am a Christian."
MEDICATIONS: "No."
WHERE DO YOU LIVE: "At the Midnight Mission."
HIS STORY: "I moved to LA in 2000. My journey started two years before that, actually. I got divorced in Detroit and moved to Florida. While there I worked in the ministry in Palm Beach. I used to give an illustrated sermon that followed the movie *The American President*. Everyone there told me I had a gift and that I should move to Hollywood to pursue a career there. So I listened to them, and off I went. The bus I took dropped me off on Skid Row. I never made it to Hollywood. I ended up getting sucked into the dregdes of downtown. I lost focus and gave in to the environment. And I don't drink or do drugs. It just sucked me in, I didn't have any money, and this was my option. And to this day, 16 years later I am still here. I live mainly at the Midnight Mission."
FAVORITE MOVIE: "The Dark Knight."
FAVORITE TV SHOW: "Dallas."
FAVORITE ACTOR: "There are so many, can't really name one."
FAVORITE ACTRESS: "Same thing, too many good ones."
FAVORITE MUSIC: "Jazz and R&B."
FAVORITE FOOD: "Italian food – spaghetti and meatballs."
FAVORITE CANDY: "Snickers."
FAVORITE PLACE IN THE CITY: "Beverly Hills."
LAST JOB: "I worked at the El Capitan Theatre, ushering and cleaning up for *The Chronicles of Narnia*."
LAST BOOK READ: "I like *People* magazine."
LAST MEAL EATEN: "Well, it's 8 a.m. now, and I haven't had a bit to eat. Last night I had ham and baloney sandwiches."
MOST HELPFUL ORGANIZATION: "The state. They have really helped me out."
IF YOU WERE MAYOR: "I would get the homeless housed. Kind of simple, really – not sure why no one has done it yet."
IN FIVE YEARS: "I'll be married and living a normal life."
MOST PRIZED POSSESSION: "My driver's license."
FRIENDS: "Nah."
WITH \$1 MILLION: "I would give 10 percent away and use the remaining 90 percent for family stuff."
REGRETS? "I would have never gone to Florida. I should have just come straight to Hollywood to fulfill my dreams. But I really don't have any regrets."
ADVICE FOR TEENAGERS: "Don't be swayed by peers. Peer pressure is what will do you in. Be yourself, do the right thing. And parents, keep your kids away from bad influences at all costs."
ADVICE FOR EVERYDAY PEOPLE: "Keep your head up, and stay focused."

The Club gave Terrence a Bucket and a Blanket, a toothbrush and toothpaste, soap, two pairs of socks, shampoo, hand wipes, some food, \$20 and bottled water.

The interview, conducted by John Hawkins, took place Aug. 19 at Third and Los Angeles Streets.

{ In this monthly feature, Club CEO John Hawkins, and Director of Sales Angel Gomez, introduce you to people you see every day, but you might not know who they are. The Club reminds you that we all have names and stories to tell. }



The Smart Move

BY PATRICK MILLER, CBLIFE,
The Club's Insurance Partner

Good Health: Your Best Insurance

The best insurance you can buy is good health. It's like, you can't buy fire insurance if the house is already on fire. You can't buy all the insurance you need if you are unhealthy and that combination of poor health and lack of insurance can totally eliminate any hope of a secure retirement.

Making healthy lifestyle choices can help promote wellness and lead to a more enjoyable retirement.

Here are some basic rules for good health to consider:

Watch your diet. A healthy diet includes a variety of foods from all five major food groups – fruits, vegetables, meat/ poultry/fish/ dried beans, dairy products, and grains and a limited amount of saturated fats. As always, consult your doctor or nutritionist.

Keep active. Your body needs exercise, but you don't necessarily have to buy special equipment or join a fitness center. Walking, riding a bicycle, jogging, swimming, or even mowing the lawn are all forms of exercise.

Maintain a healthy weight. Being overweight can cause serious health problems. The key to maintaining a healthy weight is to balance the number of calories consumed each day with the number burned in daily activities. Choosing healthy foods and exercising more can help with weight loss.

Don't smoke. Smoking is a serious health risk. Quitting may be difficult, but there are medicines that can help. Counseling, talking

with your doctor, and asking family, friends, and coworkers for support can help, too.

Limit your use of alcohol. Overuse can cause health and personal problems.

Screening for Problems

Early detection screening tests can help save lives because diseases are generally easier to treat in the early stages. Age, sex and other factors will help determine which tests a doctor may recommend.

Some of the more common tests are:

- Blood pressure
- Cholesterol
- Diabetes
- Colorectal cancer
- Prostate cancer
- Mammogram
- Pap test
- Osteoporosis

Preventive Measures

Certain diseases, including influenza, tetanus, pneumonia and Hepatitis B can be prevented through immunization. Keeping immunizations up to date will help provide protection against these illnesses.

Long-term drug therapies may be used to prevent or control certain health conditions. All medications should be taken exactly as prescribed by your physician.

The odds of coming down with poor health issues increase with age. You can increase your odds of an enjoyable retirement by staying healthy in your younger years, insuring yourself adequately and doing a little financial planning. A little prevention and planning go a long way in retirement.

CBLife is The Club's new partner for four areas – life insurance, critical illness insurance, retirement income and accident medical expense insurance. Currently the Club offers three CBLife products: the Security Builder Plan, the Timber Ridge Critical Illness Plan, and Accident Medical Expense Plan.

Ask your Club Counselor for details, or call (888) 443-8829.

DWP

So Long, Lupe

Lupe Reyna
retires after 30
years of City
service.



A retirement party was held July 29 for Guadalupe Reyna, Sr. Meter Reader. The event for Lupe was held at the DWP's Harbor field office.

Congratulations on your career, Lupe! Enjoy your much-deserved retirement.

The Club thanks Lawrence Lopez, Andwele Williams, Maria Patricia Villanueva and Sharon Carter for their assistance.



From left: Luis and Lupe Reyna, Retiree, with daughter, Jenny.



Sharon Carter, Sr. Commercial Field Rep, 28 years of City service.



Luis Terrazas, DWP, Utility Services Manager, 34 years of City service.



From left: Iris Lopez; Lupe Reyna, Retiree; and Ben Lopez, friend and pastor.



From left: Pati Moser, DWP, Retired, 35 years of City service, with Lupe Reyna, Retiree.



From left: Lupe Reyna, Retiree, with Grant Lewis, Supervisor, DWP.



Jeff Thompson, Security Officer, 22 years of City service.



Frank Ramirez, CSR, DWP, 30 years of City service, with Lupe Reyna, Retiree.



Left, from left: Lawrence Lopez, Supervisor, DWP, 29 years of City service, with Lupe Reyna, Retiree.



Frank Ramirez, CSR, DWP, 30 years of City service, with Lupe Reyna, Retiree.



The Club...on Instagram!

You can now follow the Club on Instagram!

Along with our presence on Facebook, Twitter and email, the Club is sharing its fun photos on Instagram.

Here's how to follow us there:

ON YOUR MOBILE DEVICE
open the app, and search for:
cityemployeesclub

ON YOUR PC
[www.instagram.com/
cityemployeesclub](http://www.instagram.com/cityemployeesclub)



City Employees Club of Los Angeles



Life's Important Moments

Share your moments!

Did you get married? Have a baby? Get a promotion? We want to hear from you. Share your news with the world! Send all notices and high resolution photos with the appropriate information to talkback@cityemployeesclub.com or send paper notices and print photos to: **Alive!, 120 West 2nd Street, Los Angeles, CA 90012**



New Members

Welcome New Members!

The Club gives a great big welcome to these new members, who recently joined the Club:

Airports

Tarek Azmy
Sarah Cash
Francisco Dominguez
Gregorio Gomez
Christopher Hand
Pietro Joch
Enrique Labansat
Milan Malone-Cooper
Tremayne Noles
Edgar Rangel-Canseco

Animal Services

Ayanna Campbell
Kenneth Crowder
Mark Sherrod

Building and Safety

Matthew Nuckolls
David Salcedo
Brian Sullivan
Christopher Wilson

City Attorney

Patricia Martin Del Campo
Elizabeth Serrano
Michele Valle

City Clerk

Isabel Onate

City Council

Magali Flores
Carlos Rivera

Finance

Bobby Gordon
Emiliano Hernandez
Natalie Yousefpour

LAFD

Kristie Butanda
Matthew Eddy
Martin Guerrero
Jeffrey Shamburger
Bennie Williams

Fire and Police Pensions

Lorraine Chan

General Services

Danilo Anig
Jose Arteaga
Nicholas Dasaro

Cynthia Davis
Roberto Endoma
Samuel Quillizapa
Wayne Ramos
Yaneth Rubio
Ariel Salvador
Jose Saucedo
Donald Terneus

Harbor

Eddie Blancarte
John Brown
Santos Chicas
Anthony Garry
Woody Hightower
Denise Martinez
Christopher Noble
Miguel Ortega
Jessica Ortiz
Rebecca Sanchez
Paul Starustka
Jamie Vasquez
Ruben Villarruel

Housing

Conny Griffith
Kevin Pham

ITA

Mary Sharon Alba
Ed Santacruz

Library

Edward Alvarez
Liseth Hagstrom
Stephanie Sutton
DeWayne Taylor
Mildred Torres

Planning

Brittany Arceneaux

LAPD

Michael Amado
Shawn Anderson
Todd Baldwin
Ixmar Barrera
Vida Belete
Leonel Bermudez
Jennifer Bernadino
Robyn Bullard
Daisuke Bunden
Kevin Campbell
Steven Chavez
Alan Cieto

Terrence Collins
Joel Davenport
Raymond Diaz
Myron Drum
The Dunog
Ricardo Esqueda
Cory Ferguson
Peter Garcia
Alfredo Garcia
Estella Guevara
Antonio Gutierrez
Justine Gvartzman
Tyler Hadden
Keith Hauffen
Paul Hernandez
Adiel Herrera
Joseph Kieft
Chang Kim
Fredy Lazo
Melisa Lisenby
Helen Lopez
Monica Lopez
Debra Malinowski
Robert Martin
Kari McNamee
Antonio Mcneely
Danetta Menifee
Barba Ann Montesquien
Kenneth Morales
Alfredo Morales
Ernest Munoz
Eduardo Ojeda
Erick Ortiz
Jordan Patton
Samuel Perez
Jennifer Poepke
Javier Ramos
Robert Reynolds
Daniel Rizzo
Charles Rodriguez
Gilberto Salcedo
Lupita Sanchez
Leonel Santizo
Kathryn Shadwick
John Shin
Stephen Showler
Rene Silva
Erik Solter
Thaddeus Stewart
Elizabeth Ugarte
Kimberly Urias
Jorge Valenzuela
Peter Victorino
Evelyn Viveros-Mueller
Daniel Webb

Jeremy Wheeler
Jeffery Yabana
Mayda Zavala

Engineering

Andrew Lelea

Sanitation

Raymond Aguirre
Anthony Campbell
Mark Dickerson
Michael Garcia
Benjamin Howells
Chae Jackson
Michael King
Joe Makovics
Ernie Rocha
Gladys Simmons
Jason Smalley
Starlene Wallace

Street Lighting

Jesus Espinoza
Daniel Franco
Kurt Snell

Street Services

David Campos
Israel Figueroa Alarcon
Jimmy Mejia
Octavio Palacios
Javier Pineda
John Purcell
Vincent Ramirez
Roberto Tan
Damion Timmons Sr
Victor Velazquez
Cesiley Watson

Rec and Parks

Claudia Batress-Flores
David Black
Alana Dumas
Lyman Edwards
Susan Goldman
Tramell Hassen
Michael Herrera II
Marta Molina

Gerardo Morataya Gomez
Zoila Rosales
Ana Segura
Henry Valdez
Paul Warner

Transportation

Kwesi Angus
Marco Arroyo
Thomas Brown
Tanya Brownlee
Daniel Camargo
Brian Connell
Teresa Eidenbock
Alfredo Montenegro
Jordan Need
Gary Olson
Ryen Prudhomme
Jeffrey Ruiz
Armond Sarkesian
Sandip Soni
Dorothy Tate
Tanner Tidoni
Felix Valde Jr.
Julian Zuniga

Zoo

Brandon Boren

DWP

Alexandra Castillo
Korena Collins
Francis Diaz
Grace Elarmo
Kareena Fray
Luis Garcia
Charles Jackson Jr.
Aaron Johnson
Owen Knapper
Kristi-Ann Lopez
William Ortega
Arturo Ramirez
Benny Rebuyaco
Christopher Roberts
Branden Robinson
Miguel Sanchez
David Schroeder
Jessica Sediles
Terri Taylor-Davenport

Fernando Vejar
Robert Villanueva

Other

Luis Amoureux
Francisco Avina
Carlos Cantoran
Cecilia Contreras
Jeremy David
Ryan Davis
Steve Demma
Cody Demma
Carole Donstead
Ranna El Naga
Joseph Flores
Ramon Gamez
Irene Garcia
Rafael Garcia
Nathan Hall
Bryce Hammill
Sandip Soni
Javier Hernandez
Travis Iskiyan
Scott Johnson
Brian Kilbane
Stephan Laforett
Rick Lawrence
Christian Lerma
Kevin Liu
Natalia Lozano
Scott Macintosh
Michael Margin
Kelly Martin
Andres Martinez Jr
Joseph Meyers
Roy Morales
Steven Muro
Ernesto Olivar
Christopher Page
Cary Pollard
Joseph Ramirez
Alicia Reese
Charles Rhinelander Jr.
Brianna Rojas
Adrian Rositas
Michael Tracy
Daniel Watson
David White
Carrie Wilson
Gerardo Zaldivar-Diaz

In Memoriam

Our thoughts and condolences are with the family and friends of the following current and retired City employees who have passed away. The number after the name indicates years of service.

DEPARTMENT	YEARS OF SERVICE	DEPARTMENT	YEARS OF SERVICE	DEPARTMENT	YEARS OF SERVICE
Active					
Pride, Derrick	Gen. Services 20	Coon, Calvin	Public Works 25	Mullen, James	LAFD 10
Takemoto, David	Airports 29	Davenport, William	Harbor 23	Nagano, Julia	Harbor 39
Retired		De Leon, Antonio	LAFD 33	Paneno, Frank	Rec and Parks 33
Agra, Andy	DWP 31	Donstead, John	Airports 20	Parks, Arthur	Public Works 24
Alton, Rodney	Aging 7	Fabros, Zenaida	DWP 11	Patterson, Karen	Transportation 18
Armijo, Richard	Gen. Services 35	Foster, Walter	Harbor 21	Pettijohn, Roy	Airports 20
Ballister, Raymond	DWP 29	Ganner, Helen	Transportation 16	Porche-Shaw, Diane	DWP 20
Beard, Ambrose	Rec and Parks 26	Garcia, John	Transportation 28	Reponde, Robert	Public Works 27
Bernot, Anthony	DWP 26	Gibbs, James	Community Dev. 21	Ramos, Apolinar	Rec and Parks 26
Billingsley, Herbert	DWP 31	Glenn, Cliff	Animal Services 26	Rich, Lyman	Harbor 18
Boynton, Michael	Convention Ctr 27	Gollo, Yves	DWP 27	Samuels, Ronald	Personnel 36
Brann, Louis	Personnel 20	Gomez, David	DWP 25	Shinsato, Helen	Rec and Parks 36
Brewington, Sylvia	Gen. Services 30	Hendy, Neville	Public Works 25	Shy, Curtis	DWP 27
Brooks, Robert	Airports 12	Hoff, James	Transportation 31	Slattery, Charles	DWP 30
Brown, Edward Sr.	DWP 41	King, Edward	DWP 21	Stringer, Sigmund	Public Works 27
Budisalovich, Mary	Rec and Parks 38	Kitano, Roy	Rec and Parks 21	Theus, Flucha	LAPD 32
Carney, Robert	LAPD 25	Kreutzinger, Ralph	DWP 34	Townsend, Cora	Transportation 11
Carpenter, Robert	DWP 36	Lim, Jack	DWP 22	Tugonon, Zona Lisa	Housing 33
Childress, Theodore	Airports 31	MacNeil, Lois	City Council 24	Vazquez, Ronald	DWP 12
Chupina, Vitalino	Airports 8	Matheson, Donald	DWP 30	Wildy, Donald	Transportation 30
Coleman, Elmer	Public Works 29	McGeath, Kenneth	DWP 30	Winston, Gleno	Rec and Parks 38
		Michael, Marjorie	DWP 35	Yamamoto, Frances	CAO 18
		Miller, Berne	DWP 34	Zitko, Francis	Harbor 21
		Minter, Betty	Public Works 33		

It's Time to Tell Their Story

Every month, *Alive!* publishes the names of those current or retired City Employees who have died. But who were they? Did you know them? If you worked with any of these people, knew a story or two about them or were related to them, consider writing to *Alive!* and letting us know. *Tell their story!*

- Write a few sentences or paragraphs
- Send in a photo, if you have one
- Let us know your name and connection to the deceased
- Send your memories to: talkback@cityemployeesclub.com
Subject line: *Tell Their Story*



Graduations

Shahrazad Ahrar graduated from Cal State Long Beach with a Master's degree in fine arts and graphic design. Her plan is to become an animator. She's the wife of **Ali Hemmatabadi, Public Works.**



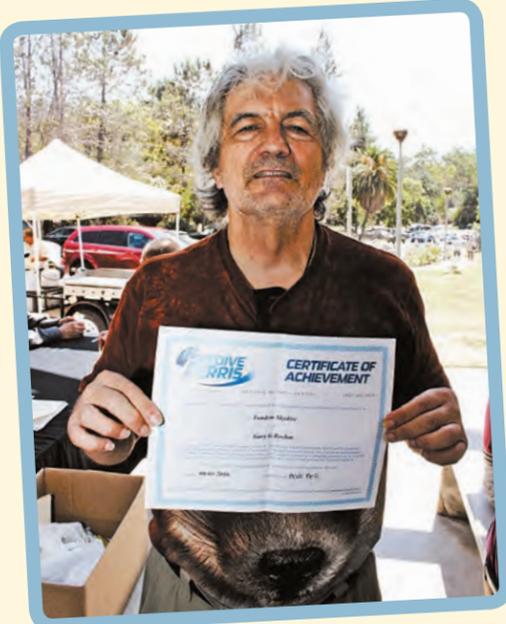
Cameron Michelle Grant graduated from the University of San Francisco with a Bachelor of science degree in nursing, in the school of Nursing and Health Professions. Cameron is studying to take the National Council Licensure Examination for Registered Nurses (NCLEX-RN). She's the daughter of **Det. III Carmen Johnson, Retired, LAPD.**



Devon Garcia graduated from eighth grade at the Santa Rosa PUC Charter Academy in Eagle Rock. His future plans include graduating from high school and attending USC. He's the son of **Rosalinda and Juan Garcia, Rec and Parks.**



Special Achievement



First Jump!

Congratulations go to **Gary Boehm, Retired, LAPD**, who made his first parachute drop! He jumped over Perris Valley and received a certificate of completion.

Well done, Gary! The Club admires your courage and adventurous spirit.

Share Your Life's Moments



Everyone reads *Life's Most Important Moments in Alive!* Share your news... and send in a photo! Have you gotten married? Had a baby? Graduated? Is a family member in the military? Send in a photo and a paragraph, telling us the details. We love to share your good news.

Send digital photos to:
(as high a resolution as you can send)
talkback@cityemployeesclub.com

OR send paper photos to:

Life's Moments – *Alive!*
City Employees Club of Los Angeles
120 West 2nd Street
Los Angeles, CA 90012

Please don't send the only one you have!



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Gas Card**
For Club Members
if they purchase
by Sept. 30

When it comes to their auto Insurance, United Agencies has been serving hundreds of Club Members for years. We provide a high level of personal service, with some of the lowest rates in California. Come experience the difference in service you get when you say, "I'm with the Club!"

Take a look at how **United Agencies** stacks up against the competition!

	COMPANY	(91105 Zip Code)
California Automobile Insurance Premium Survey	Farmers	\$1,482
	State Farm	\$1,339
	Allstate	\$1,329
	Geico	\$1,311
	Auto Club	\$929
	United Agencies	\$876

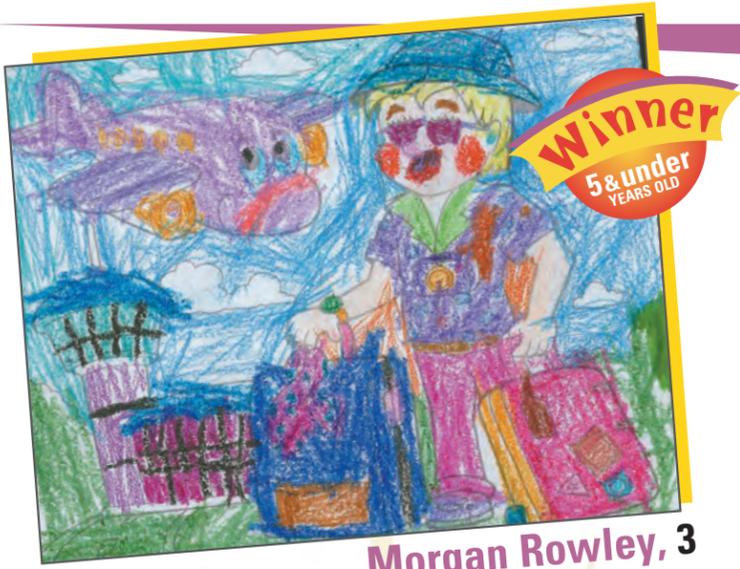
These insurance products are brought to you by the Club's Partner, United Agencies, Inc. CA Lic. # 0252636. United Agencies represents Mercury Insurance Group, as well as Chubb Insurance, Hartford, Fireman's Fund, Progressive, Civil Service Employees Insurance, Allied, Safeco, Travelers, Unigard and Encompass.

The *Alive!* Children's Coloring Contest

Coloring with Mariana!



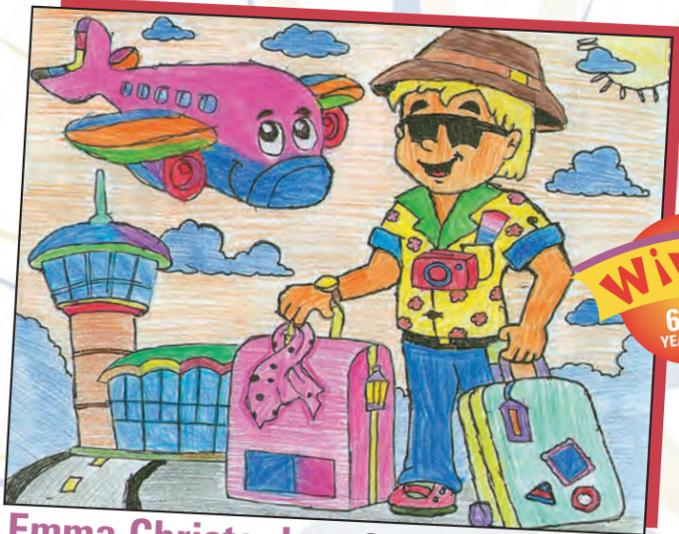
Compiled by Mariana Guevara, Club Store Manager



Winner
5 & under
YEARS OLD

Morgan Rowley, 3

BIRTHDAY: August 9 • FAVORITE TV SHOW: "Shimmer & Shine"
FAVORITE SNACK: Fruit Snacks • BEST FRIEND: Carolynne
WHY DO YOU WANT TO GO TO KNOTTS? Because I like it!
PARENT: Jaren Rowley, Journeyman Lineman, LADWP



Winner
6 to 7
YEARS OLD

Emma Christopher, 6

BIRTHDAY: June 20 • FAVORITE TV SHOW: "Bugs Bunny"
FAVORITE SNACK: Pirate's Booty • BEST FRIEND: Mariela
WHY DO YOU WANT TO GO TO KNOTTS? To meet Snoopy.
PARENT: James Christopher, ECH, DWP.



Winner
8 to 10
YEARS OLD

Rossalyn Glenchur, 9

BIRTHDAY: December 22 • FAVORITE TV SHOW: "Wild Kratts, Octonauts, Aristocats"
FAVORITE SNACK: Choco Pies • BEST FRIEND: Sophia
WHY DO YOU WANT TO GO TO KNOTTS? Because it has rides.
PARENT: Mark Glenchur, FF/PM, LAFD



Winner
11 to 13
YEARS OLD

Celina Mendoza, 12

BIRTHDAY: April 22 • FAVORITE TV SHOW: "Stranger Things"
FAVORITE SNACK: Fruit Snacks • BEST FRIEND: Serenity
WHY DO YOU WANT TO GO TO KNOTTS? I have never been to Knotts and I would love to go.
PARENT: Gerardo Mendoza, Tree Surgeon Assistan, Rec & Parks.

Look for our next contest in the October edition of *Alive!*

Congratulations to the WINNERS!
of our Club Coloring Contest!

Everyone who turned in a design is a winner in our opinion! But our top four participants win **4 Free Tickets to Knott's Berry Farm**

Honorable Mention

CHILD	AGE	PARENT/GUARDIAN	DEPT.
Janelle Parra	2	Armando Parra	DWP
Desiree Garcia	3	David Rojas	Retiree
Ryan Marshall	3	Lendell Walker	Retiree
Julian Carreon	4	Guillermo Carreon	General Services
Leila Hernandez	4	Manuel Hernandez	Bldg. and Safety
Max Zamora	4	Sandra Zamora	LAPD
Abigail Cadby	4	Ed Wold	DWP
Adrian Garcia	5	David Rojas	Retiree
Jake Hernandez	5	Alan Hernandez	Airports
Milo Parish	5	Ed Wold	DWP
Kaitlyn Silva	5	Alan Silva	DWP
Lorenzo Alvarado	6	Jasmine Alvarado	Housing
Sophia Aubin	6	Michael Aubin	DWP
Jacoby McKinney	6	Lee Tarver	Retiree
Golda McPherson	6	Rachel McPherson	Harbor
Natalia Romero	6	Eloy Mendoza	Retiree
Noah Rosas	6	Jose Rosas	DWP
Saylor Rowley	6	Jaren Rowley	DWP
Matthew Trinidad	6	Wilfredo Trinidad	DWP
Isabelle Alejandre	7	Luis Alejandre	Airports
Jackson Cadby	7	Ed Wold	DWP
Kian Dormani	7	Farhad Dormani	DWP
Isaiah Garcia	7	David Rojas	Retiree
Malia Murga	7	Vicky Chan	Retiree
Emerson Parish	7	Ed Wold	DWP
Emily Simmons	7	Douglas Donovan	Public Works
Lino Trujillo	7	Lino Trujillo	DWP
Blake Watrin	7	Michael Watrin	Public Works
Leyla Yoshida	7	Eric Yoshida	DWP
Ethan Alvarado	8	Jasmine Alvarado	DWP
Anna Bowers	8	Terree Bowers	City Attorney
Alison Hernandez	8	Richard Hernandez	LAFD
Belle Hernandez	8	Mark Hernandez	DWP
Sierra Hernandez	8	Manuel Hernandez	Bldg. and Safety
Mariah Lopez	8	Johnny Williams	Public Works
Derick Silva	8	Alan Silva	Public Works
Khamani Gardner	9	Lendell Walker	Retiree
Alliyah Gonzalez	9	Ruben Gonzalez	Retiree
Kayla Hargrove	9	Ean Hargrove	DWP
Amy Lindsey	9	Rita Lindsey	Public Works
MaryJane Manalo	9	Puri Manalo	Retiree
Gianna Moutes	9	Tom Moutes	LACERS
Leah Ramirez	9	Josue Ramirez	DWP
Mark Ricks	9	Elva Bufford	Retiree
Aileen Sanchez	9	Vicente Hernandez	Rec and Parks
Jessica Vega	9	Glenn Vega	Public Works
Lilyana Zamora	9	Sandra Zamora	LAPD
Anthony Amie	10	Lawrence Amie	Public Works
Caleb Cessna	10	John Cessna	Animal Services
Kiarra-Tatsu Hackett	10	Robin O'Dell	Retiree
Sydney Hernandez	10	Eduardo Hernandez	Rec and Parks
Jennyfer Hernandez	10	Jose DeAnda	LAPD
Dorianne Hobson	10	Joanne Hobson	Animal Services
Jaelynn Parish	10	Ed Wold	DWP
Giovanna Pemble	10	Gail Staugaard	Retiree
Irish Velasquez	10	Robert Contreras	Retiree
Sofia Yslas	10	Alfredo Yslas	DWP
Cheyenne Garcia	11	Gilbert Garcia	DWP
Amanda Lucero	11	Christopher Lucero	DWP
Jonathan Newman	11	Nathaniel Newman	Animal Services
Arianna Roberts	11	Saturo Tanaka	Retiree
Nina Rojas	11	Daniel Moore	Airports
Victor Tario	11	Jenipher Quintanilla	Airports
Nadia Gallarzo	12	Georgina Tamayo	Housing
Shawn Jackson Jr	12	Phyllis Massey	Retiree
Daniel-Rey Pantoja	12	Daniel Pantoja	Animal Services
Angelina Amie	13	Lawrence Amie	Public Works
Victoria Barrett	13	Steven Barrett	Rec and Parks
Claudia DeLoera	13	Jorge DeLoera	Rec and Parks
Celeste Fisher	13	Greg Fisher	Rec and Parks
Reyna Johnson	13	Rhonda Baychue	LAPD
Brandon Roberts	13	Saturo Tanaka	Retiree
Jazmyne Rojas	13	David Rojas	Retiree

BY ROBERT LARIOS,
Chief Operating Officer
rlarios@cityemployeesclub.com

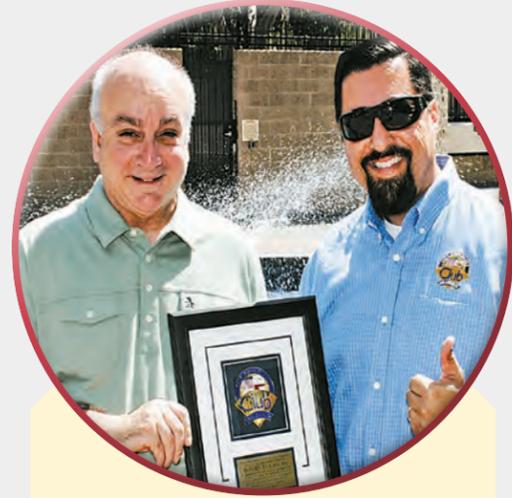
Larios in the City



Elena Tharavej, Airports,
Retired after 24 years
of City service.

**Robert Larios,
the Club's Chief
Operating Officer,
honors these
retirees with
the coveted Club
Retirement Plaque.**

Congratulations!



David Tulanian, Library,
Retired after 30 years of
City service.



Guadalupe T. Reyna,
DWP, Retired after 30
years of City service.



Jeannette Diaz, LAPD,
Retired after 27 years of
City service.



Benjamin Jimenez,
DWP, Retired after 36
years of City service.

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Mention Discount Code: **FAN 5020854**

*Eligible service required on both devices

FREE Samsung Gear S2 Offer: Limited Time Offer. (Ends 07/21/2016 in Puerto Rico). Smartphone: Must buy any Samsung Galaxy smartphone on AT&T Next agmt w/ qual. monthly wireless svc plan (voice & data). AT&T Next: Reqs elig. installment agmt & svc. If svc is cancelled, remaining installment agmt balance is due. Down payment may be reqd. Tax due at sale. See att.com/next for details. Watch: Reqs new 2-yr wireless agmt w/ qual. svc (add'l to select existing plans for \$10/mo, or min. \$30/mo, on a new eligible plan). Reqs Samsung acct, pairing w/ compatible smartphone (sold separately) w/ 1.4 GB RAM & Android 4.4+, and Samsung Gear app for activation updates, app downloads & to route calls, text messages and 3rd party app notifications from smartphone to Gear S2. Restr's apply. For best results, connect with compatible Samsung Galaxy devices. For a list of compatible smartphones, please visit samsung.com/gearS2. **Early Termination Fee (att.com/equipmentETF):** After 14 days, up to \$150 on Watch. **Return/Restocking:** If return smartphone w/in 14 days w/o watch, will owe \$199.99 discount. Restocking fee up to \$35 each applies. **Limits:** Purch. limits apply. Bundle pricing may not be combinable w/ credits, discounts & offers. **GEN. WIRELESS SVC:** Subj. to Wireless Customer Agmt (att.com/wca). Svcs not for resale. Deposit may be reqd. Credit approval, activ./upgrade (up to \$65 each), other fees, monthly, overage, other charges, usage, other restr's per line apply. **Pricing & terms subject to change & may be modified or terminated at any time without notice.** Coverage & svc not avail. everywhere. You get an off-net (roaming) usage allowance for each svc. If you exceed the allowance, your svcs) may be restricted or terminated. Other restr's apply & may result in svc termination. **Svc Discounts:** Avail. to qual. employees & other auth. indivs. assoc. w/ elig. companies w/ a qual. agmt ("Business Agmt"). Must provide valid employee badge/paysstub or other approved proof of eligibility & subscribe to svc under an indiv. Responsibility User account for which the qual. indiv. is personally liable. Discount subj. to wireless svc agmt between sponsoring organization and AT&T ("Business Agmt") & may be interrupted, changed or discontinued w/out notice. Discount may vary monthly. Applies only to recurring mc. svc charge of qual. voice & data plans (unless off-erwise provided in Business Agmt), not overages. Min. mo. svc charge, add'l AT&T svcs, or other elig. req's may apply. Not avail. w/ unlim. voice plans. For Family Talk, applies only to primary line. For all Mobile Share plans, applies only to mo. plan charge of plans with 1GB or more, not to add'l mo. device access charges. Add'l restr's apply. May take up to 2 bill cycles after elig. confirmed & will not apply to prior charges. Applied after application of any avail. credit. May not be combined w/ other svc discounts. Contact your sponsoring organization or us at att.com/find-a-store w/ questions. © 2016 AT&T Intellectual Property. All rights reserved. AT&T and the Globe logo are registered trademarks of AT&T Intellectual Property. All other marks are the property of their respective owners.

Public Works

Story and photos by Jeanette Gadut, Club Counselor



West LA Yard Says Hello

Sanitation yard participates in department's series of summer open houses.

The West Los Angeles Sanitation Yard held its popular annual open house on June 25. The event was part of Sanitation's series of annual open houses to the public. Its main purpose is to provide outreach and educate the community about their operations. Employees and volunteers pulled off another successful event. Music, free food and refreshments were provided to participants. Refuse collection trucks were strewn across the grounds for people to receive information

on its functions while children were allowed to ride and operate them. Several booths provided information on recycling and composting. Participants also had the option of receiving a tour of the repair shops. Los Angeles residents received free trees as well.

The West L.A.'s open house event was a fun-filled day of education, learning, hands-on demonstrations and free giveaways. It was an event enjoyed by all ages.



Mr. Humprey, RCTO, 29 years of City service, Club Member.



From left: Lloyd Gaines, Manager II, South Division, 26 years of City service, Club Member; and Gabriel Mirando, West L.A. Supervisor, 15 years.



Raymond Padilla, RCTO, 7 months of City service, with his wife, Lindsay, and child.



From left: Joseph Norwood, RCTO, 30 years of City service, Club Member; Harvetta; and Willie Hunt, RCTO, 32 years, Club Member.



Nicolas Farias, RCTO, 1 year of City service.



Rhonda Wright, RCTO, 11 years of City service, Club Member.



Tom Rimer, Shop Supervisor, 27 years of City service, with neighbors.



Bryan Johnson, RCTO, 28 years of City service, Club Member.



Melford Oshon, RCTO, 34 years of City service, Club Member.



From left: Erik Avila, Project Asst., 1 year of City service; Ron Cole, Superintendent, 27 years; and Andre Goodridge, Project Asst. Wastewater Div., 2 years.



Michelle Mikesell, Multi-family Residential Recycling Program Manager, 11 years of City service, Club Member.



From left: David Pinkney, RCTO, 28 years of City service, with neighbor, David.



Rafael Ramos, RCTO, 16 years of City service, Club Member.



Victor Fregoso, RCTO, 10 years of City service, Club Member.



Bernadette Halverson, Environmental Engineer, 17 years of City service.



Orlando Maldonado, RCTO, 11 years of City service, Club Member.



DJ Sweat, Heavy Duty Truck Operator, 32 years of City service, Club Member.



LaFrazia Knighten, RCTO II, 8 years of City service, Club Member, with his wife, Alicia, and their family – Charles, Jordan, Joshua, Elijah and Kasahn.



James Adams, RCTO, 32 years of City service, Club Member.



Mauricio Martinez, RCTO, 12 years of City service.



From left: Burton Smith, Safety Crew Training Instructor, 17 years of City service, Club Member; and Ron Lee, Superintendent, 29 years, Club Member.



Raymond Lucas, RCTO, 35 years of City service, Club Member.



Cooking with the Club

with Chef Robert Larios



SALMON OVER PLANK

There is nothing like cooking fish over a cedar plank on a grill. The flavors are better and more intense, which makes anyone want more of it. The plank also helps to keep the fish intact and not fall apart like most do when just cooking over the grill alone. I prepared a marinade, but you might just rub mustard and brown sugar onto the fish prior to cooking. I also suggest getting wild salmon since the flavors are stronger than with farm-raised salmon, and of course there are health advantages, too.

Salmon Over Plank

Serves 4 to 6

INGREDIENTS:

- 1 (3 pounds) wild salmon
- 5 tablespoons extra virgin olive oil
- 2 teaspoons sea salt
- 1 teaspoon freshly ground pepper
- Juice of one lemon with wedges included
- 5 cloves minced garlic
- 2 tablespoons fresh dill
- 2 shallots, sliced
- 1 untreated cedar plank, soaked in salted water for up to 24 hours prior to placing on grill.

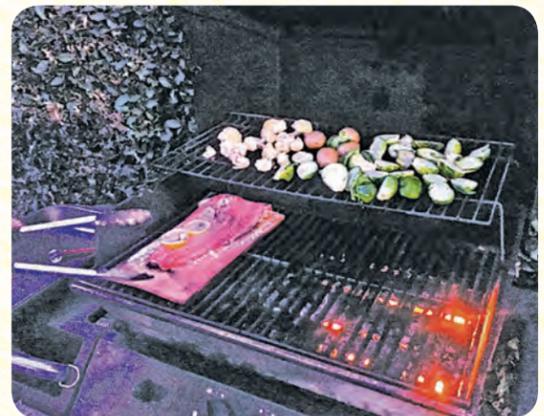


Try to soak the cedar plank in water for more than one hour but never less.

DIRECTIONS:



1 Into a Ziploc (or similar) bag, place your cut of salmon, olive oil, sea salt, pepper, lemon juice and wedges, garlic, dill and shallots and seal, letting ingredients marinate the salmon in the refrigerator for two to three hours.



2 Remove salmon from Ziploc bag and place onto soaked cedar plank, then place onto hot barbecue grill. It is a good idea to keep the area of the grill at a lower temperature while raising the temperature on the other side to reduce burning the cedar plank. You may roast side dishes including potatoes or Brussels sprouts while the salmon cooks.



3 Cooking time may vary, but always keep an eye on the cedar plank so that it does not begin to ignite. The salmon is cooked through once its internal temperature has reached 130 degrees in its thickest area. Cooking time may vary, but it should cook about 20 to 40 minutes.

[A Cook's Dictionary]



Salmon:

Salmon was an important food to many early American Indians whose superstitions prevented certain tribe members from handling or eating the fish lest they anger its spirit and cause it to leave their waters forever. Salmon are anadromous, meaning that they migrate from their saltwater habitat to spawn in fresh water. Over the years, some salmon have become landlocked in freshwater lakes. In general, the flesh of those salmon is less flavorful than that of their sea-running relatives.

© Barron's Educational Services, Inc. 2009 based on *The Food Lover's Companion*, deluxe edition, by Sharon Tyler Herbst and Ron Herbst.

Food Fact

"As for butter versus margarine, I trust cows more than chemists."

— Joan Gussow



4 Serve and enjoy!

Harbor

Story and photos by Jeanette Gadut, Club Counselor



THANK YOU • THANK YOU • THANK YOU

Robles Retires

Albert Robles retires after 26 years of City service.



Ken Reeser, Construction and Maintenance Supervisor, 20 years of City service, presents Al with a lighthouse plaque.

On July 21, the Port's Construction and Maintenance Division celebrated the retirement of Al Robles, Lead Carpenter, Club Member. More than 100 friends and family members of Al gathered to honor his 26 years of City service. The luncheon was hosted by the Director of Construction and Maintenance, Joe Maldonado. Memories were shared as well as some fun facts about Al. His career with the Construction

and Maintenance Division began in 1990, eventually culminating as Lead Carpenter. His hard work, tenacity and ability to inspire others were some of his traits described by friends and colleagues during his celebration. His most notable work can be seen at the Port Pantry and at the Harbor Administration Building lobby.

Al's retirement plans include golf, poker, completing his honey-do list provided by his wife, Carmen, and driving her to work as well.

The retirement luncheon was a fun-filled event. Al, thank you for your 26 years of City service. Enjoy your retirement!



From left: Adrian Jimenez, MNC Helper, 10 years of City service, Club Member; and Keith Shibata, AC Mechanic, 1 year. Right side: Ricardo Concepcion, AC Mechanic, 16 years, Club Member; Shaun Keen, Sheet Metal Worker, 8 years; Tony Carrillo, AC Mechanic, 8 years, Club Member; and Rene Fregoso, AC Mechanic, 12 years, Club Member.



From left: Marco Santa Cruz, Roofer, 8 years of City service, Club Member; Bret Bozarth, Roofer, 2 months; and Felix Santa Cruz, Roofer, 14 years, Club Member. Right: Les Brand, Roofer, 10 years, Club Member.



Al Robles and his gag gift.



Al Robles, 26 years of City service, Retiree, Club Member with his wife, Carmen, and mother-in-law, Theresa Marron.



From left: Jose Gallardo, Carpenter, 12 years of City service; Larry Freeman, Sr. Carpenter, 17 years, Club Member; and Tracy Boehm, Gardener, 8 years.



From left: Steve Baques, M&C Helper, 10 years of City service; Carlos Castillo, Carpenter, 8 years, Club Member; Carlos Ramos, Carpenter, 1 year; and Dennis Sanches, Carpenter, 2 years. Right: Jose Gallardo, Carpenter, 12 years; Enoch Samuel, Sr. Carpenter, 19 years, Club Member; Willie Brown, Carpenter, 16 years, Club Member; Cecil Verdugo, Carpenter, 26 years, Club Member; and Jesse Alvarado, Carpenter, 2 years.



From left: Natalie Valenzuela, Construction and Maintenance Secretary, 15 years of City service, Club Member; and Danny Hughes, Acting Construction and Maintenance Supervisor, 18 years, Club Member.



From left: Mario Magana, Welder, 11 years of City Service, Club Member; and Christopher Patrizio, Machinist Supervisor, 8 years. Right: Daniel Lolocono, Ship Carpenter, 2 months; William Rose, Sr. Heavy Duty Equipment Mechanic, 8 years, Club Member; John Radovich, Ship Carpenter, 16 years, Club Member; and Steve Mangold, Mechanic Repair General Supervisor, 23 years, Club Member.



From left: Guy Fluegal, M&C Helper, 6 years of City service, Club Member; Gene Boudreau, Heavy Equipment Mechanic, 16 years; John Brown, Heavy Equipment Mechanic, 5 months, Club Member; and Daniel Lolocono, Ship Carpenter, 2 months; Right: John Albinger, Machinist, 3 years; Todd McEhaney, Paint Shop Supervisor, 28 years; and Robert Barker, Welder, 10 years, Club Member.



Tim Clark, Assistant Director, 8 years of City service, with Al Robles, Retiree.



Friends and coworkers of Al Robles, Retiree.



Joe Maldonado, 36 years of City service, Director of Construction and Maintenance, Club Member.



From left: Chuck Smith, Operations Manager, 38 years of City service; Chris Burt, HVAC Supervisor, 10 years, Club Member; Les Washington, Sr. Roofer Supervisor, 13 years, Club Member; and Marco Santa Cruz, Roofer, 8 years, Club Member. Right: Joy Rendon, Legal Secretary, 31 years, Club Member; and Frank Rendon, Equipment Supervisor, 27 years, Club Member.



Danny Hughes, Acting Construction and Maintenance Supervisor, 18 years of City service, Club Member, presents Al Robles with a card and donation.



Cecil Verdugo, Carpenter, 26 years of City service, Club Member, shares his memories about Al Robles, Retiree.



A very happy crowd.

The entire group celebrates the retirement of Al Robles.



CLASSIFIED ADS

Members Marketplace

New Ads This Month!

For Sale: SUV. Range Rover HSE, 2003. Green. Cream leather int. 180,000 miles. Well-maintained family vehicle. \$7,200 OBO. (424) 477-9694, rayproca@gmail.com 9/16



For Sale: Home, 3 bd/2 bath, 1,308 sq. ft. Chatsworth. Cul-de-sac. New A/C. Secure. Recessed lighting. Remodeled. Nearby shopping, restaurants, schools. Tenant pays utilities. No pets. \$2,500/month. (818) 472-6896. 9/16

For Sale: Home, Big Pine, Calif. 3 br., 1 3/4 bath. Outdoors activities near. Description, photos avail. \$195,000. bigpineproperty@gmail.com 9/16



For Sale: 2015 CAN-AM Turbo side by side. Like new only 20 hours. Good Condition. Really fast and recently serviced. FOX adjustable suspension. Only \$17,500. Can deliver to serious buyer. Additional pic avail on request. Contact John 661 857 1396. 9/16

For Sale: treadmill. Sears Crosswalk. \$200. (818) 893-1805, noon-8 p.m. only. 9/16

Transport

For Sale: Toyota Corolla, 2010, gray. 22,000 miles. In Montebello. \$10,000 OBO. Delia, (208) 262-8031. 7/16



For Sale: Travel trailer, 2008 Forest River, 29 ft., clean, fifth wheel, toy hauler. 4,000 Onan generator, power awning, fuel station, more. \$14,000 OBO. Gilbert, (909) 714-4071. 4/16

For Sale: RV trailer. 2003 Wanderer, fifth wheel, model 367TB. Onan generator, 12-ft. garage, power hitch, fuel station. AM/FM CD stereo, super slide. \$10,000 OBO. Mike, (661) 557-0975, maddad111@yahoo.com 3/16



For Sale: 1980 Cadillac, red, white int., immaculate. New tires, gas tank, fuel pump, stored since 2010. 91,400 miles. \$9,495. (805) 649-1940. 3/16



For Sale: Cadillac Brougham, 1989. Leather interior. Very good shape. 77,000 miles. \$4,000 OBO. (626) 797-8328. 12/15

For Sale: 1984 F-150 - w/camper shell and carpet kit. As is. \$1100 OBO. Call 310-764-4478 9/15



For Sale: 1963 Chevy Corvair, convertible. Good cond., runs great. Light green ext./int., white top. \$9,000 OBO. Alex, (323) 691-0872. 8/15



For Sale: Watercraft, his and hers, '93 Bombardier Seadoo, '91 Waverunner w/trailer. Great condition. Jackie, (626) 383-1708. 7/15



For Sale: 2003 Harley "ROAD KING" Davidson (100th anniversary edition) motorcycle, 5087 miles, stage 1 with detachable windshield, passenger back support, hardbags, battery charger, black and chrome, hardly ridden, always garaged, 1 owner only. \$10,000.00 OBO. Please call 818-366-3273 John or text 818-633-4164. 7/15



For Sale: Motorcycle, 2007 Kawasaki, like new/15 hours ridden, runs great, must see. \$3,000. Robert, (661) 964-7837 bet. 2-7 p.m. 7/15



For Sale: RV trailer/toy-hauler, 2006 Forest River Sierra Sport, 29 foot. Very good cond., new tires, new roof, 4,000 onan generator, low hours. \$15,000 OBO. Call/text John Long, (909) 837-8347. 7/15

2005 Honda Civic Si: Hatchback, manual, 2-door, sun roof, power windows, security system, XLNT running condition, tan color, 68K miles. \$10,500 OBO. Info @ (310) 642-0522. 10/14

1993 Infinity Q: Automatic, 4-door, power windows, XLNT running condition, green color, 125K miles. \$3,000 OBO. Info @ (310) 642-0522. 10/14



1959 Buick Invicta: Fully restored, 4 door asking \$25,000. Located in Tehachapi. For more pictures & info: drewlu24@aol.com 9/14

Pop-Up Trailer Tent: 2005 Rockwood Freedom, in good condition, very clean interior. Everything works well & ready for camping. Sleeps 6-8. 1 propane tank, stove, sink, spare tire, stabilizer jacks, water heater, awning & refrigerator. \$4,200. Yervand @ (818) 355-7704. 8/14

5th Wheel Trailer: 2010 Cougar High Country, excellent condition. Sleeps 4. Slide outs, awnings & full bath. All accessories & new 5th wheel hitch can be towed by 1/2 ton truck, it's ready to go. \$32,000 or TOP. Ken Hawkes @ (310) 505-5733. 8/14

2013 Dodge Challenger: Like new, fully loaded, excellent condition, very low mileage asking \$30K OBO. "PATY" @ (626) 242-4365. 8/14

Cemetery Plots

For Sale: Double cemetery plot. Forest Lawn Hollywood Hills, Section Tenderness, Lot 2127 Space A, B. Valued at \$13,000, asking \$11,000 OBO. Robert, (626) 899-2174. 7/16

For Sale: Cemetery plots. Forest Lawn, Hollywood Hills. Valued at \$13,000. Asking \$10,000 OBO. Robert, (626) 899-2174. 3/16

For Sale: Burial plots, 4 (spaces 1, 2, 3, 4), Forest Lawn Cemetery, Cypress. Lot 1187, Constant Love section. \$4,100 each OBO. Michelle, (310) 648-5506. 2/16

4 Cemetery Plots: Cemetery plots, 4, side by side on the hill at Greenwood Gardens, Rose Hills/Whittier. Approx. value \$18,000, selling \$12,000, or trade cemetery plot for pickup truck of equal value. Cortez, (323) 382-2405. 2/15

Furniture

For Sale: Grand piano. Yamaha C3 Conservatory. Like new. Humidifier. Cover. Concert bench. Internal felt dust cover for soundboard. \$17,000 OBO. Victor Vallejo, (323) 356-7595. 8/16

For Sale: Armoire. 36inchWx-62Hx21D. Wood. 5 deep drawers. Right side hanger could be shelves. \$450. Jeanne, (626) 281-2907. 6/16

For Sale: cabinet. Vintage, blond oak. Great condition. Glass shelves, mirror back, interior light. \$450 OBO. (626) 359-0023 5/16

For Sale: Furniture. Oak. King size bedroom suite; china cabinet; dining room table, six chairs; more. \$2,000 OBO. Vic, newtvic@gmail.com 3/16

For Sale: Bedroom set, 5 piece, cherry wood. Good cond. \$650 OBO. (818) 281-1488. 10/15

For Sale: Crib, cream colored, designer style. Good cond. \$350 OBO. (818) 281-1488. 10/15

For sale: Sofa and chair, great condition, leather/upholstered, "reversible" pillows/cushions. Carved wood, unique design, nail heads. \$600 OBO. Charlene, (661) 916-2970. 5/15

Dining table: w/leaf, 6 chairs, \$300 obo. Jackie, (626) 383-1708. 4/15

Mattress: Beautyrest Black (Alexia) queen size, extra firm, new mattress, \$600 obo. Responsible for own pickup. Dwaing, (323) 754-8382 or drhenry@yahoo.com 4/15

Ping Pong Table: 5 x 9, fold-up & roll-away, \$75. Joe @ (310) 323-4940. 2/15

Baby Crib: Never used, brand new & in great condition. Delta brand, amber model #6925-204, \$130. John @ (562) 755-9462. 2/15

Cocktail/Coffee Table: New, modern glass-top. \$300 (El Segundo). Espresso colored base w/large glass top elevated by grey posts. 43" x 43". Breakdown is easy. Must be able to lift & transport on your own. Javier Gomez @ (310) 529-0543. 12/14

Hutch & Cabinet: Touch light, matching set \$500 OBO, great condition! Valerie @ (951) 315-3920. 11/14

Homes/Rentals/Land

For Rent: House, 3bd/2 baths. Near Manchester/Broadway. Garage, laundry room, handicap access. No Section 8. (323) 971-1042. 8/16

For lease: House, 2 bd/2 bath, near 101/110/2/5 fws. Near Gold Line, downtown, Sunset Blvd., Silver Lake, Chinatown, Dodger Stadium, Echo Park, Elysian Park, Pasadena, Burbank, LAPD Academy, Hotchkiss LAFD Training Center. Downtown views. 1 parking space. 1 yr. lease min. No pets. Application process. Doc./credit check req. \$1,500 month, \$1,500 security dep. (323) 919-1163. 2/16

For Rent: Studio apt. 1052 W 54th St., 90037. Utilities paid. Deposit req. \$750/month. (323) 915-9300. 3/16

For Sale: House, 2 bed/1 bath, remodeled, Bakersfield. Investment property, rented month/month (\$750/month). Large cleared lot, secure. Listed at \$94,000. Sold as-is, seller selects services (title, escrow). tisdaseason2468@outlook.com 11/15

For Vacation Rent: Condo, 2 bd/2 bath, beachfront, Puerto Nayarit, Mexico. Private pool on balcony. April 1-8, 2016. \$1,000. Jessie, (323) 893-6570. 11/15

For Sale: Timeshare. Pacific Monarch/Diamond Resorts. One full week, two bedrooms. Don't buy direct. \$2,000/obo. Elizabeth, (909) 772-4087. 9/15

For Sale: Home/studio apts., three sep. units sold as one package. Bakersfield. Front home: 2 bd., needs work (in progress), flippable. 2nd bedroom rentable. 2 studio apts. in back, rentable. \$110,000 total. Sold as-is; seller selects title/escrow co. Email: tisdaseason2468@outlook.com 8/15

For Sale: Townhouse. Las Vegas/Chinatown, near Strip, behind school, near major streets. Has rental tenant. \$85,000, HOA \$100/month. Sold as-is; seller selects title/escrow co. Do not disturb tenant. Email: tisdaseason2468@outlook.com 8/15

For Rent: Apt., 1 bed, 1 bath. Near First/Alvarado. 1 of 3 units. 1 car garage. Near Mid-Wilshire, Koreatown, Good Samaritan Hospital, Staples Center, Echo Park, Silverlake. App. process/credit check req. No pets. 1 yr. lease minimum. \$1250 a month. (323) 919-1163. 8/15

For Sale: Timeshare, Puerto Vallarta 1+1, 1/2, sleeps 4, beachfront Playa del Sol Costa Sur Resort. Asking \$1,800, extended thru 2030. Jennifer, (818) 517-3675. 8/15

For Rent: Lovely apartment in Los Angeles (5-units). 1 bed / 1 bath, kitchen, living room, dining room, 1-car garage. Upstairs unit. New paint, carpet, windows and fixtures. Very quiet on Don Tomaso Dr. Close to public transportation. Call for more details (310) 365-1868. 8/15

For Sale: Cabin, A frame, San Bernardino mtns., secluded, views. 765 sq. ft.; 1BD/1BA; new cabinets; needs work; 30903 Live Oak Dr., Running Springs. Photos on Realtor.com. \$127,000; Dan Teter: (866) 214-8587. 7/15

For rent: Vacation rental, Big Bear Lake. 3 bd/2 bath house in village. Fully furnished, near the lake. John Long, Call (909) 837-8347. 5/15

For rent: Studio apt. in safe, quiet La Crescenta, Wifi-ready, semi-furnished, double-pane windows, glass-sliding doors opening to vegetable garden, fruit trees, succulents, seating areas, mountain views. Close to Montrose and Trader Joe's, 2 blocks to public transportation. \$1,400 includes utilities. Lita, (818) 795-4074. 4/15

Vacation rental: Condo in beautiful oceanfront resort, Cabo San Lucas. 7-day rental for \$795. 1 bd, 1 bath; completely furnished, full kitchen w/ views of El Arco on Medano Beach. Close to downtown, shopping, restaurants, entertainment. View at clubcascadasdebaia.com. (562) 301-2940. 4/15

For rent: Lovely apartment in Leimert Park (in 4-unit complex). 1 bd/1 bath, kitchen, granite countertops, living rm, dining rm, 1-car garage. New paint, carpet/hardwood and tiled floors, windows and fixtures, Washer/dryer hookup. Close to public transportation. 15 minutes from downtown, USC, beach. (310) 261-2085. 4/15

For Rent: Lovely downstairs apartment, 82nd/Crenshaw, very quiet, close to public transportation. 1BD/1BA w/kitchen, living room, dining room, 1-car garage in Inglewood (4-units). Newly painted, new carpet, fixtures, double glazed windows & new granite kitchen countertop. \$1,200. Info @ (323) 292-9989. 3/15

For Rent: 1BD/1BA apartment in North Inglewood. Mr. Brown @ (323) 296-1547. 3/15

Household Items

For Sale: exercise equipment. Chair Gym, w/ mat, twister, ball, instructions. Open box, never used. \$150. (818) 242-8644. 5/16

For Sale: Exercise equipment. Ab-Doer Twist Ex. Abdominal workout machine. DVD. Exclnt. cond. \$125. (818) 242-8644. 5/16

For Sale: Fitness equipment. Back2Life back relief machine. With a/c. Exclnt. cond. \$75. (818) 242-8644. 5/16

For Sale: Kitchenware. V-Slicer Pro Mandoline by Swissmar/Borner. New. \$25. (213) 792-3130. 3/16

For Sale: Light meter. Gossen Luna Pro SBC. New condition. Manual. \$50. (213) 792-3130. 3/16

For Sale: Electric toothbrush, Oral-B. Professional Care model 7850 DLX. New. \$35. (213) 792-3130. 11/15

For Sale: DVD/CD player/storage, Sony ES DVP, jukebox style, stores up to 150 disks. Categorize/play on demand. Incl. remote, keyboard for input. Door does not close but can be done manually, or may be repaired. John, (626) 757-5341; jgonzlez@hotmail.com 11/15

For Sale: Heater, Lasko ceramic tower. 1,500 watts, w/remote. New. \$39. (213) 792-3130. 11/15

For Sale: Immersion blender, Wolfgang Puck. Black. \$35. (213) 792-3130. 11/15



For Sale: Oven, Kenmore 30-in. wall unit, electric, self-clean, white. Brand new in package. 30 inch/wide x 29 inch/high x 24.5 inch deep. \$600. (562) 301-2940. 10/15



For Sale: TV/entertainment center. Phillips Magnavox 60-inch TV, \$200/obo. All maple entertainment center, 3 piece, glass doors, tall sliding compartment doors, \$800/obo. Martha, (213) 367-4094. 9/15

For Sale: Panini maker. Wolfgang Puck brand. Black/chrome, like new. \$40. (213) 792-3130. 9/15

For Sale: Pots/pans. Wolfgang Puck brand. Stainless steel. 13 pieces, like new. \$50. (213) 792-3130. 9/15

For Sale: VCR, Mitsubishi HS-U520, 4 head Hi-Fi. Remote. Exclnt. cond. \$25. (213) 792-3130. 9/15

For Sale: Printer, color, Lexmark X2470. New in box. \$20. (213) 792-3130. 9/15

For Sale: Exercise machine. Rock'n' Roll Stepper Body Express by Tony Little Designs. New in box. \$65. (213) 792-3130. 9/15

For Sale: Lawn mower, 21 inch rotary, good condition. Plus other gardening items. \$58. Don, (818) 780-7788 (leave message). 8/15



For Sale: Motorized wheelchair, Go Chair, exclnt. cond., new battery. \$800/ OBO. Peggy LeGras, (323) 314-9100. 7/15

For Sale: e-printer, HP Photosmart 7520, brand new in box. \$75 or best offer. James A. Goree, (323) 778-6086. 6/15

Updraft Range Hood: Kenmore Elite 42" w/3-setting halogen lighting in white. Sears price: \$379.99. UNOPENED & still in original packaging. \$350 OBO. Peter @ (818) 353-7074 or (818) 254-7391. 2/15

Miscellaneous

For Sale: Turtles, fresh water, 3, 10 yrs old, w/ large aquarium. \$100 OBO. George, (818) 308-7644 or george.pardo@lacity.org 3/16

For Sale: Board games. Trivial Pursuit. Master Game Genius Edition and Silver Screen Edition. \$15. (213) 792-3130. 3/16

For Sale: Exercise device. Easy Shaper by Tony Little. Exclnt. cond. \$15. (213) 792-3130. 3/16

For Sale: Model railroad track. Kato Unitrack oval set, Atlas power pack, HO scale. \$70. (213) 792-3130. 3/16

For Sale: Genie 3/4 hp chain drive garage door opener. \$30.00 Write to: ajyourpal@juno.com 1/16

For Sale: 2-way radios. Motorola Talkabout T7400. AA or NiMH batteries. Long-range transmissions, weather channels. Ideal for camping/boating safety. And fun! \$55. Mike, (562) 596-1346 12/15

For Sale: Suze Orman's Protection Portfolio, new w/case. \$85. (213) 792-3130. 11/15



For Sale: neon sign for game room. New, never used. Valued at \$250. \$175. John, (626) 757-5341; jgonzlez@hotmail.com 11/15



For Sale: Aquarium, "cube" salt water, 38 gallon. Incl. aquarium, stand, extras (no fish). Valued at \$2,000 in equipment, supplies. \$600. John, (626) 757-5341; jgonzlez@hotmail.com 7/16



For Sale: Plumeria trees. White. Scented. From Hawaii. Assorted heights. \$10/foot, potted. Buyer picks up. Michael, (310) 339-7684. 10/15

For Sale: Exercise set. Tony Little Easy Shaper. Exclnt cond. \$40. (213) 792-3130. 9/15

For Sale: Binoculars. Bausch and Lomb. 7x35, 11 degree field. W/case, strap. Exclnt. cond. \$75. (213) 792-3130. 9/15

For Sale: Light meter. Gossen Luna Pro SBC. Manual, new cond. \$65. (213) 792-3130. 9/15

For Sale: Dental appliance, WaterPik, ultra cordless. New in box. \$45. (213) 792-3130. 9/15



For Sale: Kettle corn trailer. 2010, custom, 10-ft. stell welded frame. Fully wrapped, self-contained. Good cond., incl. equip./training. Go to: captainkettlecorn.com/CKC-Trailer.html. (877) 746-8696. 8/15

Travel/Timeshare

Timeshare: Welks Resort, San Diego, CA. For Sale. \$20K. Chermaine @ (661) 547-6707. 1/15

CLASSIFIED ADS

\$50
per month

FREE
for Club Members!

To place your classified ad send us your information (25 total words maximum) including your name, item, description, price, phone number or e-mail address.

Email your ad (and picture) to **Classifieds@cityemployeesclub.com** or you can fax your ad to (213) 620-0598

We'll run your ad in the next available issue on a space available basis. Your ad may be edited for length or appropriateness.

Classified Submission Deadline:

7/19/16
for publication in the April issue of *Alive!*

Timeshare: For sale or rent. 1BD, Palm Springs, CA, deeded float week anytime during the year, can be exchanged for another resort worldwide. Info @ (310) 329-0682 or e-mail: time31011@yahoo.com 7/14

Wanted

Wanted: Riders for van pool, Lomita to Lincoln Heights. Leaves Lomita @5:40 a.m., BOA Carson @5:45, JFB @6:10, Main St. @6:15,



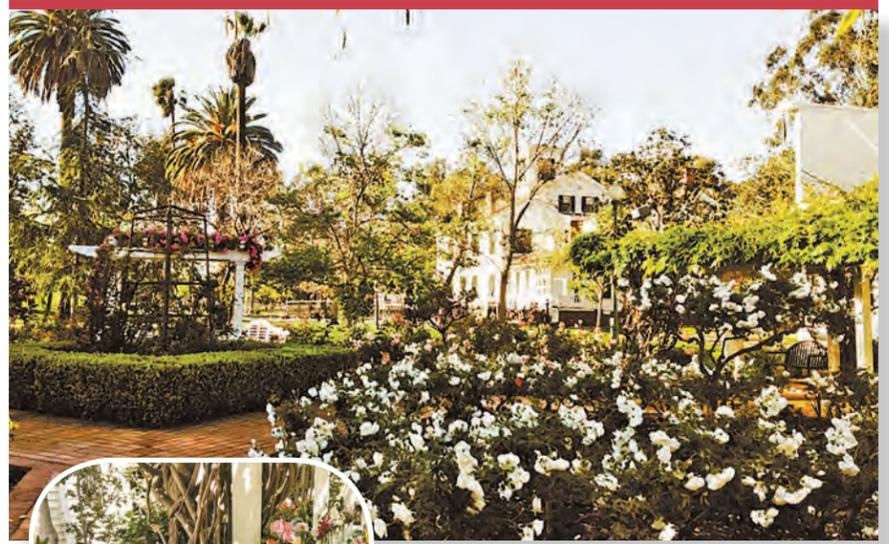
DISCOUNT MOVIE TICKETS AVAILABLE AT THE CITY EMPLOYEES CLUB

SEPTEMBER MOVIE RELEASES

- **THE LIGHT BETWEEN OCEANS:** Opens September 2
- **MORGAN:** Opens September 2
- **NO MANCHES FRIDA:** Opens September 2
- **THE WILD LIFE:** Opens September 9
- **SULLY:** Opens September 9
- **WHEN THE BOUGH BREAKS:** Opens September 9
- **BLAIR WITCH:** Opens September 16
- **BRIDGET JONES'S BABY:** Opens September 16
- **THE BOOK OF HENRY:** Opens September 16
- **SNOWDEN:** Opens September 16
- **QUEEN OF KATWE:** Opens September 23
- **THE MAGNIFICENT SEVEN (IMAX):** Opens September 23
- **STORKS (3D):** Opens September 23
- **THE DRESSMAKER:** Opens September 23
- **MISS PEREGRINE'S HOME FOR PECULIAR CHILDREN:** Opens September 30
- **DEEPWATER HORIZON (IMAX/3D) :** Opens September 30
- **AMERICAN HONEY:** Opens September 30
- **DENIAL:** Opens September 30



Rec and Parks



Garden Day at Banning

Museum hosts day of garden-themed events. Admission is free.

Friends of Banning Museum plan to host "A Day in the Garden" from 10 a.m. to 3 p.m. Sept. 17 at Banning Residence Museum, 401 East "M" St. in Wilmington.

Admission is free.

Activities include lectures by Bob Shanman of Wild Birds Unlimited and Rosarian, Gloria Leinbach. Guests will enjoy a garden walk, garden-themed crafts and activities and tasty samples of Victorian "Autumn-inspired" treats. Rose experts will be on hand to discuss roses and answer questions. The event will also

feature a display of single blooms, and visitors are welcome to participate by bringing examples of their own blooms or mixed arrangements. To RSVP or for more information, call Friends of Banning Museum, (310) 548-2005.

The Banning Museum is a Rec and Parks facility and is operated in cooperation with Friends of Banning Museum, a nonprofit organization whose mission is to "Preserve History, Promote Education, and Inspire Entrepreneurial Spirit."

DON'T BE LEFT IN THE DARK!

Have you moved?

Got a new phone number?

Updated Your Email Address?

Interested in Benefits For Government Employees?



Get a FREE Flashlight when you update your information.

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Update Your Contact Information
 Direct Line: (213) 356-5935
cmartin@cityemployeesclub.com



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SEPTEMBER 2016

ICON REFERENCE eTicket you can print on demand 24/7
 eTicket available Mon - Fri 8AM - 4:00PM

MOVIE THEATERS

	RETAIL	CLUB
AMC THEATERS		
Gold Tickets - Good Any Time	\$14.00	\$9.50
Green Tickets - Exclude Disney Productions	\$14.00	\$9.00
Small Popcorn	\$5.50	\$3.00
Small Drink	\$4.50	\$3.00
Movie Bundle - Includes 2 Gold movie tickets, 2 small drinks, 1 small popcorn	\$44.00	\$27.00
BRENDEAN THEATRES		
	\$11.25	\$8.00
CINEMARK THEATERS 		
	\$11.75	\$8.50
CINÉPOLIS THEATERS		
Traditional Theaters	\$12.00	\$7.50
Luxury Theaters	\$22.00	\$17.00
GALAXY THEATERS - Good Any Time		
	\$11.00	\$8.00
HARKINS MOVIE THEATERS		
Restricted	\$10.00	\$6.50
Good Any Time	\$10.00	\$7.50
Small Popcorn	\$5.25	\$4.25
Small Drink	\$4.50	\$3.50
KRIKORIAN THEATERS - Good Any Time		
	\$12.00	\$7.50
LAEMMLE THEATERS - Good Any Time		
	\$11.00	\$6.00
LANDMARK THEATERS		
	\$13.00	\$8.00
METROPOLITAN THEATERS		
Unrestricted Tickets	\$13.00	\$8.00
Restricted Tickets	\$10.50	\$6.75
PACIFIC THEATERS - Restricted		
	\$13.75	\$8.00
* \$2 surcharge for use at Americana in Glendale and at The Grove in L.A. - (Not valid at Archlight Theaters)		
READING CINEMAS - Restricted		
	\$12.50	\$7.50
REGAL/ EDWARDS/ UNITED ARTIST		
Good Any Time	\$14.75	\$8.50
Movie Pack	\$30.00	\$26.00
- Includes 2 Good Any Time movie tickets and a \$10 concession gift card		
REGENCY THEATERS - Good Any Time		
	\$11.50	\$7.00
ULTRASTAR THEATERS - Good Any Time		
	\$11.25	\$6.00

ATTRACTIONS

	RETAIL	CLUB
AQUARIUM OF THE BAY 		
SAN FRANCISCO	Adult \$24.95	\$19.96
	Child (4 - 12) \$14.95	\$11.96
AQUARIUM OF THE PACIFIC 		
	Adult \$29.95	\$17.95
	Child (3 - 11) \$17.95	\$11.95
BOOMER'S FUN CENTERS 		
SELECT CALIFORNIA LOCATIONS	4 Hour Pass \$42.99	\$24.99
CALIFORNIA ACADEMY OF SCIENCE 		
	Adult \$34.95	\$29.71
	Child (4 - 11) \$24.95	\$21.21
	Youth (12-17)/ Student (with ID) / Senior (65+) \$29.95	\$25.46
CATALINA EXPRESS 		
Round Trip Fare	Adult \$76.50	\$60.00
	Child \$61.00	\$50.50

ATTRACTIONS CONT'D

	RETAIL	CLUB
DAVEY'S LOCKER 		
Whale Watching	Adult \$32.00	\$21.00
	Child \$26.00	\$15.75
Sport Fishing - 1/2 Day	Adult \$41.50	\$31.50
	Child \$34.00	\$25.21
Sport Fishing - 3/4 Day	Adult \$71.00	\$57.75
	Child \$61.00	\$47.25
Sunset / Evening Cruise	Adult \$25.00	\$12.61
GOLF N' STUFF		
3 Hour Unlimited Wristband - (Norwalk Location)	\$30.00	\$16.25
All Park Pass - (Ventura Location)	\$20.00	\$15.25
GRAMMY MUSEUM 		
General Admission	\$12.95	\$10.00
IFLY INDOOR SKYDIVING 		
Hollywood - Earn Your Wings Flight Package (Age 3+)	\$59.95	\$39.95
San Francisco - Save 15% Off All Flight Packages	\$59.95	\$50.96
K1 SPEED RACING		
This pass entitles the owner to (1) 14 Lap race and a annual license for the day.	\$25.95	\$15.25
MADAME TUSSAUDS WAX ATTRACTION 		
All Access Pass includes Marvel Super Heroes 4D Experience.		
Hollywood	Adult \$40.00	\$16.00
	Child (4 - 12) \$35.00	\$13.00
Las Vegas (eTickets Only)	Adult \$29.95	\$12.50
MEDIAEVAL TIMES 		
E-ticket prices will vary depending on date/time selections.		
	Adult \$57.95	\$43.50
	Child (0 - 12) \$35.95	\$31.50
MONTEREY BAY AQUARIUM 		
	Adult \$39.95	\$34.95
	Child (3 - 12) \$24.95	\$19.95
		\$29.95
MULLIGAN'S FAMILY FUN CENTER		
All Day Pass	Adult/Child \$33.99	\$16.50
- Unlimited use of Laser Tag, Miniature Golfing, Go-Karts/Speedway and the Rock Wall. Valid at Mulligan Torrance, Murrieta, and Palmdale.		
PIRATES DINNER ADVENTURE 		
	Adult \$56.95	\$36.00
	Child (3 - 11) \$37.95	\$27.50
QUEEN MARY / BATTLESHIP IOWA COMBO 		
	Adult \$42.95	\$31.92
	Youth (12-17) \$34.95	\$25.95
	Child (6 - 11) \$23.95	\$17.95
RACERS EDGE INDOOR KARTING		
Adult: 16-Lap Adult Race	\$23.00	\$18.00
Junior (50" tall): 11-Lap Junior Race	\$20.00	\$15.00
SANTA MONICA PIER & PACIFIC PARK 		
Unlimited Ride Wristband	\$25.95	\$13.50
Family 4 Pack (includes 4 wristband + 4 meal card)	\$149.00	\$68.00
SPEEDZONE 		
3 Hour Unlimited Pass on Rides and Mini-Golf	\$49.99	\$28.00
TEATRO MARTINI 		
Buena Park, California	\$75.75	\$42.00
USS IOWA 		
SAN PEDRO	Adult \$18.00	\$13.50
	Child (6 - 11) \$10.00	\$7.50
	Senior (62+) or Military (with ID) \$15.00	\$10.50

ATTRACTIONS CONT'D

	RETAIL	CLUB
USS MIDWAY 		
SAN DIEGO	Adult \$20.00	\$14.00
	Child (6 - 11) \$10.00	\$7.00
	Senior (62+) \$17.00	\$11.00

THEME PARKS

ADVENTURE CITY 		
	Adult/ Child \$17.95	\$13.50
DISNEYLAND / CALIFORNIA ADVENTURE		
Disneyland no longer offers discount tickets as of 9/15/16		
CALIFORNIA'S GREAT AMERICA 		
	General Admission (Age 3+)	\$67.00 \$36.00
CASTLE PARK 		
	General Admission (over 36")	\$24.99 \$12.99
GILROY GARDENS 		
	General Admission	\$52.00 \$26.00
	Luminations Admission (7/26 - 11/29/16)	\$30.00 \$15.00
HERSHEY PARK (PENNSYLVANIA) 		
	Adult \$63.80	\$48.10
	Child \$40.80	\$36.10
KNOTT'S BERRY FARM		
	Adult \$72.00	\$39.00
	Child (3-11), Senior (62+) \$42.00	\$34.00
Cheaper for eTickets	Adult \$72.00	\$35.00
	Child (3-11), Senior (62+) \$42.00	\$32.00
LOS ANGELES ZOO 		
	Adult \$20.00	\$16.00
	Child (2-12) \$15.00	\$12.00
LEGOLAND Includes 2nd Day FREE (expires 12/25/16)		
1 - Day , 1 - Park	Adult \$120.00	\$76.00
	Child (3 - 11) \$114.00	\$70.00
Legoland Resort Hopper	Adult \$144.00	\$84.00
	Child (3 - 11) \$138.00	\$78.00
Sea Life Hopper	Adult \$138.00	\$65.00
	Child (3 - 11) \$132.00	\$65.00
MAGIC MOUNTAIN 		
	General Admission \$76.99	\$44.99
SAN DIEGO ZOO / SAFARI PARK 		
	Adult \$50.00	\$41.00
	Child (3 - 11) \$40.00	\$33.00
2 - Visit Pass*	Adult \$90.00	\$72.00
	Child (3 - 11) \$70.00	\$56.00
* May be used for 1 visit at each park, or 2 visit to the same park.		
SEAWORLD - SAN DIEGO 		
	Adult \$89.00	\$60.00
	Child (3 - 9) \$83.00	\$60.00
Admission w/ All-Day-Dining Pass (Adult /Child)	\$124.00	
Fun Card (valid until 12/31/16)	\$89.00	\$74.00
One-Day park tickets are valid until 12/25/16		

THEME PARKS CONT'D

	RETAIL	CLUB
SILVERWOOD THEME PARK (IDAHO) 		
	Adult \$48.00	\$39.00
	Child (3 - 7) \$25.00	\$20.00
SIX FLAGS DISCOVERY KINGDOM 		
VALLEJO	General Admission (over 48")	\$66.99 \$40.99
UNIVERSAL STUDIOS 		
	Adult / Child (under 48")	\$115.00 \$95.00 & UP
	12 Month Pass	\$149.00 \$109.00

HALLOWEEN EVENTS

KNOTT'S SCARY FARM 	Prices vary on select nights
MICKEY'S HALLOWEEN PARTY	Prices vary on select nights

WATER PARKS

	RETAIL	CLUB
HURRICANE HARBOR 		
	Adult \$45.99	\$26.99
AQUATICA 		
Chula Vista	Adult \$44.00	\$32.00
	Child \$38.00	\$27.00
WET N WILD 		
Palm Springs	\$38.99	\$23.00

SPORTING EVENTS

LOS ANGELES DODGERS		Games available online
ANGELS OF ANAHEIM		Games available online
SAN FRANCISCO GIANTS		Games available online
SAN DIEGO PADRES		Games available online
LOS ANGELES CLIPPERS		Games available online
LOS ANGELES SPARKS		Games available online
LOS ANGELES KINGS		Games available online
SACRAMENTO REPUBLIC FC		Games available online

GIFT CERTIFICATES

	RETAIL	CLUB
HONEYBAKED HAM		
\$25 Gift Card	\$25.00	\$22.50
SEE'S CANDIES		
Good for 1lb of chocolate	\$18.50	\$14.25

FREE SHIPPING
 Club Members get FREE USPS standard shipping on all tickets and merchandise purchased through the Club.

THE CLUB DOES NOT CHARGE ANY PROCESSING OR HANDLING FEES!



Story and photos by Jeanette Gadut, Club Counselor

Los Angeles Public Library

Library's TOP 10

Here's what LA was reading, watching and listening to in July.

Lists are courtesy Los Angeles Public Library, Central library downtown and 72 branches combined.

Books loaned

1. *15th Affair*, James Patterson
2. *The Hidden Oracle*, Rick Riordan
3. *When Breath Becomes Air*, Paul Kalanithi
4. *The Rainbow Comes and Goes*, Anderson Cooper
5. *The Games*, James Patterson
6. *Spark Joy: An Illustrated Master Class*, Marie Kondo
7. *Between the World and Me*, Ta-Nehisi Coates
8. *The Crossing: A Novel*, Michael Connelly
9. *The Life-Changing Magic of Tidying Up*, Marie Kondo
10. *West of Eden: An American Place*, Jean Stein

DVDs loaned

1. *Star Wars Episode VII: The Force Awakens*
2. *Hotel Transylvania 2*
3. *Ant-Man*
4. *Bridge of Spies*
5. *The Good Dinosaur*
6. *Straight Outta Compton*
7. *The Martian*
8. *Spectre*
9. *Minions*
10. *Deadpool*

Books downloaded (e-books)

1. *A Murder in Time*, Julie McElwain
2. *Me Before You*, Jojo Moyes
3. *The Nest*, Cynthia D'Aprix Sweeney
4. *Eligible*, Curtis Sittenfeld
5. *When Breath Becomes Air*, Paul Kalanithi
6. *All the Light We Cannot See*, Anthony Doerr
7. *The Life-Changing Magic of Tidying Up*, Marie Kondo
8. *The Nightingale*, Kristin Hannah
9. *The Martian*, Andy Weir
10. *Why Not Me?*, Mindy Kaling

Download-and-Keep songs*

1. *Can't Stop the Feeling*, Justin Timberlake
2. *This Is What You Came For*, Calvin Harris feat. Rihanna
3. *Make Me ...*, Britney Spears feat. G-Eazy
4. *Me Too*, Meghan Trainor
5. *Just Like Fire*, Pink
6. *Cheap Thrills*, Sia
7. *Don't Let Me Down*, the Chainsmokers feat. Daya
8. *Send My Love (To Your New Love)*, Adele
9. *Work From Home*, Fifth Harmony feat. Ty Dolla \$ign
10. *Messin' Around*, Pitbull feat. Enrique Iglesias

* "Freemal" music via the Library lets users download and keep up to five songs a month – it's seriously free and legal! Check it out at <http://lapl.freemalmusic.com>

Public Works



Mr. Recycle.

Harbor Open House

Harbor Sanitation Yard participates in department's annual open house program.

The Harbor Sanitation Yard held its annual open house event June 11.

Families enjoyed the music, free barbecue lunch and refreshments. There were refuse collection truck demonstrations which children were allowed to ride and operate. Information booths lined the area, where there were also free potted plant and mulch giveaways. Participants also had the option of receiving a tour of the repair shops. Free trees were also provided to Los Angeles residents.

The Harbor's open house event was yet again successful. Participants are already looking forward to the next one!



Volunteers (from left) Celeste Ramirez, Sandra Ramirez and Vetta Moore.



From left: Robert Watson, RCTO, 26 years of City service, Club Member; Melva Jackson RCTO, 10 years, Club Member; Cliff Solis, RCTO, 3 years; and Joe Franco, RCTO, 10 years, Club Member.



From left: Jason Lee, RCTO, East Valley, 9 years of City service; and Ron Lee, Superintendent, 29 years of City service, Club Member.



James Moore, Superintendent, 27 years of City service, Club Member, and his wife, Vetta.



From left: John Semper, RCTO 20 years of City service; Joe Franco, RCTO, 10 years, Club Member; Melva Jackson, RCTO, 10 years, Club Member; unidentified; Robert Watson, RCTO, 26 years, Club Member; Moniquea McKee, Clerk, 17 years, Club Member; Jerry Ramirez, Supervisor, 30 years, Club Member; Dan Lucero, Supervisor, 29 years, Club Member; and James Moore, Superintendent, 27 years, Club Member.



Moniquea McKee, Clerk, 17 years of City service, Club Member, with her nephews, Liam and Ian.



Ernest Jessop, Supervisor, Mulching Facility, 25 years of City service, Club Member.



Steve Casares, Management Analyst II, 14 years of City service.



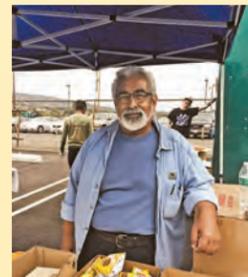
DJ Marvin Bank.



Neighbor Josephine Herrero having fun.



From left: Wayne, Garage Attendant, two weeks of City service; Emmett Ewing, Garage Attendant, 15 years, Club Member; Francisco Castaneda IV, Equipment Mechanic, 8 years, Club Member; and Luis Espindola, Equipment Mechanic, 6 months, Club Member.



G.R., East Valley Yard, 28 years of City service.



Eddie Flores, Bulky Pickup, 10 years of City service.



Raymond Lucas, RCTO, 35 years of City service, Club Member.



Lines for the refuse truck demonstrations.



Martin Rodriguez, RCTO, 11 years of City service, Club Member.



Free plants.



Free trees provided by LA Conservation Corp.

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\$12.00 Member \$14.00 Non-Member

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Hard Enamel DWP Logo Design

NEW

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LA City Luggage Tags
Flexible PVC with lifted textured design

Free
STANDARD
SHIPPING
on all orders

NEW

\$5.00 Member \$8.00 Non-Member

Textured PVC Keychain
Various colors and style to choose from

\$10.00 Member \$15.00 Non-Member

L.A. City Script Hat
Available in various colors

\$10.00 Member \$15.60 Non-Member

L.A. City Leather Wallets
Available in various colors

NEW

\$5.00 Member \$8.00 Non-Member

Textured PVC Magnet

\$7.00 Member \$12.00 Non-Member

Infuser Water Bottle
Infusers are available in various colors

BPA FREE

\$12.00 Member \$20.00 Non-Member

L.A. City Women Vneck
Available in multiple colors and sizes

NEW

\$19.00 Member \$25.00 Non-Member

L.A. City Beach Towel
100% Cotton Terry

\$25.95 Member \$50.00 Non-Member

Women's French Terry Hoodie
Available in Multiple Colors

NEW

\$5.00 Member \$6.75 Non-Member

Retractable Badge Holder
Heavy Duty and Retractable

NEW

Money not included

\$15.00 Member \$18.00 Non-Member

L.A. City Money Clip
Available in Gold and Silver

NEW

\$7.00 Member \$10.00 Non-Member

L.A. City Tie Clip
Available in Gold and Silver

NEW

\$10.00 Member \$12.00 Non-Member

Los Angeles City Key Fob

Introducing Critical Illness & Cancer Coverage



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A new payroll-deducted benefit for Los Angeles City and DWP Employee Club Members!

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- ✓ Pays a one-time cash payment (TAX FREE) directly to you or whomever you designate.
- ✓ Use your cash payment however you see fit, such as normal living expenses (mortgages, car payments, utility bills, childcare, groceries, credit card bills, etc).
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