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-SEE PAGE 5

City Employees Club of Los Angeles | Vol. 15 • No. 6 | June 2016

Serving over 30,000  
City and DWP Employees



# Alive!



On the FS 80 apron  
at LAX, from left:  
Capt. II Bill Wick,  
29 years of City  
service; Firefighter III  
Brian Baker, 29 years;  
Firefighter III Dennis  
Burke, 30 years; and  
Capt. I Mike Tombrello,  
28 years, Club Member.  
Driving the fire prevention  
rig (left background):  
Engineer Mike Kolezar.  
*The airliner in the  
background was not  
involved in an emergency.*

Fire Station Crash 80  
at LAX is the City's  
first responder for  
aircraft in trouble.

- SEE PAGE 24

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Los Angeles, CA 90012

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and the rest of your life.*



Go to **Page 5**

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A Message From the CEO

# An Active Hall of Fame

by John Hawkins,  
President and CEO, The Club

Most Halls of Fame are for heroes of the past – a recognition for deeds done, missions accomplished, feats achieved. Over and done. But the LAFD has a special Hall of Fame – maybe not called that, exactly – that is still quite active, thank you very much. That’s LAFD Fire Station 80, protecting the planes and passengers that come to LAX from all over the world to visit our city.

In our cover story interview this month, **Capt. II William Wick** considers ARFF – Aircraft Rescue and Firefighting – Fire Station 80 a kind of Hall of Fame. Sounds a little too proud, I’m sure some are saying. But he makes a point.

The LAFD is loaded with tremendous and experienced talent all over the City. But the unique challenges of fighting aircraft fires demand a different kind of response. It’s hard to train for aircraft crashes, since (thank God) they rarely happen in real life. So it’s critical that Fire Station 80 employs three platoons of Firefighters who have already seen it all, done it all, fought it all, and learned massively from each experience. They’re seasoned long before they get there. Of course they train every day, but the bulk of their leaning is already done. It’s really the only way. And when that’s the goal, it only makes sense that the staff at Fire Station 80 contains some of the best of the best. You don’t get promoted from Fire Station 80; you retire from it.



From left: Capt. II William Wick; Capt. I Mike Tombrello, Club Member; and Club COO Robert Larios, at Fire Station 80.

ARFF Fire Station 80 is notable for what it does not do. It’s not focused on any issues inside the terminals. It doesn’t handle medical emergencies, or hazmat situations. (There are other Fire Stations at LAX that handle those.) Fire Station 80 exists to rescue aircraft in trouble. That’s its entire mission. And of course it does it very well.

As always, there’s a story behind our covering this month’s main feature. We started asking about Fire Station 80 maybe a year ago, but at that time officials expected to be receiving new Fire apparatuses. So we waited, and I’m glad we did. The new Crash 80 fire engines are awesome!

But they pale in comparison to the quality of the staff. There’s no need to visit Cooperstown or Canton. We have Hall of Famers right here at LAX, very much active and engaged, and not just plaques on a wall. They’re actively keeping us, and world travelers, safe, and we’re all the better for it.

Special thanks to **Capt. I Mike Tombrello**, Club Member, who was delighted to lead our *Alive!* team on a tour, and **Charles Pannunzio**, Airports, for setting it up.

I have to give a shout-out this month for our tremendous readers and how much they love *Alive!* Just two examples – your contributions to both our Father’s Day feature and our children’s coloring contest nearly blew our doors off! We received 107 entries for our coloring contest, which is incredible. But even more that – you sent more than 110 Father’s Day entries for our annual tribute section (and as I write this, they’re still coming in!). That’s a record! Kudos to our design and production crew, **JJLA Associates**, for handling this explosion.

If you contributed to the Father’s Day section, or someone sent one in for you, or you know someone in the Father’s Day tributes, great. But if none of those is true, I recommend you read them anyway, see the faces and feel the love. Sometimes life is tough, but it’s also very heartening, too, if you only stop and notice.

The Club – and, by extension, *Alive!* – strongly support your families. We take that responsibility very seriously, and we’re glad you do, too.

Speaking of families, it’s June already (!), so grab your loved ones and enjoy this great City that we all call home.

See you next month.

JOHN

[jhawkins@cityemployeesclub.com](mailto:jhawkins@cityemployeesclub.com)

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Summy Lam, Club Director of Marketing (right), photographs (from left) Capt. II Bill Wick, Firefighter III Brian Baker, Firefighter III Dennis Burke and Capt. I Mike Tombrello. Driving the fire prevention rig (left background): Engineer Mike Kolezar.





IMPORTANT  
Telephone Numbers

<b>The Club's Main Phone Number</b>	<b>(800) 464-0452</b>
<b>The Club's FAX Number</b>	<b>(213) 620-0398</b>
City Bureau of Sanitation	(800) 773-2489
Bulky Item Pick-up & Recycling	(213) 978-1655
City Employees Benefit Office	(213) 978-7480
City Paymaster	(213) 978-1593
Commuter Services	(888) 457-9460
Deferred Compensation	(213) 580-1690
DWP Credit Union	or (800) 300-9728
DWP Employees Association	(213) 367-3146
DWP Health Plan & Medicare	(800) 831-4778
DWP Information	(213) 367-4211
DWP Intake Magazine	(213) 367-1361
DWP Paymaster	(213) 367-1106
DWP Personnel	(213) 367-1934
DWP Retirement Plan Office	(213) 367-1692
Engineers and Architects Association	(213) 620-6920
Fire and Police Pension System	(213) 978-4545
LACERS	(800) 779-8328
LA Federal Credit Union	(213) 485-5000
LA Firemen's Credit Union	(323) 254-1700
LA Firemen's Credit Union	or (800) 231-1626
LA Fire Department Museum	(323) 464-2727
LA Firemen's Relief Association	(213) 380-2900
LA Police Federal Credit Union	(800) 872-2843
LA Retired Fire and Police Association	(888) 288-5073
Local 721	(213) 482-6660
Local 3090	(213) 487-9887 ext. 340
Retired LA City Employees, Inc.	(800) 678-4145
Ticket Hotline	(888) 777-1744
Whistleblower/Complaint Program	(800) 824-4825
Worker Compensation	(213) 473-3400



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Alive!

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120 West 2nd Street  
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TELEPHONE: (800) 464-0452

CONTACT US: alive@cityemployeesclub.com

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*LAFD*

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*Office of the Controller, Retired*

Marilyn Holley

*Public Works: Bureau of Sanitation, Retired*

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Total claims paid to Club Members in the last 12 months:

\$4,209,583

Claims Paid

Your Club Insurance Dollars at Work:

Previous  
12 Months

Life Insurance	\$1,470,676.00
Long-Term Disability	\$1,620,607.46
Long-Term Care	\$868,300.02
Cancer Insurance	\$250,000.00

Total claims paid  
to Club Members in  
the last 12 months:

\$4,209,583.48



Cecilia Talbot,  
*Director of Claims,  
Member Advocate*



Monica Zamudio,  
*Claims Coordinator*

You probably won't get to meet Cecilia Talbot and Monica Zamudio very often... until you really need them. That's when their service shines. So, to assure you that you are in good hands, from time to time *Alive!* will reprint letters commending the service given by Cecilia and her excellent staff.  
— Ed.



Club Members' Praise

The Club's claims service is "excellent. Monica Zamudio and all of the staff are very knowledgeable and helpful. Everybody I have talked to at the City Employees Club has helped me and answered my questions. The benefit I have is very good. It helps fill the gap on decreasing disability amount you get. It gives you a peace of mind financially so you can focus on getting better and back to work."

— Gary Clift, August 2015

The Club's claims service is "very professional and accommodating. They returned calls promptly and sent me information via mail. They handled a delicate, painful situation with class throughout. The book they sent [The Fall of Freddie the Leaf] was very moving, thoughtful and sensitive. I was very pleased with this selection and the humanism from the Club. Thanks a lot. I shared it with my family members, too."

— Richard Benavides, 7/28/2015

City Employees Club of Los Angeles

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- Legal Services
- Accident Insurance
- Cancer Insurance
- Auto Insurance
- Short-Term Disability

Meet the Club Team

These are the faces behind the Club. Our staff is dedicated to helping our members receive the maximum benefit from their membership. If you have questions, concerns or suggestions about your Club, our counselors are ready to help.

Member Experience Team

 <b>Gedina Bergstrom</b> <i>Member Services Counselor</i> <b>Ext. 107</b>	Accounting CDD City Attorney City Clerk Contract Admin. DOT Fire Harbor Housing Library Personnel Planning Water (DWP)	 <b>Dalila Vielma</b> <i>Member Services Counselor</i> <b>Ext. 137</b>	Aging Animal Services Building & Safety Bureau of Engineering City Council Controller's Office Cultural Affairs Environmental Affairs Fire & Police Pensions ITA LAPD Mayor Neighborhood Empowerment Power (DWP) Zoo	 <b>2008 President's Award Recipient</b> <b>2013 "Absolutely" Award Recipient</b> <b>Angel Gomez</b> <i>Director of Sales</i> <b>Ext. 104</b>	CAO Chief Legislature El Pueblo/Disability Dept. Employee Relations Board Finance GSD LA Memorial Coliseum LAX Rec & Parks Sanitation Status of Women Street Lighting Street Services
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Email us at:

info@cityemployeesclub.com

if you have an event you want covered in the  
*Alive!* or if you have questions about insurance.  
Or call us at: (800) 464-0452

In-house Counselors

 <b>Cheryl Martin</b> <i>Member Services Counselor</i> <b>Ext. 136</b>	 <b>Jeanette Gadut</b> <i>Member Services Counselor</i> <b>Ext. 110</b>
 <b>Tiffany Sy</b> <i>Member Services Counselor</i> <b>Ext. 202</b>	City Employees Retirement System DWP Retirement Office Fire and Police Pensions

Club  
Store

 <b>Mariana Guevara</b> <i>Club Store Manager</i>	 <b>Megan DeBolt</b> <i>Club Store Assistant Manager</i>	 <b>Ronald Cortez</b> <i>Customer Service Associate</i>	 <b>Guadalupe Lira</b> <i>Customer Service Associate</i>	 <b>Dylan Noel</b> <i>Customer Service Associate</i>	 <b>Jalelia Solomon</b> <i>Customer Service Associate</i>	 <b>MaryAnn Urdiales</b> <i>Customer Service Associate</i>
---	--	---	--	--	---	--

Team Leaders

 <b>John Hawkins</b> <i>President &amp; CEO</i>	 <b>Brian Trent</b> <i>Chief Financial Officer</i>	 <b>Robert Larios</b> <i>Chief Operating Officer, "Sports Dude", "Chef Larios" and "Discount King"</i>	 <b>Arlene Herrero</b> <i>Director of Product Development</i>
---	--	--	---

Accounting

 <b>Leigh Thompson</b> <i>Controller</i>	 <b>Carole Lovato</b> <i>Assistant Controller</i>	 <b>Trinh Pham</b> <i>Senior Accountant</i>
--	---	---

Marketing &  
Advertising

 <b>Summy Lam</b> <i>Director of Marketing</i>
--

Claims

 <b>Cecilia Talbot</b> <i>Director of Claims, Member Advocate</i>	 <b>Monica Zamudio</b> <i>Claims Administrator</i>
---	--

Database Management

 <b>Hava Berman</b> <i>Director of Database Management</i>	 <b>Michael Anderson</b> <i>Information Technology Manager</i>	 <b>Alan Bound</b> <i>Business Analyst</i>	 <b>Citlali G. Bon</b> <i>Data Processing Coordinator</i>	 <b>Rebecca Platero</b> <i>Data Processing Coordinator</i>
--	--	--	---	--



City Employees:



# Let's Talk:

Clear advice from the Club's insurance experts.



**Cheryl Martin**

Club Counselor

cmartin@cityemployeesclub.com

**Ext. 136**

**Jeanette Gadut**

Club Counselor

jgadut@cityemployeesclub.com

**Ext. 110**

Schedule a visit with the  
Club's Long-Term Disability experts:

**(800) 464-0452**

## Did you know?

- Every 90 seconds, someone files for bankruptcy in the U.S. because of a serious illness or injury.
- More than 25 percent of today's 20-year-olds will become disabled before they retire.

## With the Club's Long-Term Disability Insurance:

- You will be covered, on or off the job, for injury or illness
- The plan can pay up to age 65 (contact a Club counselor for details).
- You'll be covered up to 70 percent of gross pay
- Take advantage of the Club's price power.



Get a **FREE**  
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The United Agencies reps  
are appearing at the  
Club Store on select Thursdays.

**Long-Term  
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*benefit you can buy*  
*at the Club.*

## GET IT TODAY.

### Here's why:

- Protect your monthly income! You never know what might happen to you.
- How would you pay your bills if you couldn't work?
- You have limited sick time/salary continuation, no State Disability Insurance (SDI), and imperfect short term disability plans. The Club's Long-Term Disability Insurance is more than an option – it's *vital*.
- The Club is the *only* provider of Long-Term Disability insurance to DWP employees!

## Don't forget these **BENEFITS** (they're really important, too):

**Club Life Insurance**

**Club Long-Term Care Insurance**

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Rosa Calderon  
Personal Insurance Agent

**June 23:**  
8:30 a.m. – 4 p.m.



Patty Pulido  
Personal Insurance Agent

**June 9:**  
8:30 a.m. – 4 p.m.  
**June 30:**  
8:30 a.m. – 4 p.m.



**FREE** **SHIPPING**  
On Every Order!!

## Club Member Benefits

### ■ Club Insurance

Your life and well-being are important to the Club. Get peace of mind with the Club's powerful insurance programs:

- Group Rated Term Life Insurance (\$10,000–\$300,000)
- Auto and Homeowners Insurance Call Toll Free (888) 801-5522
- Group Rated Spouse Life Insurance (\$10,000–\$300,000)
- Group Rated Long-Term Disability
- Comprehensive Long-Term Care Insurance
- Cancer Insurance (\$10,000–\$50,000)
- Group Rated Accidental Death & Dismemberment Insurance
- Identity Theft Plan
- Accident Insurance
- Security Builder Plan
- Timber Ridge Critical Illness Plan
- Paycheck Protection Plus

### ■ Great Ticket Discounts

The cheapest tickets in town to theatres, amusement parks, and events! Go to [www.cityemployeesclub.com](http://www.cityemployeesclub.com) or call (888) 777-1744

### ■ Club Partner Discounts\*

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Visit [www.cityemployeesclub.com](http://www.cityemployeesclub.com) for discount codes and passwords!

#### 1-800-Flowers

Save 15%. Call the Club for discount code and password!

#### Office Depot

Save up to 40%. Call the Club to activate your credit card.

#### WallyPark

Show your Club membership card and save 20%.

\*Visit [www.cityemployeesclub.com](http://www.cityemployeesclub.com) for more discounts

## The Club Offers the Cheapest Tickets in the State



Don't be fooled by others! The Club is the **ONLY** association to offer the **CHEAPEST TICKETS IN THE STATE OF CALIFORNIA!** The Club is constantly in search of new savings to benefit it's 26,500+ club members every day.

"Club Discount King"  
Robert Larios



More Tickets and Club Discounts

[www.CityEmployeesClub.com](http://www.CityEmployeesClub.com)

## Zoo

Story courtesy Zoo, Photos by Jamie Pham

# PARTIES FROM THE PAST

The Zoo is once again scheduling a summer of fun, social nights after the regular gates close for adults, young adults and families.



At a previous Brew at the Zoo.



At a previous Family Jam.

### Bowie, Prince Tributes Added

For 2016, Summer Nights at the Zoo brings people together through music, food, craft beer and wildlife at five unforgettable evenings for adults and one for families, including the popular three-part "Roaring Nights" Summer Music Series, "Family Jam at the L.A. Zoo," and "Brew at the L.A. Zoo."

Guests at all six evenings will experience after-hours viewing of popular animal exhibits and up-close encounters with smaller creatures.

### Roaring Nights

A salute to 1980s music with tributes to David Bowie and Prince has been added to the Roaring Nights lineup in September.

Roaring Nights at the LA Zoo, a summer music series open to guests ages 18 and older, kicks off at 7 p.m. Friday, June 24, spotlighting '90s music, followed by three additional Roaring Nights events

with all-different lineups: Friday, July 29 (country music); Friday, Aug. 26 (indie rock); and Friday, Sept. 16 ('80s music with tributes to David Bowie and Prince). Each evening will feature a live band, DJ dance party, food trucks, full-service bars, pop-up zookeeper talks, animal encounters, visits to Zoo animal habitats, a game zone and an "Animal Artistry Paint Party" for guests to paint a favorite animal (or whatever inspiration strikes them) on a small canvas to take home as a souvenir. Ticket prices are \$25, and \$22 for Greater Los Angeles Zoo Association members; prices include admission to the Zoo's special **Dinosaurs: Unextinct at the L.A. Zoo** exhibit.

For additional event information and to purchase tickets, visit [www.lazoo.org/roaringnights](http://www.lazoo.org/roaringnights). Information: (323) 644-6001.

### Family Jam

At 6 p.m. Sat., July 9, Family Jam at the L.A. Zoo presents family entertainment for all ages featuring live music, dancing, food trucks, up-close encounters with some of the Zoo's smaller residents, a rare opportunity for youngsters to experience after-hours viewing of popular animal exhibits and more. Tickets to Family Jam are \$25 for adults and \$20 for children ages 2 to 13; tickets for Greater Los Angeles Zoo Association members are \$22 for adults and \$17 for children; prices include admission to the

Zoo's special **Dinosaurs: Unextinct at the L.A. Zoo** exhibit.

To purchase tickets, visit [www.lazoo.org/familyjam/](http://www.lazoo.org/familyjam/); for more information, call (323) 644-6001.

### Brew at the Zoo

The sixth annual Brew at the L.A. Zoo at 7 p.m. Friday, Aug. 5, open to guests ages 21 and up, is one of the city's most popular events. Known for beer tasting samples from close to 50 local craft and microbreweries, the event also features music by live bands, karaoke, a DJ, pub-style grub, Zookeeper talks, up-close encounters with some of the Zoo's smaller residents, and visits to animal habitats. Tickets to Brew at the L.A. Zoo are \$65, \$60 for Greater Los Angeles Zoo Association members, \$25 for designated drivers (includes free fountain drink refills all evening at four Zoo locations), and \$125 for VIP tickets with access to exclusive lounges serving complimentary food and specialty drinks/pours and early entry to the entire route. To purchase tickets, visit [www.lazoo.org/brew/](http://www.lazoo.org/brew/); for more information, call (323) 644-6001.

The Los Angeles Zoo is at 5333 Zoo Dr. in Griffith Park at the junction of the Ventura (134) and Golden State (5) freeways. Plentiful free parking is available for the summer evening events.

For additional information, call (323) 644-6042 or visit [www.lazoo.org](http://www.lazoo.org)

At a previous Roaring Night at the L.A. Zoo.





Tell us what you think! [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

# Letters to the Editor

## Great Club Service Leads to SeaWorld Savings

I wanted to send a thank you to a couple of your employees who assisted me with renewing my membership and getting tickets ordered for SeaWorld.

I was trying to purchase tickets for SeaWorld online and of course I waited until the last minute. I kept getting error messages, so I decided to call instead. The first employee I spoke with, MaryAnn Urdiales at the Club Store, told me she wanted to assist me but her computer was giving her problems and she would call me back. It was 10 minutes to closing of the Club Store, so I assumed the worst and thought she would just go home. My apologies to MaryAnn – she not only called back but was very helpful. We discovered that since I had retired, my membership had expired. MaryAnn transferred me to Carole Lovato in memberships. Carole was also very helpful. With the help of those two ladies and Leigh Thompson, my membership was renewed and my family made it to SeaWorld at 10 a.m. the next morning.

Please let the ladies who assisted me along with their supervisors know that their help was very much appreciated by this family who waited until the very last minute to request lots of paperwork to be done. Thank you again.

– Sandy Lynch, Retired

## Club Attends Retirement Events to Help Celebrate Great City Careers

It is so wonderful to see excellent City careers come to their completion and the celebrations for the newly retired employees. I heard Robert Larios, Club Chief Operating Officer, speak at one of the retirement events, and he talked about how each retirement is a celebration of the effort and contribution each employee makes for the growth of the City and its future. When he puts it like that, it is no wonder that the Retirees get emotional after hearing that. Thank you, *Alive!*, for covering these important and historical events.

– Gerry Lovato, DWP

## Club Moms Deserve All the Love in *Alive!* Tribute Pages

It is always a wonderful treat to read through the Mother's Day tribute pages. So much love for moms! They deserve it and more.

– Terry Hillcrest, LAFD

## A Lot of Science, Work Go Into Keeping Streets Safe

The story on the LAPD Toxicology Team is so very educational. There is so much science behind impaired driving due to drugs



and alcohol. Who knew it was so involved and that LAPD has scientists helping to determine the facts.

– Pam Jenkins, General Services

## Michelle Pins a Rumor on Sports Dude's Bowling Skills

Sorry I missed the Club bowling night, but from the pictures on page 31, it looks like everyone had a blast! I didn't know the Sports Dude, Robert Larios, was an expert bowler! At least that is the rumor. I am definitely going to be on the lookout for the next one.

– Michelle Gibson, Rec and Parks

## When the Club Van Arrives, Fun and Discounts Are Plentiful

I was at the DWP Lineman's Rodeo this year and was happy to see that Angel Gomez and some of the other Club staff were there with the very colorful Club van. They were all very friendly and, from the looks of it, working at the Club is so much fun. No need to get your coffee fix when you are around this crew! I even saw Club staff member Cheryl Martin, who I remember worked there about 15 years ago; well, she is back. Thanks for adding to the fun that day for my family and me!

– Jack Armstrong, DWP

## CORRECTION

In last month's "Member News" (page 13) in our "Best Years" section for Retirees, we misstated Corrine Chu's employment record. She did not work for Public Works/Engineering. We regret the error.

Also, in last month's graduation section (page 37), we ran the incorrect first name of our Club Member, Daphne Evangelista. So sorry about that, Daphne, and congratulations again to Eric. – Ed.

## Robert's Question of the Month

BY ROBERT LARIOS, Chief Operating Officer  
[rlarios@cityemployeesclub.com](mailto:rlarios@cityemployeesclub.com)



Fellow Club members answer the Question of the Month

## Now that the NFL and the L.A. Rams are back, are you a fan?



"My grandfather was a Rams fan and remembers how it was when I was a kid. I'll be a fan again!"

– Moniquea McKee, Administrative Clerk, Public Works/Sanitation, 16 years of City service



"I was mad when they left and then became a Charger fan, but yeah...I am a fan again!"

– Robert Watson, Refuse Collection Truck Operator (RCTO), Public Works/Sanitation, 26 years of City service.



"When you are a native of Los Angeles, you have to be a fan!"

– Joe Knott, newly Retired, Public Works/Sanitation, 30 years of City service



"I have to see how good they are before I plan to be one!"

– Robert Cermack, RCTO, Public Works/Sanitation, 26 years of City service



"I am and always will be a Dallas Cowboys fan!"

– Joe Franco, RCTO, Public Works/Sanitation, 10 years of City service



"No!"

– Jerry Ramirez, Supervisor, Public Works/Sanitation, 30 years of City service



"No way – it's Steeler Nation all the way!"

– Dan Lucero, Harbor Supervisor, Public Works/Sanitation, 29 years of City service



"Rams? Please...I'm a Pittsburg Steelers fan!"

– Melba Williams, Sr. Administrative Clerk, Public Works/Sanitation, 13 years of City service



"I am not a fan, but I'll support them!"

– Daniel McKee, Solid Resource Manager, Public Works/Sanitation, 21 years of City service

At the Club Store!

# Blockbuster Deals

For a complete list, visit:  
**[cityemployeesclub.com](http://cityemployeesclub.com)**

Summer blockbuster movie tickets start at **\$6!**





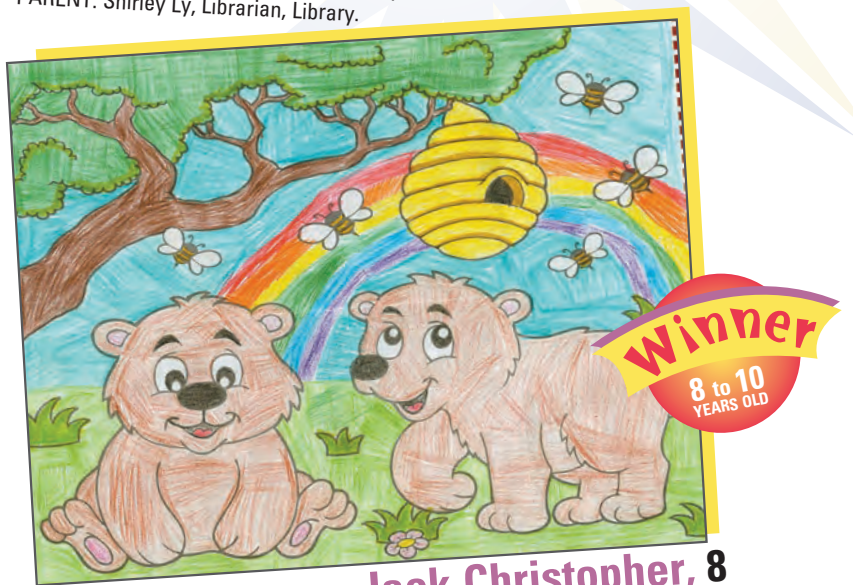
Jillian Rodriguez, 4

BIRTHDAY: August 18 • FAVORITE TV SHOW: "Peep and the Big Wide World"  
FAVORITE SNACK: Cheese Sticks • BEST FRIEND: Angelina  
WHY DO YOU WANT TO GO TO DISNEYLAND?  
Because it's fun, and I like Minnie Mouse • PARENT: José Rodriguez,  
Maintenance Laborer, Public Works/Sanitation



Bruce Kwan, 6

BIRTHDAY: July 19 • FAVORITE TV SHOW: "Teen Titans Go!"  
FAVORITE SNACK: Cheetos • BEST FRIEND: Elijah  
• WHY DO YOU WANT TO GO TO DISNEYLAND?  
I want to take my new baby sister to DisneyLand  
• PARENT: Shirley Ly, Librarian, Library.



Jack Christopher, 8

BIRTHDAY: December 22 • FAVORITE TV SHOW: "Bare Bears"  
FAVORITE SNACK: Yogurt Covered Raisins • BEST FRIEND: Matthew  
WHY DO YOU WANT TO GO TO DISNEYLAND? • I want to visit the new rides!  
PARENT: James Christopher, ECH, DWP



Melanie Thongthai, 12

• BIRTHDAY: December 23 • FAVORITE TV SHOW: "Pretty Little Liars"  
• FAVORITE SNACK: Chips • BEST FRIEND: Serenity  
• WHY DO YOU WANT TO GO TO DISNEYLAND? I want to go to this park  
because I love the rides and I've only been there once. I also really want  
to see the characters and take pictures.  
• PARENT: Manaspor Khantisiri, PSR, LAPD

# Coloring with Mariana!

The Alive! Children's Coloring Contest



Compiled by  
Mariana Guevara,  
Club Store Manager

Look for our next  
contest in the  
July edition of  
*Alive!*

Congratulations to the  
**WINNERS!**  
of our Club Coloring Contest!

Everyone who turned in a design is a winner in  
our opinion! But our top four participants win  
**4 Free Tickets to Disneyland**

## Honorable Mention

CHILD	AGE	PARENT/GUARDIAN	DEPT.
Justin Eghbal	2	Jasmine Dowlatshahi	Rec and Parks
Desiree Garcia	3	David Rojas	Retired
Leila Hernandez	3	Manuel Hernandez	Building and Safety
Morgan Rowley	3	Jaren Rowley	DWP
William Wamsley	3	Steve Wamsley	Rec and Parks
Christian Adame	4	Kara Adame	LAPD
Adrian Garcia	4	David Rojas	Retired
Hazel Hinton	4	Albert Hinton	Retired
Halen Morrison Heredia	4	Ashley Morrison	
Abigail Cadby	5	Ed Wold	DWP
Emma Christopher	5	James Christopher	DWP
Jake Hernandez	5	Alan Hernandez	Airports
Abigail Kuzichev	5	Alfred Kuzichev	LAFD
Chloe Leung	5	Ching Leung	DWP
Milo Parish	5	Ed Wold	DWP
Sophia Peralta	5	Carlos Peralta	DWP
Anthony Rodriguez	5	Sandra Bautista	LAPD
Noah Rosas	5	Jose Rosas	DWP
Saylor Rowley	5	Jaren Rowley	DWP
Kaitlyn Silva	5	Alan Silva	DWP
Lianna Swearingen	5	Jessica Swearingen	Rec and Parks
Juliette Young	5	Megan Young	Library
Natalee Hernandez	6	Marco Hernandez	Transportation
Lorenzo Alvarado	6	Jasmine Alvarado	Housing
Sophia Aubin	6	Michael Aubin	DWP
Kian Dormani	6	Farhad Dormani	DWP
Scarlett Esparza	6	Trinidad Quiroz	Retired
Isaiah Garcia	6	David Rojas	Retired
Ryder Goss	6	Brandee Goss	Rec and Parks
Kanan Kline	6	Paul Kline	LAFD
Darnell Lacy	6	Ester Monerrosa	Airports
Jocelyn Lorenzo	6	Edgar Lorenzo	DWP
Luci Pemble	6	Gail Staugaard	Retired
Andrew Price III	6	Demtra Price	LAPD
Collin Sousa	6	John Sousa	Airports
Pearl Valadez	6	Jesus Valadez	DWP
Skylar Williams	6	Shawna Williams	
Isabelle Alejandre	7	Luis Alejandre	Airports
Jackson Cadby	7	Ed Wold	DWP
Joshua Estrada	7	Ramon Estrada	Harbor
Samantha Hermanson	7	Bruce Adam	LAPD
Matthew Jimenez	7	George Jimenez	DWP
Malia Murga	7	Vicky Chan	Retired
Emerson Parish	7	Ed Wold	DWP
Jordan Ramirez	7	John Ramirez	General Services
Kelsey Remolino	7	Kyle Remolino	LAPD
Charlotte Villanueva	7	Robert Biangella	Retired
Jadyn Vogt	7	Eric Vogt	LAFD
Blake Watrin	7	Michael Watrin	Public Works
Ethan Alvarado	8	Jasmine Alvarado	Housing
Nolan Davis	8	LaShonda Brewer	Animal Services
Andre Galoostian	8	Ray Galoostian	Airports
Samantha Garcia	8	Wenceslao Garcia	Airports
Kayla Hargrove	8	Ean Hargrove	DWP
Sierra Hernandez	8	Manuel Hernandez	Building and Safety
Banyan Kline	8	Paul Kline	LAFD
Madison Kuzichev	8	Alfred Kuzichev	LAFD
Isaac Lucero	8	Chris Lucero	DWP
Valerie Manzo	8	Maria Salazar	General Services
Olivia Parish	8	Ed Wold	DWP
Derick Silva	8	Alan Silva	DWP
Talula Aquino	9	Molly Prager	Retired
Kaia Belleza	9	Francis Balleza	DWP
Angelica Diaz	9	Jose Diaz	Transportation
Aaliah Flores	9	Jose Flores	General Services
Amy Lindsey	9	Rita Lindsey	Public Works
Giovanna Pemble	9	Gail Staugaard	Retired
Adwyn Pilapil	9	Rhys Pilapil	DWP
Jack Rigney	9	Patrick Rigney	Public Works
Lily Rigney	9	Patrick Rigney	Public Works
Shane Rowley	9	Jaren Rowley	DWP
Addison Sousa	9	John Sousa	Airports
Logan Swearingen	9	Jessica Swearingen	Rec and Parks
Kiarra Tatsu Hackett	9	Robin O'Dell	Retired
Taylor Clay	10	Porreta Siders	General Services
Kaden Drake	10	Larry Keding	Retired
Joel Duarte	10	Mario Duarte	General Services
Jayden Harris	10	Thomas Mariner	Retired
Sydney Hernandez	10	Eduardo Hernandez	Rec and Parks
Ashlee Hinton	10	Albert Hinton	Building and Safety
Kayla Mercado	10	Luz Elena Ruiz	Animal Services
Jaelynn Parish	10	Ed Wold	DWP
Morgan Vocke	10	Matt Vocke	LAPD
Heavin Favors	11	Eugene Collins	DWP
Arianna Roberts	11	Satoru Tanaka	Retired
Tyler Sousa	11	John Sousa	Airports
Victor Tario	11	Jenipher Quintanilla	Airports
Mia Tomlin	11	David Tomilin	LAPD
Lia Ward	11	Joe Ward	LAPD
Ashley Watrin	11	Michael Watrin	Public Works
Nadia Gallarzo	12	Georgina Tamayo	Housing
Kylie Ha	12	Kay Ha	Public Works
Nichelle Perkins	12	Evelyn Fitzpatrick	Retired
Kennady Rowley	12	Jaren Rowley	DWP
Elisa Ruiz	12	Robert Ruiz	DWP
Victoria Barrett	13	Steven Barrett	Rec and Parks
Joshua Duran	13	Raymond Duran	Public Works
Shawn Jackson Jr	13	Phyllis Massey	Retired
Grant Martinez	13	Kimberly Martinez	LAPD
Franceska Millanponce	13	Manuel Hernandez	Building and Safety
Moses Pedraza	13	Victor Pedraza	Public Works
Brandon Roberts	13	Satoru Tanaka	Retired
Jazmyne Rojas	13	David Rojas	Retired
Jessica Sousa	13	John Sousa	Airports





# Featured Club Businesses

Get your business in front of 30,000 City Employees and their families.

The Alive! newspaper is mailed to over 30,000 recipients each month throughout Los Angeles and beyond. The Alive! is also viewable digitally from all over the world. If you would like to feature your business below or anywhere else in the Alive!, contact Summy Lam, Director of Marketing, at [slam@cityemployeesclub.com](mailto:slam@cityemployeesclub.com) to start your ad placement right away!

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*"If you can imagine it, we can create it."*

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Airports



Robert Casarez, Retiree, and Robert Larios, Club Chief Operating Officer.

# Robert Retires

**Robert Casarez retires from Airports after 36 years of City service.**

Family, friends and co-workers held a retirement party April 28 to congratulate Robert Casarez, Assistant Director of Maintenance, Airports, on his retirement. Robert retires with 36 years of City service.

The party was held in El Segundo.

Club Chief Operating Officer Robert Larios attended to present the coveted Club retirement plaque to Robert Casarez.

Special thanks to Ralph Moronez, Director of Construction and Maintenance, Airports, 43 years of City service, Club Member, for his assistance.



From left: Robert Casarez, Retiree; Ralph Morones, Director of Construction and Maintenance, Airports, 43 years; Richard Connelly, Director, 35 years; and Nereida Casarez, Robert Casarez's wife.



From left: Robert Casarez, Retiree, with Alex Sanchez, Equipment Operator, 17 years of City service.



From left: Genevieve Santiesteban, Secretary, 30 years of City service; Ralph Morones, Director of Construction and Maintenance, Airports, 43 years; and Lenor Lucio, Park Maintenance Supervisor.



From left: Gary King, AMS III, 20 years of City service; Tom Mumau, Sr. Personnel Analyst II; Sgt. II Adonis Cutchlow, Airport Police; Tyrone Jessamy, Airport Manager, 16 years; and Paul Herrera, Airport Manager, 16 years.



From left: Kelly Arthurs, Sr. Administrative Clerk, 13 years of City service; Toni Reed, Administrative Clerk, 13 years; Eileen Reed, Principal Clerk, 19 years; and Carol Crittenden, Management Analyst II, 24 years.



From left: Blaine Charles, Maintenance Construction Helper, 10 years of City service; Bill Hartranft, Carpenter Supervisor, 13 years; Naoko Reeves, Airport Maintenance Supervisor, 18 years; and Ricardo Jimenez.



From left: Don Freund, Construction and Maintenance II, 27 years of City service; Dan Campbell, Airport Maintenance Supervisor, 26 years; Hugo Valencia, Construction Maintenance Supervisor, 32 years; and Anthony Delatorre, LAX Sign Shop Supervisor, 16 years.



From left: Phillip Siping, Supervisor, 28 years of City service; and Vernon Butcher, Garden Caretaker, 20 years.



From left: Robert Casarez, Retiree, with Ricardo Jimenez, Carpenter, 15 years of City service.



THIS  
MONTH  
AT THE

# Griffith Observatory

## Sunset Walk

**June 14**

**7:50 – 8:50 p.m.**

The Observatory offers a sunset hike led by a Park Ranger and a museum guide. The easy walk starts on the Observatory's West Terrace, proceeds up the Charlie Turner trail to the Berlin Forest on the hill just north of the Observatory, and then returns to the West Terrace. The distance covered is about half a mile over the course of an hour at a very moderate pace with stops along the way to discuss the highlights and history of Griffith Park, and objects visible in the evening sky.

NOTE: The Charlie Turner trail is a moderately steep earthen trail. The Observatory recommends footwear appropriate for hiking.

**FREE!**

Information:

griffithobservatory.org/  
programs/programs.  
html#walktalk

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Griffith Observatory!**

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(213) 473-0879

www.friendsoftheobservatory.com

City Owned. City Run. City Proud.

### Club Angels

## Club Scholarship Deadline July 29

**Simplified applications for Club Scholarship are available online and at the Club Store. *Deadline is noon, July 29, 2016.***



Joannie Mukai.

**H**ave you turned in your application yet for the Joannie Mukai Memorial Club Scholarship? If you don't have one yet, pick it at the Club Store, or download it today!

The Club's scholarship program is named after the late Club Board Member Joannie Mukai.

**Continuing in 2016:** Club Scholarship applications have been simplified, for greater ease in filling them out.

All materials must be physically in the Club Store and Service Center downtown, 120 W. Second St. by noon, July 29, 2016.

The Club expects to give each recipient a stipend of \$500.

Those eligible include Club Members, their spouses and their children who are in college or will be attending an accredited college or university in Fall 2016.

"We know how hard our Club Members work, and we also know that college is expensive," said John Hawkins, Club CEO. "That's why the Club Scholarship is so important – we're doing what we can to recognize excellence in the Club family."

"Make sure you apply now, and good luck!"

The Joannie Mukai Club Scholarship program is part of the Club's Club Angels outreach, which reflects the scholarships' nature of giving back.

You can pick up an application at the Club Store and Service Center, 120 W. Second St. downtown, or download an application at:

[www.cityemployeesclub.com/scholar.asp](http://www.cityemployeesclub.com/scholar.asp)

#### Eligibility requirements:

- All Club Members and their spouses, and children of Club Members under the age of 25, are eligible to apply. Club Members must be in good standing.
- The successful candidate must attend an accredited four-year college or university full time in the fall semester 2016. Current high school seniors matriculating to a four-year school in Fall 2016 are eligible.
- Candidates will be judged for academic excellence, community service and financial need.
- Scholarships are expected to be awarded in equal amounts of \$500 (each).
- **DEADLINE:** Applications must be in the Club Store, 120 W. Second St. downtown, by noon July 29, 2016. All applications must be physically in the Club office at that time to be eligible. Sorry, but the Club is not responsible for delays in delivery.
- Decisions will be made by Club personnel and will be considered final.
- Club Store address: 120 W. Second St., Los Angeles, CA 90012.
- Incomplete applications will not be accepted.

Send questions to:  
[scholarship@cityemployeesclub.com](mailto:scholarship@cityemployeesclub.com)



Danielle Howard received a stipend last year as part of Club Angels' Mukai Scholarship Program.



## The Smart Move

BY PATRICK MILLER, CBLIFE,  
The Club's Insurance Partner

### Filling the Gaps With Critical Illness Insurance

**I**t is becoming the nature of health insurance that any major illness inevitably results in large out-of-pocket costs. As a result, many employers are expanding their voluntary benefit programs to include critical illness insurance.

Generally speaking, critical illness insurance provides a fixed, lump-sum payment following the diagnosis of any illness listed in the policy, which can include cancer, heart attack, stroke, paralysis, kidney failure and more. The benefit payments are made directly to the insured and can be used for any purpose, such as covering deductibles, medical co-payments, income shortfalls and travel expenses.

Employees typically elect coverage ranging from \$10,000 to \$250,000 each for themselves and their spouses. The premiums are not tax-deductible for an individual purchasing coverage, but the benefits are received tax-free. Premiums are priced based on factors including the policyholder's age, gender, health status (typically with a pre-existing condition exclusion), family medical history, use of tobacco and the state where they reside.

**Critical illness insurance has its own niche, separate from and complementary to:**

- Broad-based health policies, which pay care providers (rather than the policy holder) for covered expenses;
- Long-term care insurance, which typically pays only if one of the basic life functions is inhibited (e.g., feeding, bathing, ambulation);



- Disability insurance policies, which replace lost income but might require a lengthy waiting period to take effect.

"Critical illness insurance is not designed to replace other insurance policies but rather to supplement them," said Bob Hamilton, a principal with Bean Hamilton Corporate Benefits in Little Rock, Ark. "These policies can help pay the costs that are being shifted from the employer to the employee" through higher deductibles and other out-of-pocket costs.

#### How It Works

Critical illness coverage played an important role when Paul Kerr's wife was diagnosed with cancer. Following the initial cancer diagnosis, the Kerrs received a \$25,000 lump-sum benefit, which could be used for anything the Carlsbad, Calif.-based couple needed.

The couple relied on those benefits to cover \$8,000 in out-of-pocket costs not covered by their health insurance plan

and used the rest to cover household expenses through the course of treatment. You are going through an emotional roller coaster when the thing hits. Critical illness insurance is a way to help stabilize things on the financial side.

That is exactly the role intended for critical illness coverage. Research conducted by insurer MetLife estimates that the costs associated with recovering from a critical illness are \$35,500, most of which is linked to lost income.

"The chances of being diagnosed with a critical illness or experiencing an accident are steadily increasing, as are survival rates, which leads to growing financial challenges for the affected family," noted Lawrence Daurelle, president and CEO of Reliance Standard, an insurance provider.

**You can contact CBLife at  
(888) 443-8829.**

CBLife is The Club's new partner for four areas – life insurance, critical illness insurance, retirement income and accident medical expense insurance. Currently the Club offers three CBLife products: the Security Builder Plan, the Timber Ridge Critical Illness Plan, and Accident Medical Expense Plan.

**Ask your Club Counselor for details, or call (888) 443-8829.**



## Alive! AROUND THE WORLD



1

### The Philippines

Alfredo Fajardo, General Services, in the Philippines.



1) A Honda Bay tour, Palawan.



2) Mount Samat National Shrine, dedicated to fallen Filipino and American soldiers during World War II.



3) Cagsawa Ruins, destroyed by the eruption of the Mayon Volcano in 1814.



4) (Left) Las Casas Filipinas de Acuzar, showing eighth century Filipino history and craftsmanship.

5) (Far Left) Underground River Puerto Princesa (background left), one of the seven wonders of nature.

2

### Arizona



Here's Ismail Nanabawa, Airports, and his wife, Khin Nilar Soe, at the Grand Canyon.



Take *Alive!* with you, wherever you go!

- Bring your recent copy of *Alive!* with you when you travel.
- Snap a **high resolution** photo of you **holding *Alive!***,
- email it to us, and we'll publish it.

Send to:

[talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

3

### The Caribbean



Happy anniversary, Chermaine and Dwayne, from the Club!

"We traveled all the way to Miami, Fla., then off to a seven-day cruise on the *Majesty of the Sea*. Destination: Nassau, Bahamas, to celebrate my 10-year wedding anniversary. Waiting for our flight, I had a little time to catch up on what the city is up to. I couldn't believe the issue I was reading actually fit my itinerary from 'ship to shore.'" — **Chermaine Fontenette, Public Works/Sanitation**

4

### Ireland



*Alive!* insurance columnist **Patrick Miller** made a "smart move" when he traveled to Dublin, Ireland. "One the photos is with the bellman at the Shelbourne Hotel in Dublin, and the other one is in front of the Portmarnock Golf Links just outside of Dublin. 'Twas a chilly one, putting through hail stones on the green on two different golf outings."

5

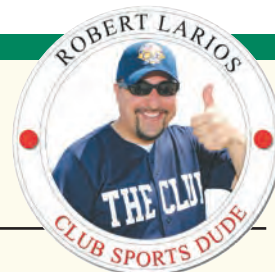
### The Maldives



Here's Officer **Doug Scarborough, Airport Police**, in the Maldives. "Best destination ever!," he writes.

## CLUB SPORTS

News from Sports Leagues sponsored by the City Employees Club of Los Angeles • June 2016



## Sign Up for Softball!

Welcome to the 2016 season of Club softball! Games are scheduled to start in July at these locations:

**Yosemite Recreation Center**  
1840 Yosemite Dr., LA, CA. 90041

**Shatto Recreation Center**  
3191 4th St., LA, 90020

**Downey Recreation Center**  
1772 N. Spring St., LA, 90031

Stay tuned for the official game schedules.

**FREE AGENTS:**  
Want to play but don't have a team?

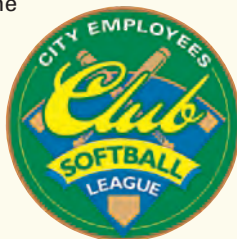
Are you a softball player who's not part of a team but would like to play on one? Contact the Sports Dude at (800) 464-0452 x 134, or via email [sportsdude@cityemployeesclub.com](mailto:sportsdude@cityemployeesclub.com)

### Who can join?

Managers of teams with at least nine players are welcome to register. At this time, the Club is not registering individual players.

**Please note:** Time and space are extremely limited for the 2016 season of the Club Softball League. Once filled, we will keep your name for next summer's league.

All new players must be Club Members and agree to all regular Club Membership rules and regulations. Players who are not Club Members must join to play in the Club Softball League. Some exceptions might be made for specific relatives of Club Members. Contact the Sports Dude for more information. Club



membership fees are \$2.25 a pay period for City and DWP employees and \$2.50 a month for retired City employees. Exceptions to eligibility requirements are offered for relatives of Club members over 18 years of age. Players who are not eligible to play may cause forfeit of games and/or season.

All new players must be City, State or County employees. Exceptions must be approved by the league office.

**This is a co-ed league: for both men and women.**

### Returning for 2016:

The Softball Commish, Lady Smith! Read Lady's comments each month in *Alive!* during the softball season.

**Lady Smith** The Commish



## Hoops, Bowling, Softball: Club Sports on the Horizon

Images of past sporting events can be found on the Club Website at <http://photos.cityemployeesclub.com/ClubSports>

The Club Sports Office welcomes all individual players to inquire about the Club's sports leagues. Currently, the Club is coordinating efforts for basketball, bowling and softball. Please contact [sportsdude@cityemployeesclub.com](mailto:sportsdude@cityemployeesclub.com) or call the Club at (800) 464-0452 to be placed as a free agent and for more information.





For Retired Club Members

# The Best Years

## CITY RETIREE ASSOCIATIONS

### Retired Los Angeles City Employees, Inc. (RLACEI)



Ed Harding, RLACEI President  
www.rlacei.com  
Contact him: (800) 678-4145 Ext. 703  
E-mail: edwardjharding@rlacei.com

#### Change of Address?

If you change your address, notify Cliff Cannon, Membership Chair, at (800) 678-4145, x725, or cell: (310) 218-6646. Or write to Cliff: 1942 Radlett Ave., Carson, CA 90746.

#### Have News About Yourself?

Contact Mary Beetz, call (800) 678-4145 Ext. 711

### Three Retirees Groups Hold Events; Make Sure You're at the Right One

#### Reservation Lines:

RLACEI events: (800) 678-4145, Ext. 701

DWP events: (626) 445-7376 (Dolores Foley)

LARFPA: (888) 288-5063

**June 1:** LARFPA general meeting and annual barbecue, Grace E. Simons Lodge

**June 2:** RLACEI annual golf tournament, Alhambra Golf Course

**Aug. 11:** RLACEI annual corporation meeting and picnic, Grace E. Simons Lodge

**Sept. 7:** LARFPA general meeting, Grace E. Simons Lodge

**Dec. 1:** RLACEI Christmas party, Friendship Auditorium

#### RLACEI Website

Hal Danowitz asks you to visit the RLACEI Website at [www.rlacei.com](http://www.rlacei.com) to find the latest retirement news. If you find it helpful, or have suggestions for improvement, call Hal at (800) 678-4145 Ext. 707.

#### Contact the LA City Employees' Retirement System

The Los Angeles City Employees' Retirement System is at 202 W. First Street, Suite 500, (LA Times Building), Los Angeles, CA 90012. Hours: 8AM-5PM. Phone (213) 473-7200 or (800) 779-8328. Contact them to arrange direct deposit of your retirement checks, change your tax withholding or beneficiary, or for questions about your health plans. [www.lacers.org](http://www.lacers.org)

#### DWP Retirees Association



Dolores Foley, President  
Phone: (626) 445-7376  
E-mail: [vincedolores@gmail.com](mailto:vincedolores@gmail.com)  
[www.dwpretirees.org](http://www.dwpretirees.org)

#### Los Angeles Retired Fire and Police Association (LARFPA)



Robert L. Olsen, President  
Phone: (323) 283-4441  
Fax: (626) 285-1461  
9521 Las Tunas Dr. #4,  
Temple City, CA 91780  
[www.larfpa.org](http://www.larfpa.org)

## Retiree Legend Spiker Moves On; Slot Opens

RLACEI

2010 Club Excellence Award Recipient



### President's Report By Edward J. Harding President, RLACEI

I am very sad to announce that Ken Spiker resigned from our organization. He announced the news at the RLACEI meeting May 9. Ken will be made an honorary RLACEI member.

I then appointed Tom Stemnock as First Vice President to replace Ken, and Phil Orland as Second Vice President to replace Tom.

The reassignments above will leave a vacancy for an RLACEI Director. If you are an active member of the City Retirement System, you are eligible to apply. Please contact Neil Ricci, Chairman of the Nominating Committee, at (310) 650-2745. Join us to continue our mission

and goal – to protect, maintain and improve Retiree benefits.

Ken Spiker and I joined this organization at approximately the same time, around 1995. Ken and I worked well together, and I am going to miss him.

Ken was instrumental in securing all the benefits that we, the Retirees, receive and enjoy. To name a few of many:

- Surviving spouse medical care;
- \$2,500 death benefit;
- Cost of living adjustment (COLA); and
- Election of a retiree to the Retirement Commission to advocate for retiree pension rights and independence of benefits.

Ken was first elected to the LACERS Retired Members Board in September 1995 and contin-

ued until his retirement on May 2013. Ken distinguished himself as a loyal advocate for the highest quality of retirement and health benefits for retirees and their families.

Thank you, Ken, for being a champion among fighters, for Retirees' rights and benefits!

At the LACERS Board of Administration meeting Sept. 24, 2013, the LACERS Boardroom was designated the "Ken Spiker Boardroom" in recognition of Mr. Spiker's major accomplishments and dedication as an employee for the City of Los Angeles for 28 years, and for 18 years as a LACERS Board Member.

The Directors and I will miss Ken's presence at our Board meetings. We hope he stops by and visits us at our Board meetings and at our social events.

## LACERS Well Reports a Successful 2015



Michael R. Wilkinson

### LACERS Board Update, By Michael R. Wilkinson

First, I want to say thank you to my fellow cyclists who showed up for the two "Mike on a Bike" rides in Griffith Park starting from the Los Angeles Zoo parking lot. The most recent ride was on what is normally tax day, April 15, and featured nine hardy riders who braved a stiff headwind for a ride on City streets and park roads. We took two different loops and finished the ride without incident. The only excitement was the successful navigation of a parked car in the middle of the bike lane on a busy stretch of Forest Lawn Drive.

Thank you, Tara Miller,

Wellness Coordinator, for running this event and providing water and snacks as well as riding as the last bicycle in the pack.

Tara recently reported to the LACERS Benefits Administration Committee of a very successful 2015 for LACERS Well.

Some of the highlights from the 2015 program report:

- The wellness initiatives, including a preventive health screening, were used by 400 members, representing a 200 percent increase from the previous period.
- Facilities used by LACERS members for group fitness activities include Los Angeles City facilities, including the Japanese Garden in Van Nuys and Cabrillo Beach.

• 2015 marked the use of LACERS Champions – volunteer leaders who took over some roles formerly done by Tara.

• Increased efforts were made for member recruitment of participants and for leaders in the Wellness Champion program, who were provided training and resources to plan and run the group activities, including walks in public parks.

• The establishment of educational programs, including: Ingredients for a Healthy Heart Workshop and Cooking Demo; the Men's Health Extravaganza; and Technology for Seniors. Each of these events was well attended.

Life

After

Retirement

If you have news about yourself, family or other retirees that you would like to share with our readers, send it and we will publish it.

If you would like to contact a former City Employee that you met or worked with, send your contact information and we will publish it so they can contact you.

*Note:* Due to our confidentiality policy, we do not give out any information without authorization.

#### Mail information to:

**Mary Beetz**

137 Westmont Drive,  
Alhambra, CA 91801

or

Email: [mbeetz4841@aol.com](mailto:mbeetz4841@aol.com)



# Social Divestments: Good or Not?



Michael Karsch

## Legislative Report: Pension Law and Policy, By Michael Karsch

Are social divestment policies in a pension portfolio good for all of those concerned, like the shareholders, the pensioners and the taxpayers? In an article in the *Daily Caller News Foundation*, Pete Sepp of the National Taxpayers Union asserts that oil divestment proponents put “people over profits, but they fail to realize that divestment harms real life human beings – both shareholders and taxpayers.” We know the environmental side of the issue, speaking out against businesses that arguably hurt the environment. But

to accomplish a divestment of such stock holdings, there will be created a hole in the portfolio, which eventually has to be reinvested elsewhere, which could turn into “underfunding,” which means finding another investment that is, one hopes, going to match the growth expected in, say, oil stocks. Depending on how much had been invested, the gap left must be filled elsewhere, and one hopes as successfully.

CalSTRS (the teachers fund) divested from coal in its portfolio, but CalPERS, the largest public pension fund in the United States, refused to do so, saying that they keep their fossil fuel equities to allow the pension fund to “use its considerable sway to persuade companies to do better by the environment.” In the meantime,

CalPERS keeps its investment and does not have to deal with selling it at a loss and then trying to build back up with other equities.

In the United Kingdom, the Secretary of State for the Department of Communities and Local Government explained in 2015 that “Divisive policies like fossil fuel divestment undermine good community relations and harm economic security of families ... a pension fund’s primary concern should be the pursuit of a financial return on their investments, including over the long term.” Several investment policies generally require promoting good financial return on investments.

# Retirements

Here’s a listing of all those who retired from the City this month. To all we say, welcome to the Best Years!

NAME	TITLE	DEPT.	YEARS
Alvarez, Daniel M.	Gardener Caretaker	Public Works	21
Ballesteros, Walter	Welder	GSD	35
Beguico, Efren	Gardener Caretaker	Airports	20
Bingham, John Richard	Administrative Clerk	Controller	14
Casequin, Gilbert G.	Commun. Engineer	ITA	32
Casillas, Jose R.	Special Prog. Assist.	Rec and Parks	7
Clark, Thomas R.	Administrative Clerk	Library	17
Coats, Frank Henry	Wastewater Treat. Op.	Public Works	31
Dela Vara, Frank	Comm. Electrician	ITA	17
Dennis, Samuel Lewis	Wastewater Coll. Super.	Public Works	31
Dipaolo, David A.	Instrument Mechanic	Airports	31
Dunlap, Dana Forrest	Sr. Computer Operator	ITA	30
Eatmon, Bernard	Refuse Coll. Truck Op.	Public Works	31
Esparza, James I.	Trans. Eng. Associate	Transportation	7
Fentroy, Deborah C.	Administrative Clerk	LAPD	26
Fields, Darlene Gail	Sr. Personnel Analyst	Airports	32
Flores, Anna M.	Sr. Administrative Clerk	LAPD	30
Folsom, Lisa Linnea	Secretary	LAPD	36
Frais, Yolanda Cheryl	Administrative Clerk	LAPD	10
Garcia, William J.	Sr. Building Inspector	Bldg. & Safety	30
Garrido, Jose F.	Sr. Garage Attendant	Gen. Services	28
Goldstein, Andrew L.	Administrative Clerk	Airports	10
Humes, Walvin	Refuse Coll. Truck Op.	Public Works	29
Inocencio, Roberto R.	Park Maint. Super.	Rec and Parks	31
Johnson, Melvin K.	Elevator Repair Super.	Gen. Services	29
Johnson, Robert H.	Sr. Transportation Inv.	Transportation	35
Jones, Carl P.	Airport Super. of Ops.	Airports	13
Jones, Duane La Salle	Garage Attendant	LAPD	27
Kametani, David N.	Airports Maint. Super.	Airports	45
Katinos, Ronda Lee	Secretary	LAPD	33

NAME	TITLE	DEPT.	YEARS
Knott, Joe	Refuse Coll. Truck Op.	Public Works	28
Lam, Linda Tue Linh	Exec. Admin. Assist.	Bldg. & Safety	31
Legaspi, Carmelita A.	Procurement Super.	Gen. Services	29
Lewis, Ray	Sr. Electrical Inspector	Bldg. & Safety	18
Lowe, Marshall	Principal PR Rep	Airports	14
Lynes, Phyllis M.	Asst. General Mgr.	Personnel	38
McQuay, Robert Steven	Sr. Elect. Pump Pl. Op.	Public Works	40
Mendoza, Josephine Borbe	Cust. Svs. Specialist	Finance	14
Monroe, Bruce	Dep. City Attorney	City Attorney	21
Murzynowski, Anna Rosa	Council Aide	Council	10
Novak, Kenneth	Heavy Duty Equip. Mech.	LAFD	36
O’Connell, Michael	Sr. Project Coord.	Housing	24
Pendleton, Brian Keith	Chief Bldg. Oper. Eng.	Airports	31
Pira, Rodolfo Rabe	Sr. Mngmt Analyst	Transportation	26
Polk, Emil T.	Refuse Coll. Truck Op.	Public Works	31
Quan, Linda Helen	Payroll Supervisor	Personnel	32
Quon, Peter H.	Maint. Constr. Helper	Rec and Parks	25
Redd, Donna Kaye Millender	Police Svc. Rep	LAPD	30
Salazar, Linda M.	Administrative Clerk	LAFD	28
Schmidt, Kim Douglas	Sr. Mngmt. Analyst	Airports	27
Sells, Heather E.	Librarian	Library	30
Stocks, Mark T.	Background Invest.	Personnel	10
Swagler, Marc W.	Constr. Equip. Serv. Work.	Airports	26
Tokunaga, Jim Y.	Assoc. Zoning Admin.	Planning	31
Tran, Sylvia	SMS Payment Clerk	Gen. Services	14
Trinh, My Khanh Thi	Civil Engin. Draft Tech	Public Works	30
Verdugo, Guillermo	Signal Syst. Electrician	Transportation	28
Walker, Crystal S.	Sr. Administrative Clerk	Finance	22
Weary, Johnny Lee	Custodian	Gen. Services	29
Yee, Christina C.	Structural Engin. Assoc.	Bldg. & Safety	18

## For Retired Club Members



### CONTACT THE CLUB:



**Tiffany Sy**  
Club Member Services Counselor, In-house  
(800) 464-0452, Ext. 202

TSy@cityemployeesclub.com  
www.cityemployeesclub.com

## RETIREMENT HELPLINE

Who to call? Call the Helpline and reach the officers of the Retired Los Angeles City Employees, Inc. If you move or change your address, contact Cliff Cannon. Also notify LACERS, ACEBSA and LAFCU. For information on problems, activities, meetings or membership. Each officer’s extension is listed below.

<b>Los Angeles City Employees’ Retirement System:</b>	<b>(800) 779-8328</b>
<b>RLACEI Retirement Counselors and Retiree Helplines</b>	<b>(800) 678-4145</b>
• Mary Beetz	Ext. 711
• Cliff Cannon (membership)	Ext. 715
• Hal Danowitz	Ext. 707
• Americo Garza	Ext. 710
• Edward Harding	Ext. 703
• Michael Karsch	Ext. 704
• Gary Mattingly	Ext. 702
• Phillip Orland	Ext. 709
• Neil Ricci	Ext. 714
• Helen Salgado	Ext. 713
• Ken Spiker	Ext. 705
• Tom Sternock	Ext. 708
• Michael Wilkinson	Ext. 712
Questions:	Ext. 0
RSVP:	Ext. 701
<b>DWP Retirement Plan Office</b>	<b>(213) 367-1722</b>

## RLACEI:

**Officers**  
Edward Harding: President  
Tom Sternock: First Vice President  
Phillip Orland: Second Vice President  
Hal Danowitz: Secretary/Treasurer

**Committee Chairpersons**  
Mary Beetz: Publicity  
Cliff Cannon: Membership  
Hal Danowitz: Finance  
Americo Garza: Picnic, Holiday Party and Installation  
Neil Ricci: Health and Nominating  
Michael R. Wilkinson, Legal and Legislative  
Tom Sternock: Audit and Golf

**Directors**  
Mary Beetz  
Cliff Cannon  
Americo Garza  
Michael Karsch  
Gary Mattingly  
Neil Ricci  
Helen Salgado  
Michael R. Wilkinson



## Coming in your July *Alive!*:



**Photos and results of the  
38th Annual  
Retirees Invitational  
Golf Tournament  
in Alhambra.**

## Stay Tuned!



# The Best Years

For Retired Club Members



## Vietnam: Halves of the Whole

Hal and Co. head to Southeast Asia for a 21-day land tour. **Part 4**

*In April and May 2015, Hal and Evelyn took a land tour of Southeast Asia, starting in Bangkok and including Cambodia, Laos, Vietnam, Malaysia and Taiwan. In each place they hired a private car and guide, except for Taiwan.*

2013 Club Excellence Award Recipient



By Hal Danowitz, Secretary, RLACEI

Hanoi, Vietnam, April 28, 2015: We began our city tour of Hanoi, the capital of Vietnam and the country's second largest city. Its population was estimated at 7.5 million for the metropolitan jurisdiction.

I must have drunk some bad water out of the tap in the hotel, the Nikko Saigon, and I have been hit with Ho Chi Minh's revenge. I can't even think of food, so I had some rice at breakfast.

We left the hotel at 9 a.m. heading to the Ho Chi Minh Memorial Complex, which houses the former leader's embalmed body and the stilt house where he lived. There was a three-hour wait to see the body, so we decided to skip that part. I have to admit the line moved well but not well enough for us to try. In 1986 we were in Beijing and asked to see Mao's tomb. We were driven right through Tiananmen Square and saw him. No waiting, just in and out. I guess those were the good old days.

We drove a short distance to the Temple of Literature, one of the best surviving examples of Vietnamese architecture. It was founded in 1070 and is dedicated to Confucius.

Hanoi looked like any other Asian capital, with lots of new buildings, cars, motorbikes and well-dressed people.

We visited the Museum of Ethnology, which had exhibits on the 54 ethnic groups that inhabit the country. We finished up our tour with a drive around the various districts, seeing the opera house and St. Joseph's Cathedral.

We returned to the hotel and prepared to fly to Ho Chi Minh City (Saigon) the next day.

On April 29, we had to leave the hotel for the airport at 6:30 a.m. for our 8:30 a.m. flight. Vinny, our travel guide, had confirmed our flight and got us two aisle seats on the 777. The next day was a public holiday commemorating the 40th anniversary of the unification North and South Vietnam. On holidays the Vietnamese return to their families' villages. Village is the term they use for their hometown. In both Hanoi and Ho Chi Minh City, the streets were lined with flags. I think if we stood still long enough someone would attach a Vietnamese flag to us. The plane was filled with whole families: grandparents, grandkids and all other relatives. Again we had to take a bus from the tarmac to baggage claim, and we waited at least 20 minutes for our bags. Ours came out first, so that was a plus.

We found our guide, Kan, and started our city tour. Ho Chi Minh City (HCMC), formerly named and still also referred to as Saigon, is the largest city in Vietnam. Its population is just more than eight million.

Our first stop was Chinatown; it seemed there was a large Chinese population here. We walked through the Temple of Sing How and then drove to see City Hall, Notre Dame Cathedral, the central post office and the opera house. It was a totally uninspiring tour. We did stop at a Vietnam coffee house and had coffee, followed by cold tea, together with a number of snacks. That was interesting. Also, the tables and chairs were sized like children's furniture. We stopped at the Ben Thanh Market, the largest in HCMC. Evelyn managed to buy a few things after some hard

bargaining. It wasn't really very much fun. The stalls were close together, hot and very humid, and the vendors were the most aggressive I have ever seen. We stopped at Starbucks for two mugs - Hanoi and HCMC. Our hotel was the Nikko Saigon. We really liked the one in Hanoi, but this one was even better, at six stars.

The next day we planned to visit the Cu Chi Tunnels and then the Cao Dai Great Temple.

I was feeling better, so whatever it was had passed, but I will not be brushing my teeth with hotel tap water ever again.

We had dinner at the Chinese

In front of the Ho Chi Minh Memorial Complex.



Evelyn in the Cao Dai Temple.



The Cao Dai Temple.

restaurant in the hotel. We were served an eight-course tasting menu, and it was wonderful. The table was set with chopsticks and Chinese soup spoons, but what was different was a spoon and chopstick rest combined into one on the table. How long will it take Evelyn to find them in LA?

The next day, April 30, we met our guide at 7 a.m. for the 90-minute drive to the Cu Chi Tunnels. The tunnels formed an important Vietcong base during the Vietnam War. The streets were not crowded, with it being a public holiday. We were the second car on the parking lot. Our car that day was a Ford twin cab F-150. It was not as comfortable as the van we had yesterday, and there was no ice chest for cold water. Of all of our guides, this one seemed to care less about what we wanted. This was our only stop that had an American (during the war) influence, and I wondered if that affected the service.

Getting to the tunnels early was smart, and we were able to see the exhibits without the crowds. The tunnels, which cover more than 200km, were originally built during the French Indochina war in 1948, and expanded during the Vietnam War. The tunnels were built so that villagers could help each other and not be seen by the French.

We were shown a propaganda film from 1967, which highlighted the "brave" Vietcong villagers in their fight against the Americans. I



At the coffee stop in Ho Chi Minh City.

just took all that with a grain of salt. We saw the various booby traps and spider holes, and we got to go through a replica tunnel. It was so small that I had to crawl most of the way. It was interesting to see the complex. Remember, the Vietnamese call the war the "American War."

We then drove another hour to Tay Ninh, the birthplace of the Cao Dai religion, a fusion of Buddhism, Confucianism, Taoism, Christianity, Islam and native Vietnamese spiritual beliefs. In the Cao Dai Great Temple, we participated in the daily prayer session from the upper balcony of the temple. The temple was quite beautiful, and the floor plan was a little like a mosque - it was open, with pillars supporting the roof, but rectangular in shape.

We returned to the hotel around 3 p.m. Our guide told us he would not be taking us to the airport the next day, and we would be picked up at 4:30 p.m., which would be fine, except we had to be out of the hotel at 2 p.m. He said there was nothing they would or could do. We left not on good terms. I asked the hotel for the extra two hours, but they wouldn't do it. They said we could pay for the room until 6 p.m. (\$84). It seemed to make sense to just pay and not sit in the lobby for three hours.

I was getting a little tired of Asian food, so we walked next door to the Now Zone Mall, and we had some ice cream. We took a short walk around the hotel area, but it was too warm. We checked out the pool area and that

looked like a place to hang out the next day.

We had dinner in the hotel. Evelyn had the seafood buffet, and I had a hamburger. The burger was okay, but the buffet was outstanding - there were all kinds of sushi, crab, lobster and tons of other stuff.

The next day, May 1, we got to sleep in to almost 8:30 a.m., which helped us catch up on some sleep. We had not had much time to just relax, so we planned to take that day to just do nothing. Our flight out of HCMC wasn't scheduled to land in Kuala Lumpur until 10:30 p.m. We were to lose an hour and then be back at the airport in Kuala Lumpur at 10:30 a.m. the next day for our flight to Sandakan on Borneo (Malaysia). We were looking forward to four nights in Borneo before flying to Taiwan.

After breakfast on May 1, we took our time and did a little packing and then sat by the pool until 2 p.m. We left the hotel about 4:15 p.m. and, with no traffic, we were at the airport and checked in a little after 5 p.m. We used the \$5-per-hour airport lounge until our flight was called. While we waited for the plane, Evelyn's stomach became upset.

Our Malaysia Air flight was about 45 minutes late in departing HCMC. We made up some of the time and landed only 20 minutes late. After the normal entrance processing, we found our driver and drove one hour to the Shangri-La Hotel in downtown Kuala Lumpur. Now, why our travel agent couldn't have booked an airport hotel I don't understand, as we had just five hours' sleep before we had to get up and go back to the airport at 7:30 a.m. the next day. The hotel was nice - what little we saw of it - but the breakfast buffet was the best yet.

Next month: Borneo. ■



# RETIREEES AROUND THE WORLD



**Take the Club with you, wherever you go!**  
Club members are a well-traveled bunch. Bring your recent copy of *Alive!* with you. Snap a **high resolution** photo with you **holding a copy**, send it in, and we'll publish it. Send to: [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

## Oregon



Retired Sanitation pals (from left) **Bruce Walport, Rodney Dishman, Bob Besant, Allen (Tex) Gray and Ronald Dishman** enjoyed a mini reunion in Oregon! Rodney, Bob, Tex and Ronald visited Bruce at his home recently. Together, the group from the Lopez Canyon Landfill has more than 150 years of City service, and 70 years of City retirement. They have been friends for about 40 years. Beautiful reunion!

## Italy



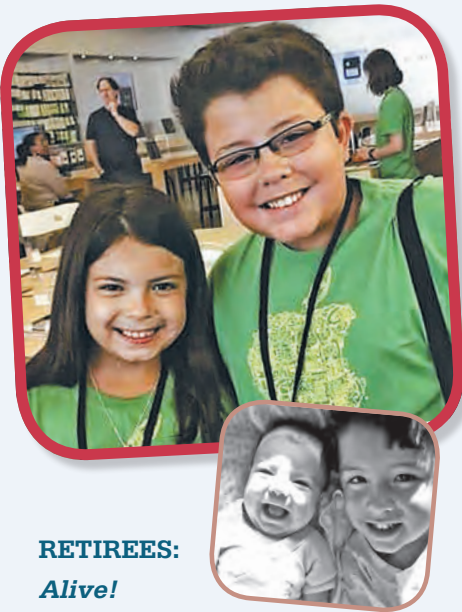
Here are **Bob (Retired, Animal Services) and Lana Perino** at, you guessed it, the Leaning Tower of Pisa.

## Santa Clara



Two weeks after she retired from the **LAPD's crime lab**, **Julie Jaramillo** went to the Super Bowl in January with **Elizabeth Carrillo**, current **LAPD** employee in Detective Support and Vice Division.

## Show Us Your Grandkids!



**RETIREEES:**  
*Alive!*  
wants to  
show off your grandkids!  
So send in those photos!

Here's how:

1. **Make sure to have the permission from their parents.** If you send in a photo, *Alive!* assumes you have already received that permission.
2. Photos with you in them are better, but if not, that's okay, too.
3. Make sure you list the names of your grandkids.
4. Tell us, in a sentence or two, a little bit about them – their school, their accomplishments, what they love to do, how proud you are of them, etc.
5. Digital photos are best! Send them to: [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

### Send Prints To:

**Grandkids**  
City Employees Club of Los Angeles  
120 W. 2nd St.  
Los Angeles, CA 90012  
(800) 464-0452

If you want the print photo returned, make sure you write your name and phone number on the back.

RLACEI

## RETIREEES: Save Money and Trees!

**W**hen you sign up to read *Alive!* on the Internet instead of in print, RLACEI will send you a \$5 gift card from either Starbucks or See's Candies (your choice). Reading *Alive!* online will save RLACEI the cost of printing and mailing ... and lots of trees!

It's all the same great *Alive!* content every month – retiree news, wellness information, newly retired lists, and of course all the great ticket and apparel Club deals to stretch your budget.



Receive a  
**\$5 Starbucks**  
or **\$5 See's**  
gift card  
when you  
switch to *Alive!*'s  
digital edition.

### How to switch to the digital *Alive!*:

- ▶ Send your request via email to [retiree@rlacei.com](mailto:retiree@rlacei.com). Include your name, address and the last four digits of your social security number (not the whole number), and your choice of either a Starbucks or See's Candies card.
- ▶ Gift card offer limited to the first 1,000 RLACEI Members who apply and to members not currently receiving *Alive!* by email.

## Switch Today!







Ask the Dietitian

Tara Miller, MS RD/N  
LACERS Well Program Coordinator



A monthly question-and-answer feature with  
Registered Dietitian/Nutritionist Tara Miller,  
LACERS Well Program Coordinator

Questions?

Do you have a question for Tara, the  
LACERS Registered Dietitian? Write to her:  
talkback@cityemployeesclub.com

GOUT AVOIDANCE  
“What can I eat if I have gout?”  
– LACERS Member, Orange County

Gout, once touted as the “disease of kings,” occurs when high levels of uric acid in the blood cause crystals to form and accumulate around a joint. A painful form of arthritis, gout was often suffered by those who overindulged in a “rich man’s diet”: fatty red meats, seafood and alcohol, and the excess weight that followed. Today, we know that purine, a naturally occurring substance that breaks down to uric acid in the body, is the true culprit behind gout flare-ups. Therefore, eating (and perhaps living) like a “pauper” may be better than it sounds for both health and longevity.

Consider these familiar recommendations, in relation to gout management:

**Weight loss.** Being overweight increases the risk of developing gout and puts excessive pressure on the joints. Losing weight has been shown to lower uric acid levels, but care should be made to avoid fad, low-carbohydrate diets, which may increase ketones, a precursor to uric acid. A moderate decrease in overall calories (especially fats and sugars) and an increase in activity is a better, long-lasting approach.

**A Sample Gout Prevention Menu (from WebMD.com)**  
*Here's a look at what you might eat during a typical day on a gout diet:*

BREAKFAST	LUNCH	DINNER
<ul style="list-style-type: none"><li>• Whole-grain, unsweetened cereal with skim or low-fat milk</li><li>• 1 cup fresh strawberries</li><li>• Coffee</li><li>• Water</li></ul>	<ul style="list-style-type: none"><li>• Roasted chicken breast slices (2 ounces) on a whole-grain roll with mustard</li><li>• Mixed green salad with balsamic vinegar and olive oil dressing</li><li>• Skim or low-fat milk</li><li>• Water</li><li>• 1 cup fresh cherries</li><li>• Water</li></ul>	<ul style="list-style-type: none"><li>• Roasted salmon (3-4 ounces)</li><li>• Roasted or steamed green beans</li><li>• 1/2 cup whole-grain pasta with olive oil and lemon pepper</li><li>• Water</li><li>• Low-fat yogurt</li><li>• 1 cup fresh melon</li><li>• Caffeine-free beverage, such as herbal tea</li></ul>

**Protein.** Many protein-rich foods are also high in purines, so it’s important to choose healthier versions (including low-fat or lean varieties), and be mindful of portion sizes. Animal products (sweetbreads, liver, kidneys, meat extracts), seafood (anchovies, sardines, herring, mackerel and scallops), and beer

(from the yeast) contain moderate to high levels of purines and should be avoided. Good alternatives are low-fat dairy (yogurt, skim milk), lean poultry, and vegetarian protein sources (beans, lentils).

**Fruits and Vegetables.** A diet rich in unprocessed fruits and vegetables has, for

centuries, been the healthiest of options. And while some vegetables including asparagus, spinach, peas, cauliflower or mushrooms contain higher amounts of purines, studies show that they do not significantly contribute to the uric acid levels in the blood. Similarly, beans and lentils, which contain moderate amounts of purines, are a safe, alternative source of protein.

**Water.** An increase in water consumption has been linked to fewer gout attacks, and staying hydrated with plain water can help with weight loss, headaches, fatigue and more. Aim for eight to 16 glasses of fluids a day.

A healthy lifestyle will not cure gout, but it can make significant improvements in the frequency and duration of symptoms. Talk to your doctor to see if medication therapy is right for you.

Content in this article is provided for your information only and should not be construed as medical advice or instruction. Readers should consult appropriate health professionals on all matters relating to their health and wellbeing.



Lean Protein Is the Key

By Alex Rabrenovich,  
LACERS Health Benefits Director  
and Tara Miller,  
RD/N Wellness Program Manager



LACERS Well challenges you to make 2016 a “Healthier, Leaner, Stronger” year! As part of this ongoing wellness campaign, new topics will be highlighted monthly. Members are also encouraged to log on to [www.LACERS.org/lacerswell](http://www.LACERS.org/lacerswell) for the monthly health challenge. This month: Getting Lean with Protein!

Getting Lean With Protein

What is Protein?

Protein is one of three macronutrients that the body needs to survive and thrive. Although macronutrients (protein, carbohydrate, and fat) provide calories, their behind-the-scenes role is much more complex. Proteins, made up of amino acids, act as building blocks for bones, muscles, cartilage, skin and blood. They regulate hormones, provide vitamins and minerals, and boost the immune system.

Most foods made from animal products contain protein, including meat, poultry, seafood, dairy and eggs, but plant-based foods including soy products, nuts, and seeds are also good sources of this nutrient. Additionally, protein-containing foods provide what’s often coined the “energy” or B vitamins (niacin, thiamin, riboflavin, and B6), vitamin E, iron, zinc and magnesium.

Since each source of protein has a unique nutrient profile, selecting a variety of these foods can improve the quality of one’s diet and overall health.

How much protein is recommended daily?

Most Americans eat an adequate amount of protein, but would benefit from leaner, less processed versions of their favorite foods, and choosing plant-based options. The Recommended Daily Allowance for protein is 56 grams a day for adult men and 46 grams a day for adult women. To put in this in perspective, here are some common protein-rich foods:

Protein-Rich Foods

Protein	Serving Size	Calories	Protein in grams
Chicken (skinless)	3 oz.	141	28
Egg (large)	1 egg	71	6
Salmon	3 oz.	155	22
Tuna	3 oz.	99	22
Pinto beans	½ cup	197	11
Edamame (soybeans)	½ cup	95	9
Lentils	½ cup	101	9
Peanut butter	1 tbsp.	188	7
Almonds	1 oz.	163	6
Greek yogurt	6 oz.	100	18
Milk (skim)	1 cup	86	8

Health benefits from the other nutrients found in protein-containing foods (adapted from [www.ChooseMyPlate.gov](http://www.ChooseMyPlate.gov))

• B vitamins serve a variety of functions in the body. They help the body release energy,

play a vital role in the function of the nervous system, aid in the formation of red blood cells, and help build tissues.

- Iron is used to carry oxygen in the blood.
- Magnesium is used in building bones and in releasing energy from muscles.
- Zinc is necessary for biochemical reactions and helps the immune system function properly.
- Eating unsalted peanuts and certain tree

nuts (i.e., walnuts, almonds and pistachios) may reduce the risk of heart disease due to powerful antioxidants.

• An excellent source of healthy, unsaturated fats, eating eight ounces per week of seafood, may help reduce the risk of heart disease.

Are you getting enough protein? Log on to [www.LACERS.org/lacerswell](http://www.LACERS.org/lacerswell) and

click on the “Healthier, Leaner, Stronger” campaign button to view this month’s wellness challenge, get more information regarding protein portions, and learn how to vary your protein choices.

How to Choose Lean Proteins

Choose lean or low-fat meat and poultry (eight percent or less fat).

Select some seafood that is rich in omega-3 fatty acids, such as salmon, trout, sardines, anchovies, herring, Pacific oysters and Atlantic and Pacific mackerel.

Processed meats including ham, sausage, frankfurters and luncheon or deli meats have added sodium. Check the “Nutrition Facts” label to help limit sodium intake.

Because nuts and seeds are high in calories, eat them in small portions and use them to replace other protein foods, like some meat or poultry, rather than adding them to what you already eat. In addition, choose unsalted nuts and seeds to help reduce sodium intake.

Some protein-rich food are naturally high in saturated fat and/or processed with artery-clogging trans-fats. These include fatty cuts of beef, pork and lamb; regular (75 percent to 85 percent lean) ground beef; regular sausages, hot dogs, and bacon; some luncheon meats, including regular bologna and salami; some poultry, including duck; and egg yolks. To help keep blood cholesterol levels healthy, limit the amount of these foods you eat.





# Larios in the City

BY ROBERT LARIOS, Chief Operating Officer  
rlarios@cityemployeesclub.com



Gregory W. Miller, Public Works/Street Maintenance, 25 years of City service.



Steven Trujillo, Public Works/Sanitation, 27 years of City service.



Robert Grier, Public Works/Sanitation, 35 years of City service.



Magnus Baltazar, Public Works/Sanitation, 26 years of City service.



Joe Knott, Public Works/Sanitation, 30 years of City service.

**Robert Larios, the Club's Chief Operating Officer, honors these retirees with the coveted Club Retirement Plaque. Congratulations!**



Donna Wright, Harbor, 34 years of City service.



Alfred Jeffery, Public Works/Sanitation, 25 years of City service.



Carol J. Schott, LAPD, 32 years of City service.



Debra Anderson, Economic/Workforce Development, 31 years of City service.



Lucy L. Reinhardt, Economic/Workforce Development, 25 years of City service.

## LAPD

# An Honor From the President

**LAPD Training Officer Don Thompson gets award from President Obama.**

The accolades keep coming for LAPD Training Officer III Don Thompson for his heroic actions on Christmas Day 2013. And now he's been honored by President Obama.

As *Alive!* chronicled two years ago, Training Officer Thompson was driving to work at LAX southbound on the 405 in West LA on Christmas Day when he saw a northbound vehicle hit the median guard rail and exploded into flames.

Training Officer Thompson parked in the carpool lane, jumped out of his vehicle, jumped over the guard rail and rescued the unconscious driver just before the car was engulfed in flames. The passenger survived, and Officer Thompson was burned in the action.

For his heroism, Training Officer Don Thompson received the LAPD's Medal of Valor in 2014, and now he's received an honor with the same name – the Medal of Valor – from President Barack Obama.

Training Officer Thompson received his medal personally from the president in a ceremony May 16 in the White House. He



Don Thompson, LAPD Training Officer

was one of 13 – including three others from Southern California – to receive the honor.

The Medal of Valor from the president is awarded to public safety officers who have "exhibited exceptional courage, regardless of personal safety, in the attempt to save or protect others from harm," according to the White House. It is the nation's highest honor for police.

"People have said, 'You know, you're a hero,'" Training Officer Thompson told *Alive!* at the time. "But in my heart, I don't feel that I'm a hero. I did something good. I protected someone. Yes, I put my life in jeopardy, but just helping someone – everyone should do that. Everyone's okay, so I'm happy."

"Everyone should be more selfless," he believes. "It seems that people are becoming a bit more selfish, caring about what they can get for themselves, as opposed to doing what's best for people in general. I totally respect people for being selfless."

Congratulations, Training Officer Thompson, for receiving the nation's highest honor for Police Officers.





"Happy Father's Day to the best dad in the world!"  
— **Marlene Salandanan, Controller's Office**



"Love this man to pieces. He is always there when I need him. Happy Father's Day, Daddy."  
— **From Caprice Staten, Harbor**



"Every father should remember that one day his sons will follow his *example* instead of his advice. To my boys, Thomas and Nicholas. Love,  
**Alex Bundis (dad)."**



"It's very important to be and have a great dad. I've learned a lot from my father. He is a man who accomplished many goals. I love you, Dad."  
— **Radames Macias, Port Police**



"When you have a father who never gets old, you have to tell people how much you love him. My dad, Darnell Carter, is the coolest father around. We are best friends, and I just want to say: Happy Father's Day."  
— **Michael L. Carter, LAPD**



"It's been four years without you, and there isn't a day you're not thought about, loved or missed. Happy Father's day to my dad, Tony."  
— **Jeanette Gadut, Club Counselor**



"My dad, Richard, was the best dad a girl could have. He was loved by everyone. He loved his children and grandchildren with all his heart. He was kind, caring and loving. He is in heaven resting peacefully, but his love lives on!"  
— **From Sherry Christopher.**



# Happy Father's Day!

Here are the personal messages sent to *Alive!* by some very loving and grateful family members who wanted to pay tribute.



"Dad, thank you for being a constant source of encouragement, support and love. I thank God for you!"  
— **From Katrina Frink**



"For Rod Dishman: Happy Father's/ Poppa Day to the greatest guy who is always there for our kids and grandkids. We all love you and are very proud to call you husband, father, father-in-law and Poppa."  
— **With love, Bernadine, Amanda, Danny, Lily, DJ. LyveaVeronica, Tyler (in the photo when he was 3) Lori, Bradley, Alexis, Chloe, Missy and Mini."**



"Happy Father's Day, Babe! We love you."  
— **Linda Covarrubiaz, City Attorney's Office**



"Happy Father's Day, Dad! I love you."  
— **Linda Covarrubiaz, City Attorney's Office**



"This is my dad, my hero, Ruben O. Solis, the best friend and dad ever. Love you, Dad."  
— **Sonia Solis**



"To Rafael Larios: Papá – gracias por enseñarme a caminar por la vida dandome todo su cariño. ¡ Feliz Día del Padre! Happy Father's Day!"  
— **Robert Larios, Club Chief Operating Officer**



"Hi Daddy! I love you to infinity and beyond. Love, Mia Lee."  
— **From Brenda Kister, State of California**



"Me and my boys; all of them are fathers as well, which makes me a grandpa. Yayyy."  
— **Vaughn Dorsey, Transportation**



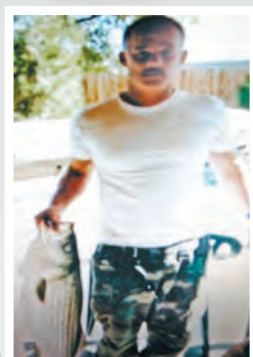
"My dad! Happy Father's Day."  
— **Laura Biggie, Building and Safety**



"I'm very proud to have Carlos as my kid's father. He is very dedicated to them. He's always trying to make them good, humble people to strive to be the best and always make good decisions."  
— **Cynthia Moreno**



"Happy Father's Day, Dad. Rest in Paradise."  
— **Your son, Teren King, LAFD. #cancersux"**



"This is what he considers a good Father's Day."  
— **Patrick Sheldon, for Officer R. Sheldon, Animal Services**



"My son and his son. Happy Father's Day to all the dads out there."  
— **Vaughn Dorsey, Transportation**



"Happy Father's Day to our hard-working dad and husband, William Wong! Thank you for all you do for us! We love you!"  
— **Tabitha and Fay"**



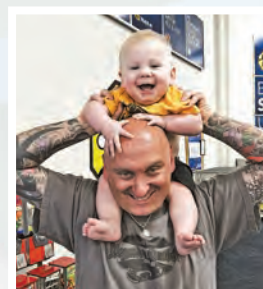
"At 89 years, Mr. Bill, Happy Father's Day and thanks for all that you do for the family."  
— **Gilda Henry, Library**



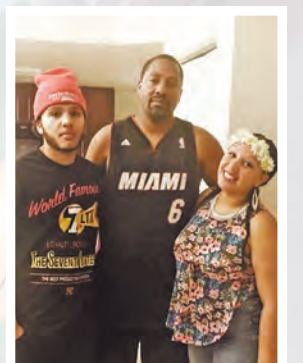
"Daddy, why are you always so awesome!?"  
— **Love, The Ino kids."**



Happy Father's Day  
— **from Frederick Gonzales**



"Brandon and Cash are always playing and having so much fun. Cash wants to wish Daddy a Happy Father's Day and tell him that he loves him so much!"  
— **For Brandon Balderas Brookman**



"We love you, old man!"  
— **Valerie and Nathan Williams, for Al Williams, General Services**





"You have always put the needs of our kids before your own. Thank you for being such an awesome, amazing and loving father to our children! Happy Father's day to a very special dad!"  
— **From Elena Sousa**



"My dad, Daniel R. Cortez, died at age 33 in a construction accident six days before I was born. I never knew him but loved him just the same."  
— **Deborah Hernandez**



"Happy Father's Day. Thank you for all that you are in my life. I love you, Pops – You're my father, mechanic, handyman, carpenter ... the man who can do it all, and for you I'm grateful."  
— **Cindy Zamudio**



"My dad passed away last year. However, I am very blessed to have a *fantastic father* in my daughter, Jennifer's, life! Larry has been supporting our daughter in every possible way since the moment she was conceived. Jennifer is a student at Azusa Pacific University, and her daddy recently paid for her summer semester abroad in Costa Rica for the next two months! Here they are, moments before she boarded the plane at LAX May 13."  
— **Marge Mendoza, Rec and Parks**



"To Robert Beltran, also known as Papa, a great architect, great dad and great grandfather".

— **Your son, Leonard Beltran.**



For Clarence Young, with his daughter, Camille. Clarence is a Motor Sweeper Operator, Venice Street Services Yard, Division 139, Public Works, 26 years of City service.



"Happy Father's Day, Dad. I love and miss you."  
— **Monique Serrato**



"For the best/most supportive/caring father ever!"  
— **Pharoah Bacon**



"Dad, our love for you grows stronger every day. I don't know how much more we could love you, because we already love you to the moon and back!"



— **Jovana Dorsey-Cowart, Public Works/Sanitation**



"Happy Father's Day, Pop. Thank you for everything you have done for us. You are our hero! We love you very much. All our love."  
— **Henry Jr. and Andrew**



"Dad, thank you for your service and all that you do for our family. We appreciate you and love you so much! May God always watch over you and protect you. Happy Father's Day! Love always, your kids,  
— **Daniel and Rachel, and your wife, Martha Alonzo.**



"I always thought you'd make a great dad ... now I know you make an amazing daddy! Thank you for all the love you give our monkeys. We love you, Daddy! Happy Father's Day!"  
— **Cecy Gomez, Economic/Workforce Development**



"Happy Father's Day to my dad, Micheal Albert, ITA, a kind, loving, creative genius and a great man."  
— **Nick Albert**



"Eddie, we love you! — Carla, Eddie Jr., Angelito and Sammy."  
— **From Carla Beltran**



"Happy Father's Day to a wonderful and caring husband. You're the wind beneath my wings. Thanks for your love and support."  
— **Patricia Amadi, Caltrans**



"Thank you for being a happy, understanding, compassionate and wonderful father, husband, grandfather and friend to many. We miss you dearly. I love you, Dad."  
— **Frank Koster, MTD**



"Jules Batiste, the best father ever. Strong, reliable, dedicated and loving! It's an honor to be able to call him father. We love you."  
— **AJ, Tweety and Tracy.**



"For Edward Medina, the man I'm proud to call my father-in-law – you're a great, strong and funny guy. The bond we have I will cherish forever. Happy Father's Day, Pops."  
— **Jeff Mararac, Airports**



"Happy Father's Day to the best dad ever! We appreciate everything you do for us! Love,  
— **Serina and Ethan.**



"Dad, thank you for always being a good father and great provider. You made me the honest, hard-working person I am today. *Famiglia prima.*"  
— **Lando Ceretti**



"My dad, Atanacio Garcia, worked 50 years at Main and 12th in Los Angeles."  
— **Ruben Garcia, Transportation**



"Happy Father's Day from our family to yours (Airports)."



"Happy Father's Day — I am so proud to have had such a man in my life. I love you, Dad."  
— **Vic Corella, LAPD Retired**



"My father, Juan Gonzalez, is the best dad without a doubt! He is the father of 10 (seven girls and three boys) and a set of twins (my brother and me); one son is deceased. He has 12 granddaughters, one grandson and two great-granddaughters! He raised my three youngest half-siblings and at the young age of 86 is still taking care of our youngest sister, who is 20. "He is always willing to lend a hand, babysit and give us remedies in how to get better. "He has the best personality and is always friendly! "He is our Fatti, and we all love him!"  
— **Norma Rios**



"Happy Father's Day to the greatest dad, Don Martinez III, Airports. Love,  
— **Don, Matthew and Jenny.**



"Happy Father's Day to the legend himself, Don Martinez, Airports. Thank you, Dad, for all that you do. You made us who we are today, and for that we can never repay you. We love you more than words can ever say!  
— **Your kids, Lupe (Airports), Gloria (LAUSD), Don (Airports) and Ginger (Airports).**



# Happy Father's Day!



"Our first-ever camping trip with the two most important people in my life. Every day we share together is my Father's Day. I love you, David and Sophia, very much."

— **From Alex Perez**



"Happy Father's Day to the best dad and grandfather! We always have the best of times with you!"

— **Sara Vega, Housing, with Pierre Vega, Building and Safety**



"Here's my dad, Manuel Solis, doing the Survivor's lap one year after he beat cancer. We love you!"

— **Claudia De Leon, Library**



"We are blessed to be a L.A. City family, and it all started with your encouragement! Happy Father's Day, Dad, from both your sons. God bless you and we love you."

— **Hector Favela Jr., General Services, and Alex Favela, Rec and Parks, for their dad, Hector Favela Sr., Rec and Parks**



"I love you, Dad."

— **Regina Palacios, L.A. County**



"Dear Dad, you have been a great hero in our life. Today, because of you, we are blessed in so many ways. Thank you for everything that you do for our family. We love you so much."

— **Steffany Aguinaldo, Health Services, Los Angeles County**



"Happy Father's Day to the world's greatest dad! I appreciate you!! Love you to the moon and back!"

— **Adriene Murphy, Personnel**



"Happy Father's Day to my wonderful father with all of his grand- and great-grandkids."

— **Anna Robinson, Public Works/Street Services**



*My love for you keeps increasing every second!*

"To our wonderful dad, who does everything for us, loves us, and protects us with his love. Happy Father's Day!"

— **From Claire and Matthew.**



"Thank you for working hard every day to provide us with all of our needs and wants. We appreciate everything you do for us. Happy Father's Day, Dad."

— **Matthew and Sabrina.**



"Happy Father's Day to my best friend, my husband, the father to all our children and grandbabies. You are our world, and I love you for allowing me to be in your world. Sincerely, Chermaine."

— **Chermaine Fontenette, Public Works/Sanitation**



"We love our dad because he's hardworking, generous, cool and funny. You just can't take him seriously (or anywhere). LOL! Love."

— **Noel and Kerry**



"My son, Chef Cris, is the best dad ever! He is a first-time dad to his seven-week old son, Blake Quincy Brown (who he named in honor of his deceased brother, former City Employee Quincy Brown). He shows his love to his wife and baby by taking the off-hour feeding shifts so his beautiful wife can sleep, spending tummy time with his son so he will be familiar with his dad's heartbeat! That's love and that's one of just a few of the things that makes him the best dad ever!"

— **Michelle Brown, Public Works/Sanitation**



"Daddy, there's not a day that we don't miss you. But we know you are with us in Eternal Life. We love you!"

— **Jaqi Rascon, Airports**



"What an amazing man, and he always shows his love for his son. He has changed my life and is the best ever."

— **Wayne Lightfoot, for Bud Lightfoot**



Happy Father's Day to Franco Santoni, Public Works/Sanitation.



"There's nothing in the world more gratifying than taking your daughter to her first Father/Daughter prom and dance. These memories will last a lifetime."

— **Larry Henderson**



Happy Father's Day to Capt. Jonathan Tom, LAPD, here with his son, Henry.



"Dad, thank you for your service in the Army's 66th Counterintelligence Corps, and thanks for being one hell of a Dad!"

— **from John Hawkins, Club CEO**



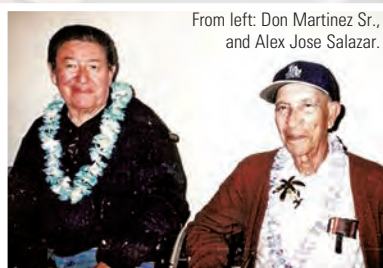
"Happy Father's Day to my brother, CPO Franco Herrero of the U.S. Navy."

— **From Arlene Herrero, Club Director of Product Development**



"The things I know, I learned from you. It's because of your constant love and care and mostly because you were there. It takes a special man to be a dad, and that special man is you. Love you!"

— **Saletheil Harris-Armstrong**



From left: Don Martinez Sr., and Alex Jose Salazar.

"Happy Father's Day in heaven. Not a day goes by that we don't miss you. You're always in our hearts. Love, your family."

— **Lupe Salazar, Airports**



From left: Don Martinez Jr., Airports; Don Martinez Sr., Airports; and Patrick Perez, LAFD.

"The three most important men in my life — my brother, dad and my brother-in-law. I love you guys with all my heart. Happy Father's Day!"

— **Lupe Salazar, Airports**



"My dad is the greatest father in the world because he provides, guides and supports us in everything we do. We are two boys and one girl plus two puppies

that he calls his family. We love him very much and wish him and all the other great fathers a very Happy Father's Day."

— **From Ethan**



"Dad, you are an amazing man who has always been there for me and taught me so much. We've been through a lot and always gotten through it together. I don't know what I would do without you. I love you, Daddy. Happy Father's Day!"

— **Franchesca Masson, LAPD**



"Happy Father's Day to the love of my life, Don Martinez, Airports. Love always, your First Lady."

— **Gloria Martinez.**



"This is my step-father, Elvis, who turned 80 years old this month. Happy birthday!"

— **Sarah Richardson, LAPD**





Happy Father's Day to Edward Ybarbo Sr., DWP.



"Happy Father's Day to my father, Anthony Santiago Sr. I am so blessed to have such a wonderful father. Although I had a strict upbringing, I appreciate his guidance and tough love. Thank you for your unconditional love, Daddy!"

— **Angela C. Santiago, LAPD**



**Francisco Carrillo and family.**



"Happy Father's Day to the best dad in the entire world! You will do anything for your family, and we love you so much for it! Thank you for everything! Love, Mom, Kristin, Jay, Noelle, Neil, Anthony and Wendy."

— **From Noelle Kauffman, Club Member Services Coordinator**



"Pedro Pelayo Sr., the greatest dad ever, a father to many, not just his own kids. If you were in need, he made sure you had ... or living with him until you got on your own feet. Selfless till he went to Rest in Heaven on July 26, 2015. My Angel."

— **From Sharlene Pelayo-Sutherland**



"Feliz Día del Padres al mejor papá del mundo. TQM!"

— **Citlali Bon, the Club's Data Processing Coordinato**



"Daddy! I just want to thank you for showing me the spirit of determination and telling me to never give up on what I want. I will never give up on you, Daddy! God is at work, so I must step back! I love you to pieces, never forget that!"

— **Nila Jean Neat, for Eugene Neat Jr.**



— **From Michael Villa.**



"This is a photo of my dad, Bob Hill, taken in the 1950s. He's been gone for a number of years now, and he's missed every day!"

— **Bob Hill, DWP**



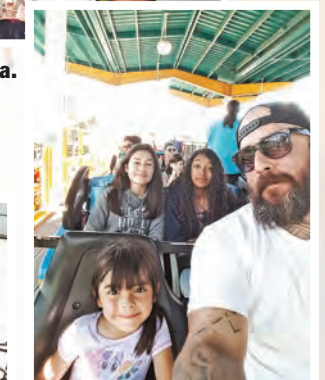
"To our daddy Armando, Happy Father's Day! You are the greatest dad. Thank you for everything that you do for us. We love you so much."

— **Natalie and Isabella Ochoa**



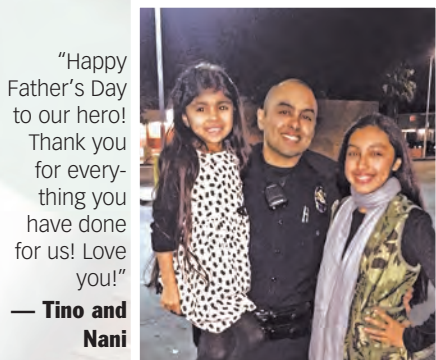
"Happy Father's Day to the most loving, caring person we know. Love always, Kenya, Kai and Kayden."

— **From Kenya Whitmore**



"Happy Father's Day, Big Derek. Love always, China."

— **Shanice Padilla**



"Happy Father's Day to our hero! Thank you for everything you have done for us! Love you!"

— **Tino and Nani**



"I want to wish my dad a very happy Father's Day, and a great grandpa to my little girl."

— **Maricela Olmedo, LAPD**



"Here is my baby, Camila Berumen, and me."

— **Oscar Berumen, LAPD**



Happy Father's Day to "my father, Virgil, shown when he was 18 years old. He's a member of the Three Affiliated Tribes — Mandan, Hidatsa and Arikara Nation. He later joined the Marines."

— **Cheryl Chase, LAPD**



"Happy Father's Day to my best friend. James, you are an amazing father and husband. Thank you for always being positive and for showing me that there is light at the end of the tunnel. I will love you always!"

— **Sand**



"Happy Father's Day, Daddy! From your babies."

— **For Robert Lepe, Public Works/ Sanitation**



"Happy Father's Day, Larry Russell! Loving doing it, all over again with you! You are a wonderful Papa!"

— **Brandi Blue, Public Works/Sanitation**



"Father Figure: Felipe Valladolid Chavez. Child: Princess Zion Kiori. Love between a father figure and his princess can only be measured by the purest and sweetest moments shared. Sometimes we tios just find it natural to step up to the plate and provide the love, warmth and support that otherwise may not be given to these beautiful beings! With love for my Princess Zion Kiori!"

— **Felipe Valladolid Chavez**



"My father was Clovis Babino, the gumbo king, as he was known to his friends. He loved to cook; creole dishes were his favorites. Until the time of his passing, he always put others first. He always had a good word to share."



"Happy Father's Day, Dad! You're my favorite 'Let's Hide' partner and the one who makes me laugh till my tummy hurts. I love you."

— **Sabrina**



"Happy Father's Day to my confidant, teacher, athletic coach, life coach, ally, friend and hero. I love you more than you'll ever know."

— **Dawn Marie Smith, Airport Police**



**Angel Gomez, Club Director of Sales**

# Angel's Be Alive!



# MURPHY'S RANCH

## *Pacific Palisades*

**Hello again!**

This month we take you to Pacific Palisades. I wanted to find a hike that had a little more than just the beautiful landscapes to appreciate, so this month we take a trail known not for its beautiful views but for the history of the area.

## Let's begin!

**History:** It's quite a story. This area was purchased by Winona and Norman Stephens, who reportedly believed that when Germany won World War II, this would be a great place to live and begin a new life. But of course that did not happen; Germany did not win the war, and the area was taken by the U.S. government. The Stephenses were taken into custody. However, during that time, more than \$4 million was spent on building structures, some of which are still standing today, including the gate, which was reportedly designed by famed L.A. architect Paul R. Williams.

This past February, Rec and Parks began dismantling many of the buildings, which were havens for taggers and others who were up to no good. The area, managed by the City of L.A., is back open.

**The Hike:** The hike is fairly easy, and some of the structures are still standing, but in reality most are just shells of the actual buildings. The structures that were built were a power station, a machine shed, a fully irrigated hillside for growing food, raised gardens, a massive water tank and also a place to store diesel fuel. The stairs that most people walk now were also built so that other people who lived and farmed in the area could connect with each other and also patrol the area.

The hike area is changing; I took the opportunity to take the hike before the structures were gone. If you get the chance, take the hike and enjoy the views of a slice of Southern California with an interesting past. The area is quite beautiful. I recommend you visit that area to see it for yourself. And if you decide to explore what's left of the buildings, then please be careful.

As always, if you go, bring snacks, water and sunblock. And take some photos and send them to me – [AGomez@cityemployeesclub.com](mailto:AGomez@cityemployeesclub.com).

*Be safe and "Be Alive!"*

Angel



## Murphy's Ranch at Rustic Canyon

The Corner of Capri Drive and Casale Road  
Pacific Palisades, CA 90292

**Trail features:**

More than 500 stairs, four miles round trip, easy to moderate

**Parking:** free (street)

**Directions from  
Downtown Los Angeles:**

Take the 10 Freeway going west to Santa Monica. Exit freeway at Cloverfield Blvd. Continue on

Cloverfield Blvd to Santa Monica Blvd. Make a right on Santa Monica Blvd to 26th Street turn left. Continue on 26th Street it will curve into Allenford Ave. Make a left at Sunset Blvd until you come to Capri Dr. make a right turn. Follow the road to Sullivan Fire Rd. You have arrived.



Airports



Goodbye, Dave

Dave Kametani retires after an impressive 43 years of City service.

On Feb. 18, 70 family members, co-workers and retirees gathered in the Maintenance Services Division lunchroom at LAX to say farewell to long-time LAX employee, Dave Kametani, Airport Maintenance Supervisor III.

Dave retired with 43 years of City service. All enjoyed tacos and cake along with presentations to honor Dave on his last day of work as he enters the next phase of his life ... retirement.

Dave began with the City of Los Angeles in January 1973 as an Equipment Mechanic after serving two years in the Army as a helicopter mechanic. His career path includes five years as a Heavy Duty Equipment Mechanic, 14 years as a Sr. Heavy Duty Equipment Mechanic at LAX and the last 17 years as an Airport Maintenance Supervisor on the swing shift Street Cleaning Crew at LAX.

Dave grew up in the Crenshaw District. He attended Melvern Junior High and is a graduate of Dorsey High School.

His first job was at a gas station in Los Angeles in 1962. His hobbies include gardening, gambling at Pala Casino in Temecula and doing Sudoku.



His plans for the future are ... none, no plans!

Since 1983, Dave has had Perfect Attendance, and over the years, he has donated 25 gallons of blood.

As noted by Ralph Morones, Director of Maintenance Services Division, Club Member, in his presentation, "Dave has been an integral part of the swing shift hours at LAX for many years. Whether it was a broken glass storefront, a pothole on a runway, a security door that would not close properly, or thirsty passengers in need of water, Dave was our 'go-to supervisor,' Maintenance 38. For his diligence and ability to handle numerous problems and situations on his own and with his crew, I was able to get a good night's sleep for many years."

Director Morones also praised Dave "as a shining example of great work ethic and outstanding dedication to the job for his Perfect Attendance for the past 33 years."

The Club and all in the Maintenance Services Division wishes Dave a long and fruitful retirement and we thank him for his 43 years of service.

At Dave's retirement party.



Airports

Story and photo courtesy Airport Police

To the FBI Academy

Lt. Dominguez selected for prestigious training.

In March, Airport Police Lt. Jesus Dominguez was selected to attend the prestigious FBI National Academy in Quantico, Va. Participation in the FBI National Academy class is by invitation only and is limited to only 250 nominees from 50 states and 150 foreign nations.

The FBI National Academy is a professional course of study for U.S. and international law enforcement leaders that serves to improve the administration of justice in police departments and agencies at home and abroad and to raise law enforcement standards, knowledge, and cooperation worldwide.

Lt. Dominguez is assigned as the acting Commander of the Emergency Services Unit for the Airport Police and has worked



Airport Police Lt. Jesus Dominguez.

various assignments as a Lieutenant, including Watch Commander in patrol and acting OIC of LA/Ontario Airport. Lt. Dominguez spearheaded the development of the Emergency Operations and Planning Unit and is the Adjutant for Ethel McGuire the Assistant Chief of Homeland Security.

Lt. Dominguez will have his hands full during the ten-week academy in Quantico as he takes undergraduate and graduate courses in law, behavioral science, forensic science, leadership development, communication, and health/fitness.

"This is a proud moment for the organization and for Lt. Dominguez, and we should celebrate the occasion," said Chief of Airport Police Patrick Gannon.

The Club congratulates Lt. Dominguez on this honor.

FACTS

Why?

What?

How?

WHAT DOES AIG BENEFIT SOLUTIONS ("AIGBS") DO WITH YOUR PERSONAL INFORMATION?

Financial companies choose how they share your personal information. Federal law gives consumers the right to limit some but not all sharing. Federal law also requires us to tell you how we collect, share, and protect your personal information. Please read this notice carefully to understand what we do.

The types of personal information we collect and share depend on the product or service you have with us. This information can include:

- Social Security number and Medical Information
- Income and Credit History
- Payment History and Employment Information

When you are *no longer* our customer, we continue to share your information as described in this notice.

All financial companies need to share customers' personal information to run their everyday business. In the section below, we list the reasons financial companies can share their customers' personal information; the reasons AIGBS chooses to share; and whether you can limit this sharing.

Reasons we can share your personal information	Does AIGBS share?	Can you limit this sharing?
<b>For our everyday business purposes</b> — such as to process your transactions, maintain your account(s), respond to court orders and legal investigations, or report to credit bureaus	Yes	No
<b>For our marketing purposes</b> — to offer our products and services to you	Yes	No
<b>For joint marketing with other financial companies</b>	Yes	No
<b>For our affiliates' everyday business purposes</b> — information about your transactions and experiences	Yes	No
<b>For our affiliates' everyday business purposes</b> — information about your creditworthiness	No	We don't share
<b>For nonaffiliates to market to you</b>	No	We don't share

Questions?

For American General Life Insurance Company (AGL) & The United States Life Insurance Company (US Life): Call 800-346-7692 or go to [www.aigbenefits.com](http://www.aigbenefits.com)  
For National Union Fire Insurance Company of Pittsburgh, Pa. (NUFIC): Call 866-244-4786; Fax: 212-458-7081 or E-Mail: [CIPPrivacy@aig.com](mailto:CIPPrivacy@aig.com)

Who we are

**Who is providing this notice?** AIG Benefit Solutions is the marketing name of the following insurance company subsidiaries of American International Group, Inc. (AIG) underwriting property-casualty, accident & health, and life insurance: American General Life Insurance Company, The United States Life Insurance Company in the City of New York, and National Union Fire Insurance Company of Pittsburgh, Pa.

What we do

**How does AIGBS protect my personal information?** To protect your personal information from unauthorized access and use, we use security measures that comply with federal law. These measures include computer safeguards and secured files and buildings. We restrict access to employees, representatives, agents, or selected third parties who have been trained to handle non public personal information.

**How does AIGBS collect my personal information?** We collect your personal information, for example, when you apply for insurance or pay insurance premiums

- file an insurance claim or give us your income information
- provide employment information

We also collect your personal information from others, such as credit bureaus, affiliates, or other companies.

**Why can't I limit all sharing?** Federal law gives you the right to limit only

- sharing for affiliates' everyday business purposes— information about your creditworthiness
- affiliates from using your information to market to you
- sharing for nonaffiliates to market to you

State laws and individual companies may give you additional rights to limit sharing. See below for more on your rights under state law.

Definitions

**Affiliates** Companies related by common ownership or control. They can be financial and nonfinancial companies.

- Our affiliates include the member companies of American International Group, Inc.

**Nonaffiliates** Companies not related by common ownership or control. They can be financial and nonfinancial companies.

- AIGBS does not share with nonaffiliates so they can market to you.

**Joint marketing** A formal agreement between nonaffiliated financial companies that together market financial products or services to you.

- Our joint marketing partners include companies with which we jointly offer insurance products, such as a bank.

Other important information

**For Vermont Residents only.** We will not share information we collect about you with nonaffiliated third parties, except as permitted by Vermont law, such as to process your transactions or to maintain your account. In addition, we will not share information about your creditworthiness with our affiliates except with your authorization.

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**Nevada Residents Only:** We are providing this notice pursuant to Nevada state law. You may elect to be placed on our internal Do Not Call list by calling 800-231-3655. Nevada law requires that we also provide you with the following contact information: Bureau of Consumer Protection, Office of the Nevada Attorney General, 555 E. Washington Street, Suite 3900, Las Vegas, NV 89101; Phone number: 702-486-3132; email: [aginfo@ag.nv.gov](mailto:aginfo@ag.nv.gov). For AGL/US Life: You may contact our customer service department by calling 800-346-7692, or email us at [www.aigbenefits.com](http://www.aigbenefits.com), or write to us at: 3600 Route 66, Neptune, NJ 07753. For NUFIC: You may contact us by calling 866-244-4786, by fax at 212-458-7081, by email at [CIPPrivacy@aig.com](mailto:CIPPrivacy@aig.com), or write to us at Privacy Officer, AIG Property Casualty, 175 Water Street, 18th Floor, New York, NY 10038.

You have the right to see and, if necessary, correct personal data. This requires a written request, both to see your personal data and to request correction. We do not have to change our records if we do not agree with your correction, but we will place your statement in our file. If you would like a more detailed description of our information practices and your rights, please write to us: For AGL/US Life customers: 3600 Route 66, Neptune, NJ 07753. For NUFIC customers: Privacy Officer, AIG Property Casualty, 175 Water Street, 18th Floor, New York, NY 10038.



LAFD

# Safe Land

**Fire Station Crash 80 at LAX is the City’s first responders for aircraft in trouble.**

**B**roken landing gear ... flat tires ... fuel spills ... onboard or crash fires ... fuselage damage in flight – these and other similar situations are the kinds of sticky emergencies that Fire Station 80 at LAX is ready to deal with.

Staffed and ready 24/7, this Fire Station, unique in the City in that it’s owned by Airports and funded mostly by the federal government, receives about one emergency call per day. But those situations are very unique, so the LAFD personnel assigned to Crash 80 are not newbies – they have more experience in the field than just about any other LAFD Fire Station. And of course they’re trained for the kinds of one-of-a-kind emergencies that only one of the world’s largest airports will experience.

Mines Field, the forerunner of LAX, opened in 1928, and the LAFD began its presence at the airfield in 1941. The current ARFF Fire Station 80 – Aircraft Rescue and Firefighting – is the fifth Station 80 facility at the airport, and is one of the best in the world.

Here, catch a glimpse of the men at Fire Station 80, and see how they go about keeping LAX safe and sound. ■

*Photos by Summy Lam, Club Director of Marketing; John Burnes, Alive! editor; Harry Garvin; and courtesy LAFD*



**‘We are mandated by the FAA to deal only with aircraft and be available 24 hours.’**

On the FS 80 apron at LAX, from left: Capt. II Bill Wick, 29 years of City service; Firefighter III Brian Baker, 29 years; Firefighter III Dennis Burke, 30 years; and Capt. I Mike Tombrello, 28 years, Club Member. Driving the fire prevention rig (left background): Engineer Mike Kolezar. The airliner in the background was not involved in an emergency.



Alive! Feature

# ings



From left: Capt. I Mike Tombrello; Robert Larios, Club COO; and Capt. II William Wick look out Fire Station 80's main observation window.

## Planely Speaking

On May 11, Club staff Robert Larios, COO; Summy Lam, Director of Marketing; and John Burnes, Alive! editor, met with Capt. II William Wick, Station Commander, B Platoon, Fire Station 80, 29 years of City service; and Capt. I Mike Tombrello, B Platoon, 28 years of City service, Club Member. The interview took place in the Captain's Office, which contains an observation window with views onto LAX.

**Great, thanks for hosting us. We'd like to start with this: What's your career path been here at the LAFD?**

**Capt. William Wick:** Well let's see – I spent my first five years as a Firefighter. In that time I was also a Paramedic. Then I was promoted to Engineer with six years on the job. I drove a fire apparatus for six years, then made Captain. I've been a Captain since 1998, a Captain I and Captain II. I served a couple terms of what we call Special Duty, or Administration – one as a Training Officer and one as a Public Information Officer. I've been assigned to the Harbor, South Central Los Angeles, mostly Downtown, a little stint in the Valley, and for the past seven years here at Fire Station 80 at LAX.

**Okay, got it. Mike?**

**Capt. Mike Tombrello:** I was a Fireman for four years and was promoted to Engineer. In 1999 I was promoted to Captain I. I've been mostly in South Central L.A., and spent a lot of time

Capt. William Wick



Downtown. I was also assigned to the Hazardous Materials Taskforce for five to six years. I was on Special Duty for almost four years, and I finally got here at Fire Station 80 in August 2015.

**Got it. You gave us a lot of great information during our tour of Fire Station 80, but let's start there – give us a brief overview of what Fire Station 80 is all about, what it's tasked to do and how it goes about that.**



Capt. Mike Tombrello

**Capt. William Wick:** We're just one station out of 105 Fire Stations in the LAFD. Our sole responsibil-

### THE ALIVE! INTERVIEW

ity is to take care of the Los Angeles International Airport and provide ARFF coverage– Aircraft Rescue and Firefighting. All of our apparatuses are specifically used for aircraft and nothing else. We don't go on any other responses outside the airport unless there is an airplane crash in and around the general area – Santa Monica, West L.A., and maybe closer down to the Harbor area. We would respond one apparatus. However, 99 percent of our responses obviously are in the airport area, the AOA – the Airport Operating Area. We are responsible for talking with the pilot, being advised by him or her on what they need. Obviously if there's a crash, we're responsible for, number one, extinguishing the fire; number two, evacuating the people. If there's no fire, number one is evacuation – securing the airplane so that we can enter so that we can evacuate people, getting people to what's called a triage area so we can treat them and start taking them to the hospital in the quickest, most expedient manner.

**You don't do medical emergencies? That's the task of other Fire Stations?**

**Capt. William Wick:** Most Firefighters here have a minimum of 20 years' experience in the field. All of them are EMTs and some of them are paramedics; if we do have an emergency, if we have an evacuation, once we get the people off the airplane, the airplane is secured and obviously it's not on fire, then we would have the responsibility of treating patients. But not normally do we respond to medical emergencies. We have other Fire Stations in and around this area that do that for us.

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THE ALIVE! INTERVIEW

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Which Fire Stations?

**Capt. William Wick:** There are basically four Fire stations that cover LAX. Fire Station 80 – us – is for ARFF, Aircraft Rescue and Firefighting. Fire Station 51 mainly is for emergency medicals, though they’re a fire suppression company, also; 95 is for general fires, general emergencies, and it has a specialized Hazmat taskforce; and then Fire Station 5 is a general fire company with Urban Search and Rescue. We’ve got the entire gambit specifically placed in this general area for the airport for those specific needs.

What’s a typical day like here at Fire Station 80?

**Capt. William Wick:** Your turn.

**Capt. Mike Tombrello:** We get in about 5:30 in the morning. We talk to the person we are relieving and exchange any pertinent information, anything that happened to the rig, any incidents that we had, equipment used, things like that. At about 7:30 a.m. we’ll have a lineup with the Captains. We’ll do the timekeeping. We’ll go through any new information that comes through our portal and anything else that we’ve got– memos from the chief, emails and pertinent information that needs to be passed on dealing with the daily operations of not only Fire Station 80 but of the department itself.

We’ll try to get in at least one drill a day, dealing with either aircraft familiarization, airport familiarization, emergency operations, communications, something along that sort. The FAA mandates so many training hours per year and they audit our books, too. Training is something that we have to really keep track of; that’s a real biggie. And the crew will exercise after that, and then the cook will go out shopping. We’ll do general housework and apparatus maintenance throughout the day. That’s basically it for the day, while we wait for a call to come in.

When a Call Comes In

Talk about the red phones and what happens when a call comes in. Where does it come in from, and then what happens?

**Capt. Mike Tombrello:** If an airplane’s in distress, the pilot notifies the control tower. The tower notifies us via that red phone. They call it the crash phone.



The crash phone.

**Capt. Mike Tombrello:** Right. And that’s a direct line. A couple other stations in the battalion have that red phone, so they can listen, too, if they want. But I’m in charge of picking up the phone and talking to the air traffic controller with the pertinent information. It will be either an Alert 2 or Alert 3 ...

...meaning ...

**Capt. Mike Tombrello:** That there’s something wrong. Basically a plane’s in the air, and there’s an in-flight emergency of some sort. He might be having a hydraulic problem. It might be a flap problem, something along those lines that he’s trying to rectify. If it’s an Alert 3, it’s usually something that’s imminent; it’s going to crash or it is happening right then, which requires a whole different dispatch. So I’m getting that information and I basically will make that decision on the information that they’re giving me.

And you write it down on that clipboard, that sheet.

**Capt. Mike Tombrello:** Yes, exactly. The controller will tell me what runway they have cleared for the plane. He’ll let me know the airline, flight number, amount of fuel, the type of plane coming in, the amount of people onboard, and again,

the estimated time of arrival. Once I get that, I will let Metro Dispatch – OCD – know what kind of assignment do we want. I’ll usually make it a full assignment, which assigns everybody in the battalion to that certain runway. We all go to our assigned staging places, and everybody basically gets put into play. We just wait for the plane to come down, and 90 percent of the time they come down without incident.

Right. You average about one incident a day?

**Capt. William Wick:** That’s about right.

**Capt. Mike Tombrello:** And then fuel spills, too.

Got it. You then relay that information to Captain II?

**Capt. Mike Tombrello:** Yes, I’ll relay it to the Captain II, the ARFF Commander, and everybody else is going to be listening on that tactical channel. Everybody on that assignment is going to be hearing the same size-up I’m giving them, so now they have an idea of what’s coming in, and what to expect.

Right. And then Captain II establishes a discrete channel connection with the pilot.

**Capt. Mike Tombrello:** Yes, where he can talk directly to the pilot and he can talk to the tower, too. He does mostly all of the talking when it comes to the tower and the pilot itself.

Right, got it. And then you have a mandate to get to the site in three minutes or fewer?

**Capt. William Wick:** To the farthest runway. The mandate by the FAA is to get from midfield to the farthest runway.

That dictates the speed of your vehicle and all sorts of different things, I would imagine.

**Capt. William Wick:** Response time depends on how fast the communication comes to us, how fast the crew gets to the rig, how fast they put on their PPEs – personal protective equipment– how fast they get on the apparatus, how fast they start it, how fast they drive it, what means and routes that they use as far as the fastest, most expedient, and so on. That sometimes changes based on the time of day and how many airplanes there are. The big one is if the air traffic controller

has given us allowance to use the runways as access. That doesn’t normally happen. However, that’s the plan. If there’s a major emergency, an Alert 3, and an airplane has crashed, it’s the traffic controllers, under letter of agreement with us, that they’re going to try to close that entire complex, that side of the airport, so that all the planes have to stop and we now get use of any taxiway or runway. Even we have to ask permission to get onto the runways discreetly through the airport traffic controller before we cross certain boundaries.

Obviously this is all built on safety. If he deems it safe and he stopped all his aircraft from coming in, then he can give us permission to drive on the runway. We can’t do that until he tells us to do that. That’s the plan so that we don’t have to drive in and around this whole airport just to get to a crash.

Big Operation

Is this the biggest fire station in the City, and maybe the biggest at an airport in the United States?

**Capt. William Wick:** Not quite. Fire Station 27 is big.

**Capt. Mike Tombrello:** 21 is big. It’s about the same size, if not bigger.

**Capt. William Wick:** But it’s one of the largest, if not the largest, Fire Station, based on square footage and manpower. 16 people per shift.

And I would say we’re probably third as far as Aircraft Rescue Firefighting. We compare with Dallas, O’Hare and Atlanta Hartsfield as far as the size of our Fire Stations, the amount of apparatus we bring and the amount of people. The only place that brings more people to an aircraft emergency is Dallas. They’re a bigger airport. They have eight fire stations surrounding their airport.

Really?

**Capt. William Wick:** Yes, they’re gigantic.

**Capt. Mike Tombrello:** That’s a big airport. It takes you about a half hour just to get to your other satellite fire station.

**Capt. William Wick:** Denver’s kind of the same way, too. They’re all over the place. They’re huge.

Those are relatively new airports, and so they have a lot more room and space.

**Capt. William Wick:** Right.

This Fire Station 80 is a relatively new facility.

**Capt. William Wick:** Right. It was 2010 is when we got it. LAWA put billions of dollars in the new Tom Bradley International Terminal. The old Fire Station 80 was in the way of the new taxiway that shuttles those new aircraft, the Airbus 380. They didn’t have a turning radius in front of our Fire Station, so they needed another area to put us. They came to us and asked, “Where’s the best place?” and this is the best-centered place that we can meet that time criteria to respond from.

I see. It has a lot to do with that mandates.

**Capt. William Wick:** Everything is based on that mandate.

Unique

What do you do here that’s unique and different than any other Fire Station in the LAFD?

**Capt. William Wick:** Good question. What we don’t do is what is unique. Ninety-nine percent of the Fire Stations in L.A., other than our helicopter pilots and our boats, is responsible for just about everything – Hazmat, brush fires, EMS obviously, fire prevention, rookies, and so forth. We only deal with aircraft.

**Capt. Mike Tombrello:** Aircraft.

**Capt. William Wick:** If the building’s on fire or someone’s having a heart attack, we call 911. We are mandated by the FAA to deal only with aircraft and be available 24 hours, so we can’t get caught up in everything else.

We have what’s called an ARFF certification – you cannot work at this station without an ARFF– Aircraft Rescue Firefighting– certification, a state and federal mandate. That incorporates knowing what blue and green lights are, taxiways, runways, aircraft familiarization, communications and everything that goes about doing the job that we do. There are probably fewer than 70 people out of the 3,200 on the LAFD who are Aircraft Rescue Firefighting certified. There aren’t many people who can actually work here, but we can work everywhere else.

What about Hawthorne Airport, Torrance, Santa Monica or even Long Beach? Do you cover other surrounding airports?

**Capt. William Wick:** The smaller airports aren’t mandated by FAA to have any fire protection. They’re normally controlled by the surrounding municipality. Hawthorne has Hawthorne Fire Dept. and now L.A. County. Torrance has Torrance Fire Dept. They don’t have any particular rescue service, other than Long Beach. They do have ARFF apparatus like us, but they’re not mandated like us. It’s a much smaller airport.

What does it take to get the ARFF certification?

**Capt. William Wick:** There are ten categories that are mandated by the FAA. It’s basic aircraft familiarization and airport familiarization, communications, safety, tools and equipment, extinguishing agents, evacuation, cargo and a couple others. They want to ensure that, above and beyond, a regular firefighter who extinguishes a Class A-type fire knows the differences that an airplane presents. It’s the construction of it, the type of fuels, the capacities with the tens of thousands of gallons of Jet-A fuel; the electronic systems; how to get into the airplanes; how to deactivate/activate doors; fuel systems and so forth within the particular airplanes; and how to drive around this airport in a safe, expedient manner as far as the taxiways, runways, night and day. Communications is a big deal. They talk a different language than we do. When I talk on one radio I talk one way. I talk plain English. But when I talk on the airport radio, I talk technically, the way that they use it– Alpha, Bravo, Charlie, and so forth, and Wilco. Firefighters don’t use any of those terms.

So one way is “plain speak,” and the other is “plane speak.”

**Capt. William Wick:** Right, right.

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# About Fire Station 80

The current Aircraft Rescue and Firefighting (ARFF) facility at LAX, Fire Station 80, opened Nov. 22, 2010. The \$13.5 million facility was paid for mostly by the Federal Aviation Administration (through passenger fare fees and the Federal Stimulus Act) and airport revenue bonds. Fire Station 80, owned by Airports, was built as a replacement for an earlier 25-year-old facility. There has been an LAFD facility at the airport since 1941.

## The 13-month construction project, which began September 2009, was completed under budget.

With approximately 28,000 square feet of space on two floors, ARFF Crash 80 is double the size of the previous one and includes seven bays to house and maintain all the station's rescue and firefighting vehicles and other large emergency-response equipment, including mass casualty decontamination units, of which some had been previously stored outdoors in a coastal environment. There is also ample living, administrative and training areas for 16 firefighters assigned to each 24-hour shift. One of the bays has a hydraulic lift capable of raising 100,000-pound firefighting apparatus so that maintenance can be performed more quickly on-site rather than at the LAFD's maintenance facility in downtown Los Angeles. The footprint of the former Station 80 fits inside the floor of the fire apparatus bays of the new facility.

The ARFF Station 80 is located midway between LAX's north and south airfield complexes with a total four runways and 2,400 feet further west of the passenger terminal area than the former station. Federal Aviation Administration (FAA) regulations require at least one ARFF apparatus capable of arriving at the midpoint of the furthest runway within three minutes.

sion to respond to the scene of any aircraft emergency at LAX. During the past 70 years, Station 80 firefighters moved into two other facilities while their responsibilities grew to include responding to fuel spills, aircraft fires, airborne medical emergencies, radiological and hazardous materials incidents, evacuation assistance, terrorist activity such as bomb threats and hijackings, and standbys for high-level national and foreign dignitary arrivals.

## Other LAX Fire Stations

ARFF Station 80 is one of three LAFD stations located on airport property. Station 51 is also located on the

The two sets of runways are nearly one mile apart.

Since 1941 when the first Fire Station 80 operated out of a five-room bungalow, Station 80 personnel have pursued their primary mis-

restricted airfield on the east side of LAX and includes a paramedic team that responds to medical emergencies occurring in the passenger terminal area. (Station 80 does not handle medical emergencies.) Station 95, a hazardous materials task force, is located near the intersection of Century and Aviation boulevards adjacent to major air cargo facilities. There also is a Live Fire Training Facility at the southwest corner of LAX that was built in 1994 at a cost of \$4 million. Firefighters train at this facility to maintain their annual certifications in aircraft rescue and firefighting with the goal of increasing passenger survivability during aircraft incidents.

In 2009, Station 80 personnel responded to 825 calls and 182 incidents at LAX.

## Crash 80 Personnel

Personnel who staff Station 80 are recognized as among the finest aircraft rescue and firefighting specialists in the country and are well respected in the aircraft firefighting community. Along with the FAA, Station 80 plays an integral part in developing standard operating guidelines when using ARFF apparatus and more specifically, High Reach Extendible Turrets and Forcible Entry Procedures. These skill sets are considered invaluable while conducting lifesaving operations during aircraft incidents. ■

The Fire Station 80 apron west of the Tom Bradley International Terminal.



# History of FS 80 at LAX

Some information courtesy LAFD newsletter



This new triple combination pumper arrived at Fire Station 80 circa 1945.

Fire Station 80 has provided fire protection to LAX since October 16, 1941. The original station was a five-room bungalow. A pumper with a 60-gallon chemical tank (containing

sulfuric acid and baking soda) was assigned to the fire station. In 1943, a crash wagon was assigned to Fire Station 80.

Fire Station 80 was originally located on the south side of the airport but was moved to a more central location to better cover the center of the south runways. On May 29, 1956, a new Fire Station 80 was dedicated and was located at 10435 S. Sepulveda Blvd. Ten years later, Eighties North, a substation located at the intersection of "Taxiway Sierra" (a plane taxi-way) and "Service Road Echo" (a vehicle service road) was activated for rapid response to the north runways.

A third Fire Station 80 was opened in May 1985 just west of the terminal complex. The fourth (and current) Fire Station 80 opened in 2010.



Fire Station 80, circa 1956.



The live fire training facility at the southwest corner of LAX is used sparingly.



Fire Station 80, circa 1942.

Three other Fire Stations operate at the airport – Fire Station 51 includes a paramedic team; Station 95 includes a hazardous materials task force; and there is a live fire training facility at the southwest corner of LAX. ■

# Bringing the Fight to the Fire

The stars of LAFD Fire Station Crash 80 – other than the personnel – are six new Aircraft Rescue Firefighting (ARFF) apparatuses. The new apparatuses, which cost \$5.7 million total, give the on-airfield ARFF Station 80 additional capacity for carrying water and other firefighting agents, and provide redundancy so firefighters can cover two emergencies simultaneously. The six new apparatuses replace the airport's existing four, three of which are being reassigned to LAX's sister airports at Van Nuys and LA/Ontario International, and the fourth remaining at LAX as backup. The new ARFF apparatuses far exceed the FAA requirements for fire protection at a large commercial airport.

"These cutting-edge ARFF fire trucks will enable the LAFD to better serve the traveling public and support the airport's operations mission of providing the traveling public with a safe and efficient airport, and to proudly serve our passengers by engaging in a high level of customer service and ongoing enforcement of Federal Aviation Administration regulations with regards to safety," said LAFD Chief Ralph Terrazas.

The new apparatus are 2015 Panthers manufactured by Rosenbauer America in Montana, Minn. Each six-wheel-drive (6X6) vehicle features a state-of-the-art, 54-foot-long, high-reach extendable turret equipped with a spray nozzle and a piercing nozzle. The spray tip is capable of dispensing water/foam at 1,000/500 gallons per minute and dry chemical at 19 pounds per second. The piercing tip is capable of dispensing water/foam or Halotron, a clean fire-extinguishing agent. The new ARFF apparatuses are also supplied with a forward-looking infrared camera, a 350-gallons-per-minute bumper turret, a 3,000-gallon water tank, a 500-pound dry chemical system, a 460-pound Halotron clean-agent system, and a 400-gallon aqueous film-forming foam system. ■



Inside the Panther ARFF truck, Engineer Mike Kolezar (center) gives the Alive! crew a brief demonstration. Left: Robert Larios, Club COO. Back: Alive! editor John Burnes.

This ARFF Osh Kosh fire truck (right), replaced at Crash 80 by the newer models, is off to Van Nuys International Airport. At left: an American Airlines Boeing 777.



LAFD's Panther 6 displays its power to douse flames.



The Panthers lined up on the FS 80 apron.





# A Station

Fire Station 80 is a big facility with an important mission – assisting aircraft at LAX that are in trouble. Here’s how the Firefighters at Crash 80 accomplish their mission.

## Captain’s Office

Although communications equipment exists throughout Fire Station 80, the main desk and observation area – mandated by the FAA – are on the station’s second floor. Here, Captains I and II can directly observe the activities at LAX, and can respond to emergency calls.

The binoculars are especially important, as pilots who need visual confirmation of potential problems (landing gear malfunction, blown tire, etc.) can perform a low fly-by, and the Captains on duty can take a visual reading of the situation and report directly to the pilot.



From left: Capt. I Mike Tombrello; Robert Larios, Club COO; and Capt. II William Wick look out Fire Station 80’s main observation window.



## The Crash Phone

This phone connects directly to the LAX Control Tower, and other Fire Stations in the Battalion can monitor these direct communications.

At left: Capt. I Mike Tombrello at the Crash Phone. If he were to pick it up, it would ring immediately in the LAX Air Traffic Control center.



At left: The “Blue Line” slim line phone (left of the red Crash Phone) rings when there’s an aircraft emergency over or in the ocean; this phone connects to various first responder units, including the U.S. Coast Guard, L.A. County Lifeguards, the LAPD, and others.



Binoculars are helpful when aircraft, sensing a landing gear problem, perform a flyby; FS 80 Firefighters can provide a visual check.

## Engine Bays

Fire Station 80’s six new Rosenbauer Panthers are housed in the engine bays. The previous Fire Station 80, which closed in 2010 when this facility opened, could fit entirely in the new station’s engine bays.

Maintenance on these new ARFF Fire Trucks can be performed in the bay furthest in the distance.

Below: PPE – personal protective equipment – sits next to a fire truck, ready to be worn at a moment’s notice.





Alive! Feature  
Safe Landings

# Tour

## Conference Room

Each of the three daily platoons goes through a training exercise or lesson daily. Those educational sessions usually occur in this conference room.

From left: Capt. Mike Tombrello, Capt. William Wick and Club COO Robert Larios in Fire Station 80's conference room.



## The Fire Pole

Yes, Fire Station Crash 80 is complete with an old-fashioned fire pole, which helps Firefighters on the second floor get to their rig on the first floor quickly. Capt. William Wick says it remains in use, although sparingly.

## The Stair Truck

This truck, which assists in passenger/crew evacuations and also helps first responders board the aircraft, is stored outside as is the next vehicle to be replaced, according to Capt. William Wick.



## THE ALIVE! INTERVIEW

— continued from page 26

### At Times, Exciting

**What's the most exciting part about working in a Fire Station at a major international airport?**

**Capt. Mike Tombrello:** There's always something happening, and the potential that something that can happen. You're always anticipating and waiting. You're hoping it doesn't come, but to me that's what's exciting. There's always movement, 24/7. If you work at a regular Fire Station, it calms down and you sleep at night, but here, there's always something happening.

**Capt. William Wick:** They use the term sometimes about being assigned here – "the Hall of Fame" – when you get here, you come to the Hall of Fame, because no one comes here with one, two, five, 10 or even 20 years of experience. Everybody comes here with 25-plus years of service.

**Capt. Mike Tombrello:** That's self-proclaimed!

**Capt. William Wick:** Right, there you go – it takes a tremendous amount of time to get here. You work through the LAFD for 20 or 25 years and you work hard. You have worked at very busy stations, in brush areas and downtown and Skid Row. You've been to a lot of fires, you've seen a lot of dead people at car accidents and fires and so forth, and you've done CPR a hundred times, and now you're required to learn this ARFF training. But you know that if, for whatever reason, you do have that big crash, that you're more experienced than anybody else that's going to do it on our job, because you've done it, just in a different way. We've been to boat fires, we've been to train wrecks and things like that, and we're going to use all that experience that we have. Mike and I were both on the Chatsworth and the Glendale train crashes and the high-rise

### How is that make it different?

**Capt. William Wick:** We serve three masters here. Normally, on the streets, we serve one master, the Fire Dept., and we do everything based upon the command-and-control of the LAFD. Here, we're in somebody else's property under somebody else's rule. Our three masters – there's the FAA, number one, because ultimately they're responsible; number two is LAWA; and then number three is the Fire Dept. We always get there first, and it's our responsibility to deal with the incident before everybody else gets out there. And then the surrounding companies come, and then our chief officers. We are always responsible, the entire time, for the airplane and the passengers.

### A Passion

**What do you love about your job?**

**Capt. William Wick:** Sleep!

We've been able to use everything that we've acquired through our other adventures and administration. We're responsible for fire protection, which we've been doing our entire life. We're in charge of training our members, which we've been doing as officers. We've been able to learn a completely different mindset. For me it was in some ways a large weight lifted off my back, and then a large weight placed upon my back.

We feel proud about doing it the way we do, because the LAFD is a very outstanding organization. We hope on game day we'll bring all that together.

**Capt. Mike Tombrello:** I like the people I work with. I love it. It's a good group of guys, and the camaraderie and the friendships you build throughout the years are good.



Capt. William Wick at the Stair 80 truck.

**Did you request this service? Did either one of you like aviation before you came here?**

**Capt. William Wick:** Yes. I did.

**Capt. Mike Tombrello:** I had always wanted to fly. I never did do it, but there's still time, I guess.

There's always that interest in aviation. How do these big things get in the air? It's crazy. And then how do they land them? That's always just amazed and intrigued me. It's good to just actually be a part of it in this way.

**You have a fantastic patio. I know it's loud. Do you ever sit out there and just watch planes, or are you way over that now?**

**Capt. Mike Tombrello:** Oh yeah. I do.

**Capt. William Wick:** Sure, we still do it.

**Capt. Mike Tombrello:** Still do it.

**Capt. William Wick:** We're looking forward to more planes coming through here, to tell you the truth.

### Good Crew

**How good is your crew here?**

**Capt. Mike Tombrello:** They're the best. We have a very talented group of people here. They're probably the most competent group of firemen I've ever worked with. More than competent – they just excel at what they do, and I have no qualms about them doing their job.

**It sounds to me like you could consider them to be veteran, all-star Firefighters.**

**Capt. Mike Tombrello:** Yes.

**Capt. William Wick:** Hall of Fame. I'm probably going to hear about that, from the other 3,200 at the LAFD!

**Capt. Mike Tombrello:** Yes, you're going to wear that one.

**William and Mike, thank you for our tour, and thanks for the interview.**

**Capt. William Wick:** Sure.

**Capt. Mike Tombrello:** You're welcome. It's our pleasure. ■

fire downtown. Our members are very seasoned and experienced, which makes them exceptionally prepared for an aircraft crash that can be very dangerous and complicated to sort through and manage. If you do get that once-in-a-lifetime airplane crash, it's going to be us with our experience that's going to be able to handle it, rather than that five-year guy who may not have that same experience.

We've been to those fires, with the people screaming and jumping out of buildings, and the coordination that it takes at those train wrecks, and it's our goal to bring hundreds and hundreds of years of experience to that particular incident.

That's why we self-proclaim ourselves as the Hall of Fame, because we are confident that the experience of our members will enable us to do the best job possible in the worst of conditions.

**Does everyone retire out of here, or go back into other service?**

**Capt. William Wick:** Ninety-nine percent retire.

**Capt. Mike Tombrello:** We've had a few get promoted out of here.

**Capt. William Wick:** Very few. Literally 99 percent retire out of here.

### Three Masters

**Talk about your two clients. Who owns this facility?**

**Capt. William Wick:** LAWA. L.A. World Airports.

**And it's funded by the tickets that people buy to fly, and that goes through the government and then comes back here.**

**Capt. William Wick:** Ultimately, yes.



# RESULTS OF THE BIG RACE

Story by Arlene Herrero, Club Director of Product Development  
Photos by Daniel Wang



Arlene Herrero

# BAKER to VEGAS

Club celebrates 12 years of sponsoring teams in this legendary desert footrace.

The 32nd annual Baker to Vegas Challenge Cup Relay was held in the desert March 19-20. This amazing footrace is an annual event for public safety organizations throughout the world. The relay race is a 120-mile, 20-stage footrace between Baker, Calif., and Las Vegas and is considered the “Super Bowl” of law enforcement; the champions are the best, in terms of physical fitness and logistics the police world has to offer. The race was created by and is managed by the Los Angeles Police Rotary and Athletic Club, and the City Employees Club is grateful for their leadership.

Some 263 teams competed in this year’s race. The Club sponsored a great mix of teams this year, and the Club is proud of each and every one of them:

- LAPD Security Division together with Transportation (Team 135);
- Port Police (Team 137);
- Airport Police (Team 59);
- LAPD Custody Services Division (formerly Jail Division) (Team 209);
- LA County Probation (Team 40); and
- State of California DMV Investigations (Team 239).

Overall, 263 teams finished the race with 48 penalties totaling 510 minutes, where the average penalty was approximately 10.63 minutes added to a team’s overall race time. Calgary Police from Canada were joined for the first time with Belize National Police, finishing at 14:23:06, and returning to the race after years of absence was the New York Police Dept., which had both a men’s and women’s team. NYPD came in third place overall at 14:45.

As in previous years, the race concluded into the Westgate Hotel Convention Room. For the second consecutive year, a Club-sponsored team placed third in its category allowing it the coveted opportunity to be called up on stage (Team 40 LA County Probation, which finished at 16:17:17 with no penalties).

Here are some notable finish time, including the Club’s sponsored teams:

- Team 137 Port Police, 17:35:01 without a penalty, bringing home a “mug;”
- Team 59 Airport Police, 16:03:05 (winning a mug);
- Team 135 Transportation/LAPD Security Division, 18:11:22 (winning a mug);
- Team 209 LAPD Custody Services Division, 18:11:04 with no penalty;
- Team 125 LA City Attorney, 17:28:48 with no penalty;
- Team 40 LA County Probation, 16:17:17 and no penalty, taking third place overall in the mixed men/women category (winning a mug);
- Team 239 DMV Investigations, 20:03:57.

The overall winner once again was Team 1 LAPD Dept. Team at 12:59:35, followed by Team 2 LA County Sheriff’s Team at 13:04:38. Overall third place was the New York PD team at 14:00:45.

The same scenario can be seen in the women’s category, where Team 34 Women LAPD took first in the category, finishing at 15:42:29 with a huge finish against Team 92 Women LA County Sheriff, which finished at 16:43:04.

LAPD Chief Charlie Beck represented Team 202 LAPD Robbery Homicide on the final leg to the finish line to finish at 19:35:38 with no penalties. LA County Sheriff Jim McDonnell, Club Member, was at the finish line to congratulate many LA County Sheriff runners and LAPD runners who were happy to see him.

Thanks to all who participated and contributed to another memorable Baker to Vegas Challenge Cup Relay, and specifically: Chuck Foote, Race Co-Founder; Tony Adler, Assistant Race Coordinator, LAPD; John Incontro, President, LAPRAAC; Joy Matlack, Lisa Pallares and Many Ortiz, Transportation; Officer Alex Castillo, Harbor; Sandra Quintero and Johanna Lara, LA County Probation; James Lemos, LAPD Custody Division; Officer Alfonso Lagos, Airport Police; and Adriana Pickford and Luis Hernandez, DMV Investigators, State of California. ■



Monica Ortega, Leg 5 runner for Transportation/LAPD Security Division, Club Member.



Team 163 LAPD Training Division's Leg 7 runner.



Team 40 LA County Probation's M. Loria on Leg 4.



Team 209 LAPD Custody Services Division.



Team 59 runner Officer Joshua Casanova, Airport Police, Club Member, with his own support group.



Team 59 LA Airport Police and Club Members Officers Claudia Nufio, 2 years of City service and Leg 5 runner; William Garcia, 8 years, Leg 4 runner; John Gomez, 8 years, Leg 2 runner; and Elmer Quevedo, 8 years, Leg 3 runner.



From left: Victor Sua, LAPD West Traffic, 30 years of City service, LAPRAAC Director; Arlene Herrero, Club's Director of Product and Development; and John Incontro, President of LAPRAAC, Club Member, out on the race course.



Team 125 LA City Attorney.



Team 40 LA County Probation's Daniel Rivera, DPO2, 13 years of County service.



Team 209 LAPD Custody Services Division's leg 4 runner Velazquez, Club Member.



They're off!



From left: Veronica Velasquez, guest, with Sgt. Ryan Mullany, 12 years of City service, Club Member, and first off to start the race for his team on his 10th year of running Baker to Vegas.



Team 135 Transportation/LAPD Security Division's Espi Espino, Club Member.



Team 100 LA District Attorney, Leg 6 runner.

# RACE DAY



# BAKER TO VEGAS 2016

Pete Demetriou, KNX field reporter, at the start line.



# Get Ready...



Team 265 CA Corrections runner with his team catcher.



NYPD Commissioner Bill Bratton (former Chief, LAPD) being interviewed by KNX Field Reporter Pete Demetriou.



Team 144 LAPD West Valley Station runner cooling off.



Team 137 LA Port Police at the hand-off chute.



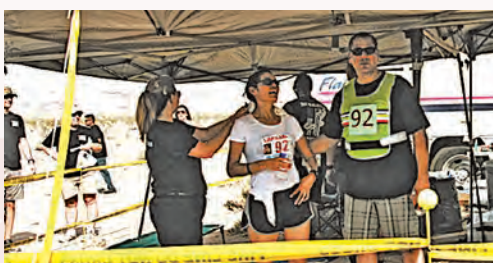
Club Members, from left: Officer Anthony Reitz, Team Catcher; Sgt. Jerome Niles, Leg 8 runner; and Officer William Yocham, support.



At the hand-off chute.



Team 157 State of California Parole runner after his run.



EMTs on standby.



From left: Port Police Assistant Chief Michael Hillmann at the finish line with LA County Sheriff Jim McDonnell, Club Member.



Leg 5 runner Officer Alberto Alvarado, Port Police, Club Member.



Team 137 Port Police's follow vehicle.



Team 135 Transportation/LAPD Security Division's follow vehicle.



Team 209 LAPD Custody Services Division's follow vehicle driver and support team.



Team 184 CHP South LA runner with his team catcher.



Leg 1 runner Sgt. Gabriel Mayorga, LAPD, 17 years of City service, participates in his third Baker to Vegas run.



Team 163 LAPD Training Division.



Team 137 Sgt. Jonathan Oteau, Club Member, during Leg 4.



Leg 2 runner M. Yateem, LA County Probation.



Team 34 LAPD Women.



Leg 10 runner DMV Investigator Daniel Lizarraga, Club Member.



Sgt. Jerome Niles, Club Member, with 6.6 miles to go on his leg.



Sr. PSR Randi Miller, 22 years of City service, Club Member, running for LAPD Communications.



Team 100 Leg 1 runner from LA District Attorney's Office.



Team 34 LAPD Women.



Leg 7 runner and Baker to Vegas Team Captain Officer Alex Castillo, Port Police, Club Member.



Team 209 Transportation/LAPD Security Division's Joe Omales.



Team 151 LAPD Retired Old Blue.



Team 100 LA District Attorney's follow vehicle.



From left: Team 238 LAPD Communications PSR Daniela Ramirez, 1 year of City service; and PSR II Brandi Holley, 11 years. The driver is Sr. PSR I Tashandra Fredrick, 17 years, Club Member.



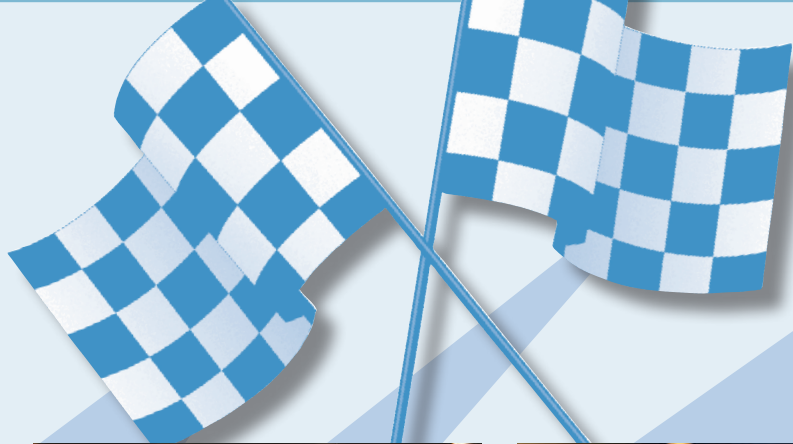
- CONTINUED

# The Finish Line

Team 92 Women LA County Sheriff runner with Sheriff Jim McDonnell, Club Member, and a few of her running team members.



LA Police Emerald Society Pipes and Drums Band, featured on the March cover of *Alive!*



From left: Deyci Lopez, Clerk, LA County, 2 years of County service; Luis Velasquez, Supervising Detention Service Officer, 30 years; Jon Pinnere, DPO, 8 years; Thomas Holland, DSO, 8 years; and Johanna Lara, DSO, 8 years, Club Member.



South Pasadena Police Chief Art Miller with LAPD Capt. Ray Maltez.



Arlene Herrero, Club's Director of Product Development, with New York Police Commissioner Bill Bratton.



Team 125 LA City Attorney runner Chief Assistant City Attorney David Michaelson, with an overall team finish time of 17:28:48.



Team 34 LAPD Women's Retired Lt. Marcella Piersol, 22 years of City service, with an overall team finish time of 15:42:29.



Team 135 LAPD Capt. Gina Sanders representing Transportation/LAPD Security Division.



Team 5 CHP Statewide retired Chief Adam Cuevas, with an overall team finish time of 14:04:41.



Team 100 LA District Attorney with his team catcher, with an overall team finish time of 17:15:45.



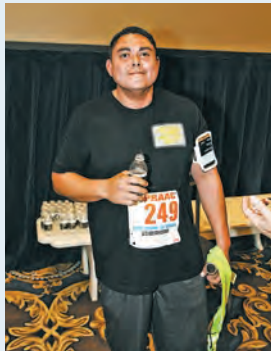
Rafaela Maldonado with Chief Pat Gannon, Airport Police.



From left: LAPD Chief Charlie Beck with LA County Sheriff Jim McDonnell, Club Member.



LA County Probation Director and Club Member Lorenzo Sandoval with his wife, Susan.



Team 249 LA County Med Exam Coroner, with an overall team finish time of 21:07:45.



Team 38 LAPD Foothill Station with runner and catcher, and an overall team finish time of 16:28:21.



Chief Pat Gannon with Airport Police and Arlene Herrero, the Club's Director of Product Development.



Linda, wife of South Pasadena Police Chief Art Miller, with Capt. Ray Maltez, LAPD, with his wife, Yvonne.



After another successful race and exhaustion, happiness can be seen and heard from the crowd, thanks partly to these folks, from left: Tony Adler, Assistant Race Coordinator, Club Member; Dave Wells; Joy Matlack, Communications Coordinator, and Chuck Foote, Race Consultant and Co-Founder.



# BAKER TO VEGAS 2016



The Belize National Police.



Chief of Calif. Dept. of Motor Vehicles Investigation Division Frank Alvarez, Club Member.



Officer Victor Fernandez, Port Police, with his team catcher, Jessica Bautista, Management Analyst, Club Member.



Team 144 LAPD West Valley, with an overall finish time of 17:30:48.



Team 217 LAPD Major Crimes gives a thumbs-up to an overall finish of 18:36:12.



Capt. III Art Sandoval, Club Member, with his team catcher from LAPD Northeast with an overall finish time of 17:17:49.



Team 202 LAPD Chief Charlie Beck ran for LAPD Robbery Homicide, with an overall team finish time of 19:35:38.



Team 128 LAPD Southwest Area, with an overall finish time of 17:38:50.



Team 247 California DOJ Blue, with an overall team finish time of 20:59:33



Team 157 State of California Parole, with an overall team finish time of 18:00:51.



Team 2 LASD County Wide, with an overall finish time of 13:04:38.



Team 238 LAPD Communications crossing the finish line at 19:13:00 overall.



Team 1 LAPD Department Team Officer Tom Chinappi crosses the finish line, securing first-place overall team finish at 12:59:35.



Team 104 LAPD North Hollywood Station, with an overall finish time of 17:55:46.



Sgt. Chris Costley, LAPD Training Division, Club Member, with an overall team finish time of 18:12:59.



Team 265 State of California Corrections DJJ, with an overall team finish time of 19:03:12.



Supervising Deputy Probation Officer Luis Velasquez was honored with this plaque as he retired this year.



LA County Sheriff Jim McDonnell, Club Member, with Arlene Herrero, the Club's Director of Product Development.



LAPRAAC President as well as the Chief of Police for the City of San Marino John Incontro, Club Member, as he welcomes everyone to the awards ceremony.



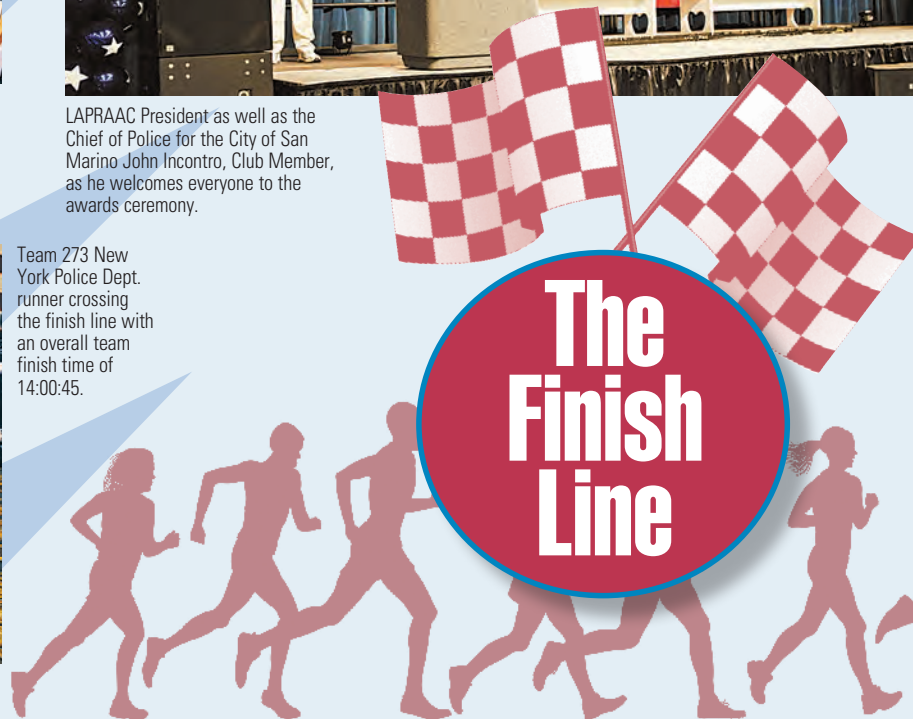
Team 187 LASD Homicide with an overall finish time of 21:04:49



Team 40 LA County Probation K. Hernandez.



Team 273 New York Police Dept. runner crossing the finish line with an overall team finish time of 14:00:45.





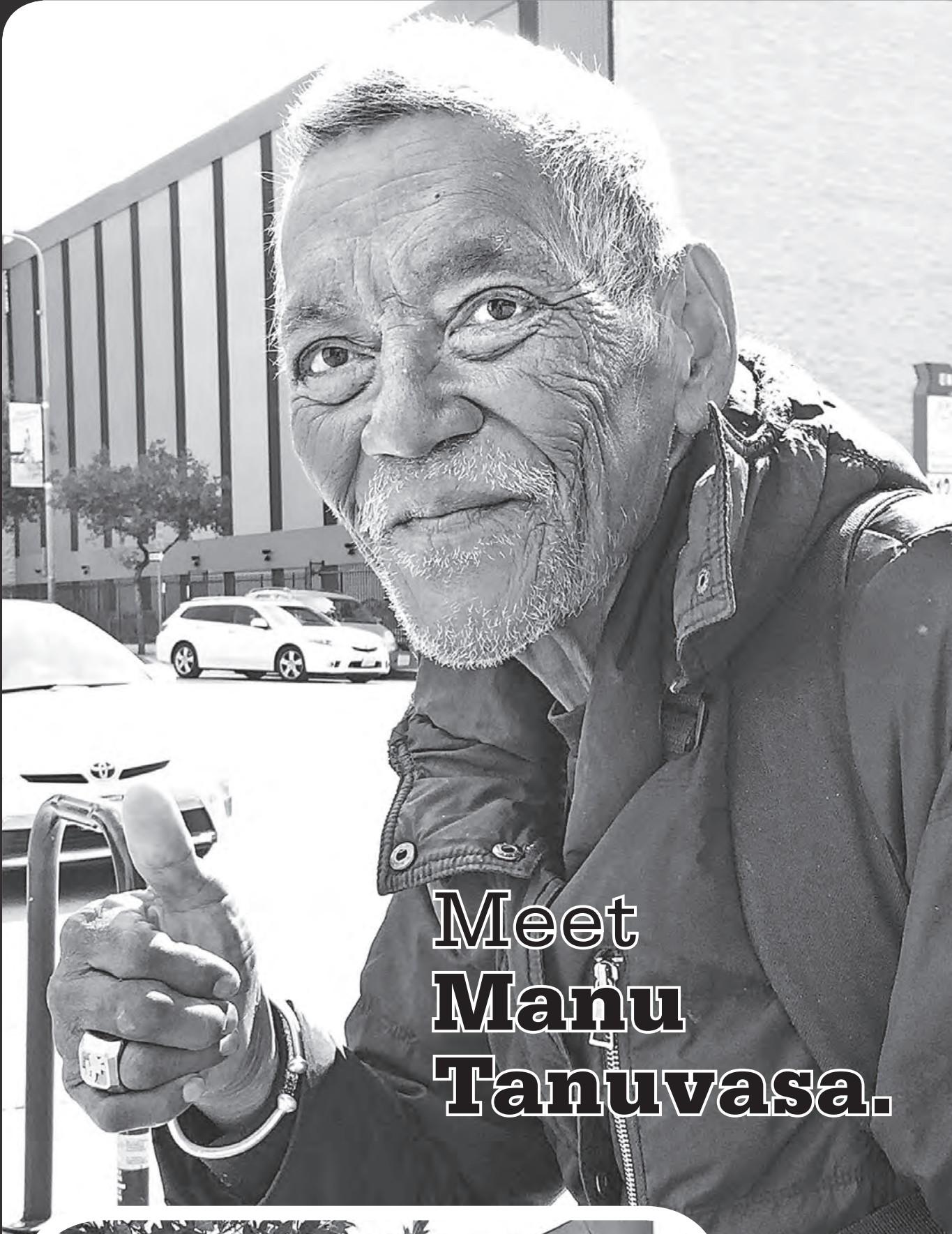
{ Who are the people you see every day? }

# People We See

*Shelterless in Los Angeles.*

Sponsored by:  
Terry Yeager and Associates

**No. 83**  
in a series.



## Meet Manu Tanuvasa.



Manu (Left) and  
Club CEO John Hawkins.

**AGE:** "I'm 65."

**BIRTHPLACE:**

"Pago Pago, American Samoa."

**MARITAL STATUS:** "Divorced."

**FAMILY:**

"I have three brothers and four sisters. I am the second youngest."

**MEDICATIONS:** "No."

**EDUCATION:**

"I never graduated from high school."

**RELIGION:** "Christian."

**PARENTS MARRIED/DIVORCED:**

"Not divorced."

**SPORTS:** "I played football."

**WHEN MOVED TO L.A.:**

"I moved out here from Hawaii when I was 29. And since then I have been coming back and forth. But for the most part I live in LA."

**WHERE DO YOU LIVE:**

"On the sidewalk across from the police parking garage."

**THE STORY:**

"Well, it's a long story, but it all started when I left Pago Pago in the middle of high school. I ran away to Hawaii with my girlfriend and opened a bar in Honolulu. Life was good, with a lot of surfing and partying. But I started smoking pakalolo (marijuana). Life was good until I cheated on that girlfriend with another woman. This time I escaped to Los Angeles. I married that woman but then got divorced. All this time I kept smoking weed, which led to other various drugs. I worked as a carpenter and my wife worked for Edison. Eventually my lifestyle took its toll and now, because of my cheating and drug usage, my address went from Honolulu to the sidewalk in front of the police parking garage on Main Street. And I'm hungry. And my bike was stolen last night. I woke up and it was gone. I am very depressed now."

**FAVORITE ACTOR:**

"I love John Wayne and Marlon Brando."

**FAVORITE ACTRESS:** "Angelina Jolie for sure."

**FAVORITE MUSIC:** "The Rolling Stones."

**FAVORITE FOOD:**

"Hawaiian food, and Chinese."

**FAVORITE CANDY:**

"I love all candy. I love my sweets!"

**LAST BOOK YOU READ:**

"I like magazines. The last one I read was Time."

**LAST JOB HELD:**

"I was a carpenter, and I still work from time to time."

**LAST MEAL EATEN:**

"I have half of a breakfast burrito in my backpack. I got it yesterday morning and have been saving it. Would you like some?"

**IF YOU WERE MAYOR:**

"I'd help with housing, shelter, warmth and food."

**MOST PRIZED POSSESSION:**

"My bicycle, but now it's gone."

**MAKE A WISH:** "To get my bicycle back."

**ADVICE FOR EVERYDAY PEOPLE:**

"Help the homeless and don't do drugs, especially crystal meth."

*The Club gave Manu a Bucket and a Blanket, a toothbrush and toothpaste, soap, two pairs of socks, shampoo, hand wipes, some food, \$20 and bottled water.*

*The interview, conducted by John Hawkins, took place May 23 at 400 S. Spring St. downtown.*

{ In this monthly feature, Club CEO John Hawkins, and Director of Sales Angel Gomez, introduce you to people you see every day, but you might not know who they are. The Club reminds you that we all have names and stories to tell. }







Story and photos coordinated by Richard Wuerth, General Services, Club Member

General Services

# MVPs!

*General Services honors those for Most Valuable Performance.*

General Services honored its Most Valuable Performers and Special Recognition awardees for 2016 at an event held March 31 at the Public Works Board Room in City Hall.

This annual award is given for outstanding service to General Services and the City of Los Angeles.

Nominated employees expend extra effort in a specific job or in all assignments. They are always willing to take on extra assignments and special projects. Employees also exhibit outstanding leadership and assist subordinates and peers to better job performance. They must consistently demonstrate initiative in all aspects of the job and can be counted on to get the job well done. To qualify for the MVP Award, nominees must have been employed by General Services for at least one year, hold a permanent full-time

position, have no unexcused absences or disciplinary actions within the last year and have not received the MVP award in the last year.

The Selection Committee is made up of the Assistant General Managers, who make recommendations to the General Manager, who then makes the selection of individual and team winners.

Tony Royster, General Manager, General Services, Club Member, was the event host. Assistant General Managers David Paschal, Deborah Ramos, Valerie Melloff and Angela Sherick-Bright presented some of the awards.

**Congratulations to all the winners! And thanks go to Richard Wuerth, Emergency Preparedness Coordinator, for his assistance.**



Tony Royster, General Manager, Club Member, gave welcoming remarks.



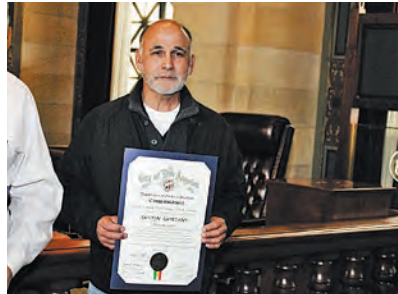
Carlos Zambrano, Warehouse and Tool Room Worker, Supply Services.



Jeffrey Hatchet, Principal Storekeeper, Supply Services.



Opening remarks were by Matt Szabo, Deputy Mayor, Mayor's Office.



George Gonzales, Storekeeper Supply Services..



The Most Valuable Performance (MVP) award winners, presented by (left) David Paschal, Assistant General Manager, and Daniel Rodriguez, Building Maintenance District Supervisor.



Leadership and honorees.

## MVP Honorees included:

**Daniel Rodriguez,**  
Building Maintenance,  
17 years of City service

**Yolanda Raphael,**  
Supplier and Customer  
Relations Services,  
27 years

**Troy Lee,**  
Supply Chain Services,  
28 years

**Louise (Lisa) Hernandez,**  
Real Estate Services,  
10 years

**Jose Flores,**  
Parking Services,  
16 years

**Glenn Penny,**  
Custodial Services,  
15 years

**Brian Moen,**  
Fleet Services,  
12 years

**Tina Fermin,**  
Executive Office,  
27 years



Louise (Lisa) Hernandez, Accounting Clerk II, Real Estate Services.



Glenn Penny, Custodial Supervisor, Custodial Services.



Jose Flores, Parking Manager I, Parking Services.



Yolanda Raphael, Management Analyst II, Supplier and Customer Relations Services.



Tina Fermin, Executive Administrative Assistant III, Executive Office.





## Figueroa Plaza and Hollyhock House Recognition

The General Manager's Special Recognition awards were given to Art Flores, Mark Barrera and Edward Santillan, and to those involved in the Figueroa Plaza and Hollyhock House restorations.



The General Manager's Special Recognition Awards, presented by Tony Royster, General Manager, Club Member, from left: Art Flores, Automotive Dispatcher II; Edward Santillan, Parking Attendant I; and Mark Barrera, Automotive Dispatcher II.



Honored for the Figueroa Plaza restoration were, from left: Lisa Gabriel, and Aram Salmasi, Management Analyst II.

### Figueroa Plaza Restoration

On Dec. 8, 2014, the 221 Figueroa Tower, a City-owned building, suffered major damage caused by the Da Vinci Apartment building fire. The heat of the fire shattered more than 300 windows with shards of glass blanketing the area below, and melted window shades, computers, desks, filing cabinets, chairs and other equipment, causing more than \$80 million in property damage. The emergency sprinklers went off, causing substantial damage to office furniture and other building contents and flooding the garage areas. Six City departments had to be moved to temporary locations with hundreds of City employees displaced. In an extraordinary show of teamwork within General Services, among other City agencies and with the private sector, the 221 Figueroa Tower was completely restored for occupancy in less than a year. The building reopened and former tenants returned to their newly rebuilt offices. Today, work continues on the re-stack of both towers and with new City tenants moving back in from leased locations.

### Hollyhock House Restoration

Hollyhock House is Frank Lloyd Wright's first Los Angeles project. Built between 1919 and 1921, it represents his earliest efforts to develop a regionally appropriate style of architecture for Southern California. Wright himself referred to it as California Romanza, using a musical term meaning "freedom to make one's own form."

Taking advantage of Los Angeles' dry, temperate climate, Hollyhock House is a remarkable combination of house and gardens. In addition to the central garden court, each major interior space adjoins an equivalent exterior space, connected either by glass doors, a porch, pergola or colonnade. A series of rooftop terraces further extends the living space and provides magnificent views of the Los Angeles basin and the Hollywood Hills.

The Hollyhock House Phase III project team was comprised of Project Restore (grants administrator and restoration manager), Public Works/Engineering (architect and project manager), Cultural Affairs (curator and operator), and General Services (general contractor). The project included the restoration of the garage, chauffeur quarters, entry loggia, main entry, dining room, living room entry, north and south hallways, music room, reading alcove, library, pergola, sun room and balcony, terrace retaining wall, interior plaster, exterior stucco, two reflecting pools, and the courtyard landscape.

The Hollyhock House project involved almost every trade/shop – carpenters, plasterers, masonry, HVAC, sheet metal, plumbing, electrical, roofing, cabinet makers, painters, cement finishers, etc.

The Hollyhock House is a local historic landmark, national historic landmark, and has been nominated a World Heritage Site by the United Nations Educational, Scientific, and Cultural Organization (UNESCO).

## General Manager's Special Recognition

General Manager's Special Recognition honorees for these two projects were:

### Figueroa Plaza Restoration

Jacqueline Mendez, Sr. Management Analyst  
Victor Minor, Sr. Custodian  
Jeffrey Mowrey, Sr. Storekeeper  
Paul Navarro, Electrician  
James Ocamb, Real Estate Officer  
Henry Orona, Warehouse Worker  
Raul Pelayo, Building Repairer II  
Carlos Rivas, Custodian Supervisor  
Kenneth Rizzo, Carpenter (Hiring Hall)  
David Roberts, Property Manager II  
Eric Robles, Sr. Management Analyst II  
Charles Rubin, Sr. Management Analyst II  
Aram Salmasi, Management Analyst II  
Debra Samarini, Storekeeper II

Albino Sambrano, Carpenter (Hiring Hall)  
Monica Shelton, Chief Clerk  
John Sheppard, Real Estate Officer II  
Anthony Smith, Custodial Services Assistant  
Leland Sorrell, Electrician  
Lavivanh Tang, Real Estate Officer II  
Drew Tolliffe, Sr. Management Analyst I  
Lethu Tran, Accounting Clerk II  
Leechung Wang, Architect  
Ivy Yan, Dept. Chief Accountant III  
Anthony Zamora, Sr. Custodian  
Dwight Craft, Management Analyst  
Ron Encarnacion, Sr. Management Analyst  
Victor Yee, Chief Management Analyst  
Rick Thorstensen, Management Analyst II  
Bertha Mata, Accounting Clerk

### Hollyhock House

Alexander Monicayo, City Craft Assistant (Hiring Hall)  
Brian Demaree, City Craft Assistant (Hiring Hall)  
Cresenciano Gutierrez Marti, Painter (Hiring Hall)  
Daniel Mireles, Electrician (Hiring Hall)  
Donald Ness, Sheet Metal Worker (Hiring Hall)  
Doran Bobadilla, Electrician (Hiring Hall)  
Eduardo Mendoza, Carpenter (Hiring Hall)  
Efrain Moreno, Carpenter (Hiring Hall)  
Enrique Guerrero, Painter (Hiring Hall)  
Eric Selder, Painter

Fernando Mancilla, Electrician (Hiring Hall)  
Frank Cunningham, Painter (Hiring Hall)  
Jeffery Rosas, Electrician Supervisor  
Jeffrey Sgambellone, Sr. Carpenter  
Jose Beltran, Laborer  
Jose Vasquez, Painter  
Juan Morales, Painter (Hiring Hall)  
Lenny Siordia, Painter (Hiring Hall)  
Manuel Perez, Electrician (Hiring Hall)  
Marcus Repp, Painter (Hiring Hall)  
Mark Sutherland, Sr. Painter  
Maurice Hyett, Construction and Maintenance Supervisor II  
Ray Estrada, Carpenter Apprentice III (Hiring Hall)  
William Rutan, Construction Estimator  
Thomas Bylard, Building Construction and Maintenance Superintendent

## Team Awards

### Supply Chain Services

Jeffrey Hatchett, 30 years of City Service  
Elias Flores, 15 years  
George Gonzales, 14 years  
Carlos Zambrano, 8 years.

### Fuel Services

Ernie Emuslan, 28 years  
Mark Butler, 25 years.

### Fleet Services

Kristina Guevarra, 8 years  
Brad Billings, 10 years  
Muralledharan Damoo, 7 years  
Roger Howard, 29 years  
Benny Rebuyaco, 11 years  
Juan Rivas, 30 years.



Fleet Services Team, from left: Kristina Guevara, Sr. Heavy Duty Equipment Supervisor I; Brad Billings, Heavy Duty Equipment Mechanic; Roger Howard, Heavy Duty Equipment Mechanic; Benny Rubuyaco, Heavy Duty Equipment Mechanic; and Muralledharan Damoo, Heavy Duty Equipment Mechanic.

Fuel Services Team, from left: Mark Butler, Construction Maintenance Supervisor II, Fuel Services; and Ernie Emulsan, Architectural Associate IV, Fuel Services.









# Life's Important Moments



## Share your moments!

Did you get married? Have a baby? Get a promotion? We want to hear from you. Share your news with the world! Send all notices and high resolution photos with the appropriate information to **talkback@cityemployeesclub.com** or send paper notices and print photos to: **Alive!, 120 West 2nd Street, Los Angeles, CA 90012**





## New Members

### Airports

Brian Aguilar  
Kevin Campbell  
Cara Davis  
Edmond Flournoy Jr.  
Kyaw Htay  
Eric Jasper  
Suhel Mulla  
Kim Whitlow  
Tiana Williamson

### Building and Safety

William Garcia  
Anthony Governo

### City Attorney

Janeth Calderon  
Cristina Sarabia

### Controllers Office

Heidi Allyce  
Marie De Los Reyes

### LAFD

Justin Aguayo  
Jeffrey Bader  
Daniel Beaty  
Jack Bond  
Bryan Brooks  
Daniel Bui  
Adam Burton III  
Tyler Cashman  
Scott Cleeland  
Timothy Coulombe  
Andy Delarosa  
Nicholas Diez  
Dayvion Drumwright  
Paul Duke  
Casey Dunn  
Tyler Elmore  
Timothy Ferralli  
Lawrence Fiori  
Daniel Foxtune  
Chelsey Grigsby  
Jake Hall  
Jeffrey Halloran  
Kathryn Hersman  
Kenneth Kemp  
Corey Lenzen  
Keith Lincoln  
Gregory Linton  
Adam Mandelbaum  
Timothy McKeon

Tad Miller  
Christian Miyasato  
Richard Murillo  
Mason Patrick  
Greg Pruyne  
Albert Reddick III  
Randy Rivera  
Stephen Rodriguez  
Tyler Rosser  
Mohammad Soubra  
Branden Strauss  
John Terrusa

### General Services

Earl Green  
Ron Gallegos

### Harbor

Jose Estrada

### Housing

Warren Birks  
Nora Carvajal  
Flora Stewart

### ITA

Kuljeet Arora  
Catherine Lee

### Library

Rory Fisher  
Alexander Tagle

### Mayor's Office

John Benedetti

### Neighborhood Empowerment

Atziri Camarena  
Andrew Choi  
Jasmine Duckworth  
Janet Hernandez  
Angela Pipkin

### Personnel

Andrew Baird

### LAPD

Mark Acquaviva  
David Anaya  
Melissa Angert  
Teresa Arizaga-Genera  
Keith Bertonneau

Michael Boylls  
Robert Casimiro  
Jonathan Ceballos  
Loren Contreras  
William Cooper  
David Cordova  
Ismael Del Pino  
Vance Deruise  
Matthew Dillier  
Ricardo Dominguez  
Leslie Edwards Elliott  
Matthew Gale  
Karla Gomez  
Darryl Griffin  
Angelica Gutierrez  
Shaun Holguin  
Ratna Jones  
Tiani LaDay  
Brent Lamoureux  
Kurt Leiss  
Mark Lormans  
Sophie Ly  
Tanya Martin  
Jose Martinez  
Alejandro Martinez  
Jaz Menier  
Ana Morales  
Ray Moreno  
Christine Moselle  
Mike Nelson  
Kimberlee Noble  
Dennis Noralez  
Ikenna Okoro  
Thomas Onyshko  
Lesley Perkins  
Jorge Ramos Jr.  
Randy Rangel  
Jederdiare Robbins  
Hebel Rodriguez  
Marco Rolon  
Art Silva  
Jonathan Steward  
Charles Thomas  
John Tumino  
Edgar Villalta  
Daniel Villarreal  
Inga Wecker

### PUBLIC WORKS

**Contract Administration**  
Roberto Mendez

## Welcome New Members!

The Club gives a great big welcome to these new members, who recently joined the Club:

### Sanitation

Manuel Alcala  
Jacob Giron  
Joseph Giron  
Timothy Gonzales  
Richard Gutierrez Jr.  
Stephan Makuch  
Rene Maldonado  
Darnel Pearson  
Jacob Salinas  
Matthew Skibiski  
Ameen Uddin  
Felicidad Valiente  
Gerald Watson  
Michael Wise

### General Office

Cindie Bassett

### Street Lighting

Samantha English

### Street Services

Maria Benjamins  
Michael Long  
Ruben Martinez  
Robert McCollins  
Jose Moron  
Jose Salazar  
Valerie Salcido  
Adrian Sanchez  
Scott Tease

### Rec and Parks

Anthony Bagnerise  
Amanuel Balcha  
Richard Bannister  
Marvin Corleto  
Cruz De La Cruz  
Charlene Henry  
Santiago Hernandez  
Patricia Jimenez  
Jose Maciel  
James Minor  
Fabiola Monzon  
Abel Perez

Sheree Powers  
William Santiago  
Kevin Schubert  
Kirvin Solares  
Louis Suarez  
Neftali Tohon  
Adrian Venegas

### Transportation

Didarul Alam  
Oscar Guillen  
Roslyn Joseph  
Federico Julio  
Antonio Marquez  
Jesus Marquez  
Mauricio Mata  
Humberto Morales  
Cuauhtemoc Ortega  
Miguel Villarreal

### DWP

Brad Beaman  
Jimmie Black  
Samuel Cervantes  
Jameika Drew  
Dustin Echterling  
Jorge Espinoza  
Jesus Gonzalez  
Jeffery Huffman  
Pamela Jackson  
Devin Jones  
Farid Khan  
Ralph Martinez  
Pablo Montes  
Dale Morgan  
Billie Noguchi  
Armando Nunez  
Alonzo Ortiz  
David Perez  
George Reid  
Conrad Rodriguez  
Pedro Ruiz  
Steven Russell  
Jorge Sigala  
Jeremy Solar  
Richard Stratham

Mathew Timmermann  
Jubian Tutor  
Sergio Veloz  
Peter Volkoff  
Megan Walters  
Xavier Watkins

### Other

Nestor Arellano  
Mikiesha Barton  
Raymond Beaman  
Andrew Boyd  
Nicholas Campbell  
Gino Chacon  
Benjamin Cook  
Wade Coons  
Dorthea Freeman  
Faran Ghias  
Luis Gonzalez  
Brian Guzel  
Mike Hollowell  
Bryan Holt  
Douglas Hoodman  
Flora Kendall  
Lysander Lacy  
Nelson Macias  
Miles Maillet  
Robin Manoukian  
Michael Miller  
Omar Olmos  
Paul Ortega  
Jorge Ortiz  
Rakia Presten  
Kenneth Radcliffe  
Craig Randles  
Stephanie Redding  
Robert Sandiford  
Mia Sulak  
Neil Toepfer  
Enrique Velasquez  
Steven Ventura  
Juan Villarruel  
Johnny Weary  
Ryan West  
Laura Willert  
Ameerah Wilson  
Kati Ynliguez



## In Memoriam

Our thoughts and condolences are with the family and friends of the following current and retired City employees who have passed away. The number after the name indicates years of service.

### Active

Alonso, Felix	Public Works	26
Campbell, Alan	Public Works	31
Chanquin, David	Housing	33
Duddles, George	DWP	29
Reynosa, Manuel	Zoo	9
Rodriguez, Maggie	Public Works	13
Spoon, Anthony	DWP	27
Tumbucan, Bernardo	Public Works	25
Umana, Peter	ITA	20

### Retired

Abrahamson, Clarence	DWP	31
Agopian, Rose	Aging	7
Bashor, Merle	DWP	37
Berry, Thomas	Public Works	16
Brondell, Shirley	LAPD	19
Browne, Rodney	Gen. Services	12
Cahill, Norman	DWP	32
Chin, John	Public Works	29
Collins, Richard	Library	16
Conklin, Earl	Transportation	31
Costales, Henry	LAPD	17
Cowthran, Lucille Lewis	DWP	15
Davis, Bernard	Public Works	31
Davis, Frances	Transportation	28
Davis, Rita	DWP	34
DeLery, Henry	Rec and Parks	25
Dionisio, Alex	Library	23

Fujimori, Toshio	DWP	35
Gahnberg, William	Public Works	24
Hill, Oliver	Transportation	31
Hornung, Manfred	Gen. Services	9
Jackson, Charles	Public Works	15
Kissel, George	DWP	31
Kissel, Rodney	DWP	47
Llamado, Gloria	Controller	20
Lowe, Marshall	Airports	14
Millar, Todd	DWP	31
Moreno, Florence	Personnel	32
Morris, Tony	DWP	33
Munda, Delisay	DWP	34
Nitta, Frances	Personnel	9
Nolan, Johnnie	DWP	27
Pappas, Gus	Build. & Safety	21
Phelps, Ruby	Library	19
Reyes, Eugene	Public Works	18
Rochon, Gloria	Gen. Services	33
Rojas, Raul	Public Works	29
Rosendahl, William	Council	12
Rushing, James	DWP	39
Shimada, Koichi	DWP	29
Sorbello, Salvatore	DWP	18
Spector, Robert	Transportation	20
Surmon, Clarence	LAPD	21
Tanimoto, Kenji	DWP	36
Thompson, Jessie	DWP	19
Thomsen, Phyllis	City Attorney	10
Tioseco, Emmanuel	Transportation	23

Tuggle, Dorene	Library	29
Verhoef, Roger	Harbor	40
Vicuna, Joe	DWP	32
Weitzel, John	LAPD	31

Wesley, Roosevelt	Airports	34
Yearly, William	DWP	34
Young, Larry	Public Works	26

## It's Time to

An Alive! Feature

## Tell Their Story

Every month, *Alive!* publishes the names of those current or retired City Employees who have died. But who were they? Did you know them? If you worked with any of these people, knew a story or two about them or were related to them, consider writing to *Alive!* and letting us know. *Tell their story!*

- Write a few sentences or paragraphs
- Send in a photo, if you have one
- Let us know your name and connection to the deceased
- Send your memories to:  
talkback@cityemployeesclub.com  
Subject line: *Tell Their Story*





Graduation

Births

Have a photo of a recent graduate? Send photo and the appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

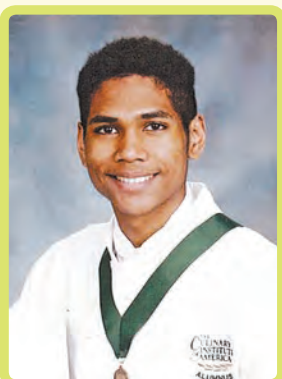
Have a photo of a birth? Send photo and the appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



Twins **D'Vontre Najee Frazier** and **Nazir D'Mani Frazier** graduated from kindergarten at View Park Prep Accelerated Charter School. They're the sons of **Neika A. Allen-Frazier, Airports,** and **Donnie H. Frazier Jr., Public Works/ Sanitation.**



**Eric Evangelista** received an Associate's degree in culinary arts at the Culinary Institute of America in Hyde Park, N.Y. in April. He plans to earn a Bachelor's degree in culinary arts management. He's the son of **Cecil and Daphne Evangelista, DWP.** "We're proud of you, son! Food is life!"



**Kira Lynn Warren** graduated from Sandy Valley School in Jean, Nev. She plans to attend the University of Nevada at Reno, majoring in sociology. She received the Horatio Alger National Scholars Program Award in Washington, DC. Future plans include moving to Washington state and working at an airport, and she dreams of being an astronaut. She's the granddaughter of **Betty J. Porter, Retired, DWP.**



**Alyssa Peterson** graduated from Loyola Marymount University in May with a Master's degree in arts/ educational psychology, and plans to work for the L.A. Unified School District. She's the granddaughter of **Thomas Vercher, Retired, Library.**

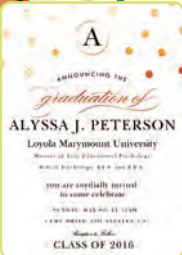


**Isabelle Sloan Figueroa**, born March 24 to **Judy Olmos, Library/Mark Twain branch.**

**Cameren Landreth** is scheduled to graduate from Westchester High School and has accepted an academic and baseball scholarship from Bethany College in Kansas. He plans to major in psychology and minor in sports medicine. He's the son of **Chandra Flemister Arceneaux, Airport Police.** "I'm a proud mom," Chandra reports.



**Daniel Stringfellow** graduated from Arnold Beckman High School in Irvine and plans on attending the University of New Mexico, majoring in civil engineering. He plans to give back to his community by becoming a mentor for Big Brothers/Big Sisters of Orange County. He is also involved in Comfort Zone Camps that provide services to kids who have suffered tragedies in their lives. He's the son of **LaRonda LaMothe, Finance.**



Share Your Life's Moments

Everyone reads Life's Most Important Moments in *Alive!* Share your news... and send in a photo! Have you gotten married? Had a baby? Graduated? Is a family member in the military? Send in a photo and a paragraph, telling us the details. We love to share your good news. Send digital potos to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



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	Allstate	\$1,329
	Geico	\$1,311
	Auto Club	\$929
	United Agencies	\$876

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Let the Club family celebrate with you...

# Put your graduation photo in *Alive!*

**CLUB MEMBERS:** Have you had a family member graduate from elementary school... high school... or college? Send us a photo, and we'll publish it in *Alive!*  
Make sure you tell us:

- The name of the graduate.
- The school from which they graduated. If a college, tell us their major.
- Their future plans (briefly)
- The name and department of the Club member they're related to (and how they're related)

Digital photos are preferred. Send them to:  
[talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

If you have a paper print, send a duplicate (we prefer you not send the original) to:

Grad Photos  
City Employees Club of Los Angeles  
120 West 2nd Street  
Los Angeles CA 90012

Print photos will be returned within  
two months after publication if you  
request it, and if you write your name  
and address on the back.



*Congratulations,*  
**GRADUATES**





Public Works

# So Long, Steven

**Steven Trujillo, Club Member, retires from Sanitation after 27 years of City service.**

A retirement party was held at a restaurant in Long Beach in honor of Steven Trujillo, Instrument Mechanic, Terminal Island Treatment Plant, Public Works/Sanitation.

Steven, a Club Member, retired April 30 with 27 years of City service.

Robert Larios, Club Chief Operating Officer, attended the reception to present the Club's coveted retirement plaque.

The Club congratulates Steven for his great City career, and wishes him all the best in his retirement! *Alive!* thanks Wilfredo Esguerra for his assistance.



Robert Larios, Club COO, and Steven Trujillo, Retiree.



Steven Trujillo, Retiree, with (from left) daughter, Julie; baby Phoenix; and son, Adam Bartner.



From left: David Ashbaugh, Wastewater Operator, 31 years of City service; Kristo Milisoavic, Wastewater Operator III, 32 years; Mark Starr, Plant Manager, 33 years; Lilia Bedolla Rivas, Accounting Clerk, 12 years; and James Hadley, Plumber, 30 years.



From left: Wilfredo Esguerra, Thanni Venugopal and Steven Trujillo.



From left: Steven Trujillo and John Ellico.



From left: John Deber, Airports, 30 years of City service, with Steven Trujillo, Retiree.



Steven Trujillo, Retiree, speaks to his coworkers.

From left: John Ellicot, Acting Mechanic Supervisor, 9 years of City service; Sereyath Keng, Environmental Engineering, 8 years; Wilfredo Esguerra, Instrument Technician, 26 years; and Quan Nguyen, Operator, 31 years, with his wife, Jadaline.



From left: Wilfredo Esguerra, Thanni Venugopal, Steven Trujillo, David Harrison and Enrique Alcala.



From left: Karl Breitenstein, Sanitation Wastewater Manager, 30 years of City service; Paul Koppelman, Carpenter, 12 years; Abelato Medina, Painter, 25 years; and Wayne Roche, Building Repair Supervisor, 10 years.



From left: James Oxier, Mechanical Helper, 17 years of City service; Keith Gawith, Mechanic 26 years; David Walker, Vocation Worker, 3 months; and Earl Mallet, Mechanic, 25 years.



From left: Steven Trujillo, Retiree, and Keith Gawith, Mechanic, 26 years of City service.

From left: Richard Bara, Thomas Dowdy, Santiago Jimenez and Sandra O'Guinn.



# Rest Insured

BY JEFF GELINEAU  
Vice President of United Agencies,  
The Club's Auto and Home Insurance Partner

## Buzzed Driving Is Still Impaired

In California and every other U.S. state, the legal limit to drive after drinking is a blood alcohol concentration (BAC) of .08 percent. That limit is set by individual states, and it took 21 years for all states to lower the legal alcohol concentration to the current limit. Now, safety experts are questioning whether .08 is low enough.

One recent study found that drivers who were "minimally buzzed" or "buzzed" were often to blame for fatal accidents. The term "minimally buzzed" includes drivers who had a BAC of .01, which is well within the legal limit. Researchers examined more than 570,000 fatal accidents between 1994 and 2011. The results: Drinking and driving with any alcohol in the body is dangerous and leads to more severe accidents.

The study focused on drivers with a BAC between .01 and .07 percent. The results showed that drivers with a BAC of .01 percent are 46 percent more likely to be blamed for car crashes than the other drivers involved in the collisions. The higher the BAC, the more often the drivers are blamed.

The lead author of the study, a sociologist at UC San Diego, says the results show that no blood alcohol content is low enough to be safe for driving. He thinks the legal BAC in the United States should be lowered, based on the study results.

### Federal Safety Board Recommends Lowering Legal Limit

The National Transportation Safety Board agrees with the lead author's position. A year ago in May – months before the study results were published – the federal agency recommended that states lower the legal BAC for driving. It suggests lowering the BAC to .05. According to the NTSB, at .05, some drivers have problems with depth perception. Cognitive abilities are impaired at .07. Changing the standard to .05 could save almost 1,000 lives a year, according to the agency.

In 2010, alcohol impairment was a factor in nearly a third of all traffic-related deaths in the United States, according to the Centers for Disease Control and Prevention. That's 10,228 people. In

Arizona, state traffic statistics show there were 5,444 alcohol-related crashes in 2012, the most recent year for which data is available. Thirty-four percent of all traffic fatalities in the state were alcohol-related.

### Your Best Defense Against a Drunk Driver Is to Buckle Up Every Time

Every person in every seat should be buckled up on every trip. Seat belts reduce serious injuries and deaths from crashes by about 50 percent.

Primary enforcement seat belt laws allow police to stop vehicles just because someone is not wearing a seat belt. These state laws are effective in increasing seat belt use.

There are proven ways to prevent people from drinking and driving.

At sobriety checkpoints, police stop drivers to judge if they are driving under the influence of alcohol. More widespread, frequent use of these checkpoints could save about 1,500 to 3,000 lives on the road each year.



Minimum legal drinking age laws prohibit selling alcohol to people under age 21 in all 50 states and the District of Columbia. Keeping and enforcing 21 as the minimum legal drinking age helps keep young, inexperienced drivers from drinking and driving.

Ignition interlocks prevent drivers who were convicted of alcohol-impaired driving from operating their vehicles if they have been drinking. Interlocks are effective in reducing re-arrest rates from drinking and driving by about two-thirds while the device is on the vehicle.

### About United Agencies

United Agencies is the Club's Partner in helping members with their home and car insurance, and related products. Feel free to call us with any questions about rental cars, auto insurance, or any other topic. We specialize in creating personal relationships with our customers, and serving their needs in a prompt, efficient and friendly manner.

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Check out the City Employees Club page on the United Agencies Website: [www.ua-insurance.com/city-club](http://www.ua-insurance.com/city-club)

### Have a question?

Is there something about *insurance* that you've always wanted to know, but were too ashamed to ask? Maybe something that you've just always been curious about? Feel free to send me an email at [jgelineau@unitedagencies.com](mailto:jgelineau@unitedagencies.com) and I will try to answer your question in one of our monthly columns.



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# John's Picture Perfect Contest

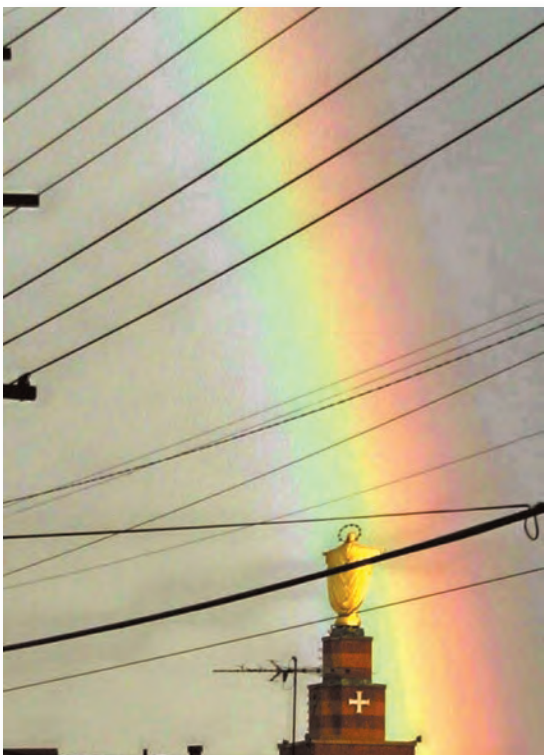
John Hawkins, Club CEO



“‘Nathan and Lola’ – my three-month-old son, Nathan, and his best buddy, Lola.”

– **Jasmine Dowlatshahi, Rec and Parks.**

**John's comment:** That is toooooo cute, Jasmine. Best friends for life!



“This was one of the clear days. When you can see the casino and fire breaks on the east end of Catalina, you have caught a clear moment. Most of the time there is a marine layer in the Catalina channel. It also helps to have a 300-millimeter lens; it brings the 26 miles closer.”

– **John Nance, Retired, DWP**

**John's comment:** What really makes this an interesting picture is that palm tree sticking its head up for all to see. It brings color in and gives you a sense of distance. Thanks, John!



“I recently took this photo in Antigua, Guatemala. While plagued by crime and poverty, Antigua is without doubt one of the most picturesque old cities I’ve ever been to.”

– **Yves Didier, Airport Police**

**John's comment:** Yves, this is beautiful – the lighting couldn’t be better, the way the sun is bringing out the architecture, the bursting clouds and the contrasting roses ... simply beautiful. Thanks, Yves!



“Young new neighbors in Pasadena. Taken with a Canon Rebel.”

– **Sara Hicks, Personnel**

**John's comment:** I love this pic because, one, it’s hard to get close to skunks (at least for me); and two, these two look like best of friends just out for some fun. Thanks, Sara!



“Walt Disney Music Hall.”

– **Aaron Harris, Public Works/Street Services**

**John's comment:** Aaron – well done! There are a lot of pictures of the music hall out there, but this one has a clean, concise look. I also appreciate the sense of the depth of field with the protruding structure on the left – it give it a three-dimensional look. Thanks, Aaron!

## RULES:

- The contest is open to all Club members in good standing. Non-members are welcome to submit, but only Club members are eligible to win the monthly prize.
- If your photograph does not win, you are welcome to re-submit.
- Winners are chosen by Club staff. All decisions will be final.
- You must certify (if asked) that you indeed took the picture. No ringers!
- Photos can be submitted either on paper or digitally. Please don't send both.
- If you want your print photo returned, please write your name, address and phone number on the back of your photo.
- Photos can be of any subject matter: vacation, portraits, families, landscapes, still lifes, pets, etc. Subject matter must be appropriate for *Alive!*
- Paper prints can be mailed to: Picture Perfect Contest, *Alive!*, City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012
- When you send digital photos through the Internet, **please send the full, original digital file yourself**, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very low-resolution images, and they don't look good in print.
- We want you to look your best, so send us the original digital file, please! Thanks!
- Digital photos optimally should be between 100K and 2 megabytes in size and may be e-mailed to: [pictureperfect@cityemployees-club.com](mailto:pictureperfect@cityemployees-club.com)
- The contest is all in good fun: The Club cannot be responsible for delays in delivering *Alive!*, or for delays in the transmission of responses.



# CLASSIFIED ADS

## Members Marketplace

### New Ads This Month!



**For Sale:** Armoire. 36inchWx62Hx21D. Wood. 5 deep drawers. Right side hanger could be shelves. \$450. Jeanne, (626) 281-2907. 6/16

#### Transport



**For Sale:** Travel trailer, 2008 Forest River, 29 ft., clean, fifth wheel, toy hauler. 4,000 Onan generator, power awning, fuel station, more. \$14,000 OBO. Gilbert, (909) 714-4071. 4/16

**For Sale:** Motorcycle, 2005 Suzuki Hayabusa GXR 1300, 6,643 miles. Never been dropped. Serious cash offers only. \$8,500 OBO. kfrink05@hotmail.com 3/16

**For Sale:** RV trailer. 2003 Wanderer, fifth wheel, model 367TB. Onan generator, 12-ft. garage, power hitch, fuel station. AM/FM CD stereo, super slide. \$10,000 OBO. Mike, (661) 557-0975, maddad111@yahoo.com 3/16



**For Sale:** 1980 Cadillac, red, white int., immaculate. New tires, gas tank, fuel pump, stored since 2010. 91,400 miles. \$9,495. (805) 649-1940. 3/16



**For Sale:** Cadillac Brougham, 1989. Leather interior. Very good shape. 77,000 miles. \$4,000 OBO. (626) 797-8328. 12/15

**For Sale:** 2013 Chevy Cruze LS. 4 door, 41k miles. Silver, black cloth int. Very clean, dealer maintained. Photos at <http://tinyurl.com/nzazven> \$13,000 OBO. James, (818) 522-2568. 12/15

**For Sale:** 1984 F-150 – w/camper shell and carpet kit. As is. \$1100 OBO. Call 310-764-4478 9/15



**For Sale:** 1963 Chevy Corvair, convertible. Good cond., runs great. Light green ext./int., white top. \$9,000 OBO. Alex, (323) 691-0872. 8/15



**For Sale:** Watercraft, his and hers, '93 Bombardier Seadoo, '91 Waverunner w/trailer. Great condition. Jackie, (626) 383-1708. 7/15



**For Sale:** 2003 Harley “ROAD KING” Davidson (100th anniversary edition) motorcycle, 5087 miles, stage 1 w/ detachable windshield, passenger back support, hardbags, battery charger, black and chrome, hardly ridden, always garaged, 1 owner only. \$10,000.00 OBO. Please call 818-366-3273 John or text 818-633-4164. 7/15



**For Sale:** Motorcycle, 2007 Kawasaki, like new/15 hours ridden, runs great, must see. \$3,000. Robert, (661) 964-7837 bet. 2-7 p.m. 7/15



**For Sale:** RV trailer/toy-hauler, 2006 Forest River Sierra Sport, 29 foot. Very good cond., new tires, new roof, 4,000 onan generator, low hours. \$15,000 OBO. Call/text John Long, (909) 837-8347. 7/15

**2005 Honda Civic Si:** Hatchback, manual, 2-door, sun roof, power windows, security system, XLNT running condition, tan color, 68k miles. \$10,500 OBO. Info @ (310) 642-0522. 10/14

**1993 Infinity Q:** Automatic, 4-door, power windows, XLNT running condition, green color, 125K miles. \$3,000 OBO. Info @ (310) 642-0522. 10/14



**1959 Buick Invicta:** Fully restored, 4 door asking \$25,000. Located in Tehachapi. For more pictures & info: drewlu24@aol.com 9/14

**Pop-Up Trailer Tent:** 2005 Rockwood Freedom, in good condition, very clean interior. Everything works well & ready for camping. Sleeps 6-8. 1 propane tank, stove, sink, spare tire, stabilizer jacks, water heater, awning & refrigerator. \$4,200. Yervand @ (818) 355-7704. 8/14

**5th Wheel Trailer:** 2010 Cougar High Country, excellent condition. Sleeps 4. Slide outs, awnings & full bath. All accessories & new 5th wheel hitch can be towed by ½ ton truck, it's ready to go. \$32,000 or TOP. Ken Hawkes @ (310) 505-5733. 8/14

**2013 Dodge Challenger:** Like new, fully loaded, excellent condition, very low mileage asking \$30K OBO. “PATY” @ (626) 242-4365. 8/14



**1967 Caprice Classic:** Runs great! Has a rebuilt motor & transmission, new tires, power brakes, new shocks, new brakes, hubcaps & a 327 motor. Air conditioning unit is valued \$1,000. Registered & tags are up to date. It's a running project. Asking \$5,000, must sell. Info @ (310) 753-9522. 8/14

**1993 Chevy Corvette:** \$11,000. Great condition inside & out, excellent running condition, 74K miles. Automatic 40th yr anniversary model, maroon color. Sylvester (310) 748-2953 or Tanya (310) 713-0244. 7/14

#### Cemetery Plots

**For Sale:** Cemetery plots. Forest Lawn, Hollywood Hills. Valued at \$13,000. Asking \$10,000 OBO. Robert, (626) 899-2174. 3/16

**For Sale:** Burial plots, 4 (spaces 1, 2, 3, 4), Forest Lawn Cemetery, Cypress. Lot 1187, Constant Love section. \$4,100 each OBO. Michelle, (310) 648-5506. 2/16

**4 Cemetery Plots:** Cemetery plots, 4, side by side on the hill at Greenwood Gardens, Rose Hills/Whittier. Approx. value \$18,000, selling \$12,000, OBO. Cortez, (323) 382-2405. 2/15

**2 Cemetery Plots:** Eternal Valley Newhall, Premium Garden of Peace. Currently plots here start at \$6,900 each. Sell both \$7,500 total. Jim @ (661) 713-6353. 11/14

**Cemetery Plot:** 1 plot for 2 people. Oakdale Memorial Park, Glendora, CA, \$3,000. Jose or Juanita Rojas @ (818) 799-3516 or at (818) 799-0569. 11/14

**Cemetery Plot:** 1 plot for 2 people. At Oakdale Memorial Park, Glendora, CA. \$3,000. Jose or Juanita Rojas @ (818) 799-3516 or (818) 799-0569. 10/14

**2 Cemetery Plots:** Rose Hills, Whittier. Located in cherry blossom lawn, \$4,850 each + transfer fees. Area is on flat ground & near the lake. Charles @ (310) 386-5041. 9/14

#### Furniture



**For Sale:** cabinet. Vintage, blond oak. Great condition. Glass shelves, mirror back, interior light. \$450 OBO. (626) 359-0023 5/16

**For Sale:** Furniture. Oak. King size bedroom suite; china cabinet; dining room table, six chairs; more. \$2,000 OBO. Vic, newtvic@gmail.com 3/16



**For Sale:** Bedroom set, 5 piece, cherry wood. Good cond. \$650 OBO. (818) 281-1488. 10/15

**For Sale:** Crib, cream colored, designer style. Good cond. \$350 OBO. (818) 281-1488. 10/15

**For sale:** Sofa and chair, great condition, leather/upholstered, “reversible” pillows/cushions. Carved wood, unique design, nail heads. \$600 OBO. Charlene, (661) 916-2970. 5/15



**Dining table:** w/leaf, 6 chairs, \$300 obo. Jackie, (626) 383-1708. 4/15

**Mattress:** Beautyrest Black (Alexia) queen size, extra firm, new mattress, \$600 obo. Responsible for own pickup. Dwain, (323) 754-8382 or dnrhenry@yahoo.com 4/15

**Ping Pong Table:** 5 x 9, fold-up & roll-away, \$75. Joe @ (310) 323-4940. 2/15



**Baby Crib:** Never used, brand new & in great condition. Delta brand, amber model #6925-204, \$130. John @ (562) 755-9462. 2/15



**Cocktail/Coffee Table:** New, modern glass-top. \$300 (El Segundo). Espresso colored base w/large glass top elevated by grey posts. 43”x 43”. Breakdown is easy. Must be able to lift & transport on your own. Javier Gomez @ (310) 529-0543. 12/14



**Hutch & Cabinet:** Touch light, matching set \$500 OBO, great condition! Valerie @ (951) 315-3920. 11/14

#### Homes/Rentals/Land

**For Rent:** Timeshare, San Diego. July 19-July 26, 2016. ComicCon. 1 bd., queen in master, full sleeper sofa in living area. Max. occup. 4. Less than 1 mile fm. Balboa Park, 1.5 miles to Convention Center. No pets. Parking extra. \$1,100. Terry, (818) 769-3382. 4/16

**For Rent:** Studio apt. 1052 W 54th St., 90037. Utilities paid. Deposit req. \$750/month. (323) 915-9300. 3/16

**For lease:** House, 2 bd./2 bath, near 101/110/2/5 fws. Near Gold Line, downtown, Sunset Blvd., Silver Lake, Chinatown, Dodger Stadium, Echo Park, Elysian Park, Pasadena, Burbank, LAPD Academy, Hotchkiss LAFD Training Center. Downtown views. 1 parking space. 1 yr. lease min. No pets. Application process. Doc./credit check req. \$1,500 month, \$1,500 security dep. (323) 919-1163. 2/16

**For Sale:** House, 2 bed/1 bath, remodeled, Bakersfield. Investment property, rented month/month (\$750/month). Large cleared lot, secure. Listed at \$94,000. Sold as-is, seller selects services (title, escrow). tisdaseason2468@outlook.com 11/15

**For Vacation Rent:** Condo, 2 bd./2 bath, beachfront, Puerto Nayarit, Mexico. Private pool on balcony. April 1-8, 2016. \$1,000. Jessie, (323) 893-6570. 11/15

**For Sale:** Timeshare. Pacific Monarch/Diamond Resorts. One full week, two bedrooms. Don't buy direct. \$2,000/obo. Elizabeth, (909) 772-4087. 9/15

**For Sale:** Home/studio apts., three sep. units sold as one package. Bakersfield. Front home: 2 bd., needs work (in progress), flippable. 2nd bedroom rentable. 2 studio apts. in back, rentable. \$110,000 total. Sold as-is; seller selects title/escrow co. Email: tisdaseason2468@outlook.com 8/15

**For Sale:** Townhouse. Las Vegas/Chinatown, near Strip, behind school, near major streets. Has rental tenant. \$85,000, HOA \$100/month. Sold as-is; seller selects title/escrow co. Do not disturb tenant. Email: tisdaseason2468@outlook.com 8/15

**For Rent:** Apt., 1 bed, 1 bath. Near First/Alvarado. 1 of 3 units. 1 car garage. Near Mid-Wilshire, Koreatown, Good Samaritan Hospital, Staples Center, Echo Park, Silverlake. App. process/credit check req. No pets. 1 yr. lease minimum. \$1250 a month. (323) 919-1163. 8/15

**For Sale:** Timeshare, Puerto Vallarta 1+1, 1/2, sleeps 4, beachfront Playa del Sol Costa Sur Resort. Asking \$1,800, extended thru 2030. Jennifer, (818) 517-3675. 8/15

**For Rent:** Lovely apartment in Los Angeles (5-units). 1 bed / 1 bath, kitchen, living room, dining room, 1-car garage. Upstairs unit. New paint, carpet, windows and fixtures. Very quiet on Don Tomaso Dr. Close to public transportation. Call for more details (310) 365-1868. 8/15

**For Sale:** Cabin, A frame, San Bernardino mtns., secluded, views. 765 sq. ft.; 1BD/1BA; new cabinets; needs work; 30903 Live Oak Dr., Running Springs. Photos on Realtor.com. \$127,000; Dan Teter: (866) 214-8587. 7/15



**For rent:** Vacation rental, Big Bear Lake. 3 bd/2 bath house in village. Fully furnished, near the lake. John Long, Call (909) 837-8347. 5/15

**For rent:** Studio apt. in safe, quiet La Crescenta, Wifi-ready, semi-furnished, double-pane windows, glass-sliding doors opening to vegetable garden, fruit trees, succulents, seating areas, mountain views. Close to Montrose and Trader Joe's, 2 blocks to public transportation. \$1,400 includes utilities. Lita, (818) 795-4074. 4/15

**Vacation rental:** Condo in beautiful oceanfront resort, Cabo San Lucas. 7-day rental for \$795. 1 bd, 1 bath; completely furnished, full kitchen w/ views of El Arco on Medano Beach. Close to downtown, shopping, restaurants, entertainment. View at clubcascadasdebaja.com. (562) 301-2940. 4/15

**For rent:** Lovely apartment in Leimert Park (in 4-unit complex). 1 bd/1 bath, kitchen, granite countertops, living rm, dining rm, 1-car garage. New paint, carpet/hardwood and tiled floors, windows and fixtures, Washer/dryer hookup. Close to public transportation. 15 minutes from downtown, USC, beach. (310) 261-2085. 4/15

**For Rent:** Lovely downstairs apartment, 82nd/Crenshaw, very quiet, close to public transportation. 1BD/1BA w/kitchen, living room, dining room, 1-car garage in Inglewood (4-units). Newly painted, new carpet, fixtures, double glazed windows & new granite kitchen countertop. \$1,200. Info @ (323) 292-9989. 3/15

**For Rent:** 1BD/1BA apartment in North Inglewood. Mr. Brown @ (323) 296-1547. 3/15

#### Household Items



**For Sale:** exercise equipment. Chair Gym, w/ mat, twister, ball, instructions. Open box, never used. \$150. (818) 242-8644. 5/16



**For Sale:** Exercise equipment. Ab-Doer Twist Ex. Abdominal workout machine. DVD. Exclnt. cond. \$125. (818) 242-8644. 5/16



**For Sale:** Fitness equipment. Back2Life back relief machine. With a/c. Exclnt. cond. \$75. (818) 242-8644. 5/16

**For Sale:** Kitchenware. V-Slicer Pro Mandoline by Swissmar/Borner. New. \$25. (213) 792-3130. 3/16

**For Sale:** Light meter. Gossen Luna Pro SBC. New condition. Manual. \$50. (213) 792-3130. 3/16

**ForSale:** Electric toothbrush, Oral-B. Professional Care model 7850 DLX. New. \$35. (213) 792-3130. 11/15



**For Sale:** DVD/CD player/storage, Sony ES DVP, jukebox style, stores up to 150 disks. Categorize/play on demand. Incl. remote, keyboard for input. Door does not close but can be done manually, or may be repaired. John, (626) 757-5341; jgonzlez@hotmail.com 11/15

**For Sale:** Heater, Lasko ceramic tower. 1,500 watts, w/remote. New. \$39. (213) 792-3130. 11/15

**For Sale:** Immersion blender, Wolfgang Puck. Black. \$35. (213) 792-3130. 11/15



**For Sale:** Oven, Kenmore 30-in. wall unit, electric, self-clean, white. Brand new in package. 30 inch/wide x 29 inch/high x 24.5 inch deep. \$600. (562) 301-2940. 10/15



**For Sale:** TV/entertainment center. Phillips Magnavox 60-inch TV, \$200/obo. All maple entertainment center, 3 piece, glass doors, tall sliding compartment doors, \$800/obo. Martha, (213) 367-4094. 9/15

**For Sale:** Panini maker. Wolfgang Puck brand. Black/chrome, like new. \$40. (213) 792-3130. 9/15

**For Sale:** Pots/pans. Wolfgang Puck brand. Stainless steel. 13 pieces, like new. \$50. (213) 792-3130. 9/15

**For Sale:** VCR, Mitsubishi HS-U520, 4 head Hi-Fi. Remote. Exclnt. cond. \$25. (213) 792-3130. 9/15

**For Sale:** Printer, color, Lexmark X2470. New in box. \$20. (213) 792-3130. 9/15

**For Sale:** Exercise machine. Rock 'n' Roll Stepper Body Express by Tony Little Designs. New in box. \$65. (213) 792-3130. 9/15

**For Sale:** Lawn mower, 21 inch rotary, good condition. Plus other gardening items. \$58. Don, (818) 780-7788 (leave message). 8/15



**For Sale:** Motorized wheelchair, Go Chair, exclnt. cond., new battery. \$800/ OBO. Peggy LeGras, (323) 314-9100. 7/15

**For Sale:** e-printer, HP Photosmart 7520, brand new in box. \$75 or best offer. James A. Goree, (323) 778-6086. 6/15

**Updraft Range Hood:** Kenmore Elite 42” w/3-setting halogen lighting in white. Sears price: \$379.99. UNOPENED & still in original packaging. \$350 OBO. Peter @ (818) 353-7074 or (818) 254-7391. 2/15

#### Miscellaneous

**For Sale:** Turtles, fresh water, 3, 10 yrs old, w/ large aquarium. \$100 OBO. George, (818) 308-7644 or george.pardo@lacity.org 3/16

**For Sale:** Board games. Trivial Pursuit. Master Game Genius Edition and Silver Screen Edition. \$15. (213) 792-3130. 3/16

**For Sale:** Exercise device. Easy Shaper by Tony Little. Exclnt. cond. \$15. (213) 792-3130. 3/16

**For Sale:** Model railroad track. Kato Unitrack oval set, Atlas power pack, HO scale. \$70. (213) 792-3130. 3/16

**For Sale:** Genie ¼ hp chain drive garage door opener-\$30.00 Write to: aijournal@juno.com 1/16

**For Sale:** 2-way radios. Motorola Talkabout T7400. AA or NiMH batteries. Long-range transmissions, weather channels. Ideal for camping/boating safety. And fun! \$55. Mike, (562) 596-1346 12/15

**For Sale:** Suze Orman’s Protection Portfolio, new w/case. \$85. (213) 792-3130. 11/15



**For Sale:** neon sign for game room. New, never used. Valued at \$250. \$175. John, (626) 757-5341;jgonzlez@hotmail.com 7/14



**For Sale:** Aquarium, “cube” salt water, 38 gallon. Incl. aquarium, stand, extras (no fish). Valued at \$2,000 in equipment, supplies. \$600. John, (626) 757-5341; jgonzlez@hotmail.com 11/15



**For Sale:** Plumeria trees. White. Scented. From Hawaii. Assorted heights. \$10/foot, potted. Buyer picks up. Michael, (310) 339-7684. 10/15

**For Sale:** Exercise set. Tony Little Easy Shaper. Exclnt cond. \$40. (213) 792-3130. 9/15

**For Sale:** Binoculars. Bausch and Lomb. 7x35, 11 degree field. W/case, strap. Exclnt. cond. \$75. (213) 792-3130. 9/15

**For Sale:** Light meter. Gossen Luna Pro SBC. Manual, new cond. \$65. (213) 792-3130. 9/15

**For Sale:** Dental appliance, WaterPik, ultra cord-less. New in box. \$45. (213) 792-3130. 9/15



**For Sale:** Kettle corn trailer. 2010, custom, 10-ft. stell welded frame. Fully wrapped, self-contained. Good cond., incl. equip./training. Go to: [captainkettlecorn.com/CKC-Trailer.html](http://captainkettlecorn.com/CKC-Trailer.html). (877) 746-8696. 8/15

### CLASSIFIED ADS

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We'll run your ad in the next available issue on a space available basis. Your ad may be edited for length or appropriateness.

Classified  
Submission  
Deadline:

5/18/16

for publication  
in the April  
issue of *Alive!*

**For Sale:** Photo darkroom equipment. Enlargers, timers, printers, isles, trays, some chemicals. Can be sold separately. \$5 to \$150. John, (818) 846-5602, johnshandle@att.net 8/15

#### Travel/Timeshare

**Timeshare:** Welks Resort, San Diego, CA. For Sale. \$20K. Chermaine @ (661) 547-6707. 1/15

**Timeshare:** For sale or rent. 1BD, Palm Springs, CA, deeded float week anytime during the year, can be exchanged for another resort worldwide. Info @ (310) 329-0682 or e-mail: time31011@yahoo.com 7/14

#### Wanted

**Wanted:** Roommate for large bedroom in Whittier, near 60/605 fws. In three bedroom home, owned by Firefighter. Use of kitchen, laundry. Non-smoker only, please. \$600/month. John, (626) 757-5341; jgonzlez@hotmail.com 1/16

**Wanted:** Roommate. 3 bd./2 bath home. Chatsworth. Quiet neighborhood. Rent includes 2 bd., own bathroom, all utilities plus cable. App. process/credit check. \$1,000/month. (818) 590-4760. 10/15

**Wanted:** Room wanted in Burbank by caretaker: Experienced caretaker to provide light housekeeping, shopping, driving, companionship to elderly person in exchange for private room. Excellent references. Prefer Burbank area. Karen, (626) 252-1288. 7/15

**Wanted:** I buy all kinds of collectibles: crystal, Disney, fishing gear, military items, musical instruments, pocket knives, gold & silver, Radko, WDCC. Michael @ (626) 592-2929. 11/12





DISCOUNT MOVIE TICKETS  
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JUNE

MOVIE RELEASES

- **Teenage Mutant Ninja Turtles 2:** Opens 6/3/16
- **Popstar: Never Stop Never Stopping:** Opens 6/3/16
- **Me Before You:** : Opens 6/3/16
- **Love and Friendship** Opens 6/3/16
- **Now You See Me 2:** Opens 6/10/16
- **Warcraft:** Opens 6/10/16
- **Conjuring 2:** Opens 6/10/16
- **De Palma:** Opens 6/10/16
- **Genius:** Opens 6/10/16
- **Maggie's Plan:** Opens 6/10/16
- **Finding Dory:** Opens 6/17/16\*
- **Central Intelligence:** Opens 6/17/16
- **Clown:** Opens 6/17/16
- **Independence Day Resurgence:** Opens 6/24/16
- **Swiss Army Man:** Opens 6/24/16
- **The Neon Demon:** Opens 6/24/16
- **Eat That Question: Frank Zappa in His Own Words:** Opens 6/24/16
- **The Free State of Jones:** Opens 6/24/16

\* Not Valid with AMC Green Tickets



Rec and Parks, Cultural Affairs

Photo by Kristopher Bicknell

Scenes by the Sea

Annual Shakespeare by the Sea program returns to San Pedro, Woodland Hills in June.

L
A's Shakespeare by the Sea theatre troupe, funded partially by Rec and Parks and Cultural Affairs, celebrates its 19th anniversary in 2016.

This year's season features a comedy/fantasy, *Cymbeline*, and the classic tragedy *Othello*. The productions open at Pt. Fermin Park in San Pedro in June. Admission is free.

The City portion of the program's schedule is:

Cymbeline:

- This comedy is an action-adventure-fairy-tale-romance filled with magical potions, dastardly villains, ghosts, gods and lost princes.
- At Pt. Fermin Park: June 16-18; July 2, 8; Aug. 20
- At Warner Center Park: Aug. 4

Othello:

- This tragedy is an emotionally gripping thriller where gossip turns friendships rancid, and rumor brutally murders innocence. *Othello* is as unflinching in its power as it is in its heartbreak.
- At Pt. Fermin Park: June 23-25; July 1, 7, 9; Aug. 19

This year, the company will deliver approximately 40 performances in more than 20 locations, beginning and ending with its hometown crowd at Pt. Fermin Park in San Pedro. The tour has become a much-anticipated event each summer, drawing an audience of more than 20,000 to enjoy Shakespeare



Parolles (Cylan Brown) and Diana (Kristina Teves) in Shakespeare by the Sea's 2013 production of All's Well That Ends Well, directed by Patrick Vest. Photo: Mickey Elliot.

under the summer sky each of the past several years.

Founded in 1998 and funded entirely by donations and grants, Shakespeare by the Sea brings contemporary and classic works to underserved, culturally diverse audiences to ignite imagination, promote literacy and encourage artistic expression. This season's San Pedro performances are made possible in part by the City's Cultural Affairs and Rec and Parks Depts., and funds to support the tour have been committed from the Orange County Community Foundation, Los Angeles County Arts Commission and Supervisor Don Knabe.

Bring your friends, pack a picnic and settle in under the stars this summer for Shakespeare's classic plays. It can get chilly by the sea at Pt. Fermin, so dress accordingly. Bench seating is available, but you are welcome to bring chairs or blankets.

Point Fermin Park  
is at  
807 Paseo del Mar, San Pedro.

Warner Center Park  
is at  
5800 Topanga Canyon Blvd.,  
Woodland Hills  
<http://www.shakespearebythesea.org/>

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CHEAPEST TICKETS IN THE STATE 

UP TO 60% OFF

CHEAP TICKETS - INSANE SERVICE - AFFORDABLE INSURANCE

MOVIE THEATERS	RETAIL	CLUB
<b>AMC THEATERS</b>		
Gold Tickets - Good Any Time	\$14.00	<b>\$9.50</b>
Green Tickets - Exclude Disney Productions	\$14.00	<b>\$9.00</b>
Small Popcorn	\$5.50	<b>\$3.00</b>
Small Drink	\$4.50	<b>\$3.00</b>
Movie Bundle - Includes 2 Gold movie tickets, 2 small drinks, 1 small popcorn	\$44.00	<b>\$27.00</b>
<b>BRENDEN THEATRES</b>		
	\$11.25	<b>\$8.00</b>
<b>CINEMARK THEATERS</b>		
	\$11.75	<b>\$8.50</b>
<b>CINÉPOLIS THEATERS</b>		
Traditional Theaters	\$12.00	<b>\$7.50</b>
Luxury Theaters	\$22.00	<b>\$17.00</b>
<b>GALAXY THEATERS</b> - Good Any Time		
	\$11.00	<b>\$8.00</b>
<b>HARKINS MOVIE THEATERS</b>		
Restricted	\$10.00	<b>\$6.50</b>
Good Any Time	\$10.00	<b>\$7.50</b>
Small Popcorn	\$5.25	<b>\$4.25</b>
Small Drink	\$4.50	<b>\$3.50</b>
<b>KRIKORIAN THEATERS</b> - Good Any Time		
	\$12.00	<b>\$7.50</b>
<b>LAEMMLE THEATERS</b> - Good Any Time		
	\$11.00	<b>\$6.00</b>
<b>LANDMARK THEATERS</b>		
	\$13.00	<b>\$8.00</b>
<b>METROPOLITAN THEATERS</b>		
Unrestricted Tickets	\$13.00	<b>\$8.00</b>
Restricted Tickets	\$10.50	<b>\$6.75</b>
<b>PACIFIC THEATERS</b> - Restricted		
* \$2 surcharge for use at Americana in Glendale and at The Grove in L.A. - (Not valid at Archlight Theaters)	\$13.75	<b>\$8.00</b>
<b>READING CINEMAS</b> - Restricted		
	\$12.50	<b>\$7.50</b>
<b>REGAL/ EDWARDS/ UNITED ARTIST</b>		
Good Any Time	\$14.75	<b>\$8.50</b>
Movie Pack	\$30.00	<b>\$26.00</b>
- Includes 2 Good Any Time movie tickets and a \$10 concession gift card		
<b>REGENCY THEATERS</b> - Good Any Time		
	\$11.50	<b>\$7.00</b>
<b>ULTRASTAR THEATERS</b> - Good Any Time		
	\$11.25	<b>\$6.00</b>

ATTRACTIONS	RETAIL	CLUB
<b>AQUARIUM OF THE BAY</b>		
SAN FRANCISCO		
Adult	\$22.95	<b>\$18.36</b>
Child (4 - 12)	\$13.95	<b>\$11.16</b>
<b>AQUARIUM OF THE PACIFIC</b>		
Adult	\$29.95	<b>\$17.95</b>
Child (3 - 11)	\$17.95	<b>\$11.95</b>
<b>BOOMER’S FUN CENTERS</b>		
SELECT CALIFORNIA LOCATIONS	4 Hour Pass	\$42.99 <b>\$19.99</b>
<b>CALIFORNIA ACADEMY OF SCIENCE</b>		
Adult	\$34.95	<b>\$29.71</b>
Child (4 - 11)	\$24.95	<b>\$21.21</b>
Youth (12-17)/ Student (with ID) / Senior (65+)	\$29.95	<b>\$25.46</b>
<b>CATALINA EXPRESS</b>		
Round Trip Fare	Adult	\$76.50 <b>\$60.00</b>
	Child	\$61.00 <b>\$50.50</b>

ATTRACTIONS CONT'D	RETAIL	CLUB
<b>DAVEY’S LOCKER</b>		
Whale Watching	Adult \$32.00	<b>\$21.00</b>
	Child \$26.00	<b>\$15.75</b>
Sport Fishing - 1/2 Day	Adult \$41.50	<b>\$31.50</b>
	Child \$34.00	<b>\$25.21</b>
Sport Fishing - 3/4 Day	Adult \$71.00	<b>\$57.75</b>
	Child \$61.00	<b>\$47.25</b>
Sunset / Evening Cruise	Adult \$25.00	<b>\$12.61</b>
<b>GOLF N’ STUFF</b>		
3 Hour Unlimited Wristband - (Norwalk Location)	\$30.00	<b>\$16.25</b>
All Park Pass - (Ventura Location)	\$20.00	<b>\$15.25</b>
<b>GRAMMY MUSEUM</b>		
General Admission	\$12.95	<b>\$12.00</b>
<b>IFLY INDOOR SKYDIVING</b>		
Hollywood - Earn Your Wings Flight Package (Age 3+)	\$59.95	<b>\$39.95</b>
San Francisco - Save 15% Off All Flight Packages	\$59.95	<b>\$50.96</b>
<b>K1 SPEED RACING</b>		
This pass entitles the owner to (1) 14 Lap race and a annual license for the day.	\$25.95	<b>\$15.25</b>
<b>MADAME TUSSAUDS WAX ATTRACTION</b>		
All Access Pass includes Marvel Super Heroes 4D Experience.		
Hollywood	Adult \$40.00	<b>\$16.00</b>
	Child (4 - 12) \$35.00	<b>\$13.00</b>
Las Vegas (eTickets Only)	Adult \$29.95	<b>\$12.50</b>
<b>MEDIEVAL TIMES</b>		
E-ticket prices will vary depending on date/time selections.		
	Adult \$57.95	<b>\$43.50</b>
	Child (0 - 12) \$35.95	<b>\$31.50</b>
<b>MONTEREY BAY AQUARIUM</b>		
	Adult \$39.95	<b>\$34.95</b>
	Child (3 - 12) \$24.95	<b>\$19.95</b>
Senior (65+) Student (13 - 17 or with Student ID)	\$34.95	<b>\$29.95</b>
<b>MULLIGAN’S FAMILY FUN CENTER</b>		
All Day Pass	Adult/Child \$33.99	<b>\$16.50</b>
- Unlimited use of Laser Tag, Miniature Golfing, Go-Karts/Speedway and the Rock Wall. Valid at Mulligan Torrance, Murrieta, and Palmdale.		
<b>PIRATES DINNER ADVENTURE</b>		
	Adult \$56.95	<b>\$36.00</b>
	Child (3 - 11) \$37.95	<b>\$27.50</b>
<b>QUEEN MARY / BATTLESHIP IOWA COMBO</b>		
	Adult \$42.95	<b>\$31.92</b>
	Youth (12 - 17) \$34.95	<b>\$25.95</b>
	Child (6 - 11) \$23.95	<b>\$17.95</b>
<b>RACERS EDGE INDOOR KARTING</b>		
Adult: 16-Lap Adult Race	\$23.00	<b>\$18.00</b>
Junior (50" tall): 11-Lap Junior Race	\$20.00	<b>\$15.00</b>
<b>SANTA MONICA PIER &amp; PACIFIC PARK</b>		
Unlimited Ride Wristband	\$25.95	<b>\$13.50</b>
<b>SPEEDZONE</b>		
3 Hour Unlimited Pass on Rides and Mini-Golf	\$49.99	<b>\$28.00</b>
<b>TEATRO MARTINI</b>		
Buena Park, California	\$75.75	<b>\$42.00</b>
<b>USS IOWA</b>		
SAN PEDRO	Adult \$18.00	<b>\$13.50</b>
	Child (6 - 11) \$10.00	<b>\$7.50</b>
Senior (62+) or Military (with ID)	\$15.00	<b>\$10.50</b>

JUNE 2016

ICON REFERENCE

eTicket you can print on demand 24/7  
 eTicket available Mon - Fri 8AM - 4:00PM

ATTRACTIONS CONT'D	RETAIL	CLUB
<b>USS MIDWAY</b>		
SAN DIEGO		
	Adult \$20.00	<b>\$14.00</b>
	Child (6 - 11) \$10.00	<b>\$7.00</b>
	Senior (62+) \$17.00	<b>\$11.00</b>

THEME PARKS	RETAIL	CLUB
<b>ADVENTURE CITY</b>		
	Adult/ Child	\$17.95 <b>\$13.50</b>

DISNEYLAND / CALIFORNIA ADVENTURE 

DYNAMIC SCHEDULE		RETAIL	CLUB MEMBER DISCOUNT		
			VALUE	REGULAR	PEAK
1 DAY - 1 PARK	Adult	\$95.00 - \$119.00	\$91.20	\$100.80	\$114.24
	Child	\$89.00 - \$113.00	\$85.44	\$95.04	\$108.48
1 DAY PARK HOPPER	Adult	\$155.00 - \$169.00	\$142.60	\$147.20	\$155.48
	Child	\$149.00 - \$163.00	\$137.08	\$141.68	\$149.96

ADDITIONAL TICKET OPTIONS AND DYNAMIC CALENDAR SCHEDULES ARE AVAILABLE ONLINE.

<b>CALIFORNIA’S GREAT AMERICA</b>		
General Admission (Age 3+)	\$67.00	<b>\$36.00</b>
<b>CASTLE PARK</b>		
General Admission (over 36")	\$24.99	<b>\$12.99</b>
<b>GILROY GARDENS</b>		
General Admission	\$44.95	<b>\$36.95</b>
<b>KNOTT’S BERRY FARM</b>		
	Adult \$72.00	<b>\$39.00</b>
	Child (3-11), Senior (62+) \$42.00	<b>\$34.00</b>
Cheaper for eTickets	Adult \$72.00	<b>\$35.00</b>
	Child (3-11), Senior (62+) \$42.00	<b>\$32.00</b>
<b>LOS ANGELES ZOO</b>		
	Adult \$20.00	<b>\$16.00</b>
	Child (2-12) \$15.00	<b>\$12.00</b>

<b>LEGOLAND</b>		Includes 2nd Day FREE	
1 - Day , 1- Park	Adult	\$98.00	<b>\$76.00</b>
	Child (3 - 11)	\$92.00	<b>\$70.00</b>
Legoland Resort Hopper	Adult	\$122.00	<b>\$84.00</b>
	Child (3 - 11)	\$116.00	<b>\$78.00</b>

<b>MAGIC MOUNTAIN</b>		
General Admission	\$76.99	<b>\$44.99</b>
<b>SAN DIEGO ZOO / SAFARI PARK</b>		
	Adult \$50.00	<b>\$41.00</b>
	Child (3 - 11) \$40.00	<b>\$33.00</b>
2 - Visit Pass*	Adult \$90.00	<b>\$72.00</b>
	Child (3 - 11) \$70.00	<b>\$56.00</b>
* May be used for 1 visit at each park, or 2 visit to the same park.		

<b>SEAWORLD - SAN DIEGO</b>		
	Adult \$89.00	<b>\$60.00</b>
	Child (3 - 9) \$83.00	<b>\$60.00</b>
Valid until 12/31/16	Fun Card	\$89.00 <b>\$74.00</b>

<b>SIX FLAGS DISCOVERY KINGDOM</b>		
VALLEJO	General Admission (over 48")	\$65.99 <b>\$38.99</b>
<b>UNIVERSAL STUDIOS</b>		
	Adult / Child (under 48")	\$95.00 <b>\$75.00 &amp; UP</b>

GIFT CERTIFICATES	RETAIL	CLUB
<b>HONEYBAKED HAM</b>		
\$25 Gift Card	\$25.00	<b>\$22.50</b>
<b>SEE’S CANDIES</b>		
Good for 1lb of chocolate	\$18.50	<b>\$14.25</b>

SPORTING EVENTS		
<b>LOS ANGELES DODGERS</b>	Games available online	
<b>ANGELS OF ANAHEIM</b>	Games available online	
<b>SAN FRANCISCO GIANTS</b>	Games available online	
<b>SAN DIEGO PADRES</b>	Games available online	
<b>LOS ANGELES CLIPPERS</b>	Games available online	
<b>LOS ANGELES SPARKS</b>	Games available online	
<b>OAKLAND RAIDERS</b>	Games available online	
<b>SAN DIEGO CHARGERS</b>	Games available online	
<b>USC TROJANS</b>	Games available online	
<b>LOS ANGELES KINGS</b>	Games available online	

WATER PARKS	RETAIL	CLUB
<b>KNOTTS SOAK CITY</b>		
	Adult \$40.00	<b>\$27.00</b>
	Jr. /Sr. \$30.00	<b>\$27.00</b>
<b>HURRICANE HARBOR</b>		
	Adult \$45.99	<b>\$26.99</b>
<b>RAGING WATERS</b>		
Sacramento	\$34.99	<b>\$26.99</b>
San Dimas	\$42.99	<b>\$28.88</b>
San Jose	\$36.99	<b>\$23.99</b>
<b>WET N WILD</b>		
Palm Springs	\$38.99	<b>\$23.00</b>
<b>WILD WATER</b>		
Clovis, CA	\$34.99	<b>\$23.99</b>

FREE SHIPPING

Club Members get FREE USPS standard shipping on all tickets and merchandise purchased through the Club.

SEASONAL DISCOUNTS

MORE DISCOUNTS ONLINE!

PLEASE CHECK [WWW.CITYEMPLOYEESCLUB.COM](http://WWW.CITYEMPLOYEESCLUB.COM) FOR THE LATEST DISCOUNT TICKETS & EVENTS.

THE CLUB DOES NOT CHARGE ANY PROCESSING OR HANDLING FEES!



Los Angeles Public Library

Library's  
TOP  
10

Here's what LA was  
reading, watching and  
listening to in April.

Lists are courtesy Los Angeles  
Public Library, Central library  
downtown and 72 branches  
combined.

Books loaned:

1. *The Crossing*, Michael Connelly
2. *The Life-Changing Magic of Tidying Up*, Marie Kondo
3. *The Promise: An Elvis Cole and Joe Pike Novel*, Robert Crais
4. *West of Eden: An American Place*, Jean Stein
5. *X*, Sue Grafton
6. *Private Paris*, James Patterson
7. *Between the World and Me*, Ta-Nehisi Coates
8. *When Breath Becomes Air*, Paul Kalanithi
9. *NYPD Red 4*, James Patterson
10. *Make Me: A Jack Reacher Novel*, Lee Child

DVDs loaned

1. *Spectre*
2. *Straight Outta Compton*
3. *Bridge of Spies*
4. *The Martian*
5. *Sicario*
6. *Ant-Man*
7. *Hotel Transylvania 2*
8. *The Good Dinosaur*
9. *The Intern*
10. *Minions*

Books downloaded

(e-books)

1. *Gone Girl*, Gillian Flynn
2. *The Martian*, Andy Weir
3. *The Girl on the Train*, Paula Hawkins
4. *Fates and Furies*, Lauren Groff
5. *The Life-Changing Magic of Tidying Up*, Marie Kondo
6. *All the Light We Cannot See*, Anthony Doerr
7. *The Crossing*, Michael Connelly
8. *Rogue Lawyer*, John Grisham
9. *The Nightingale*, Kristin Hannah
10. *Between the World and Me*, Ta-Nehisi Coates

Download-and-Keep songs\*

1. *No*, Meghan Trainor
2. *Don't Let Me Down*, the Chainsmokers feat. Daya
3. *Work from Home*, Fifth Harmony feat. Ty Dolla \$ign
4. *Just Like Fire*, Pink
5. *Never Forget You*, Zara Larsson & MNEK
6. *Me, Myself & I*, G-Eazy x Bebe Rexha
7. *Hello*, Adele
8. *Watch Me Do*, Meghan Trainor
9. *The Life*, Fifth Harmony
10. *When We Were Young*, Adele

\* "Freegal" music via the Library lets users  
download and keep up to five songs a month –  
it's seriously free and legal! Check it out at  
<http://lapl.freegalmusic.com>

LAFD/The Club



The Club's Gedina Bergstrom sang the national anthem at the annual Lane Kemper Softball Tournament.

BATTER  
UP!

On May 11, the Club's Gedina Bergstrom sang the  
National Anthem for the LAFD's Lane Kemper Softball  
Tournament at the Balboa Sports Complex in Encino.

This annual charity tournament, sponsored by the Los Angeles Firemen's Relief Association, attracts more than 600 LAFD firefighters and 300 to 400 spectators. The event is named in honor of Capt. Lane Kemper (1952-2006), who embodied the true spirit of camaraderie and devoted himself to helping others.

As a tribute to him, LAFD Firefighters come together to carry on this long-standing tradition. Proceeds benefit the Widows, Orphans and Disabled Firemen's Fund.

"They've invited me to sing the National Anthem the last two years," Gedina says. "It's an honor to sing at this great event."

Make your Reservations today to have  
**FUN** and **WIN** with the

Association of American &  
West Indian Peoples, Inc.

On our bus trip to  
**Pechanga  
Resort & Casino**

Temecula, CA



Monday,

**July 16, 2016**

Bus Loading: 8:15 a.m.

Departure: 8:30 a.m., promptly

Return: 6:00 p.m., approximately

PRICE: \$25 per person  
(includes driver's gratuity)

RESERVATION  
& PAYMENT: Due by Saturday, July 2, 2016

CHECKS  
PAYABLE TO: AWIAP, Inc.

MAIL TO: Dorothy Preston  
17700 S. Avalon Blvd, # 366  
Carson, CA 90746

PICKUP/  
DROPOFF: Park & Ride Westside Parking Area  
120th & Crenshaw

For further information  
please contact:

Jean DeSoley  
(310) 412-8055

Elba Collymore  
(310) 604-4436

Joyce Martin  
(323) 567-5343

Lee Smith  
(562) 441-2627 or at  
[Leesm1@outlook.com](mailto:Leesm1@outlook.com)



Seating is limited  
A valid I.D. is required



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# CITY OF LOS ANGELES

## Official City Merchandise



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**NEW**

**\$12.00 Member** \$14.00 Non-Member

**DWP Lapel Pin Gift Set**  
Hard Enamel DWP Logo Design



**NEW**

**\$12.00 Member** \$14.00 Non-Member

**LA City Lapel Pin Gift Set**  
Hard Enamel Classic LA City Logo



**NEW**

**2 for \$15**

**\$8.00 Member** \$10.00 Non-Member

**LA City Luggage Tags**  
Flexible PVC with lifted textured design



**Member Discount**

**Classic Vintage Style Bags**  
Various colors and style to choose from



**\$10.00 Member** \$15.00 Non-Member

**L.A. City Script Hat**  
Available in various colors



**NEW**

**\$10.00 Member** \$15.60 Non-Member

**L.A. City Leather Wallets**  
Available in various colors



**\$8.00 Member** \$13.00 Non-Member

**L.A. City Hat - Retired**  
Available in various colors



**\$24.99 Member** \$48.10 Non-Member

**L.A. City French Hoodie**  
Soft and stylish. Available in various colors



**\$20.00 Member** \$45.00 Non-Member

**L.A. City Canvas Tote**  
Sturdy Tote with Key Chain Clip



**\$13.00 Member** \$16.90 Non-Member

**L.A. City Classic T-Shirt**  
Available in Multiple Colors



**\$25.95 Member** \$50.00 Non-Member

**Women's French Terry Hoodie**  
Available in Multiple Colors



**\$5.00 Member** \$6.75 Non-Member

**Retractable Badge Holder**  
Heavy Duty and Retractable



**\$7.00 Member** \$11.50 Non-Member

**L.A. City Bistro Mugs**  
Available in Red, Black, White, and Navy



**\$7.00 Member** \$12.00 Non-Member

**Infuser Water Bottle**  
Infusers are available in various colors

**BPA FREE**



**\$25.00 Member** \$35.00 Non-Member

**LAPD Dodge Charger Toy**  
Motorized toy car with lights and sound



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\*The price per payment shown is based on 12 payments and doesn't include shipping and taxes. Your payment may vary based on the number of payments you make a year. To see your payment amount, visit your website or see details on your installment agreement.

†See details on your installment agreement.

The PayCheck Direct program is currently available only to active and retired Los Angeles City and DWP employees at this time.

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**NOTE: Free shipping does not apply to items purchased through Paycheck Direct.**