

### Here Are the

# Three Most Important Things You'll Ever Need.

Do you have them?



Long-Term Care Insurance

Life Insurance

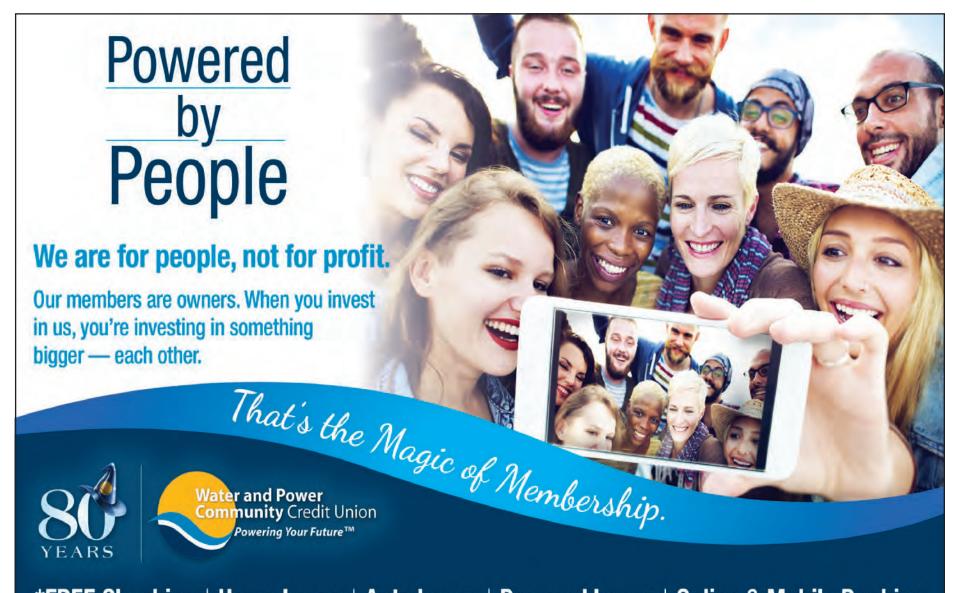
You've worked too hard to get where you are. Don't let an accident, illness or injury lead to financial ruin. Be smart. Be protected. And take control of your financial future.



Now.

See how to get the three most important things you'll ever need. It will be the smartest thing you do all year... and the rest of your life.

Go to Page 5



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\* Membership with the credit union requires a minimum \$25 balance in the member's primary savings account. Free checking accounts are Power Checking and MyStart Teen Checking. Other restrictions may apply.



### A Message From the CEO

# Big Stories, **Buried Deep**

by John Hawkins, President and CEO, The Club

There's a giant project happening near the intersection of the 134 and 5 freeways, just north of Griffith Park and across from the distinctive Disney Studios complex.

Have you seen it? You probably have, at least the parts that are visible. I know I had, many times, before editor **John Burnes** mentioned it as our next cover story. So that's what that pile of dirt is, I remember thinking!

Big pile, indeed. I didn't know the half of it.

The DWP's construction engineers are doing something really important there. Here's the story: Federal water quality rules changed recently, and reservoirs that held drinking water could no longer be open. They had to be covered.

The City decided not to cover the Silver Lake and Ivanhoe Reservoirs for various reasons, but instead replace them. That's what the Headworks project is all about -reservoirs for potable water, buried underground. Headworks East is completed and operational; Headworks West is under

It's that simple, but that massive, too, designed and managed by the DWP (built by contractors). As they say, the City has the brains, but not the brawn. This is what having the resources of a big city is all about – pulling together what is needed to get big things done.



At the Headworks Reservoir construction project are (from left) Construction Managers Alex Reyman and Alex Liu with Club CEO John Hawkins.

Next time you turn on the tap for a glass of water, think about the crew who built the reservoirs to bring that water to you – Art Saginian, Alex Liu, Alex Reyman, Juan **Izaguirre** and the rest who were otherwise occupied when we visited. It might be mostly out of sight, but with this month's cover story, it will be anything but out of mind. Bravo to the ladies and gentlemen who are building our water supply for us.

Meanwhile, we have a great issue in store for you this month - there are quite a few unique and interesting tales

- How about **Pete and Annie De Leon**, adopting three young relatives who really needed a stable home? Great story, but there's more - Pete and Annie were already retired and well into their 50s. Incredible, don't you think? Pete sent in a photo with a few details, meant simply and modestly I think for our Life's Moments section. When we received it, we couldn't quite believe it. So we called him, and we bring you their story this month. This family is just awesome, and doing well. Their selflessness is a lesson for us all.
- How about **Tamara Brown**, PSR II, LAPD, competing on the Food Network this month in their special Halloween Baking Championship? Awesome!
- · Congratulations to Bent Christiansen, former Chief Port Pilot, on his retirement.
- Nice going, Michael Tseng, for experiencing Mt. Everest. I dream of doing that, and so thanks for remind-
- And finally, if you have a nice to spare and you're looking for first-class fun for a good cause, think about attending the Cigars Under the Stars benefit for the Los Angeles Emerald Society Pipes and Drums Band. They do more than march – they play at every police funeral they can, comforting families in their time of need, and charge nothing. That's why this fundraiser is so important. Help out – and have fun – if you can. Get in touch with Det. Supervisor Scott Walton, Sgt. II Michael Apodaca, Retired, or Officer Cliff Vargas, Retired, and tell 'em I sent you.

As this is October, that means that all of the City's amazing Halloween events that you know and love are coming up fast ... and of course Mariana Guevara and everyone at the Club Store have some awesome Club

deals for you. Go get 'em, and have a fun Halloween with your family. I'm going to do exactly that.

jhawkins@cityemployeesclub.com

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A construction team from the DWP is building the largest underground drinking water reservoirs in the Western U.S

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### **IMPORTANT Telephone Numbers**

The Club's Main Phone Number The Club's FAX Number	(800) 464-0452 (213) 620-0398
City Bureau of Sanitation	(800) 773-2489
Bulky Item Pick-up & Recycle City Employees Benefit Office	ilig ' '
City Paymaster	(213) 978-7480
Commuter Services	(213) 978-1593
Deferred Compensation	(888) 457-9460
DWP Credit Union	(213) 580-1690
DW Ground official	or (800) 300-9728
DWP Employees Association	1 (213) 367-3146
DWP Health Plan & Medicar	e (800) 831-4778
DWP Information	(213) 367-4211
DWP Intake Magazine	(213) 367-1361
DWP Paymaster	(213) 367-1106
DWP Personnel	(213) 367-1934
DWP Retirement Plan Office	(213) 367-1692
Engineers and Architects Association	(213) 620-6920
Fire and Police Pension Sys	tem (213) 978-4545
LACERS	(800) 779-8328
LA Federal Credit Union	(213) 485-5000
LA Firemen's	(323) 254-1700
Credit Union	or (800) 231-1626
LA Fire Department Museum	(323) 464-2727
LA Firemen's	(0.4.0), 0.00, 0.000
Relief Association	(213) 380-2900
LA Police Federal Credit Union	(800) 872-2843
LA Retired Fire and Police Association	(888) 288-5073
Local 721	(213) 482-6660
	13) 487-9887 ext. 340
Retired LA City	(000) (70 4445
Employees, Inc.	(800) 678-4145
Ticket Hotline	(888) 777-1744
Whistleblower/	(800) 824-4825
Complaint Program	
Worker Compensation	(213) 473-3400



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### Total claims paid to Club Members in the last 12 months:

# \$4,024,586

### Claims Paid

Life Insurance

Long-Term Disability Long-Term Care

Cancer Insurance

**Total claims paid** to Club Members in the last 12 months:

**Previous** 12 Months

\$1,352,534.18

\$1,609,530.79

\$822,521.74

\$240,000

\$4,024,586.71

### Club Members' Praise

"The claims service was excellent. I was notified of the benefit I was entitled to. Paperwork was processed in a timely manner. Monica Zamudio was friendly and knowledgeable.'

#### - Suzanne Kliest, June 2015

"Your claims service was very quick and good, polite and respectful. I enjoyed my time talking to Monica Zamudio, and she listened to me. To me, when people listen to you, it helps a lot because you never know what that person's needs are. Sometimes listening to what someone has to say does help."

### - Ruth Polk, May 2015

The Club's claims "service was done quickly and in order. Reading the book [The Fall of Freddie the Leaf] took me out of a depression feeling."

- Nellie Harris, May 2015



Cecilia Talbot, Director of Claims, Member Advocate



Monica Zamudio, Claims Coordinator

You probably won't get to meet Cecilia Talbot and Monica Zamudio very often... until you really need them. That's when their service shines. So, to assure you that you are in good hands, from time to time Alive! will reprint letters commending the service given by Cecilia and her excellent staff



**City Employees Club of Los Angeles** 

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• Cancer Insurance

- Identity Theft
- Legal Services Auto Insurance
- Accident Insurance

Short-Term Disability

In-house

Counselors

**Cheryl Martin** 

Member Services

Counselor

•Long-Term Disability •Pet Insurance •Long-Term Care

## **Meet the Club Team**

These are the faces behind the Club. Our staff is dedicated to helping our members receive the maximum benefit from their membership. If you have questions, concerns or suggestions about your Club, our counselors are ready to help.

**Email us at:** info@cityemployeesclub.com if you have an event you want covered in the Alive! or if you have questions about insurance. Or call us at: (800) 464-0452

### Member Experience Team

Steven

Lambert

Member Services



**Noelle Kauffman** Manager of Member Services Ext. 105



Member Services Counselor Ext. 107



Dalila Vielma Member Services Counselor Ext. 137



Jeanette Gadut Member Services Ext. 110



Angel Gomez





**Scott Sulak** Member Services Counselor



Charlotte Swanberg Member Services



Tiffany Sy Counselor Ext. 202

City Employees Retirement System **DWP Retirement Office** Fire and Police Pensions

### Club **Store**



**Lucas Everett** 

Member Services

Counselor







Sheldon Sklar

Member Services

Counselor

Club Store Assistant Manager



Mia Sulak

Member Services

Counselor

Ronald Cortez Customer Service Associate



Megan Smith

Member Services

Counselor

Guadalupe Lira Customer Service Associate



Customer Service Associate



Customer Service Associate



Customer Service Associate

### **Team Leaders**



President & CEO

John Hawkins **Brian Trent** 

Officer



and "Discount King"

Robert Larios "Sports Dude", "Chef Larios"



Director of Product Development

### Accounting



Carole Lovato, CPA Leigh Thompson





Summy Lam

### Marketing

### Claims



Cecilia Talbot Director of Claims. Member Advocate



Monica Zamudio Claims Administrator





Michael Anderson Information Technology Management Manager



Alan Bound Business Analyst



Citlali G. Bon Nata Processing Coordinator



Rebecca Platero **Data Processing** Coordinator

### City Employees:

# Let's Talk: Clear advice from the Club's insurance experts.

Does anyone rely on your income? If so, you need life insurance!



Tiffany Sy Club Counselor tsy@cityemployeesclub.com Ext. 202

Schedule a visit with the Club's Life Insurance experts:

(800) 464-0452

### Did you know?

 The Club has an annual refund check! After claims and expenses are paid each year, the leftover life insurance premiums are divided up and given back to policyholders!

### With the Club's Life Insurance:

- You can choose to apply for \$10,000 to \$300,000 of coverage
- Your spouse/domestic partner can apply for up to \$300,000
- Dependent coverage is available
- It's portable: If you leave the City for any reason, the coverage goes with you

## **GET IT TODAY.** Here's why:

- Think about your mortgage, children's tuition, funeral expenses and serious unforeseen expenses
- You should be covered for at least four to five times your annual salary
- Life insurance pays in addition to your City benefits and any individual life insurance policy you have in force
- The Club Difference: The Club has in-house claims experts to assist with paperwork and ensure your benefit arrives as soon as possible



### **Don't forget these BENEFITS** (they're really important, too):

Club Long-Term Disability Insurance

**Club Long-Term Care Insurance** 

LACEA Insurance Services, Inc. ('City Employees Club of Los Angeles') is a licensed insurance agency offering insurance benefits to qualified Club members. The Club's CA DOI Lic. is #0B98000.

This month at the Club Store • 120 West 2nd Street • Los Angeles, CA 90012

### Get a FREE Quote on Auto and Homeowners Insurance





The United Agencies reps are appearing at the Club Store on select Thursdays. **Contact Your United Agencies Rep:** (888) 801-5522



Rosa Calderon

Oct, 13: 8:30 a.m. - 4 p.m.



Oct. 20: 8:30 a.m. - 4 p.m.

# **Club Member**

### Club Insurance

Your life and well-being are important to the Club. Get peace of mind with the Club's powerful insurance programs:

- Group Rated Term Life Insurance (\$10,000-\$300,000)
- Auto and Homeowners Insurance Call Toll Free (888) 801-5522
- Group Rated Spouse Life Insurance (\$10,000-\$300,000)
- Group Rated Long-Term Disability
- Comprehensive Long-Term Care Insurance
- Cancer Insurance (\$10,000–\$50,000)
- Group Rated Accidental Death & Dismemberment Insurance
- Identity Theft Plan
- Accident Insurance
- Security Builder Plan
- Timber Ridge Critical Illness Plan
- Paycheck Protection Plus

### Great Ticket Discounts

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Save 15%. Call the Club for discount code and password!

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Save up to 40%. Call the Club to activate your credit card.

### WallyPark

Show your Club membership card and save 20%.

> \*Visit www.cityemployeesclub.com for more discounts

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"Club Discount King"

Robert Larios



Disneyland



SAN DIEGO

















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### The Club



# Get Connected!

Follow the Club online, and get up-to-the-minute news, photos and phenomenal Club Deals!:

With Alive!, Club Members get exclusive in-depth stories and photos about being a City Employee that you just can't get anywhere else.



# Instagram



On your mobile device, open the app and search for:

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What are you waiting for? Get Connected!

Tell us what you think! talkback@cityemployeesclub.com

# **Letters to the Editor**

## **Club Presence Makes Event Even Better**



hanks to Robert Larios, who attended a retirement party for Michelle Willis, spent hours taking pictures and even presented her with an award for her 30-plus years of service! It was a great time, and the City Employees Club and Robert made it even better! Thank you so much! The City Employees Club rocks!

- Jean Coleman-Sarfaty, LAPD (via Facebook)

You are very welcome Jean! We know how much Robert believes in the importance of recognizing and celebrating employees like Michelle for their years of service. If he could attend all 500-plus retirements this year, he would! All the best to Michelle and thank you for inviting us! - Ed.

### **Family Adventure Is Just One Tesla Away**



he Iris, Thomas and Creighton Dawson and their Tesla.

I really enjoyed the article about the Dawsons taking their cross-country trip in a Tesla! What fun. Tesla makes it easy to drive an electric vehicle. If only they were more affordable and accessible to the general public. I'm glad to hear the Dawsons had quite an adventure!

### -- Stephanie Burkhart, LAPD

Stephanie Burkhart, Club Member is a bestselling romance writer in addition to being a Police Service Representative. Find her on Amazon. - Ed.

loved the story on the Dawsons family and their cross-country trip using their Tesla. It's such a beautiful car and an amazing feat. I hope over time that this sort of travel can be the norm as society wanes itself off from fossil fuels.

There is a lot to learn from this great *Alive!* article, too. The one thing that stood out for me was how many Tesla Supercharger stations there are in the United States. That is very impressive.

-- Rey Johnson, General Services

### **RLACEI Events Are Always About the Smiles and Laughs**

t is so good to see old friends at the RLACEI picnic. There are always some characters present like John Shadle and Henry Sparks. who have a big smile and laugh to share. It doesn't matter how warm it can get, it is lovely to catch up on the latest from everyone. I look forward to seeing everyone again for the holiday party in December.

-- Edward Smith, Retired

### Joannie Mukai Would Be Proud To Know the **Scholarship Winners**

ongratulations to all the recipients of the →Club's Joannie Mukai Scholarship program. I knew Joannie, and she would be very proud to know that this program has helped so many students. They are all so very talented and ambitious -my hat's off to you all.

-- Margaret Knolwood, LAFD

### Corrections

In last month's "Larios in the City," we ran a photo misidentified as being Benjamin Jimenez, Retired, DWP. That photo is actually of Jeffrey Childers, DWP, 30 years of City service. We apologize to both Benjamin and Jeffrey, and we congratulate Benjamin on his retirement after 36 years of City service.

Also, in the results of last month's "Coloring With Mariana" (our children's coloring contest), we inadvertently published the same artwork twice. Here are the two winners affected, and their fantastic art. Thanks for sending

in your pictures, Celina and Emma, and we apologize for messing up. Celina Mendoza, 12 BIRTHDAY: April 22 FAVORITE TV SHOW:

"Stranger Things" • FAVORITE SNACK: Fruit Snacks • BEST FRIEND: Serenity

 WHY DO YOU WANT TO GO TO KNOTTS? I have never been to Knotts and I would love to go. • PARENT: Gerardo Mendoza, Tree Surgeon Assistan, Rec & Parks.

### Emma Christopher, 6 BIRTHDAY: June 20 • FAVORITE TV SHOW:

"Bugs Bunny" • FAVORITE SNACK: Pirate's Booty • BEST FRIEND: Mariela • WHY DO YOU WANT TO GO TO KNOTTS? To meet Snoopy. •

PARENT: James Christopher, ECH, DWP.

## Robert's Question the Month

BY ROBERT LARIOS, Chief Operating Officer rlarios@cityemployeesclub.com

Fellow Club members answer the Question of the Month

### "What are you most thankful for?"



"I am thankful for all the family, friends and coworkers who took the time to celebrate my retirement." - Michelle Willis, LAPD, Retired



"It's the fact that I get to retire in two-and-a-half vears!"

-Dori Adler, Sr. PSR I, LAPD, 27 years of City service



"For my family and wonderful coworkers!"

– Sara Munoz. Sr. PSR I. LAPD. 17 years of City service



"My family."

–Elana Brown, Sr. PSR I, LAPD, 19 years of City service



"The gift of family!"

-Joyelle Penn. PSŘ III, LAPD, 9 years of City



"Family and friends! Family and friends! Family and friends!"

-Sandra Martin, PSR III, LAPD, 18 years of City service



"My family and my health -- may they both continue to provide happiness for

-Kathy McMahon, PSR II, LAPD, 15 years of City



"It's always been family and, now more than ever, my health.

-Sara Farell, PSR III. LAPD, 16 years of City Service



"That is an easy question, Chef Larios! It's my kids!"

-Abegave Scianni. SR. PSR I, LAPD, 8 years of City service



### **LAPD**

# **Parker Centers on** Retirement

**PSR II Kelli Parker retires after** 20 years of City service.

retirement party was held Aug. 8 for 911 Operator Kelli Parker, who leaves with 20 years of City service. Congratulations, Kelli, on your City career. Special thanks go to Dan Basilgo, PSR III, 20 years of service, for his assistance.



PSR II Kelli Parker, Retiree, 20 years of City service, with PSR III Dan Basilgo, 20 years



Capt III David Storaker, Commanding Parker, Retiree, 20 years Officer of Communications Division, 33 years of City service, with PSR II Kelli Parker, Retiree, 20 years.



From left: PSR II Ann McNamara, 15 years of service, and PSR II Kelli Parker, Retiree, 20 years.



From left: Sr. PSR I Chris Dale, 13 years of City service, and PSR II Kelli Parker, Retiree, 20 years.



Kelli Parker Betiree 20 years



PSR III Ken Yasaki, 26 years of City service, and PSR II Kelli Parker, Retiree, 20 years.



From left: PSR II Diana Montano, 10 years of City service; PSR II Kelli Parker, Retiree, 20 years; and PSR II Norma Montano, 16 years.



# PAYROLL OR PENSION DEDUCTED

# **Funeral Pre-Planning Service**

rom left: PSR II Tia Teixeira, 14

Pre-funding your funeral is easy to do. You've probably already thought about who should receive cherished possessions and how you want your funeral arranged. With the help of a funeral service professional, putting your final wishes down on paper is as easy as having a conversation with a close friend.

- Available to Club Members, Spouses, or Domestic Partners.
- Your coverage is portable. If you leave the City or DWP, you can take your coverage with you.

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**Crawford Mortuary** Northridge, CA

**Angeleno Mortuary** Van Nuys, CA

Woods-Valentine Mortuary Pasadena, CA

Cabot & Sons Pasadena, CA **Inglewood Mortuary** Inglewood, CA

Mc Kenzie Mortuary Services Long Beach, CA

Riverside-Akes Family Funeral Home Riverside, CA

**Ingold Chapel** Fontana, CA

Akes Family Funeral Homes Corona & Riverside, CA

Getting started is easy. I can help you right away!



Tiffany Sy **Club Member Services Counselor** (800) 464-0452 tsy@cityemployeesclub.com



# **Featured Club Businesses**

ADVERTISE IN THE ALIVE! AdSales@cityemployeesclub.com



Get your business in front of 30,000 City Employees and their families.

The Alive! newspaper is mailed to over 30,000 recipients each month throughout Los Angeles and beyond. The Alive! is also viewable digitally from all over the world. If you would like to feature your business below or anywhere else in the Alive!, contact Summy Lam, Director of Marketing, at slam@cityemployeesclub.com to start your ad placement right away!

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Additions, remodeling, lofts, patios, etc.

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Laura Broussard Sr. Accountant

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### Harbor



# Port Sustainability

n Sept. 15, Harbor expanded its commitment to sustainability by issuing \$35.2 million in green bonds as part of a larger debt refinancing successfully completed that week. The move marks the first time a U.S. port has entered the growing sustainability bond market, where investors support projects and companies making positive social and environmental change.

"Running a competitive and environmentally responsible port permeates every facet of our operations," said Marla Bleavins, the Port's Deputy Executive Director and Chief Financial Officer. "This bond offering and the unprecedented savings it yields speak volumes about the value of this approach.

The green bonds are part of an overall \$201.6 million bond issue that will net the Port a record present value savings of \$32.5 million, an average of \$1.9 million annually through 2040. During the process, all three top credit rating agencies – Standard & Poor's (S&P), Moody's Investor Services and Fitch Ratings – reaffirmed the Port's "AA" and "Aa2" investment rankings, the highest ratings given to a port without taxing authority.

The Port's top credit ratings reflect its strong market position, resilient revenue stream, strong financial management, superior infrastructure, cash reserves and manageable debt.

The Port's green bonds underwent an independent review to ensure the transaction conforms to international social and sustainability principles. Sustainalytics, a global leader in sustainability research and analysis whose clients include Apple Inc. and Starbucks Corp., performed the third-party evaluation. The firm validated the integrity of the Port's green bonds for three projects completed in recent years:

- The Wilmington Waterfront Park: a 30-acre green space with walkways, bike paths and a children's playground that also serves to buffer the community from Port traffic.

-- The Port of Los Angeles Police Headquarters: The structure's environmental and energyefficient features earned gold-level certification from the U.S. Green Building Council's Leadership in Energy and Environmental Design (LEED).

-- The Cabrillo Shallow Water Habitat: a 190-acre feeding area for fish and marine birds.

Information: www.portoflosangeles.org

### **CLUB MEMBER SERVICE**



# Free Notary Service



When you need a notary service, there's never any charge. It's just one of the great services to **Club Members.** 

Free notary service available during normal business hours at the:

**Club Store and Service Center** 120 West 2nd Street Los Angeles 90012 TEL: (888) 777-1744.

Appointments are highly recommended; availability to walk-ins is limited.

The City Employees Club of Los Angeles

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Aden, Kathy and Angel Jr. enjoy the gorgeous view.

ice at the top there is a loop. Take this loop for more amazing views

The Gomez Crew take

# The Watchman Trail

- Zion National Park, Utah

### Hello again!

This is the second month we are in Zion National Park, Utah. In case you did not read last month's Be Alive!, Zion National Park is only two-and-a-half hours northeast of Las Vegas. I know most people have gone to Las Vegas for a business trip or just relaxation, so do yourself a favor and travel

> just a few more hours up to Zion National Park. You will not be disappointed.

Last month, we told you about the Emerald Pools Trail. This time, we picked the Watchman Trail. This trail is about three miles round trip. It begins at the visitor center in Zion National Park and leads to the first layer of cliffs; it's about 300 feet above the starting point. I would strongly recommend you begin this trail early in the morning, because after 9 a.m. you will be in direct sunlight. If you have any hiking experience you know the best time to begin is early morning.

Kathy, Angel Jr. and Aden begin the trail.

Let's begin.

Zion Info: Zion was opened in 1909 and expanded in 1919. It is in southern Utah and is the biggest national park in Utah. More than 2.5 million people visit Zion every year for sights including the Narrows, Angel's

Landing, the Subway Trail, and many more. Some common sightings in Zion include mule deer and the endangered California condor.

The Hike: We started by entering Zion National Park. This trail was easily accessible straight from

> the entrance of the park; there is no tram needed to get to the trail. The

2.7 hike took about two hours round-trip. The tip of the day is to always begin your hiking trails early in the morning.

This trail has lots of switchbacks and is mostly uphill until you arrive at the viewpoint. Once you reach the viewpoint you will be amazed with the view. Speaking of the view, it is spectacular! Once you get to the viewpoint, you have the choice to do an extra loop for multiple views including Towers of the Virgin, lower Zion Canyon and Springdale (a town just outside of Zion). Again, this trail is uphill the entire way for at least 45 minutes. I suggest going early in the morning or later in the day. Don't forget plenty of water.

Special Notes: The trail has moderate drop-offs, so it is absolutely necessary to stay close to the inner edge. Many trails in Zion involve cliffs and drop-offs, and this one is no exception; as long as you are careful on the edges and watchful of children, this can be a safe trail with a good payoff view. (Except: If you are me and forget about safety and need to get that photo.)

Thoughts: This hike is more difficult than a flat trail. It goes uphill for a view like no other. The trail has some drop-offs, but they are tolerable, even to someone with the fear of heights. I recommend taking the short loop trail once you reach the Watchman point; you can turn back at this point, but if you choose to do the loop you can see all the other views.

I think this trail is great for anyone looking for a traditional hike with the added beautiful landscape and scenery in the area.

Remember to bring plenty of water, snacks and sunscreen. And send me a photo or two if you go!

As always, be safe and "Be



### The Watchman Trail

Zion National Park, Utah

1 Zion Park Blvd., State Route 9 Springdale, UT 84767

Cost: \$12 per person for a week. Whenever you enter the park you will be asked to show your receipt as proof for the week.

Hiking Time: about two hours Distance: 3 miles round trip

Elevation: 300-ft. elevation increase to vista point

Hours: Open 24 hours

Parking: Free with ticket purchase

Directions from L.A.: Take the 101 south to Interstate 10 Fwy east, then continue until you reach the I-15. Go north until you get to State Highway 9 East in Utah.



# A Beautiful Retirement Gift of Art

Art of Honor's quality keepsakes are now available at the Club Store



magine a spectacular piece of art hanging in a home or an office of a retiring friend or fellow coworker, a beautiful piece that will be the center of conversation for many years to come. And you will be remembered as the one that made it happen.

There is no better way for a group of colleagues or work associates to recognize a retiring friend than with an Art of Honor gift. All Art of Honor creations are custom designed, handmade and personalized. They are the only gift capable of fully recognizing and paying tribute to a lifetime in public

A unique selection of City Employees, Police Officers and Firefighters' retirement gifts are now carried at the Club Store. One of our representatives

> will assist you in ordering your customized piece that you will surely be proud to present.

Beautiful and handsome, Art of Honor pieces are the perfect way to celebrate a special moment of a family member

or coworker. When you want to say thank-you and congratulations with real impact and meaning, Art of Honor is unmistakably the way to go.

And it's a Club exclusive - another unique benefit of Club Membership.

Art of Honor, an L.A.-based company, handcrafts three-dimensional pieces in wood and metal that emulate City, County and State seals, Police and Fire badges, and other government agency insignias. The nation's only traveling

Memorial Wall honoring the LAPD fallen officers is an example of Art of Honor's fine work, along with Firefighter Glenn Allen's Memorial in the LAFD Museum in Hollywood.

### One of a Kind

Art of Honor creates art made specifically to recognize individual careers. Every legacy art piece is custom designed and handcrafted, using only the high-

est-quality materials to memorialize life-changing events.











### **See For Yourself**

Visit the Club Store and see first-hand the great quality of Art of Honor - the Club is displaying an L.A. City seal art piece for you to see and inspect. It's just one example of the beautiful art pieces available for you to see in the Club Store showroom.

### You can also see them online at:

www.cityemployeesclub.com or www.facebook.com/CityEmployeesClub

# Alive! AROUND THE WORLD



















# Berlin



### Chicago



Here's Alive! editor John Burnes waddling out after sharing a small deep-dish pizza (with the sausage disk!) at Gino's East in Chicago.



Take Alive! with you, wherever you go!

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RLACEI

### CITY RETIREE **ASSOCIATIONS**

### **Retired Los Angeles City** Employees, Inc. (RLACEI)



Ed Harding, RLACEI President www.rlacei.com Contact him: (800) 678-4145 Ext. 703 E-mail: edwardjharding@rlacei.com

### Change of Address?

If you change your address, notify Cliff Cannon, Membership Chair, at (800) 678-4145, x725, or cell: (310) 218-6646. Or write to Cliff: 1942 Radlett Ave., Carson, CA 90746.

### **Have News About Yourself?**

Contact Mary Beetz, call (800) 678-4145 Ext. 711

### **Three Retirees Groups Hold Events;** Make Sure You're at the Right One

### **RESERVATION LINES:**

RLACEI events: (800) 678-4145, Ext. 701 DWP events: (626) 445-7376 (Dolores Foley) LARFPA events: (888) 288-5063

DEC. 1 RLACEI Christmas party, Friendship Auditorium

LARFPA Christmas party, Sportsman's Lodge, Studio

### **RLACEI** Website

Hal Danowitz asks you to visit the RLACEI Website at www.rlacei.com to find the latest retirement news. If you find it helpful, or have suggestions for improvement, call Hal at (800) 678-4145 Ext. 707.

### Contact the LA City Employees' Retirement System

The Los Angeles City Employees' Retirement System is at 202 W. First Street, Suite 500, (LA Times Building), Los Angeles, CA 90012. Hours: 8AM-5PM. Phone (213) 473-7200 or (800) 779-8328. Contact them to arrange direct deposit of your retirement checks, change your tax withholding or beneficiary, or for questions about your health plans. www.lacers.org

### **DWP Retirees Association**



Dolores Foley, President Phone: (626) 445-7376 E-mail: vincedolores@gmail.com www.dwpretirees.org

### Los Angeles Retired Fire and **Police Association (LARFPA)**



Robert L. Olsen, President Phone: (323) 283-4441 Fax: (626) 285-1461 9521 Las Tunas Dr. #4, Temple City, CA 91780 www.larfpa.org

### **Explaining the Cost** Of Living Adjustment



President's Report By Edward J. Harding President. RLACEI

s mentioned in a previous column, due to As mentioned in a present an RLACEI Director. If you are an active member of the City Retirement System, you are eligible to apply. Please contact Neil Ricci, Chairman of the Nominating Committee, at (310) 650-2745, or (800) 678-4145, ext. 714. Join us to continue our mission and goal – to protect, maintain and improve retiree benefits.

I have been receiving calls regarding the cost of living adjustment (COLA), 0.9 percent, which became effective July 1.

From LACERS: "Effective July 1, you receive an annual cost-of-living adjustment, or COLA, if you are a retired LACERS Member, or an eligible surviving spouse/domestic partner who receives a continuance benefit.

Just how much of a COLA you will receive each year depends on the Consumer Price Index (CPI)

increase and how much you have 'banked.' If you have been retired less than one year, you receive 1/12th of the increase for each whole month you have been retired prior to July 1. COLA and the amount of your COLA increase depend on your retirement date. See Effective Date of Retirement

Reminder: The amount of "banked" COLA and the amount of your COLA increase dependS on your retirement date.

Because the COLA cannot exceed three percent (Administrative Code Sections 4.1022 for Tier 1), when the CPI is greater than three percent, the difference between the maximum three percent and the actual CPI will be set aside in a "COLA bank." When the CPI increase is less than three percent, the COLA bank will be utilized to increase your COLA up to the maximum three percent for the year if you have a "bank balance" available from previous years. If you have a zero "bank balance," your COLA will be the same as the actual CPI increase (up to the three percent maximum).

If additional information is needed, please call LACERS at (800) 779-8328.

For 2016, the CPI increase for the Los Angeles area is 0.9 percent. The Board adopted the following cost-of-living adjustments for eligible retired Members and beneficiaries, effective July 1, 2016, at its

### **Effective Date of Retirement**

July 1, 1980 and earlier July 2, 1980 to July 1, 1981 July 2, 1981 to June 30, 2016\*

### **Cost of Living Adjustment**

3 percent 0.9 percent to 2.217 percent 0.9 percent

\*If retired after June 30, 2015, you received a COLA of 1/12th of 0.900 percent for each full month of retirement.

### **How Do We Fund Our LACERS Pension?**



Michael R. Wilkinson

### LACERS Board Update, By Michael R. Wilkinson

From time to time I like to use this column to write about how LACERS uses actuarial services. As our actuary, Paul Angelo of the Segal Company, likes to point out, there is one overriding formula that rules all financial decisions that we make.

C + I = B + E, where C is contributions, I is investment earnings, B is benefits paid and E is expenses.

There are only two sources of money to fund the pension and health benefits, and there are only two things that the money is spent on. Contributions (from the active employees and the City) plus investment earnings equals benefits paid out plus administrative expenses.

We use our actuary to make sure we are funding the plan on an actuarial basis. This means that for each active worker, the plan is putting away money from contributions and investments earnings while the worker is still working, so that a sufficient amount is set aside to fund the worker's full retirement when he or she retires. Think of it as the way a chipmunk puts away acorns for the winter.

The opposite of actuarial funding of pensions is "pay as you go," where there is no nest egg of investments and contributions set aside and the monthly payments are funded out of current earnings and contributions. Many pension health plans in this country are funded this way, but not LACERS. LACERS has been setting aside money for the health plans decades before other pension plans adopted this strategy.

Our actuary takes both the projections as well as the actual experience of the money coming in from employee contributions (for most active employees, this is 11 percent of pay) and investments returns as well as the money going out to benefit payments and expenses to run the plan. With this calculation, our actuary determines the amount that must be paid in the following year by the City as a percentage of the payroll for active employees.

The City is legally required to make the employer contribution to keep our plan financially sound and has made this payment every year. Some of the most troubled plans around the country, such as the New Jersey state plan, are in financial distress largely because the employer chose not to make the regular contribution and thus underfunded the

In the most recent year, for contributions set to begin July 1 based on the prior year's valuation, the City paid a contribution rate of 27.62 percent of payroll, which represented a reduction from the previous year of 28.88 percent. Both of the rates are subject to additional adjustment for factors I will not cover here because of space constraints.

### **Court Ruling Indicates Future Pensions Could Be Modified**



Michael Karsch

**Legislative Report:** Pension Law and Policy, By Michael Karsch

recent decision of a California Aappellate court addresses a right to future reasonable pension benefits. As reported by the Daily Journal of Los Angeles Aug. 31, this appellate court "ruled that future pension benefits of current public employees are subject to reasonable modifications so long as employees retain the right to a reasonable pension."

First of all, three caveats: This ruling "applies only to county retirement systems." This ruling is dependent "on the success of the subsequent appeal, which is certain to follow." And this ruling allows changes to pension benefits up to the time that an employee retires (i.e., he or she then gets to keep what he/she thought their pension amounted to).

The case is between the Marin Association of Public Employees and the Marin County Employees' Retirement Association. The case is based on the California Public Employees' Pension Reform Act of 2013, which the Legislature and the governor approved. That reform excluded certain items of compensation of an employee for purposes of determining the final compensation of that employee, which is key to determining his or her pension. The target was any add-on item that enhances a member's pension benefit. The employee group immediately sued, arguing "they had a vested right to the continued inclusion of payments formerly included" under the old (pre-2013 reform act)

The Court ruled that: "...While public employees have a vested right

### RLACEI

to a pension, a right that is secured at the time of employment, such a right is not to a fixed or definite pension but to a reasonable pension. As such a legislative body may make modifications to a pension system up until an employee's retirement in consideration of changing conditions that impact the viability of the system, such as those brought on by the Great Recession."

This ruling permits some changes to a public employee's pension before he/she retires, but characterizes this as "reasonable modifications" so long as the employees "retain the right to a reasonable pension." As said above, this case technically applies to county employees, but the broader impact is to support the flexibility of the 2013 Pension Reform Act for California pensions.



### **Local 9/11 Ceremony Recalls the Fateful Day**



Lee Kebler

Thad the honor of attending the and the LAFD Honor Guard; Police **1**9/11 Memorial Service, held Sept. ■ 9 at the Frank Hotchkin Memorial Training Center in Elysian Park in front of the 9/11 Memorial at the entrance to the Training Center. The memorial is constructed from a 23-ton steel section from one of the towers at Ground Zero. The event was well attended by representatives from employee organizations, Councilpersons, Fire and Police personnel and the general public.

Highlights of the ceremony started with the haunting melody of "Amazing Grace" played by the LAFD Piper; the Los Angeles Police Emerald Society Pipes and Drums; all but one of the previous services

Officer Rosalind Curry's beautiful rendition of "The National Anthem;" Fire Capt. Daniel Curry singing "God Bless America;" the bell-ringing ceremony; and excellent remembrance speeches by Mayor Eric Garcetti, Fire Chief Ralph Terrazas and Police Chief Charlie Beck.

One of the themes prevalent throughout the ceremony was that everyone remembers what they were doing at the time they heard of the horrendous event of the planes striking the towers and how it has impacted their life in the City and their Departments. Having attended

at the Hotchkin Memorial Training Center, this was the best one that I have attended.

I should point out that the bellringing ceremony is a tradition in the Fire Service throughout the United States. In Los Angeles it consists of ten strikes of a fire bell at one-second intervals. This signal is carried out at all memorial ceremonies and transmitted to all fire stations when a Firefighter passes away.

I'm looking forward to seeing vou at our Christmas Party Dec. 11 at the Sportsman's Lodge in Studio City. For more information, call our office at (888) 288-5073.

### Attend a LACERS **Open Enrollment Meeting**





### **LACERS Update By Mary Beetz**

his year, LACERS' 2017 open enrollment period will be from Oct. 17 through Nov. 17. During this time, you may attend an open enrollment meeting and learn about any changes LACERS' health plans for the 2017 plan year. The meetings will provide you an opportuni-

ty to speak with your health plan representatives. Also, LACERS staff will be available to answer any health plan questions you might have and assist you with the enrollment process.

Meeting dates times and locations are listed below:

### LACERS' health plans open enrollment meetings:

### Los Angeles

Tues., Oct. 18 at 10 a.m. The California Endowment 1000 North Alameda St. Los Angeles, CA 90012

### Ontario

Tues., Nov. 1 at 10 a.m. DoubleTree Hotel 222 N. Vineyard Ave. Ontario, CA 91764

### Ventura

Thurs., Oct. 20 at 10 a.m. Ventura Beach Marriott 2055 E. Harbor Blvd.

### San Pedro

Thurs., Nov. 3, at 10 a.m. DoubleTree Hotel 2800 Via Cabrillo Marina San Pedro, CA 90731

### Van Nuys

Thurs., Oct. 27, at 10 a.m. Airtel Plaza Hotel 7277 Valjean Ave.

### Las Vegas

Mon., Nov. 7, at 10 a.m. The Orleans Hotel 4500 West Tropicana Ave. Las Vegas, NV 89103

www.LACERS.org/retired or by calling LACERS at (800) 779-8328,TTD (888) 349-3996, Monday thru Friday,

You can now make reservations to attend 8 a.m. to 5 p.m. Note: Voicemail or email messages an open enrollment meeting by reserving online at will not be accepted as reservations. Reservations will be accepted for one Retiree and one guest.

# Save the Date for the RLACEI Holiday Party! – Dec. The holidays are around the corner! For all RLACEI members, save the date for the annual holiday party, scheduled for Dec. 1 at Friendship Auditorium. Make your reservations now by using the contact information listed on page 12.

# For Retired **Club Members**

### **CONTACT THE CLUB:**



**Tiffany Sy** Club Member Services Counselor, In-house (800) 464-0452, Ext. 202

TSy@cityemployeesclub.com www.cityemployeesclub.com

### RETIREMENT HELPLINE

Who to call? Call the Helpline and reach the officers of the Retired Los Angeles City Employees, Inc. If you move or change your address, contact Cliff Cannon. Also notify LACERS, ACEBSA and LAFCU. For information on problems, activities, meetings or membership. Each officer's extension is listed below.

**Los Angeles City Employees'** (800) 779-8328 **Retirement System:** 

#### **RLACEI Retirement** (800) 678-4145 **Counselors and Retiree Helplines**

• Mary Beetz Ext. 711 • Cliff Cannon (membership) Ext. 715 • Hal Danowitz Ext. 707 • Americo Garza Ext. 710 • Edward Harding Ext. 703 • Michael Karsch Ext. 704 Gary Mattingly Ext. 702 Phillip Orland Ext. 709 • Neil Ricci Ext. 714 Helen Salgado Ext. 713 Ken Spiker Ext. 705 • Tom Stemnock Ext. 708 • Michael Wilkinson Ext. 712 **Ouestions:** Ext. 0 RSVP: Ext. 701

### RLACEI:

**DWP Retirement** 

**Plan Office** 

Edward Harding: President Tom Stemnock: First Vice President Phillip Orland: Second Vice President Hal Danowitz: Secretary/Treasurer

### **Committee Chairpersons**

Mary Beetz: Publicity Cliff Cannon: Membership Hal Danowitz: Finance

Americo Garza: Picnic, Holiday Party and Installation Neil Ricci: Health and Nominating Michael R. Wilkinson, Legal and Legislative Tom Stemnock: Audit and Golf

### **Directors**

Mary Beetz Cliff Cannon Americo Garza Michael Karsch Gary Mattingly Neil Ricci Helen Salgado

Michael R. Wilkinson



(213) 367-1722

# BestYears

By Hal Danowitz,

Secretary, RLACEI

### For Retired Club Members

# Ankle's Aweigh

Hal and Co. begin a one-way cruise from South America. Part 2.

ast March, Hal and **L**his wife, Evelyn, and relatives Don and Myrna took a one-way cruise that began in Chile, but first visited the Galápagos Islands.

The Galápagos Islands, a volcanic archipelago in the Pacific Ocean, is a province of Ecuador, lying about 800 miles off its coast; the Galápagos is

considered one of the world's foremost destinations for viewing wildlife. Its isolated terrain shelters a diversity of plant and animal species, many found nowhere else. Charles Darwin visited in 1835, and his observation of Galápagos' species later inspired his theory of evolution. The archipelago is made up of 19 islands and has a population of around 25,000. Almost all of the people live on just two islands.

On March 8, the ship moved between islands during the night, and, on our first night at about 4 a.m. it picked up speed, and the noise and vibrations woke us both up. I opened the shade and saw a lot of stars. Because we were on the equator, the big dipper was just on the horizon. We both managed to doze off again.

That morning, we were up at 6:15 a.m. and ready for breakfast at 7. We then had a snorkeling safety lecture and picked up our snorkeling gear.

We were off the island of Santiago and had a wet landing on a black sand beach, where we would snorkel after our 90-minute walk. Darwin visited this beach in 1835. On the way to shore, we saw a large heron. The walk was semi-rocky and had a lot of uneven terrain. We saw a number of iguanas, some seals, one fur seal and many Sally Lightfoot crabs. It was very warm without cloud cover. Early in the trek, Evelyn slipped on a wet rock and twisted her ankle and got a cut above her big toe. She was very brave and continued the walk using my walking stick. By the time we got back to the beach we were both exhausted. I did a little snorkeling but didn't see anything. Getting back onto the dinghy was not fun -- the surf had increased, and it was harder for ship's personnel to control it, but we made it back to the ship.

After lunch (a great red snapper cooked in salt), I took Evelyn to the doctor. He spoke no English, but from gestures and our limited Spanish he got the idea and taped and wrapped the ankle. Just for fun he added a shot of antibiotics in the butt. She was walking with a cane. Time would tell if she could do anymore walks.

After lunch the head guide gave an hour lecture on the creation of the island. It was very interesting, and I felt I learned a lot.

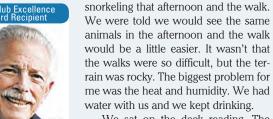
That afternoon I stayed aboard with Evelyn and missed the walk of 372 steps up to a lookout point on the island of Bartolome. The island is known for a large colony of tropical penguins. I hoped to do both walks the next

Dinner that night was a barbecue on the pool deck and then, if it was clear, some

Overall we had not seen the number of creatures that we expected, but the ship was very nice and the crew very attentive.

The barbecue was very nice -- good food and company. We were very lucky with our tablemates. We had great conversations on travel and other subjects. They were also in our shore group. It was too cloudy for stargazing, so we would try again tomorrow.

The next morning, March 9, Evelyn's ankle seemed better. I stayed aboard again that morning but participated in the deep- water



We sat on the deck reading. The ship's doctor came to check on Evelyn and told her to keep it wrapped for ten days. Evelyn already had her doubts about him. The weather continued to be warm and very clear, with no clouds.

The ship, for being older, was kept in very good condition. The outside area had a





swimming pool and hot tub. There were lots of lounges, chairs and two hammocks to relax in. The furniture was rattan. One little problem was the bathroom sink has an automatic shut off, so the water ran for only five seconds then stopped, so you have to push it again. The boat operators tried to be environmentally conscious with everything.

Here's some more on yesterday's lecture on how the Galápagos and Hawaii Island chains were created and their continued development: They came from hot spots in the earth's core, with lava flowing up to the surface of the earth to form the islands. As the earth's plates moved, the hot spots created the next island in the group.

That day's lecture was on the conservation of the Galápagos Tortoise, of which there are

The deep-water snorkeling was fun. I've seen more fish in Hawaii, but I did see a number of white-tipped sharks, which was new to me. The water was very clear and warm enough that you didn't need at wetsuit.

change for the afternoon walk. It was a dry landing on North Seymour Island, where we had to





climb up the small cliff. It was not a difficult walk, and it was not too hot. We saw blue-footed boobies. frigate birds, lots of sea lions (moms and pups) and iguanas. While it was a dry landing, we got hit by a large wave that came up on the beach, and we all got our wet feet.

After dinner we sat in the bar area with our new friends and talk-

ed. We had made a number of new friends. Everyone promised to keep in touch; we will

Our flight scheduled for the next day had been delayed a couple of hours, so we didn't have to wake up too early.

Because of the flight delay (it was interesting that Avianca knew that the flight would be delayed more than 12 hours before it was scheduled), everything was pushed back one

After breakfast that next morning, March 10, we had a wet landing on Bachas Beach (Santa Cruz); this beach is one of the main nesting sites of the sea turtles. Because of the one-hour delay we did not see any, but we did see tracks and the nests. The sea turtles lay eggs only at night, so had we actually been an hour earlier we might have seen them. Evelyn and I did see giant sea turtles laying

eggs on a beach in Maui a few years ago. We did see two flamingos, lots of pelicans and some iguanas. The beach got the name Bachas Beach because, during World War II, the U.S. Navy operated an airbase on Baltra Island, and some barges broke loose and washed up on the beach on Santa Cruz. The locals couldn't pronounce the word barge, so they called it Bachas. There is still some wreckage on the beach. Evelyn was feeling much better and went on this walk. It was pretty sandy and flat.

We got back to the

ship in time to put on dry shoes, and we left for the airport at 10 a.m. ship's time. Time on the Galápagos Islands was one hour earlier then mainland Ecuador, but the ship stayed on mainland time. Once we got to the airport, we were on Galápagos time. They wouldn't let us go to the gate, and no one seemed sure of what time the plane would be there. We sat in the waiting area with our new friends. We finally got to the gate area after about an hour, and still no plane. Now, here was the difference between an American airline company and a foreign carrier -- Avianca gave us lunch at the gate area. and also we each received a \$60 voucher that could be used with Avianca and possibly its Star Alliance partners.

We finally got back to Quito about 5:30 p.m. mainland time and got to the hotel at 7:30 p.m. We dropped our bags in the room and headed for the bar on the seventh floor it had a great view of the city lights, and had a hamburger and fries. The burger was very

We had to be at the airport for a 6:30 a.m. flight the next day, so our pickup was sched-

Some advice on the Galápagos Islands -while it sits on the equator, the weather does change. March is the worst; we were lucky -- while it was hot, there was no rain. May, June and July are better -- a little cooler but a lot more people. Get a good pair of walking sandals that can get wet. Do your research on which islands you want to visit based on the wildlife and plant life. Ours was a four-day/ three-night tour; some are as long as 14 days. Be prepared for good days and not so good days in viewing the wildlife. It is a wonderful place, and you can't go wrong with a visit. We booked the Galápagos trip with Adventures Within Reach (AdventuresWithinReach. com) and worked with Robin Paschall.

Next month I'll recount our visit in Santiago, Chile.



# Retirements

Here's a listing of all those who retired from the City this month. To all we say, welcome to the Best Years!

NAME	TITLE	DEPT.	YEARS
Ables, Adriane Conzella	Sr. Management Analyst	LAPD	28
Adams, Bruce Edward	Warehouse Worker	Gen. Services	13
Aguayo, Jose Berlamin	Gardener Caretaker	Airports	26
Ayala, Frank	Asst. St. Lighting Electrician	Public Works	31
Baker, Scott	Painter	Rec and Parks	21
Baliton, Edwin S.	Management Analyst	LAPD	31
Barth, Linda J.	Sr. Management Analyst	Rec and Parks	31
Bell, C.F.	Refuse Collection Truck Op.	Public Works	30
Birk, Selena B.	Deputy General Manager	Airports	26
Brown, Eldeena L.	Witness Service Coord.	City Attorney	16
Busch, Valerie L.	Rec Facility Director	Rec and Parks	20
Callas, Peter C.	Chief Inspector	Building & Safet	v 31
Canty, Scott D.	Art Curator	Cultural Affairs	30
Carrillo, Carlos	Gardener Caretaker	Z00	27
Carter, Robert L.	Street Services Investigator	Public Works	30
Catalfamo, Sam	Background Invest. Mgr.	Personnel	18
Chapman, Marion A.		Public Works	33
Christiansen, Bent L.		Harbor	17
Clark, Donald D.	Equipment Operator	Public Works	33
Colobong, Kathleen M.	City Attorney Admin. Coord.	City Attorney	32
Combs, Harald R.	Equipment Specialist	Airports	35
Cox, Theodore M.	Construction Inspector		15
D'Angelo, Raymond	Sr. Detention Officer	LAPD	31
De La Cruz, Andres G.	Engineering Designer	Public Works	30
DeVera, Marilu Fermin	Sr. Accountant	Transportation	31
Diaz, Ernest	Street Services Worker		30
Diaz, Teresita B.	Pr. Tax Auditor	Finance	30
Eskander, Nassef A.	Architect	Public Works	31
Espinoza, Teresa	Management Analyst	I APD	31
Estrada, Antonia	Legal Secretary	City Attorney	29
Flournoy, Carol L.	Sr. Admin. Clerk	Airports	19
ong, Timothy	Building Mech. Inspector	Building & Safet	
Fuller, Louis Frank	Plumber	Airports	y 30 10
Silmore Simpson, Margaret		Personnel	31
Gloriani, Antonio J.	Sr. Personnel Analyst Construction Inspector		33
Gloster, John	· ·	Harbor	33 43
•	Equipment Operator		
Gooley, Ruth A.	Librarian	Library	20
Gossett, Linda K.	Electrical Craft Helper	Airports	10

NAME	TITLE	DEPT.	<b>EAR</b>
Greene, Robin Lea	Occupational Psychologist	Personnel	23
Gyaw, George T.	Electrical Craft Helper	Transportation	15
Habashy, Marsill Nasiff	Swim Pool Clerk	Rec and Parks	5
Haddad, Teresa M.A.	Exec. Admin. Assist.	LAPD	30
Hagebeck, Richard L.	Street Services Super.	Public Works	33
Hale, Michael	Sr. Management Analyst	Harbor	30
Handford, Iona Patrice	Sr. Police Serv. Rep	LAPD	30
Hansell, Stephanie Y.	Pr. Clerk	City Attorney	30
Headley, Charles Vincent	<b>Construction Inspector</b>	Airports	27
Hill, Cherron Marie	Sr. Personnel Analyst	LAPD	33
Holdaway, James H.	Graphics Supervisor	Harbor	32
Hsieh, Ping Hua	Accounting Clerk	LAPD	25
Hunter, Millicent	Systems Analyst	Finance	30
Johnson, Charlene Felice	Police Service Rep	LAPD	20
Johnson, Terry L.	Warehouse Worker	Housing	6
Keys, Cameron N.	Video Technician	ITA	13
Kramer, Keith D.	Sr. Animal Control Officer	<b>Animal Services</b>	31
Kubo, Alan	Gardener Caretaker	Rec and Parks	10
La Fargo, Jo Ann	Administrative Clerk	Public Works	34
Lavelle, Robert James	Wastewater Treatment Op.	Public Works	32
Lawson, Holly L.	Exec. Administrative Assist.	Public Works	38
Lee, Lincoln K.	Dep. Superintendent of Building	<b>Building &amp; Safety</b>	27
Lim, Jung Soo	Sr. Systems Analyst	Public Works	27
Luna, Laura R.	Police Administrator	LAPD	31
Manolo, Oscar Cruz	Air Conditioning Mechanic	Gen. Services	34
Marin, Alvaro Alejandro	Systems Analyst	Fire Police Pensions	31
Martinez, Frank	Truck Operator	Rec and Parks	30
McKeen, Scott J.	Construction Inspector	Public Works	15
Medina, David Joseph	Storekeeper	LAPD	36
Miller, James Edward	Tax Compliance Officer	Finance	12
Miranda, Adriana	Management Analyst	Disability	23
Morrill, Richard Scott	Signal Systems Super.	Transportation	36
Navid, Abdul H.	Plumbing Heat Tech. Advisor	Public Works	35
Olivares, Primo	Custodian	Gen. Services	13
Parker, Kelli Ann	Police Service Rep	LAPD	20
Peelen, Larry Allen	Forensic Print Specialist	LAPD	20
Perales, Larry L.	Rec Facility Director	Rec and Parks	31
Perez, Cynthia M.	Admin. Coord.	City Attorney	38

NAME	TITLE	DEPT. Y	EARS
Pickler, Linda Theresa	Systems Analyst	Public Works	27
Podolsky, Brian Keith	Sr. Transportation Eng.	Transportation	30
Popper, Anthony I.	Pr. Storekeeper	LAPD	28
Portillo, Nelber R.	Asphalt Plant Operator	Public Works	16
Prado Paredes, Guillermina	Administrative Clerk	LAFD	10
Rahim, Khalid	Comm. Electrician	ITA	13
Ramirez, Alfred	Plumber	Public Works	31
Regala, Ulysees O.	Sr. Accountant	Public Works	32
Reyno, Ofelia D.	Dept. Chief Accountant	Finance	31
	Management Analyst	LAPD	20
Rios, Fernando	Background Investigator	Personnel	12
Rios, Lona A.	Administrative Clerk	Building & Safety	27
Robles, Albert V.	Carpenter	Harbor	26
Robles Vasquez, Ana	Management Analyst	Economic/Workforce Dev	30
Roman Carelli, Marisela	Legal Secretary	City Attorney	31
Rourke, Rodies Ayessa	Animal Keeper	Zoo	17
Salinaz, Susana L.	Secretary	LAPD	16
Saulpaugh, Myron H.	Superintendent of Operations	Airports	27
Schmidt, Teri Lynn	Sr. Management Analyst	Public Works	30
Sears, Frances La Mont	Management Analyst	LACERS	21
Sillas, Jose Miguel	Gardener Caretaker	Rec and Parks	27
Smith, Susan M.	Sr. Construction Inspector	Public Works	26
Soo Hoo, Bow Lam	Field Engineering Aide	Public Works	28
Stewart, Mark A.	Sr. Traffic Supv.	Transportation	20
Strazzella, Harry R.	Chief Construction Inspector	Public Works	26
Sublett, Tim M.	Heavy Duty Equip. Mechanic	Airports	30
Sullivan, Stephanie J.	Pr. Clerk	City Attorney	33
Tait, Hannah	Special Programs Assist.	Rec and Parks	9
Tanner, Ellen R.	Sr. Librarian	Library	12
Tenchavez, Carmen M.	Administrative Clerk	Library	35
Tompkins, Cathy Z.	Management Analyst	Transportation	31
Urssery, Robert W.	Legal Assistant	City Attorney	32
Vidnic, Joseph	Cement Finisher	Public Works	30
Webb, Carlo Tracy	Maint. Constr. Helper	Public Works	40
Webb, Mercede L.	Administrative Clerk	Library	10
Wong, Frank M.	Systems Programmer	Airports	17
vvolly, malik ivi.	Systems riugianiniei	Allhous	17



If you have news about yourself, family or other retirees that you would like to share with our readers, send it and we will publish it.

If you would like to contact a former City Employee that you met or worked with, send your contact information and we will publish it so they can contact you.

*Note:* Due to our confidentiality policy, we do not give out any information without authorization.

### Mail information to: **Mary Beetz**

137 Westmont Drive, Alhambra, CA 91801

Email: mbeetz4841@aol.com



**RLACEI** 

When you sign up to read *Alive!* on the Internet instead of in print, RLACEI will send you a \$5 gift card from either Starbucks or See's Candies (your choice). Reading Alive! online will save RLACEI the cost of printing and mailing ... and lots of trees!

It's all the same great Alive! content very month - retiree news, wellness infor mation, newly retired lists, and of course all the great ticket and apparel Club deals to stretch your budget.



### How to switch to the digital Alive!:

Send your request via email to <a href="retiree@rlacei.com">retiree@rlacei.com</a>. Include your name, address and the last four digits of your social security number (not the whole number), and your choice of either a Starbucks or See's Candies card.

Gift card offer limited to the first 1 000 RLACE Members who apply and to members not currently receiving Alive! by email.



### For Retired Club Members

# BestYears



### **Ask the Dietitian**

Tara Miller, MS RD/N LACERS Well Program Coordinator

Healthier Leaner Stronger

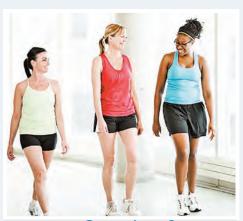
A monthly question-and-answer feature with Registered Dietitian/Nutritionist Tara Miller, LACERS Well Program Coordinator



# Walking in Place Is Just As Beneficial

"Is walking in place for 30 minutes equally beneficial as walking regularly for 30 minutes?"

- M. Galang, Baldwin Park, LACERS Well Member



**Questions?** 

Do you have a question for Tara, the LACERS Registered Dietitian? Write to her: talkback@cityemployeesclub.com

S urprisingly, walking in place  ${\it can}$  be as beneficial as walking on a treadmill or outdoors! Not only is it convenient, since it doesn't require good weather or safe, well-lit roads, it can be done in short bursts throughout the day in the comfort of your own living room. To be effective at improving overall health, walking in place should involve a significant increase in exertion.

Consider these self-awareness tips for making the most out of your time and

Listen to your inner fitness guru: Not sure if you are working too hard or not hard enough? Your sweat and rate of breathing are your body's way of communicating effort. You can also use the talk test. If you can keep up a conversation or sing a song during your exercise with some, but not overwhelming, effort, you are likely in the right aerobic zone for your fitness level. But if doing so makes you breathless, or if you experience prolonged fatigue, nausea or dizziness, you may be overdoing it.

For more accuracy, call upon your inner mathematician: For aerobic activities, strive to raise and maintain your heart rate for 15 minutes or more, at 50 to 70 percent of your maximum heart rate (MHR). You can estimate your MHR and aerobic range with the following calculations:

- Maximum Heart Rate (MHR): 220 age • Aerobic Range: MHR x .50 = Beats Per Minute and MHR x.70 =\_\_\_Beats Per
- Minute This means, for example, that if you are 70 years old, your estimated maximum heart rate (MHR) is 150 and your aerobic range is

75-105 beats per minute while exercising.

For even more accuracy, add smart **technology:** Consider using a wearable device such as a FitBit, or portable heart rate monitor (e.g. Polar, Garmin, and Apple Watch), which can detect steps, heart rate/ pulse, and even navigation. Smart apps can help you stay motivated and track your progress.

For strengthening and increased calorie burn, add arm exercises with hand weights. And of course, make it fun. Although exercising during your favorite show or on commercial breaks is fine, you will likely be more inspired to stick with it if you move to upbeat music or videos/programs designed to keep you active and engaged.

# **Move Toward a** Healthier, Leaner, Stronger You!

By Tara Miller, RD/N LACERS Well Program Manager, and Caitlin 

According to Newton's first law of motion, "an object at rest stays at rest and an object in motion stays in motion." While this law is commonly associated with physics, we can also apply it to ourselves as it relates to health. A body in motion, one that's active and mobile, tends to stay that way due to muscle tone and efficient oxygen use. Conversely, a body at rest, or sedentary, leads to muscle weakness and fatigue. Exercise and physical activity are always important, especially as we age. With a loss of bone density and muscle mass, and a decrease in flexibility, exercise and maintaining an active lifestyle becomes even more important the older we get. In fact, starting or maintaining a regular exercise program has been shown to slow or even reverse some of the effects of aging. Luckily, it's never too late to get moving and reap the benefits no matter how sedentary you may have been.

### Why Cardio?

Cardio, also known as aerobic exercise, refers to activities that increase the need and use of oxygen, and involves light-to-moderate exertion for a prolonged period of time, such as 15 minutes or more. The better a cardio-vascular system is conditioned, the more efficient the use of oxygen becomes. The American College of Sports Medicine (ACSM) recommends that seniors continue to engage in regular cardio, or aero-

bic exercise, for its many physical and mental benefits. According to the Partnership for Prevention, an evidence-based disease prevention coalition, senior's are the least likely of all age groups to regularly exercise, but can often benefit the most.

Finding a routine that is fun and increases your fitness level is key to improving your quality of life and may even increase your life expectancy. Regular exercise can help control your blood pressure, strengthen your heart and bones, boost energy and even help reduce depression. During aerobic activity, you'll breathe faster and more deeply, maximizing the amount of oxygen in your blood. Your heart will beat faster, increasing blood flow to your muscles and back to your lungs. Your small blood vessels (capillaries) will widen to deliver more oxygen to your muscles and carry away waste products, such as carbon dioxide and lactic acid. Your body will even release endorphins, natural painkillers that promote an increased sense of well-being, while minimizing the aches and pains of chronic conditions such as arthritis.

### **Health Benefits From Cardiovascular Activity**

Here are some health benefits you might experience when you commit to cardiovascular activity:

- Weight management: along with a healthy diet, aerobic exercise helps you lose weight and keep it off.
- Increased endurance: Aerobic exercise may induce short- term fatigue, but over time, you''ll enjoy increased stamina and endurance.
- Reduced health risks: Aerobic exercise reduces the risk of many conditions, including obesity, heart disease, high blood pressure, type 2 diabetes, metabolic syndrome, stroke, and certain types of cancer. Weight-bearing aerobic exercises, such as walking, reduce the risk of osteoporosis.
- Manage chronic conditions: Aerobic exercise may help lower blood pressure and control blood sugar. If you have coronary artery disease, aerobic exercise may help you manage your condition.
- Stronger heart: A stronger heart doesn''t need to beat as fast. A stronger heart also pumps blood more efficiently, which improves blood flow to all parts of your
- Boost your mood: Aerobic exercise may ease the gloominess of depression, reduce the tension associated with anxiety and promote relaxation.
- Stay active and independent as you age: Aerobic exercise keeps your muscles strong, which can help you maintain mobility as you get older. Aerobic exercise also keeps your mind sharp. At least 30 minutes of aerobic exercise, three days a week appears to reduce cognitive decline in older adults.

### **Get Active, Stay Active**

Whether it's running a marathon, hiking in the woods, swimming laps, or just walking around the block with a friend, the most important part of choosing an exercise or activity is finding something you enjoy. Some popular ways to get your heart pumping include: walking,

jogging, swimming, biking, hiking, golfing (if you walk the course), or water aerobics classes. Having a workout buddy can also help you to stay motivated and accountable. Find someone who enjoys the same activities as you, or challenge each other to

try something new. No matter which exercise routine or activi-

ties you choose to engage in, always remember to know your limits and listen to your body. If you are new to cardio exercise, have been inactive for a while, or have any medical conditions that could be affected by exercise, it's very important that you have your health care provider clear you for exercise before you start. If you take any medications for blood pressure or

> heart disease, make sure you ask what effect they can have during exercise, or if you should avoid any specific activities. If you have any chronic conditions (including diabetes or hypoglycemia), ask your health care provider

to identify any symptoms or signs (such as faintness, dizziness, chest pain, irregular

heartbeat, or joint pain) that may mean you should stop your exercise session, and ask if there are any special instructions for timing your exercise sessions in relation to eating or taking your medications.

### Getting in the "Zone"

Your pulse is your heart rate, or the number of times your heart beats in one minute. Pulse rates vary from person to person. Your pulse is lower when you are at rest and increases when you exercise (more oxygen-rich blood is needed by the body when you exercise). Knowing how to take your pulse can help you evaluate your exercise program.

### How to take your pulse:

- Place the tips of your index, second and third fingers on the palm side of your other wrist, below the base of the thumb. Or, place the tips of your index and second fingers on your lower neck on either side of your windpipe.
- Press lightly with your fingers until you feel the blood pulsing beneath your fingers. You may need to move your fingers around slightly up or down until you feel the pulsing.
- Use a watch with a second hand, or look at a clock with a
- Count the beats you feel for 10 seconds. Multiply this number by six to get your heart rate (pulse) per minute.
- Count your pulse: \_\_\_\_ beats in 10 seconds x 6 = \_

Your aerobic routines should be safe, yet challenging enough to boost your heart rate into an aerobic target heart rate zone, about 50 to 70 percent of your maximum heart rate. According to the American Heart Association, the maximum heart rate for seniors ages 60 to 65 is about 160 beats per minute, while the maximum for seniors ages 65 to 70 is 155 and for ages 70 and over is about 150 beats per minute. A lower pulse rate (in the range of healthy rates for age) is generally the marker of a better-conditioned heart during activity because this indicates that the heart is more efficient in pumping larger volumes of blood with less overall work.

### **How Much Is Enough?**

Aerobic routines should be long enough to move you into an aerobic state without causing overt fatigue. To maximize the benefits of an aerobic routine, it should consist of the following:

- A warm-up of about 10 to 15 minutes
- An aerobic workout in the target heart rate zone for 20 to 30
- A frequency of five days a week (for a total of 100 to -150 minutes/week)

The American College of Sports Medicine recommends that people just starting an aerobic routine start with sessions lasting no more than about 10 minutes and work up from there as endurance

The LACERS Well Champion Program hosts several ongoing cardiovascular activities. Check out the Champions and their activities by logging on to www.LACERS.org/lacerswell.

Ready to challenge yourself? Log on to www.LACERS.org/ lacerswell and click on "Featured Challenge." This month's challenge: determine your resting pulse rate, calculate a healthy range for aerobic activity (for your age), and track three days'- worth of pulse rate during activity.

Content in this article is provided for your information only and should not be construed as medical advice or instruction. Readers should consult appropriate health professionals on all matters relating to their health and wellbeing

# **Tech Conference** for Seniors

LACERS hosts a conference to help seniors use, manage technology.

Story and photos by Tiffany Sy, Club Counselor. Some photos courtesy LACERS

The Club had a strong presence as LACERS Well hosted its second annual technology event for seniors entitled "Empowering Seniors with Technology." Nearly 150 attended the event, held Aug. 30 at the California Endowment Center and sponsored by Anthem Blue Cross.

LACERS Members and their guests enjoyed presentations on healthcare technology, including a live physician demo on Anthem's Live Health On-line telehealth service; an overview of popular smart phone apps, online health trackers and wearable devices; some of the surprising health benefits of videogaming; and a smart device workshop where more than 75 iPads were available to experience first-hand. Exciting "smart" opportunity prizes were awarded, including iPads, Fitbits, bluetooth keyboards and more.

All Members received a "Passport to

Health" stamp for attending (which counts towards monthly opportunity prize drawings) and met some of the local Wellness Champions providing fun events including guided museum tours, a movie and trivia club and scenic walking groups.

Since technology changes so quickly, the LACERS Well program hopes to incorporate more events like this and resources to its Members in 2017.

LACERS Well is a wellness program administered by LACERS for its retired Members. More information about the program, upcoming events, and Wellness Champions in your area can be found at www.LACERS.org/lacerswell or by calling Tara Miller at (213) 987-

Special thanks go to Heather Ramirez and Alex Rabrenovich at LACERS for their assistance.



Tara Miller, LACERS Well Program Manager, and Registered Dietitian and Nutritionist, gives a presentation on today's technology. To the right stands Heather Ramirez as co-host of the event, Management Analyst and Club Member



Retirees in the study hall at the California Endowment Center.



From left: Jessica Hassan, Benefit Specialist, 11 years of City service, Club Member; and Pearl Fregoso. Sr. Clerk Typist, 16 years, Ćĺub



Bordan Darm, LACERS consultant, with Heather Ramirez, Management Analyst II, 9 years of City service, Club Member.



From left: Bordan Darm, LACERS consultant; Jason Harris, Sr. Management Analyst I, 12 years of City service; and Eloisa Alaniz, Retired, Rec and Parks, 14 years.



From left: Matt Szenderski, LACERS consultant, with Alex Rabrenovich, Chief Benefits Analyst, 26 years of



Quyen Lu, Management Analyst II, 10 years of City service.



Dorothy Yamashiro, Retired City Controller, 36.5 yrs of service, Club member; Beverly Anderson, Retired LAPD, 31 yrs of service and



Retirees in the study hall at the California Endowment Center



Brenda Combs, Retired Finance, 31 yrs of service and Club member; Margie Dall, Retired Rec & Parks 30 yrs of service and Club member



Albert Griego, Management Assistant, 1 yr of service

### Stay in Touch With LACERS

LACERS requires all plan members to have your physical address on file. Has your address changed? Use this form to update your information.

### **CHANGE OF ADDRESS REQUEST - All Members**

Dear Retiree:

Please provide your new address information below. LACERS requires all plan members to have physical address on file. Pursuant to Internal Revenue Service (IRS) Publication 575, failure to provide a physical address will result in the change of your Federal Tax Withholding to married with three withholding exemptions.

> Mail to: Los Angeles City Employees' Retirement System (LACERS) 202 W. First Street, Suite 500 Los Angeles, CA 90012-4401 Attn: Membership Processing Unit

FAX to: (213) 473-7202 - Attention: Membership Processing Unit

Member's Name	Soc	ial Security Number	
Address	City	State	Zip Code
C/O Trustee	Effective Date	е	
Telephone	Email		
The state of the s	CORRESPONDENCE A (If different from home	DDRESS	ddress.
The state of the s	CORRESPONDENCE A	DDRESS	Zip Code
Please check the box if y Address	CORRESPONDENCE A (If different from home	DDRESS address)	
Please check the box if y Address C/O Trustee	CORRESPONDENCE A (If different from home	address) State	Zip Code

### For Retired Club Members

# BestYears

# RETIREES









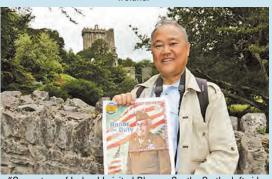
### Take the Club with you, wherever you go!

Club members are a well-traveled bunch. Bring your recent copy of Alive! with you. Snap a high resolution photo with you holding a copy, send it in, and we'll publish it. **Send to:** talkback@cityemployeesclub.com

# **Ireland**



Woody Harano stands atop Giants Causeway in Northern



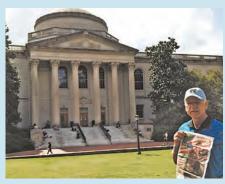
On my tour of Ireland I visited Blarney Castle. On the left side of the roof is the famous Blarney Stone. Ireland really has 50 shades of green. - Woody Harano, Retired, City Attorney

### **North Carolina**













"I spent the last 18 months living in the Deep South. My last adventure was North Carolina." - Richard Radmacher, Retired, DWP

Top row, from left: Bald Head Island, N.C.; Raleigh, N.C. -- Duke University; and a waterfall in Pisgah National Forest, N.C. Second row: Chapel Hill, N.C. - the University of North Carolina; the North Carolina coast; and Asheville, N.C. - the Blue Ridge Parkway.

### **Public Works**



William Tseng (right, holding Alive!) and his hiking partner about 200 feet above where all the campers locate at Camp III.

**/**illiam Tseng, Retired, Public Works/Engineering, waited until he had some free time to fulfill a wish visit Mt. Everest.

He accomplished that last spring, reaching Camp III (Advanced Base Camp) at 21,000 feet. That's the highest his tour went, and it was exactly what he wanted.

"I was three miles from the top," he explained. "That three miles is not a long distance, but it would have taken me an extra 30 days. It's a whole different trip – different preparation, more equipment, more food ... and lots more money."

He took the less common route, through Tibet rather than Nepal. "On the Nepal side, the trail is narrow and you are beside a hill all the time. In case of an earthquake, which happened last year, all the rocks slide down and then can bury you. On the Tibet side, you walk a ridge with a valley on both sides. The chances of a rock falling on you is much less."

### How did he get ready for this?

"I've been into hiking and climbing only over the last two years," William says. "Before that I was a bit lazy. I would climb only if I got lost, not for the sake of

"I climbed Mt. Whitney a few years ago. That was my first major climb."

He thanks God for getting him to his goal.

"I thank God for taking me up there without any

major health problems. And I was fortunate that another person on the trip was a doctor."

### Was it pretty?

"Oh, it was very pretty," he recalls. "There are ice pyramids up there like 300 feet tall. I never

expected to see that in my life."

But it was harrowing, even to the third camp. As it was, his total hike to 21,000 feet was 64 miles, and his average hours of sleep for the 16-day trek was about

moment," he recalls.

This was shot between Camps II and

III, where William just passed 20,000

feet elevation. He turned the corner

and started to see the close-up view of Mt. Everest. "This was my happiest

William points out that two of the people who were at Camp III at the same time as him went on to the summit but died along the way. So it's no surprise that he has no interest in going back to Everest and making it all the way to the top. Been there, done that.

"I think this is all I will do," he says. "Sleeping only three to four hours a night for 40 or 50 days is not something I really want to do.

"Now that I crossed that off my bucket list, I'm trying to figure out what will be next. I want to stay active as long as my health permits."

# 21,000 Feet Is Close Enough

William Tseng, Retired, fulfills a bucket list wish to visit Mt. Everest.







William Tseng's entire team, with his teammate, a tour guide, two sherpas, a cook and two yakmen (yak herders). Yaks carried their food, tents and supplies.



### The Alive! Children's Coloring Contest

Deadline for submission:

Nov. 9, 2016

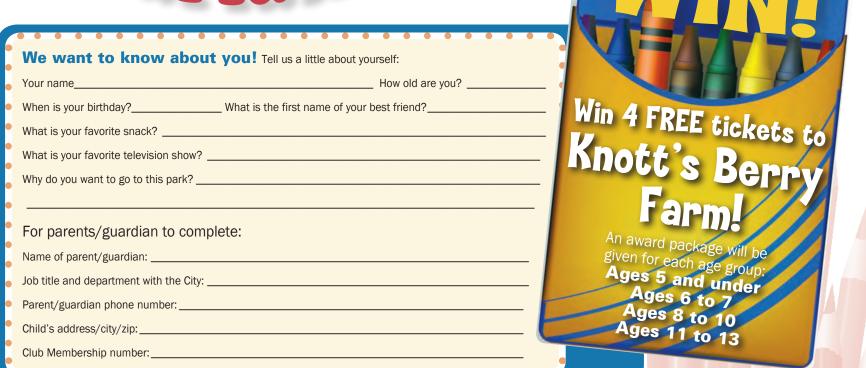
### **Submit to:**

**Club Coloring Contest** City Employees Club of Los Angeles 120 West 2nd Street Los Angeles, CA 90012



The Club will do everything it can to gather all the submissions, but it cannot be responsible for lost or misdirected mail.

Good luck and have fun!





### **Airports**



### **Rec and Parks**

Story and photos courtesy Cabrillo Marine Aquarium

# Theills, Chills and Gills

**Cabrillo Marine Aquarium to host family** frightfest in time for Halloween.

Oct. 29

The 11th annual Sea Scare, San Pedro's frighteningly fun family Halloween party, is set for Saturday, Oct. 29, from 7 to 10 p.m.

See Cabrillo Marine Aquarium in a different light as it is transformed into an underwater world of chills, thrills and gills. Come in costume and join in the masquerade of ghouls and goblins, trick-or-treat throughout







the aquarium, enjoy spooky entertainment and oceans of fun!

Visit the Aquarium's Aquatic Nursery for a special treasure hunt, scary sea creature feedings, make your own slime and learn what ocean animals use slime to survive. Stop by the Exploration Center for some treats, participate in bioluminescent crafts and learn about deepsea creatures that lurk in our oceans. Enter the Marine Research Library for some creepy creations and spooky stories. Don't forget to enter the costume contest for your chance to win some spook-tacular prizes. (Costume guidelines apply.)

Sea Scare brings back favorite attractions, including "Trick-or-Treat Trail," where guests can enjoy some sweet treats; try their luck at some carnival-style games at "Seaside Boardwalk;" visit "Skull Alley," an exhibit created by the Aquarium's Collections Department, where vou'll get a close look at some real skulls of the ocean world and some.... not of this world; enjoy some exciting crafts in "Craft Corner;" or dance the night away at the "Zombie Beach Party."

**New for 2016:** Experience an all-new haunted attraction, only at Sea Scare! Plus, Aquarium Members get a special free early entry into the event at 6 p.m.

Pre-sale admission: \$7 adults, \$3 children, free for Friends of Cabrillo Members. Date of event: \$10 adults, \$5 children.

> Cabrillo Marine Aquarium, a Rec and Parks facility, is at 3720 Stephen M. White Dr. in San Pedro on the shores of Cabrillo Beach. Information: (310) 548-7562, or www.cabrillomarineaquarium.org



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# **Club Members!** Save on your Auto Insurance

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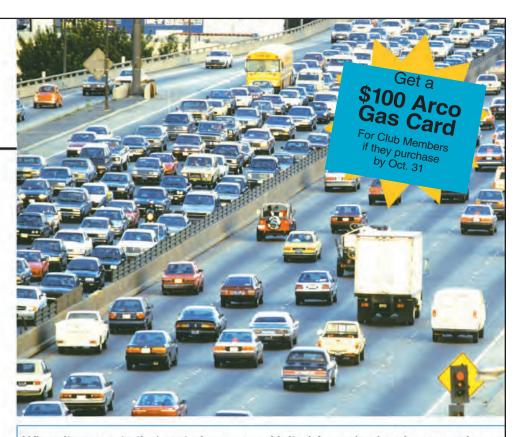


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When it comes to their auto Insurance, United Agencies has been serving hundreds of Club Members for years. We provide a high level of personal service, with some of the lowest rates in California. Come experience the difference in service you get when you say, "I'm with the Club!"

Take a look at how **United Agencies** stacks up against the competition!

California Automobile Insurance Premium Survey

	COMPANY	(91105 Zip	Code
	Farmers	\$1	,482
9	State Farm	\$1,339	
	Allstate	\$1,329	
	Geico	\$1,311	
	Auto Club	\$929	
	United Agencies	\$876	

These insurance products are brought to you by the Club's Partner, United Agencies, Inc. CA Lic. # 0252636 United Agencies represents Mercury Insurance Group, as well as Chubb Insurance, Hartford, Fireman's Fund, Progressive, Civil Service Employees Insurance, Allied, Safeco, Travelers, Unigard and Encompass.

# LUB SPORTS

News from Sports Leagues sponsored by the City Employees Club of Los Angeles • Oct. 2016





### **CLUB SOFTBALL:** Remembering the Old Days

### FROM THE COMMISH:

very Wednesday, I arrive at the City park and prepare for the weekly Club Softball games. I unpack a multitude of items; I hook a chair onto my pile; I post whatever messages are needed; I open my score book, ready my ink pen, and prepare the umpire fees. Sometimes I negotiate parking spots for players because I arrived at the park early enough. I field concerns over a myriad of issues, discuss major amendments with the umpires, ensure they have what they need, and watch the smiling, competitive faces commence to "play ball!"

I remember the old days when we played in the mud at parks that had very little light. Who can recall the gopher holes in right field? Who remembers having to catch the ball before

it rolled into the lake? Who fell in the sandbox trying to make it to first base?

Some of you shared with me your memories of old, how your supervisors also played on your team and you had to go work the next day with no excuses, maybe a player from the competition would be on

your interview panel the next time you see them. Documents that you have to get signed or approvals you would need to obtain now have your competitors' name on it, both making how you "slapped that hand" the night before that much more essential.

On Wednesday nights there are shared accomplishments, challenges and defeats, but the one thing about this softball league that keeps me returning is that we persevere. No matter what challenges we face and

how many times we disagree, we persevere. We greet one another with a smile and a hug. We are genuinely interested in how our day/ week/weekend went. We ask one another about how the job is going, anything new, and how to resolve problems. Inevitably a player will remind me of how wonderful the membership is, how generous the City Employees Club Softball League is and how much it supports our league.

Reading Alive! every month inspires me to do more for the Club and return to the park every week. It is amazing how much new information goes into the newspaper. The Club staff greets me with warm smiles and never makes me feel like I'm interrupting their work, which I may actually be guilty of. They remember my name and go above and beyond to assist me. I love the Club! I remember the old days when we didn't have the Club. We didn't really know what foundation our league was build upon, how the structure was supported or what made the lights come on. We'd just get the park, put on our gear and step up to bat.

I remember the times when my team didn't win a game. I remember how we still got together, friends and family, and had wonderful evenings being safe and secure. Remembering the old days keeps me appreciating the current days. I love coming to the park every Wednesday,

> even on my "bye" week, and cheering the players on. It's what I love to do. I love seeing the children calling my name as I try to match them up with their parents, and talk to them about their day. I look forward to talking with Fernando (Next) and Mokdad (Operaiders) and listening to their friendly banter. I witness amazing plays like Carlos' (DoTgers) last-minute catch and tag at home plate, or Noni's (Next) catch and tag, also at home plate. (Yes Noni, he

> > was out.) Antonio Cordoba arrives in the Guzzlers' mascot costume and, although he roots his team on, he doesn't mind high-fiving competitor after a great hit/ play. I am gifted

with the most incredible City gifts from Fig (Sewer Rats) and his lovely wife, and what encourages me is watching as opposing teams join together

to help those who are injured, showing true concern for one another. What also keeps me going is the upcoming All-Star Game, when the 13 teams choose two men and two women from each team to play in a memorable game of high competition. I remember the old days when we didn't even have an All-Star Game.

All of the aforementioned makes me appreciate the City Employees Club more each day. I agree with Vin Scully with saying goodbye only once, so I won't say it yet. But when I do, I hope each and every one of you are there, in the park, front and center, of course after one of

> our free agent teams wins the championship! And, although I remember the old days, I wouldn't trade these days for anything in the world!



# SOFTBALL 2016 **Game Schedule**

Come out and support your team: Watching a Club Softball League team is fun .. and free! There are cheerleaders, your workmates in nice uniforms. And you can volunteer, too.

We'll see you there!

(Visit the Club website, cityemployeesclub.com, for Game Schedule updates)

	Oct. 5	
	Downey	Shatto
7 p.m.	Sewer Rats vs. Kilawatts	Next vs. Transformers
3	P.F. Flyers vs. DoTgers	P.F. Flyers vs. DoTgers
)	Game Time vs. Enforcers	Blue Dragons vs. Guzzlers

### Oct. 11 No games scheduled

### Oct. 19

	Downey	Shatto
7 p.m.	Conquistadors vs. DoTgers	Next vs. P.F. Flyers
8	Transformers vs. Sewer Rats	Kilawatts vs. Operaiders
9	Sluggers vs. Guzzlers	GameTime vs. Blue Dragons

### Oct. 26

### Shatto

7:30	Division B Fifth Place vs. Second Place
8:30	Division B Fourth Place vs. Third Place

### Nov. 2

### **Downey**

7 p.m.	Division B Second/Fifth Place vs. Third/Fourth Place
8	All-Star Game (Ladies)
9	All-Star Game (Men)

### Nov. 9

### **Downey**

	•
7 p.m.	Division A Third Place vs. Second Place
8	Division B Championship Game
9	Division A Championship game (Third/Second Place vs. First Place)

Note: There are no games scheduled for Wed., Oct. 11 in observance of Yom Kippur.

### **GAME LOCATIONS**

### Downey **Recreation Center** 1772 N. Spring St.

**Shatto Recreation Center** 3191 4th St. Los Angeles, CA 90031 Los Angeles, CA 90020

### **PARTICIPATING TEAMS**

Blue Dragons Conquistadors **DoTgers Enforcers** GameTime Guzzlers

Kilawatts

Next Operaiders P.F. Flyers Sewer Rats Sluggers **Transformers** 



Lady Smith, The Commish



### Hoops, Bowling, Softball:

# **Club Sports on the Horizon**

he Club Sports Office welcomes all individual players to inquire about the Club's sports leagues. Currently, the Club is The Club Sports Office welcomes all individual players to inquire about the club Sports of the Club Sports o Club at (800) 464-0452 to be placed as a free agent and for more information.

Images of past sporting events can be found on the Club Website at http://photos.cityemployeesclub.com/ClubSports



The Sports Dude



# The Smart Move

BY PATRICK MILLER, CBLIFE. The Club's Insurance Partner

### **How Much Life Insurance to Buy?**

ow do I know how much life insurance I need, what kind of insurance I need and how long I need it? The most unpredictable event we can think of is the day we die. If we knew the date of our death ahead of time we could financially take care of our family forever. We'd wait until a month or so before our death and buy a huge policy. We would buy as much life insurance as an insurance company would sell us. Unfortunately that's not the real world. So the best we can do is to avoid the common mistakes most people make when purchasing life insurance.

First do your research and buy the right kind of policy. Not all agents recommend policies based on your need; sometimes their need to make commission takes precedent. Armed with a bit of knowledge you will communicate to an agent that you know more than the average person about what to purchase, and it will influence the agent's choice of products to present. The Internet is full of sites that will educate you on different types of life insurance and how they will fit your specific needs.

Remember the older you get the more expensive and complicated the process becomes. Term insurance at younger ages is very inexpensive but as time goes on it will become unaffordable.

According to insurance industry studies, the chance that a term policy will pay a

son is that either the term will expire, lapse for non-payment, or be converted to permanent insurance before the insured dies. The reason that term is so "cheap" is that the insurance company does not expect to be paying the death claim.

death claim is about one percent. The rea-

Term is for a temporary need, for a specified period of time. It would be up to you to decide what you need, after you have gained additional knowledge through a financial needs analysis, and have determined what your goals and objectives are. It's your plan and no one else's.

Term is good for those temporary needs, but permanent should also be considered, because you will die one day, and the term may not be there for you. But at this point, if term is all you can afford right now, financial needs analysis will help you determine the amount and the length of the term period.

What is most important is to not wait too long to research your options and purchase coverage. The older we get the more insurance costs, and the older we get the odds of our health declining increase. Insurance costs are very reasonable when you are young and healthy. Add a few years and a few medical conditions like high blood pressure, diabetes or high cholesterol, and the price goes through the roof, if you are able to qualify at all.

CBLife is The Club's new partner for four areas – life insurance, critical illness insurance, retirement income and accident medical expense insurance. Currently the Club offers three CBLife products: the Security Builder Plan, the Timber Ridge Critical Illness Plan, and Accident Medical Expense Plan

Ask your Club Counselor for details, or call (888) 443-8829.

### Library

# Indie Author Day

On Oct. 8, the Central Library downtown will host Indie Author Day, where independent book authors can read from and network with their fellow authors, and can learn how they can submit their e-book for circulation at the Los Angeles Public Library through its free service, SELF-e.

The event, to be held from 11:30 a.m. to 4:45 p.m. in the Central Library's Meeting Room A, is presented in collaboration with the Independent Book Authors

### The day's schedule:

### 11 a.m.: Live Webcast Q & A

Moderator: Jon Fine, formerly of Amazon.

Panelists: Robin Cutler (IngramSpark), Keira Parrott (School Library Journal and Library Journal), Jim Blanton (Louisville Free Public Library), and L. Penelope (Winner 2016 Self-Publishing eBook Award from Black Caucus of the American Library Association).

### 1 p.m.: Local Author Panel Discussion

Moderator: Angela Bole, CEO of Independent Book Publishers Association. Panelists: Darcy Fray, BC Powell, Sylvie Fox, Martin Turnbull and Matthew

### 2:30 p.m.: Presentation:

Professional Best Practices in Self-Publishing Angela Bole, IBPA CEO.

### 3:15 p.m.: Presentation:

Social Media Marketing for Independent Authors

Fauzia Burke, Founder and President of FSB Associates, online publicity and marketing firm.

4 p.m.: Presentation: Independent Book Publishers Association Angela Bole presents on the benefits of membership in professional organizations like IBPA.

Information: www.lapl.org





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# Going Sideways at LAX

**Airports, Cultural Affairs install** new art exhibition.

irports, in partnership with Cultural Affairs, have installed a new Aart exhibition titled Like Sound Going Sideways by Los Angeles artist Timothy Nolan in Terminals 7-8 at Los Angeles International Airport (LAX). Nolan's exhibit features collages and collage-based artworks on paper, vinyl, fabric, and aluminum that examine natural phenomena and the intersection of culture and nature. The main exhibition is on view for ticketed passengers in the Departures Level Hallway, and three prints are on view for the public in the Ticketing Lobby, through January.

Nolan combined his own photography of unique geological terrain, with outdated scientific graphics and Art Deco patterns, giving rise to invented landscapes that juxtapose natural and man-made imagery. These fabricated landscapes suggest ecosystems in transition. "I thought these themes were relevant to travelers. As one descends into LAX, the juncture of nature and culture is front and center: rugged mountains, the ocean, and miles of sprawling development," Nolan says.

Nolan included a 40-foot, site-specific vinyl mural depicting expansive celestial and aerial land views collaged with bands of pattern and color. This larger work, as well as a light box in the main exhibition and three large aluminum prints titled Shine On in the Ticketing Lobby, expand the boundaries of the imagery. The results marry Nolan's interest in abstract painting and Pop Art with a fascination for quantum mechanics and astrophysics. "I invite viewers to consider themes of transitioning ecosystems, and the quest for discovery beyond the visible realm," he says.

### **About Los Angeles World Airports Art Program**

The Airports Art Program enhances and humanizes the travel experience by providing diverse and memorable art experiences throughout the airport. The Art Program includes temporary exhibitions, permanent installations, and cultural performances. With an emphasis on local and regional artists, the Art Program provides access to an array of contemporary artworks that reflect and celebrate the region's creative caliber. For additional information, please visit lawa.org.



### **LA Police Pipes and Drums** band to hold fundraiser in Nov.

We told you about it last March, and now here it is: The Los Angeles Police Emerald Society Pipe and Drum Band is planning to host its fifth annual fun, upscale and important fundraiser Nov. 12 at the Santa Anita Race Track in Arcadia.

"Cigars Under the Stars" provides the funds for the Los Angeles Police Emerald Society Pipes and Drums band to offer its services free to all safety officer funerals and other events throughout the year that it can attend (event donations are accepted). The band performs a great and much-needed service to the families of active and retired safety officers, and the fundraiser is a primary way for the band to be able to continue with its mission.

And it's fun!

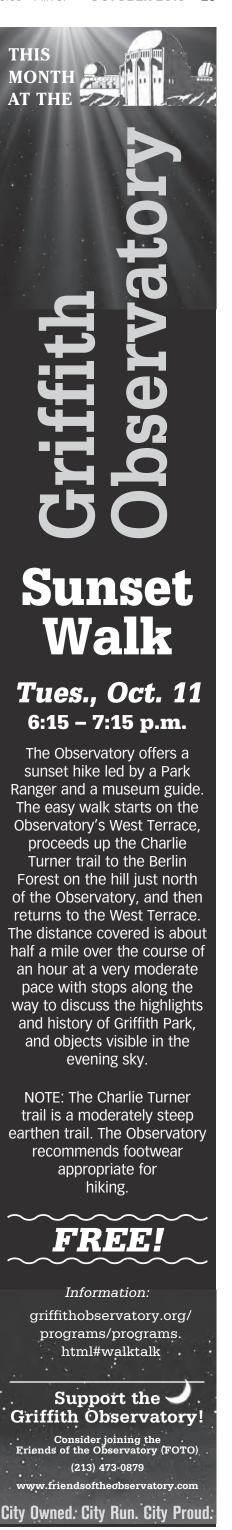
"Cigars Under the Stars" is a formal event, with cigar and whiskey tastings, an auction with some items signed by celebrity friends of the band, an elegant meal, and so forth. This event, where stylish hats and semi-formal wear are appreciated (kilts and formal wear encouraged), usually sells out, and has been expanded to accommodate the demand.

Tickets, priced at \$125 per person, are partially tax-exempt; check with your tax adviser.

For more information, write to cliff3914@sbcglobal.net, or see the band's events page for ongoing information: lapespipesanddrums.org/events/



Proceeds from the annual "Cigars Under the Stars" fundraiser allows the Los Angeles Police Emerald Society Pipes and Drums Band to offer its services to police funerals, memorials and other events free of charge to police families.



**DWP** 

Photos by Tom Hawkins, Club Photographer, JJLA Associates; and courtesy DWP

# Tank Leam

To better supply our drinking water, the DWP is building two subterranean water reservoirs that together will be the largest in the Western United States.

### INSIDE THE ALIVE! FEATURE

**About the Project** PAGE 26

LaBonge the Diviner PAGE 26



### Alive! Feature

The DWP is in the middle of a very impressive – and important – project: building two concretetank reservoirs underground that will provide drinking water to Angelenos for decades to come.

The two Headworks Underground Reservoirs, being built at a cost of \$230 million on land just north of Griffith Park and Forest Lawn Cemetery and south of the 134 Freeway, were necessitated by a new federal water quality rule that all reservoirs that contain potable water must be covered. That means that the City's Silver Lake and Ivanhoe reservoirs, which cannot be covered practically, can no longer hold drinking water. The Headworks reservoirs will in part help replace the capacity of the Silver Lake and Ivanhoe Reservoirs. With these reservoirs, the City can meet critical state and federal water quality compliance requirements.

Headworks East Reservoir opened in 2014. Construction is continuing on Headworks West right next to it. Together they will hold approximately 110



A sign on the project details its elements and location.

million gallons of potable water.

The Headworks Reservoirs are currently the largest DWP project under construction.

The new reservoirs are on City ground that once was an LA water source – water was diverted from the Los Angeles River here in the early parts of the last century to supply all the City's water, hence its name, Headworks. Now, the Headworks Underground Reservoir system will be one of six reservoirs that store the City's potable water.

"The time to invest in the next generation of water infrastructure is now — and we are seizing the moment," said Mayor Eric Garcetti as construction began on the second reservoir - Headworks West. "The security of our water future depends on creating more local storage, and I am proud to say that we are putting shovel to dirt on this landmark project."

Once Headworks West is completed in 2018, both concrete structures will be buried under two to three feet of soil and native vegetation, and the site will incorporate seamlessly into the L.A. River revitalization.

In addition to underground storage, the site will include a four-megawatt hydroelectric plant - that, with the electrical building, will be the only facilities visible above the ground."

Come along as Alive! visits the Headworks Underground Reservoir facility, and meet the City's construction crew that is building it.





## Headworks Reservoir: Silver Lake Reservoir Complex Storage Replacement

pen reservoirs in Los Angeles, including Silver Lake and Ivanhoe, used to store drinking water sourced from the Los Angeles Aqueduct, the Metropolitan Water District, and groundwater sources. The treated water that entered the open reservoirs was exposed to contamination from surface runoff, birds, insects, animals and humans. Also, sunlight and elevated temperatures, especially during the summer months, contributed to the growth of algae that degraded water quality and increased taste and odor problems. These problems could have been eliminated by covering or bypassing the reservoirs. The decision was made for Silver Lake and Ivanhoe reservoirs to be bypassed and Headworks reservoir to be built to replace the lost storage.

Now that the Silver Lake and Ivanhoe reservoirs have been bypassed, they have been closed as sources of potable water. They are being maintained as non-potable water bodies for the continued benefit of the community.

### **Purpose of Headworks**

The Headworks Reservoir project is being built to comply with two new United States Environmental Protection Agency water quality regulations: Stage 2 Disinfectants and Disinfection By-Products Rule, and Long-Term-2 Enhanced Surface Water Treatment Rule. Essentially, Headworks is replacing at least some of the capacity of the Silver Lake and Ivanhoe Reservoirs, which have been closed for potable water.

### Why Not Just Cover **Silver Lake Reservoir?**

"Aside from it being maybe our biggest cover ever, and very expensive, it was an odd shape," according to Alex Reyman, Construction Manager. "And covers like that are very hard to keep clean."

And the residents in that area voiced their preference that the Silver Lake Reservoir not be covered. That led to needing an alternate space for storing potable water.

### **Details**

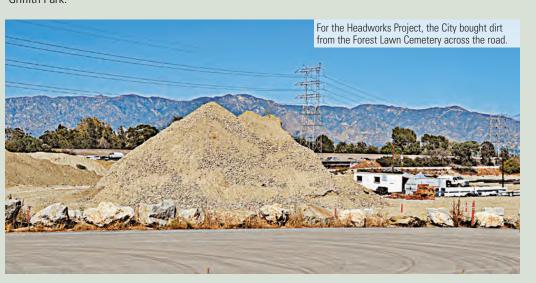
To comply with new regulations, the DWP is building the following facilities at the Headworks Spreading Grounds, a 43-acre site adjacent to the Los Angeles River and between the City of Burbank and Griffith Park:

- Two buried concrete reservoirs with 50- and 60-million gallon storage capacities, covered with two to three feet of soil and native
- A four-megawatt hydroelectric power plant (not needed for compliance)
- A flow regulating station with a flow capacity of 250 cubic feet per second
- A trunk line, 96 inches in diameter, 6,600 feet long, with a 3,000-foot tunneling portion.

In addition, the DWP and the U.S. Army Corps of Engineers are in a partnership to design and construct the Los Angeles River Ecosystem Restoration project. This project will be built after the construction of the reservoir is complete and is proposed to include riparian wetlands in a park like setting and open areas with equestrian, cyclist, and pedestrian access.

### **Ideal Location**

"Headworks is along the path of the River Supply Conduit, so it was ideal location-wise for alignment it's midway between the source and the sink of this pipeline," explains Art Saginian, Project Manager. "We happened to have an easement on the property, so everything was pointing to Headworks" as the ideal location for the alternate reservoir.



### **Status**

Headworks East was built first and opened in 2014. The flow regulating station also opened in 2014.

Groundbreaking for Headworks West took place this past spring; this reservoir is set to open in two

### **Project Schedule and Cost**

- Design Phase: March 2008 December 2011
- Bid Phase: July 2011 December 2011
- Construction Phase: April 2012 December
- Ecosystem Restoration: Early 2020s
- Estimated Construction Cost: \$230 million

### **Previous Use of the Grounds**

Dating from early in the previous century to the 1980s, a rubber dam removed water from the L.A. River at what was then called the Headworks Spreading Grounds. The water was filtrated on the site through inverted wells that injected the water into the groundwater. "It was like one big filter," says Alex Reyman, Construction Manager.

The Spreading Grounds filtration plant closed when the modern Tillman Treatment Plant came

### Why Not One Big Tank **Instead of Two?**

"We started running into seismic issues underneath the western half of the property," explained Art Saginian, Project Manager, "so in the interest of gaining compliance by the deadline, we decided to break it up into two completely separate reservoirs and build the east one first."

### **Bypass Tunnels**

A big part of the Headworks project is building pipeline to get the water to the Headworks reservoirs, and then sending the water from Headworks back toward the Silver Lake area as the water is needed. A network of underground steel pipelines has been built or is under construction from North Hollywood to Headworks, and then from Headworks to the Silver Lake area. The pipeline from Headworks to Silver Lake runs in tunnels that were bored under Forest Lawn Drive and into Griffith Park, where it travels under Travel Town, under Zoo Drive, under Crystal Springs Road, and then out of Griffith Park toward Silver Lake. About the tunnels:

- Diameter of the tunnels is 120 inches; the pipeline is 96 inches.
- Water moves through the pipelines via gravity; water is not pumped.

### **Construction Crews**

The DWP designed the entire Headworks Reservoir Project and is managing the construction. Contractors are performing the actual construction.

## LaBonge the Diviner

### **Club Member and former Councilman helped find** the best location for the Silver Lake alternative.

When it became clear that the DWP had to find an alternative water storage solution to partially replace the Silver Lake and Ivanhoe Reservoirs, then-Councilman Tom LaBonge, Club Member, stepped in. After all, Silver Lake is in his former district.

"Silver Lake was not really an option, and the Council Office there was heavily involved," explained Alex Reyman, Construction Manager of the Headworks Underground Reservoir Project.

"As we looked for an alternate storage site, we knew that it had to be at the right elevation, it had to be big enough to hold one of these tanks," Alex continues. "The story from Marty Adams (Sr. Assistant General Manager, DWP) was that he and Tom LaBonge were looking at a map, and Tom said, 'What about the Headworks Spreading Ground?"

And from there, the current site became the first and best choice.



Former City Councilman Tom LaBonge, Club Member, had a hand in the location of the Headworks Underground Reservoir Project.

# **Tanks, Very Much**

On Sept. 12, Club CEO John Hawkins and Alive! editor John Burnes sat down with four who are managing construction of the Headworks Reservoir Project – Art Saginian, Project Manager, 31 years of City service; Alex Liu, Construction Manager, 28 years; Juan Izaguirre, Resident Engineer; and Alex Reyman, Construction Manager, 17 years.

The interview took place in the construction office trailer on the Headworks site.

### Simple Concept

Thanks for taking us on a tour of the Headworks Project. Is this sort of leading edge technology, or is it pretty simple?

Juan Izaguirre: The technology is simple.

Art Saginian: Concrete's been around for a long time. So has steel.

Juan: What's new is that it's a new method of

Juan: In concrete tanks instead of open reservoirs.

Oh, got it.

Alex Reyman: And it's the size of the tank.

#### It's the largest in the Western **United States?**

Art: Yes. It's mass concrete. That's what this is

Alex Reyman: The Headworks East Reservoir, contains 66,320 cubic yards of concrete. 70,000, when you include the vaults. Let me put that in a number that you can visualize. A concrete-carrying truck holds about nine yards. Ours were filled a little more because they didn't have to go very far, so we held about 10 yards of concrete per each truck.

Alex Liu: That's about 7,000 truck trips

Alex Reyman: Yes. Now, to get that much concrete over here, you're not going to put all those trucks on the street. So we actually had to have an onsite batch plant. We made our own concrete at the site, and the trucks just drove the short distance to pour it.

Juan: Each trip took about a minute, from one end to the other.

### A concrete truck is actually necessary for mixing it more than just transporting it.

**Alex Reyman:** Right. They have to do a minimum number of revolutions to get everything mixed in before you get to where you're actually going to offload it. So we had to account for all that.

### So tell me again – together these two will be the largest underground water reservoir in the Western U.S.?

Art: Yes, the largest in the Western U.S. There's one as big, or slightly bigger, in Boston. It's similar

### Is the largest project the DWP is working on right now? Taken

Alex Reyman: Yes, I think so. When you take all the phases together, this is the largest.

Alex Liu: There are larger ones in the planning stage, but currently under construction and opera-

### **Power Generation**

### Let's talk about the hydroelectric element that you plan to add to the reservoirs.

Art: Sure. The hydroelectric element will take advantage of an elevational difference between North Hollywood Pump Station and the Headworks site. That's somewhere between 250 to 275 feet of



Juan Izaguirre, Resident Engineer, Headworks Reservoir Project.



Alex Reyman, Construction Manager, Headworks Reservoir Project.

elevation head pressure, which will be utilized to generate power for the power system. It will be one option for breaking the head, or reducing the pressure, before it enters the reservoir. The regulating station, which is adjacent to the power plant, will be the other option to break the pressure if the power plant is offline. The DWP power system thought that the opportunity to generate small hydroelectric power would be really nice.

#### When is that due to be online?

Art: Construction of the power plant will start after the construction of the West Reservoir is complete. So we're looking in the early 2020s.

### **Challenges**

### We talked about it on the tour: What's the most challenging part of building this?

Juan: Getting up at midnight to come and pour

Alex Reyman: Yes!

Juan: Twelve- to fourteen-hour days.

### Was it a 24-hour operation?

Juan: No, but they were long days.

Alex Reyman: Here's the thing: We had that mandate to close the Silver Lake and Ivanhoe Reservoirs for potable water that we had to meet. The mandate originally came from the EPA, and that was promulgated through the State Dept. of Public Health. There are other agencies involved. For example, if we want to let water into the L.A. River, that's the Army Corps of Engineers. These reservoirs are so large that the Dept. of Safety of Dams considers them four-sided dams. So they have a stake in it, also. And then we sent the construction out to bid. The tunneling was going 24 hours a day, six days a week.

#### How long did it take to tunnel, roughly?

Alex Reyman: I want to say it was about four months of total tunneling. But that's actually mining. Before you start to mine, you have to dig the shafts, you have to set everything up, you have to buy the machine, you have to put the machine together, you have to buy the segments, you have to build the segments, you have to build enough to get started. So while you're mining, you're still digging the receiving shaft, you're still making segments, you're still trying to get bologna cable from the German manufacturer of the rig.

### How deep is the shaft and groundwater?

Alex Reyman: The shaft is 46 feet deep, and the groundwater is 12 to 18 feet deep.

This is more of a tunneling challenge - the shaft was installed in sandy soil over bedrock, and had to have a groundwater pumping system installed."

### Really?

Alex Reyman: Right. Our bedrock is very sand-like. You can break it in your hand; it's got cracks in it that let water through it. That makes tunneling in Southern California interesting, or challenging. So that's something we had to deal with. We had to have a machine that could deal with all that, and a crew that also understood where we're mining and how we're mining.

#### Right. And the machine was metric.

Alex Reyman: The boring machine was all metric.

### From Germany.

Alex Liu, Construction Manager,

Headworks Reservoir Project.

# break? Alex Reyman: Never. Alex Liu: It would have been possible to remove



### The *Alive!* Interview



**Explaining the** engineering of the massive project to Club CEO John Hawkins (right) are Construction **Managers Alex** Reyman (left) and Alex Liu.

Alex Reyman: From Germany, and everything was written in German, in kilograms, meters and tonnes. But the crew that came with it, they're

### **Future Parkland**

### Talk about the returning this area back to public use, or parkland use, or to Griffith Park once you're finished.

Art: Sure. After all of the utility infrastructures are complete and all the facilities are installed, we're in a cost-sharing agreement with the U.S. Army Corps of Engineers to create a park-like environment that will be sort of like an extension of Griffith Park, and there'll be a wetlands aspect to it. This is all conceptual right now. Water will be diverted from the L.A. River, meander through the site, and then go back down the L.A. River again by gravity flow. There'll be places for people. Right now we envision three aspects to it — bike path, horse trail, and an area for people to just walk, meander. We don't see any active sports or anything like that

Alex Reyman: We call it passive recreation.

### So people could be on top of the reservoir itself?

Art: Yes. We expect to have structures built to keep them away from sensitive things.

### The City Team

### Is this the whole City team that works on this project?

Juan: There are a few other people. Jason Lockwood, Allison Linehan, Richard Carbajal, all Resident Engineers with the department.

Alex Reyman: Kevin Thomas, another Resident Engineer. And then we also had some help from City inspection.

Alex Liu: Contract Administration - Peter Chang and David Herrera.

Alex Reyman: Right. When we pour concrete, we take sample cylinders, and then we break those cylinders to make sure that we're getting the strength that we need to get. So, for the amount of concrete in this project, 5,000 sample cylinders were taken and broken to make sure that they're up to strength.

Juan: To verify we're getting the concrete that we're contracted for.

Art: And that it's a good mix.

Alex Reyman: Just like if you've ever been to the Hoover Dam. The Hoover Dam is still curing, still gaining strength. Same with this

### How often did you have to scrap the cement based on the inspection test? Did any cylinders

a section of the concrete already placed if it was bad, but we didn't have to.

### It's something you would do in any large construction.

Alex Reyman: Any construction project is going to have this type of quality assurance. All of our DWP jobs have Resident Engineers and Construction Managers. They all have people looking over to make sure we're getting a quality product

### **Toiling in Obscurity**

So people who build infrastructure often toil in obscurity. On the news last week, they showed the crew that built the new tower downtown – they were standing on the top of it. I'm not sure that was real - but do you ever wish that you were building projects that had more public awareness?

Juan: To me it doesn't matter, as long as I know the things I'm doing.

Alex Liu: It's a personal preference.

Juan: We know what we've done.

Alex Liu: I'm totally fine with obscurity!

Alex Reyman: I always tell my kids whenever we drive by here, "Look to the right." Now, when we drive by, they always yell, "Look to the right."

### Life Expectancy

### What's the useful life of these two reservoirs?

Art: Theoretically they're supposed to have a 30to 40-year lifespan on an engineering scale. But other pipes have been in the ground for upwards of 80 or 90 years

Alex Reyman: We don't expect this to degrade. What is this reservoir afraid of? Seismic events.

Alex Reyman: Seismic events are really what this reservoir is designed against. Otherwise, at four feet thick, it should last and last and last and last. We could always empty it, clean it, line it. There are a lot of things that can be done. Even if you have a seismic event that really tears it up, you could put a lining inside it to make it hold water again. The fact that it's here and it's built as stout as it is—so the lifespan is that. The question is if you have to go to a different system.

### It would be the technology would change rather than the materials would fail.

Alex Revman: Right.

Any plans on building any more of these, or is this it for now?

Art: No. Not like this.

### This is a unique situation.

Art: We'll have smaller tanks, but as far as this kind of a structure, this will be the only one of its kind in our system. The other reservoirs are either going to be covered — Stone Canyon was covered — or we have smaller tanks.

Juan: It's very unique that you get to build something of this magnitude in the City. And look where you're building it. You rarely have that opportunity.

Alex Reyman: The opportunity to have our own batch plant and run trucks here and work the hours we work and not disturb anybody - that's very rare.

Juan: Very rare.

Thank you for your interview and the tour.

Art: Thank you. ■



# A Headworks Tour

The Headworks Underground Reservoir Project is not complicated in layout. Here are some stops along the way.

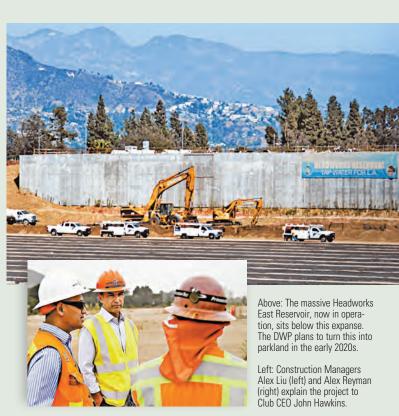
### **Headworks West** (under construction)

The second of two major underground reservoirs is under construction now.



what will be the subfloor of the reservoir tank. The membrane material is basically the same as roofing material, only several times stronger

### **Headworks East**



### **Outlet Vault**

The flow of water in, between and out of the two Headworks reservoirs is managed in this deep room of pipes and tunnels.



Above: 40 feet below the surface: Alex Reyman, Construction Manager (left), explains the pipeline system to Club CEO John Hawkins.

Right: Juan Izaguirre, Resident Engineer, opens the door from the surface to the Outlet Vault.

Below: The major pipe at top left (RSC1A) heads in a tunnel under Forest Lawn Drive, under Travel Town, under Zoo Drive and under Griffith Park before it exits on its way toward Silver Lake. The pipe and tunnel are a major part of the reservoir project. This chamber is 40 feet deep.







Crews build a tunnel for a water pipeline between Headworks West (under construction) and Headworks East, already in operation."

### **Tunnel Boring**

A major part of the project was boring and building a tunnel and pipeline through Griffith Park, to carry water toward Silver Lake.

A bored tunnel near the south end of the Headworks site where the boring machine started into the mountain in Griffith Park.



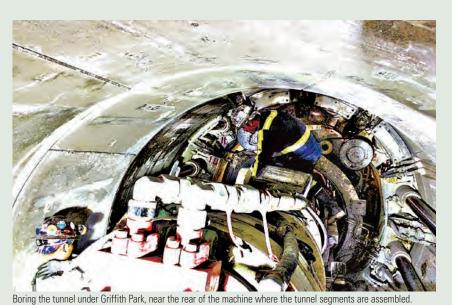


The DWP team and the contractor's crew at the boring machine manufacturer's factory in Germany.





The open-cut channel along Zoo Drive in Griffith Park.



# Pomeroy and Hooker Electrical Room

A electrical room of relatively simple technology sits atop the Outlet Vault. The room is named for the owners of the land who sold it to the DWP nearly a century ago.







# John's Picture Perfect Contest



"Smoke from the Sand Fire makes its way to Catalina. It made

John's comment: Hi Mike -- yes, that fire also made the entire

a strange sunset at Manhattan Beach."

- Mike Aubin, DWP

John Hawkins, Club CEO

"This shot was taken during an exercise at a police K-9 training facility in Riverside. Yes, it's true: You can run but you can't hide especially not from a motivated Belgian Malinois."

### - Yves Didier, **Airport Police**

John's comment: I love it! There is nothing like seeing K-9s in action ... what a shot, Yves! I have a German Shepherd and often imagine her taking down a criminal. But for now she would rather focus on taking down the bees in my yard. Oh well.









 Patrick Tomcheck, Airports John's comment: Patrick -- I can see

took on our trip last year."

"There are a lot of amazing buildings and artwork to photograph while in Barcelona, but this shot of shoes on display is one of the favorites that we

why this is one of your favorites. The angle you shot it at and the cropping are just perfect! In addition, this just screams Barcelona, which is such a vibrantly colorful city.

"The fire god was upon us on Friday, July 22; the Sand Fire seen from my backyard."

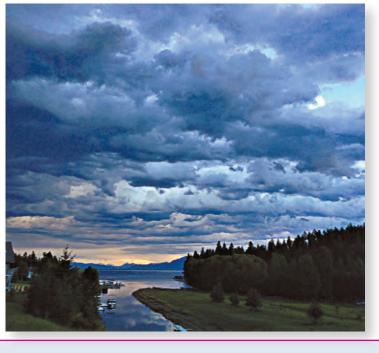
### - Adam Elstein, DWP

John's comment: Adam, this looks similar to what I saw from my backyard, too – what a sight for us in the San Fernando Valley. I felt so helpless knowing that many living "over the hill" were in danger.

"I'm in Montana, and this was our view last night -- storm clouds over Flathead Lake. In the far background are the high peaks in Glacier National Park."

### - Nancy Willis, Retired, LAPD

John's comment: I don't know what it is about Montana but it definitely earns the title of Big Sky Country! It's an amazing photo, Nancy; it has everything in it that makes Montana amazing. The lighting, the reflections and the distant mountains are all captured at the perfect perspective and color richness. Well done!





"Little Tokyo.

### Aaron Harris, Public Works/Street Services

John's comment: Aaron, I love this photo. I have walked by this sign many times, but you captured this with the perfect perspective. And, I really like the depth of field you captured, making the Chop Suey sign pop out even more. Nice work, Aaron!

### **RULES:**

- The contest is open to all Club members in good standing. Non-members are welcome to submit, but only Club members are eligible to win the monthly prize.
- · If your photograph does not win, you are welcome to re-submit.
- Winners are chosen by Club staff. All decisions will be final.
- You must certify (if asked) that you indeed took the picture. No ringers!
- · Photos can be submitted either on paper or digitally. Please don't send both.
- If you want your print photo returned, please write your name, address and phone number on the back of your photo.
- Photos can be of any subject matter: vacation, portraits, families, landscapes, still lifes, pets, etc. Subject matter must be appropriate for
- · Paper prints can be mailed to: Picture Perfect Contest, Alive!, City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012
- When you send digital photos through the Internet, please send the full, original digital file yourself, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very lowresolution images, and they don't look good in
- · We want you to look your best, so send us the original digital file, please! Thanks!
- Digital photos optimally should be between 100K and 2 megabytes in size and may be e-mailed to: pictureperfect@cityemployees-
- The contest is all in good fun: The Club cannot be responsible for delays in delivering Alive!, or for delays in the transmission of responses.



# SALT MARSH OPEN HOUSE

SAT., OCT. 22, 11 A.M. - 1 P.M.

Join CMA Educators to learn about the Salinas de San Pedro wetlands habitat at Cabrillo Beach by using binoculars and microscopes to observe live animals. Visitors can view the birds of the marsh, learn about native plants and observe the changes in the tides.

Open to all ages.

Free! (310) 548-7562 Parking: \$1/hour



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John Hawkins, Publisher, September 22, 2016



# Rest Insured

Vice President of United Agencies, The Club's Auto and Home Insurance Partner

### **Tire Safety**

We don't talk about it much, but there is more that you can do besides buying insurance to keep yourself safe on the road.

It's not sexy, but tire safety is an important conversation that we should have.

Studies of tire safety show that maintaining proper tire pressure, observing tire and vehicle load limits (not carrying more weight in your vehicle than your tires or vehicle can safely handle), avoiding road hazards, and inspecting tires for cuts, slashes and other irregularities are the most important things you can do to avoid tire failure, including tread separation, blowouts and flat tires.

These actions along, with other care and maintenance activities, can also:

- Improve vehicle handling;
- Help protect you and others from avoidable breakdowns and crashes;
- Improve fuel economy: and
- Increase the life of your tires.

It's important for you to familiarize yourself with the basics of tire safety, including information on basic tire maintenance; uniform tire quality grading system; fundamental characteristics of tires; and tire safety tips.

The statistics regarding tire use in the United States are staggering. It's an important topic, because the only thing between you and the road are your tires.

Consider the following numbers: Drivers in the United States put more than 2,969 billion miles on their tires. There are nearly 11,000 tirerelated crashes, and almost 200 people will die in those crashes every year.

Many of these crashes can be prevented through proper tire maintenance, including tire inflation and rotation, and understanding tire labels, tire aging and recalls and complaints.

#### What do you do in the case of a tire blowout?

If you suffer a tire blowout while driving, the type of vehicle you are driving will play a major part in your ability to maintain control. Vehicles inlcuding SUVs and vans are much more prone to flipping over after suffering a blowout because of their high center of gravity. Vehicles including sedans are less prone to flip because their center of gravity is much lower. Imagine a block of wood laid out on its broad face versus the same block lying on its narrow side. The block lying on its narrow side is much easier to tip over than the one lying on its broad face. The same principle is true with cars and SUVs. A tire blowout can be an especially scary emergency but if you know how to handle it, it doesn't have to mean a complete loss of control.

First, you should never allow your tires to become so worn that they are on the verge of blowing out. An easy method to see of your tires have enough tread remaining is the penny check. Using a penny, stick it into the tread. If you can still see the top of Abraham Lincoln's head, your tires are too worn and they need to be replaced immediately. However, even with good tires, a blowout is still possible.

When your tire blows, the car will want to veer toward the side with the blown-out tire. This makes losing a front tire especially treacherous. Losing a rear tire will be similar to skidding on ice, whereas losing a front tire will be similar to a skid combined with sluggish steering control.

### If your tire blows out, here is what you need to know:

- Don't apply the brakes. The lack of a tire on one side will make your braking uneven or "asymmetrical" and can cause your car to veer off even more.
- Concentrate on steering. No matter what type of emergency you are experiencing, whether it is skidding, hydroplaning or a blowout, the first thing you want to do is concentrate on steering the car in the direction you want it to go. Fight the urge to over-steer. Small adjustments, to keep the car centered in your lane, are what are needed. Don't worry about the hazards on either side, just look at where you need the car to go and steer toward that point.
- Allow the car to slow down gradually. Again, you don't want to apply the brakes and take the chance of veering off. With a blown tire, the car will slow down on its own pretty
- Softly apply the brakes only when you have fully regained control of your vehicle.

Steer the car off the road. Once you are completely off the road, turn on your hazard lights and get out of the car if it is safe to do so (exit the vehicle on the passenger side, the side away from traffic, only if it is safe to do so). If you are going to try to change the tire yourself, don't attempt to change it unless you are far enough off the roadway that you can work around the car without getting close to the roadway. If you can't change the tire or it is not safe to do so, call for a tow truck. Never attempt to drive the vehicle on the steel rims. That will cause a lot more damage.

Always keep these procedures in the back of your mind. If you are mentally prepared to deal with a vehicle emergency, chances are you will respond to the emergency correctly rather than panicking and making things worse.

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United Agencies is the Club's Partner is helping members with their home and car insurance, and related products. Feel free to call us with any questions about rental cars, auto insurance, or any other topic. We specialize in creating personal relationships with our customers, and serving their needs in a prompt, efficient and friendly manner.

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### Have a question?

Is there something about insurance that you've always wanted to know, but were too ashamed to ask? Maybe some-thing that you've just always been curious about? Feel free to send me an email at jgelineau@unitedagencies.com and I will try to answer your question in one of our monthly columns.

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Ms. Noelle Kaufman,

I had the pleasure of talking to one of your employees, Ms. Cheryl Martin.

I just wanted you to know that she was the most pleasant person that I have ever talked to when trying to get help.

She was both very thorough and helpful. She was totally professional and went out of her way to help me. In this day and age, you don't find many people that's willing to help you, although that is their job and what they are being paid for. She was very knowledgeable and thoughtful.

I just wanted to acknowledge Ms. Martin and let you know that you certainly have a jewel of an employee working for you.

I am very lucky to have come in contact with her today. She truly raised my spirits.

Sincerely,

Cheryl Martin, Club Counselor, worked for the Club for years ... and now she's back, providing awesome Club Service.

### Here's what we mean:

Read the letter (at left) that Club Member Barbara Jones wrote about how awesome Cheryl's customer service is.

### In the words of John Hawkins, Club CEO:

"Cheryl is the essence of what the Club is all about - true, honest, passionate and smart customer service. Club Members have been John Hawkins President & CEO telling me for months how much they appreciate Cheryl, and I completely agree. Cheryl is helpful, enthusiastic and a true jewel."

Experience Cheryl's incredible service for yourself. Talk to her about your Club benefits, life insurance, long-term disability insurance, long-term care insurance ... or just to say hello and thank her for her complete dedication to City Employees.

**Cheryl Martin is just part of the** Club's total customer commitment. **Experience it for yourself.** 



 $\Set{\mathit{Who are the people you see every day?}}$ 

# People We See

Shelterless in Los Angeles.





AGE: "I'm 53."

BIRTHPLACE: "Atlanta."

**FAMILY:** "I have two sisters, three brothers and two half-brothers, but we're not close. I have a daughter and a son."

MARITAL STATUS: "Married but separated." **EDUCATION:** 

"I graduated from high school. I played basketball, volleyball and hockey."

MILITARY: "I almost joined the Army, but I got pregnant and went to nursing school instead. Unfortunately I never graduated from nursing school.'

#### **RELIGION:**

"I belong to the Church of God in Christ." **MEDICATIONS:** "No."

### WHERE DO YOU LIVE: "Mainly in hotels."

"When I lived in Atlanta I lived in a bad area, and I wanted a better life for my kids. I confronted the drug dealers that were using my property, and they made my life very hard. I tried to get help from my congresswoman but that didn't work. I kept fighting to keep my kids safe, but then one day they took my daughter away; she was only 10 years old. They said I wasn't a fit mother. I was devastated, and I came out to LA to get Johnny Cochran to get my girl back ... but he died soon after I got here. I have been here ever since with my son living in hotels and the missions trying to have someone help me with my case. To this date I haven't seen my daughter."

### **FAVORITE MOVIE: "Jesus."**

FAVORITE TV SHOW: "Law and Order." **FAVORITE ACTOR:** "I like the actors from Law and Order. I love that show. That's the way legal matters should be dealt with."

**FAVORITE FOOD:** "Soul food! Fried chicken, potato salad, sweet potatoes, and pound-cake-style cornbread."

**FAVORITE CANDY:** "Snickers."

### **FAVORITE PLACE IN THE CITY:**

"I don't really have one."

LAST JOB: "I worked at the Georgia World

LAST BOOK READ: "The Bible ... and I always read the Sunday paper." **LAST MEAL EATEN:** "Nothing yet ... but just

last night I had something."

**MOST HELPFUL ORGANIZATION: "None."** MOST PRIZED POSSESSION: "Rent receipts."

### WITH \$1 MILLION:

"I would open two Comfort Inns. One would be a place where the homeless can live. It would have a church in it, and I would hire someone from Oral Roberts University to minister at it. I would invite the homeless from all over the world."

### ADVICE FOR EVERYDAY PEOPLE:

"Don't become homeless – people look at you like you are a piece of garbage." MAKE A WISH:

"That the Lord change the world, and everyone love and treat each other right."

The Club gave Gloria a Bucket and a Blanket, a toothbrush and toothpaste, soap, two pairs of socks, shampoo, hand wipes, some food, \$20 and bottled water.

*The interview, conducted by* John Hawkins, took place Aug. 19 at Third and Los Angeles Streets.

Photo by Jamie Pham, Zoo

# Zoo Says Boo!

Annual month of spooky fun set for October.



An animal eating a pumpkin must mean it's time for Boo at the Zoo.

oo at the L.A. Zoo" fun takes place every day from Oct. 1 - 31 at the Los Angeles Zoo. Jack-o-lanterncarving demonstrations, strolling characters, entertainment and up-close encounters with "crawly" insects and reptiles are just some of the Halloween family adventures

Spooky caves open daily are filled with eerie sights and delights, while weekends include a "Graveyard Safari," a "Boneyard" education station, storytelling, live music, stroll-

ing characters, pumpkin carving, animal feedings, and up-close encounters with some of the Zoo's smaller residents and other family adventures.

Check lazoo.org for daily activities, which are free with paid Zoo admission. Zoo admission is \$20 for general admission (ages 13 to 61); \$17 for seniors (ages 62+), and \$15 for children (ages 2 to 12).. No ticket is required for children under 2. Admission for Greater Los Angeles Zoo Association members is free.

The Los Angeles Zoo is in Griffith Park at the junction of the Ventura (134) and Golden State (5) freeways. 5333 Zoo Drive, Los Angeles, CA 90027. Free parking is available. For additional information, contact (323) 644-4200 or visit www.lazoo.org



the Club on Instagram!

Along with our presence on Facebook, Twitter and email, the Club is sharing its fun photos on Instagram.

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City Employees Club of Los Angeles

# Help Us Blanket the City!

Help the Club take care of those living on the streets this winter.

he last five years, we put out the call to help those in need downtown. And Club Members came through! So we're continuing Blanket the City.

It started five years ago with John Hawkins, Club CEO, and Angel Gomez, Club Mobile Man, coming into the Club Store one December night, shivering from the cold. And if they were chilly, they thought, what about those living on the streets?

So they hatched a plan: pass out blankets those living on the streets downtown. That first night, they gave

away eight blankets. Now the number is into the hundreds.

Blanket the City is an official part of Club Angels, the Club's charitable outreach. During the fall, winter and spring months, the Club will be handing out militarygrade blankets to those who really need them.

Blanket the City has become a new winter tradition here at the Club!



CRE 8 TIVE

OLUTIONS

### Join the effort? Here's how:

- The military-grade blankets cost \$9 each.
- Contribute what you can, and the Club will purchase blankets and hand them out for you.
- Mail your donation of any amount with the completed form below.
- Donations could be tax-deductible. Contact your tax professional.

### Want to contribute?

Buckets and Blankets is produced in cooperation with the Club Angels program and Crestive Solutions - Fred Fowlks and Sue Manzo, LAFD.

Contact John Hawkins or Angel Gomez with any questions:

jhawkins@cityemployeesclub.com or agomez@cityemployeesclub.com

# **Help us to Blanket the City!**

Enclosed is my check (made out to Club Angels) for \$

Please bill my credit card in the amount of \$

Name on Card		
Card Number		
Expiration		Last 3 digits on

Signature Club Angels is a registered 501(c)3 charitable organization. Contributions to Club Angeles are tax-deductible as defined by the U.S. tax code. Consult your tax professional.

		-
•		



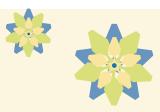
Send this completed form to: Club Angels

311 S. Spring St., Suite 1300 Los Angeles, CA 90013

Name	g information so we can send you a receipt						
Home Street Address							
City	State Zip						
Home Phone	Work Phone						



# **Important Moments**



### Share your moments!

Did you get married? Have a baby? Get a promotion? We want to hear from you. Share your news with the world! Send all notices and high resolution photos with the appropriate information to talkback@cityemployeesclub.com or send paper notices and print photos to:

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### New Members

### **Airports**

Alejandro Arellano Noreen Arikawa Frederick Badlissi Sylvia Ballard Daisy Benitez **Brent Berry** George Beshay David Blancarte II Eric Campbell LaToya Chandler Noelle Garcia LaToya Hicks Kristen Jones Maritza Lee Jose Martinez Marcio Matsumoto Rogelio Melendez Keri Milos Frank Montoya Daniel Osztreicher Katrina Palacio Lawrence Phillips Karen Rachall Angel Ramirez Ralph Robles Eduardo Salazar Jason Sheley Julian Silva Jr. **Eruviel Simon** Ermiase Tesfaye **Daniel Torres** 

#### **Building and Safety** Mario Cuevas

Salvador Gonzalez Joseph Nicosia

### **City Attorney**

Sandy Zhu

Darla Clark Edith Garcia Ricardo Machuca Kimberly Morosi Nichole Murray Valerie Pinchas

**Economic & Workforce Development Department** Joanne Lu

#### Dept. on Disability John Rodriguez Lourdes Sinibaldi

**Environmental Affairs** Kalenga Munongo

### **Finance**

Alisa Shamam

### **General Services** Douglas Ballori

Richard Butcher **Raul Contreras** John Dahlenburg Luke DiDonato Long Diep Juan Carlos Rayo Maria Rodriguez Vicente Zamora

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Russel Gail Teresa Gallardo Jonathan Gan Alicia Garcia Natalie Gipson Nick Glordano Joanna Gomez

Mario Gonzalez Alexis Guerrero Cesar Guitron Juan Guzman Raymond Hernandez Ricardo Hernandez

Heriberto Hernandez Erick Huerta Nakia Jones Jon Kakita David Kater Michael Keith Bumjin Kim

Andrew Medrano Isabel Morales Lisa Morales Jorge Morales Jr.

Jose Mova

Isaac Gonzalez Affred Labrada Elvin Lai Robert Lockhart Joe Lumbreras

Trevor Fagan Cesar Gaivez Roberto Gamez Joe Goff **David Granados** Cayetano Hernandez Anthony Ledesma James Love Roy Ponce

Manuel Robles Antonio Ruiz Israel Sanchez Edgar Vera Niles Watson

### Mark Wyrick Eddy Zelaya

### **Engineering**

**PUBLIC WORKS** 

Freddy Rivas J

Brett Rutkowski

Robert Salazar

Jose Saldana

**Edgar Santizo** 

**Ezett Smith** 

Kathy Simpson

Karen Solomon

**Brandon Tilford** 

Elizabeth Velasco

Kevin Stepan

Javier Tafoya

Joshua Towe

Alfredo Villega

Lamont White

Raul Vincent

Rick Webb

Tammy Rolle

Steven Ross

Mary Gagar Brian Yoder Chen Zhang

### **Sanitation**

**Enrique Catalan** Joe Estrada Alejandro Fernandez Daisy Galvez Angel Hernandez Stephanie Hernandez Juaquin Martinez Anilkumar Menon Pleasure Mitchell Theresa Parker-Jones Horacio Ramirez Hanns Russo Adam Sanchez Fatima Tamayo Marilvn White

Victor Reynoso Jr.

Welcome New Members!

The Club gives a great big welcome to these new

members, who recently joined the Club:

### **Rec and Parks**

Sonia Canales Arien Davis Alfred Green Miguel Martinez Eric Morales Jason Musgreave Sal Ortiz Jr Stephanie Perez Danielle Rainey Sylvia Ramirez Alfredo Ritta Pedro Robledo Alexy Vela Juan Villasenor

### **Transportation**

Robin Bailey Catherine Garcia Ines Gutierrez Daviance Johnson Chee Leung Joe Meza Alfredo Montenegro Ronnisha Potts Sean Wynn

### **LA Z00**

Ani Akelyan Juan Gomez

Cranston Bryant Samantha Childers Steven Dudley Angelie Fulton Gerald Graham II Desmond Johnson DaRon King Randalli Lang Ruben Lucero John Oliver Jimmy Pen Jeron Rolison Paul Trevino Derryck Wallace II

### **OTHER** Orlando Arechiga

Gordon Bachmann Mary Bollman Zachary Calame Steve Castro Lorna De Leon Agra Abel Giron Jr. Glenn Glasgow Sophia Hawkins Lydia Hernandez Cesar Huerta Aswad Humphries Peter Knutson Joseph Kolisar Christine Linder Gill Mays Nibedita Meher Lauro Montoya Michael Orona Martin Partida Shirley Patterson Jose Sanchez Samuel Sanchez Freyen Santiago Adam Saucedo **Gregory Smith** Todd St. John Christine Sunter-Holeck Elizabeth Tortorelli Frederick Viramontes



### **In Memoriam**

Our thoughts and condolences are with the family and friends of the following current and retired City employees who have passed away. The number after the name indicates years of service.

	DEPARTMENT	YEARS OF SERVICE		DEPARTMENT	YEARS OF SERVICE			ARS OF ERVICE			YEARS OF SERVICE
Active			Ceballos, Armando	DWP	8	Hodges, Frank	Public Works	28	Paneno, Frank	Rec and Parks	s 33
Acosta, Jose	Housing	9	Chee, Lupe	Public Works	25	Hull, Jay	DWP	24	Penn, Donald	DWP	41
Deacon, Jeff Clint	LAPD	16	Chingren, Oliver	DWP	31	Huseby, Roger	Gen. Services	33	Redd, Anna	DWP	23
Gillespie, Lena	Library	11	Chinn, Alban	Gen. Services	s 14	Irish, Naomi	Transportation	29	Richerson, David	Public Works	33
Lopez, Gilberto	Rec and Park	s 13	Cross, Pierce	Rec and Park	(s 30	Jahn, Allan	DWP	34	Rogger, Claire	Council	31
Verdugo, Loreto	Public Works	20	Doughty, James	DWP	23	James, Fred	Public Works	25	Ronquillo, Eduardo	Public Works	30
Virgil, Lester	Airports	10	Dubria, Paterno	DWP	31	Jordan, Columbus	LAPD	12	Sabella, Angelo	DWP	20
			Ebner, Ruth	City Attorney	/ 22	Killion, Gail	LAPD	30	Sanchez, Mary	DWP	10
Retired			Eklund, Dara	Library	36	Lim, Robert	Transportation	27	Schoichet, Muriel	CDD	12
Abe, Hirao	Gen. Services	5 25	Evans, Oscar	DWP	12	Labez, Lowell	Public Works	17	Share, Robert	DWP	25
Alexander, Dorothy	Airports	24	Fortson, Calvin	DWP	26	Labez, Lowell	DWP	18	Simon, Hilton	Rec and Parks	
Amimoto, Marian	DWP	38	France, Martin	Harbor	34	Lee, Lister	Gen. Services	31	Smith, Jaqueta	Airports	13
Barkley, Oris	DWP	14	Friedman, Stanley	LAPD	10	March, Thea	Library	30	Snook, Michael	Gen. Services	
Barton, Dorothy	Library	12	Gatreaux, Denis	DWP	34	Marion, O'Gretta	DWP	29	Sperling, Samuel	Public Works	27
Batts Jr., Curtis	DWP	27	Gelbman, Richard	Public Works		Martinez, Armando		33	Sugita, Atsumi	Public Works	34
Berry, James	DWP	34	Gilmore, Nathaniel	DWP	28	Melvin, Lawrence	Public Works	30	Tovar, Jose	Gen. Services	
Berry, Robert	Public Works		Gomez, Laurentina	Housing	32	Metters, Martin	DWP	29	Vasquez, Manuel	DWP	10
Bohne, Keith	DWP	48	Goyn, Gary	DWP	29	Morgan, Robert	Housing	16	Vizcarra, Rodolfo	LAFD	29
Bolduc, Raymond	Public Works	30	Guerra, Ramon	Public Works		Myers, Dwayne	Airports	30	Washington, Wilmer		30
Brice, William	DWP	44	Hamilton, Stephen	Public Works		Naron, Chester	Personnel	30	White, Luther	DWP	32
Bright, John	DWP	32	Herber, Genevieve	DWP	25	Nicodemus, Leonardo		22	Whitley, Will	Gen. Services	
Carlson, Kenneth	Public Works	20	Higgins, George	DWP	15	Noel Jr., Ernest	DWP	35	Williams, Kerry	DWP	28



### **Graduations**

Cheyla J. Bell graduated from Cal State Dominguez Hills with a degree in communications and a minor in media studies. Cheyla looks forward to joining the entertainment event arena in the very near future. Her family is super proud of her achievement. Cheyla is the daughter of Cherlyn J. Clark, Programmer Analyst IV, DWP, 31 years of City service.



Weddings

Special Achievemen

### **Births**



Zavier Ramone Silvera, born May 28 to Cherica and Tristan Silvera. "Zavier instantly became a heartbreaker with his infectious smile and chuckles. Zavier is the first-born son, grandson and great-grandson of the family." His proud "Memaw" is Cherlyn J. Clark, Programmer/Analyst IV, DWP, 31 years of City service.

### Tell Their Story



George B. Higgins ~ 1928-2016~ **DWP** 

Remembering

### George B. **Higgins**

**DWP** 

George B. Higgins, Machinist, DWP, passed away Aug. 6. He was 87.

He joined the DWP in 1975.

George was born in New Orleans. He loved bringing his grandchildren to the annual DWP holiday party. He loved bowling, fishing, gardening, camping

and cooking. Information submitted by Valisa Higgins-Mercadel, George's daugh-



### It's Time to Tell Their Story

Every month, Alive! publishes the names of those current or retired City Employees who have died. But who were they? Did you know them? If you worked with any of these people, knew a story or two about them or were related to them, consider writing to Alive! and letting us know. Tell their story!

- Write a few sentences or paragraphs
- Send in a photo, if you have one
- Let us know your name and connecto the deceased
- Send your memories to: talkback@ cityemployeesclub.com Subject line: Tell Their Story

# Share Your Life's Moments







Everyone reads Life's Most Important Moments in Alive! Share your news... and send in a photo! Have you gotten married? Had a baby? Graduated? Is a family member in the military? Send in a photo and a paragraph, telling us the details. We love to share your good news.

**Send digital photos to:** (as high a resolution as you can send)

### talkback@cityemployeesclub.com

OR send paper photos to: Life's Moments – Alive! City Employees Club of Los Angeles 120 West 2nd Street, Los Angeles, CA 90012

Please don't send the only one you have!

**Alive!** in the Military •

Weddings

# SCARE YOURSELF SILLY

With great Club deals on Halloween events!

- Go to the Club Webstore for details: cityemployeesclub.com



### **Airports**

Photos courtesy Harold Johnson, Airports



Stephanie Sampson, Pubic Relations Specialist (left), and Harold Johnson ACE Program Manager (right), pose with the middle-school class.

### Career Showcase

### Aviation careers showcased to local students at LAX.

M iddle- and high-school students spent a week at Los Angeles International Airport's (LAX) annual Aviation Careers Education (ACE) Academy, offered by the airport's Community Relations Division. Students from Los Angeles, Inglewood, Gardena, Culver City and other communities surrounding LAX spent each day learning about various career paths in the aviation and aerospace industries, including pilot, airline and airport operations, aerospace engineering, security and policing and controlling air traffic.

The LAX ACE Program consists of classroom instruction and site visits at several on- and offairport locations designed to give students a revealing perspective about possible career opportunities. They saw and experienced the inner workings of an airline and gained a wider understanding of the importance of aviation in our modern society.

"ACE academies were created to raise awareness of the careers in the aviation industry," said Harold Johnson, a Community Relations representative at LAX. "We put the students in front of pilots, Federal Aviation Administration (FAA) professionals, airline employees, business owners and hobbyists to create an understanding of the role of aviation," Johnson said.

During the week, LAX students were given presentations on various topics by Airports divisions specializing in Airport Operations, Airport Police and Information Technology. The students had visits with the FAA, Transportation Security Administration, American and Compass Airlines and Jet Propulsion Laboratory.

Students gained awareness of flight schools while visiting Corsair Aviation at Van Nuys Airport (VNY). MP Aero, an aviation interior design company at VNY is another firm that presents to ACE

There are shortages of pilots, aviation mechanics and air traffic controllers. For example, in July, Boeing released its "2016 Pilot and Technical Outlook" for the future. Boeing predicts that

aviation will need to hire more than 600,000 commercial airline pilots and mechanics and more than 800,000 flight crews by 2035.

The FAA maintains a national database of ACE camps with a goal to educate students and maintain a strong aviation workforce.

ACE is one of the educational outreach programs offered by LAX Community Relations. The ACE Academy offered by Airports is in its 19th year. Students interested in attending the LAX ACE Academy should contact the LAX Community Relations office at (424) 646-7450.









Club Members: Gain confidence in your public speaking and leadership skills; two City Toastmasters groups invite you to join!

Joining the Toastmasters is inexpensive, educational and fun. Toastmasters International is a nonprofit, worldwide organization that helps its members develop their public speaking and leadership skills.

### DWP:

The Water and Power Toastmasters Club Wednesdays, noon to 1 p.m.

111 N. Hope St., Room 1171 (last Wednesdays in room 1471)

**QUESTIONS:** Eric Yoshida (213) 367-3962

### FIRE AND POLICE PENSIONS:

The City of Angels Toastmasters Club 251

Tuesdays, 11:30 a.m. to 12:30 p.m. City Hall South Room 103 111 E First St. downtown

### **QUESTIONS:**

Barbara Nobregas (213) 928-9771 or (213) 847-4707

Guests welcome!

### **PUBLIC WORKS:**

The Public Works Pioneers Toastmasters Club

Wednesdays, 12:05 p.m. 1149 S. Broadway 6th Floor Conference, Room 6004

**QUESTIONS:** 

Ivan Gerson (213) 485-1169 or Dominic Buenaventura (213) 847-0593

### LAPD:

The LAPD Code One Toastmasters Club

Thursday, 11:30 a.m. to 12:30 p.m.

LAPD Communications Building 100 N. Los Angeles St.,

third floor media room QUESTIONS:

(818) 389-0803

# A Call They Weren't **Expecting**

Already retired, Pete De Leon and his wife, Annie, adopt three children in need.

aving retired in 2014, Pete De Leon, Retired, Public Works/Airports, Club Member, and his wife, Annie, had no children and weren't expecting any. That's when they

Pete's sister's granddaughter could not raise the three children she had had with her partner, and Child Protective Services removed the children from the home. That's when Pete and Annie's lives changed.

"Annie and I received a phone call from Loma Linda Hospital Sept. 6, 2012 at 2 o'clock in the morning from a County social service worker, asking us if we would take custody of a baby who was at that time just 14 months old," he recalls. "No one from the mother's or father's immediate side of the family could

qualify to take custody of the baby. "Well, just as you can imagine, we just sat there and looked at each other like deer in the headlights. After a moment, my wife said, 'Go

get her, we can't leave

Andrew, Robert and Zoe.

her there.' The

first time I met my future daughter was when I went to Loma Linda Hospital to pick her up and take custody of her. The boys - her brothers -- came to us seven months later. And that's when our almost three-year process of adopting these beautiful children started."

Pete and Annie are now the legal parents of their grandnephews and grandniece Robert, 9; Andrew, 8; and Zoe, 5. The adoption of all three was finalized on Feb. 13, 2015, as quite the Valentine's Day gift.

"My wife and I had been married for 20 years at that time, and we never had children," Pete continues. "So to say this was an eye-opening experience is putting it mildly. In our 50s and starting a family -- what were we thinking? But It has become such a great experience for both us and the kids. They

finally have parents who, when making decisions, always think of them first. And we have started feeling the joy (and headaches) of parenthood and all the trials and tribulations that come with it."



"Our life has changed in so many ways. I was very fortunate to have been employed by the City of L.A. and to be able to reap the eventual benefits of retiring. Working with the City offered us the financial ability to make this adoption possible. Retiring has allowed me



Annie and Pete De Leon on the day they legally adopted Robert, Zoe and Andrew.

to be a stay-at-home dad with my kids, I am able to be active in school, activities, PTA and sports ... although I wasn't real crazy about having to learn math again so I could help them with their homework!"

Pete and Annie also had to upsize their house (from 1,200 square feet to 2,900 square feet), trade our sedan in for a minivan, learn to like the Mickey Mouse Club, Dora the Explorer and Sophia the First, and get pretty good at changing diapers.

The adoption process is not easy, but Pete says, if that's what you're called to do, don't give up.

"Adoption is a daunting task, and many times you want to just walk away," he says. "The system is geared to reunify children with their parents, even when there is evidence that the child or children should not stay with them. The 'system' will make you feel like they don't want you to adopt, with you having to jump through many hoops and being subjected to intense scrutiny -- background checks, credit checks, personal references, medical background checks, home inspections, and list after

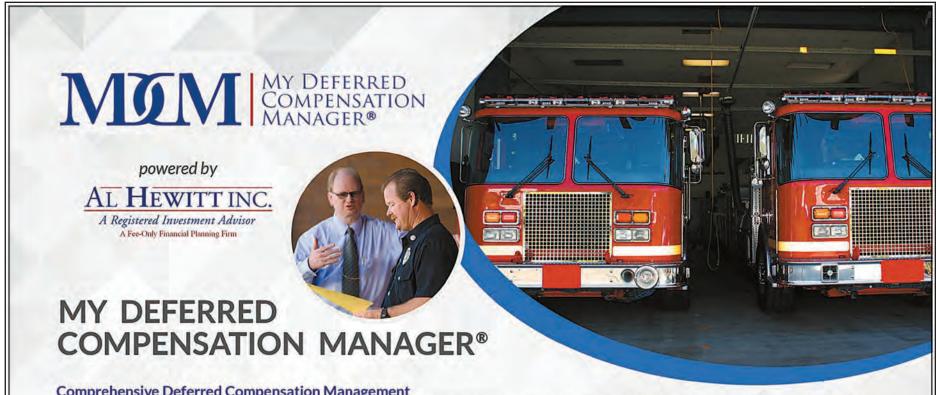
list of very personal and intrusive questions. You have to tell yourself to stay committed and to stay the course. In the end it will be worth it, for both you and them."

Despite the challenges, Pete says there's no question of whether it was worth it.

"Would we do it all again? Yes. To see the look on my wife's face when the boys came home and asked her to go to the mother/ son dance ... she cried; it was priceless,' Pete recalls. "Or when my little girl comes and sits in my lap and gives me a hug and kiss and says, 'I love you, Papi.' I just can't begin to describe the emotions that run through me.

"We have watched them grow and blossom into beautiful, smart, intelligent kids who have a great big world at their feet and will have a chance to live life. Is it without bumps in the road? No; any parent will tell you that. But when is raising a kid or kids easy? After almost four years, were almost starting to get the hang of it."

The Club congratulations Pete and Annie on their life-affirming decision.



### Comprehensive Deferred Compensation Management

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(800) 573-4829



# with the

with Chef Robert Larios

### A Trio of Super Chicken Wing Recipes



like nothing more than having great food like chicken I wings for a big football game. There are many ways to have chicken wings, and there are many ways to marinade them along with so many ways to cook them. I like to place them in the oven because I like the intense heat it creates, but the grill is wonderful and in the deep fryer, too. Nonetheless, for these recipes, the oven is what I'll use.

I'm sharing three flavor styles with you. The first one is an Italian dressing-style marinade and may be the most complicated of the three to make, with five different marinade ingredients. The hot-sauce style uses just hot sauce, nothing more, nothing less. It's quite simple but full of flavor, and it's the crowd favorite. The honey mustard curry wing recipe is full of flavor and will not disappoint if you're looking to change up the traditional chicken wing flavor. My experience has been that this one will go fast, so maybe make more than the other

As always, please be aware of very real danger of foodborne illnesses. These can be prevented by being aware of keeping your hands and workstation surfaces clean and sanitized. You must also consider the time you cook your chicken wings along with the temperature at which they cook. Make sure they're thoroughly cooked so that the bacteria on the chicken is killed from the heat.

*iBuen provecho!* 

### A Trio of Super **Chicken Wings**

### **INGREDIENTS:**

#### Italian Dressing-Style Chicken Wings:

- 2 tablespoons garlic powder
- 2 tablespoons Worcestershire sauce
- 2 tablespoons soy sauce
- 32 fl ounces of Italian dressing
- 1 tablespoon brown sugar
- 1 1/2 pounds defrosted chicken wings

#### **DIRECTIONS:**

For all 3 recipes

<u>Step 1:</u> Add and mix all the ingredients in a large mixing bowl or in a gallon Ziploc freezer bag.

<u>Step 2:</u> Add as many chicken wings as can be covered by the marinade. Cover with foil, plastic food wrap or in the gallon Ziploc freezer bag and leave in the refrigerator until you're ready to cook. Ideal marinating time should be overnight or at least three to four hours.

Step 3: Take the marinated wings and place them on a

Step 4: Place in oven at 375 degrees and cook for about 30 to 40 minutes or until golden brown.







### **Honey Mustard Curry Wings:**

#### Staff Favorite!

- 17 ounces yellow mustard
- 24 ounces Clover honey bottle
- 2 tablespoons curry powder
- 1 1/2 pounds defrosted chicken wings

Plate it how you like it. I like mine with some ranch dressing and some veggies on a big party platter - ready for the football game!







### Hot Sauce Style Wings:

- 2 bottles Louisiana's Crystal Hot Sauce
- 1 1/2 pounds defrosted chicken wings

Special note: For easier pouring of hot sauce, take some pliers and pull off the cap.









### **Food Quote**

"I always get so excited cooking chicken wings."

- Jourdan Dunn



### [ A Cook's Dictionary ]

### Buffalo Wings:

Buffalo, New York's Anchor Bar originated this dish of deep fried chicken wings served in a spicy hot sauce and accompanied by bleu-cheese dressing.

Bibliography: Copyright Barron's Educational Services, Inc. 2009 Adapted from The New Food Lover's Companion, 2007, by Sharon Tyler Herbst and Ron Herbst.



This is a revised recipe in that I make it known that I suggest using the onegallon Ziploc bags for marinating the wings. That works well especially when transporting to a tailgate party.

Photo courtesy the Food Network



'Tamara Brown is whipping up something delicious as part of the Foot Network's Halloween Baking Championship.

# Tamara's in Hollywood

911 Operator Tamara Brown to appear on baking contest TV show.

amara Brown, PSR II, LAPD, is an excellent baker, and her baking skills will be on full dis-Tamara Brown, PSK II, LAPD, IS all excellent barker, and the Second Play during October – she's appearing on the five-week specialty series Halloween Baking Championship on the Food Network.

How far does she go in the championship? She was sworn not to tell by the producers on the Food Network, and she was as good as her word.

The five-week series begins Oct. 3 with five bakers. Each week, one is eliminated. The eventual champion wins \$25,000. We'll have to see how far she goes.

"I watch the Food Network's seasonal baking shows," she says. "I watched this last year, and I went online and registered" for this year's show. The show was taped last spring.

#### Here's the show's official description:

"Richard Blais hosts the country's top bakers as they battle it out to create Halloween's spookiest and most-irresistible treats. From spider cupcakes, cheesecake coffins and witch finger cookies to towering confections of terror, these bakers must prove their skills to judges Ron Ben-Israel, Carla Hall and Sherry Yard to land the \$25,000 prize and the title of Halloween Baking Champion!"

### Tamara is no novice.

She is an avid home baker and runs a baking business, Mwokaji Cakery, on the side. Still, she says she learned a lot on the show.

"The experience was very valuable," she says. "You learn an insane amount, and very quickly. You don't know what you're capable of until you're put in a position to do it. "Overall, it was a very enjoyable experience!"



Good luck, Tamara!

And special thanks go to Tamara's sister, Krishunda Stegner, PSR III, LAPD.

### Here are links to Tamara's catering business:

mwokajicakery.com instagram.com/Mwokaji youtu.be/OYL2QyPWCi0





### **DWP**

# Wright On

**David H. Wright confirmed as new General Manager.** 

n Sept. 6, the City Council confirmed by On sept. 6, and set, 111 of David H. Wright as General Manager of the DWP. Wright had been nominated by Mayor Eric Garcetti and approved by the Board of Water and Power Commissioners in August,

pending City Council confirmation.

"I am honored and excited to accept this position and will be fully dedicated to meeting the DWP's goals to accelerate replacement of infrastructure, bring more sustainable sources of water and power to LA, and improving how we serve our customers," Wright said shortly after being confirmed by the City Council.

Wright had served as Interim General

Manager since Aug. 16. Prior to that, he had served as Chief Operating Officer and has been with the DWP since February 2015. As the DWP's Chief Operating Officer, Wright was responsible for Water and Power Systems, Customer Service and Information Technology Services, Supply Chain Services, Human Resources, Fleet Services, Equal Employment Opportunity Services and Communications, Marketing and Community Affairs.

Wright is recognized as an established utility industry executive with broad-based

knowledge of both water and electric utility operations, having served as General Manager of Riverside Public Utilities for nearly ten years and as the Chief Financial Officer for the Las Vegas Valley Water District, the Southern Nevada Water Authority, and the Silver State

> Energy Association, overseeing a nearly \$1 billion budget for the three water and electric organizations. He previously spent 15 years with the City of Riverside where he served as Deputy General Manager and as Riverside's City Controller. His extensive experience in utility management, finance and customer service provides a solid foundation to lead the DWP. Wright was instrumental in helping correct some of the issues created during the implementation of the new Customer

Information System.

Wright holds a Bachelor's degree in business administration and an MBA from Cal State Fullerton. He succeeds outgoing DWP General Manager Marcie Edwards, who served as DWP chief since March 2014. Edwards, who is staying through the end of the year in an advisory role, recruited Wright to join the DWP's ranks based on his qualifications and quickly increased his responsibilities after seeing him in action.

# CLASSIFIED ADS

### Members Marketplace

#### Transport

For Sale: SUV. Range Rover HSE, 2003. Green. Cream leather int. 180,000 miles. Well-maintained family vehicle. \$7,200 OBO. (424) 477-9694, rayproca@gmail.com



For Sale: 2015 CAN-AM Turbo side by side. Like new only 20 hours. Good Condition. Really fast and

recently serviced. FOX adjustable suspension. Only \$17,500. Can deliver to serious buyer. Additional pic avail on request. Contact John 661 857 1396. 9/16

For Sale: Toyota Corolla, 2010, gray, 22,000 miles. In Montebello. \$10,000 OBO. Delia, (208) 262-8031.



For Sale: Travel trailer, 2008 Forest River, 29 ft., clean, fifth wheel, toy haul-

er. 4,000 Onan generator, power awning, fuel station, more, \$14,000 OBO, Gilbert, (909) 714-4071, 4/16

For Sale: RV trailer. 2003 Wanderer, fifth wheel, model 367TB. Onan generator, 12-ft. garage, power hitch, fuel station. AM/FM CD stereo, super slide. \$10,000 OBO. Mike, (661) 557-0975, maddad111@



**For Sale: 1980** Cadillac, red. white int., immacu-

tank, fuel pump, stored since 2010. 91,400 miles. \$9,495, (805) 649-1940.



For Sale: Cadillac Brougham, 1989. Leather interior. Very good shape. 77,000 miles, \$4,000 OBO, (626) 797-8328.

For Sale: 1984 F-150 – w/camper shell and carpet kit. As is. \$1100 OBO. Call 310-764-4478



For Sale: 1963 Chevy Corvair, convertible. Good cond., runs great. Light green ext./int., white top. \$9,000 OBO. Alex, (323) 691-



For Sale: Watercraft, his and hers, '93 Bombardie Seadoo, '91 Waverunner w/trailer. Great condition. Jackie, (626) 383-1708.



For Sale: 2003 Harley "ROAD KING" Davidson (100th anniversary edition)motorcycle, 5087 miles, stage 1 with detachable

windshield, passenger back support, hardbags, battery charger, black and chrome, hardly ridden. always garaged, 1 owner only. \$10,000.00 OBO. Please call 818-366-3273 John or text 818-633-4164.



For Sale: Motorcycle, 2007 Kawasaki, like new/15 hours ridden, runs great, must see. \$3,000. Robert, (661) 964-7837 bet. 2-7 p.m.



For Sale: RV trailer/toyhauler, 2006 Forest River Sierra Sport, 29 foot. Very roof, 4,000 onan generator, low hours. \$15,000 OBO.

Call/text John Long, (909) 837-8347. 2005 Honda Civic Si: Hatchback, manual,

2-door, sun roof, power windows, security system, XLNT running condition, tan color, 68K miles. \$10,500 OBO. Info @ (310) 642-0522.

1993 Infinity Q: Automatic, 4-door, power windows, XLNT running condition, green color, 125K miles. \$3,000 OBO. Info @ (310) 642-0522.



Invicta: restored, 4 door askina Tehachapi. For

more pictures & info: drewlu24@aol.com

Pop-Up Trailer Tent: 2005 Rockwood Freedom, in good condition, very clean interior, Everything works well & ready for camping. Sleeps 6-8. 1 propane tank, stove, sink, spare tire, stabilizer jacks, water heater, awning & refrigerator. \$4,200. Yervand @ (818) 355-7704.

5th Wheel Trailer: 2010 Cougar High Country, excellent condition. Sleeps 4. Slide outs, awnings & full bath. All accessories & new 5th wheel hitch can be towed by ½ ton truck, it's ready to go. \$32,000 or TOP. Ken Hawkes @ (310) 505-5733.

2013 Dodge Challenger: Like new, fully loaded. excellent condition, very low mileage asking \$30K OBO. "PATY" @ (626) 242-4365. 8/14

### **Cemetery Plots**

For Sale: Double cemetery plot. Forest Lawn Hollywood Hills, Section Tenderness, Lot 2127 Space A, B. Valued at \$13,000, asking \$11,000 OBO. Robert, (626) 899-2174.

For Sale: Cemetery plots. Forest Lawn, Hollywood Hills. Valued at \$13,000. Asking \$10,000 OBO. Robert, (626) 899-2174.

For Sale: Burial plots, 4 (spaces 1, 2, 3, 4), Forest Lawn Cemetery, Cypress. Lot 1187, Constant Love section. \$4,100 each OBO. Michelle, (310) 648-5506.

4 Cemetery Plots: Cemetery plots, 4, side by side on the hill at Greenwood Gardens, Rose Hills/ Whittier. Approx. value \$18,000, selling \$12,000, or trade cemetery plot for pickup truck of equal value. Cortez, (323) 382-2405.

#### **Furniture**

For Sale: Grand piano. Yamaha C3 Conservatory. Like new. Humidifier. Cover. Concert bench. Internal felt dust cover for soundboard. \$17,000 OBO. Victor Vallejo, (323) 356-7595.



For Sale: Armoire. 36inchWx-62Hx21D. Wood. 5 deep drawers. Right side hanger could be shelves. \$450. Jeanne, (626) 281-2907.

For Sale: cabinet. Vintage, blond



oak. Great condition. Glass shelves, mirror back, interior light. \$450 OBO. (626) 359-0023

For Sale: Furniture. Oak. King size bedroom suite; china cabinet; dining room table, six chairs; more. \$2,000 OBO. Vic, newtvic@gmail.com



cherry wood. Good cond. \$650 OBO. (818) 281 - 1488.

For Sale: Bedroom set, 5 piece,

For Sale: Crib, cream colored, designer style. Good cond. \$350 OBO. (818) 281-1488.

For sale: Sofa and chair, great condition, leather/upholstered, "reversible" pillows/cushions. Carved wood, unique design, nail heads. \$600 OBO. Charlene, (661) 916-2970.



Dining table: w/leaf, 6 chairs, \$300 obo. Jackie, (626) 383-1708. 4/15

Mattress: Beautyrest Black (Alexia) gueen size, extra firm, new mattress, \$600 obo. Responsible for own pickup. Dwain, (323)754-8382 or dnrhenry@yahoo.com

Ping Pong Table: 5 x 9, fold-up & roll-away, \$75. Joe @ (310) 323-4940



Baby Crib: Never used, brand new & in great condition. Delta brand, amber model #6925-204,

\$130. John @ (562)755-9462.



Cocktail/Coffee Table: New, modern glass-top. \$300 (El Segundo). Espresso colored base w/large glass top

elevated by grey posts. 43"x 43". Breakdown is easy. Must be able to lift & transport on your own. Javier Gomez @ (310) 529-0543.



Hutch & Cabinet: Touch light, matching set \$500 OBO, great condition! Valerie @ (951) 315-

### Homes/Rentals/Land



For Sale: Home, 3 bd/2 bath. 1,308 Chatsworth. Cul-de-sac. New A/C Secure.

restaurants, schools. Tenant pays utilities. No pets. \$2,500/month. (818) 472-6896.

For Sale: Home Big Pine Calif 3 hr 13/4 hath Outdoors activities near. Description, photos avail. \$195,000. bigpineproperty@gmail.com

For Rent: House, 3 bd./2 baths, Near Manchester/ Broadway, Garage, laundry room, handicap access. No Section 8. (323) 971-1042.

For lease: House, 2 bd./2 bath, near 101/110/2/5 fws. Near Gold Line, downtown, Sunset Blvd., Silver Lake, Chinatown, Dodger Stadium, Echo Park, Elysian Park, Pasadena, Burbank, LAPD Academy, Hotchkiss LAFD Training Center. Downtown views. 1 parking space. 1 yr. lease min. No pets. Application process. Doc./credit check req. \$1,500 month, \$1,500 security dep. (323)

For Rent: Studio apt. 1052 W 54th St., 90037. Utilities paid. Deposit req. \$750/month. (323) 915-

Sale: House, 2 bed/1 bath, remod-Bakersfield. Investment property, eled, month/month (\$750/month). Large cleared lot, secure. Listed at \$94,000. Sold as-is, seller selects services (title, escrow). tisdaseason2468@outlook.com

For Vacation Rent: Condo, 2 bd./2 bath. beachfront, Puerto Nayarit, Mexico. Private pool on balcony. April 1-8, 2016. \$1,000. Jessie, (323)

For Sale: Timeshare. Pacific Monarch/Diamond Resorts. One full week, two bedrooms. Don't buy direct \$2,000/oho Flizabeth (909) 772-4087

For Sale: Home/studio apts., three sep. units sold as one package. Bakersfield. Front home: 2 bd., needs work (in progress), flippable. 2nd bedroom rentable. 2 studio apts. in back, rentable. \$110,000 total. Sold as-is: seller selects title/escrow co. Email: tisdaseason2468@outlook.com

For Sale: Townhouse. Las Vegas/Chinatown, near Strip, behind school, near major streets. Has rental tenant. \$85,000, HOA \$100/month. Sold as-is;  $seller\,selects\,title/escrow\,co.\,Do\,not\,disturb\,tenant.$ Email: tisdaseason2468@outlook.com

For Rent: Apt., 1 bed, 1 bath, Near First/Alvarado. 1 of 3 units. 1 car garage. Near Mid-Wilshire, Koreatown, Good Samaritan Hospital, Staples Center, Echo Park, Silverlake. App. process/credit check req. No pets. 1 yr. lease minimum. \$1250 a month. (323) 919-1163.

For Sale: Timeshare, Puerto Vallarta 1+1, 1/2, sleeps 4, beachfront Playa del Sol Costa Sur Resort. Asking \$1,800, extended thru 2030. Jennifer, (818)

For Rent: Lovely apartment in Los Angeles (5-units). 1 bed / 1 bath, kitchen, living room, dining room, 1-car garage. Upstairs unit. New paint, carpet, windows and fixtures. Very quiet on Don Tomaso Dr. Close to public transportation. Call for more details (310) 365-1868.

For Sale: Cabin, A frame, San Bernardino mtns., secluded, views. 765 sq. ft.; 1BD/1BA; new cabinets: needs work: 30903 Live Oak Dr., Running Springs. Photos on Realtor.com. \$127,000; Dan Teter: (866) 214-8587



For rent: Vacation rental, Big Bear Lake. 3 bd/2 bath house in village. Fully furnished, near the lake. John Long, Call

(909) 837-8347

For rent: Studio apt. in safe, quiet La Crescenta. Wifi-ready, semi-furnished, double-pane windows, glass-sliding doors opening to vegetable garden, fruit trees, succulents, seating areas, mountain views. Close to Montrose and Trader Joe's, 2 blocks to public transportation. \$1,400 includes utilities. Lita, (818) 795-4074.

Vacation rental: Condo in beautiful oceanfront resort, Cabo San Lucas. 7-day rental for \$795. 1 bd, 1 bath; completely furnished, full kitchen w/ views of El Arco on Medano Beach. Close to downtown, shopping, restaurants, entertainment. View at clubcascadasdebaja.com. (562) 301-2940.

For rent: Lovely apartment in Leimert Park (in 4-unit complex). 1 bd/1 bath, kitchen, granite countertops, living rm, dining rm, 1-car garage. New paint, carpet/hardwood and tiled floors, windows and fixtures, Washer/dryer hookup. Close to public transportation. 15 minutes from downtown, USC, beach. (310) 261-2085.

For Rent: Lovely downstairs apartment, 82nd/ Crenshaw, very quiet, close to public transportation. 1BD/1BA w/kitchen, living room, dining room, 1-car garage in Inglewood (4-units). Newly painted, new carpet, fixtures, double glazed windows & new granite kitchen countertop. \$1,200. Info @ (323) 292-9989.

For Rent: 1BD/1BA apartment in North Inglewood. Mr. Brown @ (323) 296-1547.

### **Household Items**



For Sale: exercise equipment. Chair Gym, w/ mat, twister, ball, instructions. Open box, never used. \$150. (818) 242-8644.



Ab-Doer Twist Ex. Abdominal workout machine. DVD. Exclnt. cond. \$125. (818) 242-8644.



For Sale: Fitness equipment. Back2Life back relief machine. With a/c. ExcInt. cond. \$75. (818) 242-8644.

For Sale: Kitchenware, V-Slicer Pro Mandoline by Swissmar/Borner, New. \$25, (213) 792-3130, 3/16 For Sale: Light meter, Gossen Luna Pro SBC.

New condition, Manual, \$45, (213) 792-3130. i**e:** DVD/CD player/storage, Sony ES DVP, jukebox style, stores



or may be repaired. John, (626) 757-5341; For Sale: Oven, Kenmore 30-in. wall unit, electric, self-clean,

white. Brand new in package. 30

inch/wide x 29 inch/high x 24.5 inch

up to 150 disks. Categorize/play on

demand, Incl. remote, keyboard for



For Sale: TV/entertainment center. Phillips Magnavox 60-inch TV, \$200/obo, All maple entertainment center, 3 piece, glass doors, tall sliding compartment doors, \$800/obo. Martha, (213) 367-4094.

For Sale: Lawn mower, 21 inch rotary, good condition. Plus other gardening items. \$58. Don, (818) 780-7788 (leave message).



For Sale: Motorized wheelchair. Go Chair, exclnt. cond., new battery. \$800/ OBO. Peggy LeGras, (323) 314-9100.7/15

For Sale: e-printer, HP Photosmart 7520, brand new in box. \$75 or best offer. James A. Goree, (323) 778-6086.

### **CLASSIFIED ADS**

# FREE

for Club Members!

for non-Members.

per month

To place your classified ad send us your information (25 total words maximum) including your name, item, description, price, phone number or e-mail address.

Email your ad (and picture) to

Classifieds@ cityemployeesclub.com or you can fax your ad to (213) 620-0598

We'll run your ad in the next available issue on a space available basis. Your ad may be edited for length or appropriateness.

**Classified Submission Deadline:** 

Nov. 2016 issue of *Alive!*: **10/18/16** 

Dec. 2016 issue of Alive!: 11/15/16

Updraft Range Hood: Kenmore Elite 42" w/3-setting halogen lighting in white. Sears price: \$379.99. UNOPENED & still in original packaging. \$350 OBO. Peter @ (818) 353-7074 or (818) 254-7391.

### Miscellaneous

For Sale: treadmill. Sears Crosswalk. \$200. (818) 893-1805, noon-8 p.m. only.

For Sale: Turtles, fresh water, 3, 10 yrs old, w/ large aquarium. \$100 OBO. George, (818) 308-7644

For Sale: Board games, Trivial Pursuit, Master Game Genius Edition and Silver Screen Edition. \$15. (213) 792-3130.

or george.pardo@lacity.org

For Sale: Exercise device. Easy Shaper by Tony Little. Exclnt. cond. \$15. (213) 792-3130.

For Sale: Model railroad track. Kato Unitrack oval set, Atlas power pack, HO scale. \$30. (213)

For Sale: Genie ¾ hp chain drive garage door ner-\$30.00 vvrite to: ajyourpal@ju

For Sale: 2-way radios Motorola Talkahout T7400. AA or NiMH batteries. Long-range transmissions, weather channels. Ideal for camping/ boating safety. And fun! \$55. Mike, (562) 596-1346

For Sale: Suze Orman's Protection Portfolio, new w/case. \$85. (213) 792-3130.



room. New, never used. Valued at \$250. \$175. John, (626) 757-5341;jgonzlz@hotmail.com

For Sale: Aquarium, "cube" salt

water, 38 gallon. Incl. aquarium,

stand, extras (no fish). Valued at

For Sale: neon sign for game

792-3130.



picks up. Michael, (310) 339-7684.

For Sale: Exercise set. Tony Little Easy Shaper. Exclnt cond. \$40. (213) 792-3130.

For Sale: Binoculars, Bausch and Lomb, 7x35, 11 degree field. W/case, strap. Exclnt. cond. \$75. (213) For Sale: Light meter. Gossen Luna Pro SBC. Manual, new cond. \$65. (213) 792-3130.

For Sale: Dental appliance, WaterPik, ultra cordless. New in box. \$45. (213) 792-3130.



For Sale: Kettle corn trailer. 2010, custom, 10-ft. stell welded frame. Fully wrapped, self-contained Good cond., incl. equip./training. Go to: captainkettlecorn.com/

CKC-Trailer.html. (877) 746-8696.

### Travel/Timeshare

Timeshare: Welks Resort, San Diego, CA. For Sale. \$20K. Chermaine @ (661) 547-6707.

Timeshare: For sale or rent. 1BD, Palm Springs, CA, deeded float week anytime during the year, can be exchanged for another resort worldwide Info @ (310) 329-0682 or e-mail: time31011@yahoo.

### Wanted

Wanted: Riders for van pool, Lomita to Lincoln Heights, Leaves Lomita @5:40 a.m., BOA Carson @5:45, JFB @6:10, Main St. @6:15, arrives Artesian St. @6:20. Return to Lomita by 5 p.m. James, (310) 626-7169 or (213) 354-4790.

Wanted: Roommate for large bedroom in Whittier, near 60/605 fws. In three bedroom home. owned by Firefighter. Use of kitchen, laundry Non-smoker only, please. \$600/month. John, (626) 757-5341; jgonzlz@hotmail.com

Wanted: Roommate. 3 bd./2 bath home. Chatsworth, Quiet neighborhood, Rent includes 2 bd., own bathroom, all utilities plus cable. App. process/credit check. \$1,000/month. (818) 590-

Wanted: Room wanted in Burbank by caretaker: Experienced caretaker to provide light housekeeping, shopping, driving, companionship to elderly person in exchange for private room. Excellent references. Prefer Burbank area. Karen, (626) 252-1288.

Wanted: I buy all kinds of collectibles: crystal. Disney, fishing gear, military items, musical instruments, pocket knives, gold & silver, Radko, WDCC. Michael @ (626) 592-2929. 11/12



### OCTOBER MOVIE RELEASES

- MIDDLE SCHOOL: THE WORST YEARS OF MY LIFE: Opens October 7
- THE GIRL ON THE TRAIN: Opens October 7
- THE BIRTH OF A NATION: Opens October 7
- FRIEND REQUEST: Opens October 7
- KEVIN HART: WHAT NOW?: Opens October 14
- THE ACCOUNTANT: Opens October 14
- PRICELESS: Opens October 14
- DESIERTO: Opens October 14
- KEEPING UP WITH THE JONESES: Opens October 21
- TYLER PERRY'S BOO! A MADEA HALLOWEEN: Opens October 21
- JACK REACHER: NEVER GO BACK (IMAX): Opens October 21
- · OUIJA: ORIGIN OF EVIL: Opens October 21
- A MONSTER CALLS: Opens October 21
- AMERICAN PASTORAL: Opens October 28
- RINGS: Opens October 28
- INFERNO (IMAX): Opens October 28



### **Airports**

### **New Airport Police Vehicles**

n Sept. 21, the Los Angeles Board Of Airport Commissioners (BOAC) approved a request to purchase 150 new police vehicles to be used by the Airport Police Division at LAX. The board awarded the \$12 million three-year contract to Bob Wondries Fleet Group.



The 150 vehicles are part of an aggres-

sive vehicle replacement program designed to ensure timely and predictable procurement. Sixty police vehicles are expected to be added to the fleet by the end of July 2017 to augment 18 new Chevrolet Tahoe K9 vehicles recently placed into service. The first order will consist of Ford Interceptor black and white SUVs, Ford Dual Purpose Interceptor SUVs, Ford Dual Purpose Interceptor Sedans, Ford F-250 Utility Vehicles, and Ford Interceptor K9 SUVs.

Information: www.lawa.org/airportpolice

# FRIGHTFULLY **GREAT DEALS**

On Halloween events are at the Club store!

> - Go to the Club Webstore for details: cityemployeesclub.com

# SAVE UP TO \$35 + 2<sup>ND</sup> DAY FREE



SAVE BIG ON TICKETS + GET A 2ND DAY FREE TO SOAK UP THE LAST RAYS OF SUMMER AT LEGOLAND® WATER PARK!

CITY DISCOUNT TICKETS CAN BE **PURCHASED AT LA CITY EMPLOYEES CLUB** OR BY CALLING 888-777-1744

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LEGOLAND.com



### FOR CLUB MEMBERS ONLY

CHEAPEST TICKETS IN THE STATE UP TO 60% OFF CHEAP TICKETS - INSANE SERVICE - AFFORDABLE INSURANCE

	RETAIL	CLUB
AMC THEATERS		
Gold Tickets - Good Any Time	\$14.00	\$9.50
Black Tickets - Good Any Time 2	\$14.00	\$10.25
Green Tickets - Exclude Disney Productions	\$14.00	\$9.00
Small Popcorn	\$5.50	\$3.00
Small Drink	\$4.50	\$3.00
Movie Bundle	\$44.00	\$27.00
- Includes 2 Gold movie tickets, 2 small drinks, 1 small popcorn		
BRENDEN THEATRES	\$11.25	\$8.00
CINEMARK THEATERS 2	\$11.75	\$8.50
CINÉPOLIS THEATERS		
Traditional Theaters	\$12.00	\$7.50
Luxury Theaters	\$22.00	\$17.00
GALAXY THEATERS - Good Any Time	\$11.00	\$8.00
HARKINS MOVIE THEATERS	**	
Restricted Good Any Time	\$10.00 \$10.00	\$6.50 \$7.50
Small Popcorn	\$5.25	\$4.25
Small Drink	\$4.50	\$3.50
KRIKORIAN THEATERS - Good Any Time	\$12.00	\$7.50
LAEMMLE THEATERS - Good Any Time	\$11.00	\$6.00
LANDMARK THEATERS	\$13.00	\$8.00
METROPOLITAN THEATERS		
Unrestricted Tickets	\$13.00	\$8.00
Restricted Tickets	\$10.50	\$6.75
PACIFIC THEATERS - Restricted	\$13.75	\$8.00
* \$2 surcharge for use at Americana in Glendale and at	ψ13.73	\$0.00
The Grove in L.A (Not valid at Archlight Theaters)		
READING CINEMAS - Restricted	\$12.50	\$7.50
REGAL/ EDWARDS/ UNITED ARTIST		
Good Any Time	\$14.75	\$8.50
Movie Pack	\$30.00	\$26.00
- Includes 2 Good Any Time movie tickets and a \$10		
concession gift card  REGENCY THEATERS - Good Any Time	\$11.50	\$7.00
	ψ 1 1.50	\$7.00
,		
ULTRASTAR THEATERS - Good Any Time	\$11.25	\$6.00
ULTRASTAR THEATERS - Good Any Time	\$11.25	\$6.00
,	\$11.25 <b>S RETAIL</b>	
ULTRASTAR THEATERS - Good Any Time  ATTRACTION	S	\$6.00
ULTRASTAR THEATERS - Good Any Time  ATTRACTION  AQUARIUM OF THE BAY	S RETAIL	CLUB
ATTRACTION  AQUARIUM OF THE BAY SAN FRANCISCO Adult	S RETAIL \$24.95	CLUB \$19.96
ATTRACTION  AQUARIUM OF THE BAY SAN FRANCISCO  Adult Child (4 · 12)	S RETAIL	CLUB
ATTRACTION  AQUARIUM OF THE BAY SAN FRANCISCO  Adult Child (4 - 12)  AQUARIUM OF THE PACIFIC	\$ <b>RETAIL</b> \$24.95 \$14.95	\$19.96 \$11.96
ATTRACTION  AQUARIUM OF THE BAY SAN FRANCISCO  Adult Child (4 · 12)	S RETAIL \$24.95	CLUB \$19.96

ATTRACTIC	NS CO	DNT'	D
		RETAIL	CLUB
DAVEY'S LOCKER [2]			
Whale Watching	Adult	\$32.00	\$21.00
Ü	Child	\$26.00	\$15.75
Sport Fishing - 1/2 Day	Adult	\$41.50	\$31.50
•	Child	\$34.00	\$25.21
Sport Fishing - 3/4 Day	Adult	\$71.00	\$57.75
Sunset / Evening Cruise	Child Adult	\$61.00 \$25.00	\$47.25 \$12.61
GOLF N' STUFF 3 Hour Unlimited Wristband - (Norv All Park Pass - (Ventura Location)	valk Location) 🕻	\$30.00 \$20.00	\$16.25 \$15.25
GRAMMY MUSEUM 2	neral Admission	\$12.95	\$10.00
IFLY INDOOR SKYDIVING (	3		
Hollywood - Earn Your Wings Flight Pa	ckage (Age 3+)	\$59.95	\$39.95
San Francisco - Save 15% Off All Fligh		\$59.95	\$50.96
K1 SPEED RACING This pass entitles the owner to (1) 14 and a annual license for the day.	4 Lap race	\$25.95	\$15.25
MADAME TUSSAUDS WAX A' All Access Pass includes Marvel Super H		_	
Hollywood	Adult	\$40.00	\$16.00
•	Child (4 - 12)	\$35.00	\$13.00
Las Vegas (eTickets Only)	Adult	\$29.95	\$12.50
MEDIEVAL TIMES 2 E-ticket prices will vary depending on	Adult	\$57.95	\$43.50
date/time selections.	Child (0 - 12)	\$35.95	\$31.50
MONTEREY BAY AQUARIUM	e		
MONIEREI DAI AGOARIOM	Adult	\$39.95	\$34.95
	Child (3 - 12)	\$24.95	\$19.95
		\$34.95	\$29.95
MULLIGAN'S FAMILY FUN CE All Day Pass	NTER Adult/Child	\$33.99	\$16.50
- Unlimited use of Laser Tag, Minature G Wall. Valid at Mulligan Torrance, Murrie			the Rock
PIRATES DINNER ADVENTUR	F ^		
	Adult	\$56.95	\$36.00
	Child (3 - 11)		\$27.50
CUTTAL MADY / DATTIFUID			
QUEEN MARY / BATTLESHIP	<b>e</b> Adult	\$42.95	\$31.92
IOWA COMBO	Youth (12 -17)		\$25.95
	Child (6 - 11)	\$23.95	\$17.95
RACERS EDGE INDOOR KART	ſING		
Adult: 16-Lap Adult Race		\$23.00	\$18.00
Junior (50" tall): 11-Lap Junior Race		\$20.00	\$15.00
SANTA MONICA PIER & PAC	IFIC PARK [		
Unlimited Ride Wristband		\$25.95	\$13.50
Family 4 Pack (includes 4 wristband	+ 4 meal card )	\$149.00	\$68.00
SPEEDZONE 3 Hour Unlimited Pass on Rides and	Mini-Golf	\$49.99	\$28.00
TEATRO MARTINII			
TEATRO MARTINI 2 Buena Park, California		\$75.75	\$42.00
LISC LOVAVA			
USS IOWA (2) SAN PEDRO			
	A .I. II	¢10.00	¢12.50
SAITTEBRO	Adult	\$18.00 \$10.00	\$13.50 \$7.50
Senior (62+) or M	Child (6 - 11)	\$18.00 \$10.00 \$15.00	\$13.50 \$7.50 \$10.50

### OCTOBER 2016

**ICON REFERENCE** 

eTicket you can print on demand 24/7 🛕 eTicket available Mon - Fri 8AM - 4:00PM

		RETAIL	CLUB
USS MIDWAY (SAN DIEGO	Adult Child (6 - 11) Senior (62+)	\$20.00 \$10.00 \$17.00	\$14.00 \$7.00 \$11.00

ADVENTURE CITY [2]

Adult/ Child \$17.95 \$13.50

### **DISNEYLAND / CALIFORNIA ADVENTURE**

\*Disneyland no longer offers discount etickets as of 9/15/16\*

Plea	ase check website for op	tions.	
CALIFORNIA'S GR	REAT AMERICA (2) General Admission (Age 3+)	\$67.00	\$36.00
CASTLE PARK 4			
Ge	eneral Admission (over 36")	\$24.99	\$12.99
GILROY GARDENS	s (e)		
0.2	General Admission	\$52.00	\$26.00
Luminations Admission (7/26 - 11/29/16)		\$30.00	\$15.00
HERSHEY PARK (P	ENNSYLVANIA)  Adult Child	\$63.80 \$40.80	\$48.10 \$36.10
KNOTT'S BERRY FA	ARM		
	Adult	\$72.00	\$39.00
	Child (3-11), Senior (62+)	\$42.00	\$34.00
Cheaper for eTickets (2) Adult		\$72.00	\$35.00
	Child (3-11), Senior (62+)	\$42.00	\$32.00
LOS ANGELES ZO	0 🛭		

LOS ANGELES ZOO			
	Adult	\$20.00	\$16.00
	Child (2-12)	\$15.00	\$12.00
LEGOLAND A Inclu	des 2nd Day FREE	(expires 12	/25/16)
1 - Day , 1- Park	Adult	\$120.00	\$76.00
	Child (3 - 11)	\$114.00	\$70.00
Legoland Resort Hopper	Adult	\$144.00	\$84.00
	Child (3 - 11)	\$138.00	\$78.00
Sea Life Hopper	Adult	\$138.00	\$65.00
	Child (3 - 11)	\$132.00	\$65.00
MAGIC MOUNTAIN	General Admission	\$76.99	\$49.99
SAN DIEGO ZOO / SAFARI PARK			

	\$76.99	\$49.99		
SAN DIEGO ZOO / SAFARI PARK 🛆				
	Adult	\$50.00	\$41.00	
	Child (3 - 11)	\$40.00	\$33.00	
2 - Visit Pass*	Adult	\$90.00	\$72.00	
	Child (3 - 11)	\$70.00	\$56.00	
* May be used for 1 visit at each park, or 2 visit to the same park.				
SEAWORLD - SAN DIEGO 🛆				
	Adult	\$89.00	\$60.00	
	Child (3 - 9)	\$83.00	\$60.00	

Adult	\$89.00	\$60.00
Child (3 - 9)	\$83.00	\$60.00
Admission w/ All-Day-Dining Pass (Adult /Child)	\$124.00	
Fun Card (valid until 12/31/16)	\$89.00	\$74.00
One-Day park tickets are	e valid until	12/25/16

## THEME PARKS CONT'D

Adult Child (4 - 11)

SELECT CALIFORNIA LOCATIONS 4 Hour Pass

CALIFORNIA ACADEMY OF SCIENCE [4]

CATALINA EXPRESS 2

Round Trip Fare

Youth (12-17)/ Student (with ID) / Senior (65+)

		RETAIL	CLUB
ILVERWOO	OD THEME PARK (IDAHO)		
	Adult	\$48.00	\$39.00
	Child (3 - 7)	\$25.00	\$20.00
SIX FLAGS	DISCOVERY KINGDOM		
/ALLEJO	General Admission (over 48")	\$66.99	\$40.99
JNIVERSAL	. STUDIOS 2		

Adult / Child (under 48") \$115.00 \$95.00

12 Month Pass \$149.00

### HALLOWEEN EVENTS

(NOTTS SCARY FARM (4) **MICKEY'S HALLOWEEN PARTY** △ Prices vary on select nights

Prices vary on select nights **JNIVERSAL HORROR NIGHTS** Prices vary on select nights

\$42.99

\$34.95

\$24.95

Adult \$76.50

\$61.00

Child

\$24.99

\$29.71

\$25.46

\$60.00

\$50.50

\$109.00

### CDODTING EVENITS

SPORTING EVENTS				
LOS ANGELES DODGERS	$\triangle$	Games available online		
ANGELS OF ANAHEIM		Games available online		
SAN FRANCISCO GIANTS	$\triangle$	Games available online		
SAN DIEGO PADRES		Games available online		
LOS ANGELES CLIPPERS	e	Games available online		
LOS ANGELES SPARKS	e	Games available online		
LOS ANGELES KINGS	e	Games available online		
SACRAMENTO REPUBLIC FC	e	Games available online		

### **MORE MEMBER DISCOUNTS**

**GODIVA CHOCOLATE HOTEL STORM** MRS. FIELDS COOKIES **OMAHA STEAKS SKECHERS SHOES** 

Save 15% OFF regular price Up to 60% OFF hotel bookings Save 15% OFF regular price Extra 10% OFF online orders 30% OFF select styles

#### GIFT CERTIFICATES **CLUB** HONEYBAKED HAM \$25 Gift Card \$22.50 \$25.00 **SEE'S CANDIES**

\$18.50

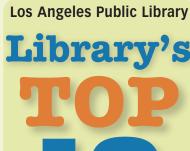
\$14.25



Good for 1lb of chocolate

Club Members get FREE USPS standard shipping on all tickets and merchandise purchased through the Club.





Here's what LA was reading, watching and listening to in August.

Lists are courtesy Los Angeles Public Library, Central library downtown and 72 branches

### **Books loaned**

- 1. When Breath Becomes Air, Paul Kalanithi
- **2.** The Games, James Patterson
- **3.** The Hidden Oracle, Rick Riordan
- **4.** 15th Affair, James Patterson **5.** Miss Peregrine's Home for
- Peculiar Children, Ransom Riggs 6. The Life-Changing Magic of
- Tidying Up, Marie Kondo 7. The Hunger Games, Suzanne Collins
- **8.** The Rainbow Comes and Goes: A Mother and Son on Life. Love and Loss, Anderson Cooper
- 9. Alexander Hamilton, Ron Chernow
- 10. Between the World and Me, Ta-Nehisi Coates

#### **DVDs** loaned

- 1. Deadpool
- Star Wars Episode VII: The Force Awakens
- **3.** Hotel Transylvania 2
- **4.** The Big Short
- **5.** The Hateful Eight
- **6.** The Hunger Games
- **7.** Bridge of Spies
- 8. Gods of Egypt **9.** Minions
- 10. Spectre

### Books downloaded

### (e-books)

- 1. Harry Potter and the Cursed Child, J.K. Rowling
- 2. Me Before You, Jojo Moyes
- The Nest, Cynthia D'Aprix Sweeney
- **4.** When Breath Becomes Air, Paul Kalanithi
- **5.** Fates and Furies, Lauren Groff 6. All the Light We Cannot See,
- Anthony Doerr **7.** The Nightingale, Kristin Hannah
- 8. The Life-Changing Magic of
- Tidying Up, Marie Kondo
- 9. Truly Madly Guilty, Liane Moriarty
- 10. The Girl on the Train, Paula Hawkins

### Download-and-Keep songs\*

- The Chainsmokers featuring Halsey
- **2.** "Can't Stop the Feeling!," Justin Timberlake
- **3.** "This Is What You Came For," Calvin Harris featuring Rihanna
- 4. "Cheap Thrills," Sia
- 5. "Send My Love (To Your New Lover),"
- 6. "Me Too," Meghan Trainor
- 7. "Make Me...," Britney Spears featuring G-Eazy
- 8. "Don't Let Me Down," The Chainsmokers featuring Daya
- **9.** "Just Like Fire (From the Original Motion Picture)," Pink
- **10.** "Setting the World On Fire," Kenny Chesney with Pink

\* "Freegal" music via the Library lets users download and keep up to five songs a month it's seriously free and legal! Check it out at http://lapl.freegalmusic.com

Hero stories from the LAPD files



### **Domestic Call**

On the morning of Jan. 15, 1998, Foothill Division Officer Donald Boon and his partner responded to a radio call involving a violent male who was possibly armed. The 911 dispatcher explained that the suspect's wife called after her husband threatened to kill her and their son.

Boon and his partner arrived at the location and knocked on the door with no reply. They began speaking with neighbors when the suspect stepped out of the house and began firing at the officers with an assault rifle.

Boon's partner was shot. Fearing the suspect would shoot his partner again, Boon left his position of cover to shield and protect him. As he reached his partner, Boon was shot in the hip, leaving him unable



Sgt. Donald Boon

to walk. He managed to return fire, forcing the suspect back into the residence.

Boon and his partner were rescued by other responding officers. Boon's injuries required multiple surgeries, but he returned to full duty after 10 years of rehabilitation.

For his bravery, (now) Sgt. Donald Boon was awarded the Purple Heart on Oct 1. 2015.

**Airports** 

Story and photos courtesy Officer Rob Pedregon, Airport Police

### Thanks for the Service

**Airport Police employees** reach years-of-service milestones.

ongratulations go to Airport Police Sgt. Martha CHall, who was recognized Sept. 14 for 35 years of City service. What a great accomplishment! Sgt. Hall received her 35-year pin from Airport Police Chief David Maggard and Airports CEO Deborah Flint.

Also recognized for 30 years of city service were Lisa Williams, Chandra Flemister, Capt. Greg Staar, Angela Cox, Motor Officer Andre Munn and Security Officer Francisco Rivers



Airports CEO Deborah Flint (left) and Chief David Maggard (right) also recognized the following for their service milestones (from left): Lisa Williams, Chandra Flemister, Capt. Greg Staar, Angela Cox, Motor Officer Andre Munn and Security Officer Francisco Rivers.





# ONLINE: CityEmployeesClub.com







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LA City Luggage Tags Flexible PVC with lifted textured design





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Available in Gold and Silver



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