



Serving over 20,000  
City and DWP Employees

# Alive!

Club Movie  
Tickets:  
**Cheapest  
in the City!**

- AMC \$6!
- Pacific \$6!
- Regal \$6.50!
- Edwards \$6.50!
- UA \$6.50!
- Cinemark \$5.50!
- Krikorian \$6.50!

**- SEE PAGE 47**

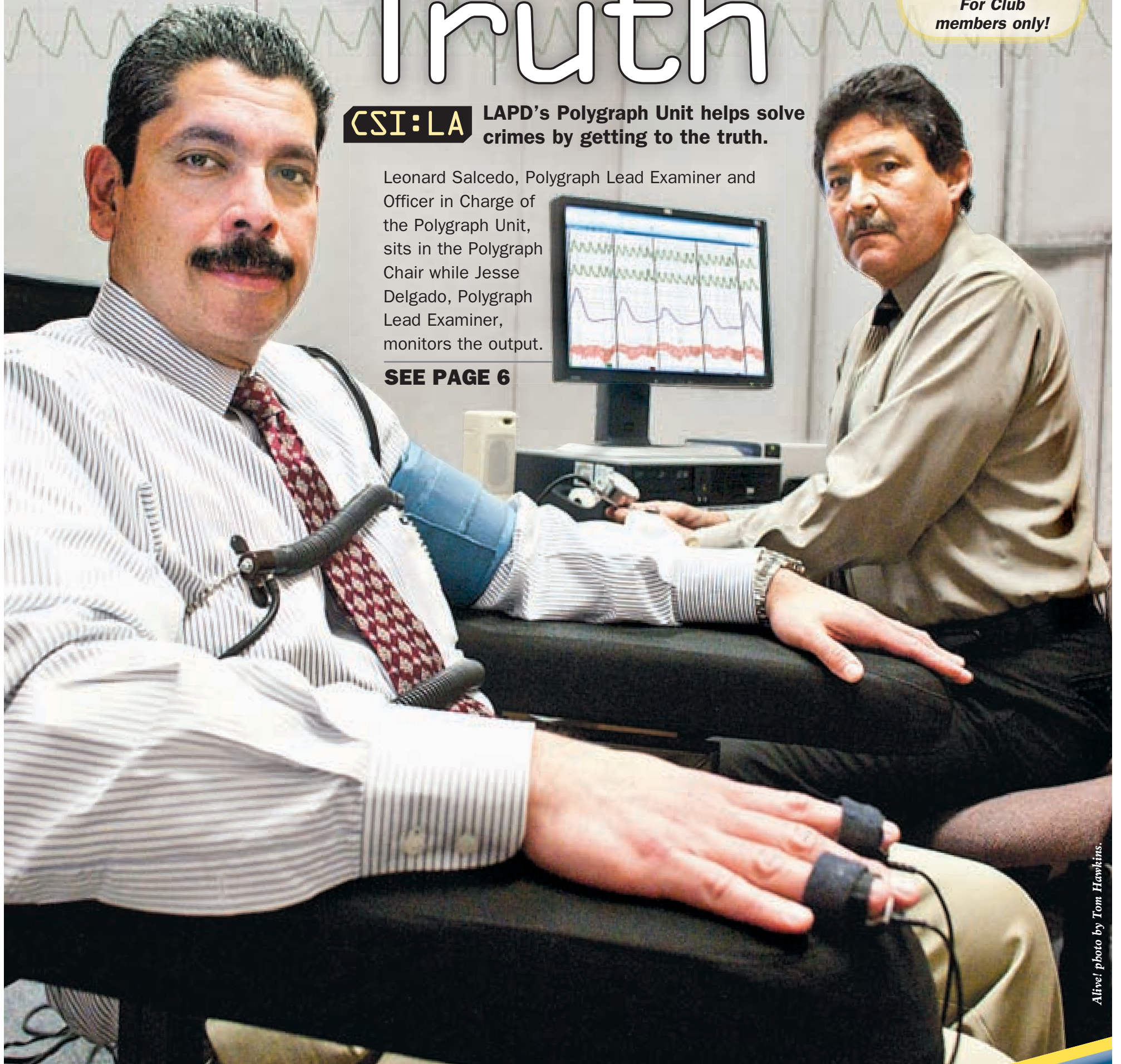
*For Club  
members only!*

## LAPD To Tell the Truth

**CSI:LA** LAPD's Polygraph Unit helps solve crimes by getting to the truth.

Leonard Salcedo, Polygraph Lead Examiner and Officer in Charge of the Polygraph Unit, sits in the Polygraph Chair while Jesse Delgado, Polygraph Lead Examiner, monitors the output.

**SEE PAGE 6**



Alive! photo by Tom Hawkins.



City Employees Club of Los Angeles  
120 West 2nd Street  
Los Angeles, CA 90012

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**DWP Long Term Care Insurance  
OPEN ENROLLMENT ENDS JUNE 30**  
— SEE PAGE 17



# Club Member Benefits

## Club Insurance

Your life and well-being are important to the Club. Get peace of mind with the Club's strong insurance programs:

- Group Rated Term Life Insurance (\$10,000-\$300,000)
- Auto and Homeowners Insurance Call Toll Free (888) 801-5522
- Group Rated Spouse Life Insurance (\$10,000-\$300,000)
- Group Rated Long-Term Disability
- Comprehensive Long-Term Care Insurance
- Cancer Insurance (\$10,000-\$50,000)
- Group Rated Accidental Death & Dismemberment Insurance

## Great Ticket Discounts

The cheapest tickets in town to theatres, amusement parks, and events! Go to [cityemployeesclub.com](http://cityemployeesclub.com) or call (888) 777-1744

## Club Partner Discounts\*

### Enterprise Rent-a-Car

Call the Club for discount codes and passwords!

### 1-800-flowers

Save 15%. Call the Club for discount code and password!

### Office Depot

Save up to 40%. Call the Club to activate your credit card.

### WallyPark

Show your Club membership card and save 30%.

\*Visit [www.cityemployeesclub.com](http://www.cityemployeesclub.com) for more discounts.

## THE CLUB:

# Home of the Cheapest Tickets in the City!

## NO MARK-UPS • NO SURCHARGES

# Up to 70% Off!

SEE PAGE XX

Only one association in Los Angeles gets you the cheapest tickets in the City. And it's us: The Club!

Here at the Club, we don't add extra markups or unnecessary surcharges. We work hard to bring you great Club benefits, and we take your cost savings very seriously. It's part of Celebrating Your Life.



**City Employees Club of Los Angeles.**

*Celebrating the Lives of City Employees.*



**Theme Parks**

**MOVIES**

**Events**



## CELEBRATE WPCCU'S 75<sup>TH</sup> ANNIVERSARY WITH LOW, LOW DIAMOND LOAN RATES!

*To say thank you to our loyal members, we're offering special DIAMOND LOANS to celebrate our 75<sup>th</sup> DIAMOND anniversary!*

### NEW OR USED AUTOS:

Rates as low as **1.75% APR** on new autos, and **2.75% APR** on used autos, for well-qualified buyers.\*

### CONSUMER LOANS:

Loans for appliances, computers, or cash for vacations or to pay off other, higher interest rate bills. Enjoy a .50% rate reduction on our already low consumer loan rates.\*\*

### Need help finding that new car?

Let WPCCU help with our Power Auto Buying Service. We've got great relationships with auto dealers in your area who can offer fleet pricing. Visit any branch and get preapproved for the car of your dreams that fits your budget!



*This DIAMOND RATE won't last long!  
Visit your nearest branch to find out more.*



**800-300-9728** [wpcu.org](http://wpcu.org)



Member FDIC

\*Auto loan payment, examples: New car loan payment on loan amount of \$12,000 at 1.75% APR for 60 months is \$209 per month. Used auto loan payment on loan amount of \$12,000 at 2.75% APR for 60 months is \$214 per month.  
 \*\*Some restrictions and all usual credit union lending standards and qualifications apply. Rate discount is on closed-end loans only, and does not include MasterCard, Cash Account loans or real estate loans. This offer is for members with at least six months of membership and who are in good standing with the credit union. Please bring your last two paystubs with you during application. These rates are subject to change, and are based on your credit history. See a member service representative for full details. Diamond Loans and rates are promotional and are not valid with other WPCCU promotions or coupon book offers.

A Message From the CEO

# It's One Very Humbling Chair

by John Hawkins  
President and CEO, The Club

I sat in the seat. The seat. And wow did it give me the chills! You can see in the photo exactly which seat I'm talking about. It's the Polygraph Chair, where, through a combination of technology and great interrogation skill, they get at the truth. In a very tiny room!

During our cool visit to the LAPD's Polygraph Unit, as part of our ongoing series on the Police Dept.'s Scientific Investigation Unit, Leonard Salcedo invited me to sit in the chair. (Leonard's the Officer in Charge of the Polygraph Unit.) How could I pass that up?

But there's another story here. They actually invited me to go through an actual polygraph interrogation. At first it sounded great, but the more our editorial team thought about it, the more we decided that this very serious tool was not to be used as entertainment. When we saw the list of cases that the LAPD Polygraph team had helped crack, we grew even more impressed – and more convinced that we should show the Unit as much respect as we could. So we turned down the generous offer. Thanks go to Leonard and to Jesse Delgado, Cecelia Anderson and all the good people in the Polygraph Unit who welcomed us back to the old Parker Center.



Club CEO John Hawkins (left) and Officer in Charge Leonard Salcedo.

In other business... let's talk tickets! And prices! Did you know that the Club's ticket prices are the cheapest in the City? You'll see that we're promoting that in this issue. We sell a lot of movie tickets to our Club Members. It's one of our most popular benefits. So you already know you're getting a good deal. But did you know you're getting the best price possible? We take care of our Club Members by giving you the best deal in the City. We're working hard for you in these tight economic times!

This month, May, begins our second big Open Enrollment period for our fantastic Long-Term Care insurance product. If you don't have it, you should strongly consider it. Last year, our Open Enrollment was for all City Employees except the DWP. This year (now through June 30), we're offering it to our great DWP Club Members. We don't expect to offer another Open Enrollment for Long-Term Care insurance for a while (at least). It really is in your best interest to sign up now, and protect your family. That's really important.

Did I mention that we have the cheapest tickets in the City? Well, it's worth mentioning again!

That just leaves the Z Awards... and the Club Cruise... and Mother's Day to mention in this issue. It's all good, it's all awesome. Enjoy our increasing daylight, and we'll see you in June.

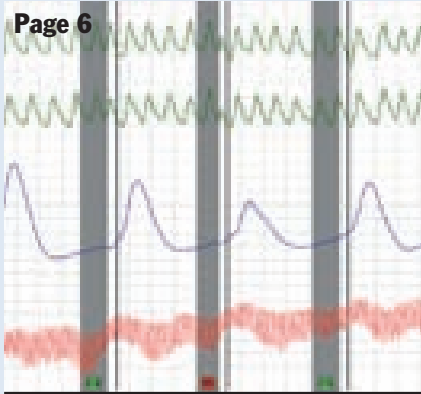
**JOHN**

(jhawkins@cityemployeesclub.com)

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Alive! May 2011

The newspaper of the City Employees Club of Los Angeles



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LAPD's Polygraph Unit works carefully and scientifically to discern the truth, keeping us all safer in the process.

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Don't wait—the Club's giving back to those who reserve their seats early.

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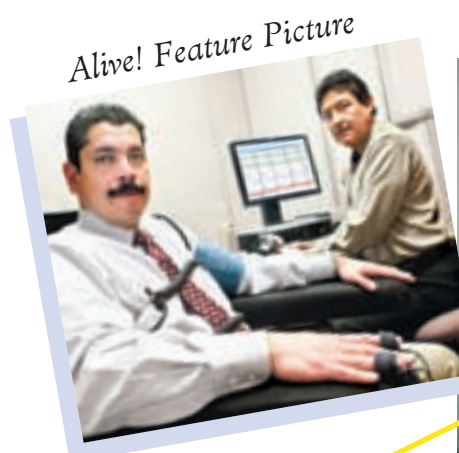
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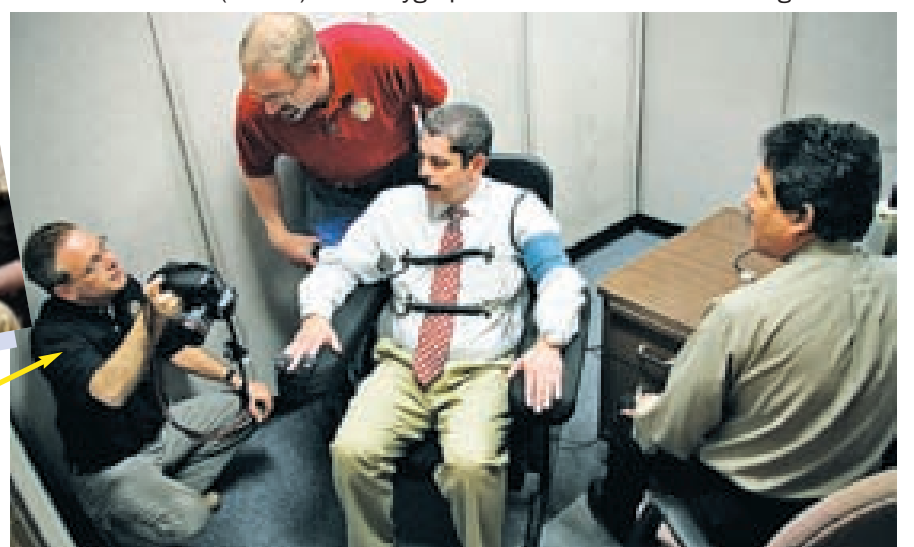
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## Alive! Behind the Scenes

Club Photographer Tom Hawkins (left) checks the cover shot with *Alive!* Editor John Burnes (red Club shirt), while Polygraph Unit head Leonard Salcedo (center) and Polygraph Lead Examiner Jesse Delgado wait.



Alive! Feature Picture



Tom Hawkins,  
Club Photographer



## Telephone Numbers You Can Use

City Employees Club of Los Angeles	(800) 464-0452
City Employees Club of Los Angeles FAX	(213) 620-0398
City Employees Deferred Compensation	(213) 978-1636
City Employees Benefit Office	(213) 978-1655
City Paymaster	(213) 978-7480
City of L.A. Clerical and Support Services Union, Local 3090	(213) 487-9887 EXT. 340
Commuter Services	(213) 978-1593
DWP Credit Union	(213) 580-1690 or (800) 300-9728
DWP Employees Assn.	(213) 367-3146
DWP Health Plan & Medicare	(800) 831-4778
DWP Information	(213) 367-4211
DWP Intake Magazine	(213) 367-1361
DWP Paymaster	(213) 367-1106
DWP Personnel	(213) 367-1934
DWP Retirement Plan Office	(213) 367-1712
Engineers and Architects Association	(213) 620-6920
Fire and Police Pension System	(213) 978-4545
LACERS	(800) 779-8328
Local 721	(213) 482-6660
L.A. City Bureau of Sanitation Bulky Item Pick-up & Recycling	(800) 773-2489
Los Angeles Federal Credit Union	(213) 485-5000
Los Angeles Firemen's Credit Union	(323) 254-1700 or (800) 231-1626
Los Angeles Fire Department Museum	(323) 464-2727
Los Angeles Firemen's Relief Association	(213) 380-2900
Los Angeles Police Federal Credit Union	(800) 872-2843
Los Angeles Retired Fire and Police Association	(888) 288-5073
Retired L.A. City Employees, Inc.	(800) 678-4145
Ticket Hotline	(888) 777-1744
Whistleblower/Complaint Program	(800) 824-4825
Worker Compensation	(213) 473-3400



**Cecilia Talbot, Claims Manager**



**Monica Zamudio, Claims Assistant**

You probably won't get to meet Club Claims Manager Cecilia Talbot very often... until you really need her. That's when her service shines. So, to assure you that you are in good hands, from time to time *Alive!* will reprint letters commending the service given by Cecilia and her excellent staff. — Ed.

### Club Members' Praise

The Club's claims service is "excellent, with prompt and very personal attention."  
— Merle Young, February 2011

The Club's claims service is "excellent and very helpful answering questions. Thank you for the book *[The Fall of Freddie the Leaf]*. It was very comforting to me."  
— Margaret Alpaugh, November 2010

The Club's claims service is "very personal and caring. Thank you for your kindness and thoughtfulness. You made me feel like I was not alone, and I will always be taken care of, like I'm a part of the City of Los Angeles family."  
— Maria Luz Salinas, October 2010

The Club provided "excellent service and was very caring. I appreciate receiving a sympathy card with everyone's name. Your staff helped us when Dad passed away in 2009. When Mom passed in September 2010, your staff gave me information regarding a life insurance policy that I was entitled to."  
— Janice Solis, October 2010

The Club's claims service is "excellent and prompt, very helpful and patient with several questions. Thank you, Monica!"  
— Patricia Grasty, October 2010

### Your Club Insurance Dollars at Work: Claims Paid

	Last 12 Months
Life Insurance	\$2,328,151
Long-term Disability	\$1,725,415
Long-term Care	\$367,228
Cancer Insurance	\$100,000

**Total claims paid to Club Members in the last 12 months: \$4,520,794**



### The City Employees Club of Los Angeles

*Celebrating the Lives of City Employees*

Trust the Club's insurance and claims services when you need them the most. Contact an Insurance Counselor today: **(800) 464-0452**

#### It pays when you buy your insurance through the Club! Great rates on:

- Accidental Death and Dismemberment
- Long-Term Disability
- Long-Term Care
- Cancer Insurance
- Pet Insurance
- Legal Services
- Auto Insurance

May 2011 • Volume 10 – No. 5

# Alive!

is published monthly by:

**City Employees Club of Los Angeles**  
120 West 2nd Street  
Los Angeles, CA 90012  
Telephone: (800) 464-0452

John Hawkins and Robert Larios, *MANAGING EDITORS*  
John Burnes, *EDITOR*  
JJLA Associates, *DESIGN AND PRODUCTION*  
Produced by John Hawkins

*Alive!* is the official publication of the City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012. Postage paid at Los Angeles, California. CONTACT US: [alive@cityemployeesclub.com](mailto:alive@cityemployeesclub.com). SUBSCRIPTION RATES: *Alive!* is included with membership in the City Employees Club of Los Angeles. INQUIRIES: [alive@cityemployeesclub.com](mailto:alive@cityemployeesclub.com), or (213) 620-0388. POSTMASTER: Send address corrections to City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012.

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#### The Club's Board

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*Fire and Police Pensions*

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*Commanding Officer of Property Division, LAPD*

**Martin Chavez**  
*Human Resources Officer, The Port of Los Angeles*

**Regner Globus**  
*Property Manager, Port of Los Angeles*

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**Vas Singh**  
*Revenue Management Division, Office of Finance*

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*LAPD, Retired*

**Rose Hyland**  
*Office of the Controller, Retired*

**Marilyn Holley**  
*Public Works: Bureau of Sanitation, Retired*

These are the faces behind the Club. Our staff is dedicated to helping our members receive the maximum benefit from their membership. If you have questions, concerns or suggestions about your Club, our counselors are ready to help.



**John Hawkins**  
*President & CEO*



**Brian G. Trent**  
*Chief Financial Officer*



**Robert Larios**  
*Director of Operations*  
*"Sports Dude" and "Chef Larios"*

#### Accounting



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*Controller*



**Trinh Pham**  
*Senior Accountant*



**Katie Hesselstine**  
*Application Coordinator*



**Jennifer Shackelford**  
*Application Coordinator*

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**Cecilia Talbot**  
*Claims Manager*



**Monica Zamudio**  
*Claims Assistant*

#### Support



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*New Projects Coordinator*



**Megan Evanich**  
*Customer Service Associate*

#### Information Technology



**Michael Anderson**  
*Information Technology Manager*



**Alan Bound**  
*Information Technology Programmer*



**Summy Lam**  
*Director of Marketing*

#### Club Store



**Rachael Brecher**  
*Club Store Assistant Manager*



**Lupe Medina**  
*Administrative Service Representative*



**Megan Debolt**  
*Club Store Services Coordinator*

## Meet the Club Team



Questions? We're here to help.  
Call between 8:00 a.m. and 4:30 p.m. weekdays.

**(800) 464-0452**

#### Member Services



**Eboné Moses**  
*Club Member Services Counselor*



**Tiffany Sy**  
*Member Services Counselor, In-house*

2008 President's Award Recipient



**Angel Gomez**  
*Director of Member Services*

Accounting, Bureau of Animal Services  
Building & Safety  
Chief Legislative Analyst, Office of the City Administrative Officer  
City Attorney  
City Clerk  
City Council  
Community Redevelopment Agc  
Contract Administration, Bureau of Controller, Office of the Convention Center  
Cultural Affairs  
Disability, Department on  
DWP-Administration  
DWP-Energy Services  
DWP-Financial Services Executive  
DWP-Integrated Support Services  
DWP-Marketing & Customer Svcs  
DWP-Water Aqueduct District  
DWP-Water Services  
El Pueblo De Los Angeles  
Emergency Preparedness  
Finance  
Housing Department  
Los Angeles Memorial Coliseum  
Los Angeles World Airport  
Mayor  
Planning  
Street Lighting, Bureau of

Administration  
Aging  
City Employees Retirement System  
Community Development Dept  
General Services  
Employee Relations Board  
Engineering, Bureau of  
Environmental Affairs  
Fire  
Fire & Police Pensions  
Information Technology Agency  
Library  
Neighborhood Empowerment  
Personnel  
Recreation & Parks  
Sanitation, Bureau of  
Status of Women  
Street Services, Bureau of  
Transportation  
Zoo

2003 President's Award Recipient



**Arlene Herrero**  
*Club Products Manager*

Police (LAPD) Harbor



# LETTERS To the Editor

Tell us what you think! [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

## —LETTER OF THE MONTH—

### LAX Airfield Bus Story Really Delivers for Ken



I received *Alive!* in the mail yesterday. The story is perfect [A *Critical Link*, April]! Thanks for all the time you spent doing such a great job. The story is a real morale booster for us. I have a feeling that the drivers that are not members of City Employees Club are about to be.

— Ken White, Bus Operations, World Airports

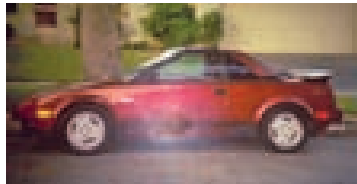


Hi Ken, you're welcome. We had a great time at LAX producing the story, thanks to your assistance. We love telling stories of City Employees doing interesting things. See you next time we're transferring from an international flight!  
— Ed.

### NOTICE Help Alma Find Her Car!

**HOT TIP:** Someone stole the car of Club Member Alma (last name withheld). With all our eyes and ears, maybe someone will come across it.

"My car was stolen last Saturday [April 23] at Sherman Way and Balboa in the Valley. It's a 1987 Toyota MR2, red with a sunroof. The license plate number is 4TZE332. I need my car back, thanks for your help."  
If you see this car, please contact the Club at (800) 464-0452 or [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com), and we'll forward the tip directly to Alma.



### Chef Larios Gung Ho for Gumbo From Club Member

Thanks a lot, Chef Larios, for including my gumbo recipe in *Alive!* [Cooking With the Club, April]. It was very much appreciated!

— Terry Gray, Club Member

*Chef Larios replies:* You're welcome, Terry! Club Members are always welcome to submit their favorite recipe for future consideration. Send them to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

### Joey Draws Conclusions About Coloring Contest Coolness Factor

Hi Club. My name is Joey. I just wanted to thank you for the really cool prize you sent me for being a runner up in your coloring contest [Coloring With Lupe, March]. Tell Ms. [Lupe] Medina that she's the best.

— Joey McRivers, age 7, son of Mr. McRivers, Public Works

### Martin to Set Sail With Cash Made From *Alive!* Classifieds

Sold! Thanks to your classifieds, I've made enough money to finally buy that 23-foot Boston Whaler I've always wanted. And being able to post a picture for free is even more of an added bonus. Thanks for providing this valuable service. Keep up the good work!

— Martin Sethwhick, a happy Club Member, Public Works/Sanitation

### April Graduations Included One From Serving in the Air Force

Here's a shoutout to Steven Vail, the son of John and Mary Vail in Whitefish Mont. [Graduations, April]. As a fellow Air Force vet, I just wanted to say thank you, Steven, for a job well done!

— Maxwell Adams, Retired LAPD

### Club Discounts Like Office Depot Really Help in Tough Economy

Hey Club! I wanted to let you guys know how great it is to be a member, especially when the economy is not doing so well and the City is thinking about more furloughs and layoffs. In the thick of it all, the Club is still there for me, and I know other members from the City and DWP feel the same way. I don't know how to express my gratitude for the kind of savings I experience at Office Depot. The other day, I bought tons of supplies for my two boys who are in third and sixth grades. I spent over \$155, and when they rang me up and I used my credit card that I linked with Office Depot through the Club, the total fell to \$98. That was huge! I hope others know how amazing this program is for us.

— Mary Rose Wilkens, Retired, Library

— Henry Jenkins, LAFD

Only at the Club Store!

# Play Club Store Trivia!

Answer the question correctly, and you could win free movie tickets

**This month's question:**  
What was the original word depicted on the now-famous Hollywood sign?

**Answer:**  
Hollywoodland

#### This month's winners:



Gary Sellers, LAPD, 20 years of City service



Roberta Avellaneda, LAPD, 7 years of City service

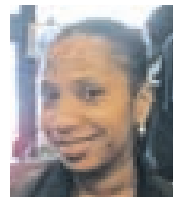


Henry Rodriguez, Transportation, 15 years of City service

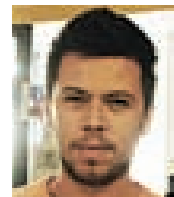
#### Others who played:



Clarence Perry, City Attorney's Office, 10 years of City service



Jenelle Williams, LAPD, 10 years of City service



Jonathan Zamora, Rec and Parks, 6 years of City service



Brandee Bereal, DWP, 2 years of City service



Roxana Perla, Rec and Parks, 10 years of City service



Loretta Quenon, General Services, 15 years of City service



Maricela Olmedo, LAPD, 4 years of City service

#### Here's how it works:

■ When you walk up to the Club Store Ticket Counter, you might be asked a trivia question. If you answer it correctly, you'll be entered into a drawing. Every month, we'll give away a pair of movie tickets to three people who gave the correct answer. The winners of the movie tickets are chosen at random; winners can choose tickets to any movie chain the Club Store carries.

- No purchase necessary.
- New questions are introduced toward the beginning of the month.
- Winners of the drawing aren't eligible to win again for two months, please.
- The Club Store Trivia is available only in person at the Club Store. Only Club Members in good standing are eligible to participate.

## The Club Store

120 West 2nd Street • Los Angeles, CA 90012



### Get a FREE Quote on Auto and Homeowners Insurance

**NOW ON THURSDAYS! THE UNITED AGENCIES REPS ARE APPEARING AT THE CLUB STORE ON THURSDAYS.**



Rosa Calderon, Personal Insurance Agent



Patty Pulido, Personal Insurance Agent



Rose Rangel, Personal Insurance Agent



Suzanne Eggli, Personal Insurance Mgr

#### APPOINTMENT SCHEDULE

Representatives from Club partner, United Agencies will be at the Club Store:

**May 5** 8:30 a.m. – 4 p.m.  
Rosa Calderon

**May 12** 8:30 a.m. – 4 p.m.  
Patty Pulido

**May 19** 8:30 a.m. – 4 p.m.  
Rosa Calderon

**May 26** 8:30 a.m. – 4 p.m.  
Patty Pulido

Your United Agencies Reps:  
(888)801-5522





.....  
 ..... **Alive! Feature**  
 .....  
 .....

The Police Dept.'s Polygraph Unit plays a significant role in crime fighting.

# To Tell the Truth

**S**itting in the polygraph chair... cables attached... and the questions begin. It's the moment of truth for tens of thousands of Angelenos over the decades. And it's a major crime-fighting tool, keeping us all safer.

**Welcome to the Polygraph Unit of the Los Angeles Police Dept.**

## An Overview

The use of the polygraph has proven to be an invaluable investigative tool for the exoneration of the truthful and for the detection of the deceptive. Polygraph examinations have assisted federal, state and local law enforcement agencies throughout the world. This investigative tool can assist a detective's ability to focus in on key areas or suspects, thereby reducing resources committed to an

investigation. The Scientific Investigation Division's (SID) Polygraph Unit has frequently assisted detectives when there has been insufficient evidence to affect an arrest and/or obtain a District Attorney filing. Polygraph examiners have routinely obtained confessions from suspects during the interrogation phase of the exam, following a deceptive result.

The Scientific Investigation Division's (SID) Polygraph Unit was first established by the Los Angeles Police Department in 1939 with the assignment of one examiner. During the first month of operation, the unit boasted just seven polygraph examinations. During the past 70 years, the Department has recognized the valuable contributions polygraph examiners have made in the support of the Department's mission, and the unit has expanded to 14 full-time, civilian polygraph examiners.

In its 70-year history, the Polygraph Unit has played significant support roles in famous cases, including the Black Dahlia murder; the Tate-La Bianca murders (the Charles Manson case); the O.J. Simpson murder case; the Skid Row Slasher case; the \$18.9 million Dunbar heist; and the theft of the Oscar statuettes in 2000. In 2010, the Polygraph Unit administered more than 2,700 polygraph examinations. The unit is on call 24/7, with personnel ready to respond to the needs of the Department. The majority of the unit personnel is comprised of retired federal and local law enforcement officers, with extensive law enforcement experience; they are highly motivated and are considered expert interviewers and interrogators.

Left, in the Polygraph Chair: Leonard Saldeco, Officer in Charge of the unit; and Jesse Delgado, Polygraph Lead Examiner, monitoring the results.



**THE PROCESS**



**How Polygraph Works**

A polygraph instrument records physiological changes that take place in the body as a result of a lie. When a person lies to a question on the test, the autonomic nervous system's "fight/flight" response is engaged. This response cannot be controlled and will be triggered due to the examinee's fear of being caught in that lie.

The instrument measures and records several physiological responses such as blood volume, pulse, respiration, breathing rhythms, and skin conductivity while the examinee is asked and answers a series of questions. The polygraph instrument measures physiological changes caused by the sympathetic nervous system during questioning.

**When It's Most Effective**

Detectives often seek the assistance of the Polygraph Unit when they do not have enough evidence or probable cause to effect an arrest. When suspects fail polygraph examinations, the interrogations often become confrontational. In these instances, examiners must overcome vigorous denials by suspects and are often able to obtain full confessions from them. In addition, examiners may develop new information, which may provide detectives with new leads to pursue or may assist with the elimination of suspects.

**Other Functions**

In addition to providing criminal polygraph examinations for the Department, the Polygraph Unit is responsible for interviewing and administering polygraph examinations to police applicants and sworn or civilian employees seeking assignments in specialized units.

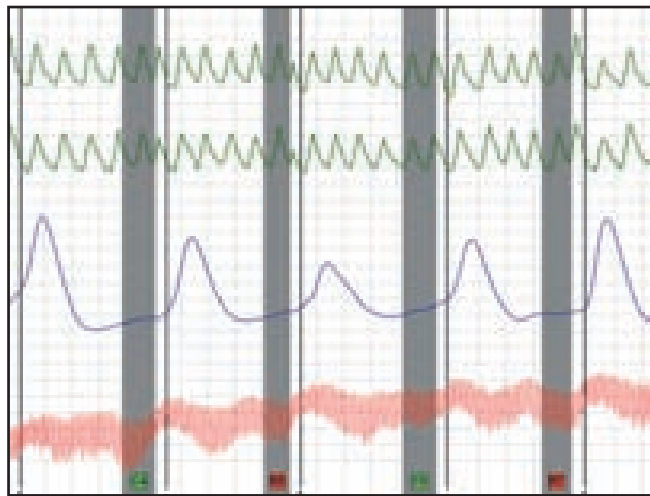
In addition, in 2010, polygraph examiners provided several interview and interrogation classes to detectives throughout the Department. Examiners also conducted classes in the use of polygraph at the new Detectives School and at a local law school.

In the continuous pursuit of excellence and self-improvement, the SID Polygraph Unit successfully underwent a voluntary accreditation inspection in 2010 by the National Center for Credibility Assessment (NCCA). The NCCA is a federal agency responsible for training, overseeing, and inspecting federal polygraph unit programs throughout the country. The SID Polygraph Unit became the first local law enforcement polygraph unit in the country to achieve accreditation in the newly created Polygraph Law Enforcement Accreditation (PLEA) program, under the auspice of the FBI. The goal of the PLEA program is to standardize polygraph practices within the law enforcement polygraph community. PLEA requires that the accredited unit maintain the same standard of excellence and training that is required of all federal polygraph programs. The NCCA has referred to the SID Polygraph Unit as one of the most professional and premier law enforcement polygraph units in the country. On numerous occasions, NCCA has requested their assistance in the training and mentoring of other law enforcement agencies and the development of their polygraph programs to ensure they will that meet the PLEA standards.

It is an element within the SID mission statement to provide technical and forensic services to the Criminal Justice System with the highest degree of quality and ethical standards. The Polygraph Unit has certainly accomplished this objective through their extraordinary achievements, professionalism, and in the quantity and quality of

work produced in support of the Department. Polygraph examiners routinely perform over and above the call of duty to assist, not just the Department and the victims, but for law enforcement agencies throughout the country. ■

*Information courtesy the Polygraph Unit Photos by Angel Gomez, the Club's Member Services Director, and Tom Hawkins, Club Photographer*



A typical polygraph readout.



**Some of the major cases that were resolved through the use of polygraph in 2010 included:**

- Confession in a double homicide of a mother and her six-year old daughter (Mission Area);
- Confession in a stabbing death of suspect's wife; the wife was subsequently buried in suspect's backyard (Southeast Area);
- Confession in a 2006 murder of a police officer, where the shooters were identified (Robbery Homicide Division);
- Confession of a suspect who admitted raping a 10-year-old child (N. Hollywood Area);
- Confession in neglect of infant child, leading to infant's death (Abused Child Unit);
- Confession in neglect of infant child, leading to infant's death by drowning (Abused Child Unit);
- Numerous confessions regarding sexual and physical assaults against children; and
- Numerous cases in which additional information was obtained, identifying suspects in gang-related shootings and other homicides.

Through the use of polygraph in criminal investigations, examiners often assist detectives with how to best allocate their limited resources. When the detectives are faced with multiple suspects or multiple witnesses who report contradictory information, polygraph has proven to be a valuable tool in exonerating the innocent. When a suspect or witness is telling the truth, a result of No Deception Indicated (NDI) may offer a sense of vindication, enabling them to move on with their lives. Equally important, detectives may feel more confident about information provided by these individuals, which may develop new leads or identify new suspects. ■

# Getting to the Truth

Here's how the LAPD's Polygraph Unit goes about its business of interviewing people and deciphering the truth.

## 1 Sign In

Those to be examined sign in at the front counter.



Leonard Salcedo (center) explains the sign-in process to *Alive!* editor John Burnes. Managing the sign-in process is Ellen Sahara, Sr. Clerk Typist.

## 2 The Hallway

The interview process actually begins here, in the hallway prior to entering the polygraph suite. Here, the examiner will begin the questioning to get a solid read on the examinee, and to check for mood, alertness, and other factors. Questions asked here include hours of sleep; when the examinee last ate; how the examinee is feeling; whether there have been any recent personal stressors, for example a death in the family; and other questions. "We want them alert, and we want them focused," Leonard Salcedo explains.

Leonard Salcedo (left) explains the hallway process to *Alive!* editor John Burnes.





# Alive! Feature

# THE PROCESS

## 3 The Polygraph Suite

### THE POLYGRAPH SUITE

After a quick visit to the property lockers, where the examinee can secure personal items, the examiner checks the polygraph status board to see which suite is available. The illuminated red light indicates a polygraph examination is in session.

Then the examiner leads the examinee into the polygraph suite, a smallish, sound proof room that contains the polygraph instrument (machine) attached to a PC; the polygraph chair; and examiner's chair.



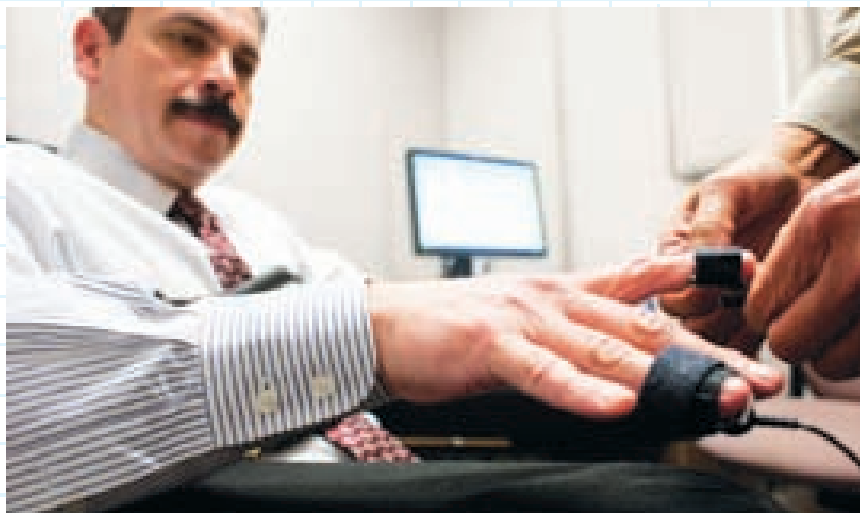
### THE EXAMINATION BEGINS

Here, Polygraph Lead Examiner Jesse Delgado (right) explains the process to Club CEO John Hawkins (dark shirt).



### PLACING ELECTRODES

Electrodes are placed on the examinee's fingers and chest.



### THE POLYGRAPH INSTRUMENT

The actual polygraph instrument is connected to a PC.



### MONITORING BLOOD PRESSURE

A sleeve is used to monitor blood pressure.

### ANALYZING THE DATA

Once the physiological data is collected, the examiner leaves the polygraph suite to analyze the polygraph charts in his or her office. After the initial analysis, the examiner will collaborate with a Lead Examiner before reaching a final conclusion. Once a conclusion has been reached, the examiner returns to the polygraph suite and notifies the examinee of the results of the examination. If the examinee is a Police Applicant and displayed significant responses, the examiner will give the applicant an opportunity to explain those significant responses. In a criminal examination when an examinee fails, the examiner will interrogate in an attempt to get a confession.

## 4 The Examiner's Office

The examiners return to their office and analyze the data. The examinee waits in the polygraph suite. In this office are Polygraph Examiners Rich Palacios (front left), Danielle Hill (back left) and Harold Hansen (back right).





# Getting to the Truth<sub>continued</sub>



## 5 Leads Office

After an examiner has analyzed the data, he or she brings the data to a lead examiner, where an independent lead examiner evaluates the data a second time and critiques the first examiner's analysis. The lead examiner has not been privy to the examiner's results and therefore is neutral.

In this room are Lead Examiners (front, left) Jesse Delgado and Bill Beringer (back right).

## 6 Server Room

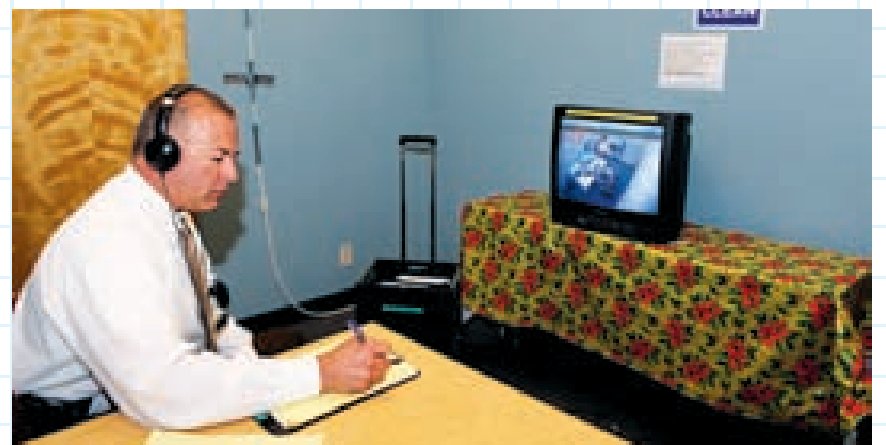
Here, all polygraph suites can be monitored at once.



## 7 Viewing Room

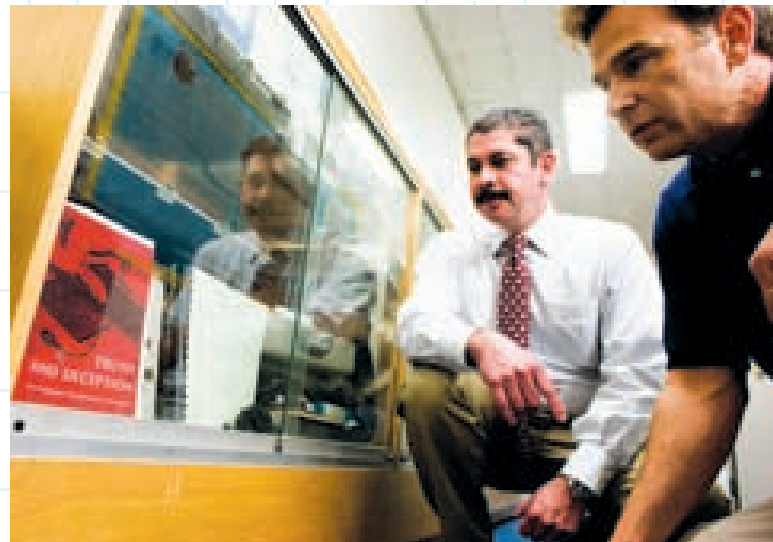
Only the examiner and examinee are allowed in the polygraph suites during an examination. In the separate viewing room, approved observers can monitor an examination. Here, LAPD Det. Frank Carrillo, Detective Supervisor, Wilshire Homicide Div., monitors a polygraph of an actual case he is working on.

Lawyers are also able to monitor an examination from this room.



## 8 Historic Equipment and Books

The Polygraph Unit maintains old polygraph equipment and books for nostalgia. These items are not functional. Here, Leonard Salcedo explains an old, portable polygraph instrument to Club CEO John Hawkins.



THE PROCESS



## Alive! Feature: Interview

An interview with Leonard Salcedo, Polygraph Examiner and Officer in Charge of the Polygraph Unit

# We Save Future Victims

On April 6, *Alive!* editor John Burnes sat down to talk with Leonard Salcedo, Polygraph Lead Examiner and Officer in Charge of the Polygraph Unit. The interview took place in his office at Parker Center; the Polygraph Unit is one of the few remaining units at Parker Center, although the unit is scheduled to move to Piper Tech soon. — Ed.

**Alive!** Leonard, thanks for meeting us today. So, when it comes to polygraphs, what's the proper terminology? "Polygraph" sounds official. Is "lie detector" frowned upon?

LEONARD SALCEDO: It's commonly referred to as a lie detector or "the machine." But the proper terminology is polygraph instrument.

**How have those changed over the years?**

LEONARD: They've changed quite a bit. [In the 1930s], they were large, bulky machines that ran paper with inkwells and ink pens. That's how the charts were recorded. That created a lot of problems, because the instruments were heavy. You had to deal with the ink. And a lot of times that ink would spill and would get on the examiner's clothing. So it was a messy process.

As the years progressed, they became computerized. What we use here in the department is regular computers [PCs] with a polygraph instrument attached. And it's very small. It's about eight inches by two inches. And it weighs, maybe, about a pound or two. And it's also very portable. We have a laptop that we use when we have to administer polygraph examinations in different jails. Or sometimes the detectives are working cases and their suspects are out of state. One of my examiners will fly to that state with the detective to administer the exam.

### What the Machines Do

**What do the instruments do? What is their methodology?**

LEONARD: All the instrument does is record physiological changes that take place during a polygraph examination. It works during "fight or flight." Let's say that you're driving down the freeway. All of the sudden, you see a police car behind you. Your body's going to start reacting because you're going to feel threatened. You might think you're going to get pulled over. So your respiration might increase. You might start sweating. There are subtle changes that take place within your body. And sometimes they're so subtle, you don't realize they're taking place. The instrument is very sensitive. And it records all those physiological changes during the questions, when they're being asked. That polygraph instrument sends that data to the computer, where the examiner can view the physiological responses as he's asking the questions. He can see those reactions live on the screen.

**So the physiological change or affect in your body is something that people can't control. It's almost an automatic thing?**

LEONARD: Right. Since you were a young child, you have been taught that there are consequences for lying and that condition-

al programming will cause the body to react. The sympathetic nervous system instinctively takes over in an attempt to protect the body; it gets the body ready to fight/flight/freeze, which is typically referred to as "fight or flight." These physiological changes are automatic.

**What do they do best? What does the whole polygraph process do best?**

LEONARD: The only function of the polygraph instrument is to record physiological data that is being transmitted by the body, and transform it into visual responses on a computer screen that a polygraph examiner can analyze.

**How many examinations do you perform a year?**

LEONARD: Right now we are averaging approximately 2,500 examinations per year. From 2005 through 2007, we were extremely busy with police applicants; we administered an average of 5,000 examinations per year.

### The Key: The Examiner

**The instrument is half of the process, maybe not even half. At least half of the process is the examiner, isn't it?**

LEONARD: The most important aspect of the polygraph examination is the polygraph examiner. The polygraph examination begins the moment the examiner greets the examinee and begins to build rapport. This can be accomplished by something as simple as shaking the examinee's hand and introducing yourself. The polygraph process is very stressful, and the job of the examiner is to make every attempt to relieve some of the stress and nervousness. This is usually accomplished during the pretest and when the entire process is explained to the examinee.

The examiner explains to the examinee that there will be no surprise questions and that they are going to review all the questions together before the examination. Another reason we review all the questions prior to the exam is to ensure the examinee understands them.

**If you're an examiner, what is key toward your performing a good examination? Is it tone of voice? Is it attitude? Is it being calm? What are the keys to having a really good, effective examination?**

LEONARD: It's everything you mentioned. One of the most important things is rapport building. One of the ways this can be accomplished is for the examiner to adapt his/her personality to that of the examinee.



Leonard Salcedo, Polygraph Lead Examiner and Officer in Charge of the Polygraph Unit.

**Are the questions written before every examination?**

LEONARD: No. If it's a criminal examination, we'll get an advanced copy of the crime report. The day of the examination, the assigned examiner will meet with the detective to review the case. At this time we also make sure the detective understands the capabilities of the polygraph examination. The questions that we ask the examinees have to be very specific to ensure we do not miss the target. At times, the detectives who are not familiar with how the polygraph exam works will give us a long list of questions they want asked. However, the process does not work in that manner; the fewer questions, the greater the accuracy of the exam.

**How many questions is typical?**

LEONARD: Typically, on criminal exams, we don't ask more than three questions.

**Are there baseline questions, default questions? Like, "What's your birthday" or those kinds of questions that establish a baseline?**

LEONARD: Yes, there are. We typically ask the examinee, "Are you in Los Angeles? Are you sitting down? Are the lights on in this room?" In addition, will also ask the examinee to write down a number and then they are asked to lie to writing that number. This type of question format is called an acquaintance test, and it serves two purposes. The first purpose is to get the examinee acquainted with the polygraph process and to allow them to see how it works firsthand. This also gives the examinee an opportunity to experience the feeling of having the polygraph components on his/her body and helps them alleviate some of the nervousness. The second purpose is to allow the examiner to adjust his/her polygraph tracings to each particular examinee. The examiner accomplishes this by analyzing the physiological responses when the examinee lies to the number they wrote and then adjusting the sensitivity on the instrument to obtain a baseline.



## ‘The polygraph instrument and our interview and interrogation skills are weapons that we use to fight crime [and] help protect the innocent.’

– Leonard Salcedo

### Training and Guidelines

**Okay. How much training does an examiner receive?**

LEONARD: The typical polygraph school is approximately two months. If we hire a new polygraph examiner that just graduated from polygraph school, they are hired as trainees and are placed on an 18-month internship program. During this time period, the new examiners are trained in the polygraph formats that we use at LAPD. We follow federal polygraph standards; however, not all polygraph schools teach those federal formats.

**This is an established science, isn't it? It's been around for a long time.**

LEONARD: Yes. It's been around for a very long time.

### Who They Examine

**So you have three basic types of situations here. First are police applicants, people who want to work for the police.**

LEONARD: Yes. That's the majority of our examinations. When a police officer candidate applies to the police department, part of the hiring process is that they have to take a polygraph examination.

**And the second group is...**

LEONARD: The second group is police officers, detectives or City Employees that want to work specialized units, for example, major crimes, vice, narcotics. Part of their hiring process is a polygraph examination.

And then, the last type of examination that we do is criminal examinations.

**And that's people who are thought to have some involvement or have witnessed a crime?**

LEONARD: Yes. A lot of times the detectives will come to us as a last resort if they don't have any physical evidence or they don't have enough probable cause to affect an arrest. The District Attorney won't file. So the detective will come to us, and if the suspect fails the exam, the examiner will interrogate. The majority of time, they'll get confessions. With those confessions, then, the DA's office will file charges.

**If you were to break those three down into percentages, how would it go?**

LEONARD: Police applicants, probably, are 90 percent of our

business. And then, criminal exams, probably, are the next highest, at about 8 percent. And then, internal screens. It really depends on the month. During some months, especially in the summer, the crime increases, so the percentage will increase.

**Do you do work for outside agencies? Do you contract your work?**

LEONARD: We don't do any contract work. However, in the past we have administered courtesy polygraphs for other police agencies. Recently, we administered a polygraph examination on the request of the New York City Police Department. One of their suspects had moved to the local area; the suspect was suspected of being part of a million-dollar scam.

### Admissible in Court?

**Are they admissible in court?**

LEONARD: Yes, they are, with a caveat. If the attorneys want to admit the entire polygraph into court – and I'm just talking about California because all the states have different rules – but in California, the defense attorney and the DA's office have to agree that they're going to admit the polygraph. Then, they go in front of the judge. The judge will [then] allow the polygraph. The majority of the time, the defense attorney will not agree to a polygraph. The detectives bring the suspects. It's all voluntary. If the suspect fails the exam, and my examiner gets a confession, what gets into court is just the confession – what the suspect told the examiner after the exam. The polygraph is not mentioned in court, just the confession.

**So it has limited admissibility, unless it's given full agreement beforehand.**

LEONARD: Right. In some states, you don't have to go through this process. The entire polygraph is admitted into court.

**Tell me why a criminal or suspect, shall we say, would agree to be subjected? Are they forced by law to do that?**

LEONARD: No. Like I said, it's all voluntary. They cannot force them to take a polygraph exam. Sometimes the suspects want to appear that they're cooperating with the investigation. They're trying to throw off the detective. Some might think that they can beat the polygraph. There are a number of reasons. When they fail the polygraph, that's one of their excuses or defenses. They'll say, "Well, if you're telling me I did this, why would I volunteer to take a polygraph exam?" But after continuing with the interrogation, eventually they'll confess.



Leonard Salcedo, Officer in Charge of the Polygraph Unit, takes *Alive!* editor John Burnes on a tour of the unit's facilities.

**To try to clear themselves from being under suspicion?**

LEONARD: Correct. In the minds of the guilty they are willing to take a gamble and give the appearance they are cooperating with the investigation. In the case of the truthful, they may feel that is the only way they exonerate themselves. If the examinee is being truthful and passes the polygraph, it will help eliminate them as suspects.

**Because – if they're not being forced to take a polygraph test, if it's volunteer, then they're really taking a risk.**

LEONARD: Yes, they are.

### Myths

**What are the biggest myths? What is the biggest thing that you might see on one of the police TV shows – can you specify what the biggest myth is about polygraph units?**

LEONARD: On a lot of occasions, the examinees have a misconception that the polygraph examination they are going to take is going to be the same as what they saw on television. They don't understand that what they saw on television was created for entertainment and to create a shock factor. But nothing could be further from the truth. A real polygraph examination administered by a professional is clinical, scientific, and would be very boring if it was televised.

### First to Be Accredited

**The science of the polygraph examination or the process of it really hasn't changed much.**

LEONARD: Not the aspects of the polygraph process, but the technology has improved, and the professionalism and education of polygraph examiners has also improved. One of our major accomplishments in the Polygraph Unit was to receive

Leonard Salcedo, Officer in Charge of the Polygraph Unit, during the *Alive!* interview.





**Alive! Feature: Interview**, continued

**CSI:LA** LAPD SCIENTIFIC INVESTIGATION DIVISION: Polygraph Unit

accreditation from the Polygraph Law Enforcement Accreditation (PLEA) program. The PLEA was created to standardize the way police agencies administer polygraph examinations across the country and to improve the professionalism and training of the examiners. We were the first agency in the country to achieve such a milestone. I am very proud of this accomplishment and of the examiners that work in the Unit.

**The Truth Comes Out**

Tell me a couple of stories of some of those cases when you think the polygraph unit had a significant role to play in solving them.

LEONARD: One comes to mind. Detectives brought in a suspect who was accused of killing a female transient and then setting the building on fire to cover the crime. The detectives did not have enough evidence for an arrest. The suspect failed the examination, and after an artful interrogation by the examiner, the suspect not only confessed to that crime, but to two other homicides in other states.

In the [polygraph examination] room?

LEONARD: In the room.

Wow.

LEONARD: He also agreed to take the detectives to where he had hidden the body, as long as the examiner accompanied them.

How long ago was that?

LEONARD: Maybe four or five years ago.

And the polygraph process had a role to play in other big cases, too, right?

LEONARD: Yes. We had one case in particular where a woman reported to the police that she had been kidnapped at gunpoint and taken to another state. A lot of agencies including the F.B.I were involved in investigating the crime. The FBI asked if we

could assist them by giving her a polygraph exam. Some of the statements she made to the investigators had inconsistencies. The investigation was going to be labor intensive and a lot of money was going to be spent investigating the allegations. The woman failed the polygraph examination and, after a grueling interrogation by one of my examiners, she eventually confessed that she had made up the entire incident. The FBI agents were so impressed with the examiner's interrogation skills that they later requested a copy of the video for training purposes.

**The Polygraph Crew**

How good is your crew?

LEONARD: They're excellent examiners. Most of us are retired law enforcement officers, and we have a lot of experience with interviews and interrogations. Detectives recognize this fact, by our proven results. Recently we were asked by some of our detectives to put together an interview interrogation class. This class was taught to detectives at different LAPD divisions. We received great feedback from the detectives that attended the training classes. There have been instances when a detective made comments such as, "Well, that was a very good technique. I'm going to start using that technique during my interrogations."

**Saving the Innocent**

Any last points you want to make?

LEONARD: We are not just about catching the deceptive examinees, but most important is that we help exonerate the innocent. There is nothing worse or more traumatic than being accused of a crime you did not commit and feeling helpless when trying to prove your innocence.

In addition, one of the most important jobs an examiner has is saving future victims. For example, some of the suspects that are brought here for polygraph examinations are accused of

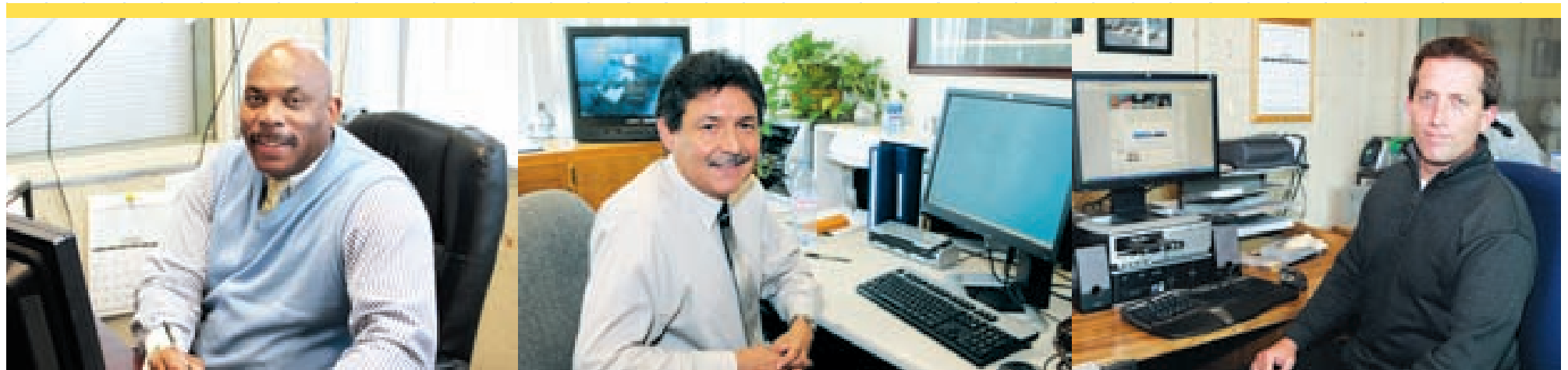


Leonard Salcedo, Officer in Charge of the Polygraph Unit, explains the unit's server room and function to *Alive!* editor John Burnes.

heinous crimes such as molesting defenseless children. In a lot of these cases, there is no evidence, and these child predators are free to roam the streets, always on the hunt for their next victim. After these child predators fail a polygraph examination and confess to their crimes to one of my examiners, they are taken off the streets, saving countless potential victims. Examiners may no longer carry handguns, work the streets, respond to radio calls or investigate crimes, but nevertheless we still help protect the community. The polygraph instrument and our interview and interrogation skills are weapons that we use to fight crime, help protect the innocent, and help our fellow detectives.

**Absolutely. Thank you.**

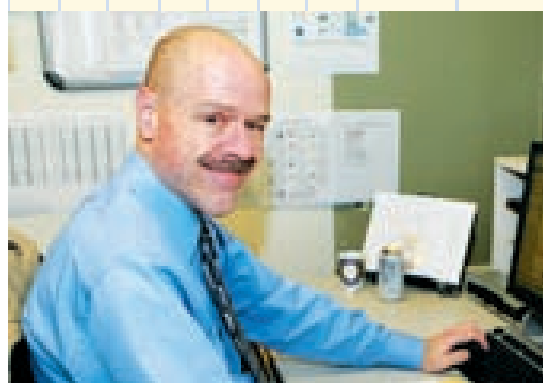
LEONARD: You're welcome. ■



James Abrams, Polygraph Examiner II.

Jesse Delgado, Polygraph Lead Examiner.

Michael Hurley, Polygraph Examiner II.



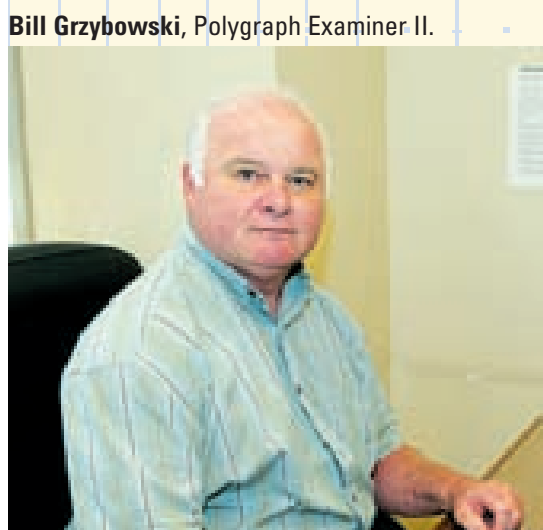
Bill Beringer, Polygraph Lead Examiner.

**The Polygraph Staff**

**Here are more of the members of the Polygraph Unit. They make this excellent law enforcement tool really effective.**

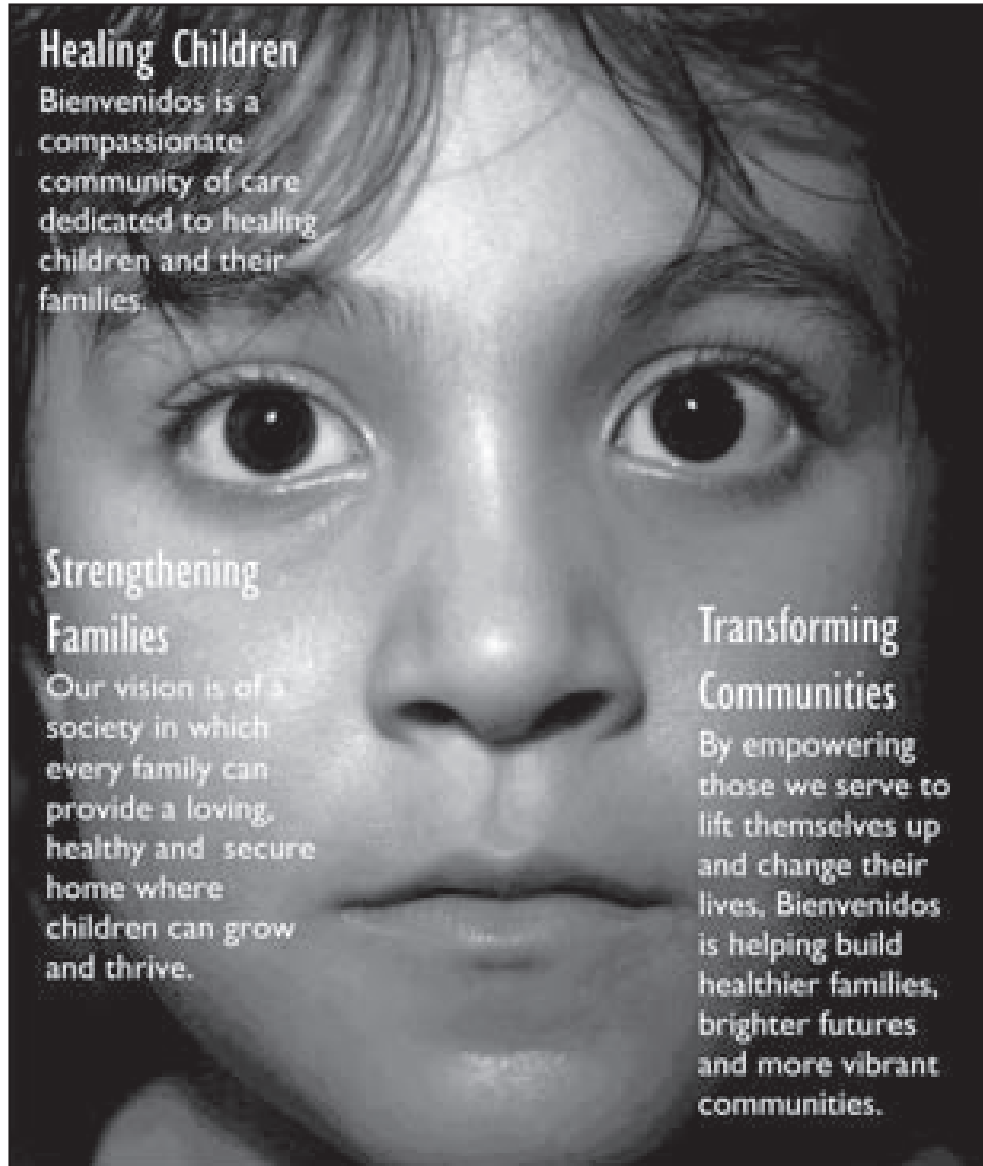
Joanne Honea, Polygraph Lead Examiner.

Harold Hansen, Polygraph Examiner.



Bill Grzybowski, Polygraph Examiner II.





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# *Alive!* AROUND THE WORLD



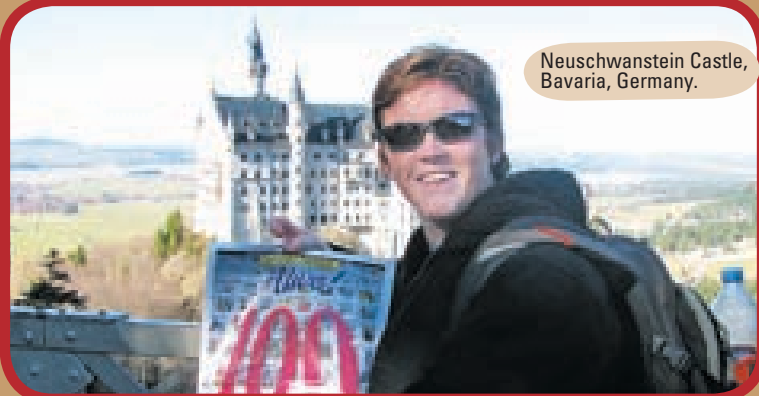
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## Europe

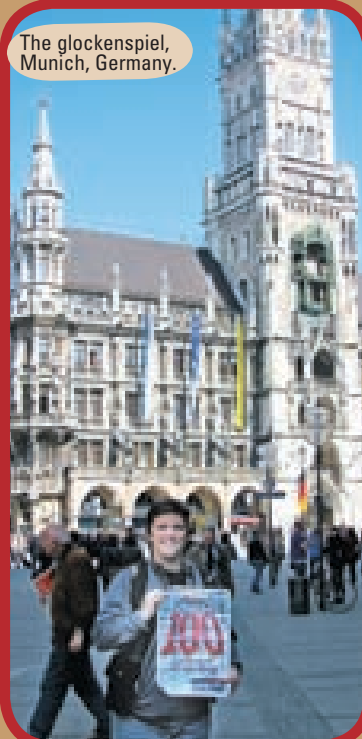
Stacey Creech, Harbor/Port Police, visited Switzerland, Italy and Germany.



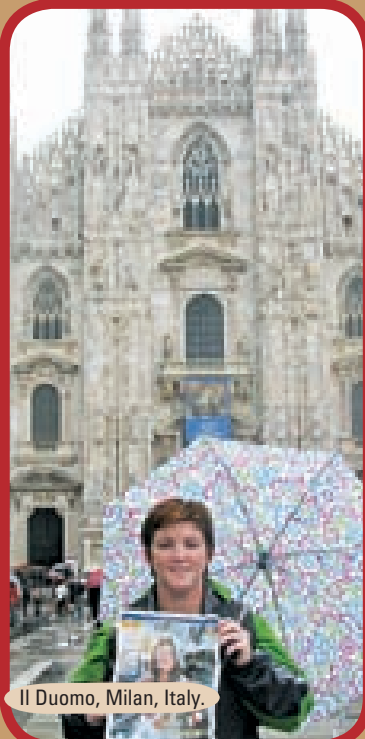
Lucerne, Switzerland.



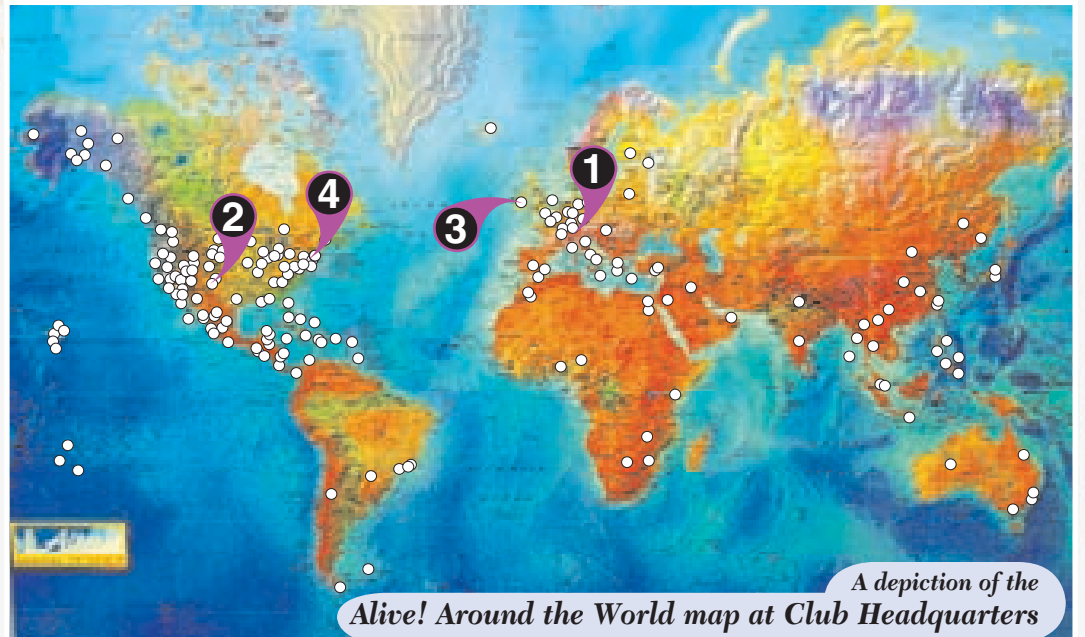
Neuschwanstein Castle, Bavaria, Germany.



The glockenspiel, Munich, Germany.



Il Duomo, Milan, Italy.



A depiction of the *Alive! Around the World* map at Club Headquarters

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Take the Club with you, wherever you go!  
Club members are a well-traveled bunch. Bring your copy of *Alive!* with you. Snap a **high resolution** photo with you **holding a copy**, send it in, and we'll publish it. Send to: [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

**3**

## Ireland



Club Friend Dearbhla McNulty (*girlfriend of Alive! editor John Burnes*) outside the historic Kilmainham Gaol (Jail) in Dublin, Ireland.

**2**

## Arizona



Greetings from the Sonoran Desert  
Desert Botanical Garden  
Phoenix, Arizona, USA.

"Here are pictures from a recent trip my wife, Annette, and I took to Arizona in mid-March. We went to Arizona to watch some spring training baseball games and took a side trip to the Desert Botanical Gardens, where this picture was taken."

- Ernie Kissinger, DWP

**4**

## Maryland



"I'm standing on the pier in Annapolis with my wife, Beverly; granddaughter, Nicole Wilson, 14; and grandson, Sean O'Neil, 3; on March 13."

- James Laing, DWP

REC AND PARKS

# Catalina, Above and Below

Cabrillo Marine Aquarium hosts popular, scientific boat trip to Catalina.

Photos by Gary Florin, Cabrillo Marine Aquarium

You're invited to take a great and fun boat trip to Catalina... and learn a lot about the creatures that live in the ocean along the way.

Cabrillo Marine Aquarium (CMA) will sponsor a scientific observation and collecting expedition to Catalina Island June 11. The 93-foot fishing vessel, *First String*, will depart Los Angeles Harbor Sportsfishing Landing in Ports O' Call Village in San Pedro at 6 a.m., and return at approximately 6 p.m.

"Catalina Above And Below" is one of the Aquarium's most popular boat trips. Not only will you have a first-hand experience to see many of the methods used by our staff to capture our marine specimens, but also to learn about these wonderful and fascinating creatures.

During the crossing and throughout the trip, staff will be on the lookout for marine birds, dolphins, whales, sea lions, seals and a wide variety of other marine animals commonly found in the San Pedro Channel.

Prior to arrival to the island, everyone will assist in pulling up special traps in effort to capture the rarely seen hagfish for close-up inspection. After reaching the island, fish traps will be retrieved and the aquarium divers will hand collect an assortment of reef specimen which all will be displayed, interpreted and discussed.

Later all participants will go ashore at the Isthmus to explore that part of the island, seldom visited by tourists.

After the island visit there will be a controlled shark baiting to lure these majestic and misunderstood animals to the surface for close-up observation.

Throughout the trip, Cabrillo Marine

Aquarium marine biologists, aquarists, naturalists and other staff will be on board giving talks and assisting with identification of all sea life collected or observed.

Space is limited. Cost for the trip is \$95 per person (\$85 Friends member). The *First String* has a fully equipped galley, where food and beverages may be purchased. Passengers are advised to bring warm clothing and non-skid shoes.

Cabrillo Marine Aquarium is at 3720 Stephen M. White Dr. in San Pedro. For reservations, further information, or to receive a calendar of events, call (310) 548-7562 or go to [www.cabrillo-marineaquarium.org](http://www.cabrillo-marineaquarium.org).



On a previous "Catalina Above and Below" excursion.



## 2011 Mediterranean Cruise

12-night cruise from Barcelona to Venice on board the *Nieuw Amsterdam*

**OCT 3, 2011**  
Ship Sails From - Barcelona, Spain  
and Ends in Venice, Italy

Barcelona, Spain

Venice, Italy

Rimini, Italy

Monte Carlo

Civitavecchia, Italy

Cape Verde

**City Employees Club**  
Member Exclusive Prices

Club Signature Event

	Price Per Person	
Room	Reg Rate	Club Rate
Inside Room	\$2,219	\$2,099
Obstructed Ocean View	\$2,439	\$2,399
Ocean View	\$2,639	\$2,519
Balcony View	\$3,199	\$2,999
Suite	\$4,249	\$3,999

3rd /4th guest sharing a cabin pay \$99  
Government Fees are \$71.93 per person  
Air transportation from Los Angeles is \$1299 + \$21 air tax  
Roundtrip airport transfers are \$104

### 12 Night Adventure at Club Member Prices

	Incentives Per Cabin
Earn Shipboard Credit by Booking Early!	You Get
Book between (March 1, 2011 - May 31, 2010)	\$500
Book between (June 1, 2010 - July 1, 2011)	\$100

For more information on this cruise, please contact our Club Travel Expert

**Kristy Adler**  
Club Travel Expert  
CRUISE and RESORT, Inc.  
[kadler@cruiseandresort.com](mailto:kadler@cruiseandresort.com)  
Tel. - (818) 990-4290 or (888) 652-6400, ext. 101

CST# 2068338-40



City Employees Club of Los Angeles

# LONG TERM CARE OPEN ENROLLMENT

## Evidence of Insurability Not Required\*

Let us show you how to take advantage of this year's open enrollment period and guide you through each step of the application process from beginning to end.

**Available to DWP Employees Only**

No Medical Underwriting Required

## LTC Plan Includes

- ✓ **Benefit Amount**  
includes \$1,000 a month coverage
- ✓ **4 Year Facility / 8 Years at Home**
- ✓ **Plan will cover you at home or Assisted Living Facility with Total Home Care Option and the Inflation Protection Option**
- ✓ **Inflation Protection Option**  
of 5% Simple Interest
- ✓ **Total Home Care Option**  
Allows compensation to caregiver who are not licensed nor skilled, such as a friend or family member
- ✓ **90 Day Elimination Period**



Member Services Dept  
Clockwise from center:  
Tiffany Sy, Arlene Herrero,  
Ebony Moses, Angel Gomez



**APPLY TODAY**

(800) 464-0452

INFO@CITYEMPLOYEESCLUB.COM

**Open Enrollment Ends - June 30, 2011**

\* This event is only available to active Los Angeles Department of Water and Power (DWP) employees, who have never been declined for Long Term Care insurance coverage through our association.



# Sign Up Now!

## DWP Open Enrollment for Long-Term Care Insurance

Apply now for this rare opportunity for Active DWP Employees to apply for Long-Term Care insurance – with a high chance of acceptance – runs now through June 30.

Everyone should have Long-Term Care insurance. And from now through June 30, the Club is hosting an open enrollment period for Active DWP Employees to sign up!

An open-enrollment period means that most of those who apply for this affordable product will be accepted. Don't miss the chance – the Club hasn't had a DWP Open-Enrollment period for Long-Term Care insurance since 1999. So be sure to take advantage!

Questions? Call the LTC Hotline!  
(213) 225-1796

### LTC Seminars for the DWP: Take Advantage!

Find out about why Long-Term Care insurance from the Club is such a good idea for DWP Employees, and how to apply.

**Downtown location!**

**May 5 and 19  
June 9 and 16**

Kyoto Grand Hotel  
120 South Los Angeles St.  
Los Angeles, CA 90012

**Seminar Times:**

8:30 and 11:30 a.m.; and 1:30 p.m.

**Reservations are not necessary  
but can be made by calling  
(213) 225-1796 or email:  
info@cityemployeesclub.com**

*Applications can be completed at the seminars. Counselors will be on hand to assist you. The seminars will go step by step through the application process and calculation of rates.*

*Space is limited. Refreshments provided.  
Free parking at the hotel.*

*Seminars are open to all active DWP employees.*

**See you at the Long-Term Care insurance seminars!**

What is Long-Term Care insurance? It's insurance that pays you from \$1,000 up to \$5,000 per month, depending on which plan you apply for, should you or a loved one become incapacitated over a long period of time. The policies pay you for up to four years (if the one covered is in a facility) or eight years (if the one covered is at home). The policies pay the insured, so there's no need to send receipts back and forth to the insurance company.

Rates are affordable. There are some restrictions to who will be accepted into the plans. But most will be. It's a rare opportunity for Active City Employees to take advantage.

The Club's Open-Enrollment Period for Long-Term Care insurance takes place now through June 30.



**Talk to your Club Counselor today!**

### A TRUE STORY:

## 'If You Get Ill, What Will You Have?'

'Miss Jake' Michalowski purchased Long-Term Care insurance, and it's a very good thing she did.

It's sometimes said that insurance is for a rainy day. That rainy day came in a storm for 'Miss Jake' Michalowski in 2007, when she was diagnosed with cancer.

Her Long-Term Care insurance from the Club made a huge difference, helping her lead a manageable life until she can get back to work, thereby averting a financial crisis of major proportions.

"I bought all the Club insurance I could," she said recently. She is on medical leave from her City position. "Buying them all was a very smart thing to do. And when I got a promotion [with the City], I upped all my insurance.

"I was a single woman at 51 at the time. I realized I had to get my life in order. I just knew that I had to cover myself."

After 'Miss Jake' was diagnosed, the Club's Claims Manager, Cecilia Talbot, and the late Howard Pompel, a Club Counselor, helped her enormously, she says.

"Howard and Cecilia were very concerned about me. They were extremely gracious. They explained every issue and payment in detail and were lovely to deal with. Cecilia is an angel – she took over and explained things over and over until I understood."

Her words of advice are clear – take advantage of the Club's Open Enrollment for Long-Term Care.

"To my coworkers and friends, these are my words to you: Regular insurance only covers you for two years. Take the extra money you have in your pocket, the money you'd spend on the movies, and invest in all the insurance you can.

"I realize these are stressful times. There are furloughs. Long-Term Care will pay me for eight years, for my home healthcare. If you get ill, what will you have?"

"So I have cancer. I have to stay positive. That's how I look at life. Take it one day at a time. I'm glad I have the insurance. It was a sweet cookie. That's all I can say."





# Life's Important Moments

# Share your moments!

Did you get married? Have a baby? (Yea!) Get a promotion? (Hooray!) Retire? (Ahhhh.) We want to hear from you. Share your news with the world! Send all notices and **high resolution photos** with the appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com) or send paper notices and print photos to: *Alive!*, 120 West 2nd Street, Los Angeles, CA 90012



## New Members

## Welcome New Members!

The Club gives a great big welcome to these new members, who recently joined the Club:

- Airports**  
Monica Bickerstaff  
Rose Crutchfield  
Roberto Figueroa  
Chanell Roberson  
Juan Ruiz  
Sabrina Tasker-Clements
- Building and Safety**  
Mark Jorgensen
- CDD**  
Nora Carvajal  
Sheila Webb
- LAFD**  
Hayashida Paul
- General Services**  
Kevin Ahlemeir  
Camille Carapetian  
Maria Leon  
James Perry  
Oscar Romero Jr.  
Robert Zirbeck
- Harbor**  
Monica Cuellar  
Charles Ventura

- Housing**  
Helen Campbell
- ITA**  
Hector Lopez
- Convention Center**  
Cesar Marroquin
- Library**  
Sheena McCall
- LAPD**  
Abraham Alvarez  
Dee Braxton  
Kenneth Bryant  
Thomas Burke  
Moses Castillo  
Robert Cervantes  
Valeria Covarrubias  
Jennie Davis  
Daryl Edwards  
Anna Flores  
Jeannie Gharib  
Rudy Gonzalez  
Jonathan Gonzalez  
Ronald Granados  
Geneva Haynes

- Brian Heany  
Mark Holbrook  
Edwina Hunter  
Laymon Johnson Jr.  
Vera Killpatrick  
Cecilia Manzo  
Conrad Maranan  
Ben McCauley  
Enriqueta McKail  
Dennis McNeal  
Inez Miller  
Randi Miller  
Tom Mossman  
Brian OConnor  
Whitney Olafson  
Natalie Osling  
Brian Owen  
Sally Rayburn  
Scott Schube  
William Segee  
Anita Stieglitz  
Barry Telis  
Maria Umansky  
Sonya Zofrea

- PUBLIC WORKS**  
Rolando Baga  
Anthony Barranti
- PW-Engineering**  
James Kleinbergs  
Michael Rubner
- PW-Sanitation**  
Armond Badkerhanian  
Constance Chang  
Roland Cousins  
Jonelle Gardea  
Sheung Lai  
Malikka Smith
- PW-Street Lighting**  
Jessica Bullock  
Jason Tapert
- PW-Street Services**  
Preston Gilliard  
Laurel Jump  
Kenneth Nelson
- Rec and Parks**  
Vanessa Bailey  
Amanda Baldinelli  
Cedric Bowen

- Erika Fields  
Yolanda Gutierrez
- Transportation**  
Nathan Baird  
Benjamin Cheong  
Alma Mendoza  
Kimmi Porter  
Michael Vernon  
Barbara Woo
- DWP**  
Jose Abad  
Janea Albright  
John Arroyo  
Armen Asadaryan  
Neilo Borja  
Albert Canchola  
Keith Cochran  
William Dranow  
Marcia Elayne  
John Equina  
Edmund Estrada  
Lewis Grant  
Ricardo Herrera  
Steven Holzhauser

- Laura Kellgreen  
Deondra Kellough  
Brendan Kennedy  
Hugo Ledezma  
Isauro Leon  
William Mattox  
Allan McNeal  
Mario Miranda  
Philip Montiforte  
Preston Morales  
Guillermo Morales  
Jose Ortiz  
Mario Ortiz  
Kirk Pe  
Phillippe Pena  
Ethel Perez  
Jacquilyn Preston  
Salvador Saldana  
Enrique Silva  
Kevin Smith  
Rashimer Swafford  
Todd Terry  
David Trombley  
Hector Venegas

- Retired**  
Terry Coleman  
Ann Hall  
Jerry Hayes  
Karen Key  
Alfred Turner  
Sybil Whaley
- Other**  
Diane Cardenas  
Richard Cardoza  
Kathleen Dorsey  
Megan Evanich  
Lisa Gonzalez  
Nadeen Harris  
Daniel Jaramillo  
Lech Kuzmicki  
Teresa Martinez  
Tracy Medeiros  
Raquel Quintana  
Theodore Remigio  
Gerald Reynolds  
Henry San Miguel  
Joe Savoy  
Julius Schram



## In Memoriam

Our thoughts and condolences are with the family and friends of the following current and retired City employees who have passed away. The number after the name indicates years of service.

- Active**  
Brakemeier, Helen, Animal Services, 26  
Garrison, Gregory, ITA, 10  
Geary, David, Public Works, 11  
Williams, Roger, Public Works, 10
- Retired**  
Adler, Allen, Public Works, 26  
Antwine, Gregory, Public Works, 25  
Baley, Jesse, Public Works, 33  
Barker, Robert, Building and Safety, 25  
Battle, Cleveland, Public Works, 13  
Boardman, Mary, Public Works, 30  
Calabrese, Richard, Building and Safety, 7

- Castleberg, R., City Attorney, 11  
Cluck, Millard, Rec and Parks, 11  
Coats, Roy, Public Works, 31  
Darland, Dennis, Public Works, 29  
Davison, Ernest, General Services, 21  
Diggs, Donnell, Public Works, 17  
Duron, Adolfo, Rec and Parks, 23  
Edge, Illabelle, Transportation, 23  
Escobedo, Raul, Planning, 9  
Fraijo, Paula, Personnel, 31  
Goldman, Evelyn, LAPD, 23  
Gonder, Paul, Public Works, 30  
Hadaway, James, Rec and Parks, 16
- Hall, Samuel, General Services, 26  
Hammond, Jack, Public Works, 28  
Hart, Nathaniel, Public Works, 26  
Hofer, Johanna, Public Works, 13  
Jenks, Lynn, Library, 28  
Kelley, Glenn, Transportation, 13  
Kendig, Edwin, Building and Safety, 36  
Kohane, Jeanette, Rec and Parks, 8  
Magro, Jack, Public Works, 33  
Meacham, Thomas, Animal Services, 29  
Moore, Willie, General Services, 25  
Nunez, Magdalene, City Clerk, 33  
Okawa, Kaz, LAPD, 26

- Pena, James, City Attorney, 10  
Pinney, Edward, General Services, 18  
Pope, Mildred, Library, 23  
Prendergast, Jack, Public Works, 24  
Rehurek, Leroy, Controller, 18  
Ringo, Thomas, Public Works, 30  
Shimabukuro, Dora, City Council, 36  
Strader, William, Airports, 26  
Tallie, Gentry, Public Works, Not Disclosed  
Tamaru, Takuji, ITA, 28  
White, Irene, Controller, 22  
Wilson, Donald, Transportation, 22  
Yokoi, Thomas, Harbor, 24

# Peace of Mind

## Back-to-Back DWP Insurance Opportunities

BY TIFFANY SY

The Club's Peace of Mind Expert



If you work for the DWP, the Club has coming up not just one, but two great opportunities to take care of you and your family.

For the first time in the history of the City Employees Club, we are holding back-to-back Open Enrollments for active DWP employees! During May and June, sign up for our Group Exclusive Long Term Care plan. Also during June, sign up for our Group Term Life Insurance.

Open enrollment provides coverage to applicants without the hassle of a medical evaluation. That's right -- there are no medical questions asked, nor is a medical exam required, and the plan coverage is guaranteed to issue as long as you are an actively working DWP employee and have not been previously denied for coverage.

The last time we held an Open Enrollment

for DWP on our Long Term Care plan was more than 12 years ago, and for Life insurance, not since the 1990s. They are definitely not events we offer each year, like your health and dental insurance selections. The Long Term Care Open Enrollment event runs May 1 until June 30.

Secondly, the life insurance Open Enrollment for you and your spouse is the opportunity of the decade! This event begins in June and run until the end of July. Here's the 50/50 rule: If you and your spouse are not more than 50 years of age, you are eligible to apply for up to \$50,000 each and be automatically approved (must not have been previously declined coverage, withdrawn or cancelled your application with the City Employees Club). If you already have a life insurance plan

with us, you may increase your life insurance by \$50,000 each. The total amount of coverage must not exceed \$150,000 of life insurance for each person. Any amount applied for exceeding \$50,000 or more than \$150,000 total of life insurance will require medical underwriting.

Confused yet? So was I the first time I'd heard it. But you don't have to be. I'm available to clarify the enrollment rules to you Monday through Friday during Club Store hours, or you may contact any one of our qualified Benefit Counselors.

Our group exclusive Term Life Insurance will pay out a refund check at the end of the year if we have premium dollars left over after paying out claims. It is also a portable benefit in which you can take with you when you retire and continue to participate in our refund

check as a retiree!

In addition to our Life Insurance plan, we will have an Open Enrollment for Long Term Care (LTC), which is designed to protect your assets and pension if you need assisted care or nursing facility benefits. It is typically not covered by your health insurance. Our plan pays out a monthly benefit and the rates are locked-in (does not increase with age!). I will dedicate my next article with more details on LTC. But if you simply can't wait, feel free to contact me or your Benefit Counselor directly.

Don't miss out! It may be another 12 years or more before we do this again!

Contact me at [info@cityemployeesclub.com](mailto:info@cityemployeesclub.com)





## Graduations



Francisco L. Prado graduated from Cal State/Northridge with a bachelor's degree in arts, majoring in sociology. He plans to earn a master's degree in public administration. He is the son of Gloria Hurtado Prado, Administrative Coordinator II, Office of the City Attorney, Tobacco Enforcement and Education Program, and the nephew of LAPD Sgt. Francisco H. Hurtado, Retired [Editor's note: This is a correction from last month, in which we incorrectly listed Francisco's last name. We apologize, and offer Francisco and his family the best of congratulations.]



Tamara Sosa is graduating from Saugus High School and plans to attend Cal State Northridge, and major in broadcast journalism. She's the daughter of Alfred Sosa, DWP, and Sharon Sosa, DWP.



Olivia Jamgotchian is graduating from the University of Southern California's Marshall School of Business with a bachelor of science degree in business administration, with an emphasis in marketing. She plans on moving to New York to pursue her career. Olivia is the daughter of David and Marie Jamgotchian, part of the *Alive!* design team. Congratulations, Olivia!



Christina June Jeciel is graduating from Cal State Northridge with a bachelor of science degree in bio-chemistry. She's the daughter of Leonardo Jeciel Jr., Transportation. "Congratulations, Christina! We are very proud of you! Love, Mom, Dad, and Joseph"



Jonathan L. Smith is graduating from Loyola High School. He has been accepted into the United States Air Force Academy in Colorado Springs, Colo. Jonathan is the son of Kenneth and Marilyn Smith; Kenneth is a Systems Analyst II, CDD.

*Alive!* is delighted to publish graduation photos of Club members and their children. Send a high resolution photo and the appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



## Births



On Feb 8, 2011 Antonio M. Mares II was born Feb. 8 to Rosie (Villalobos) Mares and Antonio (Tony) Mares; both are Public Works/Sanitation RCTOs for East Valley. "Our son is very blessed to have uncles and aunts in the Sanitation Dept.," Rosie reports.



Joseph Aga Cardano Moraga, born to Lilibeth and Shoji Moraga. Grandmother is Lillian Cardano, Public Works/Street Lighting.

Have a photo of a recent newborn? Send a high resolution photo and the appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



## Military



Does someone in your extended family serve their country as a member of the United States Army, Navy, Air Force, Marines or Coast Guard? Send us a photo – either formal or on duty, along with your name, City department and relationship to the subject. Send photos to *Alive!* in the Military, City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012. Send digital photos to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

Brian S. Arias graduated from bootcamp April 15 in San Diego. He's now part of Gulf Platoon 2150. Brian's mother is Maria Sarmiento, Witness Coordinator, City Attorney's Office, and Club member since 1985. "Congratulations, son!" Mom writes. "I am so proud of your accomplishments. Keep your faith in the Lord and be strong. May the Lord keep you safe on your mission to Afghanistan and bring you back home safely. Love always, Mom and your family (Arias and Sarmiento)"



## Quinceañera

Have a photo of a recent quinceañera? Send a high resolution photo and the appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



## Special Achievements

Have you or your children recently achieved something special? Send appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



## Weddings

Have a photo of a recent wedding? Send a high resolution photo and the appropriate information to [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



## Retirements

NAME	TITLE	DEPT	YEARS	NAME	TITLE	DEPT	YEARS	NAME	TITLE	DEPT	YEARS
Adkins, David	-	DWP	-	Dust, Lorraine	Police Service Rep	LAPD	15	Petrich, Martin	Air Cond. Mech.	Harbor	12
Ang, Yvonne	-	DWP	-	Eichenbaum, Jaime	Therapeutic Rec. Spec.	Rec and Parks	18	Reese, Margie	General Manager	Cultural Affairs	5
Asem, David	Manag. Analyst II	Planning	10	Frago, Justino	-	DWP	-	Renolds, Thomas	-	DWP	-
Baldovino, Mayorico	Tax Auditor	Finance	24	Glass, Gwendolyn	-	DWP	-	Reyes, Edgardo	-	DWP	-
Barnes, Lawanda	Traffic Officer II	Transportation	28	Gomez, Juan	Library Asst. II	Library	0.4	Richardson, Earl	-	DWP	-
Bautista, Juan	Animal Care Tech	Animal Services	6	Gomez, Louis	-	DWP	-	Rios, Roman	Ref. Coll. Truck Op. II	Public Works	25
Beck, Larry	-	DWP	-	Hernandez, Steven	-	DWP	-	Roberts, William	-	DWP	-
Bethley, James	Program Analyst V	ITA	33	Hookstratten, James	Golf Starter Supv. II	Rec and Parks	21	Robertson, William	Director	Public Works	31
Bouquet, Jeffrey	-	DWP	-	Jamison, Lorenda	-	DWP	-	Ruiz, Gabriel	-	DWP	-
Brown, Mark	Sr. Asst. City Attorney	City Attorney	36	Jefferies, Gilbert	Carpenter	General Services	22	Smith, David	Equip. Mechanic	Airports	27
Burks, Kelley	Sr. Librarian	Library	24	Kwan, Ruth	Dep. City Attorney III	City Attorney	13	Smuckler, Jocelyn	-	DWP	-
Byrd, W.C.	-	DWP	-	Lee, Thomas	-	DWP	-	Sunshine, Douglas	-	DWP	-
Chang, Chin-Lien	-	DWP	-	Lewis, Charles	-	DWP	-	Takla, Hany	-	DWP	-
Chang, Ray	Equip. Mech.	General Services	12	Marr, Cecil	Sr. Asst. City Attorney	City Attorney	19	Tarvin, Tyrone	Police Lt.	Airports	38
Chmielewicz, Marek	Custodian	General Services	25	Martinez, Johnny	-	DWP	-	Villa, Frederick	-	DWP	-
Choi, Alex	Mgmt. Auditor	CDD	23	Matevossian, Gourgen	Env. Engr. Assoc. IV	Public Works	19	Wasdorp, Robert	-	DWP	-
Chong, Sai	-	DWP	-	McDowell, Mullika	Accounting Clerk II	Transportation	14	Woods, Stephanie	Ch. Custodian Supv. II	General Services	20
Contreras, Richard	-	DWP	-	Miller, Peggy	-	DWP	-	Yee, Thelma	-	DWP	-
Cornelison, Mary	-	DWP	-	Moore, Jacqueline	Sr. Clerk Typist	Housing	26	Yu, Hong	-	DWP	-
Derogar, Davoud	Equipment Mechanic	LAPD	19	Moreno, David	-	DWP	-	Zito, Jean	Clerk Typist	LAPD	21
Due, John	-	DWP	-	Perez, Rodolfo	Cement Finisher	Public Works	8				



**WIN**  
**\$100**  
**Target**  
**Gift Card**

Deadline for submission:  
**JUNE 15, 2011**

# It's a Coloring Contest!



# for Adults!

## GROWN-UPS, GET YOUR CRAYONS OUT!

It's time for another Grown-up Coloring Contest! Why let your kids have all the fun? The prize: a \$100 Target gift card. So get coloring, and have fun!

### PLEASE COMPLETE:

Name: \_\_\_\_\_  
Job title and department with the City: \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip: \_\_\_\_\_

PLEASE PROVIDE

Club Membership Number:

### Send Entries to:

Club Coloring Adult Contest  
City Employees Club of Los Angeles  
120 West 2nd Street  
Los Angeles, CA 90012

### Rules of the Club's Adult Coloring Contest:

- Winning contestants must be Club members in good standing. Everyone is welcome to submit responses, however. (Responses without Club membership numbers will be accepted but not eligible for the winning prize.)
- All responses must be completed by the person indicated: no ringers (including your children!)
- Winning responses will be determined by official Club personnel. All decisions will be final.
- The contest is all in good fun: The Club cannot be responsible for delays in delivering *Alive!*, or for delays in the transmission of responses.



AIRPORTS

# Airport Police, Fire on Display

Airport Police and Fire display is unveiled at the LAX Flight Path Museum.



Story by Arlene Herrero,  
Club Products Director;  
Photos by Angel Gomez,  
Club Member Services Director

On March 21, Airports and Los Angeles Airport Police Peace Officers Association (LAAPOA) unveiled a display of past and present uniforms, badges and other memorabilia of Airport Police and safety officers at the Flight Path Museum, 6661 W. Imperial Highway in Westchester.

Located in the main gallery, the display contains several unique items, including an original LAX Police Division dress cap, the first two versions of police badges, and a full flame-retardant firefighter suit from LA/Ontario International Airport, to name a few. Also included is a small replica of signage on Lincoln Boulevard designating "Tommy Scott Square," which was installed to honor the memory of Airport Police Officer Tommy Edward Scott, who was killed in the line of duty in 2005.

Thanks to Sgt. Belinda Nettles and Officer S. Smith, Club Member, both of the Airport Police, for their assistance in producing this article.



The Dinosaur Club which is comprised of Retired Los Angeles Police Officers, from left: Retired Sgt. Azell Scoggins; Retired Officer Jerry Hayes; Retired Sgt. Bettie Bailey; Retired Officer Charles Gleason; Retired Officer Rose Crutchfield, Club Member; Retired Sgt. Alfred Turner, Club Member; Retired Officer Phyllis Massey; Retired Officer Terry Coleman, Club Member; Honorary Officer Dodie Kennish; Retired Officer Cliff Kennish; and Retired Sgt. John Hamilton.



Airport Police Chief George R. Centeno talks about the uniqueness of the display.



Color Guard marches in.



Original Airport Police badge.



Original Airport Police dress cap.



Replica signage in honor of Officer Tommy Edward Scott.



Honor Guard, from left: Officer Davis, Club Member; Office Caj Scott, Club Member; Officer Tom Dye, Club Member; and Officer Mark Corral, Club Member.



Ontario Airport Fire Fighter gear donated by APO M. Garzon of the Ontario Airport Police K-9 Unit, Club Member.



LAAPOA President Marshall McClain, Club Member, proudly shares with the crowd that LAX Police is the fourth largest law enforcement division in LA County.



Retired Sgt. Alfred Turner, Club Member, was Officer number 33. He served for 36 years prior to retirement.



Officer S. Smith, Historian for LAAPOA, Club Member.



Eleanor Trailor signs the National Anthem.



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**— SEE PAGE 47 FOR TICKETS**



## REVIEWS BY FELLOW CLUB MEMBERS

## ENTERTAINMENT

## MOVIE REVIEWS

**Battle: Los Angeles**

Rated PG-13

My Score: 4 (out of 5)

As the last defensive position on the West Coast, the City of Angels' Forward Operating Base (FOB), along with Marines from Camp Pendleton, has one last effort to push the alien invaders back to their

ships. Aaron Eckhart, as U.S. Marine Staff Sgt. Michael Nantz, takes lead on a team tasked with rescuing civilians trapped in LAPD's Western division building. "Marines don't give up" was the motto of these Marines. They will have you cheering them on as they struggle to get the civilians back to safety and exploit the aliens' weaknesses. I hoped to see more L.A. landmarks, but it was a challenge with all the explosions and smoke masking almost every scene. It also stars Michelle Rodriguez, Michael Pena and performing artist Ne-Yo.

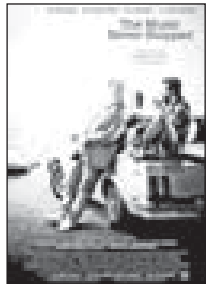
- Chuck Beas, DWP

**Battle: Los Angeles**

My Score: 5 (out of 5)

A Marine staff sergeant (Aaron Eckhart) has just had his retirement approved, but wouldn't you know it, he must return to duty when aliens invade Los Angeles. *Battle: LA* is without any nuance or character development to get in the way of its loud, noisy and violent sci-fi. Sound bad? No! This is a nonstop joyride of action, tension and good guys (humans) versus bad guys (aliens). It is also very respectful of our military, a refreshing change from many contemporary films. If you are able to channel your inner 15-year-old, *Battle: LA* will be most enjoyable.

- Lou Loomis, Rec and Parks

**The Music Never Stopped**

Rated PG

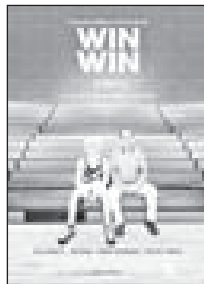
My Score: 4 (out of 5)

This is a story of a father (JK Simmons) whose long-estranged son, Gabriel, returns home with a brain tumor that prevents him from forming new memories. While this

film does deal with the culture and generational conflicts of the '60s generation with their parents, the way Gabriel and his father are able to bond is really an inspiration. The title refers to a Grateful Dead Song that plays prominently in the film.

For those of us who enjoy good stories without cinematic trickery, *The Music Never Stopped* is a real treat. The film's late-60s-era music is also a real plus.

- Lou Loomis, Rec and Parks

**Win Win**

Rated R

My Score: 4 (out of 5)

Attorney Mike Flaherty (Paul Giamatti) moonlights as a high school wrestling coach. A financial crisis causes him to engage in a dishonest business deal, and while doing so he temporarily adopts a

star wrestler from a broken home. Just as things are looking up, the boy's mother shows up after drug rehab. She is broke and threatens to undo everything.

The film is a pleasant sitcom/dramedy, both enjoyable and forgettable. If you can expect little, *Win Win* delivers.

- Lou Loomis, Rec and Parks

**The Adjustment Bureau**

Rated: PG-13

My Score: (3 out of 5)

This film stars Matt Damon, Emily Blunt, Anthony Mackie, Shohreh Aghdashloo and John Slattery.

This is a love story that asks, what would you do for love? The movie is full of action and romance, with the idea that someone else controls our destiny or it is fate. It was hard to believe but it was entertaining.

- Patty Saucier

**Limitless**

Rated PG-13

My Score: 5 (out of 5)

Bradley Cooper is Eddie Mora, a has-been writer who one day discovers a top-secret drug that gives him superhuman intelligence. *Limitless* is a sci-fi thriller that works from start to finish, filled

with some real possibilities and interesting dilemmas for someone in his situation. Of course it doesn't hurt that Robert DeNiro has some of the best lines in the film as the businessman who realizes the super drug's potential. But he's not the only one. The Russian mob is also interested. This is an entertaining and intelligent film filled with interesting characters. Go! Enjoy!

- Lou Loomis, Rec and Parks

**Gnomeo and Juliet**

Rated G

My Score: 5 (out of 5)

This animated family feature is funny and enjoyable, and well suited for young children. The premise is that two neighbors' yard gnomes, the reds and the blues, are bitter rivals who hate each other.

One day, a red falls in love with a blue, and all hell breaks loose. The gnomes are devious and destructive. They compete for affection and race each other on lawnmowers. For adults, there is a great deal of humorous Shakespeare references. Elton John's soundtrack fits the movie perfectly.

- Erin Knight, Public Works

**Arthur**

PG-13

My Score: 3 (out of 5)

Russell Brand does a great job playing the immature Arthur, who must choose between love and money in this light romantic comedy. Although I hated her character, Jennifer Garner also

turned in a terrific performance. My favorite, and to me the best part of the movie, was Helen Mirren as the nanny.

Overall, I thought the movie was just okay and would recommend waiting for it to come out on rental. I might have liked it better if, instead of fast-forwarding six months at the end, they would have shown Arthur maturing and becoming sober.

- Gail Seltzer, DWP

**Source Code**

Rated PG-13

My Score: 4 (out of 5)

*Source Code* is a sci-fi/action thriller starring Jake Gyllenhaal as Army Capt. Colter Stevens, who wakes up in the body of an unknown man and discovers he's part of a secret government mission to

find the bomber of a Chicago commuter train. Directed by Duncan Jones (son of David Bowie), Stevens must relive the moment over and over until he can prevent the crime. Fun and fast-paced, the film moves along quickly and enjoyably until suddenly all credibility just disappears. Fortunately, that disappointment was near the end of the film.

- Lou Loomis, Rec and Parks

## Book Reviews

**It Happened on Maple Street**Tara Taylor Quinn  
Autobiography

Nonfiction

286 pages

Health Communications

My Score: 5 (out of 5)

Tara Taylor Quinn is a *USA Today* best-selling author of more than

56 suspense and romance novels published in 20 different languages. In this autobiography of her turbulent romantic past, Tara hid her secret past behind the pages of writing romance novels for 30 years until she received an e-mail from her previous boyfriend, Tim, which turned her life around.

Tara now speaks on behalf of victims of violence and domestic abuse crimes.

This powerful book of strength and courage lets the reader know there is light at the end of the tunnel from domestic violence.

- Linda Rorex, Personnel

**All I Ever Wanted**

Kristan Higgins

Romance Fiction,

409 pages

Harlequin

My Score: 5 (out of 5)

Callie Grey is turning 30 and expecting a marriage proposal from her boss, Mark Rousseau, but a sudden announcement

of his engagement to Muriel, the daughter of their biggest client, throws a wrench in their relationship. In the meantime, Callie's mom throws a 30th birthday party at the family's funeral home and all hell breaks loose. Bad goes to worse when Callie starts a relationship with veterinarian Ian McFarland, who feels more comfortable around animals than humans, and then all the craziness begins.

This is a delightful tale of romance, lost love, broken hearts and second chances with lots of humor.

- Linda Rorex, Personnel



## Your Reviews



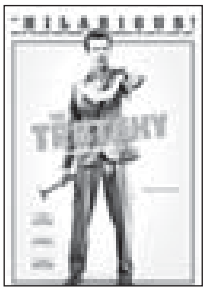
## 100 Words or Fewer

Here's how to submit your review. *Alive!* accepts entertainment reviews of 100 words or fewer. We might not print them all, especially if we receive multiple reviews for the same movie or DVD. Follow these rules:

- For movies: Make sure the movie is still in theatres. For DVDs and books, make sure they are generally available. For theatre shows: try to submit your review before the show closes.
- All reviews must be written by you (not taken from another source) and exclusive to *Alive!* (not offered to another outlet). Violations could end your ability to be published in *Alive!*
- Have fun!
- Keep all reviews to 100 words or fewer, but try to write more than one or two sentences.
- Your own comments are more important than a long plot summary.
- Give us your score on a scale of 1 to 5. Use this format: **My Score: X (out of 5).**
- Make sure you give us your name and City department (or retired).
- Submit your review to: talkback@cityemployeesclub.com
- *Alive!* will send you a small but appropriate "thank you" if we publish your review.

You can be a reviewer! Have you just seen a great movie or DVD? Read a great book? Been to a great play or musical? Write a brief review. It's easy! See the instruction box.

## DVD Reviews



### The Trotsky (2009)

Not Rated

**My Score: 4 (out of 5)**

This film, about a Canadian high school boy who thinks he is the reincarnation of Soviet Communism founder Leon Trotsky, is not your average teen comedy. But funny and touching, *The Trotsky* resonates on several different levels. Leon Bronstein (Jay Baruchel) shows his passion and earnestness, and wins everyone over by staying true to his vision. The film does skip over the many negatives about Trotsky (mass murderer, etc.), but is intelligent, amusing and has a very surprising love angle.

*The Trotsky* was a winner of several film festivals in 2009, and, politics aside, is a real hidden gem.

— Lou Loomis, Rec and Parks



### Winter's Bone (2010)

Rated R

**My Score: 5 (out of 5)**

*Winter's Bone* is a dark, violent and totally compelling tale about Ree (Jennifer Lawrence), a 17-year old Ozark mountain girl who hunts down her drug-dealing father while trying to keep her family together. *Winter's Bone* was nominated for four Academy Awards, including best picture and actress, and was a Sundance Film Festival award winner. Ree's heroic struggle makes this film worth watching.

The film's many pleasures, besides Ms. Lawrence's fine acting, include its wonderful bluegrass music score and a parade of some of the most "interesting" characters I've seen in the movies.

— Lou Loomis, Rec and Parks



### The Girl With the Dragon Tattoo (2009)

Rated R

**My Score: 4 (out of 5)**

A disgraced journalist is hired to find a woman who has been missing – or dead – for 40 years. He is helped by young female computer hacker Lisbeth Salander.

This film's over-the-top violence may offend some viewers. It is also a long but tolerably good whodunit punctuated with horrendous acts and revenge. It is that revenge that is the movie's saving grace. I understand that there will be an American re-make of this film and the best-selling books on which they are based, which may be less violent. Hopefully the movie's punch will not be lost in translation.

— Lou Loomis, Rec and Parks



### The Princess and the Frog (2009)

Rated G

**My Score: 3 (out of 5)**

There was a lot of bal-lyhoo when this latest in the line of Disney princess vehicles (well, the latest up until *Tangled*) made its debut: It was traditional hand-drawn animation. It featured Disney's first African-American princess. It had music by Randy Newman.

All that was true and made for a decent movie. But it seemed more like television quality than a feature film. The music was pleasant but not great; production numbers seemed to reference much better movies (the boat scene from *The Little Mermaid*, the Mardi Gras spectacle from *The Hunchback of Notre Dame*, etc.); and the very likable hero and heroine spent what seemed like half the movie as frogs, which were drawn flat and nearly featureless.

*The Princess and the Frog* isn't anywhere near Disney's best.

— John Burnes, Editor, *Alive!*

## Theatre Reviews



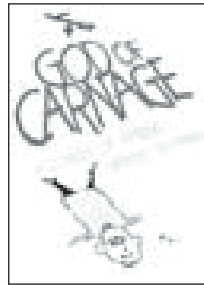
### Having It All

By John Kavanaugh, David Goldsmith and Wendy Perelman  
NoHo Arts Center  
(through May 29)

**My Score: 3 (out of 5)**

This is a new musical about five women who meet at the airport and, because of several delays to their flights, they end up talking and sharing their stories with each other. The songs are all new, and all five women are very talented and excellent singers. It was an enjoyable 90-minute show.

— Gail Seltzer, DWP



### God of Carnage

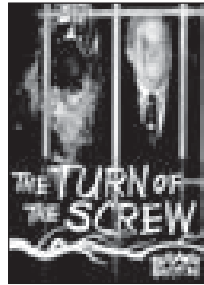
By Yasmina Reza  
Ahmanson Theatre  
(through May 29)

**My Score: 4 (out of 5)**

James Gandolfini (from *The Sopranos*) and Marcia Gay Harden play a married couple whose son was badly beaten by the son of another couple (Jeff Daniels and Hope Davis). The two couples get together to see how they can resolve their children's issues. While discussing their children, the subject matter goes in many different directions.

How often is there a show with a cast of such high caliber? Of course, my favorite was James Gandolfini (I loved him as Tony Soprano). This is a comedy with many laugh-out-loud moments, which is what makes this show so worthwhile.

— Gail Seltzer, DWP



### Turn of the Screw

By Benjamin Britten  
L.A. Opera  
Dorothy Chandler Pavilion (production has closed)

**My Score: 1 (out of 5)**

Here was an LA Opera production of Benjamin Britten's *The Turn of the Screw*. This performance showcased soprano singer Patricia Racette as the governess who believes the children she's been hired to watch are haunted by ghosts. This was one of the most disturbing operas I have seen. The dark background and lighting enhanced the discomfort. It was based on the psychological drama by Henry James.

— Robert Larios, Club Director of Operations



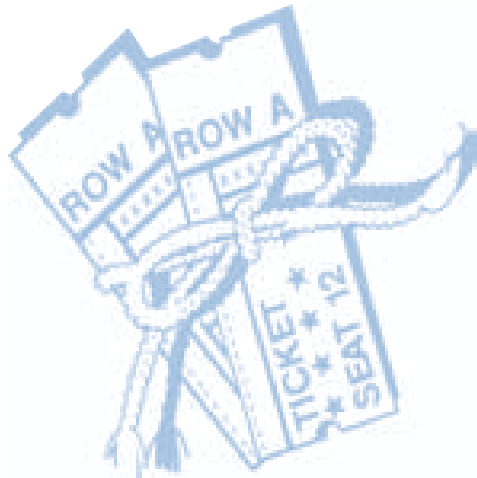
### Beethoven's Emperor

Works by Harbison, Dvorák and Beethoven  
Alex Theatre (production has closed)

**My Score: 4 (out of 5)**

Pianist Jon Kimura Parker was magnificent with his incredible finger speed on the piano. Conductor Jeffrey Kahane lead the wonderful musicians of the Los Angeles Chamber Orchestra to perform the brilliance of Beethoven to perfection. The harmonic and melodious sounds of the Dvorák performed by this talented group were heavenly.

— Robert Larios, Club Director of Operations



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## CITY COUNCIL

# Z Awards for Public Safety

Councilman honors outstanding acts of professionalism by public safety personnel.



Story and photos courtesy Jessica Tarman, Councilman Zine's office.

The ninth annual "Z Awards for ExZellence," honoring public safety personnel who go above and beyond what is expected to serve the Third Council District, were scheduled to be held April 21 at the Warner Center Marriott in Woodland Hills.

In its ninth year, the *Z Awards for ExZellence*, founded by Councilman Dennis P. Zine, recognizes individuals who have demonstrated ongoing dedication, commitment, and "excellence" in their respective fields and for their outstanding contributions in the areas of law enforcement, emergency services, and public safety. At this year's award ceremony, the community will honor personnel from the Los Angeles Police Department, Los Angeles City Fire Department, California Highway Patrol, and the California Department of Motor Vehicles.

**Congratulations to the honorees, and all those who keep us safe.**



Councilman Dennis Zine (center) with the Z Award winners and other dignitaries.



**Sgt. I Frank Alferez**

- LAPD  
Topanga Area

■ Sgt. I Frank Alferez, LAPD Topanga Area: Sgt. Alferez is a 14-year veteran of the

Los Angeles Police Department. He joined the LAPD's Topanga Division in December 2008 and quickly established himself as an extraordinary, hard-working supervisor. He was instrumental in putting together the newly established Topanga Area Gang Enforcement Detail (GED). His understanding of gang issues and gang enforcement techniques has made a direct impact on crime reduction in the Valley. Topanga GED is among the leaders in Operations-Valley Bureau (OVV) in total arrests and productivity consistently for the past two years, finishing number one in the OVV in 2009 with a 275 percent increase from 2008. In 2009, gang crime dropped 20 percent and in 2010, gang crime dropped an additional 11 percent. In 2010, Topanga GED made 395 arrests; of those arrested, 261 were for felony crimes. The officers conducted 193 probation searches and 103 parole searches, which resulted in the arrest of 44 parolee/probationers and the confiscation of ten guns. In addition, Topanga GED made 102 gang injunction arrests, which again led the bureau and was second overall citywide in gang injunction arrest totals. Sgt. Alferez's leadership and gang expertise is the driving force behind the success of Topanga GED.



**Officer II+2 Tim Gallick**

- LAPD Valley  
Traffic Division

■ Officer II+2 Tim Gallick, LAPD Valley Traffic Division: Officer Gallick has been a member

of the Los Angeles Police Department since 1995 and is a member of the Valley Traffic Division Community Traffic Services Unit. As a Traffic Safety Officer, he works diligently to address the needs of the community by working closely with LAUSD officials in implementing student dropoff/pickup stations to ensure student safety. Officer Gallick has also been involved with the Valley Traffic Advisory Council's "Still Saving Lives Car Show," which educates constituents on child safety seat inspections. He also represented the department during a recent taping of an Univision Television weekly program to illustrate the dangers of texting and driving. Officer Gallick was

honored with the Police Star Award for his bravery above and beyond the normal demands of duty when he evacuated residents from their homes during the 2008 Sesnon Fire. And he received the Top Gun award from the Los Angeles Chief of Police Charlie Beck for his exceptional motorcycle riding skills.



**Sgt. I Michael Henderson**

- LAPD West  
Valley Area

■ Sgt. I Michael Henderson, LAPD West Valley Area: Sgt. Henderson has been

with the Los Angeles Police Department since 1988 and has been a supervisor in the West Valley area since January 2009. He is frequently called upon to serve as the incident commander at dangerous crime scenes. On May 1, 2009, two armed suspects entered and robbed the First Bank on Ventura Boulevard. As the suspects departed, they placed a suspicious device inside the front door of the bank. Sgt. Henderson immediately responded to the scene and took over as the incident commander. He ensured that all necessary notifications were made, set up a command post, and initiated the Incident Command System. As a result of his excellent leadership and planning, the Robbery Homicide Division, the FBI, and the Bomb Squad were able to conduct their investigations in a timely and effective manner. Sgt. Henderson was honored as both West Valley Area Supervisor of the second quarter in 2010 and the 2010 Supervisor of the Year. He is an inspiration to both the sworn and civilian staff, alike, and is a great friend and protector of the citizens of the West Valley.



**Officer Heather Hoglund**

- California  
Highway Patrol

■ Officer Heather Hoglund, California Highway Patrol: Officer Hoglund graduated seventh

out of her class of 137 cadets from the CHP Academy in June 2003 and transferred to the West Valley office in October 2005. During her tenure at West Valley, she was the recipient of the 2007 MADD Award for outstanding DUI enforcement activity. She was selected to be a member of the Southern Division Public Information and Recruiting Office, where she became one of the instructors for the child passenger safety seat installation, a very important national safety program. She has been inter-

viewed on national television, including the Today show, CNN, and Fox News Network to answer questions regarding distracted drivers and also providing narration for active pursuits on these programs. Along with her other tasks, she was chosen to head the Keeping Everyone Safe (KEYS) grant. This program permitted Officer Hoglund to coordinate 12 allied agencies in Los Angeles County, thereby creating an educational task force for elderly drivers on driving safely as they age. In early 2010, she transferred back to the West Valley to become a field training officer. She wanted the opportunity to influence new officers, guiding and teaching them to be productive and valued members of the department. She is also the newest member of the Southern Division Color Guard, where she represented the department at the Women Leaders in Law Enforcement Conference in Pasadena.



**Capt. John D. Holtby**

- Los Angeles City  
Fire Department

■ Capt. John D. Holtby, Los Angeles City Fire Department: Capt. Holtby was hired onto

the LAFD in August 1980 and transferred to Fire Station 93 in Tarzana in November 2002, where he is stationed with the "B" Platoon. Capt. Holtby's faith has been a cornerstone in both his professional and personal life. He is involved with the Firefighters for Christ Ministry, an organization that helps firefighters in need. He continues to volunteer at Hume Lake Christian Camp for children and their families. He has traveled abroad to help the needy in Mexico and Uganda. While in Uganda, he worked alongside Africa Renewal Ministry (ARM) and Children's Hunger Fund to help Bethany Village (an orphanage) become self-sustaining. The mission team provided medical care, educational instruction, and construction assistance. Currently, Capt. Holtby and his wife help with the disabled ministry at their church. He plans to retire in three more years, giving him a total of 34 years of dedicated service to the Fire Department.



**Dep. Gabriel Perez**

- LA County  
Sheriff's Department

■ Dep. Gabriel Perez, Los Angeles County Sheriff's Department: Dep. Perez has

been with the Los Angeles County Sheriff's

Department for five years and has been assigned to the Transit Services Bureau for three of those years at the Chatsworth Sub Station. In 1998, he enlisted in the United States Marine Corps. He spent eight years in the Marine Corps, seeing combat in Enduring Freedom in Kuwait and in Enduring Iraq. During this time, he was awarded three Naval Achievement Medals. Last year, Dep. Perez made more than 297 arrests and wrote more than 559 citations; 137 of those were vehicle code violations, 321 were fare enforcement violations, and 101 were parking citations. During the past year, Dep. Perez was assigned as a bus car, working the entire San Fernando Valley on the p.m. shift. His primary job was patrolling the bus routes that traverse the San Fernando Valley. In 2010, Dep. Gabriel Perez worked as a mid shift bus car in the San Fernando Valley where he made 593 arrests. From the arrests made, 272 were warrant arrests and 321 were open charge arrests for various criminal offenses ranging from narcotic violations, weapons violations, drunk driving, and other misdemeanor violations. He also issued more than 558 traffic-related citations, including 87 parking tickets to violators parking in bus zones.



**Dep. Chief Vito Scattaglia**

- DMV, Division  
of Investigations

■ Dep. Chief Vito Scattaglia, DMV, Division of Investigations: Dep. Chief Scattaglia is a

graduate of the L.A. County Sheriff's Academy and holds State Commission on Peace Officers Standards and Training for basic, intermediate, advanced, supervisory, and management requirements. Dep. Chief Scattaglia began his law enforcement career with the DMV Division of Investigations in March 1973 as an investigator assigned to Los Angeles. He was promoted through the various field and supervisory ranks from March 1973 to October 1986 in the L.A. area. He then was promoted to Valley Area Commander in October 1986 with oversight of all San Fernando Valley enforcement activity. He began serving as deputy chief in March 2009 and is responsible for DMV field enforcement activities for Los Angeles, Ventura, Santa Barbara, and San Luis Obispo counties. He oversees three commanders, nine supervising investigators, 65 sworn investigators and 12 support staff. For the past 38 years, Dep. Chief Scattaglia has also served as a reserve police officer for the City of San Fernando and has been the commander of the reserve unit for 33 years with the rank of captain.



THE CLUB

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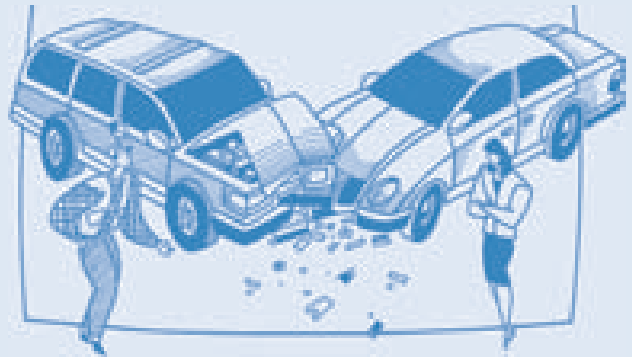
# REST INSURED



BY JEFF GELINEAU  
 Vice President of United Agencies,  
 The Club's Auto and Home Insurance Partner



## What to Do After Accident



You've been in an auto accident. Here are ten steps to take. Knowing what to do if you are involved in an accident can save lives and also make the claims process easier.

- Stop your car and find out if anyone is injured.
- Call the police or highway patrol. Tell them how many people were hurt and the general types of injuries. The police will notify the nearest medical unit.
- Cover injured people with a blanket to keep them warm.
- Try to protect the accident scene. Take reasonable steps to protect your car from further damage, such as setting up flares, getting the car off the road and calling a tow truck.
- Ask the investigating officer where you can obtain a copy of the police report. You will probably need it when you submit your claim to your insurance company.
- If necessary, have the car towed to a repair shop. But remember, your insurance company probably will want to have an adjuster inspect it and appraise the damage before you order repair work done.
- Make notes. Keep a pad and pencil in your glove compartment. Write down:
  - The names and addresses of all drivers and passengers involved in the accident;
  - License plate numbers;
  - The make and model of each car;

- Driver's license numbers;
- Insurance identifications;
- The names and addresses of witnesses;
- The names and badge numbers of police officers or other emergency personnel.

☞ *Beforehand, contact one of our agents at (800) 800-5880 for a handy accident reporting form that you can keep in your glove compartment to help you gather all of the necessary information.*

- If you run into an unattended vehicle or object, try to find the owner. If you can't, leave a note containing your name, address and phone number. Record the details of the accident.
- Use the camera on your cell phone to take pictures of any damage to any vehicles
- Contact our office at (800) 800-5880 if you have any questions!

*Feel free to call our agency if you have any questions about an accident; how your auto insurance policy would respond, or if you simply would like to do a complete insurance review with us. Call us if you would like to get a quote for your auto insurance policy through us, or would like a question answered on any type of insurance. We offer up to a 15 percent discount if you buy your home and auto insurance from the same insurance company.*

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Feel free to send me an email at [jgelineau@unitedagencies.com](mailto:jgelineau@unitedagencies.com), and I will try to answer your question in one of our monthly columns.

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# Club Scholarship Applications Available

Applications for Club Scholarship are available online and at the Club Store.

**Deadline is noon, June 30, 2011.**



Pick up your application for the Joannie Mukai Memorial Club Scholarship at the Club Store, or download an application today! The Club's scholarship program is named after the late Club Board Member Joannie Mukai.

The 2011 Mukai Club Scholarship Program, which expects to grant 10 awards, is now accepting applications.

All materials must be physically in the Club Store and Service Center downtown, 120 W. Second St. by noon, June 30, 2011.

Ten college scholarships are available. Each recipient will receive a stipend of \$1,000.

Those eligible include Club Members, their spouses and their children who are in college or will be attending an accredited college or university in Fall 2011.

"We know that college is very expensive, and we want to do something special to meet the challenge," said John Hawkins, Club CEO. "We expect to offer 10 awards."

"Every year, we're amazed at the quality of the applicants. We expect this year to be even better."

You can pick up an application at the Club Store and Service Center, 120 W. Second St. downtown, or download an application at: [www.cityemployeesclub.com/scholar.asp](http://www.cityemployeesclub.com/scholar.asp)

"We fully support the dedication of our Club families to taking care of the educational needs of themselves and their children," Hawkins contin-

ued. "We want to help them in every way possible. We look forward to giving back."

#### Eligibility requirements:

- All Club Members and their spouses, and children of Club members under the age 25, are eligible to apply. Club members must be in good standing.
- The successful candidate must attend an accredited four-year college or university full time in the fall semester 2011. Current high school seniors matriculating to a four-year school in Fall 2011 are eligible.
- Candidates will be judged for academic excellence, community service and financial need.
- Ten (10) scholarships are expected to be awarded, in equal amounts of \$1,000 (each).
- Deadline: Applications must be in the Club Store and Service Center, 120 W. Second St. downtown, by noon June 30, 2011. All applications must be physically in the Club office at that time to be eligible. Sorry, but the Club is not responsible for delays in delivery.
- Decisions will be made by Club personnel and will be considered final.
- Club Store and Service Center address: 120 W. Second St., Los Angeles, CA 90012.

- Incomplete applications will not be accepted.
- Send questions to: [scholarship@cityemployeesclub.com](mailto:scholarship@cityemployeesclub.com)



Sabrina Amaro received a stipend last year as part of the Club's Scholarship Program.

## Congratulations, GRADUATES

Let the Club family celebrate with you...  
by putting your photo in *Alive!*

**Club members: Have you had a family member graduate from elementary school... high school... or college this summer? Send us a photo, and we'll publish it in *Alive!***

#### Make sure you tell us:

- The name of the graduate.
- The school from which they graduated. If a college, tell us their major.
- Their future plans (briefly)
- The name and department of the Club member they're related to (and how they're related)

Digital photos are preferred. Send them to: [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

If you have a paper print, send a duplicate (we prefer you not send the original)

to: **Grad Photos**

**City Employees Club of Los Angeles**  
120 W. Second St., Los Angeles, CA 90012

Print photos will be returned within two months after publication if you request it, and if you write your name and address on the back.



For Retired Club Members



# The Best Years



By Mary Beetz,  
RLACEI Publicity Chair

## City Retiree Associations:

### DWP Retirees Association



**Dolores Foley, President**  
Phone: (626) 445-7376  
E-mail: vinmar@altrionet.com

### Los Angeles Retired Fire and Police Association

**James R. Wilke, President**  
Phone: (323) 283-4441  
Fax: (626) 285-1461  
E-mail: larfpa@pacbell.net or  
9521 Las Tunas Dr. #4,  
Temple City, CA 91780

### Retired Los Angeles City Employees, Inc. (RLACEI)



**Ed Harding, RLACEI President**  
www.rlacei.com  
Contact him: (800) 678-4145 Ext. 703  
or via E-mail:  
postmaster@rlacei.com

### Change of Address?

If you change your address, notify Helen Salgado, Membership Chair, at (800) 678-4145 Ext. 713, or write to her at 8372 Arnett Dr. Huntington Beach, CA 92647. Also notify LACERS.

### Have News About Yourself?

Contact Phil Skarin, 5301 Norwich Ave., Van Nuys, CA 91411-3910, or call (800) 678-4145 Ext. 709.

## RLACEI UPCOMING EVENTS:

Here's a listing of all the RLACEI events, dates and locations for 2011:

**June 9:** Golf tournament, Alhambra Municipal Golf Course, 630 S. Almansor St., Alhambra. Start: 7:30 a.m., lunch 12:30 p.m.

**Aug. 11:** Annual picnic, Grace E. Simons Lodge, 1025 Elysian Park, Los Angeles. 11:30 a.m.

**Oct. 6:** Annual corporation meeting and elections, Friendship Auditorium, 3201 Riverside Dr., Los Angeles. 11:30 a.m., meeting 1 p.m.

**Dec. 1:** Holiday party, Friendship Auditorium, 3201 Riverside Dr., Los Angeles, noon.

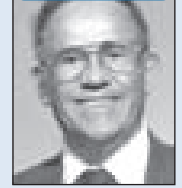
Call (800) 678-4145  
ext. 701 for reservations

RLACEI:

## Pension Reform Proposal Starting to Make Rounds

President, Ed Harding reports:

2010 Club Excellence Award Recipient



Ed Harding

"As I write this message, I am thinking about the many lunches that we have ordered from Chris & Pitts BBQ for our April 14 General Meeting and hoping we had full attendance, and that we enjoyed all this food. Having said that, I urge all members planning to attend our functions, to make reservations.

"On April 5, several of our direc-

tors and I met with Roslyn Carter-Phillips, CEO of the All City Employees Benefit Services Association, and with Heidi DeMarco the new managing editor of "El Pueblo." She has agreed to be at our functions taking pictures for "El Pueblo." Not only is Heidi a lovely person, but is well qualified for the job, and we are looking forward to working with her.

"Roslyn Carter-Phillips surprised us with a sizable donation towards prizes for our Annual Golf Tournament, to be held June 9 at the Alhambra Municipal Golf Course. We are looking forward toward a great turnout this year, with our golfers happily competing for those great trophies and prizes – thank you Roslyn and ACEBSA for your prize donation.

### Legislative Report by Michael Karsh:



Michael Karsh

"A new pension reform for government personnel is being summarized by the Attorney General, after which it can be released for signature gathering, conceivably having a chance for the November ballot but more likely for the primary election in 2012. It was initiated by Roger Niello. Mr. Niello was County Supervisor for Sacramento County from 1999 to 2004 and was a member of the Assembly from 2004 to 2010. He was recently named the University of California Center's first

Governance Fellow to teach and mentor students in Sacramento.

"His initiative would forbid a public agency (a city, county or the state government) from providing retroactive increases in pension benefits. It would require that full retirement age be no less than 62 years of age; require an employee to have been full time for at least five consecutive years; require the employee to contribute an amount at least as much to his or her retirement plan as the employing agency; and limit

retirement benefits to no more than sixty percent (60 percent) of the highest annual average base wage over three consecutive years of employment.

"The governor is also considering changes in public pensions, which may or may not be part of a state budget deal in May or June. Details of his proposals are not introduced yet in detail, but would probably affect only government employees currently working, any new hires, but have no effect on those now retired."



Mary Beetz

### LACERS Update by Mary Beetz:

"**Free Diabetes Expo:** Did you know that one in ten people in Los Angeles County has diabetes? The American Diabetes Association EXPO provides the most comprehensive array of diabetes-related products, services and information available under one roof. The

Diabetes Expo will be held from 10 a.m. to 4 p.m. Saturday, May 21 at the Convention Center and is free to the public. The Expo includes more than 100 exhibitors specializing in health screenings, cooking demonstrations, products and services. The expo also

includes leading experts talking about diabetes management and prevention for seniors, youths and culturally diverse populations. Register today at [www.diabetes.org/laexpo](http://www.diabetes.org/laexpo), or for more information, call 888-DIABETES, x 7503.

continued on page 29

### RLACEI Website

Hal Danowitz asks you to visit the RLACEI Website at [www.rlacei.com](http://www.rlacei.com) to find the latest retirement news. If you find it helpful, or have suggestions for improvement, call Hal at (800) 678-4145 Ext. 707.

### Contact LACERS

The Los Angeles City Employees Retirement System is at 360 E. Second Street, second floor, Los Angeles, CA 90012. Phone (213) 473-7200 or (800) 779-8328. Contact them to arrange direct deposit of your retirement checks, change your tax withholding or beneficiary, or for questions about your health plans.



## The Best Years

ADVENTURES  
with HAL!Evelyn and Hal with the Captain of the *Golden Princess*.2010 Club Excellence  
Award RecipientBy Hal Danowitz,  
Secretary, RLACEI

## Retiree Hotlines

Who to call? Call the Helpline and reach the officers of the Retired Los Angeles City Employees, Inc. If you move or change your address, contact Helen Salgado. Also notify LACERS, ACEBSA, and LAFCU.

City Employees Retirement System:  
(213) 473-7200

RLACEI Retirement Counselors and  
Retiree Helplines: (800) 678-4145

• Mary Beetz	Ext. 711
• Hal Danowitz	Ext. 707
• Americo Garza	Ext. 710
• Edward Harding	Ext. 703
• Michael Karsch	Ext. 704
• Gary Mattingly	Ext. 702
• Neil Ricci	Ext. 714
• Helen Salgado (membership)	Ext. 713
• Phil Skarin	Ext. 709
• Ken Spiker	Ext. 705
• Tom Stemnock	Ext. 708

RSVP: Ext. 701

DWP Retirement Plan Office: (213) 367-1722

## RLACEI:

## Officers

Mary Beetz: Publicity Chair  
Hal Danowitz: Secretary/Treasurer  
Edward Harding: President  
Michael Karsch: Treasurer  
Phil Skarin: Director  
Kenneth Spiker: First Vice President  
Tom Stemnock: Second Vice President

## Committee Chairpersons

Hal Danowitz: Bylaws  
Americo Garza: Picnic, Holiday Party and Installation  
Neil Ricci: Health and Nominating  
Helen Salgado: Membership  
Phil Skarin: Publicity and Parliamentarian  
Ken Spiker: Legal and Legislative  
Tom Stemnock: Audit  
Tom Stemnock and Phil Skarin: Golf

## Directors

Mary Beetz  
Americo Garza  
Michael Karsch  
Neil Ricci  
Helen Salgado  
Phil Skarin  
Michael R. Wilkinson



## The Long Trip Home

## ■ Hal and Co. continue their Hawaiian cruise. Part 4.

*My wife, Evelyn, and I are aboard the Golden Princess sailing to Hawaii on a 14-day cruise from San Pedro. Don and Myrna, our cousins, are with us. We have been on board for eight days, with our first stop at Hilo and then stops in Honolulu and Kauai.*

This morning, we were anchored off of Lahaina, Maui. We awakened to the sounds of the tenders being lowered into the water. This was at 6:30 a.m.

The island of Maui is the second largest of the Hawaiian Islands at 727.2 square miles and is the 17th largest island in the United States. Maui is the largest of Maui County's four islands, bigger than Lanai, Kahoolawe and Molokai. Maui is the third most populous of the Hawaiian Islands; Kahului, where the airport and Costco are, is the largest town on the island with a population of more than 20,000. The big tourist spots in Maui include the Hana Highway, Haleakala National Park, and Lahaina.

The Hana Highway runs along the east coast of Maui, curving around many mountains and passing by black sand beaches and waterfalls. It ends at the cemetery where Charles Lindbergh is buried. The road had some ruts, so don't tell your rental car company you're going. Haleakala National Park is home to Haleakala, a dormant volcano. Lahaina, a historic whaling town, is one of the main attractions on the island, with an entire street of shops and restaurants that lead to a wharf where you can set out for a sunset cruise or whale-watching journey. Snorkeling can be done at almost any beach along the Maui coast.

We had VIP Tender passes, so we ate breakfast and then got on the next tender without getting a number or waiting in line. This saved some time but was no big deal. The tender lets you off at the fishing dock across from the Pioneer Inn. The inn goes back to the whaling days and is a bar, restaurant and hotel. We walked around the shops and brought some T-shirts. About 12:30 p.m., we decided to have lunch at the Pioneer Inn. The food was good and was a nice change from the ship food.

Lahaina had many art galleries and jewelry stores; local art and souvenirs are abundant. There were also a number of restaurants with decent food and great views.

We returned to the ship, which was to sail for Ensenada, Mexico, at 5 p.m. Because of the Jones Act, foreign cruise ships (or airlines) cannot carry U.S. passengers from a U.S. port to another U.S. port without stopping in a port outside the United States, so we were going to stop in Ensenada.

We played bridge with Don and Myrna. Don, who is a big UCLA fan, was upset because the ship's TV wasn't showing the UCLA vs. Oregon football game. Instead they had some unknown soccer game. I have a Sling Box on my TV at home, which intercepts my home cable programming and sends it to me via the Internet. Through my Sling Box, we were able to watch the game on my iPad.

We decided to have a simple dinner and checked out the buffet and then settled on hamburgers and hot dogs, which suited everyone fine.

We saw the show in the Princess Theater, a production show called "Stardust" with the ship's dancers and songs from the 1940s and '50s, done very well.

We ended the evening at the International Café for dessert and coffee.

We spent the next four days at sea.

We moved the clock ahead one hour the night before, so we slept in until 8 a.m. That next day was our 21st wedding anniversary, and I bought a card in Lahaina because I forgot to bring one from home. It was a nice surprise for Evelyn.

We both worked out in the gym. I was surprised as to how few people were there; it must have been the time change. While Evelyn was still exercising, I had breakfast and ran into the bridge (card game) instructor, and we had a nice chat. He is from Minnesota and is retired from 3M. He is 75 years old but looks much younger. He and his wife (Tom and Judy Hammond) are life master bridge players and very nice people. They spend the winters in California.

We played duplicate bridge that afternoon.

That night was a formal night, and we were invited to the cocktail party for the Captain's Circle members. I made reservations for Sabatini's for the four of us. It's the Italian specialty dining room (\$20 per person).

We scheduled to visit the ship's bridge by invitation of the captain, for the next day. We



The Pioneer Inn on Maui.



Officer of the watch on the bridge.



also received our conformation for the "Chef's Table," which was set for Sunday evening.

Later that same day, we played bridge. We did not fare well.

The weather was good, with clear skies, temps in the mid-80s, and of course high humidity. The ship was rolling a little more than usual, but not too badly.

The Captain's Circle party was nice; you could get a drink from the bar. This ship holds 2,600 passengers, and 1,200 of them are return Princess passengers. We were told that there are more than 10 million Captain's Circle members around the world.

After the party, we had dinner in Sabatini's. It cost an extra \$20 per person. We all enjoyed the dinner and service. Evelyn and I had brought a bottle of Opus One wine from home. This is a very special wine, and when the staff saw it, they called the ship's sommelier to open and serve it. It is customary to offer the sommelier a taste, and he enjoyed it, too. The ship had this wine on the menu, so management did not charge a corkage fee. The dinner took more than two hours to enjoy.



Hal, Myrna and Don shopping.

After dinner, we sat in the piano bar and listened to the music and had a nightcap.

When we awakened the next morning, the sun was shining and the sea was calm. Today was our day to visit the bridge, something we had not been able to do since Sept. 11, 2001. I wasn't sure how many passengers were going to be on the tour.

There were four of us on the bridge tour – a newlywed couple who got the bridge tour as part of their honeymoon package, and us. The tour lasted about a half hour. The captain showed us pictures of the ship being built and explained the process. We took pictures with him, and then he turned the tour over to the junior officer of the watch. There are two officers of the watch and one lookout for each watch while at sea. The ship runs on autopilot while at sea. After taking a few more pictures, we left the bridge. It was a very interesting and unusual experience.

While Evelyn attended the bridge lesson, I found a place in the shade to read my book, and I took a nap. I caught up with Evelyn, Myrna and Don at noon and we had lunch in the Crown Grill, which at lunch becomes an English pub. We all had fish and chips, which was okay but not great.

At bridge that afternoon, Evelyn and I came in third, playing east/west. It was a much better showing than the day before.

We had cocktails in our cabin before dinner. I think we may have brought too much booze; we had a lot left to drink and not much time. We ate in the dining room at 8 p.m. It seemed that most passengers ate early, and after 7:30 p.m. it was easier to walk in a get a table; the service was very good because the staff had fewer tables to serve.

We saw the late show in the Princess Theater, which featured John Bressler, a very good piano player but a so-so singer and comedian.

Next month I promise the end of our Hawaiian cruise will be next month.

# LACERS Update



continued from page 27

**"Retirement Account Info:** MyLACERS is a service that allows members to securely view their account information online at [www.LACERS.org](http://www.LACERS.org). As a retired member, you can view your 1099R information, current payment statements, designated beneficiaries, current deductions and health deduction information. It's easy, fast and informative. Just click on MyLACERS from the LACERS homepage ([www.LACERS.org](http://www.LACERS.org)) and follow the directions to register for a MyLACERS account. Once an ID and password are created, you can log-on to the secure website as often as you like. For more information or assistance with setting up a MyLACERS account, contact LACERS at [lacers.services@lacity.org](mailto:lacers.services@lacity.org) or 1-800-779-8328.

**"Your Health Matters E-Newsletter:** The spring 2011 *Your Health Matters* E-newsletter is now available online in the publications section of the LACERS Website at [www.LACERS.org/retired/publications.html](http://www.LACERS.org/retired/publications.html). You can learn about diabetes and pre-diabetes, the risk factors and symptoms, some of the myths about diabetes, and what can be done to prevent the onset and progression of this disease through healthy living choices. You can also find out about some of the disease management programs offered through your LACERS medical plan. The Publications section of LACERS website also contains past issues of the *Your Health Matters* newsletter, as well as other informative LACERS publications.

**"Health Plan Website Workshop:** Do you want to learn more about disease management and wellness programs available through your LACERS health plan, but don't know how to use their Website?

"Then consider attending a *LACERS Retiree Health Plan Website Training Workshop*, tentatively scheduled for July 21. At this workshop, you will get hands-on computer training on how to use LACERS and your health plan's Websites. Look for more information and reservation details in the upcoming paycheck flyer that will be sent on June 30.

"If you have news about yourself or other retirees that you would like to share, send it to Mary Beetz at: 137 Westmont Dr., Alhambra, CA 91801 or [MBeetz4841@aol.com](mailto:MBeetz4841@aol.com)"

## 33rd Annual Retirees Invitational Golf Tournament



The 33rd Annual Retired Los Angeles City Employees Invitational Golf Tournament will be held on Thursday, June 9, 2011 at the Alhambra Municipal Golf Course with a "Shotgun Start" at 7:30 a.m. The course is located at 630 South Almansor Street, Alhambra, CA 91801. Check-in is at 7:00 a.m. **SOFT SPIKES MANDATORY!**

- The tournament is open to retired and active employees and friends. The cost is \$65 for R.L.A.C.E.I., City Club and All City Employee Benefits Service Association members (\$75 for all others) and includes green fees, carts, prizes and lunch at the Almansor Court restaurant. Lunch only is \$25.
- Those interested in participating must complete the reservation form and mail it with their check payable to **"R.L.A.C.E.I." by May 31st** to: Tom Stemnock, Chairman, 4040 Vineland Avenue, Suite 108, Studio City, CA 91604. For any questions, call Chairman Tom Stemnock at (818) 487-6789.

### 2011 Golf Tournament Reservation Form

Name \_\_\_\_\_ Phone \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Amount Included \$ \_\_\_\_\_ \$65 for R.L.A.C.E.I. and City Employees Club Members. (\$75 for all others)  
 Luncheon: \$25

**Make checks payable to R.L.A.C.E.I.**

#### NOTICE: SOFT SPIKES MANDATORY!

#### FOURSOME

Member R.L.A.C.E.I.    Member A.C.E.B.S.A. or City Club    Guest

**(check all that apply)**

Name			
1. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
2. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
3. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
4. _____	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**Reservation deadline: Thursday, May 31st.**

Mail completed reservation form and check to:

Tom Stemnock, Chairman, 4040 Vineland Avenue, Suite 108, Studio City, CA 91604, (818) 487-6789





Lee Burrell, Retired Refrigeration Air Conditioning Supervisor.



Alice Wilder, Retired Election Division; Mary Beetz, Member Information Committee Chairperson, Club Member; and Helen Salgado, Membership Committee Chairperson, Club Member.



Ken Spiker, RLACEI First Vice President, Club Member.



At the RLACEI Spring meeting.



Tony Alvarez, Retired Parking Manager, General Services, Club Member.



From left: Leroy A. Richards, Club Member, Retired Heavy Duty Truck Operator; and Quentell Webb, Retired Motor Sweeper Operator.



At the RLACEI Spring meeting.



Norma and Leo Rosen, Retired Public Works/Engineering, Club Member.

# RLACEI Spring Meeting

## Retirees Assn. hosts annual spring meeting.

Story and photos by Robert Larios, Club Director of Operations



RLACEI — The Retired Los Angeles City Employees, Inc. (RLACEI) held its annual general membership meeting April 14 at the Friendship Auditorium. As always, the ever-present and charismatic Ed Harding, RLACEI President, presided over the event, which included a delicious complimentary lunch provided by Chris & Pitts barbecue.

Thanks to the RLACEI leadership for inviting and welcoming the Club to this annual spring meeting.



Ed Harding, RLACEI President.



The Chris & Pitts catering team.



Marguerite and John Shadle, Retired, Building and Safety, Club Member. John and Marguerite have been married of 64 years!



John Hyde, Club Member, Convention Center, Retiree, 32 years, and Nancy Hyde, Library, 11 years.



At the RLACEI Spring meeting.



Phil Skarin, RLACEI Parliamentarian.



Retirees touch base and catch up.



At the RLACEI Spring meeting.



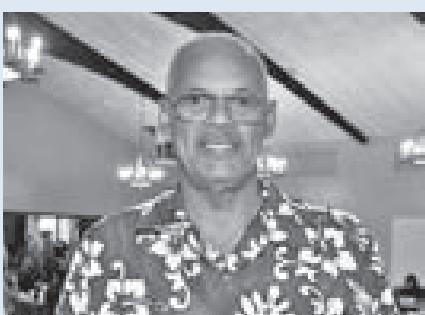
Michael and Cleone Vrabel, Retired Clerk Typist, LAPD, Club Member.



At the RLACEI Spring meeting.



At the RLACEI Spring meeting.



At the RLACEI Spring meeting.



At the RLACEI Spring meeting.



From LACERS: Lita Payne, Assistant General Manager, and Alex Rabrenovich, Division Manager.



Americo Garza, RLACEI Director, Club Member, and Mary Beetz, RLACEI Member Information Committee Chairperson, Club Member.

LAPD

# Celebrity Golf Kickoff

Police Dept. hosts kickoff for annual celebrity golf fundraiser.



Photos by Robert Larios,  
Club Director of Operations

The LAPD hosted a kickoff event to bring attention to its annual celebrity golf fundraiser.

The kickoff event was held April 6 at the Grace E. Simons Lodge in Los Angeles. The actual celebrity golf event is scheduled for July 16 at Trump National Golf Club in Rancho Palos Verdes.

The event raises funds for the Los Angeles Police Memorial Foundation, which provides more than \$800,000 annually to police department employees and their immediate families experiencing catastrophic circumstances including death, illness and injury. The Los Angeles Police Memorial Foundation is a nonprofit tax-exempt organization. Like the Tournament, the Memorial Foundation has no equal in law enforcement, according to sponsors.

Special thanks to Alice Sturdy for assisting in the production of this article.



From left: Sgt. David Garland, 15 years of City service; and Mark Hyland, Sr. Lead, 27 years of service.



From left: Capt. Lindsay, 24 years of City service; and Sgt. Vasquez, 13 years of service.



From left: Officer Wayne Wall, Alice Sturdy, Officer Brett Atkins, Alan Atkins, Officer Bryce Verna, Commander Bill Fierro and Officer Christine LaBriola.



From left: Mike Maloney, Motor Officer, 27 years of City service; and John Aufdemberg, Motor Sergeant, 16 years of service.



From left: Sgt. Egger, 30 years of City service; and Capt. Hittner, 33 years of service.



From left: James Wallace, Police Officer II, 26 years of City service; Wayne Wall, Police Officer II, 23 years of service; and Laury Sanchez, 20 years of service.



From left: Steve Whitewall, Police Officer, 30 years of City service; Ron La Grasa, Police Officer, 17 years of service; and Capt. Nick Zingo, Club Member, 36 years of service.

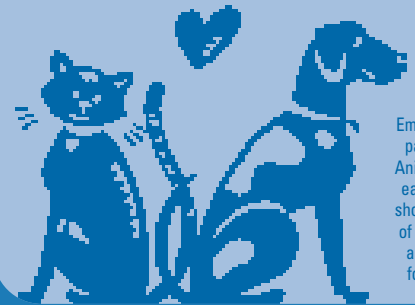
## COUNT ON IT!

### The cheapest tickets in the City are at the Club!

— SEE PAGE 47 FOR TICKETS

# the pet club

Your friend is waiting for you!



The City Employees Club partners with Animal Services each month to showcase some of the pets that are available for adoption.

## This Month's Pets For Adoption:

### SNOW

Snow's mission: To charm the treats out of you! He is a six-year-old neutered male Chihuahua mix. Snow is very loving, sweet and charming! He also loves other dogs.

ID# A1189845: Harbor Animal Care Shelter



### OSO

Oso is an agent of love. A four-year-old, neutered German shepherd, he is what you would call a gentle giant and an exceptional friend. He loves to play and he loves attention.

ID# A1191269: Harbor Animal Care Shelter



### GINGER

Ginger is a four-year-old spayed German shepherd. She is a quiet yet complex girl who just needs the right environment to show off her skills. She is very friendly, loveable, and, most of all calm!

ID# A1197714: Harbor Animal Care Shelter



### YUKON

Yukon is a two-year-old neutered Husky mix. He has made quite the name for himself and has many friends who are volunteers at the shelter. He has a good sense of humor and a wonderful personality.

ID# A1198260: Harbor Animal Care Shelter



### HONEY

Honey is a eight-year-old spayed Chihuahua. She loves other dogs, to be carried, and to give kisses! Even though she's short in stature, her love goes a long way.

ID# A0867035: Harbor Animal Care Shelter



The Harbor area shelter is going to the dogs this month! All of the following fabulous dogs are available at the Harbor Animal Care Shelter, 957 N. Gaffey St. San Pedro, CA 90731. Call the shelter at (310) 548-2632.

To see more animals available for adoption, please visit [www.laanimalservices.org](http://www.laanimalservices.org)



{ *Who are the people you see every day?* }

No. 38 in a series.

# People We See

*in downtown Los Angeles.*



## Meet Crawford Blue.

**AGE:** "I'm 51."

**BIRTHPLACE:** "I was born and raised in Los Angeles but later moved to Detroit to get into the automotive business."

**MARITAL STATUS:** "I have been married for two years. She is back in Detroit living in a mission."

**FAMILY:** "I have six brothers and four sisters, but two of them died."

**MILITARY SERVICE:** "No."

**WHEN DID YOU MOVE TO LOS ANGELES?** "Eight months ago."

**WHY DID YOU MOVE TO LOS ANGELES?**

"I ended up here on vacation, and I didn't have enough money to get home."

**EDUCATION:** "I went to Jefferson High School."

**FAVORITE CHILDHOOD MEMORY:** "Going to Trade-Tech Community College in Los Angeles."

**AWARDS OR MEDALS:** "I have a trophy for winning first place in a pool tournament."

**RELIGION:** "Catholic."

**FRIENDS:** "I do not have many friends."

**WHERE DO YOU LIVE?** "I live in the missions. I am in a transition program."

**WHAT WAS THE LAST JOB YOU HAD?** "A long time ago, I was in the automotive finish business. I did that for 16 years. I was really good at fixing dents and body work."

**FAVORITE PLACE IN THE CITY:** "I like downtown."

**FAVORITE SPORT:** "Basketball."

**FAVORITE ACTOR:** "Clint Eastwood."

**FAVORITE ACTRESS:** "Halle Berry."

**FAVORITE MOVIE:** "For a Few Dollars More with Clint Eastwood."

**FAVORITE TV SHOW:** "The View."

**FAVORITE CANDY:** "Soft Lemonheads."

**FAVORITE FOOD:** "Hot dogs, regular style, with just mustard and pickles."

**FAVORITE MUSIC:** "Rap. My favorite artist is Method Man."

**WHAT'S THE LAST BOOK YOU READ?** "An anger management orientation book."

**ADVICE FOR EVERYDAY PEOPLE:** "Be nice to others."

**LAST THING EATEN:** "A tuna sandwich."

**WHO OR WHAT ORGANIZATION HAS BEEN THE BIGGEST HELP TO YOU?** "The St. Vincent de Paul Catholic Church."

**IF YOU COULD WISH FOR ANYTHING, WHAT WOULD IT BE?** "A job."

**IF YOU HAD \$1 MILLION, WHAT WOULD YOU DO WITH IT?**

"I would go into business."

**IF YOU WERE THE MAYOR OF LOS ANGELES, WHAT WOULD YOU DO TO HELP THE HOMELESS?** "Help others find a place to live, especially the elders."

**WHERE DO YOU SEE YOURSELF IN FIVE YEARS?** "Going back to the missions in Detroit to see if I can find my wife."

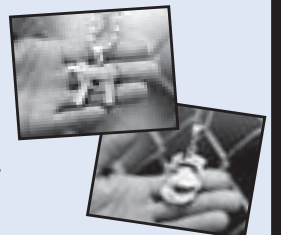
**WHAT DO YOU CARRY AROUND WITH YOU?** "My cigarettes and lighters. I collect cardboard and sell little stuff I find or buy wholesale to make an extra buck for some food."

**MOST PRIZED POSSESSION:** "My chains – one is my wife's, one is mine."

*The Club gave Crawford shaving cream, a toothbrush and toothpaste, soap, two pairs of socks, shampoo, hand wipes, some food, \$20 and some bottled water.*

The interview took place April 22 at Main and Third Street downtown and was conducted by Club staffer Noelle Kauffman.

*Photos by Angel Gomez*



## How to Help

You can make a difference.

Donate items to "People We See," and the Club will deliver them to an upcoming subject. Great items include socks, deodorant, toothpaste, toothbrush, toilet paper, hand wipes, shaving cream and razors. Just drop them off at the Club Store (120 W. 2nd Street, downtown Los Angeles), and we'll take it from there.

**We want to thank all of you for donations. Keep 'em coming!**



{ In this monthly feature, Club CEO John Hawkins, Director of Member Services Angel Gomez and New Project Coordinator Noelle Kauffman, introduce you to people you see every day, but you might not know who they are. }  
The Club reminds you that we all have names and stories to tell.



# Send in your Father's Day tributes!



**City Employees:  
Pay tribute this  
Father's Day...**  
with a photo and message  
of respect, honor and love,  
published in *Alive!*

In our June issue, we'll print a photo of you and your dad (or just your dad)... and a two-or-three-sentence message of Happy Father's Day from you. Then you can take your copy of *Alive!* and show him what he means to you.

Photos can be either print or high resolution digital. But you have to act quickly, as our June issue is fast approaching.

**So:**  
Send in a print or digital photo of you and your dad (or just your dad).  
*Send digital photos to:*  
talkback@cityemployeesclub.com  
*Send print photos to:*  
Club Store and Service Center,  
120 West 2nd Street,  
Los Angeles 90012  
Include a message of Happy Father's Day (up to three sentences).  
**Deadline: May 16**



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**LAFD Historical Society**

# Pancake Breakfast Fundraiser



**\$5 Adults + \$3 Children**  
 Come join us for good food,  
 great fun, and some  
 LAFD history!

**Saturday, May 14th**  
**8:30 am to 1:00 pm**



At the LAFD Museum & Memorial  
 "Old Fire Station 27"  
 1355 North Cahuenga Blvd.  
 Hollywood, CA 90028  
 (323) 464-2727



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the action!



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<sup>1</sup>4G speeds delivered by HSPA+ with enhanced backhaul. Available in limited areas. Availability increasing with ongoing backhaul deployment. Requires 4G device. Learn more at [att.com/network](http://att.com/network). Mobile broadband not available in all areas.

Requires a DataSync tethering plan. Device connected to your Mobile Hotspot use also from your DataSync tethering plan. Plans do not use a password; others will be able to use your Mobile Hotspot connection.  
**IMPORTANT INFORMATION: Limited time offer.** Requires a 2 year agreement on a qualified plan. Credit approval required. Geographic, usage and other conditions and restrictions that may result in service termination apply. Taxes and other charges apply. Fees and equipment sets by handset and may not be available from independent dealers. See store or visit [att.com](http://att.com) for details and coverage map. **Smartphone Data Plan Requirement:** Smartphones require a DataPlan (2011) or DataPlan (2010) plan. If you select your initial rate alternative, you will automatically be charged an additional \$10 for each additional TDW provided or qualify for an additional \$10 for each additional TDW provided on DataPlan. All data alternatives, including coverage, must be used in the billing period in which the allowance is provided or they will be forfeited. **For more details on Data Plans, go to [att.com/DataPlans](http://att.com/DataPlans).** **Early Termination Fee (ETF):** \$350 if cancelled during the first 30 days, but up to \$350 remaining fee may apply to equipment return thereafter. \$111 up to \$150 or \$200 applies depending on device details at [att.com/equipment](http://att.com/equipment).<sup>3</sup> Agreements may require additional fees, subject to change. **Regulatory Cost Recovery Charge** up to \$2.25/min is charged to help defray costs of complying with government obligations and charges on AT&T and is not a fee or government required charge. **Monthly discount:** Available to qualified employees of company and/or government agencies with a qualified business agreement ("Business Agreement"). Must provide requisite proof of employment. Eligible for other carriers when you are no longer a qualified employee. Service discounts may be interrupted and/or discontinued without notice to plan. Service discounts apply only for the monthly service charge of qualified plans and not for any other charges, including number of porting, wireless mobility service charge for qualified plans, additional \$117 activation or other requirements may apply for discount eligibility. Discounts may not be combined. Offer subject to change at any time.  
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"Thank you for everything, Mom. Happy Mother's Day, and a happy, healthy and blessed 91st year. With lots of love."

**- Margaret Yang, LAPD**



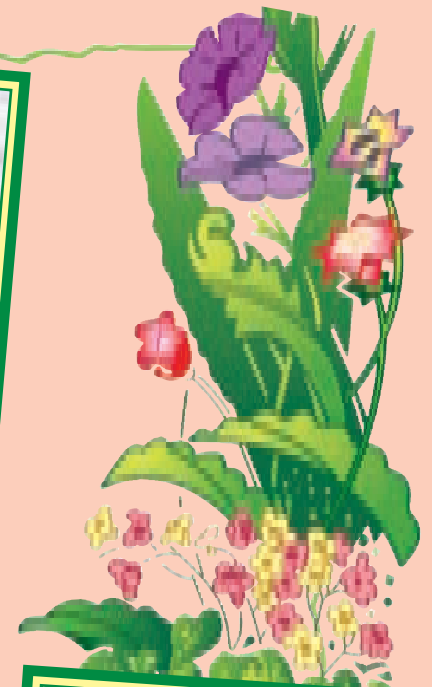
"Happy Mother's Day to the most courageous, strong and sophisticated mother I know. Thank you for showing your love to your children and the children of others. You are simply priceless."

**- Veronica Grayson, Controller's Office**



"Aunque el Día de las Madres es un día especial para recordar la importancia de la madres, quiero mandarles este mensaje y decirles que las aprecio cada día y que ellas son las mejores mujeres del mundo. I love you, Mom and sisters! Happy Mother's Day!"

**- Robert Larios, Club Director of Operations**



"Mom, thank you for everything. Happy Mother's Day. I love you."

**- Delia Noguera**

# Happy Mother's Day

*from The Club!*



"God could not be everywhere all the time, so he gave us mothers. All that I am or ever hope to be I owe to my angel ... my mother! Happy Mother's Day! I love you!"

**- L'keva Harris (far right), LAPD**



"Mom, every day should be Mother's Day! You taught all seven of your children to do the best they can, no matter what the job or status, and to treat people just as we would want to be treated. Thank you, Mom; you are my hero!"

**- John Hawkins, President and CEO of the Club**



"This picture represents two City Employees in the making: Elmer Romero (far left), Building and Safety, and Sonia Romero-Fuentes, DWP (far right). My mother, who was a housekeeper for over 30 years, always told us that we came to this country to live the American dream. Her name is Narda Romero. City Employment has allowed us to live the American Dream."

**- Sonia Romero-Fuentes, DWP**



"To my mother, Aisha Bibi, who lives in Rangoon, Burma - I wish you a very happy Mother's Day. I love you so much. Please forgive me for misbehaving sometimes."

**- Ismail Nanabawa, Airports**



"To the queen of my heart, thank you for your love, your faith, and for all you've been to me and our entire family. Happy Mother's Day! Love you always!"

**- Valerie Nettles, Housing**



"En el Día de las Madres, este mensaje da agradecimiento por tu dulce manera de hacer las cosas y para decirte que durante todo el año te deseo todas las cosas que te hagan feliz."

**- Leslie Orantes**





# Happy Mother's Day



"Mami, te quiero mucho. Mom, happy Mother's Day. Love you so much!"

**- Minerva Gutierrez, Airports**



"Mama, you are indeed a blessing from God, a perfect example of how a mother should be. Thanks for your unconditional love and the sacrifices you have made. I love you very much."

**- Ilesia "Faye" Jones**



"Happy Mother's Day, Mommy! Thank you for your love and for giving us your best! I love you more than I can say!"

**- Tricie (Patrice Duvall, DWP)**



"Mom, because of you I am a strong person and can endure many of life's setbacks. You once told me, 'You need to be strong,' when you yourself were battling cancer. You said that you were thankful that you have me; it's the other way around. I am grateful I had such a beautiful mom who helped me raise my kids and have done so much throughout my life. I love you, Mom."

**- Marie Fimbres LAPD/Communications**



"Happy Mother's Day, Mom! Thank you for all your love, guidance, support and prayers over the years. I love you!"

**- Lori Kwiatkowski, LAFD, Retired**



"Happy Mother's Day, Mom. Love, Issiah, Brianna, David and Sophia."

**- Carlos Rubio, Rec and Parks**



"Happy Mother's Day, Mom! All the way from LA to St. Louis. Love you."

**- John Burnes (Alive! editor)**

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\*"Up to 10x faster" based on download speed comparison of Sprint 3G avg. speeds (800 kbps) vs. Sprint 4G avg. speeds (8.4 Mbps). Actual speeds may vary based upon plan or other factors. May require up to a \$30 activation fee/line, credit approval and deposit, up to \$200 early termination fee/line applies. HTC EVO 4G (First 4G phone in the U.S.). Optional \$29.99/mo. Sprint Mobile Hotspot add-on required to access Wi-Fi on device. - see discounts apply. Allows photo and video playback on an HD capable web browser but it does not provide HD playback directly on the phone. Accessory cables available separately. Mail-in rebate requires purchase by 4/15/11 and activation by 4/30/11. Line must be active 30 consecutive days. Allow 8 weeks for rebate. Upgrade: Existing customers in good standing with service on the same device for more than 20 consecutive months currently activated on a service plan of \$29.99 or higher may be eligible. See in-store rebate form at [sprint.com/upgrade](http://sprint.com/upgrade) for details. Individual Line Discount: Available only to eligible employees of the company or organization participating in the discount program. May be subject to change according to the company's agreement with Sprint. Available upon request on select plans and only for eligible lines. Discount applies to monthly service charges only. No discounts apply to add-ons \$29.99 or below. Other Terms: Coverage not available everywhere. Sprint 4G network is available in over 75 markets and counting, on select devices. Sprint 3G network (including roaming) reaches over 263 million people. See [sprint.com](http://sprint.com) for details. Not all services available on 4G and coverage may default to 3G separate network where 4G unavailable. Offers not available in all markets/retail locations or for all phone/networks. Pricing, other terms, fees and features may vary for existing customers not eligible for upgrade. Other restrictions apply. See store or [sprint.com](http://sprint.com) for details. ©2011 Sprint. Sprint and the logo are trademarks of Sprint. The HTC logo, and HTC EVO are trademarks of HTC Corporation. Android, Google, the Google logo and Google Search are trademarks of Google Inc. Other marks are the property of their respective owners.

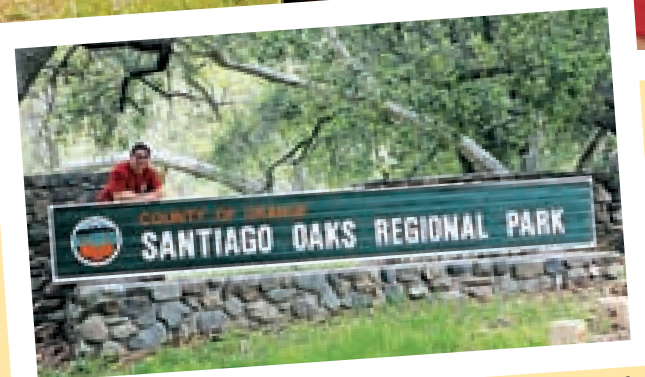


— City of Orange

# Santiago Oaks Regional Park



The Windes Nature Trail with Santiago Creek Trail in the distance.



Behind the Santiago Oaks Regional Park sign.

**H**ello everyone!

This month, let's go to the city of Orange. I decided we should go to a place that offered lots to see and many options. Santiago Oaks Regional Park is just the place. The park offers gorgeous views, various trails and lots of wildlife. I have to tell you, there are lots of mountain lion warning signs posted at each entrance to the park and at each trail. My wife was really scared, so we took the open trails to ease her fears. I liked the stream along the Santiago Creek Trail; we traveled toward the residential area and enjoyed the creek views plus the nice homes along the way. The creek trail was extra fun because we actually began our hike going up the Windes Nature Trail and connected right to the Pacifica Trail. By the time, we crossed the Santiago creek we were ready for a cool breeze.

## Let's begin!

**History:** Santiago Creek was named by the expedition of Gaspar de Portola in 1769 in honor of St. James (San Iago). In 1866, Llewellyn Bixby and his cousins, Benjamin and Thomas Flint, and a fourth partner, James Irvine, purchased portions of Rancho Santiago de Santa Ana.

In 1938, 33 acres of land on the south side of Santiago Creek (just down stream of the Old Dam) were purchased by W. Norment Windes. He built a large residence, which later became the park's Nature Center. A nine-acre Valencia orange grove had been planted by 1937. Norment Windes and his wife lived on the property until his death. His widow sold it to his brother-in-law, Harold Blome, in 1955. Directly across the creek from the Blome property was the 62-acre parcel purchased in the 1920s by George Lemke from the Bixby Land Company. He named the area "Oak Tree Ranch," and in the late 1920s he planted 26 acres of Valencia oranges. In 1959, Lemke sold the property to

the Rinker family, who discontinued the citrus operation. The Rinkers hoped to build a residence on the property and planted approximately 3,000 trees among the declining orange trees. However, the Paseo Grande Fire of 1967 and the heavy flooding of 1969-70 both severely impaired the physical and commercial value of the area. Rinker soon abandoned his operations and his plans.

The Orange County Board of Supervisors acquired the properties for public use and preservation. Limited public use began early in 1977.

In 1981 the ranch house built by Windes in 1938 was re-opened as the park's Nature Center. It now provides exhibits on the natural and human history of the area with a special attention given to the wildlife. Park staff place particular emphasis on environmental education, sharing the beauty and wonder of nature. Nature walks, slide programs, and films are presented to school and youth groups as well as the general public.

**The Hike:** We decided to take three small trails – the Windes Nature Trail, the Pacifica Trail, and the Santiago Creek Trail.

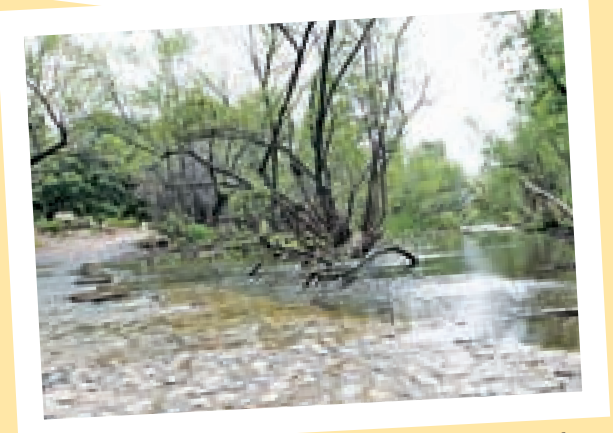
## Santiago Creek Trail:

- LENGTH:** 1.4 miles
- SURFACE:** loam, sand
- WIDTH:** 3 to 15 feet
- RATING:** easy to moderate
- CONDITION:** excellent

*Note: From the parking lot you have to cross the creek. One of the photos in the story actually shows the circular stones you would use to cross the creek. Be ready to jump from stone to stone.*

This trail provides scenic views of Rattlesnake Ridge and orange grove. The trail turns north at the kiosk then crosses Fossil Canyon via a paved dip crossing and then turns west toward Santiago Creek. Near the creek, the

Santiago Creek Trail.



The crossing to Santiago Creek Trail (you must wait for the water level to reveal the stepping stones).



trail heads east, bordering the creek and its riparian community along the way. The area has picnic tables, a horse hitching post and water trough.

**Windes Nature Trail:**

- LENGTH:** three-tenths of a mile
- SURFACE:** clay, rock
- WIDTH:** 2 feet
- RATING:** difficult
- CONDITION:** good

This hiker-only trail is on the extremely steep terrain of Rattlesnake Ridge. The trail follows a "loop" to the nature center. The trail, with interpretive brochure, provides the hiker an educational self-guided experience through the area's coastal sage and oak woodland plant communities, geology and scenic vistas. Its steep terrain provides a challenge. The trail's natural features and vistas overlooking the park are a special treat for the visitor.

**Pacifica Trail:**

- LENGTH:** four-tenths of a mile
- SURFACE:** clay, rock
- WIDTH:** 3 feet
- RATING:** difficult
- CONDITION:** fair

This hiker-only single-track trail represents the most physically challenging trail in the park. The trail begins off the Windes Nature Trail just above the park's nature center and follows very steep terrain to the top of Rattlesnake Ridge via switchbacks. The trail heads southeast to a rest area with a park bench providing overviews of the entire park, surrounding landforms, and, on a clear day, the Pacific Ocean.

There is so much more to this park, but because we traveled only a mile or so into the park using the Windes and Pacifica trails, miles and miles of hiking remain to do. That is where I leave the adventure for you.

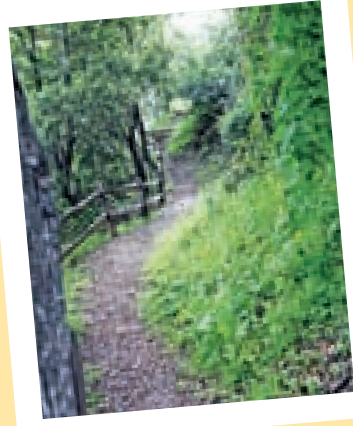
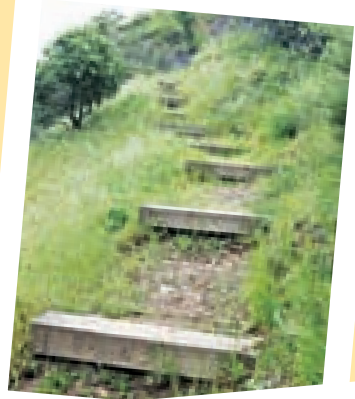
I really enjoy exploring and learning new things. Hiking is one of the best ways to be closest with Mother Nature (beautiful landscapes and all the wonder of nature). The views and area were beautiful here; you have options to park on the street or pay \$3 and park in their parking lot. From both places you can find the path and actually see the creek.

I always want to go back and take a different path. With hiking, you will always see something you did not see the first time. Sometimes it's the time of day that changes the way everything looks, and sometimes is just the time of year that makes the most difference. This park was really green as you can see by the photos (it rained for three or four days before we took this hike, so the newly watered land made the place totally green). Everything was gorgeous, just walking through the tiny trails was magnificent.

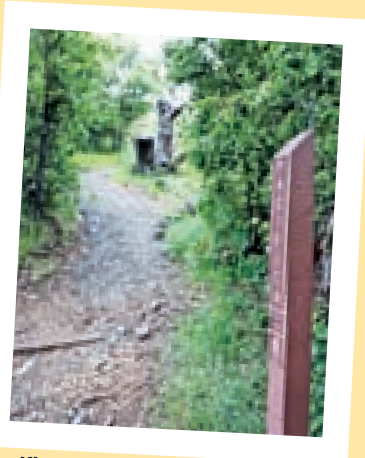
The parking lot is right next to the orange trees, and they, too, are beautiful. There is just so much to see; please come out and enjoy the outdoors your family. They may not be excited at first, but once they get out and see all the beauty, believe me they will not only enjoy the paths, they will want to explore and urge you to find more trails to hike. If you are new at this, remember to always bring your phone and small backpack with water, snacks and, depending what time of day, a sweater.

**Until next month,  
be safe and  
Be Alive!,  
Angel**

Uphill stairs on Windes Nature Trail.

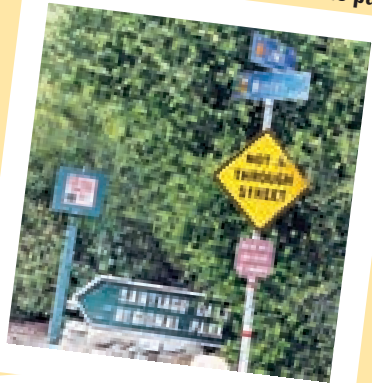


Beautiful Windes Nature Trail.

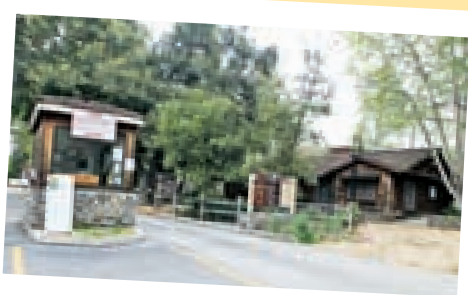


Pacifica Trail marker and trail.

Signs leading to the park.



Wild animal warning signs.



Main entrance to the Santiago Regional Park.

Angel's  
*Be Alive!*



Angel Gomez, Director of Member Services

Send your photos to me at [agomez@cityemployeesclub.com](mailto:agomez@cityemployeesclub.com).  
I would love to see them!



The picnic area surrounded by trees.



A small bridge and stairs on Santiago Creek Trail.

**Santiago Oaks Regional Park**

2145 N. Windes Dr., Orange, CA 92869

**PARK AMENITIES**

Amphitheater, barbeques/fire rings, bicycling/bike trails, dogs permitted, equestrian trails, family picnic area, hiking trails, horseshoe pits, interpretive center, interpretive programs, playground/tot lot, private party area, restrooms, scenic overlook and tables.

**PARKING** \$3

**DIRECTIONS**

Take the 5 Freeway south to the 22 Freeway. Exit east to the 55 Freeway. Exit north. Take Katella east to Villa Park, to East Santiago Road. Make a right on Windes Drive, which takes you to the park entrance.



The metered parking machine.





# John's Picture Perfect Contest

John Hawkins, Club CEO

**WIN \$25 Walmart Card**  
 NEXT DEADLINE: **May 15**  
 Happy Snapping!



"Torrey Pines State Preserve: A great place for a hike or to just sit and observe."  
 - Mike Aubin, Airports

**John's comments:** Mike, you brought us a wonderful symphony of sunset, ocean and earth with the conductor being a lone tree. Thank you!



"From my South Caribbean Cruise March 31 to April 10."  
 - Ken Kochakji, Retired, Transportation

**John's comments:** Ken, this is a beautiful Mediterranean bay rich in ancient history – and from a perfect vantage point. Thank you!



"Here we have a great pic I took at my daughter's last water polo game of the season. She always looks for me in the stands to make sure I am there to cheer her on. I wanted to capture that moment. I think I have a picture I will treasure always."

- Carlos Rodriguez, Harbor

**John's comments:** This is the type of photo that I think every father hopes to have on his desk or wall someday. It's a *Picture Perfect!*



"While our government was fighting over the budget in April, I was enjoying the view of the Washington Monument from the Jefferson Memorial side of the Tidal Pool during our family's spring break vacation. The cherry blossoms were blooming!"

- Carlos Aranda, DWP

**John's comments:** You can't get a more perfect framing of the Washington Monument than this, Carlos! Nice work!

## RUNNERS-UP:

MARILOU ROMNEY, LAPD; DEMIAN WYMA, LAPD; LATREASE BUFFORD, FOD, HARBOR; AND EUSEBIO G. TERRONEZ, RETIRED.

## RULES:

- The contest is open to all Club members in good standing. Non-members are welcome to submit, but only Club members are eligible to win the monthly prize.
- If your photograph does not win, you are welcome to re-submit.
- Winners are chosen by Club staff. All decisions will be final.
- You must certify (if asked) that you indeed took the picture. No ringers!
- Photos can be submitted either on paper or digitally. Please don't send both.
- If you want your print photo returned, please write your name, address and phone number on the back of your photo.
- Photos can be of any subject matter: vacation, portraits, families, landscapes, still lifes, pets, etc. Subject matter must be appropriate for *Alive!*
- Paper prints can be mailed to:  
 Picture Perfect Contest, *Alive!*,  
 City Employees Club of Los Angeles,  
 120 West 2nd Street, Los Angeles, CA 90012
- When you send digital photos through the Internet, please send the full, original digital file yourself, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very low-resolution images, and they don't look good in print.
- We want you to look your best, so send us the original digital file, please! Thanks!
- Digital photos optimally should be between 100K and 2 megabytes in size and may be e-mailed to: [pictureperfect@cityemployeesclub.com](mailto:pictureperfect@cityemployeesclub.com)
- The contest is all in good fun: The Club cannot be responsible for delays in delivering *Alive!*, or for delays in the transmission of responses.



"Here a good photo shot at the Airport Courthouse before a Press Conference. About 100 cameras were there for the Dr. Murray/Michael Jackson case."

- Gary Sunkin, Mayor's Office

**John's comments:** Gary, there's just something about this picture that is captivating me. I think it might be the fuzzy mike... nonetheless, I love it! Thanks, Gary!



# CLUB SPORTS



News from Sports Leagues sponsored by the City Employees Club of Los Angeles • May 2011



Come meet Robert Larios, The Sports Dude

## Introducing: Sign Up Mondays!

Stop by the Club on Mondays to sign up for any upcoming Club sports league!

Coming up in May, the Club's Sports Dude, Robert Larios, will again be setting up Sign-Up Mondays at the Club Store. Club athletes and wannabes are invited to come to the Club Store on Mondays from 8 a.m. to 4:30 p.m. for any of the following:

- general information on any current or upcoming Club Sports league;
- rules and guidelines;     ■ registration packets
- all the Club Sports chit-chat you can handle!

During May, Sign-Up Mondays will be accepting registrations for:

- Club Co-Ed Softball Season 3 (Summer 2011)
- Club Basketball Season 3 (Spring 2011)

Stop by and join in the fun!



## Join the Club Basketball League!



### Hoop It Up for Season Three!

Calling all City hoopsters – and hoop stars! Join the upcoming third season of the Club Basketball League.

All Club Members are eligible to join. (For now, the league is for men only.) League memberships are paid for by the Club.

"We have had two great seasons of Club basketball," said the Club's Sports Dude, Robert Larios. "Come on aboard for Season Three.

"With great fans coming by to cheer on their favorite team, plus great competition, the Club's basketball league is full of energy and good times. Come on out and show your stuff!"

The past two seasons of Club basketball have been played at the Expo Sports Complex in Exposition Park. Other venues are possible.

Games may be played at 7, 8 or 9 p.m. Thursdays. Playoff and championship games are planned, to match the championship games from the first two seasons.

"It's another great service the Club provides," the Sports Dude says. "So sign up!"

All participants must be Club Members in good standing.

Contact Robert Larios, the Sports Dude, for registration information:

- sportsdude@cityemployeesclub.com
- (800) 464-0452, ext. 134     ■ www.cityemployeesclub.com



## Join the Club Softball League!



### It's Softball Time Again!

With the Dodgers and Angels officially in spring training, you know it's time to get organized for the 2011 Club Softball League Season!

The first two Club Softball League seasons were a huge hit, with ten teams battling it out for the Club Cup. Get in on the fun for 2011! Fill in your applications now.

For 2011, the Club Softball League is expected to start in June. So get those applications in! Applications are available at the Club Store and Service Center.

Here are a few things to keep in mind:

- All players must be Club Members in good standing, spouses of Club Members, or must have been part of the same City Employees team the year before the Club took over the league (2008)
- It's all in good fun!
- Parks/fields are still being determined.
- The Club is looking for City teams in the Harbor area! Speak up, and perhaps we'll be able to field a league division in the Harbor area.

See you on the diamond!

Contact Robert Larios, the Sports Dude, for registration information:

- sportsdude@cityemployeesclub.com
- (800) 464-0452, ext. 134     ■ www.cityemployeesclub.com



## Send Us Your Recipes!

If you would like your recipe published in the next issue of *Alive!*, you may fax your recipes to (213) 620-0398 or e-mail us at [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)

# Cooking with the Club

with Chef Robert Larios



## MOTHER'S DAY SPECIAL: Eggs Benedict for Breakfast

### DIRECTIONS: Eggs Benedict



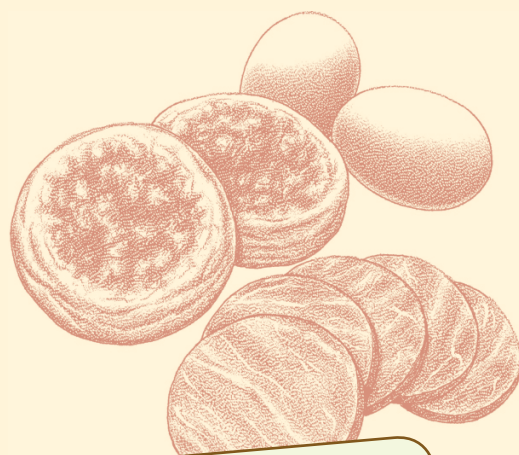
To make the sauce: In the top of a double boiler, whisk together yogurt, lemon juice, egg yolks, mustard, salt, sugar, pepper and hot sauce. Cook over simmering water while stirring constantly for six to eight minutes, or until sauce is thick enough to coat the back of the spoon.



In a large stock pot, heat two quarts of salted water to a boil. Carefully break the eggs one at a time into the boiling water. When all the eggs have been added, reduce the heat to medium. When the eggs float to the top, remove them with a slotted spoon and let them drain briefly.



To assemble final dish: Toast bread slices and place on warm plates. Top each piece of toast with a slice of smoked salmon and a hot poached egg. Drizzle with sauce; garnish with parsley and capers.



This is a first for Cooking With the Club—a breakfast recipe! There is nothing finer than a great breakfast dedicated to all mothers of the world than Eggs Benedict. As Eggs Benedict is my favorite breakfast of all time, I am planning to make this recipe for my mother on Mother's Day, and I encourage you to do the same!

Traditional Eggs Benedict calls for English muffins, ham or Canadian bacon. This recipe is just a tad different because it calls for rye bread instead of English muffins, and smoked salmon instead of ham or Canadian bacon. Do not be fooled; the flavors are just as stellar, and I guarantee moms everywhere will want more!



### Eggs Benedict With Salmon *(from Allrecipes.com)*

#### INGREDIENTS:

- 3/4 cup plain low-fat yogurt
- 2 teaspoons lemon juice
- 3 egg yolks
- 1/2 teaspoon prepared Dijon-style mustard
- 1/4 teaspoon salt
- 1/4 teaspoon white sugar
- 1 pinch ground black pepper
- 1 dash hot pepper sauce
- 8 eggs
- 8 slices rye bread
- 8 ounces smoked salmon, cut into thin slices
- 1 tablespoon chopped fresh parsley, for garnish
- 1 teaspoon capers, for garnish

Makes 8 Servings

#### SPECIAL TOOL/EQUIPMENT:

- Egg yolk separator



#### Cooking TIDBIT:

The use of any other bread that can support the poached egg can be used as the base in the recipe such as toasted English muffin, sourdough bread, etc.



### [ A Cook's Dictionary ]

#### Eggs Benedict:

A breakfast or brunch specialty consisting of two toasted English muffin halves, each topped with a slice of ham or Canadian bacon, a poached egg and a dollop of hollandaise sauce. The most popular legend of the dish's origin says that it originated at Manhattan's famous Delmonico's Restaurant when regular patrons Mr. and Mrs. LeGrand Benedict complained that there was nothing new on the lunch menu. Delmonico's maitre d' and Mrs. Benedict began discussing possibilities, and eggs Benedict was the result.

— From the *The New Food Lover's Companion*, Sharon Tyler Herbst, 1995, Barron's Educational Series.



Chef Larios says, "Enjoy!"

## Send Us Your Recipes!

If you would like your recipe published in the next issue of *Alive!*, you may fax your recipes to (213) 620-0398 or e-mail us at [talkback@cityemployeesclub.com](mailto:talkback@cityemployeesclub.com)



*Food Factoid:*

"The difference between involvement and commitment is like ham and eggs. A chicken's involved; the pig's committed." — Sean Penn



# CLASSIFIED ADS

# Alive! Members Marketplace

## New Ads This Month!

**For Rent:** 2BD/1BA apartment near Sunset Bl./Alvarado, 10 min from downtown. \$950/mo. Ben @ (213) 484-2682. 5/11

**2007 Harley Davidson Soft Tail FXSTC:** black custom bars, grips, seat, sissy bar, saddle back. Great condition, low miles. Fernanco @ (626) 393-7349 or email me at fernandod1698@aol.com 5/11

**For Sale:** Acton land, 10 acres, 360 view, Graded 1 acre level pad, ready to build! \$220K, OBO. Owner will carry w/50% down. Bill @ (661) 400-9893. 5/11

**1998 Ford Mustang Convertible:** white w/tan, 192,000 miles, fair condition, Kenwood audio w/remote. \$2500 OBO. Nyra @ (310) 634-6768. 5/11



**2004 Nissan Sentra Spec V:** top of the line Sentra 6 speed, quick car. Silver. Runs great & in good condition. 115 K miles. \$4,600. Stuart @ (626) 488-4723. 5/11

**Swiss Army Watch:** silver band, \$80 OBO. Carlos @ (424) 212-5473. 5/11

**Roll-A-Ramp:** 14 feet long, railing 36 inches high w/sturdy railing. 1500 lb capacity. Excellent condition. \$2,000. John @ (661) 946-5937. 5/11

**For Rent:** 3BD/2BA house w/swimming pool & fireplace in Thousand Oaks. Near 101. 2 car garage, non-smoking, no pets. \$2,600/mo. Viewing by appt: Kurt or Valerie @ (805) 300-2147 or (805) 300-2148. 5/11

**Cabo San Lucas studio suite:** In the Gran Mayan, San Jose De los Cabos, 5 star resort. 6/20 - 6/25. Son & friends unable to go, only asking for reimbursement of time share fee's. \$450 total. Normally \$225 per night at resort & no timeshare meeting to attend! John @ (626) 757-5341 or jgonzalez@hotmail.com 5/11

**Cemetery Plot:** Valhalla Memorial Park, Sec 2530, Lot C -Track 6618, 10621 Victory Park, N. Hollywood, 91601. \$3500 or OBO. Call (661) 251-0362. 3/11

**4 Cemetery plots:** Reduced!!! Rose Hills, \$14,000 for 4 plots. Willing to trade for pickup truck of equal value. (323) 382-2405. 9/10

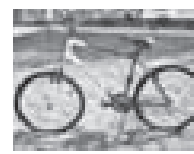
### Electronics/Computers

**Apple Macbook Pro:** Core Duo Laptop computer. 1.83 ghz, 1.5GB RAM, 80GB HD, 15" 128VRAM 10.5.8 OSX. Great condition, will sell for \$1,000. Orig price was \$2,500 w/upgrades. Larry @ (818) 521-3517 or true-blue22@sbcglobal.net. 12/10

**Polaroid 7" LCD TV** widescreen, under cabinet w/ DVD-CD player AM/FM radio & remote. \$125. Regina @ (323) 754-8382. 2/10

**Canon Pixma IP 4300 Printer** in box with disk/instruction & ink. Like new, asking \$60. Contact Frankie @ (818) 340-3059. 8/10

### Furniture



**Men's Marin Bike:** Stinson Model, in excellent condition, aluminum frame, 26" x 1.95" tires. \$250 (sells for \$450 new). Margaret @ (909) 450-1636. 4/11

**Merit Electric Wheelchair & battery charger:** 2 new batteries recently installed, in good condition. \$500 OBO. Cece @ (909) 973-4214. 4/11

**Exercise Machine:** Elliptical Pro-Form 15-5S, good condition, asking \$250 but will take a reasonable offer. Jaime @ (310) 955-8871. 1/11



**Mobile Wheelchair:** Excellent condition collapsible for easy transportation. \$800 O.B.O. Call Mark @ (909) 322-5140 or tspgtr@msn.com. 12/10



**MGA 20" girl's bike:** custom seat, grips, bell & light. Like new. \$85 OBO. Info @ (310) 408-6431, any time. 11/10

**Bombay Chests:** 3 excellent condition Bombay Chests. Beautiful decorative designs w/3 to 5 drawers. Each \$350. Frances @ (805) 583-5321. 10/10

**Curio Cabinet:** Excellent condition oak 2-piece curio cabinet w/glass doors, decorative w/curved legs. Has original key for locking. Great for displaying collectibles! 48" W x 18" D x 6' H. \$350 OBO. Frances @ (805) 583-5321. 10/10

**Weslo Cadence C42 treadmill:** 2 years old. Great condition. \$65. Judy @ (909) 800-0414. 9/10

**Hammond Organ:** dual-key board, antique. FREE to good home. Mickey Miner @ (310) 833-9997 or David Miner @ (310) 519-8113. 8/10

**Handmade oak Loft Bed with Desk and Bookcase:** 43" wide x 81" long. Same size as twin bed set, great for smaller rooms. Birch drawers are dovetailed with sliders. Must see to appreciate. \$1000 OBO. Nancy or Jim @ (818) 340-8059. 8/10

### Homes/Rentals/Land

**For Rent:** Inglewood, single family dwelling, 2BD/1BA, living room, dining room, back yard & detached garage. Recent upgrades. Quiet community. Call Char @ (323) 600-4615 after 7:00pm. 3/11

**For Rent:** 2 BD house. Near Long Beach, sharp, clean, near school & freeway. \$1,450/mo. Call for appt @ (562) 537-5972. Sec 8 ok. 3/11

**For Rent:** House in La Crescenta, 3 BD/1.75A in nice & quiet neighborhd, upper Glendale. Good schools, walk to Crescenta Valley HS. \$2,100/mo. Call (818) 621-7758. 3/11



**Vacation rental** in Big Bear Lake: 3 BD/2 BA house located in the village of Big Bear Lake, CA, near the lake. Fully furnished. Contact John Long @ (909) 837-8347. 2/11

**Room For Rent:** Inglewood, furnished LG bdrm in 3BD/3BA home. Own bath, house privileges, pool, gated community, wifi, quiet, close to all. Responsible & clean person. Avail 2/1/11. References required. \$900/mo. Marilyn Williams (310) 674-3536, sissygal7m@yahoo.com 2/11

**Room For Rent:** Whittier home w/extra large bedroom. Next to 605/60 Fwy, next to Ca. Country Club Course. Firefighter home w/18 yo son. Excellent location & many upgrades. Fully furnished w/new Queen BD set. Use of kitchen/laundry facilities. \$500/month w/\$500 security deposit. John @ (626) 757-5341 or jgonzalez@hotmail.com 2/11



**For Sale:** Mobile Home, canyon & ocean views, San Clemente north, Orange County. Large lot, 3BD, separate dining & large living area w/views. Senior park w/pool, sauna, spa, exercise room, etc. \$299,000. Beth Larranga: rosel@caltech.edu 1/11

### Household Items

**Portable Pet Crate:** Never used, 3'D x 2'H x 2'W. Has removable pan. Paid \$125, asking \$75. Call Richard @ (818) 399-9730. 3/11



**Mowers:** 2 Hondas, 1 year old. Great condition. \$250 each. Info @ (805) 300-2147 or kaufmankdk@verizon.net 2/11

**Maytag Washer & Dryer:** Top of the line, in excellent condition, \$245. Larry @ (818) 883-5870. 2/11

**Leather Jacket:** Brand new, 2XL, men's official #8 Team Dale Jr. Earnhardt Inc. New w/tags, retail \$300. Made by Wilson's Leather, Chase Authentics; sponsors stitched on, Budweiser, Bass Pro Shops, Gillette. \$150 OBO. Frances @ (805) 583-5321. 10/10

**Kenmore Dryer:** Super capacity, like new, hardly used \$150. Info @ (562) 301-2940. 10/10

### Miscellaneous

**Polygraph:** Discount to city employees, www.ldbpolygraph.com 2/11



**Ganoerma** is often regarded as the King of the mushroom world, mainly because of its healing properties. Now you can enjoy a delicious and healthy drink that not only awakens and refreshes you each day but also provides long-term health benefit as well. (818) 325-5529; www.henrik.organogold.com; henodot@yahoo.com 2/11

Enjoy ATV & m/c riding in our area but no one to ride with? Making list of families interested in **camping & riding** together. Rick (DWP) @ (805) 433-3195 or email: rhinohd@dslex-treme.com. 12/10

**Ballroom Dancing:** Beginners, intermediate & advanced. Wednesday's- 7:00pm - 9:00pm The Gallery, 122 N. Market Street, Inglewood 90301. Group workshops too! Contact: Dance instructor/coordinator Erick Weaver @ (310) 351-5303. 10/10

### Autos / Motorcycles / Boats

**1996 Oldsmobile Ciera SL:** 118K miles, maroon color, V6, very clean, power windows, 4 door, tinted windows. Runs great! \$1,700 (Kelley Blue Book). Linda @ (310) 833-6801. 5/11



**1969 Dodge Dart GTS** with Scat-Pak, 340, 4 Barrel, 355 gear, ready for the street or track. This car is a Turn Key ready to GO! \$30,000 invested & looking for \$23,000. Harry @ (714) 222-2210, (714) 997-7471 or harryhunold@sbcglobal.net 4/11

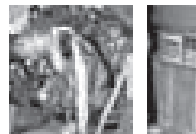


**2001 Monaco Diplomat:** 38ft w/ 2 slides, 330 HP Cummins, 43,000 miles. 4 door refrigerator, Alcon wheels, washer & dryer, good cond., well equip., 4 new tires. Asking \$50,000. Info @ (909) 229-6540. 4/11

**Mazda 626 LX:** 1999, 4 door, clean interior, green color, 140,000 miles (salvage). No major accident reported, runs great, moving out of town. \$1,700. Shaq @ (404) 209-2492. (2-8pm). 2/11



**Mercedes Benz C230** 2005 red, automatic, power everything, perfect condition, 87,000 miles, no accidents, always garaged. \$13,499 OBO. Info @ (818) 314-2113. 2/11



**Truck parts for 1995 Chevy:** One air-conditioner part & one exhaust system part. If you can figure out what they are & offer a negotiable price, call Marieta @ (626) 912-6195. 1/11

**1997 Ford Mustang:** Green coupe, clean beige leather interior, power windows & locks, automatic transmission, A/C c/d player w/MP3 input, well maintained, 161,500 mi. \$2,200. Art @ (626) 991-9054. 12/10



**2008 Dodge Avenger:** great condition, 37K miles, automatic, A/C, power windows & doors, mp3-jack, blue-tooth enabled, tinted windows, no accidents, gas-saver 4-cylinder, \$9K. Brent @ (310) 420-0092. 12/10

**Motorcycle:** 2005 Yamaha YZ250T1 off road bike. Seldom used, in great condition & runs perfectly. Stored inside & continually maintained. \$2,800 OBO. Gary @ (818) 522-5531. 10/10

**2003 Chevy Pick Up truck:** 1 ton 4 dr duramax diesel duelly allison trans 5,500 miles w/2004 lance 11 1/2 ft camper w/slideout dinette. Delia @ (562) 698-3928. 10/10

**1989 Mercedes:** New tires, moon roof, \$2,300 OBO. Mr. K @ (310) 637-3949. 9/10

**1966 Chevrolet C10:** shortbed fleetside, wood bed floor, 235 engine, 6cyl. 4 speed on column. Rebuilt eng. w/2,000 mil. new battery. No dents, chrome rims, needs paint. \$6,000. Hugo @ (818) 361-6150. 9/10

**1971 Ford Torino:** good project car, needs some minor body work, in running condition, has a rebuilt 351. \$4000 OBO. Fernando @ (323) 346-7821 or (323) 222-3886. 9/10



**2005 Custom Harley "Fatboy":** 4,300 miles, custom paint, 95 inch w/power commander, Vance & Hines Headers, Lost of chrome & Accessories, \$15,995. Pete @ (626) 646-7285. 9/10



**2006 Forest River 37' Toy Hauler:** 2 pop-outs, dual AC, generator, much more, excellent cond. \$31,500. Gerald @ (661) 948-1962. 9/10



**2008 Mercedes R350,** 18K miles. Like NEW, excellent condition, under warranty. Harman Kardon sound, dual-rear dvd system, moon roof, parking sensors, extras. \$36,000. Shelley @ (213) 688-3232. 9/10

### Cemetery Plots

**2 side by side Cemetery Plots:** at Forest Lawn Hollywood Hills Cemetery. Location Section: "Homeward" Lot 3552 just below "Courts of Remembrance open air mausoleum". Currently \$3,300 each, would like \$2,500 each. Contact jandjhamby@earthlink.net 4/11

# FREE CLASSIFIED ADS FOR CLUB MEMBERS

**MEMBERS: to place your free classified ad** send us your information **(25 total words maximum)** including your name, item, description, price, phone number or e-mail address.

You can fax to (213) 620-0598 or email to [classifieds@cityemployeesclub.com](mailto:classifieds@cityemployeesclub.com)

We'll run your ad in the next available issue on a space available basis. Your ad may be edited for length or appropriateness.

**Scenic Flights Over LA:** Fly Ricchiazzi Aviation, LLC over the city of LA for a spectacular aerial tour. See local landmarks such as Downtown LA, Dodger Stadium, Rose Bowl & much more. Based at El Monte Airport (EMT). Reserve today. (818) 415-7253. 9/10

**Feng Shui onsite consultation:** by retired City employee. American Feng Shui Institute certified report package include rooms, occupants, goals, health, buy/sell analysis. Peter @ (310) 854-8952. 9/10

**On-site Taco Bars** for your special events. Treat your guests to mouth watering tacos! Info @ (562) 884-6069 for pricing & booking. 9/10

### Travel / Timeshare

**Mountain Lake campground membership:** 2 life time. Paid \$9,000 asking \$4,500 OBO. Details @ (909) 606-5633. 4/11

**Monterey Bay Timeshare:** \$875, 2 BD/2 BA, kitchen, fp, bbq, pools, etc. Dates: 7/25/11 - 8/1/11 (Monday to Monday, 7 nights). Sleeps 6 max, however 4 adults is comfortable. Terry @ (818) 769-3382. 3/11

**Sunset World Timeshare:** Cancun, Mexico. Sleeps 4 facing ocean. Avail: anytime except weekends of July 4, Thanksgiving, Christmas & New Year. \$600/7 days Saturday to Saturday. Available starting April. Gina @ (818) 265-5940. 3/11

**Escondido Timeshare** for sale. Studio suite 1 Bdrm; sleeps 4 w/ full kitchen; overlooks 18 hole golf course. \$3,000. Brad @ (626) 297-2924. 11/09

### Collectibles

**ESTATE SERVICES** - Appraisal or Liquidation of Fine Art, Collectibles and Coin & Stamp Collections. Michael @ (626) 592-2929.

### Wanted

**I purchase:** Coins, Stamps, WWII Items, Hunting/ Pocket Knives, Trains, vintage tools, Fishing reels & lures, Almost anything old! Collections or single items. Michael @ (909) 592-4332 1/10

**Wanted: Vintage stereo/Radio equipment, Receivers.** Marantz, Yamaha, etc. 1975 and older. Call (805) 300-2147 7/09

**Wanted: Your Childhood Barbie Dolls and Clothes.** I collect dolls from 1959 - 1966 and pay top dollar! I will buy 1 - 1,000 dolls. Clothing, structures, cases. Anything vintage Barbie! Cheryl @ (818) 771-4835.

**Wanted: YOUR TOY TRAINS,** any age, any size. Mike @ (818)-831-0846.



ZOO

# Baby Boom!

Zoo announces several animal births.



A koala mother and baby.

Photo by Tad Motoyama/LA Zoo

The Los Angeles Zoo is proud to announce several prominent animal births.

The Zoo's baby boom kicked off last year with the July 6 birth of a female koala. Since newborn koalas spend about six months developing in the mother's pouch, this joey has just recently begun to emerge.

Baby koalas are commonly referred to as joeys. When a koala is born, it is just three-fourths of an inch long. After birth they climb into the mother's pouch and stay there for six months. For the following six months, they are weaned from milk to eucalyptus as they stick their heads out of the pouch to eat partially digested leaves. After a year, they leave the pouch for good.

Although they are often referred to as a "koala bear," koalas belong to the marsupial family. Marsupials are mammals whose females typically rear their young in a pouch through early infancy. Other members of the marsupial family are kangaroos, wallabies, wallaroos, wombats and opossums.

Native to Australia, koalas have a very low metabolic rate requiring them to conserve energy and to sleep between 18 and 20 hours a day. They spend about three of their five active hours eating a diet that consists entirely of eucalyptus leaves. Koalas consume 2.5 pounds of leaves per day and rarely drink water due to the moisture found in eucalyptus leaves.

On March 1, two Peninsular pronghorn, one male and one female, were born. Native to Baja California Sur, Mexico, these graceful animals are mostly active at dawn and dusk. Hunting, cattle ranching and agriculture have resulted in the significant decrease of this critically endangered species.

Newborn pronghorns take their first steps within 30 minutes of birth. By the time they are four days old, they can outrun humans. After just a week, fawns can run faster than dogs and horseback riders over short distances. They are the second fastest land mammal and the fastest ungulate (hoofed mammal), clocking in at anywhere from 40 to 60 miles per hour. They can maintain this speed, without showing any sign of distress, for an hour or longer.

Typically, a pronghorn mother will have one or two fawns weighing in at around seven or eight pounds. When they reach adulthood, pronghorns weigh up to 125 pounds and reach a height of 35 inches. The females are usually 10 to 25 percent smaller than males.

On March 20, a female desert bighorn sheep was born. This species is native to the high mountains and deserts of the southwestern United States and northern Mexico. Preferring to live in places with rocky terrain and access to water, they completely avoid forested areas. Bighorn sheep can be seen in our local San Gabriel Mountains, though their population is threatened by many factors including drought, predators, disease and fires.

The most recognizable characteristic of the bighorn sheep is the male's massive, spiraled horns and their majestic faces. These horns may add up to one third of their total body weight when they're fullgrown. Females have much smaller horns.

The Los Angeles Zoo and Botanical Gardens is located in Griffith Park at the junction of the Ventura (134) and Golden State (5) freeways. Admission is \$14 for adults and \$9 for children ages 2 to 12. The Zoo is open from 10 a.m. to 5 p.m. daily. For information, call (323) 644-4200 or visit the L. A. Zoo Web site at [www.lazoo.org](http://www.lazoo.org).

## Newsbrief

### LA RIVER GREENWAY PROJECT:

Councilmember Dennis P. Zine and Public Works officials marked the start of construction of the LA River Greenway Project at a groundbreaking ceremony held March 10.

The project, a two-mile bikeway and parkway along the River's south bank between Vanalden Avenue and Mason Avenue, runs through the communities of Winnetka and Reseda. The project includes habitat-friendly landscaping, storm water quality improvements, solar LED lighting, decorative retaining walls, resting areas with benches, drinking fountains and par-course fitness equipment. The bikeway is an implementation project of the Los Angeles River Revitalization Master Plan designed to maintain and enhance recreational opportunities and overall quality of life along the LA River.

"I'm excited to see that the revitalization of the Los Angeles River will include a two-mile bikeway within the Third Council District that will feature fitness stations and community art and will restore natural habitats," Councilmember Zine said. "Aside from promoting a healthy lifestyle, this project will offer local residents the opportunity to enjoy recreational activities in an open space along the river."

Other project components include resurfacing and street improvements of Tampa Avenue and Winnetka Avenue between Victory Boulevard and Vanowen Street.

"We are very proud of our Bureau of Engineering staff for implementing these public improvements along the Los Angeles River as part of the Tampa Avenue and Winnetka Avenue over the LA River Bridge Widening Project," said Deborah Weintraub, Chief Deputy City Engineer. "We are pleased to augment METRO bikeway funds with Federal stimulus dollars and State funding for River revitalization."

Construction will be done in three phases, with phases one and two occurring simultaneously this spring, and completing summer of 2012. Scheduling for phase three has not been finalized.

Funding for the bikeway/greenway and street resurfacing project includes approximately \$5.7 million in grants from the American Recovery and Reinvestment Act (ARRA) of 2009. The grant will enable the City to complete the long-awaited project and add jobs to the local economy. An additional \$2 million in Proposition 50 grant funding will be tapped for greening enhancements. Other funding sources are a combination of Los Angeles County METRO, Caltrans Bicycle Transportation Account funds, and the City's Proposition C.

An all-new Shamu show that explores the exhilaration of the sea, set to a global rhythm.

**NEW FOR SUMMER 2011**

Follow the journey of a sea turtle's life in this immersive, new interactive attraction.

One amazing adventure after another.

**\$55 All Ages**  
(REGULAR \$69.99 & \$61.99)

**\$45 All Ages**  
(REGULAR \$69.99 & \$61.99)

Celebrate the wonders of the sea at SeaWorld® San Diego. Experience the Shamu® show, plus thrilling rides and amazing animals. And enjoy *Blue Horizons*, a one-of-a-kind dolphin spectacular. Create memories that last a lifetime at SeaWorld San Diego.

**To purchase tickets, visit us at [www.cityemployeesclub.com](http://www.cityemployeesclub.com) or call (888) 777-1744.**

**Fun Card not available online, please call (888) 777-1744 to order.**

Fun Card offer valid through May 31, 2011. Fun Card not valid for admission May 29, July 1-4 & Sept. 4. Not valid with any other offers, promotions, discounts or Annual Pass purchase. Offer restrictions apply. © 2011 SeaWorld Parks & Entertainment, Inc. All rights reserved.



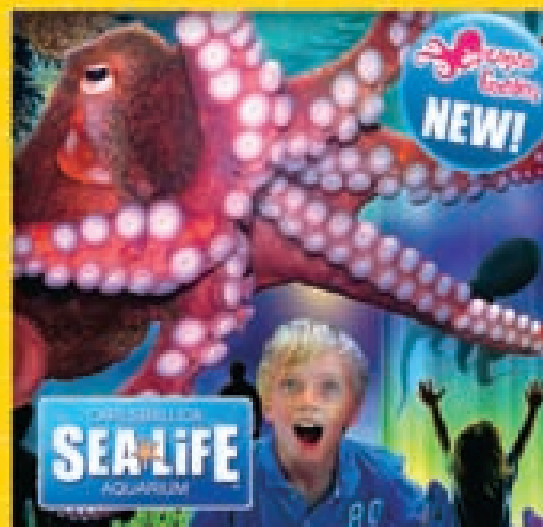
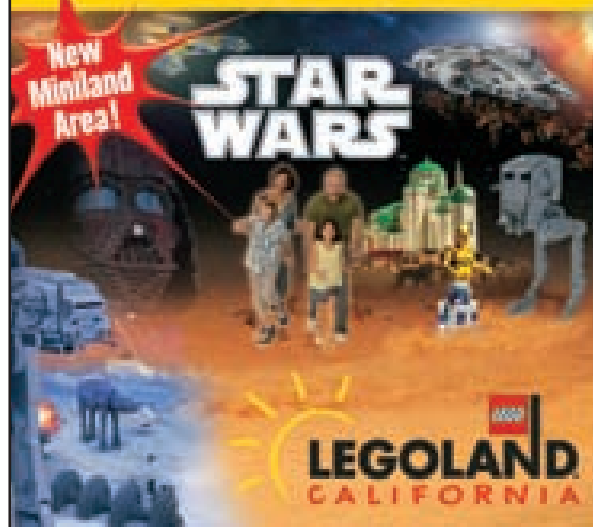
# Second Day FREE!

## Save up to \$25

on a LEGOLAND® Resort Hopper Ticket valid for admission to LEGOLAND California, SEA LIFE™ Carlsbad Aquarium and the world's first LEGOLAND Water Park. PLUS get a 2nd day FREE before 12/31/11!

## DISCOUNT TICKETS

can be purchased at the LA City Employees Club (888) 777-1744.



Water Park open seasonally. Visit www.LEGOLAND.com for hours. LEGOLAND Water Park is located in LEGOLAND California and requires same day use as LEGOLAND visit. Both visits must be used before 12/31/11.

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### See your favorite movies at a big discount.

## COMING SOON

- Thor: 5/6
- Pirates of Caribbean 4: 5/20
- Kung Fu Panda: 5/27
- Hangover 2: 5/27

Tickets can be redeemed at any AMC Theatres® location including Century City 15, Burbank 16 and Universal CityWalk 19.



**\$7.50** AMC Gold Experience™ tickets EACH Up to a 44% discount off regular ticket price!

**\$6.00** AMC Silver Experience™ tickets EACH Up to a 55% discount off regular ticket price!

Tickets are good for one admission to any movie at any AMC theatre in the U.S. AMC Silver Experience tickets exclude special engagements. Subject to surcharge at IMAX® and Premium locations or for Digital 3-D or other special presentations. \*Actual percentage of discount varies based on individual theatre pricing.



Visit us online at [www.CityEmployeesClub.com](http://www.CityEmployeesClub.com)



# City Employees Club Store

## Monthly Featured Merchandise

Available Exclusively to Club Members

### Club Accessories

## Products of the Month

### City Seal Hat Overstock Sale

- City Seal and City Seal with Script Hats Only -

\$5  
each

<p><b>NEW</b> \$5 - \$9.99</p> <p>Los Angeles City Ceramic Mugs</p>	<p>\$12.99</p> <p>Los Angeles City Stainless Steel Travel Mug</p>	<p>\$19.99</p> <p>City Umbrella w/ City Seal</p>
<p>\$14.99</p> <p>City of Los Angeles Tie Bar</p>	<p>\$34.99</p> <p>City of Los Angeles Expandable Computer Bag</p>	<p>\$5</p> <p>Los Angeles City Seal Key Chains</p>

## LA City Department T-Shirts

<p>\$12</p> <p>Animal Services Department</p>	<p>\$12</p> <p>Bureau of Street Services</p>	<p>\$12</p> <p>Department of Transportation</p>	<p>\$12</p> <p>Department of Building and Safety</p>	<p>\$12</p> <p>Housing Department</p>	<p>\$12</p> <p>World Airports</p>
<p>\$12</p> <p>Information Technology Department</p>	<p>\$12</p> <p>Harbor Department</p>	<p>\$12</p> <p>General Services Department</p>	<p>\$12</p> <p>Rec &amp; Parks Department</p>	<p>\$12</p> <p>Department of Public Works</p>	<p>\$4.99</p> <p>Lanyard - City of LA</p>

## Club Apparel

More Merchandise Selection at [www.CityEmployeesClub.com](http://www.CityEmployeesClub.com)

<p>\$8.99</p> <p>City of Los Angeles Kid's T-Shirt</p>	<p>\$10</p> <p>Women's Los Angeles City Classic T-Shirt</p>	<p>\$25</p> <p>Women's Los Angeles City Button Down Shirt</p>	<p>\$30</p> <p>Women's Los Angeles City Full Zip Polar Fleece</p>	<p>\$17.99</p> <p>Women's Los Angeles City Embroidered Seal Long Sleeve T-Shirt</p>	<p><b>NEW</b> \$35</p> <p>One Color Seal Hoodie</p>
<p><b>NEW</b> \$45</p> <p>City Seal Alpine Jacket</p>	<p>\$12</p> <p>Los Angeles City Classic T-Shirt</p>	<p>\$15</p> <p>DWP Classic Long Sleeve T-Shirt</p>	<p><b>NEW</b> \$25</p> <p>Men's Los Angeles City Button Down Shirt</p>	<p><b>NEW</b> \$37</p> <p>Los Angeles City French Terry Zip Hoodie</p>	<p>\$12</p> <p>DWP Seal T-Shirt</p>

# The Club has the Cheapest Tickets in the City!

## THE Club Store

To order from the Club Store go to [www.cityemployeesclub.com](http://www.cityemployeesclub.com). Ordering online is fast and easy. –or– Complete the order form below, and fax or mail it in.

	RETAIL PRICE	CLUB PRICE	QUANTITY	TOTAL
<b>Theatre Tickets</b>				
<b>AMC</b>				
Restricted Tickets	\$12.00	\$6.00	X	= \$
Good Any Time	\$12.00	\$7.50	X	= \$
Small Popcorn	\$5.50	\$3.00	X	= \$
Small Drink	\$4.50	\$3.00	X	= \$
Movie Pack	\$35.00	\$24.00	X	= \$
<small>Includes 2 unrestricted movie passes, 2 small drink concession and 1 small popcorn concession.</small>				
<b>Rave Motion Pictures "Rave 18"</b>				
Restricted Formerly "The Bridge" <b>NEW</b>	\$14.00	\$6.00	X	= \$
Good Any Time	\$14.00	\$7.50	X	= \$
<small>Tickets cannot be upgraded for 3-D, IMAX, or ETX.</small>				
<b>Cinemark Theatres</b>				
Restricted	\$10.75	\$5.50	X	= \$
<small>Discontinued, limited stock available.</small>				
Good Any Time	\$10.75	\$7.25	X	= \$
<b>Harkins Movie Theatres</b>				
Restricted	\$10.00	\$6.50	X	= \$
Good Any Time	\$10.00	\$7.75	X	= \$
<b>Krikorian Theatres – Good Any Time</b>				
	\$11.00	\$6.50	X	= \$
<b>Laemmle Theatres – Good Any Time</b>				
	\$11.00	\$6.00	X	= \$
<b>Mann Theatres – Good Any Time</b>				
	\$11.00	\$7.50	X	= \$
<b>Pacific Theatres</b>				
Restricted	\$12.00	\$6.00	X	= \$
<small>\$2 surcharge for use at Grove, not valid at Arclight.</small>				
Gift Book	\$40.00	\$27.00	X	= \$
<small>2 unrestricted admissions, 2 medium drinks, 1 medium popcorn.</small>				
<b>Regal/Edwards Cinema/United Artists</b>				
Restricted	\$10.00	\$6.50	X	= \$
Good Any Time	\$10.00	\$7.50	X	= \$
<b>UltraStar Cinemas <b>NEW</b></b>				
Good Any Time	\$10.00	\$6.00	X	= \$
<small>Tickets can be upgraded for 3-D, IMAX, or ETX.</small>				

	RETAIL PRICE	CLUB PRICE	QUANTITY	TOTAL
<b>Attraction Tickets</b>				
<b>Adventure City</b>				
Adult/Child	\$13.95	\$9.25	X	= \$
<small>Expires 12/31/2011.</small>				
<b>Aquarium of the Pacific</b>				
Adult	\$24.95	\$17.00	X	= \$
Child (3-11)	\$12.95	\$9.95	X	= \$
<small>Expires 11/30/2011.</small>				
<b>Boomer's Family Fun Centers</b>				
All Day Pass	\$24.99	\$15.50	X	= \$
<b>Catalina</b>				
Island Express – Round Trip	Adult \$66.50	\$55.50	X	= \$
	Child \$51.00	\$46.00	X	= \$
<small>Expires 12/31/2011. Not valid 5/28-30, 7/2-4, 9/3-5.</small>				
<b>Davey's Locker <b>Buy 1, Get 1 FREE!</b></b>				
Whale Watching	Adult \$30.00	\$21.00	X	= \$
	Child \$25.00	\$17.00	X	= \$
Sportfishing – 1/2 Day	Adult \$40.00	\$30.00	X	= \$
	Child \$29.00	\$25.50	X	= \$
Sportfishing – Full Day	Adult \$69.00	\$56.00	X	= \$
	Child \$55.00	\$47.50	X	= \$
<b>Disneyland/California Adventure</b>				
1-Day 1-Park	Adult \$76.00	\$71.00	X	= \$
	Child (3-9) \$68.00	\$65.00	X	= \$
1-Day Park Hopper	Adult \$101.00	\$91.00	X	= \$
	Child (3-9) \$91.00	\$83.00	X	= \$
2-Day 1-Park	Adult \$151.00	\$128.00	X	= \$
	Child (3-9) \$136.00	\$115.00	X	= \$
2-Day Park Hopper	Adult \$161.00	\$138.00	X	= \$
	Child (3-9) \$146.00	\$125.00	X	= \$
Annual Passport (SoCal Select)	\$184.00	\$174.80	X	= \$
<small>Valid 1 year from date of activation. Must be activated before 12/31/2011. Valid 170 days.</small>				
Annual Passport (SoCal)	\$239.00	\$227.05	X	= \$
<small>Valid 1 year from date of activation. Must be activated before 12/31/2011. Valid 215 days.</small>				
Deluxe Annual Passport	\$329.00	\$312.55	X	= \$
<small>Valid 1 year from date of activation. Must be activated before 12/31/2011. Valid 315 days.</small>				
Premium Annual Passport w/Parking	\$459.00	\$436.05	X	= \$
<small>Valid 1 year from date of activation. Must be activated before 12/31/2011. No blackout dates.</small>				
<b>K1 Speed Racing</b>				
Admit one	\$25.95	\$17.50	X	= \$
<small>This pass entitles the owner to one 14 Lap race and a annual license for the day. Minimum height requirement 4'10".</small>				
<b>Knott's Berry Farm</b>				
1-Day Ticket	Adult \$54.99	\$29.99	X	= \$
	Child (3-11) \$24.99	\$20.99	X	= \$
Season Pass	Adult/Child \$69.99	\$59.99	X	= \$
<small>Expires 12/31/2011.</small>				
<b>Knott's Soak City</b>				
Adult	\$31.99	\$21.99	X	= \$
Child (3-11)	\$21.99	\$19.99	X	= \$
<b>Legoland</b>				
Adult	\$69.00	\$52.00	X	= \$
Child (3-11)	\$59.00	\$52.00	X	= \$
<small>Expires 12/31/2011.</small>				
Sea Life Resort Hopper	Adult \$89.00	\$62.00	X	= \$
	Child (3-11) \$79.00	\$62.00	X	= \$
<small>Expires 12/31/2011. Pass includes admission to Legoland, Sea Life Aquarium and the new waterpark. Ticket comes with a second day free to all 3 attractions.</small>				
<b>Los Angeles Zoo</b>				
Adult	\$14.00	\$11.00	X	= \$
Child (2-12)	\$9.00	\$8.00	X	= \$
<small>No expiration.</small>				
<b>Madame Tussauds Wax Attraction</b>				
Adult	\$25.00	\$17.50	X	= \$
Child (4-12)	\$18.00	\$11.50	X	= \$
<small>Expires 12/31/2011.</small>				
<b>Magic Mountain</b>				
Adult	\$59.99	\$25.99	X	= \$
Child (under 48")	\$34.99	\$17.50	X	= \$
<small>Expires 12/31/2011.</small>				
<b>Medieval Times</b>				
Adult	\$57.95	\$43.50	X	= \$
Child (0-12)	\$35.95	\$31.50	X	= \$
<small>Not valid 12/31/2011.</small>				
<b>Mulligan's Family Fun Center</b>				
All Day Pass	Adult/Child \$23.99	\$16.50	X	= \$
<small>Restrictions: Pass gives 1 Adult or Child unlimited use of Laser Tag, Miniature Golfing, Go-Karts/Speedway and the Rock Wall. This ticket is valid Friday, Saturday, and Sunday, major holidays and everyday during the summer. Attractions vary per location. Certain height, weight, restrictions may apply. This ticket is accepted at Mulligan Torrance, Murrieta, and Palmdale.</small>				
Gift Certificate	\$15.00	\$10.00	X	= \$
<b>Pirates Dinner Adventure</b>				
Adult	\$56.95	\$36.00	X	= \$
Child	\$37.95	\$27.50	X	= \$
<b>Queen Mary</b>				
Adult	\$24.95	\$19.99	X	= \$
Child (4-11)	\$21.95	\$10.25	X	= \$
<b>Raging Waters</b>				
Adult	\$36.99	\$22.99	X	= \$
Child (4-11)	\$22.99	\$22.99	X	= \$

	RETAIL PRICE	CLUB PRICE	QUANTITY	TOTAL	
<b>Attraction Tickets, continued</b>					
<b>Renaissance Pleasure Faire: April 9th-May 22nd</b>					
Adult	\$25.00	\$16.00	X	= \$	
Child (5-12)	\$15.00	\$10.00	X	= \$	
<b>San Diego Safari Park</b>					
Adult	\$40.00	\$32.00	X	= \$	
Child (3-11)	\$30.00	\$24.00	X	= \$	
2-Visit Pass	Adult \$70.00	\$57.00	X	= \$	
	Child (3-11) \$50.00	\$42.00	X	= \$	
<b>San Diego Zoo</b>					
Adult	\$40.00	\$32.00	X	= \$	
Child (3-11)	\$30.00	\$24.00	X	= \$	
2-Visit Pass	Adult \$70.00	\$57.00	X	= \$	
	Child (3-11) \$50.00	\$42.00	X	= \$	
<b>Sea World San Diego</b>					
1-Day	Adult \$69.99	\$45.00	X	= \$	
	Child (3-9) \$61.99	\$45.00	X	= \$	
Fun Card	Adult \$69.99	\$55.00	X	= \$	
	Child (3-9) \$61.99	\$55.00	X	= \$	
<small>Please call the Club Store to order. Buy 1 day and get the rest of 2011 free. Must have the names and birthdates of all attendees. Available for purchase until 5/31/2011.</small>					
<b>Six Flags Hurricane Harbor</b>					
Adult	\$34.99	\$19.99	X	= \$	
Child (3-11)	\$24.99	\$15.00	X	= \$	
<b>Speedzone</b>					
Admit one	\$39.99	\$25.00	X	= \$	
<small>Includes use of all tracks and 1 round of miniature golf. Expires 9/2/2011.</small>					
<b>Universal Studios</b>					
3 Days for the Price of 1	Adult/Child (under 48")	\$72.00	\$64.00	X	= \$
<small>12 months from the date of first use to use 2nd and 3rd day. Blackout dates apply.</small>					
<b>Wild Rivers</b>					
Adult	\$34.98	\$22.00	X	= \$	
Child (3-9)	\$19.98	\$14.50	X	= \$	

<b>Gift Certificates</b>					
<b>24 Hour Fitness <b>Limited Stock!</b></b>					
Annual Pass	Adult	\$533.97	\$199.00	X	= \$
<b>See's Candies</b>					
Gift Certificate (1 lb.)		\$16.10	\$12.50	X	= \$

<b>Shipping &amp; Handling</b>					
<b>Tax</b> (Only applicable to Hats, shirts, books, clocks, watches, lapel pins and stuffed bears.) X 9.75% = \$					
<b>Tickets: Standard Mail*</b>		\$2.75	X	1	= \$
<b>Tickets: Certified Mail</b>		\$3.99	X	1	= \$
<b>Tickets: Priority Mail (2-3 Days)</b>		\$7.00	X	1	= \$
<b>Hats, Watches, T-Shirts, Books, Clocks</b>		\$6.49	(any quantity)		= \$

<b>SUBTOTAL</b>						\$
<b>Merchandise</b>						
ITEM:	SIZE	COLOR	PRICE	QUANTITY	TOTAL	
ITEM:						= \$
ITEM:						= \$
ITEM:						= \$
ITEM:						= \$
ITEM:						= \$
<b>TOTAL (please include shipping)</b>						\$

\*When using Standard mail, please be aware that the Club cannot be responsible for tickets lost in the mail.  
\*\*Please be aware that black-out dates and restrictions may apply to the use of discounted tickets.

**To Order:**

BY MAIL: Complete the order form below and mail to:  
**Tickets**  
 City Employees Club of Los Angeles  
 120 West 2nd Street  
 Los Angeles, CA 90012

BY PHONE: (888) 777-1744  
 BY FAX: (213) 617-1294  
 BY WEB SITE: Go to [www.cityemployeesclub.com](http://www.cityemployeesclub.com) and click on Club Store.

**Member Information**

Member's name \_\_\_\_\_

Home Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_

Club Member Number \_\_\_\_\_

**Payment Method**

Check or Money Order enclosed (please paper clip to order form)  
 Make checks payable to **City Employees Club of Los Angeles**

Credit Card  
 Please charge \$ \_\_\_\_\_ (enter total from above form) to my credit card.

MasterCard  VISA CVV Code: \* \_\_\_\_\_

No. \_\_\_\_\_ Exp. \_\_\_\_\_ / \_\_\_\_\_

Cardholder Name \_\_\_\_\_

Cardholder Signature \_\_\_\_\_

- ALL TICKETS SUBJECT TO AVAILABILITY. PRICES MAY CHANGE.
- DO NOT SEND CASH – ALL SALES ARE FINAL – NO REFUNDS.
- All checks and credit cards have to be issued by the member. Third party checks and credit cards will not be accepted.
- When visiting Club offices, only the first 15-minutes of parking will be validated.
- Orders will be processed as soon as received.
- Tickets must be mailed to your home address.
- City Employees Club of Los Angeles cannot be held responsible for money or tickets lost in the mail.
- For your convenience, the Club accepts VISA or MasterCard.
- **Maximum 12 tickets per event/theatre/attraction per order.**
- Allow 3 to 7 days for delivery.



# DWP ONLY

## Open Enrollment is Here

### - No Medical Underwriting Required \* -

Let us show you how to take advantage of this year's open enrollment period and guide you through each step of the application process from beginning to end.

#### May 1 - June 30

### LONG TERM CARE INSURANCE

- ✓ **Benefit Amount**  
includes \$1,000 a month coverage
- ✓ **4 Year Facility / 8 Years at Home**
- ✓ **Plan will cover you at home or Assisted Living Facility with Total Home Care Option and the Inflation Protection Option**
- ✓ **Inflation Protection Option**  
of 5% Simple Interest
- ✓ **Total Home Care Option**  
Allows compensation to caregiver who are not licensed nor skilled, such as a friend or family member
- ✓ **90 Day Elimination Period**
- ✓ **\* Requirements**  
*Only available to active DWP employees, who have never been declined, cancelled, or have their application withdrawn for Term Life insurance coverage through the City Employees Club of Los Angeles.*

#### June 1 - July 31

### TERM LIFE INSURANCE

- ✓ **Guaranteed Coverage Amount**  
up to \$50,000
- ✓ **Spouse or Domestic Partners**  
of an Active DWP Employee can also apply if they are under the age of 50
- ✓ **Portable**  
If you leave or retire from DWP, you can take your coverage with you.
- ✓ **\* Requirements**  
*Applicant must be age 50 or under. Only available to active DWP Employees, who do not have any existing Life insurance coverage or have coverage of less than \$200,000 through the City Employees Club of Los Angeles.*

**You Can't  
Afford to Miss This  
Limited Time Opportunity**

## Sign Up Today



City Employees Club  
(800) 464-0452  
info@CityEmployeesClub.com

City Employees Club of Los Angeles - 311 S. Spring St. Ste 1300, Los Angeles, CA 90013  
www.CityEmployeesClub.com