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Alive!



As the L.A. Zoo and Botanical Gardens celebrates its 50th anniversary, *Alive!* takes a walk down memory lane. Read about the Zoo's astonishing progress, meet longtime veterans, and peer 50 years into the future.

ZOO's 50th

- SEE PAGE 24



The original entrance to the L.A. Zoo, 1968.

The Zoo crew of veterans who shared their stories with *Alive!*, from left: Ian Recchio, Curator of Reptiles, Amphibians and Invertebrates, 23 years at the Zoo; Sarah Berman, Docent, Greater Los Angeles Zoo Association (GLAZA); 49 years at the Zoo; Jeanette Tonnie, Registered Veterinary Technician, 32 years at the Zoo, Club Member; Denise Verret, Assistant General Manager, 16 years at the Zoo and 28 years of City service, Club Member; and Denise Tamura, Executive Administrative Assistant, 27 years at the Zoo, 31 years of City service, Club Member.

Alive! photo by Tom Hawkins

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A Message From the CEO

Club and Zoo, Still Growing

by John Hawkins,
President and CEO, The Club

Ian Recchio, the Zoo's Curator of Reptiles, Amphibians and Invertebrates, startled me. (You can read the *Alive!* interview starting on page 25). He said that, with the current threats to animal species worldwide, zoos might have to revert to displaying holograms of animals that no longer exist. Not just in the wild, but at all.

And that came starkly to the point of why having a top-notch zoo is so important – it's not about displays and visuals anymore, although they still matter, of course. It's about conservation. The stakes are high, and climbing.

And with that, *Alive!* presents our big and impressive cover story this month, celebrating the Zoo's 50th anniversary. Our L.A. Zoo has come a long, long way.

It was a pleasant surprise when **Laura Stegman** of the Greater Los Angeles Zoo Association called in September to offer us a great story: the Zoo is turning 50 years old in November. Would be interested in doing a story? Of course! The Club has a great interest in the Zoo, as we've featured lots of Zoo stories over the years.



The Zoo tour party, from left: Joshua Radway, grandson of Sarah Berman; Jeanette Tonnies, Registered Veterinary Technician; Ian Recchio, Curator of Reptiles, Amphibians and Invertebrates; Docent Sarah Berman; and Club CEO John Hawkins.

But my interest is personal, too. I go back a long way with the Zoo. We went as kids all the time, and my mom and sister were docents. The Hawkins family is passionate for what the Zoo is all about.

It was a privilege talking at length to longtime Zoo veterans who give the Zoo the depth and function that it has – **Ian, Denise Verret, Denise Tamura, Jeanette Tonnies** and the truly remarkable **Sarah Berman**, who started her career as a Zoo docent just a few months after it opened, in 1967.

As we reminisced about the Zoo, it struck me how much the Zoo has grown ... and how much the Club has grown, too.

Do any of you remember the giant party the LACEA threw back in October 2002 when we started the Club? (The Los Angeles City Employees Association continues to serve the needs of City Employees as it has since 1928; in 2002, we launched the Club, an innovative and engaging new way for the LACEA to connect with our Members.) That was the party of all parties.

And look how much we've grown since then. The Club has never been stronger, never been more vital, and never offered better insurance, tickets and gifts at great discounts than we do right now. And the Zoo continues to grow in its advanced mission. Who knew how much both the Zoo and the Club would grow from that singular moment?

So, happy birthday, Zoo. We have both come a long way; may we both strive for amazing new levels of service ahead.

So ... can you believe it's November already? That means Thanksgiving, and that means it's time to give thanks for what we have, and reach out to help others. Please take a moment to consider giving to our Club Angels program. You can make a big difference.

That also means we're right on schedule for Club Store Manager **Mariana Guevara** and her Club Store crew, who are outdoing themselves again this year with great Christmas specials on Honey Baked Hams, See's Candies, movie ticket gift packs, and so forth. We've got great deals for City Employees on every budget, so make the Club Store part of your Christmas shopping.

Being happy is often as simple as being grateful. I am thankful for my friends, my family ... and all of you, Club Members.

Happy Thanksgiving, everyone.

JOHN

jhawkins@cityemployeesclub.com

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Behind the Scenes



Club photographer Tom Hawkins captures some longtime employees of the Zoo at its entrance. From left: Ian Recchio, Curator of Reptiles, Amphibians and Invertebrates (23 years at the Zoo); Sarah Berman, Docent, Greater Los Angeles Zoo Association (GLAZA) (49 years at the Zoo!); Jeanette Tonnies, Registered Veterinary Technician (32 years at the Zoo); Denise Verret, Assistant General Manager, (16 years at the Zoo); and Denise Tamura, Executive Administrative Assistant (27 years at the Zoo).



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Personal Insurance Agent

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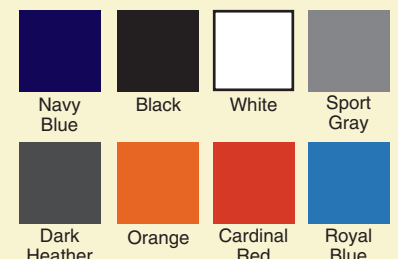
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Letters to the Editor

David's Club Plaque Is Only the Beginning

Thank you for presenting me with the coveted Club Retirement Plaque in recognition of my 30 years of City service. What an honor!

For the past 30 years, it has been my privilege to work at the Los Angeles Public Library, providing excellent service to the public. For the past several years, I served as a manager at a branch library, the best job that I ever had.

Presently, I am enjoying my retirement, with short trips to New York City; Charleston, S.C.; Las Vegas; and an upcoming December vacation to Washington, D.C.! Also, I like to stay busy, so I work as a substitute librarian and try to attend classical music concerts and theatre events, mostly in the downtown L.A. area.

On weekends, I often go to the movies and to the original Farmers Market on Third and Fairfax. (Thank you, City Employees Club, for the super discounts on movie tickets, especially to the Regal and Pacific cinemas.) My life shows that you can't keep an old Librarian down!



– David Tulanian, Retired, Library

Chermaine Keeps Her Job Always on Her Mind



You know me – I'm in New York and found a trash truck. LOL! My City truck is so much nicer.

– Chermaine Fontenette, Refuse Collection Truck Operator, Public Works/Sanitation

Club's Softball League Is as Much Fun as the Professionals

We enjoy this time of the year with all the sports going on at the same time – everything from basketball, football, the World Series and the Club Softball games. These Club softball games are so much fun. It is amazing to see the athleticism and sportsmanship. There are enough seats in the stands for more fans, and once in a while I see the Club SportsDude come around to take photos and toss cool prizes from the Club Store. You know I am going to each game I can now that the playoffs and All-Star Games are about to start.



– Henry Rodriguez, DWP

DWP's Headworks Reservoir Is Built for Decades to Come

The story on the DWP Tank Team is very impressive. This kind of engineering is first class, and we are fortunate to have people like Art Saginian, Alex Reyman, Juan Izaguirre and Alex Liu on the massive project. It's the biggest underground water tanks in the Western U.S. – amazing work! On behalf of all us who rely on water in Southern California, thank you for providing drinking water to decades to come.

– Rita Jacobson, General Services

These Wings Take Flight: Chef Larios' Recipe Is a Hit

This is my first time writing in, but I had to do it. I followed the simple steps to make the chicken wing recipe from Chef Larios, and I have to say that they were a huge hit with my family. They especially loved the ones with the hot sauce! I added just a little honey mustard in the marinade and it was so delicious. Chef Larios knows what he is talking about with these recipes. I am a believer.

– Margaret Jenkins, LAFD

From Facebook

Here are some comments collected this month from the Club's Facebook page. Follow us: www.facebook.com/CityEmployeesClub/

"I just attended [the Club's] Magic Mountain event. It's awesome, for a very reasonable price!"

– Nohemy Calderon

The Club Store "is a good store, with cheap prices. I've been there a couple of times, and I always leave happy."

– Danny Torres

Correction

In September's "Larios in the City," we attributed the wrong department to the career of Elena Tharavej. Elena actually retired from the DWP. We regret the error, and once again congratulate Elena on her City service.

Robert's Question of the Month

BY ROBERT LARIOS, Chief Operating Officer
rlarios@cityemployeesclub.com



Fellow Club members answer the Question of the Month

"What is your favorite holiday?"



"Christmas, for the time spent with family, filled with joy and the celebration of Christ."

– S. Grant Lewis, Commercial Field Supervisor, DWP, 29-plus years of City service



"There's nothing better than Thanksgiving!"

–Eric Guzman, Welder, General Services, 22 years of City service



"Thanksgiving, because it is a time to spend with family."

– Rosa Tristan, Retired, DWP, 30 years of City service



"Columbus Day! Think about it – the kids have to go to school, I don't need to work and no gifts have to be purchased."

–George Negrete, Sr. Commercial Field Rep, DWP, 23 years of City service



"Halloween! I just love the costumes and the candy!"

–Fabiola Ruvalcaba, Commercial Services Supervisor, DWP, 18 years of City service



"Christmas, for the gifts and time spent with family."

–Courtney Jones, CSR, DWP, 14 years of City service



"Holidays are a time of reflection and giving thanks. That's why Thanksgiving is my favorite."

–Dennis Witherspoon, CSR, DWP, 25 years of City service



"Thanksgiving is my favorite because I am often reminded of all the blessings, like my health."

–Jose "Pepe" Perez, Retired, 35 years of City service



"Arbor Day!"

–Melissa Benson, DWP

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Omaha Steaks
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For all the holiday details, go to www.cityemployeesclub.com

Building and Safety

Faith, Restored

Michel Thompson writes a book about a spiritual journey back to faith.

Some people you meet along the way in your life stay with you forever, as inspiration. That's the subject of *The Hart of a Man*, written by Michel Thompson, Personnel Records Supervisor, Building and Safety, under her pen name, Sherise Collins.

The subject, Hartwell Collins, is a fictionalized memoir of her uncle, who was also the pastor of her Christian church growing up. His death caused a major faith crisis in the life of the author, and that drives the book.

"What happens when you feel that God doesn't answer your prayers?" Michel asks in a recent interview with *Alive!* "His death had a great impact on me. Being Christian doesn't exempt you from the trials of life. The book is all about coming to terms with that.



Michel Thompson

"Whatever we believe in needs to be strong enough to sustain us through the hard times. If not, we need to reevaluate what we believe in."

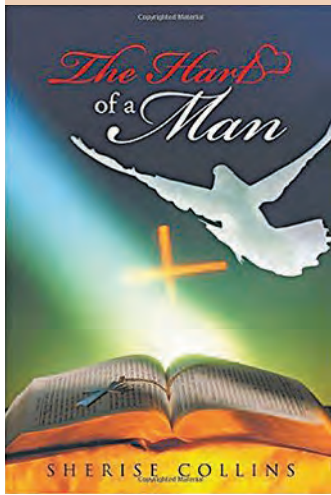
The Hart of a Man nearly was never published. Michel wrote it before she started working for the City (she has 20 years of City service), but she accidentally hit delete on the book's manuscript. Michel thought it was gone forever.

But in the book's introduction, she thanks an unnamed co-worker who retrieved the manuscript from an archive. After some rewrites with the support of family and friends, the book was published Sept. 7.

This is Michel's first book. In the future, she plans on writing children's books. But for now, she's going to enjoy offering her book to readers who might be facing the same spiritual crisis as she did.

"May you be blessed to take this journey," she says.

The Hart of a Man is available through Amazon, Barnes & Noble, and Apple's iBooks.



Rest Insured

BY JEFF GELINEAU
Vice President of United Agencies,
The Club's Auto and Home Insurance Partner



Why Buy Insurance Through the Club?

People sometimes ask me why they should buy their auto and homeowner's insurance through the Club from United Agencies.

First, it's important to explain that there are two different kinds of insurance agents. A direct writer is an agent who is contractually obligated to write insurance for one company. These "captive agents" are the most common kind of agent, and work for companies including State Farm, Allstate, 21st Century, GEICO, etc. They do an excellent job of offering their company's products and services to you, the consumer. Unfortunately, they are limited in that they can only offer the products and services of "their" one company.

Their companies also sell direct to you online. GEICO, 21st Century and eSurance (Allstate) sell hundreds of millions of dollars' worth of insurance without even talking to a human. United Agencies feels that it is important that you talk to a real person who can ask you a few important questions, and help you purchase the coverage that best fits your family.

The other kind of agents are often referred to as "brokers," as they represent multiple insurance companies. United Agencies is a broker. The advantage of dealing with a broker is that they can get you quotes from several different insurance companies all at once, and find the one that best fits your family. Brokers can also help you out if you have teenage children in the house, too many tickets on your license, or maybe a house in a brush area.

Traditionally it is understood that an agent represents the insurance company, and a broker represents the customer. As brokers, we are not obligated to any specific insurance company and can offer you a unbiased investigation of what company would be best for you.

By calling United Agencies, you should expect to get exceptional service. Our partnership with the City Employees Club is very important to us, and you will receive "VIP treatment" as a member of the Club. A real person will answer the phone, and you won't be shuffled off to the voicemail dungeon. It is important to us to keep our

relationship with the Club, and to do so we have to keep every Club Member happy. When you call us, you should expect results!

If you are currently buying your policy from another broker, and like the insurance company that you are buying from, you can still switch to United Agencies and experience the exceptional service that other Club Members are receiving. You keep the same great policy you currently have and improve your level of service.

Buying your insurance from a broker is especially beneficial to you when you spend a few minutes talking to our agents on the phone or in person. We have more than 50 years of experience to draw on, and we pride ourselves in doing an excellent job of educating our customers in how to make the best decisions. We will try to "think outside the box," and offer helpful suggestions on ways to reduce your insurance costs and increase the protection for you and your family. United Agencies represents:

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Check out the City Employees Club page on the United Agencies Website: www.ua-insurance.com/city-club

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Is there something about insurance that you've always wanted to know, but were too ashamed to ask? Maybe something that you've just always been curious about? Feel free to send me an email at jgelineau@unitedagencies.com and I will try to answer your question in one of our monthly columns.

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Larios in the City

BY ROBERT LARIOS,
 Chief Operating Officer
rlarios@cityemployeesclub.com



Rosa S. Tristan,
 Retired from the DWP
 after 30 years of City
 service.



Donna L. Goss
 Retired from
 Transportation after
 23 years of City
 service.

Robert Larios, the Club's Chief Operating Officer, honors these retirees with the coveted Club Retirement Plaque.

Congratulations!



Club Store Holiday Hours

The Club Store Will Be Closed

Tuesday	Nov 8	(11:30AM - 1:30PM)
Friday	Nov 11	Veterans Day
Thursday - Friday	Nov 24 - 25	Thanksgiving
Friday & Monday	Dec 23 & 26	Christmas
Monday	Jan 2	New Year's Day
Tuesday	Jan 3	(Open at Noon)

Members can still purchase certain eTickets online at CityEmployeesClub.com 24/7, however, some orders may take longer to process due to the holiday schedule.

FREE SHIPPING

If you want your online orders to arrive by Christmas using the Club's free standard shipping service, please order by 4:00 PM Monday, Dec. 12 to ensure your order gets shipped out on time.

www.CityEmployeesClub.com

Angel Gomez, Club Director of Sales

Angel's Be Alive!



Castlewood Trail

- Fullerton, Calif.

Castlewood Trail

2636 Greenwich Dr. • Fullerton, CA 92833

Cost: \$12 per person for a week. Whenever you enter the park you will be asked to show your receipt as proof for the week.

Elevation: 200 feet
Distance: 3 miles round trip

Hours: Open 24 hours

Difficulty: Easy

Parking: Street

Let's begin!

The Hike: The trail follows a ridge along a Fullerton neighborhood. In some areas of the trail hikers are surrounded by trees, and in other spots hikers are walking alongside a housing tract. The trail is very well kept and also very wide, so try your best to stay to one side because many cyclists will zoom right by you. It is very difficult for them to stop, so be aware they are approaching you in both directions. If you listen carefully while on the trail will be able to hear them coming before they actually get to you. Most of the cyclists we encountered were going too fast, so be extra careful.

The trail is short and will take you about an hour to complete. However, if you want a little more exercise, the Ralph B. Clark Regional Park has many activities – baseball, softball, volleyball, fishing, and a paleontology museum.

I would recommend the trail for everyone in your family. If you have small kids, please keep them by you and be aware of the cyclists approaching. Once you've completed the trail, you can have a small picnic at the Ralph B. Clark Regional park only steps away.

Bring water and sunscreen, and take lots of photos to share with your family and friends.

Be safe and "*Be Alive!*"

Angel

Hello again!

This month we traveled to Fullerton, about 25 miles southeast of Los Angeles. This trail is one segment of a network of trails in Fullerton. If you're looking for an easy neighborhood trail, this trail is perfect. The Castlewood trail is a little more than two miles round trip. The trail is perfect for anyone who is looking to get a brisk walk before or after work.

Many people know this trail as a mountain biking favorite, so you should be very careful because you will see many cyclists passing by. Please stay to the right of the trail to allow room for the cyclists. I can see why this trail is a cyclist favorite – the trail is wide and you have lots of ups and downs along the trail. On a clear day, you can see the ocean, Catalina Island and the San Gabriel and the Santa Ana Mountains.



Angel Jr., Kathy and Aden enjoy the day hike.



Aden and Angel have arrived!



Be sure to look out for mountain bikers.



The trail brings hikers right behind the homes.



Kathy, Angel Jr. and Aden on the Castlewood Trail.



Warning signs are posted for your safety.



The intersection of Sunny Ridge and Rosecrans.



The trail runs next to the neighborhood track.

Rec and Parks

Photos by Gary Florin, Cabrillo Aquarium

A Whale of a Fiesta

Cabrillo Marine Aquarium to host annual event in January.

Cabrillo Marine Aquarium is scheduled to present the 47th annual Whale Fiesta from 10 a.m. to 3 p.m. Sunday, Jan. 29 at the Aquarium.

This fun-filled family event, co-sponsored by Cabrillo Marine Aquarium and the Los Angeles Chapter of the American Cetacean Society, celebrates marine mammals, and the beginning of the migration of the Pacific gray whales along Southern California.

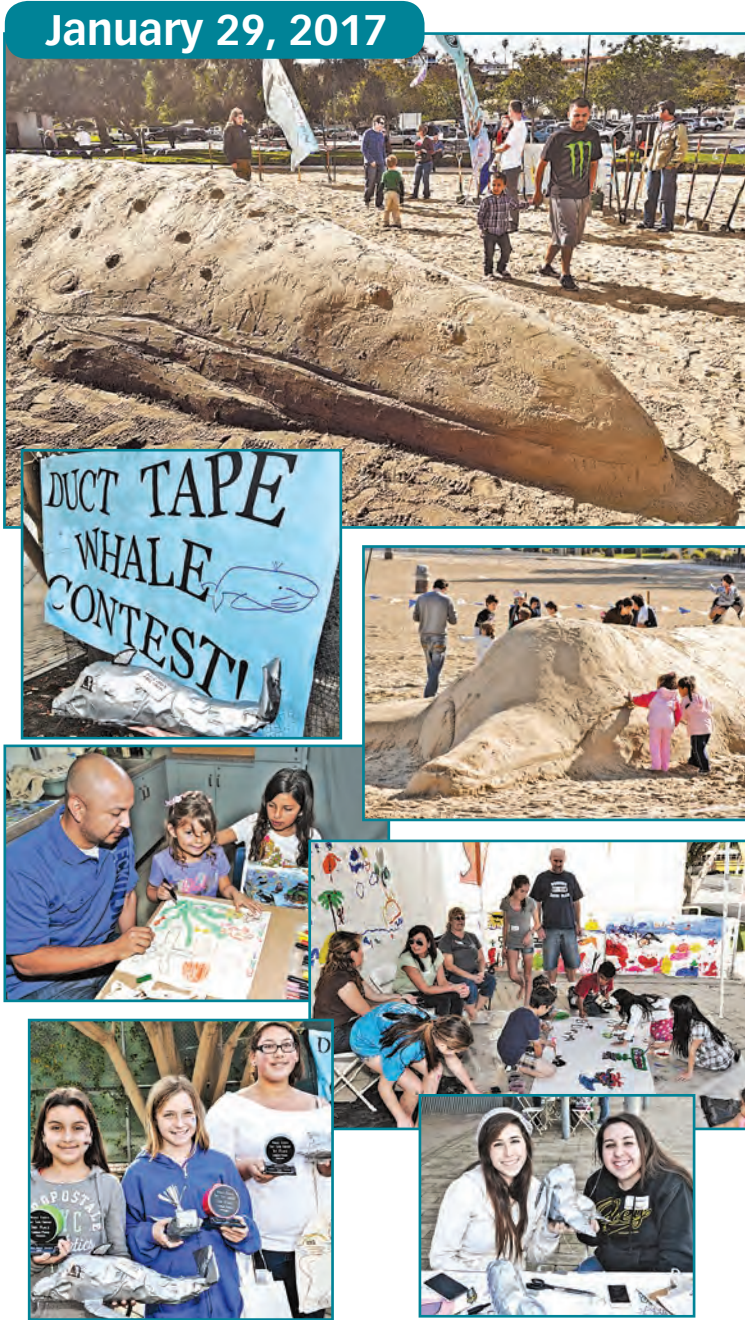
In the past, more than 20 marine life organizations have exhibited and provided information about their efforts to bring awareness and protection to these animals. Throughout the day, expert Cabrillo whale-watch naturalists will give talks on various marine mammals.

The highlight of the day is the "Great Duct Tape Whale Contest," where model whales are created by all ages. Other special activities throughout the day will include face painting, music, marine mammal-related arts and crafts projects for all ages, a puppet show, a life-sized walk-through whale and a passport contest for fabulous prizes.

The fiesta's grand finale will be "Expando the Whale," where participants walk through a life-sized whale.

The Aquarium's Exploration Center, Aquatic Nursery and the Marine Library will be open to visitors from 10 a.m. to 5 p.m. Spend the whole day enjoying the many activities; there is no admission charge.

The Aquarium is at 3720 Stephen M. White Dr. in San Pedro, and is a Rec and Parks facility with support from Friends of Cabrillo Marine Aquarium. For more information or to receive a calendar of events call (310) 548-7562 or visit our Website at www.cabrilloaquarium.org



Airports

Story and photos courtesy Airports Public Relations

Thanks for the Service!



Airports Honors Employees for 30, 35 and 40 years of service.

Everyone knows that Airports employees demonstrate hard work and dedication each and every day. Even so, it takes a special type of person to continue that dedication for 30, 35 or even 40 years of continued service!

On Sept. 14, Airports Chief Executive Officer Deborah Flint and Human Resources Director Paula Adams were on hand to recognize the dedication and commitment made by the following employees.

Congratulations!

40 Years of Service

Marilyn Costigan, Community Relations
Cheryl Molette, Procurement Services
and Dauna Semon, Community Relations.

35 Years of Service

Aprile Benjamin, Human Resources Services
Robin Blueitt, Airport Police
Martha Hall, Airport Police
Jacquelyn Heard, Risk Management
Louis Hoffman, Airport Police
Jacqueline Jones, Risk Management
Charlie Kobaissi, FMG, MSD
D'Ann McCoy-Snearl, Human Resources Services
Cynthia McCray, Risk Management
Selanthia Richardson, ONT Landside Ops
Rodney Rikimaru, Airport Ops
Marilyn Wells, FMG, MSD
and Valerie Works, Procurement Services.

30 Years of Service

Ronald Argento, FMG, FTSD
Jesus Arias, ONT
Daniel Bassett, Airport Ops
Traci Bookman, Airport Police
Belinda Brandon, FMG, MSD
William Cameron, FMG, FTSD
Fernando Carrasco, FMG, MSD
Vickie Cartwright-Adams, Human Resources Services
Ana Chavez, FMG, MSD
Loatha Cheatham, Airport Police
David Childress, FMG, MSD
Albert Corral, ONT
Angela Cox, Airport Police
Burt Davis, VNY
Debra Espinoza, Environmental Programs Group
Jerome Evans, Airport Police

Chandra Flemister, Airport Police
Dionisio Guevara, Planning and Development
Victor Guirguis, Airport Police
David Ha, Planning and Development
Masih Hashemi, Planning and Development
James Hill, FMG, MSD
David Jackson, Construction Inspection
Robert Johnson, FMG, CUP
Vijendra Joseph, FMG, FTSD
Yolande Lara, Information Management
Technology Group, IT Project Management
Darius Lewis, Airport Police
Eugene Maiden, Airport Police
Robert Marquardt, ONT Maintenance
Alberto Martinez, Edward Melara, FMG, MSD
Sandra Miranda, ONT Crash and Rescue
Jorge Montenegro, Airport Police
Andre Munn, Airport Police
Jae Park, ONT Maintenance
Gilmore Pearce, FMG, MSD
Ernesto Ramirez, FMG, FTSD
Jose Prado, Procurement Services
Timothy Riser, VNY
Olivia Riter, Human Resources Services
Francisco Rivera, Airport Police

Juan Romo, FMG, MSD
Genevieve Santiesteban, FMG, MSD
Patrice Shirley, Planning and Development
Darlene Smith, Risk Management
Greg Starr, Airport Police
Henry Torres, VNY
Paula Tran, IMTG, IT Infrastructure
Joshua Ulatowski, ONT
Nguyen Vo, Planning and Development
Mario Wade, VNY
Emily Waters, Airport Police
Deirdre Williams, Airport Police
Lisa Williams, Airport Police.



From left: Chief Executive Officer Deborah Flint and Deputy Executive Director David Shuter with service honorees from Maintenance and Service Division David Childress, Garage Attendant; Fernando Carrasco, Maintenance and Construction Helper; Belinda Brandon, Custodian Supervisor; Genevieve Santiesteban, Secretary; Edward Melara, Airports Maintenance Superintendent; and Gilmore Pearce, Sr. Automotive Supervisor.

THIS MONTH AT THE



Griffith Observatory

Sunset Walk

**Tues., Nov. 8
4:40 – 5:40 p.m.**

The Observatory offers a sunset hike led by a Park Ranger and a museum guide. The easy walk starts on the Observatory's West Terrace, proceeds up the Charlie Turner trail to the Berlin Forest on the hill just north of the Observatory, and then returns to the West Terrace. The distance covered is about half a mile over the course of an hour at a very moderate pace with stops along the way to discuss the highlights and history of Griffith Park, and objects visible in the evening sky.

NOTE: The Charlie Turner trail is a moderately steep earthen trail. The Observatory recommends footwear appropriate for hiking.

FREE!

Information:

griffithobservatory.org/programs/programs.html#walktalk

Support the Griffith Observatory!

Consider joining the Friends of the Observatory (FOTO)
(213) 473-0879

www.friendsoftheobservatory.com

City Owned. City Run. City Proud.



For Retired Club Members

The Best Years

RLACEI

CITY RETIREE ASSOCIATIONS

Retired Los Angeles City Employees, Inc. (RLACEI)



Ed Harding, RLACEI President
www.rlacei.com
Contact him: (800) 678-4145 Ext. 703
E-mail: edwardjharding@rlacei.com

Change of Address?

If you change your address, notify Cliff Cannon, Membership Chair, at (800) 678-4145, x725, or cell: (310) 218-6646. Or write to Cliff: 1942 Radlett Ave., Carson, CA 90746.

Have News About Yourself?

Contact Mary Beetz, call (800) 678-4145 Ext. 711

Three Retirees Groups Hold Events; Make Sure You're at the Right One

RESERVATION LINES:

RLACEI events: (800) 678-4145, Ext. 701

DWP events: (626) 445-7376 (Dolores Foley)

LARFPA events: (888) 288-5063

DEC. 1

RLACEI Christmas party, Friendship Auditorium

DEC. 11

LARFPA Christmas party, Sportsman's Lodge, Studio City

RLACEI Website

Hal Danowitz asks you to visit the RLACEI Website at www.rlacei.com to find the latest retirement news. If you find it helpful, or have suggestions for improvement, call Hal at (800) 678-4145 Ext. 707.

Contact the LA City Employees' Retirement System

The Los Angeles City Employees' Retirement System is at 202 W. First Street, Suite 500, (LA Times Building), Los Angeles, CA 90012. Hours: 8AM-5PM. Phone (213) 473-7200 or (800) 779-8328. Contact them to arrange direct deposit of your retirement checks, change your tax withholding or beneficiary, or for questions about your health plans. www.lacers.org

DWP Retirees Association



Dolores Foley, President
Phone: (626) 445-7376
E-mail: vincedolores@gmail.com
www.dwpretirees.org

Los Angeles Retired Fire and Police Association (LARFPA)



Robert L. Olsen, President
Phone: (323) 283-4441
Fax: (626) 285-1461
9521 Las Tunas Dr. #4,
Temple City, CA 91780
www.larfpa.org

Open-Enrollment Meetings Play Important Planning Role

2010 Club Excellence Award Recipient



Ed Harding

President's Report By Edward J. Harding President, RLACEI

I hope everyone has a happy Thanksgiving. Christmas seems to come faster every year, and I know you will enjoy our holiday party this year, to be held at noon Dec. 1. More door prizes and a new holiday surprise menu are planned by Americo Garza and his entertainment committee.

Some of our directors and I attended all of LACERS' Open Enrollment meetings, held in L.A., Ventura, Ontario, San Pedro and Las Vegas. I wish to thank Hal Danowitz, Neil Ricci, Mary Beetz, Phil

Orland, Cliff Cannon and Americo Garza and his wife, Shirley. A special thanks go to Shirley for her willingness to assist us at these busy meetings.

I hope that all Retirees were able to attend the Open Enrollment meetings as they are very important. It is important that you learn first-hand of any changes to LACERS' health plans for the 2017 plan year.

Reminder: Please start making you reservations for our holiday party at the Friendship Auditorium, 3201 Riverside Dr. Call (800) 678-4145, ext. 701.

Happy Holidays! Love you all.

No Pension Spiking Here: LA Code Prevents This



Michael R. Wilkinson

LACERS Board Update, By Michael R. Wilkinson

We have an excellent pension plan with LACERS. This is something to be proud of.

However, the daily drumbeat of negative publicity about public pension plans across the country makes us feel like we are somehow receiving a benefit that we did not earn.

Nothing could be further from the truth. Our pension is a benefit that was part of our employment contract from the beginning. The pension was at least one reason that many of us took jobs with the City at a lesser pay in return for a chance to serve the public and get a fair package of benefits as well.

Note that I say fair benefits, not the "lavish" and "generous" benefits that we so often see described in the popular press. We should not be embarrassed about our pension just because most private companies have abandoned defined benefit pensions in favor of 401(k) savings plans, which are a very poor substitute.

One other reason that some people are unhappy about our pension is their anger about stories of workers retiring with excessively high "spiked pensions." On this one issue, they sometimes have a good point. Why should an unusual payment at

the very end of a worker's career produce a large pension boost for life?

The answer is that a public employee should not be able to get a lifetime pension spike based on one-time earnings including cashing in vacation pay, overtime pay, or other additions that hike the final compensation. In some cases this has allowed the worker to retire with a lifetime pension that is more than the employee's final salary.

Among other problems, a spiked pension has the danger that the additional cost could be dragging down the rest of the plan since the plan might have only put aside money to support the projected normal pension rather than the higher amount to fund the spiked pension.

The Los Angeles Administrative Code, Sec. 4.1001 states, in part, "Compensation which shall not be included in the calculation of Final Compensation shall include, but not be limited to, overtime, daily and other non-regularly assigned bonuses, reimbursements, car allowances, uniform allowances, payments in lieu of benefits or cash-out of benefits and other forms of compensation."

So, spiked pensions are found in some other plans, but LACERS pensions do not allow this practice.

Pension Problems Not Limited to United States



Michael Karsch

Legislative Report: Pension Law and Policy, By Michael Karsch

Pension problems spring up around the world. One report by Reuters in September caught my eye: Vietnam. That country is considering keeping employees working longer to help meet the financial demands of their government pension systems. The population of Vietnam is aging faster than most other countries. There are 90 million residents in Vietnam, and 70 percent of them are still working, but that percentage will begin to fall in the coming years. The overall social welfare funds are being stretched thin. There is a growing fear that the country will either have to reduce pension costs or impose a growing burden on the working people. The Ministry of Labor has reported to Parliament that the retirement age be raised to 62 for men and 58 for women.

In Germany, Deutsche Bank (whose shares

have fallen by almost 50 percent), the largest bank in that country, is having doubts on how to raise capital in the face of U.S. prosecution of that bank for \$14 billion to settle some mortgage securities cases. Some clients are pulling out money, according to Georgi Kantchev in the *Wall Street Journal*. Europe is sluggish in its large economy, and interest rates are "painfully low." Low interest rates are good for borrowers, especially with negative rates, but they are bad for the lenders, and the ultimate problem is slowing down a national/Euro economy. Also, low interest rates hurt most pension funds around the world as they are usually heavily invested in securities dependent on some kind of realistic interest rates above the morbid levels found today in Europe and Japan.

We will see how the United States election plays out in other countries. And also in the United States: How will Puerto Rico survive its debt situation? And what about Chicago and the State of Illinois?

Did You Know These Facts About LACERS?

LACERS



Mary Beetz

LACERS Update By Mary Beetz

Web Member Service

MyLACERS has a Web member service that lets Members view account information 24/7. Retired Members can view past 1099R statements, current payment statements, designated beneficiaries, current deductions and health deduction information. It's easy, fast and very informative!

It is updated on a bi-weekly basis.

Log onto www.LACERS.org and follow the Login instructions. If any problems, call (800) 779-8328.

2017 Health Plan Renewals

LACERS has completed its 2017 health plan contract renewals and is estimated to have an overall medical plan premium increase of 6.5 percent, which is less than the 6.75 percent medical trend rate projected

for 2017 by LACERS' actuary. LACERS' ten-year average medical plan premium cost increase is 4.8 percent, whereas the average assumed actuarial medical trend rate for the same period is 8.8 percent.

Overall Portfolio Increases

At the end of July, Chief Investment Officer Rod June reported that the LACERS' Portfolio closed at \$14.2 billion, an increase of about \$562 million from the previous month.

LACERS' staff reported to the Board that the City's contribution to LACERS' in the amount of \$566,166,783 has been received by LACERS. This amount represents the City's contribution towards LACERS members' and post retirement healthcare benefits for FiscalYear 2016-17, respectively.

For Retired Club Members

The Best Years

CONTACT THE CLUB:



Tiffany Sy
Club Member Services Counselor, In-house
(800) 464-0452, Ext. 202

TSy@cityemployeesclub.com
www.cityemployeesclub.com

Retirees Holiday Parties in December.

Don't forget to attend a retiree party this holiday season!

RLACEI: The RLACEI's annual Christmas Party and Installation of Officers event is scheduled for noon Thursday, Dec. 1 at the Friendship Auditorium, 3201 Riverside Dr., Los Angeles. There will be a light lunch (sandwiches, salad and drinks), entertainment and valuable door prizes. You must make reservations at least a week ahead: (800) 678-4145, x701. Guests welcome. Call one of the officers on the Retirees Helplines. Free taxi service can take you from the parking lot to the lodge.

LARFPA: For Retired Fire and Police, your Christmas party is scheduled for 11 a.m. to 4 p.m. Dec. 11, at Sportsmen's Lodge, 12833 Ventura Blvd., Studio City. Contact LARFPA for more information.

RETIREMENT HELPLINE

Who to call? Call the Helpline and reach the officers of the Retired Los Angeles City Employees, Inc. If you move or change your address, contact Cliff Cannon. Also notify LACERS, ACEBSA and LAFUCU. For information on problems, activities, meetings or membership. Each officer's extension is listed below.

Los Angeles City Employees' Retirement System: (800) 779-8328

RLACEI Retirement Counselors and Retiree Helplines (800) 678-4145

• Mary Beetz	Ext. 711
• Cliff Cannon (membership)	Ext. 715
• Hal Danowitz	Ext. 707
• Americo Garza	Ext. 710
• Edward Harding	Ext. 703
• Michael Karsch	Ext. 704
• Gary Mattingly	Ext. 702
• Phillip Orland	Ext. 709
• Neil Ricci	Ext. 714
• Helen Salgado	Ext. 713
• Ken Spiker	Ext. 705
• Tom Stemnock	Ext. 708
• Michael Wilkinson	Ext. 712
Questions:	Ext. 0
RSVP:	Ext. 701

DWP Retirement Plan Office (213) 367-1722

RLACEI:

Officers

Edward Harding: President
Tom Stemnock: First Vice President
Phillip Orland: Second Vice President
Hal Danowitz: Secretary/Treasurer

Committee Chairpersons

Mary Beetz: Publicity
Cliff Cannon: Membership
Hal Danowitz: Finance
Americo Garza: Picnic, Holiday Party and Installation
Neil Ricci: Health and Nominating
Michael R. Wilkinson, Legal and Legislative
Tom Stemnock: Audit and Golf

Directors

Mary Beetz
Cliff Cannon
Americo Garza
Michael Karsch
Gary Mattingly
Neil Ricci
Helen Salgado
Michael R. Wilkinson



Stay in Touch With LACERS

LACERS requires all plan members to have your physical address on file. Has your address changed? Use this form to update your information.

CHANGE OF ADDRESS REQUEST - All Members

Dear Retiree:

Please provide your new address information below. LACERS requires all plan members to have physical address on file. Pursuant to Internal Revenue Service (IRS) Publication 575, failure to provide a physical address will result in the change of your Federal Tax Withholding to married with three withholding exemptions.

Mail to: Los Angeles City Employees' Retirement System (LACERS)
202 W. First Street, Suite 500
Los Angeles, CA 90012-4401
Attn: Membership Processing Unit

FAX to: (213) 473-7202 – Attention: Membership Processing Unit

Member's Name		Social Security Number	
Address	City	State	Zip Code
C/O Trustee		Effective Date	
Telephone		Email	
Please check the box if you would like your 1099-R mailed to your home address.			
CORRESPONDENCE ADDRESS (If different from home address)			
Address	City	State	Zip Code
C/O Trustee			
Please check the box if you would like your 1099-R mailed to your correspondence address.			
Member's Signature		Date	

Additional Information: _____

The Best Years

For Retired Club Members



Feeling Stuffed in Santiago

Hal and Co. take a one-way cruise from South America. **Part 3.**

Last March, Hal and his wife, Evelyn, and relatives Don and Myrna took a one-way cruise that began in Chile, but first visited the Galápagos Islands.

On March 11, we flew from the Galápagos Islands to Quito, Ecuador, to spend the night. We awoke before 3 a.m. and were at the airport by 5:15.

We flew to Guayaquil (about 40 minutes) and then to Santiago, Chile, about a five-hour flight. Because the flight to Guayaquil was a domestic one, we had to pay an excess baggage charge; no problem, as I had \$120 in credits with Avianca Airlines because of the delay in leaving the Galápagos. The problem was how to process the charge and give me back the remainder of my credit. At the gate they gave me a credit slip.

We flew LAN Airlines to Santiago. We almost had a problem at customs – I picked up a wrong suitcase and didn't notice until the official asked to open it. Luckily I was able to go back to the carousel and put it back and get mine. I don't know what would have happened if we had left the airport.

We stayed in a Four Points by Sheraton (a SPG group hotel) in the Providencia area of Santiago. Don and Myrna were waiting in the lobby when we showed up. They had arrived in the morning from L.A. After we dropped off our bags we found a sidewalk cafe near the hotel for a light dinner.

I booked all of our airport pickup, tours, and the transfer to the Valparaiso cruise port from a company that has an office in the hotel – Alunsa Royal. Their prices were very competitive.

The next day, March 12, we met Myrna for breakfast before our food tour. Don was feeling a little under the weather; maybe he had too much food and drink the day before.

I wanted to buy some pesos (CLP), and Myrna told us how to find the money exchange in the subway about two blocks from the hotel. When we got there it was still closed, so I walked around the underground shops and found an ATM and it worked. I thought I asked for \$40 US worth of CLP, but I got \$40,000 CLP, about \$58 US. I was just happy it worked and the fees were very reasonable.

The food tour was just Evelyn and I. Our guide was Andreas, and we had the same driver who picked us up at the airport. We started at Vega Central, where we walked among the stalls selling fruits, vegetables, meats and fresh fish. We saw both the new and old parts. It was Saturday, so there were lots of people around. Our first taste was a *Mote con Huesillos*, a non-alcoholic drink made with dried peaches and wheat; it was very delicious. We drove to an area that has a lot of home improvement and construction supply stores near the "La Piojera," a dive bar that has been in business for more than 100 years, for an "earthquake" drink called a *ferremoto*. It is white wine with pineapple ice cream. It was really better than it sounds. We then had a plate of mixed meats, including sliced tongue, pork, cheese and olives with bread. It was very good but too much to eat it all. We continued our walk to another restaurant to have the local corn tamales. I think they were called *humisha* (with the "h" silent); we ordered only one for us to split. The guide and driver had a raw beef sandwich that we both tried. I did enjoy all of the food. We walked to

2013 Club Excellence Award Recipient



By Hal Danowitz, Secretary, RLACEI

the main train station and then drove to the city center to find a Starbucks mug for Evelyn. The whole tour took about four-and-a-half hours. You will never go home hungry after a food tour, and an added benefit is seeing parts of the city that aren't usually on the ordinary city tours.

Back at the hotel we found Don feeling better, and we made plans to have dinner at 7 p.m.

The tour desk recommended Le Bistrot, which was close to the hotel. I looked them up on Yelp and they had very good reviews. Interesting that Yelp is in Santiago but not in Quito. Here everyone



Getting ready for lunch.



All of us at the Pomaire Handcraft Village.



In the vineyard at the Undurraga Winery.



Evelyn and our guide at the Vega Central market.

but tourists ate late so we had no problem getting a table. The dinner including tip was \$28US per couple. They did not add a service charge here, but showed a 10 percent service rate, which you could add to your credit card. Also it was no problem splitting the check or using a credit card.

The Internet in the hotel was very fast, and we watched a Netflix program on the iPad before going to sleep.

The next day, March 13, our wine tour began with an hour drive northwest to the Undurraga Winery, which has been producing wine since 1885. We had an hour tour of the vineyards, the processing plant and the underground barrel storage. We then tasted four wines – one white, two reds and a dessert wine. We each brought a bottle of Carménère. The winery had beautiful grounds and was well maintained.

It was almost noon and time for our visit to Pomaire Handcraft Village, which had hundreds of shops filled with ceramic pottery of all shapes and design. The area must have been a half-mile long and two blocks deep. Evelyn brought an interesting magnet and a decorative votive holder. We then had lunch at Mi Ranchito Pomaire, where we very much over-ordered. We started with two oversize empanadas, which we divided into four pieces (we

should have stopped there), then a large dish, sitting on a pot of charcoal, full of meats and potatoes. On top was a large ham hock, then pork ribs, chicken, flap meat, blood sausage and chorizo, with great rolls. We gave most of the meat to our guide/driver, Claudio. With drinks and tip it was about \$75 US. Lunch provided a good example of Chilean food.

We had planned on visiting another winery, but we didn't want another tour. We decided to just skip it. We got back to the hotel about 4:30 p.m. We all decided to pass on dinner and just go out for dessert.

Just a few blocks from the hotel was the Costanera Center, the tallest building in Chile. It had a large supermarket, the Jumbo, where we wanted to buy more wine to take on the ship. The market also had a large food court where we could get a snack. After getting the wine, I found a great waffle and crepe place, but there were no votes for it but mine and Don's, so we were outvoted 2 to 2 for ice cream. I asked for chocolate. Now Evelyn and I have been together for more than 30 years and I have never had nuts in or on ice cream, so you know I received some kind of dark chocolate with nuts. At least if it was chocolate.

The next day, March 14, we boarded our ship in Valparaiso. We left the hotel just before 11 a.m.; the ride to Valparaiso took about 90 minutes. The check-in with Princess was quick and easy. We passed through security and boarded a bus to take us a short ride to the *Star Princess*. Boarding was simple after we passed through another security check for our

two bottles of wine – the rule is one bottle per person with no corkage and then \$15 per bottle for any additional bottles. So I guessed you could bring on more than one bottle each.

We were in a mini-suite on deck nine – it had a queen-sized bed and a nice sitting area with two TVs, a balcony and more than enough closet space and storage. The bathroom had a tub/shower and was a good size. Because we had elite status with Princess, we got a full bar setup and free laundry, and each of us received

250 Internet minutes. We also had preferred check-in and priority access getting on tenders. Our cabin steward, Bobby, was at the cabin to greet us; he spoke excellent English.

The luggage showed up almost as soon as we reached the cabin. On entering the stateroom, we found the following: a bottle of Nicolas Feuillatte Champagne from the Captain's Circle; two plates of canapés from our travel agent; a plate of cheese and a cheese-and-crackers plate; chilled shrimp; and chocolate strawberries from the ship. Then a wonderful flower arrangement was delivered from the ship. Don and Myrna got most of the same.

We decided to skip lunch and eat what we had before it spoiled. It was very nice to receive all of the gifts, but it would have been better if we had received a card saying what it was and we could have had it delivered on other days. Oh, we also received a bottle of wine to be ordered in the dining room.

We had the lifeboat drill at 5:30 p.m., just as the ship sailed.

We had a drink before dinner and then went to the Capri dining room, where we got a table for four (7:30 p.m.) without a problem. The waiter and his assistant were very attentive, but it did take a while for our main courses to come. We stayed in the dining room until it closed at 9 p.m. We decided to call it a night. ■

Next month we'll continue the cruise with a stop in Coquimbo, Chile, the gateway to La Serena, Chile.

Retirements

Here's a listing of all those who retired from the City this month. To all we say, welcome to the Best Years!

NAME	TITLE	DEPT.	YEARS	NAME	TITLE	DEPT.	YEARS	NAME	TITLE	DEPT.	YEARS
Adams, Barbara	Sr. Admin. Clerk	Transportation	21	Felando, Anton L.	Painter	Gen. Services	27	Lovingood, William R.	Constr. Inspector	Public Works	10
Arevalo, John T.	Build. Maint. Dist. Supv.	Gen. Services	30	Flowers, Dennis	Background Invest.	LAPD	13	Lopez, Gerald	Refuse Coll. Truck Op.	Public Works	30
Atallah, Anton S.	Wastewater Treat. Elec.	Public Works	31	Ginsberg, Eleanor E.	Airport Guide	Airports	16	Lucas, Aaron	Tree Surgeon	Public Works	30
Atwal, Saran Jit Singh	Systems Programmer	ITA	28	Gonzales, Rebecca L.	Sr. Admin. Clerk	LAPD	21	Morales, Larry J.	Sr. Street Use Insp.	Public Works	38
Avanesian, George A.	Civil Engr. Draft Tech.	Public Works	30	Graham, Dan Lyle	Storekeeper	Gen. Services	20	Morgan, Squire B.	Wastewater Coll. Worker	Public Works	19
Baher, Farid R.	Sr. Structural Engineer	Public Works	32	Gutierrez Smith Yumul, Socorro	Planning Assistant	Planning	30	Morris, Meredith C.	Heavy Duty Truck Op.	Public Works	15
Barker, Chris L.	Traffic Officer	Transportation	37	Hadnot, Melody	Admin. Clerk	Public Works	22	Neighbors, Bradley C.	Chief Inspector	Build. & Safety	31
Barker, Shelia Kay	Exec. Admin. Assist.	LAPD	27	Hamilton, Patricia D.	Police Service Rep	LAPD	26	Ordaz, Miguel	Heavy Duty Truck Op.	Public Works	26
Barnes, Charlene S.	Storekeeper	Gen. Services	27	Henry, Darryl W.	Ref. Coll. Truck Op.	Public Works	25	Plata, Gloria S.	Fiscal Systems Spec.	Airports	27
Bosco, Kirk R.	Deck Hand	Harbor	29	Hill, Camilla	Sr. Custodian	Gen. Services	14	Rios Carrillo, E.	Management Analyst	LAPD	36
Beccaria, Raymond G.	Sr. Manage. Analyst	Airports	23	Hillmann, Michael R.	Port Warden	Harbor	3	Robles, David M.	Traffic Paint Sign Post	Transportation	33
Brown, Carl Depriest	Heavy Duty Equip. Mech.	Gen. Services	32	Hsu, Aaron Y.	Sr. Civil Eng. Draft Tech	Public Works	36	Rubin, Beth A.	Librarian	Library	13
Campos, Sandra	Sr. Admin. Clerk	LAPD	36	Jackson, Michael	Refuse Coll. Supv.	Public Works	35	Russell, Jeffrey S.	Assist. St. Lighting Electr.	Public Works	24
Cervantes, Frank C.	Street Services Supv.	Public Works	30	Jalomo, Ernesto E.	Sr. Build. Oper. Engr.	Airports	32	Stover, Deanna C.	Medical Svcs. Admin.	Personnel	3
Chua, Ed A.	Fiscal Systems Spec.	LAFD	25	Johnson, Leda	Traffic Officer	Transportation	37	Towels, Laura	Gardener Caretaker	Rec and Parks	32
Colon, Jose A.	Building Mech. Insp.	Build. & Safety	30	Jones, Ratna	Sr. Manage. Analyst	LAPD	29	Treadaway, James A.	Pr. Civil Engineer	Public Works	32
Desowitz, Kenneth F.	Supply Service Mgr.	Gen. Services	30	Jordan, James N.	Admin. Clerk	Gen. Services	23	Tripp, Sheon L.	Detention Officer	LAPD	26
Dominguez, Larry D.	Municipal Police Off.	LAPD	26	Kwok, Jenny	Accounting Clerk	ITA	30	Watson, Clifford N.	Crime Intel. Analyst	LAPD	30
Durazo, Steven A.	Cement Finisher Supv.	Rec and Parks	26	Lawrence, Paul E.	Equip. Mechanic	LAFD	10	White, Kendall W.	Sr. Manage. Analyst	Finance	29
Espinoza, Richard A.	Motor Sweeper Op.	Public Works	22	Lee, Chungching C.	Programmer/Analyst	LAFD	16	Wigle, William C.	Electric Pump Plant Op.	Public Works	25
Evers, Michael E.	Env. Compliance Insp.	Public Works	40	Leonard, Anthony J.	Heavy Duty Truck Op.	Public Works	17	Willis, Michelle	Police Service Rep	LAPD	30



Show Us Your Grandkids!

RETIREEES: *Alive!* wants to show off your grandkids! So send in those photos!

Here's how:

1. **Make sure to have the permission from their parents.**
If you send in a photo, *Alive!* assumes you have already received that permission.
2. Photos with you in them are better, but if not, that's okay, too.
3. Make sure you list the names of your grandkids.

4. Tell us, in a sentence or two, a little bit about them – their school, their accomplishments, what they love to do, how proud you are of them, etc.
5. Digital photos are best! Send them to: talkback@city-employeesclub.com

Send Prints To: Grandkids

City Employees Club of Los Angeles
120 W. 2nd St., Los Angeles, CA 90012
(800) 464-0452

If you want the print photo returned, make sure you write your name and phone number on the back.

Life After Retirement

If you have news about yourself, family or other retirees that you would like to share with our readers, send it and we will publish it.

If you would like to contact a former City Employee that you met or worked with, send your contact information and we will publish it so they can contact you.

Note: Due to our confidentiality policy, we do not give out any information without authorization.

Mail information to:
Mary Beetz

137 Westmont Drive,
Alhambra, CA 91801

OR

Email: mbeetz4841@aol.com

RLACEI

RETIREEES: Save Money and Trees!

When you sign up to read *Alive!* on the Internet instead of in print, RLACEI will send you a \$5 gift card from either Starbucks or See's Candies (your choice). Reading *Alive!* online will save RLACEI the cost of printing and mailing ... and lots of trees!

It's all the same great *Alive!* content every month – retiree news, wellness information, newly retired lists, and of course all the great ticket and apparel Club deals to stretch your budget.



How to switch to the digital *Alive!*:

Send your request via email to retiree@rlacei.com. Include your name, address and the last four digits of your social security number (not the whole number), and your choice of either a Starbucks or See's Candies card.

Gift card offer limited to the first 1,000 RLACEI Members who apply and to members not currently receiving *Alive!* by email.

Switch Today!



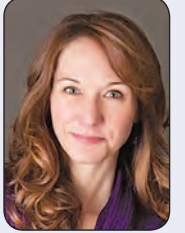
The Best Years

For Retired Club Members



Tara Miller, MS RD/N
LACERS Well Program Coordinator

Healthier
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Stronger



Low-Impact Exercises: No Pain, Plenty of Gain



While there are times you may feel sore after a tough workout or an especially active day, exercise and physical activity shouldn't hurt. Pushing yourself to a point of discomfort or pain may not only be unnecessary, but dangerous. Low-impact exercises can provide just as many health benefits as higher impact varieties, while also being easier on the body and fun to share with others.

What is low- (or no-) impact exercise?

As the name indicates, low- or no-impact exercises impart minimal, if any, bodily impact and are less jarring than other types of activities. One rule of thumb considered by fitness experts is that if one or both feet remain in contact with the ground, such as with walking, hiking, or dancing, the exercise is considered low-impact; whereas exercises that are fully supported by water or equipment, such as swimming, elliptical training, and cycling, are considered no-impact. In either case, although low-to no-impact exercises may be performed with less intensity, this does not mean that are any less beneficial or effective in improving overall health.

Here are the top three benefits of low-impact exercise:

- **Less damage to joints:** Research has found that low-impact fitness activities may actually promote the healing and recovery of damaged joints, thereby allowing you to return to your favorite activities sooner.
- **Cardiovascular benefits:** Any activity that increases blood flow and oxygen use in the body can have a positive, preventive influence on cardiovascular disease. Low-impact exercises are especially suited to this task because they are more likely to be done regularly, without the need for prolonged recovery due to strain, injury or exhaustion.

■ **Weight loss:** Participating in low-impact fitness activities can help you lose weight and keep it off. To lose one pound of body weight, 3,500 calories must 1) be used through activity (energy output), 2) reduced through intake (diet), or ideally 3) include both.

By combining a healthier diet with low-impact exercises, including swimming, biking or using an elliptical machine, you will reduce calories and use energy. For example: a 150-pound male can burn 300 calories bike riding for one hour with light to moderate intensity. If this same person exercises three times a week with the same intensity, he will have burned an additional 900 calories. His diet then only needs to be reduced by 2,600 calories (or 372 calories per day for seven days) to lose one pound of body weight/week. Experts recommend losing no more than one to two pounds/week to avoid rebound weight gain.

One of the best things about low-impact activity is that there is no shortage of things you can do to keep it interesting and fun. Here are some options to consider:

1. **Walking:** Easily accessible from almost anywhere, walking is an often-underutilized activity for optimal health. Consider walking with friends in a mall before operating hours, or along your favorite scenic spot. 10,000 steps/day (about five miles) is generally considered a healthy goal and can be tracked by wearing a simple pedometer or electronic device, such as a Fitbit. For walking outdoors, smart phones are a better choice, since in addition to keeping track of your steps and distance, they offer the added benefit of providing navigation and in case of an emergency, a way to quickly reach assistance.
2. **Elliptical machines:** Ellipticals, also known as cross trainers, simulate stair climbing, walking or

running and allow its user to modify the intensity of the exercise while utilizing a smooth movement pattern, which avoids joint pain or stress. Available at most gyms and as individual units for sale, they often provide both an upper-body and lower-body workout, depending on make and model.

3. **Indoor cycling (spinning):** If cycling on an open road sounds more scary than fun, consider joining an indoor cycling class. Offered in some gyms and individual cycling studios, indoor spinning can also be modified to meet your current fitness level by adjusting the stationary bike's tension, or the amount of resistance applied to

the wheel. Rotating the tension knob increases or decreases effort needed to make the wheels rotate, which effectively mimics the way a road feels to the rider. More tension is experienced as an incline or "hill," whereas less tension will feel more like a "straight-away." Set to upbeat music, a cycling instructor will encourage participants to vary their intensity by increasing their cadence (wheel spinning speed) and their resistance.

4. **Rowing machines:** The rowing machine is a classic example of how to make fitness work on almost any schedule. Although it requires a specific type of stationary equipment and may not be widely available at gyms, it encompasses several muscle groups for an effective, whole-body workout, and is often considered meditative, due to its rhythmic and repetitive motion.

5. **Tai Chi:** This graceful form of exercise utilizes fluid movements in succession and can often be seen enjoyed in parks and community centers. It requires no additional equipment and can be practiced alone or in groups. Although seemingly simple, the benefits include improved flexibility, balance and stamina. Like other meditative practices such as yoga and Qi Gong, Tai Chi includes focused breath-work and is particularly helpful in lowering blood pressure and stress.

Don't forget to complete this month's "Healthier, Leaner, Stronger" Self-Challenge: Try a new low-impact exercise! Log on to www.LACERS.org/lacerswell and click on "Featured Challenge." Each completed self-challenge can be used to earn points on your "Passport to Health" toward monthly opportunity prizes like Fitbits, tickets to local entertainment and theme parks, and more! ■

RETIREEES AROUND THE WORLD



Take the Club with you, wherever you go!

Club members are a well-traveled bunch. Bring your recent copy of *Alive!* with you. Snap a **high resolution** photo with you **holding a copy**, send it in, and we'll publish it. **Send to:** talkback@cityemployeesclub.com

1 Spain

"In August, I was fortunate enough to travel to Spain for eight days. I traveled with my mom, three of my sisters and my niece. We spent four days in Madrid and four days in Barcelona. My family made certain that I had a lovely retirement trip.

"This picture is taken in Barcelona. Both Madrid and Barcelona are architecturally rich cities, as you can see from this picture. I look forward to more traveling in my retirement years."

– Elizabeth Rios Carrillo, Retired



2 The Mediterranean



"Greetings from the cradle of democracy, with the Parthenon in the background. We were on a 10-day Mediterranean cruise to celebrate our 40th anniversary. I regret my wife was not included in the photo as she did not trust anyone with our camera."

– Joe Apohen, Retired, Public Works/Contract Administration

3 Iceland



Here are Gail Staugaard and Sharyn Gunter, Retired, LAPD, cruising around Iceland on the *Pacific Princess* in July.

Club Store

Celebrating the Lives of City Employees

A Beautiful Retirement Gift of Art

Art of Honor's quality keepsakes are now available at the Club Store



Consider an Art of Honor gift for that special retiree or City employee of achievement. They deserve the best.

A unique selection of City Employees, Police Officers and Firefighters' retirement gifts are now carried at the Club Store. One of our representatives will assist you in ordering your customized piece that you will surely be proud to present.

Beautiful and handsome, Art of Honor pieces are the perfect way to celebrate a special moment of a family member or coworker. When you want to say thank-you and congratulations with real impact and meaning, Art of Honor is unmistakably the way to go.

And it's a Club exclusive – another unique benefit of Club Membership.

Art of Honor, an L.A.-based company, handcrafts three-dimensional pieces in wood and metal that emulate City, County and State seals, Police and Fire badges, and other government agency insignias. The nation's only traveling



Imagine a spectacular piece of art hanging in a home or an office of a retiring friend or fellow coworker, a beautiful piece that will be the center of conversation for many years to come. And you will be remembered as the one that made it happen.

There is no better way for a group of colleagues or work associates to recognize a retiring friend than with an Art of Honor gift. All Art of Honor creations are custom designed, handmade and personalized. They are the only gift capable of fully recognizing and paying tribute to a lifetime in public service.

Memorial Wall honoring the LAPD fallen officers is an example of Art of Honor's fine work, along with Firefighter Glenn Allen's Memorial in the LAFD Museum in Hollywood.

One of a Kind

Art of Honor creates art made specifically to recognize individual careers. Every legacy art piece is custom designed and handcrafted, using only the highest-quality materials to memorialize life-changing events.



See For Yourself

Visit the Club Store and see first-hand the great quality of Art of Honor – the Club is displaying an L.A. City seal art piece for you to see and inspect. It's just one example of the beautiful art pieces available for you to see in the Club Store showroom.

You can also see them online at:

www.cityemployeesclub.com or www.facebook.com/CityEmployeesClub



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LAPD



Michelle Willis and Club COO Robert Larios. Robert presented Michelle with the coveted Club Retirement Plaque.

Willis Waves Goodbye

Michelle Willis retires from the LAPD after 30 years of City service.

A retirement lunch was held Sept. 15 for Michelle Willis, who retires after 30 years of City service. The event was held at Castaways Restaurant in Burbank.

Congratulations, Michelle, on your retirement! And special thanks go to Jean Sarfaty, PSR II, Club Rep, 19 years of City service, for her assistance.



From left: Sean Peters, son; Margaret Peters, Sr. PSR II, LAPD, 28 years of City service; Sidonia Roberson, granddaughter; and Connie Roberson, Sr. PSR I, LAPD, 26 years.



From left: Beverly Greenwood, Retired, LAPD; Sue Le Pre, Retired, LAPD; Kim Calloway, PSR III, LAPD, 13 years of City service; Judy Ruiz, Retired, LAPD; and Jean Sarfaty, PSR II, LAPD, 19 years, Club Rep.



Michelle Willis, Retiree (right) with her sisters, from left: LaKeisha Sampson, Yvette Giles and Marjorie Willis.



From left: Carol Shott, Retired, LAPD; and Det. Sgt. Thring.



From left: Sandra Martin, PSR III, LAPD, 18 years of City service; and Sarah Farell, PSR III, LAPD, 16 years.



From left: Cathi Pearson, Retired, LAPD; Cherry Teter, Retired, LAPD; Dori Adler, Sr. PSR I, 27 years of City service; Eugene Gibb, Retired, Sr. PSR II, LAPD; and Sara Muñoz, Sr. PSR I, 17 years.



From left: Kathy McMahon, PSR II, LAPD, 15 years of City service; Abegaye Scianni, Sr. PSR I, LAPD, 8 years; and Jackie Flores, PSR III, LAPD, 8 years.



From left: Michelle Willis, Retiree; Kathy Vanhouten; and Kimberly and Yul Johnson.



Capt. III David Storaker, Commanding Officer of Communications Division, 33 years of City service; with retiree Michelle Willis.



From left: Elana Brown, Sr. PSR I, LAPD, 19 years of City service; and Joy-Elle Penn, PSR II, LAPD, 9 years.



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When it comes to their auto Insurance, United Agencies has been serving hundreds of Club Members for years. We provide a high level of personal service, with some of the lowest rates in California. Come experience the difference in service you get when you say, "I'm with the Club!"

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Allstate	\$1,329
Geico	\$1,311
Auto Club	\$929
United Agencies	\$876

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The Smart Move

BY PATRICK MILLER, CBLIFE,
The Club's Insurance Partner

Great Value for Spouses On Employee's Plans

Spousal rights to employee's voluntary benefits are usually spelled out in the contract in the form of beneficiary rights to death benefits, access to cash value of life insurance policies, monthly income benefits or retirement funds. Additional coverage is usually offered to spouses for additional premium deductions from the employee's paycheck. Since most voluntary benefits allow spousal or dependent coverage, this is a great way to provide some additional coverage for a non-working spouse or a spouse who does not have access to voluntary insurance products at their place of employment. In most cases spousal coverage is available at levels considerably lower than the spouse could shop similar individual plans. Plus voluntary plans are typically issued with simplified underwriting rules giving spouses with certain health conditions access to benefits not available on an individual basis.

For example a critical illness policy that pays \$10,000 on the initial diagnosis of heart attack, cancer, stroke or kidney failure on an individual basis costs around \$40 per month. The same coverage as a spousal rider on an employees plan costs less than half of that at around \$17.50 per month. An accident policy providing up to \$7,500

of coverage costs an employee \$20.93 per month. The spouse of the employee would pay the same or more for an individual plan however, they can enroll as a spouse on the employees plan for only \$12.51 per month. Voluntary benefits are usually convertible if an employee leaves employment, which means that there would be no loss of coverage for the employee or spouse in the event that the employee changed companies or was out of work.

Dependent life insurance is also a consideration. It's not just about being able to get insurance, its also about how much they'll have to pay to get it. Parents can help their child avoid having to pay substandard rates for insurance if they are unlucky enough to develop certain medical conditions.

Unfortunately there are many illnesses that are hereditary. Those with a family history of diabetes, asthma and other health issues face higher rates for insurance, sometimes significantly. Depression, anemia and even seemingly mild conditions can also lead to higher insurance rates. Enrolling children early as dependents on parents' voluntary plans can guarantee coverage at reasonable rates down the road since most plans are convertible.

CBLife is The Club's new partner for four areas - life insurance, critical illness insurance, retirement income and accident medical expense insurance. Currently the Club offers three CBLife products: the Security Builder Plan, the Timber Ridge Critical Illness Plan, and Accident Medical Expense Plan.

Ask your Club Counselor for details, or call (888) 443-8829.

POLL WORKERS NEEDED

There are many challenges facing elections officials across the country, including low voter turnout and aging voting equipment. But among the most challenging is finding the thousands of qualified Election Day poll workers needed to properly staff the polls.

For the City of Los Angeles, the third largest voting jurisdiction in the country, adequately staffing its approximately 1,600 polling places is a huge undertaking. To address the challenge of finding qualified poll workers, the City implements the City Employee Poll Worker (CEP) Program for the municipal elections that take place every two years. In its seventh cycle, the CEP Program aims to help fill this gap by partnering with City departments to hire nearly 1,400 City employees throughout the City to work on Municipal Election Days, March 7 and May 16, 2017.

A CEP is a City employee who serves as a poll worker at an assigned polling place on Election Day. CEPs provide a valuable service to the community by ensuring that polls open on time and that Election Day is a positive experience for everyone. The CEP Program is a chance for employees to break away from their normal routine and provides a rare opportunity to be a part of the electoral process. CEPs assist the City's voters and uphold the integrity of the City's election by following the policies and procedures that are in place.

CEPs are paid for working at the polls on Election Day (approximately 14.5 hours) and may earn up to 1.5 times their hourly rate, if applicable. This opportunity provides City employees a chance to earn

extra money by working extra hours while serving their community. Previous experience is not necessary. CEPs are trained by the Election Division prior to Election Day, how to set up and break down a polling place, how to address Election Day concerns, and, most importantly, how to address the needs of the voters. They support the community, meet new people, and earn extra money!

In addition to English, the City also provides voter resources and language assistance in 11 federal and City mandated languages. To meet the needs of the ever growing diversity of the voters of Los Angeles, the City is also seeking poll workers who are bilingual in English and one of the following languages: Armenian, Chinese, Farsi, Hindi, Japanese, Korean, Russian, Spanish, Tagalog, Thai, and Vietnamese. Bilingual City employees are encouraged to apply!

IT PAYS TO BE A CEP!
★ CITY EMPLOYEE POLL WORKER (CEP) PROGRAM ★



APPLY TODAY:

Application Deadline:
December 9, 2016

For information and to obtain an application, call the Office of the Clerk - Election Division, CEP Hotline at (213) 978-0001.

Zoo

Photo by Tad Motoyama, L.A. Zoo

NICE JOB, ZOO!

Zoo honored with international conservation award for its work with gorillas.

The Association of Zoos and Aquariums (AZA), the primary accrediting body for top zoos and aquariums in the United States, awarded the L.A. Zoo the 2016 International Conservation Award for its work with the Gorilla Rehabilitation and Conservation Education (GRACE) Center in the Democratic Republic of Congo (DRC) benefiting Grauer's gorillas. This national honor was bestowed upon nine AZA-accredited Zoos for their collaborative work with the GRACE program. The annual award recognizes exceptional efforts toward regional habitat preservation, species restoration, and support of biodiversity in the wild.

"My involvement in the GRACE program has allowed me the chance to utilize my skills as an animal manager to help save these gorillas from extinction in their range country and I hope get them back to the wild one day," said Beth Schaefer, L.A. Zoo General Curator and Co-Chair of the GRACE Animal Care and Welfare Advisory Group. "To have our accrediting body recognize our hard work with the GRACE Center is a real honor. It's why zoos are relevant, and it validates the work we do every single day as a zoo."

All of the orphaned gorillas in the GRACE program were confiscated at an early age from the illegal wildlife trade and cared for by the Congolese staff. But as the gorillas grew older, staff could no longer be as hands-on with the gorillas in their daily interactions. Schaefer, along with staff from six other AZA-accredited



Beth Schaefer, General Curator, L.A. Zoo, with a California condor.

zoos, have made several trips to the GRACE Center in the DRC to share their knowledge and techniques for successful gorilla care, medical training, and to consult on building an addition to the night house, a quarantine facility, and a 25-acre forest enclosure, the largest gorilla enclosure in the world.

During Schaefer's three trips to GRACE, a 48-hour journey by land and air, not only was she able to share captive management techniques the L.A. Zoo animal care staff uses daily to maintain the Zoo's six Western lowland gorillas, but she was also able to assist in the design and execution of GRACE's 25-acre forest habitat. The enclosure was designed and built to introduce the hand-reared gorillas to a forest mimicking the wild so that they may learn to forage for the first time, be introduced to other native animals, and eventually gain the tools they will need to be reintroduced into their native jungle.

THIS MONTH AT THE

Cabrillo Marine Aquarium

A REC AND PARKS FACILITY

TIDEPOOL WALK

SAT., NOV. 12, 12 – 1:30 P.M.

CMA's educators conduct tours of the Point Fermin tidepools. Attend an informative slide show in the John M. Olguin Auditorium, then come along on the naturalist-led ramble on the rocks to see animals in their natural habitat. Outdoor clothing and sneakers advised. Young children must be accompanied by adults.

Open to all ages.

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John's Picture Perfect Contest

John Hawkins, Club CEO



"This photo was taken over the summer at the Santa Monica pier. We were enjoying the sunset on the bench when a random guy decided to do a handstand on the rail. It's not recommended, but it made for an interesting picture."

– Alicia Pinedo, LAPD

John's comment:

At first I thought he was doing this on any old handrail – but then I re-read your caption and it hit me – he is on the side of the pier! It's a great shot Alicia. I love how his body matches the color of the shadowed railing, giving incredible contrast between him, the sky and the ocean.
Thanks, Alicia!



"Bubblegum Alley, San Luis Obispo."

– John Hicks, LAFD

John's comment:

John, I really like the angle you used. By getting the clean bricks in the shot you really brought out the contrast. Nice work!

"Late afternoon sun hits the staircase of a giant water tank – it made for some strange shadows. I found this fascinating. I wanted to share the Los Angeles Aqueduct Filtration plant, Sylmar with the *Alive!* readers."

– Mike Aubin, DWP

John's comment:

It took me a while to realize what I was looking at. It's a very cool shot, Mike. I'm glad you captured it!



"Taken at Akaka Falls in Hawaii."

– Georgina Tamayo, Housing

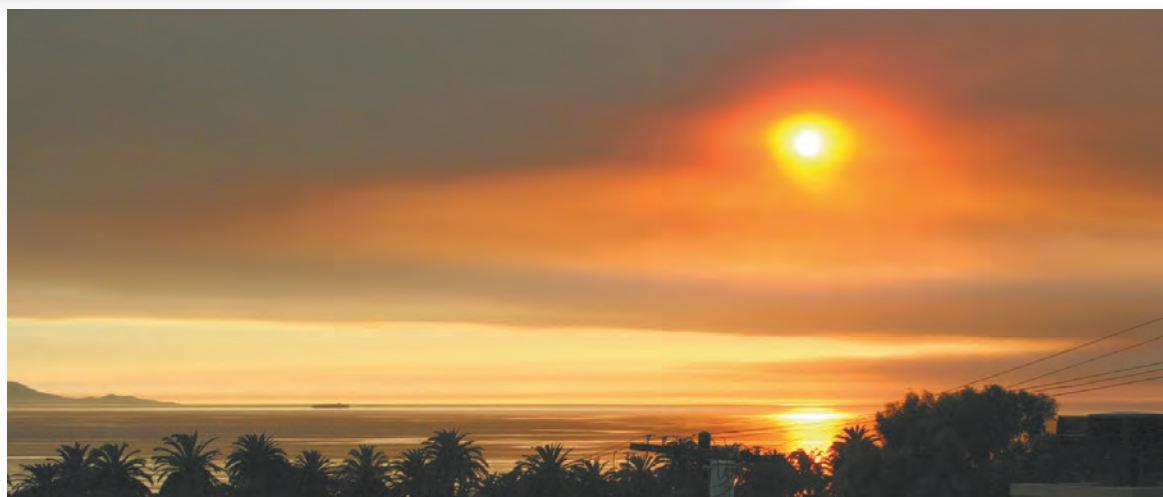
John's comment: Georgina, I have been here many times, but I never thought to do something so creative. Well done!

"This is a bittersweet sunset from a 2008 Malibu autumn wild fire. It gave phenomenal sunsets but at a dear price. No Photoshop – this is what it really looked like."

– John Nance, Retired, DWP

John's comment:

John, yes, bittersweet indeed. But it's an amazing photo nonetheless!



RULES:

- The contest is open to all Club members in good standing. Non-members are welcome to submit, but only Club members are eligible to win the monthly prize.
- If your photograph does not win, you are welcome to re-submit.
- Winners are chosen by Club staff. All decisions will be final.
- You must certify (if asked) that you indeed took the picture. No ringers!
- Photos can be submitted either on paper or digitally. Please don't send both.
- If you want your print photo returned, please write your name, address and phone number on the back of your photo.
- Photos can be of any subject matter: vacation, portraits, families, landscapes, still lifes, pets, etc. Subject matter must be appropriate for *Alive!*
- Paper prints can be mailed to: Picture Perfect Contest, *Alive!*, City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012
- When you send digital photos through the Internet, **please send the full, original digital file yourself**, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very low-resolution images, and they don't look good in print.
- We want you to look your best, so send us the original digital file, please! Thanks!
- Digital photos optimally should be between 100K and 2 megabytes in size and may be e-mailed to: pictureperfect@cityemployeesclub.com
- The contest is all in good fun: The Club cannot be responsible for delays in delivering *Alive!*, or for delays in the transmission of responses.



Story and photos by Arlene Herrero, Club Director of Product Development

New Officers for Filipino Association

Reception welcomes new officers.

On July 28, the Los Angeles Filipino Association of City Employees (LAFACE) held a reception to install its new membership board.

The event was held in the Tom Bradley Room high atop City Hall. LAFACE officers are elected to two-year terms.

THE 2016-18 BOARD INCLUDES:

- President:** Rea Lazo, General Services
- First Vice President:** Alexandra Banares, Controller's Office
- Second Vice President:** Amelia Marucut, Economic and Workforce Development
- Third Vice President:** Joan Alexandria Tagle, DWP
- Treasurer:** Mildred Jacla, General Services
- Assistant Treasurer:** Ariel Larracas, Public Works/Engineering
- Recording Secretary:** Terry Carter, LAPD
- Corresponding Secretary:** Ellen Linaac, Public Works/Street Services
- Auditor:** Veronica Salumbides, Controllers' Office
- Public Relations Officer:** Criselda Pabellano, Public Works/Sanitation
- Affirmative Action Liaison:** Nanette Vaughn, Personnel

LAFACE's stated objectives are: "To extend assistance to any organization in promoting the economic, social, cultural, and educational advancement of Filipinos in the community. To foster the advancement of Filipinos and other minorities in City service and in other fields and shall cooperate with other minority groups towards achieving this goal."

Special thanks go to Joan Alexander and Linda Granados for their assistance.



FALEO-LA and Board of Public Works Commissioner Joel F. Jacinto with the 2016-18 LAFACE officers.



Joan Alexandria S. Tagle, Third Vice President, served as event host.



Outgoing LAFACE President Linda Granados delivers her farewell message.



The opening message was delivered by Councilmember Mitch O'Farrell, District 13.



Rea Lazo, new LAFACE President, addresses the attendees.



From left: Rea Lazo, incoming LAFACE President; Councilman Mitch O'Farrell; and outgoing president Linda Granados.



Congratulations to the 2016-18 LAFACE officers.



Joel F. Jacinto, Commissioner, Board of Public Works, prepares for induction of the new officers.



Joel F. Jacinto swears in the 2016-18 LAFACE officers.



With Rea Lazo are Past President FALEO-LA Sgt. Pete Trance along with Second Vice President Sgt. Pauline Panis, Sheriff's Dept., who came to show support. FALEO is the Filipino-American Law Enforcement Officers' association.

Help Us Blanket the City!



Help the Club take care of those living on the streets this winter.

The last five years, we put out the call to help those in need downtown. And Club Members came through! So we're continuing *Blanket the City*.

It started five years ago with John Hawkins, Club CEO, and Angel Gomez, Club Mobile Man, coming into the Club Store one December night, shivering from the cold. And if they were chilly, they thought, what about those living on the streets?

So they hatched a plan: pass out blankets those living on the streets downtown. That first night, they gave

away eight blankets. Now the number is into the hundreds.

Blanket the City is an official part of Club Angels, the Club's charitable outreach. During the fall, winter and spring months, the Club will be handing out military-grade blankets to those who really need them.

Blanket the City has become a new winter tradition here at the Club!



Join the effort? Here's how:

- The military-grade blankets cost \$9 each.
- Contribute what you can, and the Club will purchase blankets and hand them out for you.
- Mail your donation of any amount with the completed form below.
- Donations could be tax-deductible. Contact your tax professional.

Want to contribute?

Contact John Hawkins or Angel Gomez with any questions: jhawkins@cityemployeesclub.com or agomez@cityemployeesclub.com

Help us to Blanket the City!

Enclosed is my check (made out to Club Angels) for \$ _____.

Please bill my credit card in the amount of \$ _____.



Send this completed form to:
Club Angels
311 S. Spring St., Suite 1300
Los Angeles, CA 90013

Name on Card

Card Number

Expiration - CV# Last 3 digits on back of card

Signature

Please provide the following information so we can send you a receipt:

Name

Home Street Address

City State Zip

Home Phone Work Phone

Club Member Number (if you are a member):

Club Angels is a registered 501(c)3 charitable organization. Contributions to Club Angeles are tax-deductible as defined by the U.S. tax code. Consult your tax professional.

Your donations will be acknowledged with official letters of receipt.

CLUB SPORTS

News from Sports Leagues sponsored by the City Employees Club of Los Angeles • Nov. 2016



FROM THE COMMISH:

**Lady Smith,
The Commish**



Returning for 2016:
The Softball Commish, Lady Smith! Read Lady's comments each month in *Alive!* during the softball season.

CLUB SOFTBALL: Playoff Time!

The 2016 City Employees Club Softball Season is coming to a close this month. It was filled with friendly competition, lively banter, camaraderie, fan support, and swift/easy transitions. This season's teams proved that we are all in this together, to make our softball league bigger and better!

In Division A, the City Club's free agent's team from last year is leading the division in the top spot this season. There's still a chance for two of last season's three top teams to defend their historic titles and earn a spot in the playoffs. Division B hosts many of the Club's free agent teams from seasons past. The 2016 P.F. Flyers proudly wears this title as they vie for a place in Division B's playoffs.

As we sadly say, "Rest well, Dodgers," we still have the City Club Softball playoffs, All-Stars and Championships to root for. Come see special guests open the games with their rendition of the National

Anthem, enjoy music and dancing, win special prizes/Club gifts, meet new people, show off the family, cheer for your favorite team, congratulate great plays you see out in the field from both sides, and commend those players who earned All-Star medals from their season play.



Club Softball for 2016 winds down to the exciting finish.

The softball league is growing rapidly, so if you would like to participate next season – if you want to bring a team or you want to be on a team, please do not hesitate to contact Robert Larios, the Club's SportsDude, at rlarios@cityemployeesclub.com
Hope to see you out there!

Batter up!

SOFTBALL 2016 Game Schedule

Come out and support your team: Watching a Club Softball League team is fun ... and free! There are cheerleaders, your workmates in nice uniforms. And you can volunteer, too.

We'll see you there!

(Visit the Club website, cityemployeesclub.com, for Game Schedule updates)

Nov. 2 Downey

7 p.m.	Division B Second/Fifth Place vs. Third/Fourth Place
8	All-Star Game (Ladies)
9	All-Star Game (Men)

Nov. 9 Downey

7 p.m.	Division A Third Place vs. Second Place
8	Division B Championship Game
9	Division A Championship game (Third/Second Place vs. First Place)

GAME LOCATION FOR REMAINDER OF SEASON

**Downey
Recreation Center**
1772 N. Spring St.
Los Angeles, CA 90031

PARTICIPATING TEAMS

- | | |
|---------------|--------------|
| Blue Dragons | Next |
| Conquistadors | Operaiders |
| DoTgers | P.F. Flyers |
| Enforcers | Sewer Rats |
| GameTime | Sluggers |
| Guzzlers | Transformers |
| Kilawatts | |



Hoops, Bowling, Softball: Club Sports on the Horizon

The Club Sports Office welcomes all individual players to inquire about the Club's sports leagues. Currently, the Club is coordinating efforts for basketball, bowling and softball. Please contact sportsdude@cityemployeesclub.com or call the Club at (800) 464-0452 to be placed as a free agent and for more information.

Images of past sporting events can be found on the Club Website at <http://photos.cityemployeesclub.com/ClubSports>



**Robert Larios,
The Sports Dude**

HAPPY THANKSGIVING

~ From The Club ~

Thanksgiving reminds us of the importance of family.
 ...reminds us of the importance of friends.
 ...reminds us that working hands have dignity.
 ...reminds us to be grateful for our blessings.
 ...reminds us we are all part of the human family.
 ...reminds us how grateful we are for you.

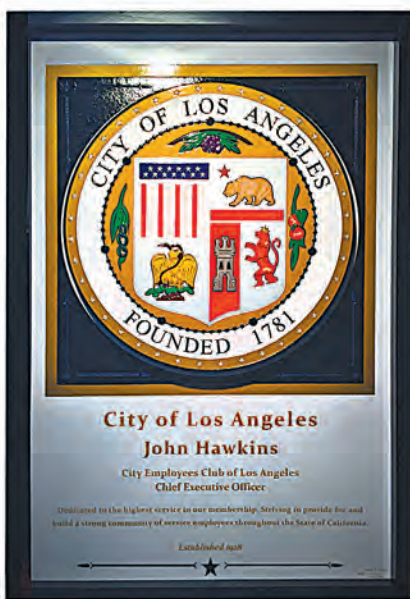
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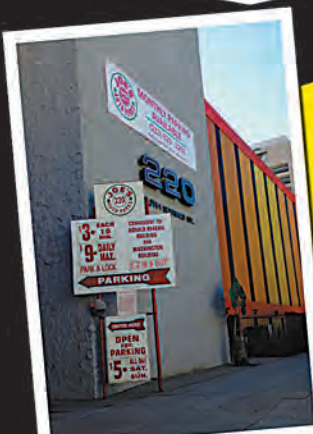
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Alive! Feature: Zoo



HAPPY BIRTHDAY



L.A.'s landmark celebrates its 50th anniversary.

Fifty years ago this month, the Zoo as we know it came into captivity.

On that date – Nov. 28, 1966 – the Zoo opened officially, and the City fulfilled a promise to open a world-class zoo in a world-class city. There had been other zoos in L.A., but they didn't measure up, so there was a bond measure to build a zoo in Griffith Park that the City could be proud of. And now, 50 years after the fact, that promise has come true, and more so: the L.A. Zoo and Botanical Gardens is a world-class destination for animal exposition and a world leader in conservation at a level that proponents in 1966 could hardly have imagined.

Griffith Park, the Zoo's location, was only one of three locations being considered for the new facility in the early 1960s. Serious consideration was also given to locations in Pacoima and Elysian Park before the final location was chosen next to the old Griffith Park Zoo. The children's zoo, one of the first in the world, opened in April 1965 and was the first part of the new zoo to open. The main facility was opened a year and a half later.

The Zoo is planning commemorative events beginning with the opening of L.A. Zoo Lights at 6 p.m. Nov. 18. Details will be published on the 50th anniversary microsite: www.zooLabrate50.org

But for now, the Zoo has invited *Alive!* to share the celebration through archival photos, an interview with longtime employees, and other features you see in these pages.

Also, the Zoo is very special to the City Employees Club. The Zoo was the location for the birth of the City Employees Club in October 2002 – while the Los Angeles City Employees Association has existed since 1928 and continues to be the Club's underlying association, the Club concept was launched at a major party at the Zoo. More about that later.

About the Zoo

The landmark Los Angeles Zoo and Botanical Gardens, drawing nearly 1.8 million visitors each year, is home to a diverse collection of 1,100 animals representing 250 different species, many of which are rare or endangered, as

well as a botanical collection comprising over 800 different plant species with approximately 7,000 individual plants. Accredited by the Association of Zoos and Aquariums (AZA), whose members meet rigorous professional standards for animal welfare, the Zoo has achieved renown as an international leader in the preservation of endangered species and a conservation center for the care and study of wildlife.

The L.A. Zoo's lush grounds on 113 acres (about the same as when the Zoo opened) feature Rainforest of the Americas, an extraordinary collection of endangered and exotic mammals, reptiles, fish and amphibians living in spaces that exemplify their natural habitat in the rainforest biosphere; Chimpanzees of Mahale Mountains, home to one of the largest troops of chimpanzees in the United States; Red Ape Rain Forest, where visitors can walk among orangutans; the LAIR (Living Amphibians, Invertebrates, and Reptiles); Elephants of Asia; Campo Gorilla Reserve; and one of the largest flocks of flamingos in any zoo in the world. Among other highlights are an extraordinary, hands-on Hippo Encounter; the Winnick Family Children's Zoo and Muriel's Ranch animal contact area; the Tom Mankiewicz Conservation Carousel; a variety of daily opportunities to learn more about animals, including close-up visits, special feedings and intriguing talks; and much more.

The private, nonprofit Greater Los Angeles Zoo Association (GLAZA), which has supported the Zoo in partnership with the City for more than five decades and provides funding for and operates seven essential Zoo departments, has 60,000 member households representing more than 240,000 adults and children. As evidence of the Zoo's popularity, GLAZA attracts one of the largest membership bases of any cultural organization in Los Angeles.

The Zoo, at 5333 Zoo Dr. in Griffith Park, can be reached at (323) 644-4200 or www.lazoo.org

Special Thanks

Special thanks go to Laura Stegman, Kait Hilliard, Kirin Daugharty, Tad Motoyama, Jamie Pham, John Lewis, those we interviewed in this issue, and the administration of the L.A. Zoo for their great assistance in the creation of this feature. ■



From August 1964: Actor Cary Grant and more than 100 city leaders gathered in City Hall to sign incorporation papers making the Greater Los Angeles Zoo Association (GLAZA) a legal entity. GLAZA is the zoo's association, marketing and fundraising partner.



From March 1962: Charles Luckman Jr. points to possible sites for the creation of the new Los Angeles Zoo. Luckman's father, architect Charles Luckman Sr., had been hired by the City to recommend a site. Griffith Park was ultimately chosen.



From March 1965: An aerial view of the Zoo grounds under construction. The children's zoo would be the first to open, in April 1965. The rest of the Zoo opened in November 1966.

A FEW MILESTONES

Here are just a few noteworthy milestones in the Zoo's history, including significant progress on animal conservation. For more information, see the issue of *Zoo View*, the magazine of the Greater Los Angeles Zoo Association.

1966 On Nov. 28, 1966, the Los Angeles Zoo opened in its current location—a home away from its former incarnation, that of the Griffith Park Zoo. The opening ceremonies that day featured the United States Army color guard and a marching band.

1981 In July 1981, the Zoo became one of the first zoos to have a research department in July 1981. Studies aimed at increasing knowledge of animal behavior, facilitating reproduction, and improving animal care since 1980, the Zoo has offered "Observing Animals: Behavioral Research" led by the staff of Research Dr. Cathleen Cox.

1987 Zoo Camp debuted in August 1987, offering children ages 8 to 11. An instant success, it has evolved over the years to include a variety of programs greatly expanded offerings during the summer months.

1990 The first California condor chick, a female dubbed Kareya, arrived at the L.A. Zoo the previous year. She was hatched at the Diego Wild Animal Park for hatchlings since 1967, when Topatzen was rescued from the wild, and has been a part of the California Condor Recovery Program. More than 160 condor chicks have since been hatched, increasing the species' total population—once as low as 22 in 1989—as of the end of 2015.

1991 The Zoo's behavioral enrichment program began a time when few zoos had formalized programs in the area of animal care. Enrichment programs include meeting animals' psychological and physical needs. The program was developed from the late Janice L. Crawford, whose gift established the endowment for the Behavioral Enrichment Coordinator.

1997 On July 1, 1997, the L.A. Zoo became a City Zoo. (It had previously been managed by the City of Los Angeles.) This gave the Zoo a greater voice in its daily operations. At the same time, the Zoo's funding was comprised of five mayoral appointments. Betty White was one of the first to be appointed, serving from 1997 to 2005.

1998 On Nov. 3, 1998, Los Angeles voters passed Proposition CC, which earmarked funding to revitalize the L.A. Zoo. GLAZA led the campaign for the proposition, the largest bond measure to benefit the Zoo (County Proposition K in 1996). The bond measure provided \$10 million in private funds raised by the City for projects—culminating with the Rainforest of the Americas.

1998-2014 The Zoo enjoyed many projects during this period. The Mahale Mountains opened in 1998; the Children's Zoo opened in 2001; the Rainforest of the Americas opened in June 2005; the state-of-the-art Conservation Center opened in 2005; the new Children's Zoo opened Dec. 16, 2010; and Rainforest of the Americas reopened Dec. 29, 2014.



Photos by Tom Hawkins, Club photographer; courtesy the Valley Times and Security Pacific National Bank collections, Los Angeles Public Library Photo Archives; and Jamie Pham and Tad Motoyama and the archives at the L.A. Zoo.

The *Alive!* Interview Witnesses to Progress

ESTONES

The Zoo's 50-year history. The full list, location, can be found in this month's Los Angeles Zoo Association.

The Zoo opened its gates for the first time on March 28, 1966. The first to skip and jump down Zoo Drive was Los Angeles Mayor Sam Yorty, in attendance at the opening ceremony were Los Angeles Mayor Sam Yorty, Los Angeles Zoo Association President, and the Los Angeles Symphonic

the 11th in the nation to establish a zoo in 1981. The department undertakes research on zoo animals' behavior, and improving living conditions. Each fall the Zoo offers a course through UCLA Extension, "Studies in Zoos," taught by Director

in 1987 with four weeklong sessions for area youths, the program has had spring and winter sessions and summer.

to hatch at the Los Angeles Zoo, on March 23, 1990. (An egg laid in 1989 had been transported to the San Diego Zoo.) The Zoo has housed California condors since 1985. The Zoo has been a committed partner in the California Condor Recovery Program (CCRP) since its inception. More condors have hatched at the Zoo, and the population of 22 individuals—reached 435

the program was initiated in 1991, a special program devoted to this emergent species. The realization that the Zoo's needs was as important as meeting the needs of the city expanded in 2008 with a bequest from the City of Los Angeles. A docent and enrichment volunteer, the position of Enrichment Program

became its own department within the Recreation and Parks Department (managed by Rec and Parks). The shift from the City Hall and more direct control over the Zoo, the Los Angeles Zoo Commission, formed to provide oversight to the first L.A. Zoo Commissioners, served

Los Angeles voters overwhelmingly passed a bond measure for \$47.6 million in bond funding to develop and fund the public campaign. The largest of a series of bond measures was Proposition A-1 in 1992 and A-2 in 1996, which provided money, along with more than \$30 million from the GLAZA, helped build various capital projects, including the jaguar habitat in Rainforest of the Americas

within its fences: Chimpanzees in 1981; the Winnick Family Children's Discovery Center in 1998; the state-of-the-art Gottlieb Animal Health Center in 2006; Elephants of Asia in 2006; and the Rainforest of the Americas opened April

The panel:



Sarah Berman, Docent, Greater Los Angeles Zoo Association (GLAZA); Sarah has volunteered at the Zoo as a docent for more than 49 years.



Denise Verret, Assistant General Manager, 16 years at the Zoo and 28 years of City service, Club Member



Jeanette Tonnies, Registered Veterinary Technician, 32 years at the Zoo, Club Member



Denise Tamura, Executive Administrative Assistant, 27 years at the Zoo, 31 years of City service, Club Member



Ian Recchio, Curator of Reptiles, Amphibians and Invertebrates, 23 years at the Zoo

On Sept. 30, Club CEO John Hawkins and *Alive!* editor John Burnes sat down with a panel of L.A. Zoo veteran employees and one docent who joined the volunteer crew less than six months after the Zoo first opened. The subject: The L.A. Zoo, how it used to be, how much progress it has made, and where it goes from here.

The interview took place in a conference room at the Los Angeles Zoo just off the entrance plaza.

Thank you all for joining us today to talk about one of our favorite subjects, the Zoo. But first I have to ask Sarah: You've been here since just after the Zoo opened.

Sarah Berman: Right. I came here as the result of an article in a magazine saying that the new Zoo was going to open. I came here and I was in love. I was part of the first official docent class.

Jeanette Tonnies: Wow.

That's tremendous. We have so much experience here, and I can't wait to hear the memories you must have.

But first, who can tell me a brief history of this Zoo in this location and why it was started?

Denise Verret: Sure, I'll start. The City of Los Angeles has had lots of different Zoos around town that served the Angelenos going back to the 1880s. But the residents felt like this City needed a world-class Zoo because it was a world-class city. And so they decided in the 1930s that they would build the Griffith Park Zoo next to where we are now. It started with 200 animals. But then the collection grew and it wasn't

large enough to accommodate the collection. So the City decided to build a bigger, better Zoo. There was a lot of discussion about the location and where that should be. The Zoo at the time was a part of the Recreation and Parks Dept. in the City of Los Angeles. So there was a bond measure that was passed to provide funds to build a new Zoo, and then they decided to look at find different locations. Ultimately, they picked this location, which was formerly a golf course; that upset the golfers at the time. They retained the services of a well-known architect, Luckman, who had designed features at LAX and CBS Studios, and the Zoo was built and opened on Nov. 28, 1966.

How much bigger is it than the one it replaced?

Denise Verret: I read that this Zoo is five times larger than the previous location.

— continued page 26



Docent Sarah Berman explains her passion for the Zoo to Club CEO John Hawkins (left) and *Alive!* editor John Burnes.



Standing at the Zoo's entrance gate is the panel for this month's special *Alive!* interview, from left: Ian Recchio, Sarah Berman, Jeanette Tonnies, Denise Verret and Denise Tamura.

Alive! Feature: Zoo

A HISTORY OF L.A. ZOOS

Eastlake Zoo, 1885



A postcard view of the City's first zoo at Eastlake Park, then Lincoln Park, in present-day Lincoln Park. Date unknown.

The City's first zoo was the Eastlake Zoo in Eastlake Park (Lincoln Park), East Los Angeles. The facility grew inadequate, and it closed in 1912; its collections were transferred to the Griffith Park Zoo.

Selig Zoo/Luna Park Zoo/Zoopark, 1915

This privately owned but popular zoo began as a repository of animals used in the filmmaking of tycoon Col. William Selig in Eastlake. It was located at the corner of Mission Road and Selig Place in Lincoln Heights.



The entrance to the Selig Zoo/Lincoln Park Zoo, circa 1935.

Selig populated his zoo with some 700 species. The property of the studio zoo, which reportedly housed the largest collection of animals in the country at that time, was sold due to his studio's bankruptcy, and the zoo became the Luna Park Zoo in 1925. Some of the animals were donated to the new Griffith Park Zoo at that time.



The entrance to the Selig Zoo, circa 1916.

Later, it became the California Zoological Gardens, and then just Zoopark. Selig donated many of his animals to the Griffith Park Zoo. It closed sometime in the 1930s.

Some of the famous statues that graced the entrance to the Selig Zoo have reportedly found a home in the current L.A. Zoo.

Griffith Park Zoo, 1912

The City's next municipally owned zoo was the Griffith Park Zoo, which some *Alive!* readers might remember. The grounds were approximately two miles south of the present-day L.A. Zoo.

The Griffith Park Zoo, built on the site of Griffith J. Griffith's original ostrich farm, opened in 1912 with a reported 15 animals. Animals donated by Selig's bankrupt Selig Zoo helped populate this zoo in the 1920s.



At the Griffith Park Zoo: Schoolchildren visit the predecessor to the current L.A. Zoo, circa 1950.

The zoo drew up to two million visitors a year and was deemed small, inadequate and obsolete. In 1958, the City passed an \$8 million bond issue to create the world-class L.A. Zoo that the City enjoys today.

Remnants of the Griffith Park Zoo remain in their original location and are frequently photographed on social media and enjoyed by picnickers.

Jungleland U.S.A., 1926



Jungleland U.S.A. in Thousand Oaks, circa 1961.

This privately owned zoo and amusement park, which was founded as Goebel's Lion Farm in Thousand Oaks, provided wild animals for movies and television, and was open to the public. It was renamed World Jungle Compound in 1929 and Jungleland in 1955. Built on the current site of the Thousand Oaks Civic Arts Plaza, it closed in 1969.

The *Alive!* Interview, continued from page 25



The earliest entrance to the current L.A. Zoo from a postcard, circa late 1960s.

Zoo Gate

Los Angeles Zoo

When did it go from Rec and Parks to being its own City department?

Denise Verret: In 1995, the Zoo needed some attention in terms of funding and improvements. At the time, Mayor Tom Bradley decided to put together an ad hoc committee to look at Zoo improvements, and he brought in Zoo directors from other institutions to provide advice and guidance on how to deal with some of the issues that the Zoo was facing at the time.

A comprehensive report was prepared. The City at that time made a commitment to invest millions of dollars to make the improvements that were necessary. And the report that came out from the Zoo directors was that the Zoo needed more autonomy, more focus and attention, and it was a series of discussions that took place. Ultimately the mayor decided that the Zoo should become its own separate independent department from Recreation and Parks. After that was approved by the City Council in 1997, we became our own Council-controlled department.

Stages of Growth

Please encapsulate some of the major stages of growth of the Zoo once it opened in 1966.

Denise Verret: I would say that the growth has been continuous, but in different ways. The collection has changed. Our education programs have changed. Our conservation efforts have changed. Our marketing efforts have changed. While that may not have been happening continuously, it's happened over the decades that the Zoo has been here. I can tell you, though, that in the 16 years that I have been here, attendance has gone from 1.25 to 1.6 million in daytime visitors. We finished a 17-year \$172 million capital improvement program with nine major exhibits that have opened. This last fiscal year, we had attendance of more than 1.8 million, an all-time high, because we introduced several nighttime events.

We have completely reduced our reliance on the general fund, and our revenues completely fund our direct operating budget, which is very significant. It recognizes that we have continued to grow the organization and grow the operation while reducing our reliance on the support from the City, which is what they want us to do and what we want to do.

What was the Zoo like when each of you began here?

Jeanette Tonnies: When I first started, the Zoo was still in its earlier stages, so a lot of the exhibits were still cement, believing that cleanliness and disinfecting exhibits was the important thing in taking care of exotic animals. We've since learned that aesthetics and having animals in their natural or as close-to-natural habitats is better for them. And in health care, we used to have a stethoscope, and that's how we would listen to our animals. And now we have great monitoring and improvements in animal health. We've gone from a garage-sized building to a 33,000-square-foot animal health center.

Wow.

Jeanette Tonnies: For me, it's been huge changes in animal health services.

That's not something necessarily that visitors would see.

Jeanette Tonnies: Right. It's in the background.

But that's major.

Jeanette Tonnies: It's huge. When you have animals, you have to give them exemplary care, and I believe that we do that now. The health center is called the Gottlieb Animal Health and Research Center.

I can tell you that the animals here get better care than you will ever get in a hospital. When I first started, we used to hand-dip our x-rays, and then we would run our x-rays through a machine. For the animals that were under anesthesia it was prolonged, which is a greater risk to them not coming out of that anesthesia. Now we have digital radiography and they are under anesthesia for less than half the time that they used to be.



Rainforest of the Americas opened in 2014.

ZOO's 50th

Let the Party Begin

Here's a rundown of the special events the Zoo is planning for its 50th anniversary.

KEY ACTIVITIES AND EVENTS INCLUDE:

The introduction of a microsite featuring L.A. Zoo milestones, opportunities for the public to submit Zoo memories, and more.

Nov. 18: Opening of the popular, seasonal L.A. Zoo Lights and Reindeer Romp.

Nov. 28: Special offers, including 50 percent off admission, which is 50 years from the day the Zoo opened.

All-new Giraffe Feedings, which take place twice daily at the giraffe habitat for \$5 per person in addition to Zoo admission (start date Nov. 1).

Special exhibitions, and much more.

Visit the Zoo's 50th anniversary microsite for more details:
www.zooLABrate50.org



And because of the upgrade in equipment, we can do everything when we have the animal. We may have an animal just for a preventative exam. We do everything. And we didn't used to do that. We didn't have baselines. Now we can have baselines that we share with the world. It's amazing, the medicine that we can do now.

Sarah, you have a lot to tell us, I'm sure.

Sarah Berman: I do! (She laughs.)

How is it different than when you started in 1967?

Sarah Berman: When I look at it today I realize how primitive it was. But at that time, we were so thrilled because the old Zoo was primitive. I mean, it was little caves ... little places with bars and everything. And all of the sudden, we had this wonderful and very open Zoo.

Then after a while, you see how it's developed. At that time, they were just little round-shaped buildings, and we would go in when we were touring. This was the first time – one of the first Zoos – that had animals exhibited in areas – the Eurasian section, the African section, the North American section. You had to run around quite a bit if you were leading a tour. I remember having a young man say to me after I gave him a tour, "I wish you well on your next race." And I said, "I beg your pardon?" He said, "Aren't you in the Olympics or something getting ready?" he said, "'cause I've never met anybody who walks as fast as you."

You were covering more than 100 acres!

Sarah Berman: I said, "It's because we are spread out and I want you to see everything. There's so much to see, so I hope you'll come back." It really was a job to run around to all these different departments, to all of these different areas. We were required to take certain courses after we took our basic training. My specialty the first time was the reptile section, a little, tiny building. Hot, very hot! When you went in for the classes, oh, my goodness! And I remember our teacher saying, the first thing he had us do was pick up a snake. If you recoiled and went away, he said, "Out. You're not part of the class."

So you picked up that snake whether you wanted to or not. And then after a while, they became your friends.

Everything has changed about our whole attitude towards animals. We're here to teach you about them, to help preserve them. In many cases, we've seen animals disappear off the face of the earth. We have to teach people to love the animals. When I was docent chairman, that was one of the things I tried to stress. We had a lot of information. We're probably overeducated. But I told other docents, "Don't tell them everything you know. Try to divide it up so that they'll come back."

Do you remember the first big change that was significant enough to think back and remember, that was a big change?

Sarah Berman: Well, it was significant when we took the animals out of the cages because those little round enclosures might have maybe three or four different kinds of animals in there. And then all of the sudden, we had the gorilla exhibit. And we thought, "Oh, my God. They're outside. I mean, you can see these animals and they're climbing up there." It was fantastic.

I think the gorilla exhibit is the one we were most thrilled with, yes. We had a little tiny Children's Zoo. It was really a thrill to go walking through, because they had goats. And you would go into the pen and bring the children in, and you had to be very careful because the minute you opened that gate, the children would all run through. You had to keep track of them, because you didn't want to lose any of them. But the goats in the meantime were reaching at your skirt, and it was quite a job. It was a lot different than the Children's Zoo now.

Did you ever go to the original Griffith Park Zoo?

Sarah Berman: Early on. My husband and I love zoos. We'd always go, no matter what city we were in, to the zoo. It was very relaxing. And so we went to the old zoo, and when I read this notice that they were looking for docents for the new Zoo, my husband said, "Well, why don't you do it? Go try and see what it's like."

So I went for my interview. "By the way," they said, "one of the requirements is that you after taking the course, that you give the Zoo two years of your time." I really didn't know whether I could make that commitment. Two years is a long time. But here I am. Still. You can't get rid of me. The old zoo was interesting, but it was not a zoo.

How about you, Denise? How different it is today than when you joined in the late 1980s?

Denise Tamura: I remember when I started working for the City in Personnel and finding out that the Zoo was part of the City. And I said to myself, "I have to get to the Zoo," because I've always liked animals. So four years later, I actually got here to the Zoo. I've been working in the administration since then.

There have been a lot of changes. It's hard to pinpoint just one of them, but I would say the bond measures that funded all the exhibit improvements with the chimps and the gorillas and the elephants and the orangutans. To see them from where the chimps were on concrete to the exhibit they have now is just a huge difference.

The one constant we have is the care the animals get. The people here have always cared about the animals and felt it was important to get that message across and educate people.

Ian, what about you? How do you think things have progressed?

Ian Recchio: From an animal collection standpoint, I don't even know where to start really, it's changed so much.

Denise Tamura: That's it, yes.

Ian Recchio: In zoos 50 years ago, their priorities for exhibiting animals were, essentially, let's have the mega animals that everybody's familiar with – zebras, giraffes, lions, et cetera. And those are still important. It's just that, from an education standpoint, from a biodiversity standpoint, the priorities now have changed so much that it's about breeding and conservation. It's about field conservation that we participate in all over the world. I'll talk specifically about the reptile and amphibian department: 50 years ago, you were lucky if you went to a zoo and saw a bullfrog. Now we know that almost 50 percent of amphibians are close to extinction worldwide. They have become a huge priority for us. So when the reptile house was built in the Zoo 50 years ago, like Sarah alluded to, it was one big hothouse, something like 85 degrees. You're pigeonholed as to what you can keep there successfully. It was mostly snakes from desert environments.

Right.

Ian Recchio: We now have the LAIR building, a living amphibian invertebrate and reptile house. And we have seven different climactic zones just within those buildings that allow us to work with species from all types of biomes. We have Chinese giant salamanders that we get down close to freezing. We have the ability to cool their water into this Chinese biome that they need. And we have animals from cloud forests where we can cool them down part of the year and then warm them up into a humid kind of balmy situation. The flexibility has changed with technology and the money that's been put into the Zoo. The collection has changed dramatically over the last 50 years, as have the priorities.

There used to be animal shows, too.

Ian Recchio: Yes. We still do shows, but the message has changed. It's about conservation. It's about showings birds in free flight. There's still value in shows, but the message has changed dramatically.

And it's not like trained behavior of pushing rubber balls and things like that.

Ian Recchio: Exactly.

Sarah Berman: It's more natural behavior.

Ian Recchio: Yes. And going back to what Jeanette was talking about, the medical side of it, we can train behaviors now for husbandry and medical purposes so that the staff at the health center doesn't have to anesthetize an animal when they can train a chimp to actually voluntarily give their hand for a blood draw. It's amazing. I'm not a trainer by any means, but I can tell you that some of the training that's done now for husbandry and medical purposes is amazing.

That's incredible.

Ian Recchio: Yes.

Memories

Let's talk about your favorite memories.

Jeanette Tonnies: Medically, there are two cases that really stand out in my mind. One of them is an orangutan that had air sacculitis, a common disease in male orangutans because they have this huge throat pouch and they get pseudomonas. This was never done in any other Zoo prior to us doing this – we did a procedure where we removed part of his throat sac, part of his air sacs to help save his life. This is a great memory for me because he wouldn't have lived very long had we not done this surgery. And he fathered two children afterwards and had an extended life because we were able to do that.

And the other one for me is Randa the rhino. If I'm not mistaken, she's the oldest Indian rhino in captivity. Several years ago, she had cancer in her horn. And again, because of the treatments that we are now able to do, we did radiation therapy on her. We've come so far that

— continued page 28



The L.A. Zoo features the one of the largest flocks of flamingoes in any zoo in the world.



The Living Amphibians, Invertebrates and Reptiles exhibit (LAIR) opened in 2012.

Alive! Feature: Zoo

Some Hawkins History

The L.A. Zoo holds a special place in the heart of John Hawkins, Club CEO. Not only was he a frequent Zoo visitor, but his mother, Yvonne, and sister, MaryRose, were Zoo docent volunteers through the Greater Los Angeles Zoo Association (GLAZA) in the 1990s.

"I've always loved the Zoo, and it's been a big part of our family for a long time," John Hawkins says. "It's awesome to see how far it's come.

"Congratulations on its 50th anniversary."

From left: MaryRose (Hawkins) Lovgren, Club CEO John Hawkins, and their mom, Yvonne Hawkins, Zoo Docent, from the 1990s.



Yvonne Hawkins, mother of Club CEO John Hawkins, on her graduation day from the training course she was required to take to become a Zoo docent. (The tiger is a statue.)



The *Alive!* Interview, continued from page 27

we were able to do anesthetics on her and treat her horn, and she's cancer free. So that to me is a huge memory. I love her so much

Okay, Sarah, you must have a lot of memories.

Sarah Berman: I think the minute I finished my training class I realized that this is the place I really wanted to stay. It's growing. Ten years from now, we'll be sitting here talking about what we've done to improve what we've got now.

My favorite memories are touring with the children. What if they come up to me and hold up this squirrely thing? I didn't want to faint dead away. So I learned. I took a reptile course. I remember one time preparing heavily for a reptile tour. I knew a week in advance. It was a high school tour. I would be able to talk to them about what had become my favorite subject. I asked them, "Why did you select this tour?" The teacher said, "These children have been so bad, this is their punishment!" I gave them the best tour I could.

Of course.

Sarah Berman: We had such a ball.

Have the guests changed?

Sarah Berman: I think they have.

In what way?

Sarah Berman: I think they really come up to learn about the animals now. They come here with a different appreciation.

Denise Verret: I have a memory, and I'll never forget it. On Sept. 11, 2001, this nation experienced something that it had never experienced before, probably one of the worst things that's ever happened. And we were trying to figure out whether we should open that day. We were waiting to hear from the mayor and law enforcement about potential threats to the City of Los Angeles. We were not advised to remain closed, so we opened at 10 a.m. like we always do. Four-hundred-and-forty people came to the Zoo that day. That doesn't sound like a big number, but the fact of the matter is 440 people came to the Zoo. People came on a horrific day, escaped that very tragic situation that we were all consumed with for a very long time. We're a safe location. That told me for the first time that this Zoo is more than a place to just come to see animals. It provided a safe haven, a way to sort of cope with reality and sort of help move forward as a nation.

Ian Recchio: I remember working here that day.

Jeanette Tonnies: Me, too.

Denise Tamura: Me, too.

How about your memories, Denise?

Denise Tamura: Being in administration, I don't get out to see the animals very often, but occasionally get to go see some medical procedures. I was there with a lioness that was having a procedure. It's amazing to see these animals and the team together working side by side.

Also I remember an Indian python. She used to come out onto Zoo Meadow and get some exercise. One of the keepers there would need about 10 or 15 people hold her because she was monstrous.

Ian Recchio: Yes!

Denise Tamura: He would always let me hold her head. I was gentle and everything. That was just an amazing experience.

Petting an okapi, that was pretty special when we got okapi here. And also, I was able to preen a little condor chick after it was eating, and so that was pretty cool. I've watched that program since the late 1980s come to what it is now.

The animal experiences have been pretty cool.

Significant Programs and Game Changers

I grew up here, and when I was a kid the condors and the meerkats really made an impression on me. Go through some of those exhibits or programs that really moved the needle.

Ian Recchio: There's a good chance that without L.A. Zoo's condor program there would be no more condors living.

Denise Verret: Absolutely.

Denise Tamura: Definitely.

Jeanette Tonnies: Oh, yes.

Ian Recchio: I can say that with confidence. There are a lot of players involved in the condor program, but we've been leading that for many, many years.

Denise Tamura: Decades.

I can remember that that was a big deal.

Ian Recchio: It still is.

Denise Tamura: It is.

Ian Recchio: Can I talk about a couple breeding programs?

Sure.

Ian Recchio: I mentioned the mountain yellow-legged frog. The mountain yellow-legged frogs had been reduced to very few still in existence. They're indigenous to Southern California. And their numbers were down to only a couple of hundred frogs left in the wild. We jumped in the program about six years ago. And for our first breeding success, we released more than 160 tadpoles back into the wild, which at the time may have been more than there were living frogs left in the wild.

Incredible.

Ian Recchio: Another one I like to talk about, and one of my favorite memories, is our Komodo dragon breeding success. We bred Komodo dragons for the first time several years ago. We now have bred more Komodo dragons at this Zoo than any Zoo in the world outside of Indonesia.

Tom: Wow.

Ian Recchio: Our L.A.-hatched dragons are in Australia. They're in Singapore. They're all over Europe. You go to a European zoo and you see a Komodo dragon, there's a good chance it was hatched here.

Tom: I didn't know that.

Ian Recchio: And our dragons are all over the States as well. And they're all paired with viable pairings so that we can keep the good genetics going and keep a really viable captive population should they need to be put back in the wild at some point.

Denise Verret: That's the part of the news that I think the public doesn't really understand. There are many, many species facing extinction. We are in a unique position with our experts, science, husbandry, veterinary and welfare, to be able to breed endangered species in captivity and share our information, science and knowledge with experts in the wild, so that they can try and help and save the few animals that remain in the wild. That work is invaluable. I don't think a lot of the public or the community at large understands that part of our institution. You can come and have a great experience, but much of the work we are doing here and in the field is about preserving wildlife. Every day, that's what we're about.

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THE CLUB IS BORN... AT THE ZOO

The Club and the L.A. Zoo and Botanical Gardens enjoy a very special relationship. For, on Sunday, Oct. 6, 2002, the Club was born at the Zoo.

The Los Angeles City Employees Association has been serving the needs of City Employees since 1928, and continues to this day. But in 2002, the association created and launched a new way to connect to its members: The City Employees Club. The new face to our fantastic association was launched with a massive party held at the L.A. Zoo. Were you there? Do you remember the giant party? It was amazing!

ClubFest 2002 Kicks Off New Era for City Workers

In This Issue

- State Letter
- Political Update
- Child of Mine
- L.A. Department
- Days of the Month
- Transportation
- Restaurant
- Armed the City
- Climate Update
- Making New Money
- Coaching With the Club
- Five Cheers
- Open House
- Unemployment

Turkey, Family and... Motorcycles

As Thanksgiving, every family develops its own traditions-within-traditions. Here are some from the Club family.

Oct. 2002: The Club launches at the L.A. Zoo



BEFORE & AFTER

We asked two veteran L.A. Zoo employees and one veteran docent to show us how much the Zoo has changed.

These personnel – Ian Recchio, Curator of Reptiles, Amphibians and Invertebrates, 23 years of City service; Jeanette Tonnies, Registered Veterinary Technician, 34 years, Club Member; and Sarah Berman, Docent for more than 49 years – led the way.

“I love my job more every year because of the technology we have now,” Jeanette says. “I’m still learning things.”



The American Black Bear Exhibit 1966

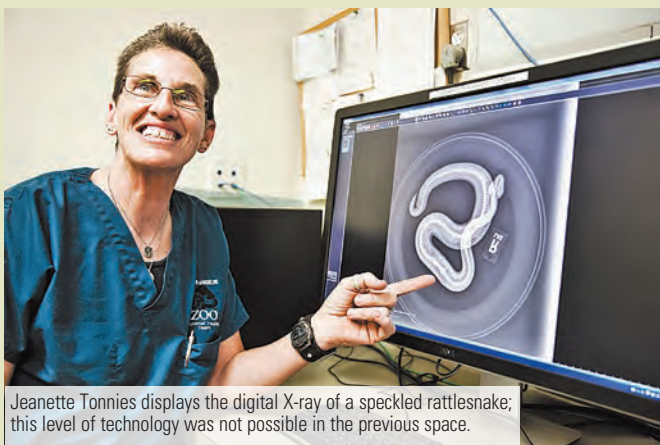
Not all things need to be rebuilt – this highlight of the Zoo experience has been updated, but it’s the same as it was when the Zoo opened in 1966.



Club CEO John Hawkins and Docent Sarah Berman at the American Black Bear Exhibit.

2006 Gottlieb Animal Health and Conservation Center

This state-of-the-art animal medical center, not accessible to Zoo guests, is the headquarters for much of the Zoo’s impressive medical and conservation activities. The center opened in 2006.



Jeanette Tonnies displays the digital X-ray of a speckled rattlesnake; this level of technology was not possible in the previous space.



Club CEO John Hawkins and Jeanette Tonnies in the Health Center’s treatment room.



BEFORE

Club CEO John Hawkins (left) and *Alive!* editor John Burnes (right) with Jeanette Tonnies in front of the Zoo’s previous and very outmoded animal health center.



The Health Center’s radiology room, often used for staging.



Club CEO John Hawkins and Jeanette Tonnies outside the Gottlieb Animal Health and Conservation Center.

Alive! Feature: Zoo

The *Alive!* Interview, continued from page 28

Ian Recchio: The Los Angeles Zoo is one of the biggest contributors to in situ conservation programs all over the planet. That's a huge part of what modern zoos are doing these days.

What do you feel was a game changer? Let's say you are meeting with friends or family on Thanksgiving and they ask you that question. What would you say?

Ian Recchio: I think people's interest in wildlife and nature education has made them more interested in preserving the animals as a whole instead of just going to the Zoo to see an animal. And the advance in technology has allowed us to create more biomes, something that's really fantastic and natural for the public to see. It sends a better message overall.

When the original reptile house was built it was archaic. It really needed a change. We kept the building alive for many years until we were able to build this mega facility, the LAIR. Now we have arguably one of the best collections of reptiles and amphibians in the world. We can keep any animal in the world alive and probably reproduce it in that building, or at least reptiles and amphibians, fish or invertebrates that we choose to target as a conservation priority.

Jeanette Tonnies: For me it's the health center, going from a small building to large facility. It's amazing what we can do and what we can see and what we can find that we couldn't find 50 years ago.

Other things too include the orangutan and the chimp exhibits. Like Ian, the chimps and gorillas used to be bald. They had no hair 50 years ago or 30 years ago because they were on cement exhibits so their hair would all rub out. And now we have really great exhibits and our animals look the way they're supposed to look. It's huge.

I am proud of where we're at. I've always looked at different cities and their zoos – what makes San Diego so different?

Sarah Berman: Money.

Denise Tamura: Money.

Denise Verret: Yes.

Money, right, but what has happened here is completely different. This Zoo has changed dramatically. The changes that the Zoo has made are just absolutely amazing. I am proud to have people come from out of the state and come to the Zoo.

Denise Verret: So for me, the game changer was Nov. 3, 1998, when the voters of the City of Los Angeles overwhelmingly approved Proposition CC, which was a first-ever Zoo bond measure – \$47.6 million to make some improvements. It had the highest bond approval rating at that time in the history of all City bonds – more than 80 percent of the residents who voted supported that bond measure. That said a lot to me. They supported the Zoo and supported the fact that we needed a huge investment to improve and modernize the Zoo. And we've been exceptional stewards of that money. It really symbolized that the community believed in us and supported us.

Denise Tamura: We needed the City's help. We couldn't do it on our own. We didn't have the money to make the changes.

Great Zoo for a Great City

Why does a great City need a great Zoo?

Sarah Berman: I think we all need it. When people complain about why we preserve animals, well, I care. And you should care. Because what's happening in their biome is spreading. When they cut down the rainforest, that affects all of us.

Jeanette Tonnies: Because we're a great City, we should be on the forefront of conservation and education and be ahead of everybody else in letting people know what's going on in the world and with all the species that we're losing so quickly.

Ian Recchio: Okay, Los Angeles is a great megacity, but we're also in a biodiversity hotspot, and folks don't realize that. California is an amazing strip of land. In Southern California, we have species that you can't see anywhere else. Just from a reptile and amphibian diversity standpoint, we've got frogs here that number fewer than 300 left in the wild and people don't realize it.

Denise Verret: Los Angeles is like the greatest city in the world. It's rich with culture and diversity. It sets trends and technology. And that's what the Zoo is. When you come to the Los Angeles Zoo, it equalizes everybody. And Los Angeles should be on the forefront of everything, and that's what we want to be when it comes to conservation and education and science and research. There is no better place to be able to do that than Los Angeles. This City has to have a Zoo that is as great as it is.

“We're so in love with what we do. We want everybody to love the animals.”

— Sarah Berman, longtime Zoo docent

50 Years From Now

Let's say we're sitting around this table in 50 years on the 100th anniversary of the L.A. Zoo. What's the same? What's different?

Ian Recchio: The conservation priorities might have changed. I fear that we may be looking at some holograms of animals because of the habitat destruction and all the extinctions that we're experiencing. I don't know what that will be like.

What'll be the same?

Ian Recchio: Well, certainly the best care that folks can give animals. The animals come first.

Jeanette Tonnies: The passion that the keepers have.

Ian Recchio: The passion. Yes.

Jeanette Tonnies: One of the things that's kept me at L.A. Zoo for so long is that I see the passion in everybody who works here for what they do. They're loyal because of the passion that they have for it.

Ian Recchio: The love of natural things. It's human.

Jeanette Tonnies: There was a quote I saw once that I keep, and it said, “What you see with your eyes, you will keep in your heart forever.” That's a quote that I live by every day so that I know that we're doing the right thing.

Denise Verret: In 50 years, I believe that the Zoo will be a treasured institution in Los Angeles, that everybody will understand our value and the contributions that we make. We've done \$172 million worth of improvements over many, many years, and we're starting the master plan process to come up with projects and areas that we intend to redevelop over the next 50 years. The Zoo will look very different again. We always have to be growing and changing and reflecting. We want to continue to be relevant and important and an integral part of this community.

I came from downtown. I worked in City Hall for 12 years. The city has more than 35 departments where you can work. When people come and work here, they choose to be here. It's like a family. I've never seen anything like it where everybody cares about what the Zoo is trying to accomplish. They believe in the mission and they're very passionate. It's very humbling to work in an environment like that. And I feel very, very fortunate to be a part of that.

Sarah Berman: That's very true. A lot of the volunteers we have here stay for many, many years. It's the feeling you have. I'm a volunteer in many, many other places. Not one of them equals the devotion that our volunteers have to this place. We're a family and we're so in love with what we do. We want everybody to love the animals.

Right. So this has been tremendous. Congratulations to the Zoo on your 50th anniversary, and thanks for what you do.

All: Thank you! ■



Elephants of Asia opened in 2010.



Campo Gorilla Reserve opened in 2007.



BEFORE & AFTER

— continued from page 29

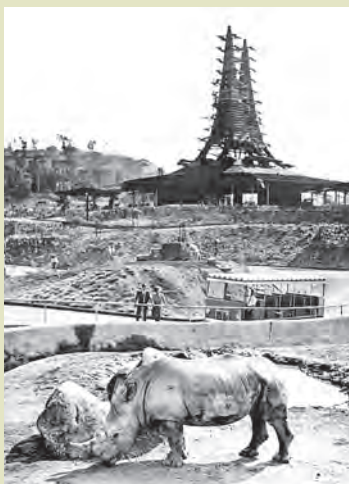
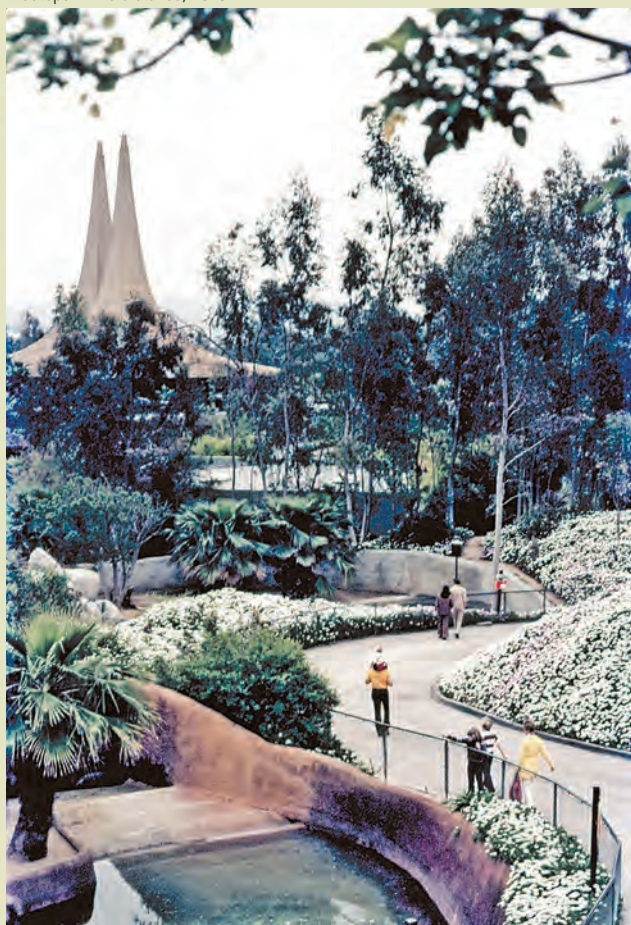
1966 Theme Building (Treetops)

The Zoo's main theme building when it opened in 1966 was a large, open structure called Treetops. The building still exists and is used as a general-purpose flexible event space. However, the two signature spires have been removed.

Treetops under construction, 1965.



Treetops in the distance, 1973.



A rhino, with Treetops in the distance. Probably just after opening, 1966.



Treetops, late 1960s.



AFTER

BEFORE

Left: Once the Zoo's signature building, Treetops is now a general-purpose event space. The two spires have been removed. In the shade are (from left) Club CEO John Hawkins; *Alive!* editor John Burnes; Docent Sarah Berman; Sarah's grandson, Joshua Radway; and Kait Hilliard, Vice President, Greater Los Angeles Zoo Association (GLAZA).

2014 LAIR (Living Amphibians, Invertebrates and Reptiles)

AFTER



Ian Recchio (left) and Club CEO John Hawkins outside the LAIR.

Ian Recchio is the chief at the new LAIR, which opened in 2014, on the site of the Zoo's former polar bear exhibit. He gave *Alive!* a tour of the new center and its technology.



The European nose-horned viper.



Ian Recchio (right) points out a European nose-horned viper to Club CEO John Hawkins. This array of cages is behind the glass wall, but Zoo guests can watch what does on in this area.



BEFORE

The Zoo's previous reptile house, which could handle only those animals that required high temperatures, was demolished in 2009.





Holiday Happenings



Rec and Parks



VICTORIAN CHRISTMAS AT BANNING

The Banning Museum to host annual Victorian Christmas celebration.

The Banning Museum plans to host annual Victorian Christmas celebration.

The community is invited to welcome the holiday season at the Banning Museum's Annual Victorian Christmas Celebration and Open House, scheduled from 11 a.m. to 4 p.m. Dec. 3-4 at the Banning Museum, 401 E. "M" St., in Wilmington.

This free event is open to the public and promises to be a weekend to remember. Visitors will enjoy period entertainment, tours of the museum decorated in holiday splendor, refreshments, a children's craft and a horse-drawn trolley ride between the Banning Museum and Drum Barracks Civil War Museum, which is also presenting a Christmas event that weekend.

Victorian Christmas at the Banning Museum has been an annual holiday tradition in the greater Los Angeles area for more than 30 years. The museum grounds are transformed into a Christmas Festival featuring Victorian-period entertainment, walk-through tours of the festively decorated Banning Mansion, blacksmith demonstrations, refreshments, family holiday crafts, a bake sale, local food vendors and handmade crafts by area artisans, and Jolly Old St. Nick himself will pose for photos with the little ones in an historic carriage. The visitor center will feature a new special exhibit, "The California Column to 900 Miles to Battle," based on the Civil War. The exhibit includes countless impressive artifacts.

Also, the annual Victorian Christmas luncheon is scheduled to take place Friday, Dec. 2, in the Banning Museum Stagecoach Barn and feature special live holiday entertainment. Those attending enjoy an elegant plated

lunch, a special sneak preview of the Banning Museum decorated for a Victorian Christmas, a tour of the Transportation Exhibition and a special exhibit in our Visitor Center. This event has limited seating and sells out quickly. Reservations are being taken now. Tickets for the special luncheon are \$95 for non-members and \$85 for Friends of Banning Museum Members. Information: (310) 548-2005.

The Banning Museum is a Rec and Parks facility, operated in cooperation with Friends of Banning Museum, a nonprofit organization whose mission is to "Preserve History, Promote Education, and Inspire Entrepreneurial Spirit."

Banning Museum Victorian Christmas

When: Saturday and Sunday, Dec. 3-4
Hours: 11 a.m. – 4 p.m.
Where: The Banning Museum, 401 E. "M" St., Wilmington
Cost: Free admission

Regular museum tours:

Dates: Throughout November and December: Tues. – Thurs.: 12:30, 1:30 and 2:30 p.m.; Sat. – Sun.: 12:30, 1:30, 2:30 and 3:30 p.m.
 Closed Christmas Day
Cost (regular tours): \$5 (suggested donation; \$1 for children)
Info: (310) 548-2005 or www.thebanningmuseum.org

Zoo

Photos by Jamie Pham, L.A. Zoo

Holiday Lights, and More

Holiday Lights is back for its third year, with new features, more nights.

L.A. Zoo Lights, named one of the "Best Zoo Lights 2015" by USA Today's Readers' Choice travel awards, returns with more lights, more nights and a burst of new features to illuminate a dazzling wonderland at the Los Angeles Zoo from Friday, Nov. 18, through Sunday, Jan. 8.

The after-hours attraction, which requires a separate ticket from the Zoo's regular day hours, sets the Zoo's environment aglow with displays, among them tens of thousands of LED lights, flurries of illuminated snowflakes, 3-D animated projections, a musical light-and-water show and glittering light tunnels. A fanciful menagerie of shimmering animal characters brought to "life" include mischievous animated monkeys, a gigantic glowing snake coiled on a roof, animated elephants and much more.

L.A. Zoo Lights creates an atmosphere of wonder and delight unlike anything seen in L.A. before, captivating guests with photo ops galore for an ideal family outing, meet-up with friends or date night.

A self-guided 60- to 90-minute walking tour through select areas of the Zoo – while most L.A. Zoo animal residents are asleep – offers a unique experience that features the only opportunity in Los Angeles to see real reindeer; visits with Santa Claus on select dates; and steaming hot chocolate, irresistible churros and other holiday treats and goodies for sale.

L.A. Zoo Lights was established in 2014 by the private, nonprofit Greater Los Angeles Zoo Association (GLAZA) as a festive tradition to put a new spin on holiday lights in Griffith Park. The attraction is open every night, from 6 to 10 p.m., except Christmas Eve and Christmas Day (Dec. 24-25). Tickets are available at www.lazoolights.org/

L.A. Zoo Lights has been developed in collaboration with art director Gregg Lacy and Bionic League, entertainment-industry partners renowned for remarkable large-scale installations for festivals, stadiums, arenas, clubs, and artists like Daft Punk, Kanye West and many others.



LA Zoo Lights

What: LA Zoo Lights, an immersive display lights that guests walk through
When: Nightly Nov. 18 – Jan. 8 (nightly except Christmas Eve; closed Christmas)
Time: 6 to 10 p.m.
Cost: Requires a separate admission: \$14 for adults/ seniors and \$11 for children 2-12; children under age two are free. Premium night prices higher.
Tickets Available: Now. Online: LAZoolights.org
Location: LA Zoo and Botanical Gardens, Griffith Park, 5355 Zoo Dr.
Parking: Free
Info: (323) 644-6042 or www.lazoo.org

Rec and Parks

A Wonderland Train Ride

Griffith Park children's railroad offers a holiday-themed experience.

The Griffith Park and Southern Railroad is back to offering its Holiday Light Festival train rides.

Starting the day after Thanksgiving, families are invited for an evening train ride around the festively decorated one mile of track. Magical scenes and tens of thousands of lights are set to captivate families and set the mood for a wonderful holiday season.

The ride begins at 5 p.m. Friday, Nov. 25 and continues every night until Dec. 23. The holiday rides resume from Dec. 26 – 30, weather permitting. The trains do not operate in the rain.

The first train will leave at 5 p.m. every day. The last train leaves at 8 p.m. Monday through Thursday and 9 p.m. Friday - Sunday.

This event requires separate tickets that can be bought at the ticket booth in advance or the day of the ride, if available. Tickets, at \$4 per person, are not available online. 18 months and under ride free. Limited tickets will be sold for each evening.

The Griffith Park Railroad is different from Train Town, which used to offer holiday-themed rides as well.

The Griffith Park and Southern Railroad

What: Evening train ride around one mile of track decorated with holiday themes
Where: 4400 Crystal Springs Dr., Griffith Park
For Whom: Adults and children
Hours: 5 – 8 p.m. nightly
Tickets: \$4 each; free for children 18 months and under
Information: (323) 662-9678, www.griffithparktrainrides.com



Holiday Happenings



Council

Christmas On Parade

City's holiday parade is set for Nov. 27.



Olivia Newton-John, Grand Marshal 2016

It's time to get physical with Christmas: Olivia Newton-John has been announced as the grand marshal for the annual Hollywood Christmas Parade, sponsored by the City, scheduled for 5 p.m. Sunday, Nov. 27, in Hollywood.

The parade, an American tradition for 85 years, is held traditionally the Sunday after Thanksgiving and telecast locally and throughout the nation during December. This year's broadcast partners are the CW network and the Hallmark Channel. Check local listings. As

last year, the co-hosts are television personalities Laura McKenzie and Erik Estrada, and Dean Cain and Montel Williams.

A special concert performance is expected to be held at 5 p.m. Performers for the concert, as well as other participating celebrities, have not yet been announced. See the Website for details.

The parade had been known by that name for decades. But when it looked likely to die seven years ago, the City – notably then-Councilman Eric Garcetti and then-Councilman, Mr. LA. Tom LaBonge, Club Member – took charge and restored the parade. The name was then changed to Santa's Hollywood Parade. The original name reverted back six years ago.

As in recent years, the parade plans to work with the Marine Toys for Tots campaign.

The parade will feature entertainers, celebrities, marching bands, floats, equestrian units, food and some reserved grandstand seats, which range from \$25 to \$85. General admission is free.

The parade starts on Hollywood Boulevard at Orange Street. The U-shaped route follows east to Vine Street, south to Sunset Boulevard and west back to Orange.



At a previous Hollywood Christmas Parade.

The Hollywood Christmas Parade

When: 5 p.m. Sunday, Nov. 27

Where: Hollywood, starting at Hollywood Boulevard and Orange Street. See route, above.

Cost: Free; grandstand reserved seating is available ranging from \$25 to \$85.

Parking: Hollywood and Highland Center (fee)

Metro: Red Line station, Hollywood and Highland.

Info: (866) PARADE-1, or www.thehollywoodchristmasparade.com

STUFF THAT STOCKING

With movie tickets from the Club!

– SEE PAGE 45

The Club Store Is Holiday Headquarters!

Great gifts are available at the Club Store this Christmas season.

- ❖ **Gift Central:**
Buy fantastic Club merchandise that will be great under your tree.
- ❖ **Great deals on See's Candies and Honey Baked Hams.**
- ❖ **Free standard shipping** on all Club tickets and merchandise!!
- ❖ Visit the **Club Tree!**

Returning this year:
Free holiday gift boxes and bags, with the purchase of select items.

Start your holidays at the Club Store!



The Club Store is located at:
120 West 2nd Street
Los Angeles, CA 90012





Holiday Happenings

Be a Holiday Angel

This Christmas, help Club Angels bring goods to those in need.

Christmas is the time of giving. Remember those all around us in need by giving to Club Angels.

Club Angels is the Club's umbrella organization that supports the Club's charitable outreach and includes the Buckets and Blankets program, the Club Holiday Toy Drive, and other initiatives.

For more information, see the Club Angels story on page 21.



Club Store Holiday Schedule

Make your plans now to visit the Club Store for all your holiday shopping and end-of-year insurance needs!

Club Store Hours

The Club Store will be open Monday to Friday from 8 a.m. to 4:30 p.m. with the following exceptions:

- Closed Tuesday, Nov. 8 from 11 a.m. to 2 p.m.
- Closed Friday, Nov. 11, for Veterans Day
- Closed Thursday and Friday, Nov. 24 – 25, for Thanksgiving
- Closed Friday, Dec. 23 and Monday, Dec. 26, for Christmas
- Closed Monday, Jan. 2 for the New Year's holiday
- On Tuesday, Jan. 3, the Club Store will open at noon after its annual inventory

Merry Christmas and Happy Holidays from the Club Store!

Club Webstore

The Club Webstore will be open 24/7 online, but fulfillment of some orders will be processed according to the above schedule.

Free Shipping

Free Shipping: If you want your Club Webstore order to arrive by Christmas using the Club's free standard shipping service, the Club recommends you order by the close of business Monday, Dec. 12. Don't wait!

Members can order from the Club Webstore at:

www.cityemployeesclub.com



The Club Store
120 West 2nd Street
Los Angeles, CA 90012



Harbor

Christmas by the Sea

Port celebrates the season with two events Dec. 3.

On Dec. 3, the Port is hosting an event – Wilmington Winter Wonderland – and sponsoring a second one, the LA Holiday Harbor Afloat Parade.



The Wilmington Winter Wonderland.

Wilmington Winter Wonderland

You'll believe it can snow in the Port during the Wilmington Winter Wonderland. Bring the family and let the kids play in the snow at Wilmington Waterfront Park, 1004 W. C Street in Wilmington. This free event, scheduled from 11 a.m. – 2 p.m., is hosted by the Harbor.

Los Angeles Holiday Harbor Afloat Parade

Join harbor community members for this free and festive boat parade on the LA Waterfront, sponsored by the Port. Enjoy the sparkling spectacular parade of boats and celebrate the nation's busiest international trade gateway. Before the parade, at 4 p.m., viewers are invited to enjoy holiday festivities at Banning's Landing Community Center in Wilmington. 6-9 p.m. For more information, visit <http://www.laharborholidayafloat.org/>



A previous Holiday Harbor Afloat Parade.

Holidays by the Sea

What: Two holiday-themed events
When: Sat., Dec. 3
11 a.m. – 2 p.m.; 6 – 9 p.m.
Cost: Free
Info: www.portofla.org

Rec and Parks



Great Skate

Rec and Parks' annual ice skating season in Pershing Square begins Nov. 10.

The Rec-and-Parks-sponsored Holiday Ice Rink Pershing Square kicks off its 19th season for ice-skating under the sun and stars in the heart of downtown Los Angeles Nov. 10. It will be open every day through Jan. 16.

The event formerly was named Downtown on Ice.

This season's unique roster of free community and special events includes the Ice Breaker: Opening Celebration, the popular DJ Spotlight Series, Polar Bear Skate, Learn to Curl and its first-ever Silent Night Skate Party.

The City's largest outdoor rink is open every day throughout the season—including holidays—and is the perfect urban gathering

place for tourists and locals alike. A portion of proceeds will benefit Rec and Parks.

Framed by towering skyscrapers and stunning historical landmarks, the dynamic recreational hub has played an important part in Downtown's transformation. The 7,200-square-foot rink is made of real ice and offers skaters the same professional-quality ice skating surface as major productions including the Winter Olympics. Holiday Ice Rink Pershing Square welcomes hundreds of thousands of skaters and spectators annually to join in healthy holiday recreation.

The rink is easily accessible by car, bus or Metro (Pershing Square stop) and there is also convenient underground parking.

Holiday Ice Rink Pershing Square

What: Ice-skating rink in Pershing Square
Where: 532 S. Olive St. downtown
When: Every day Nov. 10 – Jan. 16
Cost: Regular skate session admission \$9. Figure and hockey skate rental \$4. Purchase tickets at the rink or in advance at: www.holidayicerinkdowntownla.com
Info: (213) 624-4289
#HolidayIceRinkDTLA
Facebook: [HolidayIceRinkDTLA](https://www.facebook.com/HolidayIceRinkDTLA)
Twitter: @HolidayRinkDTLA
Instagram: @HolidayIceRinkDTLA
www.holidayicerinkdowntownla.com

Hours: Nov. 10 – Dec. 15:
Mon. – Thurs., 11:30 a.m. – 9:30 p.m.
Friday, 11:30 a.m. – 11 p.m.
Saturday, 10 a.m. – 11 p.m.
Sunday, 10 a.m. – 9:30 p.m.
Dec. 16 – 30:
10 a.m. – 11 p.m. daily
Dec. 24 (Christmas Eve):
10 a.m. – 8 p.m.
Dec. 25 (Christmas):
11:30 a.m. – 9:30 p.m.
Dec. 31 (New Year's Eve):
10 a.m. – 11 p.m.
Jan. 1 (New Year's Day):
10 a.m. – 11 p.m.
Jan. 2 – Jan. 16:
Mon-Thurs.: 11:30 a.m. – 9:30 p.m.
Fri.-Sat.: 10 a.m. – 11 p.m.
Sunday: 10 a.m. – 9:30 p.m.

Holiday Happenings

Zoo

Photos by Jamie Pham, L.A. Zoo

Romp With Rudolph

Zoo brings back annual reindeer fun.



Reindeer in LA for the holidays.

Reindeer Romp

What: Reindeer Romp, Los Angeles Zoo: reindeer, holiday fun, visits from Santa Claus
When: Nov. 18 – Jan. 8 (daily except Christmas Day)
Time: 10 a.m. to 4 p.m.
Cost: Free (except Santa photos) with paid Zoo admission (\$20 for general admission, 13 to 61; \$17 for seniors 62-plus), and \$15 for children 2 to 12). No ticket is required for children under age two. Admission for Zoo Association members is free.
Location: LA Zoo and Botanical Gardens, Griffith Park, 5355 Zoo Dr.
Parking: Free.
Information: (323) 644-6042 or www.lazoo.org

In addition to its big holiday lights festival, the Zoo also offers holiday fun during the day with its annual Reindeer Romp, the only opportunity to see real reindeer in Los Angeles, from 10 a.m. to 4 p.m. daily from Nov. 18 to Jan. 8 (except Christmas Day). Guests are invited to make the most of the season with a full day of adventure highlighted by the sight of four wintry visitors – two adults and two adorable youngsters – in their Reindeer Village home. A flurry of other fun on weekends includes holiday crafts for youngsters and more. All Reindeer Romp activities, except Santa photos, are free with paid Zoo admission, which is \$20 for general admission (ages 13 to 61); \$17 for seniors (ages 62+), and \$15 for children (ages 2 to 12). No ticket is required for children under 2. Zoo admission for Greater Los Angeles Zoo Association members is free.



Rec and Parks



A Civil War Christmas

Drum Barracks Museum in Wilmington recalls the holidays of yesteryear.

The community is invited to welcome the holiday season by traveling back in time at the Drum Barracks Museum, the City's only surviving Civil War-era military structure. Experience the holiday as it was celebrated in the Civil War era.

A Civil War Christmas

Dates: Special event: Dec. 3-4
 Regular hours: Tues.-Thurs., and Sat.-Sun. Closed Christmas Day.
Tickets: Free for special event (tickets for regular tours: \$5 suggested donation)
Address: 1052 Banning Blvd., Wilmington
Info: (310) 548-7509 or www.drumbarracks.org

The 16th annual "A Civil War Christmas" is scheduled for 11 a.m. to 4 p.m. Dec. 3-4. Guests can travel in the height of style on the popular horse-drawn, holiday-red trolley. Music will fill the rooms of the Drum Barracks with joyous sounds, and bell ringing will occur. An encampment will be set up on the museum grounds – visit the camp, and learn how Civil War soldiers and their families celebrated the holidays. Arts and crafts of the era will be taught during the weekend, including the decorating of a soldier's Christmas tree. Admission to Drum Barracks is free for this special event.

Drum Barracks Museum is a Rec and Parks facility.

Be a Part of a Club Holiday Tradition

It's Party Pix Time

We want to print pictures from your holiday office party in *Alive!*

Is your office having a holiday party? Here are two ways to get your holiday office party pictures into the January *Alive!*:

Take the photos yourself:

Take the photos yourself, and send them in as soon as you can. Digital photos are always best. And make sure you give us a description of the party: when it was, where it was, and if something significant happened, let us know that, too. Email the photos to: talkback@cityemployeesclub.com. If there are a lot, it's best to send them in on a thumb drive; put 'em up on Dropbox, Box, or some other cloud service; or deliver (or mail) a CD or DVD to the Club. The address is on the inside front cover. Make sure the photos are as high resolution as you can make them.

We'll take your holiday photos for you:

Let us know when your holiday party is, and we'll try to send a Club Counselor. Please note: There are more City holiday parties than we can cover, but we will try. That's why it's best to send in your own photos. If you want us to cover your party, talk to your Club Rep (Arlene Herrero, Angel Gomez, Gedina Bergstrom, Dalila Vielma, Jeanette Gadut, Tiffany Sy, Cheryl Martin or Noelle Kauffman) or email Robert Larios, Club Vice President of Operations, at rlarios@cityemployeesclub.com. We'll do our best to get to as many parties as we can, but we can't guarantee it. Let us know.



See you at the party!





Holiday Happenings



El Pueblo

Story and photos courtesy El Pueblo Historical Monument

Christmas on Olvera Street

El Pueblo Historical Monument celebrates with Holiday Tree Lighting.

El Pueblo Historical Monument – Olvera Street – plans to kick off its Christmas season from 5 to 9 p.m. Dec. 2 with a Christmas tree lighting. The event included food, mariachi music, dancing, costumes and of course officials throwing the switch to illuminate the tree on Los Angeles' historic district.

Olvera Street Tree Lighting

When: 5-9 p.m. Friday, Dec. 2
Where: Olvera Street, Downtown
Including: Entertainment for the family, food, costumes, etc.
Cost: Free admission
Info: www.elpueblo.lacity.org



From 2014: Mayor Eric Garcetti, El Pueblo Commissioner Robert Vinson and some children turn on the lights for the event.



Mariachi Divas de Cindy Shea performed at the tree lighting in 2014.

Holiday Newsbrief

El Pueblo Historical Monument

Las Posadas on Olvera Street

Mexican Christmas tradition begins again Dec. 16-24.

Las Posadas, a Mexican tradition that's one of the City's oldest Christmas events, returns to Olvera Street Dec. 16-24. Each night's festivities run from 5:30 to 8:30 p.m.

The Las Posadas celebration commemorates what Christians believe was the journey of Mary and Joseph from Nazareth to Bethlehem and their search for shelter in preparation for to Jesus' birth.

Las Posadas has been played out in Mexico for centuries. The tradition goes back to 1538, when Jesuit priests came to New Spain to convert the natives to Roman Catholicism. At the time, the natives celebrated a nine-day feast honoring the coming of an Aztec sun god. The missionaries used the nine-day framework and adapted it to Christianity. The tradition has thrived for nearly six centuries in Mexico and throughout Latin American.

On Olvera Street, the event will feature a candlelight procession starting at the historic Avila Adobe at approximately 7 p.m. The leaders of the march, usually children, will be dressed as shepherds, angels, and Mary and Joseph. They will be followed by dozens of other worshippers. The public is invited to join in or merely observe.

The procession will run up and down Olvera Street with the group singing songs in English and Spanish. They will make stops requesting lodging at designated points ("posadas," or stores), but will be denied, usually in song. Eventually they will be admitted. Complimentary champurrado (a Mexican hot beverage) and pan dulce (sweet bread) will be served, and piñatas will burst.

For more Information: (213) 628-1274.

For your holiday shopping
Whoa!

FOREVER FREE SHIPPING

The Club's awesome Club benefit – **Forever Free Shipping** – is perfect for the Christmas holidays!

As you do your holiday shopping, don't forget that the Club's free standard shipping on everything at the Club Store all year long – tickets and merchandise bought from the Club Store or Webstore – is in full effect. Club Members can take advantage!

Don't worry about surcharges – there are none for Club merchandise and tickets. You pay just for the price of the item, nothing more.

Put that free standard shipping to work for you, for all your Club holiday shopping needs!



City Employees Club
 Cheap Tickets.
 Insane Service.
 Affordable Insurance.

From left: Mariana Guevara, Club Store Manager, and Megan DeBolt, Club Store Assistant Manager, ship another parcel of great Club merchandise.

The Club

Your Store For Uniforms!

Get department polo shirts custom-made by the Club!

You're proud of your department. Now you can show it ... with these custom-made City of Los Angeles polo shirts. A Club exclusive!

And best of all – the Club will come to your workplace to show you samples and organize your order.

Great polo shirts: The Club's department polo shirts are first-class all the way. The Club begins with men's and women's premium cotton polo shirts, and then stitches a great City seal patch and the name of your department onto them.

Awesome convenience: The Club's Angel Gomez can bring samples to your office so you can see the quality, decide the colors, and so forth. It's even better if your section is having a meeting. Write to the Club, and we'll take it from there.

The Club's new custom-made department polo shirts use premium-quality materials.



CITY DEPARTMENT

Polo Shirts



Order your department polo shirts today.
 Order form: When you're ready, use the convenient order form, included in the ad on page 6.

The Club



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Follow the Club online, and get up-to-the-minute news, photos and phenomenal Club Deals!

With *Alive!*, Club Members get exclusive in-depth stories and photos about being a City Employee that you just can't get anywhere else.



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On your mobile device, open the app and search for:
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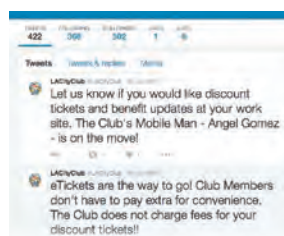


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E-mail

Sign up for the City Employees Club offers, delivered right to your email!



Sign up at
cityemployeesclub.com/LACEA/eNewsletter.aspx

What are you waiting for? Get Connected!

Alive! AROUND THE WORLD



1

Arkansas



"My husband and I took a trip to Little Rock, Ark. Our good friend and fellow City Employee Ramona Starks, LACERS, purchased her first home, and it's fabulous! We also took in some historic sites while there. We visited the now historic Little Rock Central High. Fascinating."

– Kimberly Garrett, Library



2

Bahamas



"This is from my recent trip to Paradise Island, Nassau, Bahamas. Our visit to the Atlantis Hotel was amazing! "I also was caught in Hurricane Matthew and had to extend my stay for three days!"

– Cheryl J. Clark, General Services

3

Barbados



Here's Miyana U. Pace, LAPD, in Barbados.

4

The Caribbean

Club Counselor Cheryl Martin and several of her besties seemed to have a blast on their Caribbean cruise.



Our Denim and Diamond night jazz cruise.



Our formal night in Jamaica.



Our all-white night in Cozumel, Mexico.



Our Roaring 20 night in the Cayman Islands.



Take *Alive!* with you, wherever you go!

- Bring your recent copy of *Alive!* with you when you travel.
- Snap a high resolution photo of you holding *Alive!*.
- Attach your picture to an email, and send it to us, and we'll publish it.

Send to: talkback@cityemployeesclub.com

By Yves Didier, Airport Police

The Lessons of Greece

Club Member Yves Didier, Airport Police and frequent contributor to *Alive!*'s 'Picture Perfect,' writes about his recent trip to Greece.

It's all Lena's fault, whoever she might be.

Case in point – our late evening arrival on Skiathos Island. Attempting to locate our accommodations in a maze of little cobblestoned alleyways, we made the mistake of asking an elderly lady, clad in fashionable (okay, rather traditional) black, for directions: "Studios Lena?" "What?," she asked us. She has obviously never heard of it.

In no time we found ourselves surrounded by a congregation of fellow neighbors and residents, all debating what or who we might possibly be seeking. "Studios Lena?" we repeated. Again, shaking heads all around, and no sign of recognition. Were we in the right part of town, even? Doubts began to creep up in my mind, when all of the sudden one of the village elders had an "a-ha" moment: "Studios Lena?" he shouted triumphantly. Yes, that one! "Studios Lena," he repeated, and all of the sudden the lady we had asked first excitedly exclaimed. "Ahhh - Studios Lena. Poli kala!" Yes, that's what we said all along. Well, obviously not, as she almost angrily gestured for us to follow her. Two minutes later, a group of villagers in hot pursuit, we arrived at the right place. How many ways are there to pronounce "Lena"? Well, there is the right way and the wrong way, and ours seemingly couldn't pass muster. And so, after 20 hours of travel, I finally arrived back in the Land of the Gods on this first stop of our journey.

I recently traveled back to Greece with my wife for our vacation. We've been there several times before.

"Lena" by the way was a real find, a treasure – a small townhouse with a few apartments in old town Skiathos, all fully furnished, and we were lucky enough to end up in the penthouse. The latter came with a rooftop garden, overlooking parts of the old town and the crystal blue waters of the Aegean Sea. It was conveniently located within easy walking distance of the harbor and a gazillion traditional restaurants, but far enough away from the bars and cafes to escape the noise of the late night party crowds. All that for \$50 per night – who could ask for more? Then again, it's all a matter of expectation, of course: If you were hoping for a 4 p.m. "wellness package" with a vanilla scent, you were out of luck. Don't bank on a yoga sunset special or inspirational meditation classes, either. If you crave racing along the coastline on a noisy Jet Ski, go elsewhere. Please. You won't find it here. Thank God.

Schmoozing

According to Wikipedia, "Greece is the only country in the world where the Eastern Orthodox Church is clearly recognized as a state religion. Its members comprise between 95 to 98 percent of the population." This became very apparent as we walked through the streets of Skiathos town. Even little kids respectfully bowed and kissed their priests' hands and people generally seemed to be greatly religious. Marveling at the interior beauty of a Greek church, I witnessed a teenager quickly entering, eagerly kissing the priest's hands and then diligently working his way from one religious icon to the next, placing little kisses. There was lots of schmoozing here.

Approximately 5000 people live in Skiathos town, and especially in the summer this number swells up significantly because of the existing airport. It's an easy 40-minute flight from Athens, which explains why this island is not only attractive to foreign visitors but Athenians as well. Wanting to explore some more, on our second morning we took a bus to Koukounaries beach, supposedly one of the better ones. However, what we found was a place designed for tourist hordes with the exhausted charm of a worn-out former beauty queen, and it left us underwhelmed. We looked forward to our next destination, Skopelos.

Arriving in Skopelos after a pleasant ferry ride, we rented a little Peugeot Scooter to explore the island. The 125-cc engine soldiered on as the little grasshopper reliably carried us from one little, quaint village to the next. Without a doubt, the scooter was the island's premier mode of transportation, and refreshingly, there was no Benz, Beemer or Range Rover envy to be found over here. We passed tranquil tavernas (that all come with either one or more cats that are always pregnant), deserted beaches with green-turquoise waters, and green, densely forested areas. One vista was more stunning and beautiful than the one before, and I couldn't get enough of the heavy scent of pines and olive trees that saturates the air. It was gorgeous, and since there was no traffic whatsoever, not once did I fret over possibly becoming somebody else's hood ornament, a thought that's always on my mind whenever I ride in Los Angeles. In fact, I hadn't had that much fun in a long time. A rocket it wasn't, but while steering that little agile 8.5-horsepower machine around the island, the years just seemed to peel off my body. *Roman Holiday*, anyone? No idea what I'm talking about? Before your time? Your loss.



Yves motoring on a Peugeot Scooter toward Skopelos.

The Greek Coast

If you visit Greece, while venturing out, don't miss the opportunity to visit the adjacent old monasteries. The Monastery of the Transformation of Jesus was especially intriguing – as long as you don't attempt to take any photos, at least without asking. Actually, it's probably not a good idea even if you ask, since the resident stern monk with his long beard will mercilessly hunt you down no matter what and slam the centuries-old church door in your face with gusto. Whoa – so much for brotherly love and kindness.

Another "not to be missed" excursion is a one-day boat ride to neighboring Alonissos Island. We opted for the €5 trip aboard a glass-bottomed boat, which even promised all-you-can-drink soda, coffee, wine and ouzo. If you are wondering, *ouzo* in Greek means happy (at least it should mean that), and as long as you enjoy enough of it, happiness is guaranteed, if only until the next morning. This was obviously a well-known fact among the Russian population on the boat, who make up 85 percent of all patrons. They proudly displayed their carefully sculptured, hairy, sunburnt beer bellies (is there such a thing as vodka bellies?) to their fellow boat riders all day long. Several stops were part of the trip, two of them at small idyllic sites where everybody disembarked to go swimming. At the second stop, I (not by choice but coincidence only) found myself in the point position ahead of the crowd. Signage was rudimentary, and the choices were "rubbish" and "beach." Smartly, I opted for "beach," immediately leading the herd to what looked like an unsightly quarry with huge, sharp rocks in the water. Definitely no swimming here. It turned out following the "rubbish" signs would have been the better option: Backtracking from the quarry location, we passed approximately 20 large trash containers with a pungent aroma but eventually reached a passable little beach. Nap time after all!

Later, arriving on Alonissos Island, the entire boatload once again spilled out and was quickly and efficiently hauled from the harbor up to the old town in a luxury tour bus. So this is what an organized trip/cruise experience feels like. Once more I realized that this way of travel was absolutely not for me.

Food

Food in Greece mostly revolves around certain basic dishes but, compared to our previous visits, more attractive menu options seemed to be available. Unfortunately, fried saganaki (feta) cheese still could be found anywhere, often deliciously wrapped in filo dough and sprinkled with honey and sesame seeds. Once I eventually get back to Southern California, it will most likely take me a while to undo the long-term effects



Studios Lena.

A Greek produce stand.



of my addiction to this gooey gold. Also, more than once we stopped at little produce stands along the way and purchased fruit and veggies that – who would have thought – actually still proudly showed some residue of the soil they grew in. The Greek tomatoes, for instance, had nothing in common with their shiny, impeccable-looking counterparts we buy at home. The L.A. variety represents artificial showpieces that are more reminiscent of Botox-injected Hollywood beauties – all looks, no substance. Here it was more flavor, forget the façade.

So enchanted were we with Skopelos that after a few days we decided to see a little 1920s townhouse for sale in the Kastro. The owners – a lovely British couple – were visiting from the U.K. and extended a warm welcome while we took a tour of their house with the realtor. This place was truly immaculate and almost affordable as well. I was in love – until I discovered the ground floor, which in the old days used to be a storage area. It was later converted into a bed and bathroom, and upon entering, I immediately recognized the space as where they must have shot *Being John Malkovich*: The ceiling was approximately five feet high and a neck breaker. Rats. Midgets of the world, come and buy this place. For me, though, it was a no-go after all.

After an incredible week on Skopelos, we almost reluctantly moved on to the Pelion region on the mainland that I first discovered some 30 years ago. Over the last few years we'd been back twice, and once again the region's beauty immediately captured us and almost overwhelmed our senses as we made our way from Volos toward the little coastal village of Milina, four hours north of Athens. It was here that our vacation in Greece would come to an end – and way too soon. Ten days of seaside lounging, occasional hikes and revisiting little mountain and waterfront villages went by in no time.

In the mornings, we found ourselves traveling on small, curvy roads that wound through never-ending olive groves, while watching sailboats lazily traverse the horizon; it was an experience best enjoyed in the afternoon from our private terrace. How could life possibly be better, I ask myself? Do I only feel this way because I am on vacation with (temporarily) not a worry in the world?

Certainly, things were not perfect here, far from it. Greece's devastating national debt is well known and will impact prosperity for generations to come (interestingly, at the same time the country keeps spending approximately 2.8 percent of its G.D.P. on its military, around \$9.3 billion. Greece is also still the largest importer of conventional weapons in Europe, and its military spending is the highest in the European Union, relative to G.D.P. – go figure).

Then again, the men I observed hanging out with their friends in the villages, enjoying a cup of coffee or some *tsipouro*, an ouzo-like concoction, for hours, seemed to be as deeply content as I was right then. They were laughing, debating and probably also reminiscing about the good old days. Perhaps they were also occasionally griping over damn tourists like me. My Greek was very limited, so I will never know. However, unlike so many Americans, they certainly didn't seem to obsess over their declining 401(k) balances or the demise of Social Security 20 years from now. There was something to be said about the liberating simplicity and what seemed to be purity of this existence, which to me translated to being at peace with yourself. Call me a hopeless romantic or a sucker for this way of life, but clearly I have once again fallen for the seductive powers of this land. ■



The Greek coast.



Life's Important Moments

Share your moments!

Did you get married? Have a baby? Get a promotion? We want to hear from you. Share your news with the world! Send all notices and high resolution photos with the appropriate information to talkback@cityemployeesclub.com or send paper notices and print photos to:
Alive!, 120 West 2nd Street, Los Angeles, CA 90012



New Members

Welcome New Members!

The Club gives a great big welcome to these new members, who recently joined the Club:

Airports

Priscilla Alexis
 Humberto Altamirano
 Liliana Avena
 Raha Azarmehr
 Maritza Barreiro
 Monia Bridges
 Savannah Carothers
 Liliana Castro
 Jessica Chavez
 Fabiola Covarrubias
 Mini DeLaCerna
 Paul Delgado
 Feliciano Diaz
 Iliana Diaz-Anzora
 Shawntinae Duncan
 Heather Edwards
 Joshua Elder
 Arturo Farias
 Kieland Garnett
 Mauricio Gomez
 Warren Haley
 Imelda Handson
 Benzo Jenkins
 Eric Jorgenson
 Deon King
 Cassandra Klueger
 Julian Llantada
 Leonardo Lopez
 Nelson Marquez
 Tiana Maulupe
 Odilon Perez
 Khanica Popper
 Stephen Reese
 Juan Rodriguez
 Allen Savala
 Tyeshalei Singleton
 Julian Sison
 Agnes Snee
 Peter Soto
 Neil Todd
 Karen Tozer
 Juana Vado
 Robert Vasquez
 Chantel Walker
 Lee Watson Jr.
 Trinita Welen
 Brent Willis
 Einstein Yco
 Doreen Yonemura
 Carlos Zuccarini

Animal Services

Ricardo Guzman

Building and Safety

Duane Johnson

City Attorney

Violeta Castro

City Clerk

Melina Cervantes

Economic & Workforce

Development Department

Firdaus Landou

Office Of Finance

Leslie Moore

LAFD

FIRST NAME LAST NAME
 Aren Adnreasian
 Edwin Amaya
 Edwin Amaya
 Matthew Anderson
 Jesus Carbajal
 Bryce Chambers
 Evan Collado
 Abraham Cuervo-Mitchell
 Matthew Evison
 Kenneth Fraser
 Diego Garcia
 Joseph Giesregen
 Joshua Gilbert
 Spencer Gracia
 Rashad Grigsby
 Jacob Horine
 Paul Jeremica
 Austen Johnson
 Felix Magana
 Cole Mason
 Nicholas McLaren
 Luis Milroy
 Matthew Moon
 Jacob Murrell
 Michael Myers
 Keith Myers
 Toma Nua
 Adam Ocampo
 Jesus Padilla
 Patricia Ramirez
 Chad Reyes
 Brian Rozzen
 Brandon Ryan
 Mark Schmidt
 Craig Shubsda
 Brent Stephens
 Jonathon Stromsoe
 Andrew Tom

Adrian Torres

Phil Tran

Anthony Verdecia

Aaron Zaragoza

General Services

Miguel Anguiano
 Keith Aue
 Luis Barrajas
 Saul Gurrola
 Kenneth Henry
 Caleb Lacina
 Ben Perez
 Rodrigo Quintero
 Kim Tatarsky
 Robert Thomas Jr.
 Lidia Viera
 Victor Rodriguez Jr.

Harbor

Lynda Johnson

ITA

Ricardo Gallegos
 Helga Haro
 Alan Ligot
 Noemi Martinez
 Valerieann Palazzolo
 Trevor Sovetsky
 Joey Tu

LACERS

Heather Willis

Mayor's Office

Aileen Candido

Personnel

David Carrasquillo
 Patricia Cornejo
 Rhiannon Kirchner
 Raelynn Napper
 Amber Osbourne
 Rebecca Pompa
 Maia Quickley
 Patrick Sharp
 Jacquelyn Simmons
 Tyrone Spears

Planning

Renata Ooms

LAPD

SLidia Ahumada
 Andrea Anderson
 Carolina Argueta

Dora Born
 Kendra Browne
 Joseph Carmona
 Juan Carranza
 Alejandro Carrillo
 Jerry Chaney JR
 Luis Davila
 Fernando De Vera
 Evelyn Diab
 Sirr Fulton
 Ramon Garcia Cruz
 Arius George
 Christopher Gorospe
 Dion Gourdine
 Esteban Guevara
 Christopher Hoffman
 Veasna Hout
 Timothy Jenneman
 Eric Jimenez
 Michael Kasinger
 Ryan Kirk
 Jared Kishiyama
 Tiffany Labeaud
 Jeremy Larson
 Edward Maciel
 Miguel Marin
 Jason Merrick
 Christopher Morales
 Muriel Morrow
 Jerry Padilla
 Martin Perello
 Sopheakra Prak
 Ruben Quintanar
 George Ramirez
 Alfredo Rico
 Rodolfo Rodriguez
 Marie-Claire Sallaberry
 Carlos Tovar
 Ysaias Valdez
 Megan Webb
 Dennis Wildy

PUBLIC WORKS

Contract Administration

George Brennan
 Nathan Cathcart
 Rafael Ceballos
 Glenn Fisher
 Fajila Pereira

Yolanda Rock
 Marc Wright

Sanitation

David Astorga
 Calvin Chang
 Thomas Dowdy
 Thurman Green II
 Anthony Harang
 Ruben Hernandez
 Donald Jojola
 Gerardo Rojas

Street Lighting

Oscar Arias
 Michael Bradley
 Henry Buttanda
 Abraham Carrillo
 Mark Dovico
 Harley Facio
 Estrella Gonzalez
 David Haerle
 Kyle Lauxen
 Matthew Long
 Eduardo Martinez
 William Mattox
 Adolfo Munoz
 Scott Ricks

Street Services

Allie Barney
 Richard Dohs
 Vince Ferrara
 Joel Gallegos
 Ruben Garcia
 Daniel Garcia
 Jose Gonzalez
 John Johnson
 Ellery Masibayt- Melling
 Florencio Rojas

Rec and Parks

Marcelino Barajas
 Manuel Bautista
 Guadalupe Coria
 Cesar De La Torre
 Brad Edwards
 Edith Elizalde
 Daisy Fuentes
 Maria Gonzales

Yadissa Guevara
 Andre Loew
 Christopher Mora
 Takashi Munoz
 Ben Rosario
 Octavio Tello

Transportation

Vigen Baghdasarian
 Sharon Barton
 Myra Bowie
 Jami Burrell
 Hector Chun
 Marie Cole
 Corona Covington
 Terrence Ellsworth
 Lorenzo Garcia
 Vanessa Garcia Mendez
 Andrew Gomez
 Francisco Gonzalez
 Cheryl Johnson
 Charlie Johnson Jr.
 Christine Mata
 Lan Nguyen
 Adrien Pertilla
 Tracy Rodricks
 Letitia Simon
 Eric Spencer
 Di Mario Sykes
 Guillermo Verdugo

RETIRED

Dennis Zine

DWP

Benjamin Anguiano
 Marc-Gregory Barret
 Richard Cardenas
 Marco Carranza
 Vadim Dusca
 Scott Haggai
 Bradley Haynes
 Dustin Kollstedt
 Rosa Madrid
 Randy Mushinsui
 Carlos Perez
 Tyler Rodriguez
 Richard Ryan
 Luis Saucedo
 Daniel Ybarra

In Memoriam

Our thoughts and condolences are with the family and friends of the following current and retired City employees who have passed away. The number after the name indicates years of service.

DEPARTMENT	YEARS OF SERVICE	DEPARTMENT	YEARS OF SERVICE	DEPARTMENT	YEARS OF SERVICE	DEPARTMENT	YEARS OF SERVICE	
Active		Foster, Reginald	Planning	40	Rhea, Louis	Public Works	29	
Banda, Jorge	Rec and Parks	8	Fuqua, Martuerite	LAPD	35	Richard, Levi	Gen. Services	35
Couce, Florentino	Bldg. & Safety	1	Garcia, Robert	ITA	25	Rus, Donald	LAFD	15
Cuevas, Roseo	DWP	30	Gardner, Jack	Airports	43	Saathoff, Paul	DWP	18
Elze, Brad	Gen. Services	13	Goodwin, Gary	LAPD	19	Shull, Lawrence	DWP	11
King, Edwin	Gen. Services	16	Griggs, Troy	DWP	30	Simms, George	DWP	18
Palisoc, Alfenezza	LAPD	8	Hain, Justine	Personnel	31	Stammers, Raymond	DWP	30
Scott, Caj	Airports	19	Hankins, Louis	Rec and Parks	33			
Williams, Walter	Public Works	5	Harvey, Lois	DWP	28			
			Hatcher, Elaine	Aging	21			
			Heard, Wilton	Public Works	33			
			Heller, Joan	DWP	25			
Retired			Jackson, Arties	DWP	21			
Addison, Carolyn	Library	21	Losh, Lorna	City Attorney	12			
Alford, James	Airports	13	Lind, Anthony	Personnel	31			
Archie, Eddie	DWP	30	McCully, Betty	Rec and Parks	17			
Brazile, Linda	Finance	13	Mendoza, Richard	DWP	35			
Brazile, Lorenzo	DWP	32	Noble, Glodine	Rec and Parks	3			
Calzada, Daniel	Rec and Parks	17	Ono, Paul	Transportation	31			
Cervantes, Felix	DWP	40	Pascua, Arnedo	Public Works	14			
Clausen, Dennis	Bldg. & Safety	13	Paul, Kenneth	DWP	31			
Cowan, Cheryl	Public Works	38	Perea, Paul	DWP	21			
Duncan, Jerome	City Attorney	20	Pete, Melvin	DWP	31			
Durazo, Steven	Rec and Parks	26	Poulsen, Lee	LAPD	30			
Fahsing, Robert	Airports	14						
Finkbeiner, Robert	Public Works	42						

It's Time to Tell Their Story

Every month, *Alive!* publishes the names of those current or retired City Employees who have died. But who were they? Did you know them? If you worked with any of these people, knew a story or two about them or were related to them, consider writing to *Alive!* and letting us know. *Tell their story!*

- Write a few sentences or paragraphs
- Send in a photo, if you have one
- Let us know your name and connection to the deceased
- Send your memories to: talkback@cityemployeesclub.com
Subject line: Tell Their Story



Special Achievement

Congratulations to **Cheryl Martin, Club Counselor**, and former Club staffer **Beverly Johnson** for completing the recent Black Girls Run Sept. 18 in Atlanta. While there they visited the birth home of Martin Luther King Jr.

Well done, Cheryl and Beverly!



Club Counselor Cheryl Martin, after completing the Black Girls Run.



Club Counselor Cheryl Martin pays tribute to the birth home of Martin Luther King Jr.



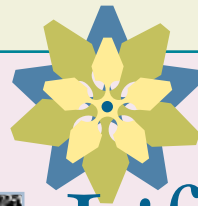
Former Club staffer Beverly Johnson, after completing the Black Girls Run.



Births



Jacob Alexander Moore, born Aug. 22. He's the fourth child of **Martin and Danielle Moore, Airports**. Congratulations!



Share Your Life's Moments



Everyone reads Life's Most Important Moments in *Alive!* Share your news... and send in a photo! Have you gotten married? Had a baby? Graduated? Is a family member in the military? Send in a photo and a paragraph, telling us the details. We love to share your good news.

Send digital photos to: (as high a resolution as you can send)
talkback@cityemployeesclub.com

OR send paper photos to:

Life's Moments – *Alive!*

City Employees Club of Los Angeles
120 West 2nd Street, Los Angeles, CA 90012

Please don't send the only one you have!

DON'T BE LEFT IN THE DARK!

Have you moved?

Got a new phone number?

Updated Your Email Address?

Interested in Benefits For Government Employees?



Get a FREE Flashlight when you update your information.

Your Club Membership is one of your most valuable benefits available to you as a government employee. Don't be left in the dark when your benefits change or when new benefits become available to you.

FREE Flashlight



Update Your Contact Information
Direct Line: (213) 356-5935
cmartin@cityemployeesclub.com

Send Us Your Recipes!

If you would like your recipe published in the next issue of *Alive!*, you may fax your recipes to (213) 620-0398 or e-mail us at talkback@cityemployeesclub.com

Cooking with the Club

with Chef Robert Larios



Meatball Sub

The meatball sandwich, sometimes called sub or deli hoagie, is made with simple ingredients, but each works together to create a delicious marriage made in the kitchen. It is important to use a quality roll, Italian meatballs and tomato sauce, and either fresh mozzarella or provolone to place on top of the inside of the sub. For the serious cook, feel free to make your own bread, roll your own meatballs, make your tomato sauce from scratch and perhaps even make your own cheese. But there is no shame in getting all of these ingredients at your local grocery market. Just be sure you are getting quality products, because in this case, good quality results in a super tasty sub.

Either leftover Italian meatballs or freshly cooked meatballs can be used.

¡Buen provecho!

Chef Larios

Photography by Patricia M. Larios

Ingredients:

- 1 roll, about 12 inches long (cut later into halves)
- 4 slices fresh mozzarella or provolone
- 6 to 8 Italian meatballs (so they cover the roll from end to end)
- Tomato sauce, to taste
- Extra virgin olive oil, to taste
- Sea salt and pepper, to taste

Makes two servings.



[Food Dictionary]

Provolone [pro-voh-LOH-nee]:

Although originally from southern Italy's Basilicata region, this cow's-milk cheese is now also made in the Valpadana (the Po Valley) of northern Italy and labeled provolone Valpadana. Provolone is an excellent cooking cheese, and aged versions can be used for grating.

Bibliography: © Barron's Educational Services, Inc. 2009, Adapted from *The New Food Lover's Companion*, 2007, by Sharon Tyler Herbst and Ron Herbst

Directions:



1 Prepare your ingredients. Heat the oven for broil.



2 Cut out some of the bread so that the meatballs can sit in the crevice you create. Drizzle extra virgin olive oil onto the bread (both sides). Place the meatballs onto the bread. Add the tomato sauce, add the sea salt and pepper and then cover with the cheese (mozzarella or provolone).



3 Place in a foil-lined baking sheet and broil at 400 degrees F. Cook until the cheese has melted and has a golden color to it. The bread should also have some toasted edges. This should all last about five minutes.



4 Serve and enjoy!

Fun Food Quote:

"My mom said the two most important kitchen utensils are attached to your arms... you cannot mix up meatballs with a wooden spoon. Get in there, get your fingers dirty!"

— Rachael Ray, celebrity chef/television personality

Cooking TIDBIT

Other breads can be used as substitutes, including ciabatta and sourdough rolls. You can use Swedish meatballs instead of Italian – just don't tell anyone.

CLASSIFIED ADS

Members Marketplace

New Ads This Month!

For Sale: Cemetery plots. Rose Hills, Whittier. 4 plots side/side. Lot 858 Memory Lane. Valued at \$18,000. Sell for \$12,000 H. August, (208) 949-9858, 11/16

For Sale: Vintage magazines. Architectural Digest. 150 issues dated 1981-82, 1991-99. Well kept. 25 cents each, \$25 all. Don, (818) 780-7788, 11/16

Wanted: Baseball teams to join Saturday league. Recreational level. Tony, (310) 764-1792, 11/16

For Sale: Plot, Inglewood Park Cemetery. Double grave F, Lot 38, Park Terrace. \$8,600. JoAnn, (805) 238-6929, 11/16



For Sale: 1967 Chevy Camaro convertible. Original everything. Perfect project car. Must go, make an offer. \$25,000 OBO. (310) 753-9522, 11/16

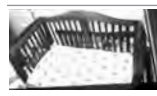
For Rent: Vacation rental. 1 bdrm. suite, WorldMark San Diego Mission Valley. Nov. 26-Dec. 1. 5 nights, \$350. Charles Ella, (818) 212-0198, 11/16

For Sale: Bed frame. Antique Cal-king. heavy iron/brass mixture. \$150 OBO. (626) 260-3787, 11/16

For Sale: Portable generator. Honda 5000. Wheel kit, electric starter, shop manual. Avail. from noon - 8 p.m. \$1,000. (818) 893-1805, 11/16

For Sale: Real estate, undeveloped ranch land near Victorville. 10 acres, appraised at \$16,000. 160 acres appraised at \$160,000. Make offer. (310) 488-6140, barysylvan@live.com, 11/16

For Sale: Motorcycle. 2003 chopper. Black cherry. Special construction 8UP, four visor handlebars, 4 back. 113CC. \$26,000 OBO. Camilo, (310) 708-8525, flow-n-arts@mail.com, 11/16



Baby Crib: Never used, brand new & in great condition. Delta brand, amber model #6925-204, \$130. John @ (562)755-9462, 2/15



Cocktail/Coffee Table: New, modern glass-top. \$300 (El Segundo). Espresso colored base w/large glass top elevated by grey posts. 43" x 43". Breakdown is easy. Must be able to lift & transport on your own. Javier Gomez @ (310) 529-0543, 12/14



Hutch & Cabinet: Touchlight, matching set \$500 OBO, great condition! Valerie @ (951) 315-3920, 11/14

Homes/Rentals/Land



For Sale: Home, 3 bd/2 bath, 1,308 sq. ft. Chatsworth. Cul-de-sac. New A/C. Secure. Recessed lighting. Remodeled. Nearby shopping, restaurants, schools. Tenant pays utilities. No pets. \$2,500/month. (818) 472-6896, 9/16

For Sale: Home, Big Pine, Calif. 3 br., 1 3/4 bath. Outdoors activities near. Description, photos avail. \$195,000. bigpineproperty@gmail.com, 9/16

For Rent: House, 3 bd./2 baths. Near Manchester/Broadway. Garage, laundry room, handicap access. No Section 8. (323) 971-1042, 8/16

For lease: House, 2 bd./2 bath, near 101/110/2/5 fws. Near Gold Line, downtown, Sunset Blvd., Silver Lake, Chinatown, Dodger Stadium, Echo Park, Elysian Park, Pasadena, Burbank, LAPD Academy, Hotchkiss LAFD Training Center. Downtown views. 1 parking space. 1 yr. lease min. No pets. Application process. Doc./credit check req. \$1,500 month, \$1,500 security dep. (323) 919-1163, 2/16

For Rent: Studio apt. 1052 W 54th St., 90037. Utilities paid. Deposit req. \$750/month. (323) 915-9300, 3/16

For Sale: House, 2 bed/1 bath, remodeled, Bakersfield. Investment property, rented month/month (\$750/month). Large cleared lot, secure. Listed at \$94,000. Sold as-is, seller selects services (title, escrow). tisdaseason2468@outlook.com, 11/15

For Vacation Rent: Condo, 2 bd./2 bath, beachfront, Puerto Nayarit, Mexico. Private pool on balcony. April 1-8, 2016. \$1,000. Jessie, (323) 893-6570, 11/15

For Sale: Timeshare. Pacific Monarch/Diamond Resorts. One full week, two bedrooms. Don't buy direct. \$2,000/obo. Elizabeth, (909) 772-4087, 9/15

For Sale: Home/studio apts., three sep. units sold as one package. Bakersfield. Front home: 2 bd., needs work (in progress), flippable. 2nd bedroom rentable. 2 studio apts. in back, rentable. \$110,000 total. Sold as-is; seller selects title/escrow co. Email: tisdaseason2468@outlook.com, 8/15

For Sale: Townhouse. Las Vegas/Chinatown, near Strip, behind school, near major streets. Has rental tenant. \$85,000, HOA \$100/month. Sold as-is; seller selects title/escrow co. Do not disturb tenant. Email: tisdaseason2468@outlook.com, 8/15

For Rent: Apt., 1 bed, 1 bath. Near First/Alvarado. 1 of 3 units. 1 car garage. Near Mid-Wilshire, Koreatown, Good Samaritan Hospital, Staples Center, Echo Park, Silverlake. App. process/credit check req. No pets. 1 yr. lease minimum. \$1250 a month. (323) 919-1163, 8/15

For Sale: Armoire. 36inchWx-62Hx21D. Wood. 5 deep drawers. Right side hanger could be shelves. \$450. Jeanne, (626) 281-2907, 8/16

For Sale: cabinet. Vintage, blond oak. Great condition. Glassshelves, mirror back, interior light. \$450 OBO. (626) 359-0023, 5/16

For Rent: Lovely apartment in Los Angeles (5-units). 1 bed / 1 bath, kitchen, living room, dining room, 1-car garage. Upstairs unit. New paint, carpet, windows and fixtures. Very quiet on Don Tomaso Dr. Close to public transportation. Call for more details (310) 365-1868, 8/15

For Sale: Cabin, A frame, San Bernardino mtns., secluded, views. 765 sq. ft.; 1BD/1BA; new cabinets; needs work; 30903 Live Oak Dr., Running Springs. Photos on Realtor.com. \$127,000; Dan Teter: (866) 214-8587, 7/15

For rent: Vacation rental, Big Bear Lake. 3 bd/2 bath house in village. Fully furnished, near the lake. John Long, Call (909) 837-8347, 5/15

For rent: Studio apt. in safe, quiet La Crescenta, Wifi-ready, semi-furnished, double-pane windows, glass-sliding doors opening to vegetable garden, fruit trees, succulents, seating areas, mountain views. Close to Montrose and Trader Joe's, 2 blocks to public transportation. \$1,400 includes utilities. Lita, (818) 795-4074, 4/15

Vacation rental: Condo in beautiful oceanfront resort, Cabo San Lucas. 7-day rental for \$795. 1 bd, 1 bath; completely furnished, full kitchen w/ views of El Arco on Medano Beach. Close to downtown, shopping, restaurants, entertainment. View at clubcascadadebaja.com. (562) 301-2940, 4/15

For rent: Lovely apartment in Leimert Park (in 4-unit complex). 1 bd/1 bath, kitchen, granite countertops, living rm, dining rm, 1-car garage. New paint, carpet/hardwood and tiled floors, windows and fixtures, Washer/dryer hookup. Close to public transportation. 15 minutes from downtown, USC, beach. (310) 261-2085, 4/15

For Rent: Lovely downstairs apartment, 82nd/Crenshaw, very quiet, close to public transportation. 1BD/1BA w/kitchen, living room, dining room, 1-car garage in Inglewood (4-units). Newly painted, new carpet, fixtures, double glazed windows & new granite kitchen countertop. \$1,200. Info @ (323) 292-9989, 3/15

For Rent: 1BD/1BA apartment in North Inglewood. Mr. Brown @ (323) 296-1547, 3/15

Household Items



For Sale: exercise equipment. Chair Gym, w/ mat, twister, ball, instructions. Open box, never used. \$150. (818) 242-8644, 5/16



For Sale: Exercise equipment. Ab-Doer Twist Ex. Abdominal work-out machine. DVD. Exclnt. cond. \$125. (818) 242-8644, 5/16



For Sale: Fitness equipment. Back2Life back relief machine. With a/c. Exclnt. cond. \$75. (818) 242-8644, 5/16

For Sale: Kitchenware. V-Slicer Pro Mandoline by Swissmar/Borner. New. \$25. (213) 792-3130, 3/16

For Sale: Light meter. Gossen Luna Pro SBC. New condition. Manual. \$45. (213) 792-3130, 3/16



For Sale: DVD/CD player/storage, Sony ES DVP, jukebox style, stores up to 150 disks. Categorize/play on demand. Incl. remote, keyboard for input. Door does not close but can be done manually, or may be repaired. John, (626) 757-5341; jgonzlez@hotmail.com, 11/15



For Sale: Oven, Kenmore 30-in. wall unit, electric, self-clean, white. Brand new in package. 30 inch/wide x 29 inch/high x 24.5 inch deep. \$600. (562) 301-2940, 10/15



For Sale: TV/entertainment center. Phillips Magnavox 60-inch TV, \$200/obo. All maple entertainment center, 3 piece, glass doors, tall sliding compartment doors, \$800/obo. Martha, (213) 367-4094, 9/15

Miscellaneous

For Sale: treadmill. Sears Crosswalk. \$200. (818) 893-1805, noon-8 p.m. only, 9/16

For Sale: Turtles, fresh water, 3, 10 yrs old, w/ large aquarium. \$100 OBO. George, (818) 308-7644 or george.pardo@lacity.org, 3/16

For Sale: Board games. Trivial Pursuit. Master Game Genius Edition and Silver Screen Edition. \$15. (213) 792-3130, 3/16

For Sale: Exercise device. Easy Shaper by Tony Little. Exclnt. cond. \$15. (213) 792-3130, 3/16

For Sale: Model railroad track. Kato Unitrack oval set, Atlas power pack, HO scale. \$30. (213) 792-3130, 3/16

For Sale: Genie 3/4 hp chain drive garage door opener-\$30.00 Write to: ajayurpal@juno.com, 1/16

For Sale: 2-way radios. Motorola Talkabout T7400. AA or NiMH batteries. Long-range transmissions, weather channels. Ideal for camping/boating safety. And fun! \$55. Mike, (562) 596-1346, 12/15

For Sale: Suze Orman's Protection Portfolio, new w/case. \$85. (213) 792-3130, 11/15



For Sale: neon sign for game room. New, never used. Valued at \$250. \$175. John, (626) 757-5341; jgonzlez@hotmail.com, 11/15



For Sale: Aquarium, "cube" salt water, 38 gallon. Incl. aquarium, stand, extras (no fish). Valued at \$2,000 in equipment, supplies. \$600. John, (626) 757-5341; jgonzlez@hotmail.com, 11/15



For Sale: Plumeria trees. White. Scented. From Hawaii. Assorted heights. \$10/foot, potted. Buyer picks up. Michael, (310) 339-7684, 10/15

For Sale: Exercise set. Tony Little Easy Shaper. Exclnt cond. \$40. (213) 792-3130, 9/15

CLASSIFIED ADS

FREE for Club Members!

\$50 for non-Members. per month

To place your classified ad send us your information (25 total words maximum) including your name, item, description, price, phone number or e-mail address.

Email your ad (and picture) to Classifieds@cityemployeesclub.com or you can fax your ad to (213) 620-0598

We'll run your ad in the next available issue on a space available basis. Your ad may be edited for length or appropriateness.

Classified Submission Deadline:

Dec. 2016 issue of *Alive!*: **11/15/16**

Travel/Timeshare

Timeshare: Welks Resort, San Diego, CA. For Sale. \$20K. Cherrmaine @ (661) 547-6707, 11/15

Timeshare: For sale or rent. 1BD, Palm Springs, CA, deeded float week anytime during the year, can be exchanged for another resort worldwide. Info @ (310) 329-0682 or e-mail: time31011@yahoo.com, 7/14

Wanted

Wanted: Baseball teams to join Saturday league. Recreational level. Tony, (310) 764-1792, 11/16

Wanted: Riders for van pool, Lomita to Lincoln Heights. Leaves Lomita @5:40 a.m., BOA Carson @5:45, JFB @6:10, Main St. @6:15, arrives Artesian St. @6:20. Return to Lomita by 5 p.m. James, (310) 626-7169 or (213) 354-4790, 7/16

Wanted: Roommate for large bedroom in Whittier, near 60/605 fws. In three bedroom home, owned by firefighter. Use of kitchen, laundry. Non-smoker only, please. \$600/month. John, (626) 757-5341; jgonzlez@hotmail.com, 1/16

Wanted: Roommate. 3 bd./2 bath home. Chatsworth. Quiet neighborhood. Rent includes 2 bd., own bathroom, all utilities plus cable. App. process/credit check. \$1,000/month. (818) 590-4760, 10/15

Wanted: Room wanted in Burbank by caretaker. Experienced caretaker to provide light housekeeping, shopping, driving, companionship to elderly person in exchange for private room. Excellent references. Prefer Burbank area. Karen, (626) 252-1288, 7/15

Wanted: I buy all kinds of collectibles: crystal, Disney, fishing gear, military items, musical instruments, pocket knives, gold & silver, Radko, WDCC. Michael @ (626) 592-2929, 11/12

Transport

For Sale: SUV. Range Rover HSE, 2003. Green. Cream leather int. 180,000 miles. Well-maintained family vehicle. \$7,200 OBO. (424) 477-9694, rayproca@gmail.com, 9/16



For Sale: 2015 CAN-AM Turbo side by side. Like new only 20 hours. Good Condition. Really fast and recently serviced. FOX adjustable suspension. Only \$17,500. Can deliver to serious buyer. Additional pic avail on request. Contact John 661 857 1396, 9/16

For Sale: Toyota Corolla, 2010, gray. 22,000 miles. In Montebello. \$10,000 OBO. Delia, (208) 262-8031, 7/16



For Sale: Travel trailer, 2008 Forest River, 29 ft., clean, fifth wheel, toy hauler. 4,000 Onan generator, power awning, fuel station, more. \$14,000 OBO. Gilbert, (909) 714-4071, 4/16

For Sale: RV trailer. 2003 Wanderer, fifth wheel, model 3677B. Onan generator, 12-ft. garage, power hitch, fuel station. AM/FM CD stereo, super slide. \$10,000 OBO. Mike, (661) 557-0975, maddad111@yahoo.com, 3/16



For Sale: 1980 Cadillac, red, white int., immaculate. New tires, gas tank, fuel pump, stored since 2010. 91,400 miles. \$9,495. (805) 649-1940, 3/16



For Sale: Cadillac Brougham, 1989. Leather interior. Very good shape. 77,000 miles. \$4,000 OBO. (626) 797-8328, 12/15

For Sale: 1984 F-150 - w/camper shell and carpet kit. As is. \$1100 OBO. Call 310-764-4478, 9/15



For Sale: 1963 Chevy Corvaire, convertible. Good cond., runs great. Light green ext./int., white top. \$9,900 OBO. Alex, (323) 691-0872, 8/15



For Sale: Watercraft, his and hers, '93 Bombardier Seadoo, '91 Waverunner w/trailer. Great condition. Jackie, (626) 383-1708, 7/15



For Sale: 2003 Harley "ROAD KING" Davidson (100th anniversary edition) motorcycle, 5087 miles, stage 1 with detachable windshield, passenger bag support, hardbags, battery charger, black and chrome, hardly ridden, always garaged, 1 owner only. \$10,000.00 OBO. Please call 818-366-3273 John or text 818-633-4164, 7/15



For Sale: Motorcycle, 2007 Kawasaki, like new/15 hours ridden, runs great, must see. \$3,000. Robert, (661) 964-7837 bet. 2-7 p.m., 7/15



For Sale: RV trailer/toy-hauler, 2006 Forest River Sierra Sport, 29 foot. Very good cond., new tires, new roof, 4,000 onan generator, low hours. \$15,000 OBO. Call/text John Long, (909) 837-8347, 7/15

2005 Honda Civic Si: Hatchback, manual, 2-door, sun roof, power windows, security system, XLNT running condition, tan color, 68K miles. \$10,500 OBO. Info @ (310) 642-0522, 10/14

1993 Infinity Q: Automatic, 4-door, power windows, XLNT running condition, green color, 125K miles. \$3,000 OBO. Info @ (310) 642-0522, 10/14

1959 Buick Invicta: Fully restored, 4 door asking \$25,000. Located in Tehachapi. For more pictures & info: drewlu24@aol.com, 9/14

Pop-Up Trailer Tent: 2005 Rockwood Freedom, in good condition, very clean interior. Everything works well & ready for camping. Sleeps 6-8. 1 propane tank, stove, sink, spare tire, stabilizer jacks, water heater, awning & refrigerator. \$4,200. Yervand @ (818) 355-7704, 8/14

5th Wheel Trailer: 2010 Cougar High Country, excellent condition. Sleeps 4. Slide outs, awnings & full bath. All accessories & new 5th wheel hitch can be towed by 1/2 ton truck, it's ready to go. \$32,000 or TOP. Ken Hawkes @ (310) 505-5733, 8/14

2013 Dodge Challenger: Like new, fully loaded, excellent condition, very low mileage asking \$30K OBO. "PATY" @ (626) 242-4365, 8/14

Cemetery Plots

For Sale: Double cemetery plot. Forest Lawn Hollywood Hills, Section Tenderness, Lot 2127 Space A, B. Valued at \$13,000, asking \$11,000 OBO. Robert, (626) 899-2174, 7/16

For Sale: Cemetery plots. Forest Lawn, Hollywood Hills. Valued at \$13,000. Asking \$10,000 OBO. Robert, (626) 899-2174, 3/16

For Sale: Burial plots, 4 (spaces 1, 2, 3, 4), Forest Lawn Cemetery, Cypress. Lot 1187, Constant Love section. \$4,100 each OBO. Michelle, (310) 648-5506, 2/16

4 Cemetery Plots: Cemetery plots, 4, side by side on the hill at Greenwood Gardens, Rose Hills/Whittier. Approx. value \$18,000, selling \$12,000, or trade cemetery plot for pickup truck of equal value. Cortez, (323) 382-2405, 2/15

Furniture

For Sale: Grandpiano. Yamaha C3 Conservatory. Like new. Humidifier. Cover. Concert bench. Internal felt dust cover for soundboard. \$17,000 OBO. Victor Vallejo, (323) 356-7595, 8/16



For Sale: Armoire. 36inchWx-62Hx21D. Wood. 5 deep drawers. Right side hanger could be shelves. \$450. Jeanne, (626) 281-2907, 8/16



For Sale: cabinet. Vintage, blond oak. Great condition. Glassshelves, mirror back, interior light. \$450 OBO. (626) 359-0023, 5/16

For Sale: Furniture. Oak. King size bedroom suite; china cabinet; dining room table, six chairs; more. \$2,000 OBO. Vic, newvic@gmail.com, 3/16



For Sale: Bedroom set, 5 piece, cherrywood. Good cond. \$650 OBO. (818) 281-1488, 10/15

For Sale: Crib, cream colored, designer style. Good cond. \$350 OBO. (818) 281-1488, 10/15

For sale: Sofa and chair, great condition, leather/upholstered, "reversible" pillows/cushions. Carved wood, unique design, nail heads. \$600 OBO. Charlene, (661) 916-2970, 5/15



Dining table: w/leaf, 6 chairs, \$300 obo. Jackie, (626) 383-1708, 4/15

Mattress: Beautyrest Black (Alexia) queen size, extra firm, new mattress, \$600 obo. Responsible for own pickup. Dwain, (323)754-8382 or dnrhenry@yahoo.com, 4/15

Ping Pong Table: 5 x 9, fold-up & roll-away, \$75. Joe @ (310) 323-4940, 2/15

AMC November 2016 Films

 November 4	 November 4	 November 11	 November 11
 November 11	 November 18	 November 23	 November 23

Black Tickets
are good for these movies & more

©2016 AMC NS_1305_November

Rec and Parks

Baja Whale Adventure on Sale

March 6-14, 2017

Club Members are invited to join Cabrillo Marine Aquarium (CMA), March 6 - 14, 2017, for an annual trip that truly is the journey of a lifetime! During this nine-day ocean voyage, adventurers spend three exciting days anchored in San Ignacio Lagoon where friendly gray whales and their curious calves swim within arm's length of the skiffs. The trip also visits Todos Santos Island and land on San Benito, Cedros and San Martin Islands, where travellers will enjoy naturalist-led hikes on these remote, offshore islands that are home to elephant seals, Guadalupe fur seals, a multitude of birds, diverse geological formations and a wide range of native vegetation.



The trip also visits Todos Santos Island and land on San Benito, Cedros and San Martin Islands, where travellers will enjoy naturalist-led hikes on these remote, offshore islands that are home to elephant seals, Guadalupe fur seals, a multitude of birds, diverse geological formations and a wide range of native vegetation.

Each passenger will receive an illustrated natural history guide containing information about animals sighted and locations visited.

The 113-foot *Royal Polaris* out of San Diego will provide comfortable accommodations, a roomy galley/lounge and a friendly crew that furnishes hardy, flavorful meals.

To reserve your spot: Call Larry Fukuhara at (310) 548-7562, ext. 223.

Fee: \$2,850 includes food and lodging, plus \$150 crew gratuity.

Interested in more information about the CMA Baja Adventure? Go to:

<https://sites.google.com/site/cmabajaadventure/>

CMA's experienced naturalists, including experts on gray whales and other marine mammals, birds, native island plants, and marine biology, will lead hikes and give ship-board presentations to add to the educational

LEGOLAND® + SEA LIFE® AQUARIUM + 2ND DAY FREE!

LIMITED-TIME FALL SPECIAL \$65

DISCOUNT TICKETS CAN BE PURCHASED AT LA CITY EMPLOYEES CLUB OR BY CALLING 888-777-1744

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LEGOLAND.com

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FOR CLUB MEMBERS ONLY DISCOUNT TICKETS

CHEAPEST TICKETS IN THE STATE **UP TO 60% OFF**
CHEAP TICKETS - INSANE SERVICE - AFFORDABLE INSURANCE

NOVEMBER 2016

ICON REFERENCE eTicket you can print on demand 24/7
 eTicket available Mon - Fri 8AM - 4:00PM

MOVIE THEATERS

	RETAIL	CLUB
AMC THEATERS		
Gold Tickets - Good Any Time	\$14.00	\$9.50
Black Tickets - Good Any Time	\$14.00	\$10.25
Green Tickets - Exclude Disney Productions	\$14.00	\$9.00
Small Popcorn	\$5.50	\$3.00
Small Drink	\$4.50	\$3.00
Movie Bundle	\$45.00	\$29.50
<i>- Includes 2 Gold movie tickets, 2 small drinks, 1 small popcorn</i>		
BRENDEAN THEATRES		
	\$11.25	\$8.00
CINEMARK THEATERS 		
	\$11.75	\$8.50
CINÉPOLIS THEATERS		
Traditional Theaters	\$12.00	\$7.50
Luxury Theaters	\$22.00	\$17.00
GALAXY THEATERS - Good Any Time		
	\$11.00	\$8.00
HARKINS MOVIE THEATERS		
Restricted	\$10.00	\$6.50
Good Any Time	\$10.00	\$7.50
Small Popcorn	\$5.25	\$4.25
Small Drink	\$4.50	\$3.50
KRIKORIAN THEATERS - Good Any Time		
	\$12.00	\$7.50
LAEMMLE THEATERS - Good Any Time		
	\$11.00	\$6.00
LANDMARK THEATERS		
	\$13.00	\$8.00
METROPOLITAN THEATERS		
Unrestricted Tickets	\$13.00	\$8.00
Restricted Tickets	\$10.50	\$6.75
PACIFIC THEATERS - Restricted		
* \$2 surcharge for use at Americana in Glendale and at The Grove in L.A. - (Not valid at Archlight Theaters)	\$13.75	\$8.00
READING CINEMAS - Restricted		
	\$12.50	\$7.50
REGAL/ EDWARDS/ UNITED ARTIST		
Good Any Time	\$14.75	\$8.50
Movie Pack	\$30.00	\$26.00
<i>- Includes 2 Good Any Time movie tickets and a \$10 concession gift card</i>		
REGENCY THEATERS - Good Any Time		
	\$11.50	\$7.00
ULTRASTAR THEATERS - Good Any Time		
	\$11.25	\$6.00

ATTRACTIONS

	RETAIL	CLUB
AQUARIUM OF THE BAY 		
SAN FRANCISCO		
Adult	\$24.95	\$19.96
Child (4 - 12)	\$14.95	\$11.96
AQUARIUM OF THE PACIFIC 		
Adult	\$29.95	\$17.95
Child (3 - 11)	\$17.95	\$11.95
BOOMER'S FUN CENTERS 		
SELECT CALIFORNIA LOCATIONS	4 Hour Pass	\$42.99 \$24.99
CALIFORNIA ACADEMY OF SCIENCE 		
Adult	\$34.95	\$29.71
Child (4 - 11)	\$24.95	\$21.21
Youth (12-17)/ Student (with ID) / Senior (65+)	\$29.95	\$25.46
CATALINA EXPRESS 		
Round Trip Fare	Adult \$76.50 Child \$61.00	\$60.00 \$50.50

THEME PARKS CONT'D

	RETAIL	CLUB
SILVERWOOD THEME PARK (IDAHO) 		
Adult	\$48.00	\$39.00
Child (3 - 7)	\$25.00	\$20.00
SIX FLAGS DISCOVERY KINGDOM 		
VALLEJO	General Admission (over 48")	\$66.99 \$40.99
UNIVERSAL STUDIOS 		
Adult / Child (under 48")	\$115.00	\$95.00 & UP
12 Month Pass	\$149.00	\$109.00

WINTER SKI RESORTS

SIERRA @ LAKE TAHOE	Comming Soon!
SUGAR BOWL @ LAKE TAHOE	Comming Soon!
MAMMOTH SKI AREA	Comming Soon!
BIG BEAR/ SNOW SUMMIT	Comming Soon!
SNOW VALLEY	Comming Soon!

ATTRACTIONS CONT'D

	RETAIL	CLUB
DAVEY'S LOCKER 		
Whale Watching	Adult \$32.00 Child \$26.00	\$21.00 \$15.75
Sport Fishing - 1/2 Day	Adult \$41.50 Child \$34.00	\$31.50 \$25.21
Sport Fishing - 3/4 Day	Adult \$71.00 Child \$61.00	\$57.75 \$47.25
Sunset / Evening Cruise	Adult \$25.00	\$12.61
GOLF N' STUFF		
3 Hour Unlimited Wristband - (Norwalk Location)	\$30.00	\$16.25
All Park Pass - (Ventura Location)	\$20.00	\$15.25
GRAMMY MUSEUM 		
General Admission	\$12.95	\$10.00
IFLY INDOOR SKYDIVING 		
Hollywood - Earn Your Wings Flight Package (Age 3+)	\$59.95	\$39.95
San Francisco - Save 15% Off All Flight Packages	\$59.95	\$50.96
K1 SPEED RACING		
This pass entitles the owner to (1) 14 Lap race and a annual license for the day.	\$25.95	\$15.25
MADAME TUSSAUDS WAX ATTRACTION 		
<i>All Access Pass includes Marvel Super Heroes 4D Experience.</i>		
Hollywood	Adult \$40.00 Child (4 - 12) \$35.00	\$16.00 \$13.00
Las Vegas (eTickets Only)	Adult \$29.95	\$12.50
MEDIAVAL TIMES 		
<i>E-ticket prices will vary depending on date/time selections.</i>		
Adult	\$57.95	\$43.50
Child (0 - 12)	\$35.95	\$31.50
MONTEREY BAY AQUARIUM 		
Adult	\$39.95	\$34.95
Child (3 - 12)	\$24.95	\$19.95
	\$34.95	\$29.95
MULLIGAN'S FAMILY FUN CENTER		
All Day Pass	Adult/Child \$33.99	\$16.50
<i>- Unlimited use of Laser Tag, Miniature Golfing, Go-Karts/Speedway and the Rock Wall. Valid at Mulligan Torrance, Murrieta, and Palmdale.</i>		
PIRATES DINNER ADVENTURE 		
Adult	\$56.95	\$36.00
Child (3 - 11)	\$37.95	\$27.50
QUEEN MARY / BATTLESHIP 		
IOWA COMBO	Adult \$42.95 Youth (12 - 17) \$34.95 Child (6 - 11) \$23.95	\$31.92 \$25.95 \$17.95
RACERS EDGE INDOOR KARTING		
Adult: 16-Lap Adult Race	\$23.00	\$18.00
Junior (50" tall): 11-Lap Junior Race	\$20.00	\$15.00
SANTA MONICA PIER & PACIFIC PARK 		
Unlimited Ride Wristband	\$25.95	\$13.50
Family 4 Pack (includes 4 wristband + 4 meal card)	\$149.00	\$68.00
SPEEDZONE 		
3 Hour Unlimited Pass on Rides and Mini-Golf	\$49.99	\$28.00
TEATRO MARTINI 		
Buena Park, California	\$75.75	\$42.00
USS IOWA 		
SAN PEDRO	Adult \$18.00 Child (6 - 11) \$10.00 Senior (62+) or Military (with ID) \$15.00	\$13.50 \$7.50 \$10.50

ATTRACTIONS CONT'D

	RETAIL	CLUB
USS MIDWAY 		
SAN DIEGO	Adult \$20.00 Child (6 - 11) \$10.00 Senior (62+) \$17.00	\$14.00 \$7.00 \$11.00

THEME PARKS

ADVENTURE CITY 		
Adult/ Child	\$17.95	\$13.50
DISNEYLAND / CALIFORNIA ADVENTURE		
Disneyland no longer offers discount etickets as of 9/15/16 Please check website for options.		
CALIFORNIA'S GREAT AMERICA 		
General Admission (Age 3+)	\$67.00	\$36.00
CASTLE PARK 		
General Admission (over 36")	\$24.99	\$12.99
GILROY GARDENS 		
General Admission	\$52.00	\$26.00
Luminations Admission (7/26 - 11/29/16)	\$30.00	\$15.00
HERSHEY PARK (PENNSYLVANIA) 		
Adult	\$63.80	\$48.10
Child	\$40.80	\$36.10
KNOTT'S BERRY FARM		
Adult	\$72.00	\$39.00
Child (3-11), Senior (62+)	\$42.00	\$34.00
Cheaper for eTickets	Adult \$72.00 Child (3-11), Senior (62+) \$42.00	\$35.00 \$32.00
LOS ANGELES ZOO 		
Adult	\$20.00	\$16.00
Child (2-12)	\$15.00	\$12.00
LEGOLAND Includes 2nd Day FREE (expires 12/25/16)		
1 - Day , 1- Park	Adult \$120.00 Child (3 - 11) \$114.00	\$76.00 \$70.00
Legoland Resort Hopper	Adult \$144.00 Child (3 - 11) \$138.00	\$84.00 \$78.00
Sea Life Hopper	Adult \$138.00 Child (3 - 11) \$132.00	\$65.00 \$65.00
MAGIC MOUNTAIN 		
General Admission	\$76.99	\$49.99
SAN DIEGO ZOO / SAFARI PARK 		
Adult	\$50.00	\$41.00
Child (3 - 11)	\$40.00	\$33.00
2 - Visit Pass*	Adult \$90.00 Child (3 - 11) \$70.00	\$72.00 \$56.00
<i>* May be used for 1 visit at each park, or 2 visit to the same park.</i>		
SEAWORLD - SAN DIEGO 		
Adult	\$89.00	\$64.25
Child (3 - 9)	\$83.00	\$64.25
Admission w/ All-Day-Dining Pass (Adult /Child)	\$124.00	
Fun Card (valid until 12/31/16)	\$89.00	\$76.50
One-Day park tickets are valid until 12/25/16		

SPORTING EVENTS

LOS ANGELES DODGERS		Games available online
ANGELS OF ANAHEIM		Games available online
SAN FRANCISCO GIANTS		Games available online
SAN DIEGO PADRES		Games available online
LOS ANGELES CLIPPERS		Games available online
LOS ANGELES SPARKS		Games available online
LOS ANGELES KINGS		Games available online
SACRAMENTO REPUBLIC FC		Games available online

MORE MEMBER DISCOUNTS

GODIVA CHOCOLATE	Save 15% OFF regular price
HOTEL STORM	Up to 60% OFF hotel bookings
MRS. FIELDS COOKIES	Save 15% OFF regular price
OMAHA STEAKS	Extra 10% OFF online orders
SKECHERS SHOES	30% OFF select styles

GIFT CERTIFICATES

	RETAIL	CLUB
HONEYBAKED HAM		
\$25 Gift Card	\$25.00	\$22.50
SEE'S CANDIES		
Good for 1lb of chocolate	\$18.50	\$14.25

FREE SHIPPING

Club Members get FREE USPS standard shipping on all tickets and merchandise purchased through the Club.

THE CLUB DOES NOT CHARGE AN PROCESSING OR HANDLING FEES.

Los Angeles Public Library
Library's
TOP
10

Here's what LA was reading, watching and listening to in September.

Lists are courtesy Los Angeles Public Library, Central library downtown and 72 branches combined.

Books loaned

1. *Miss Peregrine's Home for Peculiar Children*, Ransom Riggs
2. *The Hidden Oracle*, Rick Riordan
3. *Between the World and Me*, Ta-Nehisi Coates
4. *15th Affair*, James Patterson
5. *The Maze Runner*, James Dashner
6. *The Sea of Monsters*, Rick Riordan
7. *The Girl With the Lower Back Tattoo*, Amy Schumer
8. *The Titan's Curse*, Rick Riordan
9. *When Breath Becomes Air*, Paul Kalanithi
10. *The Son of Neptune*, Rick Riordan

DVDs loaned

1. *The Walking Dead, the Complete Sixth Season*
2. *Deadpool*
3. *Whiskey Tango Foxtrot*
4. *Star Wars Episode VII, the Force Awakens*
5. *10 Cloverfield Lane*
6. *Hotel Transylvania 2*
7. *Sicario*
8. *Joy*
9. *Barbershop: The Next Cut*
10. *Gods of Egypt*

Books downloaded

(e-books)

1. *Harry Potter and the Cursed Child*, J.K. Rowling
2. *The Girl on the Train*, Paula Hawkins
3. *The Nest*, Cynthia D'Apris Sweeney
4. *When Breath Becomes Air*, Paul Kalanithi
5. *Fool Me Once*, Harlan Coben
6. *All the Light We Cannot See*, Anthony Doerr
7. *The Nightingale*, Kristin Hannah
8. *The Woman in Cabin 10*, Ruth Ware
9. *Truly Madly Guilty*, Liane Moriarty
10. *Before the Fall*, Noah Hawley

Download-and-Keep songs*

1. *Closer*, The Chainsmokers featuring Halsey
2. *The Greatest*, Sia feat. Kendrick Lamar
3. *My Way*, Calvin Harris
4. *Can't Stop the Feeling!*, Justin Timberlake
5. *Sit Still, Look Pretty*, Daya
6. *Send My Love (To Your New Lover)*, Adele
7. *Cheap Thrills*, Sia
8. *This Is What You Came For*, Calvin Harris feat. Rihanna
9. *Don't Let Me Down*, The Chainsmokers feat. Daya
10. *Me Too*, Meghan Trainor

* "Freemal" music via the Library lets users download and keep up to five songs a month – it's seriously free and legal! Check it out at <http://lapl.freemalmusic.com>

DWP



Rosa Tristan, Retiree, and Club COO Robert Larios. Robert presented Rosa with coveted Club Retirement Plaque.



From left: Rosa Tristan, Retiree, and Julie L. Naslund, Utility Services Manager, DWP, 39 years of City service.



Rosa Tristan's family, from left: Eric Guzman, Welder, General Services, 22 years of City service; Rosa Tristan, Retiree; baby Breelyn; Eugene Garcia; and Laren Davis.



From left: Rosa Tristan, Retiree; Rosanna Montemayor, Retired; Barbara Lombard, Field Collections Supervisor, 30 years of City service; and Condy Roughan, Retired, 40 years.



Rosa Tristan, Retiree, with her son, Eugene Garcia.



Rosa Tristan, Retiree, and Eric Guzman, Welder, General Services, 22 years of City service.



Rosa Tristan, Retiree and Grant Lewis, DWP.



From left: Rosa Tristan, Retiree, and Brenda Mitchell, Sr. Administrative Clerk, DWP, 19 years of City service.



From left: Dennis Witherspoon, CSR, DWP, 25 years of City service; and Jose "Pepe" Perez, 35 years, Retired.

Rosa Retires

Rosa Tristan retires after 30 years of City service.

A retirement gathering was held Sept. 29 for Rosa Tristan, Commercial Service Supervisor, DWP, who retires from the DWP after 30 years of City service.

The event was held at the DWP Yard on Satocoy Street in Van Nuys.

Congratulations, Rosa, on your great City career!

The Club thanks Grant Lewis and Patricia Villanueva for their assistance.



Rosa Tristan, Retiree, and Marc Araujo, CSR, DWP, 20 years of City service.



From left: Patricia Villanueva, Sr. Administrative Clerk, DWP, 26 years of City service; Rosa Tristan, Retiree; and Paulina Morey, Sr. Administrative Clerk, DWP, 20 years.



Rosa Tristan, Retiree, and George Negrete, Sr. Commercial Field Rep, DWP, 23 years of City service.



Rosa Tristan, Retiree; and Richard Cardoza, Meter Reading Coordinator, DWP, 30 years of City service.

From left: Rosa Tristan, Retiree, and Fabiola Ruvalcaba, Commercial Services Supervisor, DWP, 18 years of City service.



From left: Rosa Tristan, Retiree; with baby Breelyn; Barbara Lombard, Field Collections Supervisor, 30 years of City service; and Julie Naslund, Utility Services Manager, 39 years.



From left: Rosa Tristan, Retiree; and Courtney Jones, CSR, DWP, 14 years of City service.



The Club Store Holiday Gift Central



Official Los Angeles City Merchandise



\$8.00 Member \$10.00 Non-Member
LA City Luggage Tags
Available for LA County and CA State



\$12.00 Member \$14.00 Non-Member
LA City Lapel Pin Gift Set
Hard Enamel Classic LA City Logo



\$10.00 Member \$15.00 Non-Member
LA City Seal Beanie
Various colors and style to choose from



\$10.00 Member \$15.00 Non-Member
L.A. City Script Hat
Available in various colors



\$10.00 Member \$15.60 Non-Member
L.A. City Leather Wallets
Available in various colors



\$7.00 Member \$10.50 Non-Member
LA City Bistro Mugs
Available in various colors



\$15.00 Member \$25.00 Non-Member
L.A. City Chrome Wall Clock
Trim available in black



\$32.95 Member \$44.00 Non-Member
L.A. City Seal Hoodie
Hoodie available in different colors



\$24.99 Member \$36.00 Non-Member
L.A. City Full Zip Hoodie
Available in multiple colors and sizes



\$25.95 Member \$50.00 Non-Member
Women's French Terry Hoodie
Available in Multiple Colors



\$5.00 Member \$6.75 Non-Member
Retractable Badge Holder
Heavy Duty and Retractable



\$15.00 Member \$18.00 Non-Member
L.A. City Money Clip
Available in Gold and Silver



\$7.00 Member \$10.00 Non-Member
L.A. City Tie Clip
Available in Gold and Silver



\$10.00 Member \$12.00 Non-Member
Los Angeles City Key Fob
Available for LA County and CA State

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