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- SEE PAGE 45



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911 Operator Stephanie Burkhart has had more than 30 novels and short stories published. Here's how she finds the time. Plus: How are you creative?

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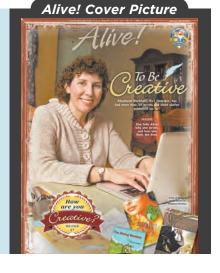
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Alive! Behind the Scenes



Club Photographer Summy Lam (left) photographs 911 Operator and published author Stephanie Burkhart at Castaic Lake.



A Message From the CEO

We Live To Create

by John Hawkins, President and CEO, The Club

read a statistic not too long ago, and it said: When we're five years old, 95 percent of us draw. When we're adults, only something like five percent of us do. What happens along the way?

I was reminded of that when I received an email a month or two ago from Club Member Stephanie Burkhart. At the bottom of her email, she hinted that she was an author. Hey wait, I thought ... isn't she a City Employee? Turns out, she's both.

Stephanie has had published more than 30 novels and short stories. She also writes a blog ... raises a family with her husband ... leads a scout troupe ... teaches religious education ... and has a strong career as a 911 operator. Whew!

Despite her very busy life, it would be "weird" (her word) to live without writing.

Her creativity and production intrigued me. I've always loved to build things. Not that I talk about it a lot - maybe never, in these pages ... but I've been putting things together since I was a kid. Some of the shelves you see in the Club store, holding Mariana Guevara's awesome gear, I put together. Check 'em out, and let me know what you think.

All of this reminds me of another story, one that our editor, John Burnes, will hate my retelling: After we saw the success of the kids' coloring contest in Alive!, I suggested we begin a coloring contest for grown-ups. John, a pretty creative guy, thought that was ridiculous. But he said, let's try it, anyway. And we did. Guess what? We could hardly handle all the amazing entries. (And speaking of that: The deadline for this year's grown-up coloring contest is in a few weeks, March 15. What are you waiting for? Turn in your entry!)

The point I want to emphasize here is this: We all have to work, and there's dignity in that. But many of us aren't complete unless we create, too. So here's to that nagging voice in all of us, to get it going again and get creating.

Moving on ... we have a lot of retirements this month. This month's issue carries many retirement stories, and we have an usually long retirement list, too. I'm not sure what's up with all that, but I see two names I want to mention briefly.



Jon Kirk Mukri retired out of the Harbor, but most of his 20-year City career was spent leading two different departments, Rec and Parks, and Transportation. I remember when we had just recreated Alive! and the Club, and we were looking for departments to cover. Jon was cordial and very encouraging of our endeavors. I want to thank him for that, and wish him a rewarding retirement.



Tony Pratt, the City's leading surveyor out of Engineering, retired after 31 years of mapping the City. We featured Tony on our cover several years ago, and it was great fun following around one of his surveying crews. Tony said good things about the Club, especially how moved he was at our monthly People We See column. Thanks, Tony, for your service and comments. I wish you the best.

So it's nearly Spring! I wish all our Club Members fun outside ... and I encourage everyone to get creative. Be a kid again. You won't regret a minute of it.



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Total claims paid to Club Members in the last 12 months:

Club Members' Praise

The Club's claims service is "friendly, courteous and professional. The contact was friendly and quick with care and concern to my specific needs. All questions were answered precisely. The book [The Fall of Freddie the Leaf] was heart-warning and bittersweet but touching. P.S. Monica Zamudio, you were the best! Thanks."

Anthony Sanchez, November 2014

The Club's claims service "couldn't be better for the circumstances. In other words, don't change anything! Monica Zamudio was so helpful. It's good to know that people actually care on the other side of the phone line. I had no idea where to start after my father/best friend passed. I had no paperwork showing anything on his life insurance. I was crying when I first spoke with Monica. You spoke to me like I was your friend. You had put me at ease for those few moments with your assurance that we were going to be okay with what my father had left. Thank you for your calmness, your kind words and your shoulder that I cried on over the phone. My father always had good things to say about the Club when he was alive. Now I do, too. Thanks."

- Monica. L.A., November 2014

The Club's claims service is "excellent - quick response, call backs, conclusion of information, exceptional services, and quality of cus-

Cancer Insurance

- Samuel Alcaraz, September 2014

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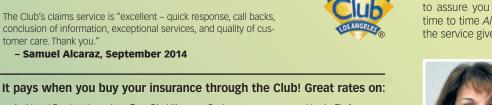
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Total claims paid to Club Members in the last 12 months:

\$4,653,817



You probably won't get to meet Cecilia Talbot and Monica Zamudio very often... until you really need them. That's when their service shines. So, to assure you that you are in good hands, from time to time Alive! will reprint letters commending the service given by Cecilia and her excellent staff.





Cecilia Talbot, Director of Claims, Member Advocate



Monica Zamudio, Claims Coordinator

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Meet the Club Team

These are the faces behind the Club. Our staff is dedicated to helping our members receive the maximum benefit from their membership. If you have questions, concerns or suggestions about your Club, our counselors are ready to help.

Accounting



Leigh Thompson



Senior Accountant

Information Technology



Michael Anderson



Alan Bound Information Technology Information Technology Programme

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Enrollment Team



Steven Lambert Member Services



Sheldon Sklar Member Services



Zoo

Scott Sulak Member Services

Letters to the Editor

LETTERS OF THE MONTH

Thanks for the **Valentines**

Palentines



hank you for publishing our Valentine. We both enjoyed seeing it.

Also, thank you for supporting the Retired Employees Association (RLACEI). It is nice to see Robert Larios at the luncheons. A while back I won a City watch, which I appreciate and wear regularly.

> - Bob Knox, **Retired, Personnel**

hat was sooooo awesome how you gathered all those Valentine messages from Club Members. I missed it this year but will definitely do it next year. You guys are great; keep up the fantastic work!

> Melissa Harbridge, Retired

People We See Shines Light on **Situations That Need Attention**

I just wanted to thank you for the interesting articles on the people living on the streets. I always read them with my kids so they can see what happens if you don't stay on the straight and narrow path. It's also a little disheartening to think that in a city this great, we still have people living on the sidewalks without any shelter of any kind. Seems a little Third-Worldish. But thank you for bringing this all to light. I hope the mayor reads these, too.

- Thomas Garcia, General Services

Hitting the Trail With Angel Is Done; On to the Next One

Hey Angel Gomez, thank you for showing me the Summitridge Park Trail! I finally was able to go on one of your Be Alive! adventures. I'm looking forward to your next one, Angel!

- Timmy Alexander, Rec and Parks

Riddick Does Serious Work ... And Is Doggone Pretty, Too

My five-year-old daughter loves the cover of the February newspaper with police dog Riddick. She thinks Riddick is the prettiest dog she has ever seen. She says that he looks like he is smiling while the photo was taken and

also loved that he can wear a video camera and transmitter.

I just want to say what a terrific story about the Bomb Squad this was. The dogs are so very special and deserve all the respect.

- Jennifer Jones, Rec and Parks

Lettuce Entertain You With Maurice's Date Meal Idea

That was the funniest comment I have ever read in the Question of the Month column the one by Maurice Hyett about Souplantation being the great place for a meal on a date. The others were entertaining, too, and lively. I very much enjoy reading this column, and I look forward to seeing it every month.

- Terry McCullough, LAFD

Linda Throws Down Gauntlet With Grown-Up Coloring Dare

I am going to win the Grown-Up Coloring Contest with my trusty crayons. Well okay, they're my son's crayons but I bought them, so stand back and watch my artistry in the April newspaper! Oh, and glitter? That is just the beginning. My entry is going to sparkle. That \$50 Target card is all mine!

- Linda Jacobson, General Services

Robert's Question of the Month

BY ROBERT LARIOS, Club VP of Operations rlarios@cityemployeesclub.com

Fellow Club members answer the Question of the Month

What's the luckiest thing that's ever happened to you?



"My cousin was recently diagnosed with leukemia. I received a call that it is curable with mild chemotherapy. That is the luckiest thing that has happened!'

- Carlos Huerta, Rec and Parks, Club Member since 2015 and brand new employee



'That's easy my two beautiful daughters and

- Charles Kagan, Sr. Park Maintenance Supervisor, DWP, 27 years of City service. Club Member since 2002



"I have six healthy kids."

 Steve Smythe, Building Repairer. DWP, 25 years of City service, Club Member since 2008



Two words for you, Robert... my wife!"

Juan Perez, Building Repairer, DWP, 7 years of City service, Club Member since 2010



"I have to go with my gut on this my coworker, Woody Milton!"

- Manny Chavez, Building Repairer, DWP, 30 years of City service, Club Member since 2002



"Without a doubt it is my two grandsons.

Patrick Marquez, Building Repairer, DWP, 36 years of City service, Club Membe since 2002



"My wife saying

- David Castillo, Public Works/ Engineering, 9 years of City service, Club Member since 2006



My job! I never thought it would lead to a happy and successful career!'

Construction and Maintenance Supervisor, DWP, 30 years of City service



"Meeting my

- Tito Valente. AC Mechanic Supervisor, DWP, 30 years of City

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Xavier Rodriguez



Mar. 19 8:30 a.m. - 4 p.m. Patty Pulido





Back: Elaine Andrews, Retired, Chief of Operations 40 years of City service, Club Member; and John Alexander Willis, son. Front, from left: Betty Shapiro, Retired Sr. PSR, 25 years, Club Member; and Lillian Andrews Jeffries, aunt



From left: Anita McKinney, Sup. of Operations, 34 years of City service, Club Member; Jesus Garcia, Sup. of Operations, 14 years, Club Member; Ben Nematzdeh, Retired Chief of Operations, 29 years, Club Member; and Carlyle Kidd, Sup. of Operations, 31 years.

Airports

Story by Jeanette Gadut, Club Counselor; Photos by Arlene Herrero, Club Director of Product Development



Bon Voyage, Elaine

Elaine Marie Andrews retires after 40 years of City service.

n Jan. 23, family, friends and colleagues gathered retirement of Elaine Marie Andrews. Club Member. from her position as Chief of Operations II, Terminal Operations, at the Los Angeles International Airport.

The night was filled with stories of Elaine's tenacity and hard work during her 40 year City career, along with endearing stories shared by family and friends. Elaine's jovial spirit brightened the room – an example of her positivity was when she was asked how she would be spending her retirement. Her response was, "I plan on sitting on the porch in the morning and waving to the working people!"

The best of wishes to you, Elaine! Thank you for allowing the Club to be part of a wonderful event.



Elaine makes her grand entrance





Back, from left: Paula Adams, Club Member; and Capt. La Ponda Fitzpatrick, Retired, 33 years of City service, Club Member. Front: Minerva Gutierrez, Sr. PA. 26 years. Club Member: and Linda Brown. Acting Personnel Records Supervisor, Club Rep,



From left: John Hamilton, Retired Operations, 40 years of City service, Club Member; Phyllis Massey, Retired Airport Police, 34 years, Club Member; Sqt. Al Turner, Retired, Airport Police, 44 years, Club Member; Dorsey Martin, CT, 25 years, Club Member; Officer Sandra Smith, Retired, 39 years, Club Member; and Det. Billye Henderson, 39 years, Club Member.



Back: Marie O'Kelly-Green, Sr. Management Analyst II, 25 years of City service, Club Member. Front, from left: Olivia Riter, Personnel Director, 28 years, Club Member; Ray Jack, Airport Manager II, 29 years; Charley Mimms, Chief Construction Inspector, 47 years, Club Member, and Renee Anderson, Union Rep., 21 years.

Elaine Andrews with the Diamond



From left: Officer Odessa Johnson, Retired, 36 years of City service, Club Member; Phyllis Hayes, Airport Police, 35 years, Club Member; and Officer Terry L. Coleman, Retired, 35 years,



Back: Roslyn and Michael Harris, guests. Front, from left: Jim and Sondra Phillips,



Paula Adams, Club Member, and Elaine Andrews, Club Member, with her LA City Council Resolution



-rom left: Kayley King, Management Analyst, 26 years of City service, Club Member; Adriana Henteria Sr. Management Analyst 25 years; Jacqueline Yaft, Deputy Exec. Dir., 5 years; Barry Rondinella, Dir. of Operations, 4 years, Club Member, Ylises Aguirre, Airport Manager, 25 years; and Lalis Nematzaceh, guest.



Charley Mims, Club Member, presents Elaine, Club Member, with a Union Local 721 retirement plaque



From left: Courtney Kenard, Prop. Mgr., 19 years of City service, Club Member; Stephanie Young, Management Analyst II, 24 years, Club Member; Althea Edwards; Prop. Mgr., 23 years; and Vivian Howell, Prop Mgr., 31 years



and her son, John, embrace after his speech and reading his poem.



From left: Micaela Leblanc, Info Systems Manager, 26 years of City service; Renee Gonzalez-Fong, Sr. Management Analyst II, 26 years, Club Member; Stefanie VanReyn, Sr. Management Analyst II, 34 years, Club Member; and Regina Tennelle, Sr. Management Analyst II, 23 years, Club Member; Marie O'Kelly-Green, Sr. Management Analyst II, 25 years of City service

CELEBRATE SPRING BOARDWALK

In Santa Cruz, Santa Monica

- SEE PAGE 45



Club Featured Businesses

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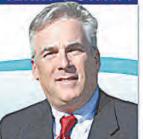
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Distance: About two to three miles starting from the parking lot. **Approximate Time:** 90 minutes (depending on your pace). **Difficulty:** Up and down and a bit hilly, but an easy hike.

Challenges: Steep slopes with lots of inclines, the paths are uneven and may have some erosion, so please be very careful. Some of the trails start very thin (in width) and go downward very quickly.

Parking: \$5 Hours:

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Weekdays: noon - 4 p.m. Weekends: 9 a.m. - 4 p.m.

Holidays: 9 a.m. – 4 p.m.

Closed: January 1, Thanksgiving; Dec. 24, Christmas



LAPD





Wendy Edison, 18 years of City service, was the host.



Joyce Wright's sister, Cynthia, makes a presentation.



Juanita Brown's granddaughter, Treasure, makes a presentation.



Joyce Wright's daughter, Anitra Wright, DWP, makes presentations.



Truc Nguyen, Sr. Management Analyst II, 26 years of City service, presents ACEA Local



Juanita Brown and Joyce Wright retire from LAPD Fiscal Operations.

he Police Dept.'s Fiscal Operations Division held a double retirement party Feb. 3 – for Accounting Clerks Juanita Brown and Joyce Wright. The party was held at Almansor Court. Juanita Brown began her City career as a Clerk Typist, General Services, in 1987. She transferred to the DWP in 1998, and was promoted to Sr. Clerk Typist, Transportation, later in 1998. After transferring to Public Works, she then was promoted to Accounting Clerk I, LAPD, in 2005. She retired Jan. 29 of this year. Joyce Wright began her City career in 2001, when she was hired as an Accounting Clerk I, LAPD. She was promoted to Accounting Clerk II in 2005, and she retired Feb. 5. Congratulations to Juanita and Joyce for their

contributions to the fiscal health of the City! Alive! thanks Wendy Edison for her help in pro-



Seated, from left: Reinita Shaw, Retired Payroll Supervisor I, and her sister; and Eric Hang, Sr Accountant II, 15 years of City service. Standing: Elena Nihoa-Asucan, Sr Management Analyst II, 28 years; Peter Fong, Pr. Accountant II, 25 years; Patricia Paterno, Management Analyst II, 15 years; Hanh Tran, Fiscal Systems Spec. II, 31 years; and Anna Robinson, Accounting Clerk II, 8 year



Betty Jai, Dept. Chief Accountant III, 27 years of City service, presents the City of Los Angeles retirement certifi-



Laura Luna, Police Admin. II, 27 years of City service, presents the LAPD retirement certificates.



Tracie Mathis, Payroll Supervisor I, 20 years of City service, makes



Sr. Management Analyst II, 28 years of City service, makes presentations



Amerika Tagaloa (Erik), Payroll Supervisor II, 29 years of City service



From left: Veronica Yeo, Pr. Accountant II 13 years of City service; Angelina Pura, Accountant, II, 3 years; Medy Mamaril Paraglee, Accountant II, 14 years; Maribelle Dumlao, SCT, 18 years; James Schuyler, Management



Seated, from left: Arlene Ventura, Accounting Clerk I, 15 years of City service; Jocelyn Redublo, SCT, 16 years; and Jennifer Trinidad, Accounting Clerk II, 8 years. Standing: Cho (Michelle) Ma, Accountant II, 16 years; Florian Faner, Accounting Clerk II, 14 years; Buenafe (Fe) Victorino, SCT, 15 years; Linda Marin, SCT, 12 years; and Jeannette Diaz, Accounting Clerk I, 25 years



Seated, from left: Adriana Ramirez, SCT, 6 years of City service; Rosa Rayos Lainez, SCT, 15 years; and Elvira Bailon, Accounting Clerk II, 25 years. Standing: Sonia Solis, Management Analyst II,14 years , and Tasha Tennell SCT



3090 AFSCME retirement certificates and gifts.



13 years of City service; Tracie Mathis, Payroll Supervisor I, 20 years; and Veda Simms, Clerk Typist, 31 years



From left: Gabriel Gnanapragasam, Management Analyst II, 13 years of City service; Damian Pacheco, Management Analyst II, 13 years; and Ian Monteilh, Management Analyst II, 12 years.



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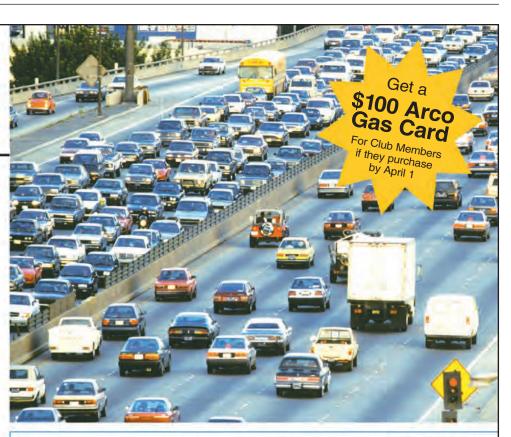
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Insurance Premium Survey	Allstate	\$1,329
	Geico	\$1,311
carroy	Auto Club	\$929
	United Agencies	\$876

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Alive! AROUND THE WORLD

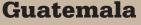


Here's Michael Barnes, Harbor, sampling the local brews in Torrance. "I spent the Martin Luther King Jr. holiday weekend visiting local brewers. There are so many, and one can drink only so much. I highly recommend Monkish on Western Avenue in Torrance. Their Belgian-style beers are farmhouse-ish and monastic-ish in the true brewing traditions, with just about something for everyone."

Australia



Here's John Radovcich, Harbor, in Australia. "It was no White Christmas for me. I spent our winter holidays in the nice warm sun in Australia. Being that I work for the Harbor Department, I try to take a photo of myself at a port or harbor for Alive! This one here was taken in the city of Fremantle in western Australia. To my left, but not in the photo, is the Western Australian Maritime $\hbox{Museum. This museum is the equivalent of New York's Ellis Island. The museum has more than}\\$ 400 granite panels with the names of all the immigrants from all over the world, mainly Eastern Europe, who passed through Fremantle to come to Australia between the early 1900s and mid-1960s. It was a very touching moment for me when I found the name of my father's sister among the thousands and thousands of names etched into one of the panels.











Milton David Lopez, LAPD, visited Guatemala. "Santiago Atitlán is a municipality in the Sololá department of Guatemala. The town is situated on Lago de Atitlán, which has an elevation of 5,105 feet. The town sits on a bay of Lago Atitlan between two volcanoes. The majority of the residents are indigenous Mayans. It was the capital of the Tz'utujil people in pre-Columbian times, when its name was Chuitinamit. Santiago Atitlán is the home of the Cojolya Weaving Center and Museum, founded by the Cojolya Association of Maya Women Weavers. The museum shows the history, tradition, and process of backstrap-loom weaving, and the evolution of the traditional costume of the Tzutujil, the indigenous people of Santiago Atitlán. Mayra, the little girl in the picture with the outfit called Corte, demonstrates this. Santiago Atitlán also offers tours and classes. It is a great place to visit and a great place to be."

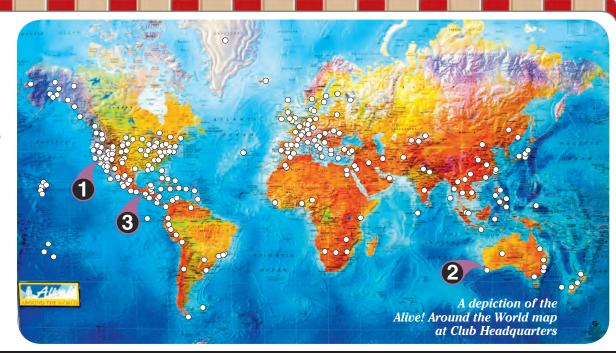


Take the Club with you, wherever you go!

Club members are a well-

traveled bunch. Bring

your recent copy of *Alive!* with you. Snap a high resolution photo with you holding a copy, send it in, and we'll publish it. Send to: talkback@cityemployeesclub.com



History Comes Alive!

Dr. Luther M.

~ Tales From the City Archives ~



by Michael E. Holland City Archivist

ON THE RADIO Some History Comes Alive! columns can be heard on 89.3-KPCC's Off-Ramp, online at www.kpcc.org/offramp/

The story of the recent outbreak of measles at Disneyland and the efforts taken to identify the source has a familiar ring to it. Historical amnesia deprives us of the painful and sometimes tragic lessons learned at someone's expense in our collective past. That's a shame. I hope to illustrate my point by reminding all of us about a serious

threat that was everywhere in America, including Los Angeles, almost a century ago. I am referring to the influenza epidemic of 1918-19, and I will be using both Council files and the Health Department reports to make my case.

The City's Department of Health was led by Dr. Luther M. Powers from 1893 until his death in 1924. Dr. Powers oversaw a variety of programs that tested food, milk and water samples for safety, conducted health screenings and treatment in the City Jail and also advocated for public toilets for the indigent. Every year, the annual report condensed the public health of the City into a series of reports submitted by the various divisions, including Infant Welfare and Milk Inspection.

The reports reveal how the concern for public safety conflicted with the rights of private citizens and industry during the flu crisis.

There have been several books written about the 1918 influenza outbreak and its devastating effects around the world. The Great Influenza by John M. Barry is one that puts the global impact in perspective. Our 1919 Health Department Annual Report, from Box B-1059, is more of a snapshot composed of what was known or believed to be true at the time. This is the road map I'll be using.

"This disease was introduced into Los Angeles by an infected training ship...after Sept. 15, 1918, and also from infected tourists..." begins the report. The Health Department was caught off-guard as the first patients arrived at the General Receiving Hospital on Sept. 22. The mayor's office reacted quickly by establishing not one but two committees. One committee was composed of doctors and the second of business and public safety entities. The Health Department's accounting division reported that the first emergency hospital at 936 Yale St. was up and running within 48 hours. "We were called upon to equip a hospital when equipment and supplies were extremely scarce and deliveries problematical." Remember that the First World War was still being fought and medical supplies and gasoline were prioritized for the war effort. Two other hospitals were established in San Pedro and Mount Washington despite concerns from local citizens about having them in their neighborhoods

Mayor Frederic Thomas Woodman declared a state of emergency on

As I read the report, I was struck by how quickly the City got things done to combat the virus. The City Council was quick to approve funding for more nurses and facilities to deal with the flu. They also passed Ordinance 38522, on Oct. 10, to quarantine the citizens by closing schools, theatres and other public gatherings to prevent the spread of the virus. The quarantine report details other measures: funerals being private instead of public affairs, and the closure of poolrooms and auction houses. Café entertainment was prohibited. A "stay at home week" was proclaimed, and factory work schedules were staggered to prevent crowding on streetcars to reduce the odds of transmitting the illness.

But there was pushback over inconsistent application of the rules laid out in the quarantine ordinance. Movie theatres were closed (causing most studios to suspend production and distribution), but stores and restaurants were allowed to stay open. The Theatre Owners Association (TOA) sent a petition to the Council in

> file # 2220(1918), demanding that the theatres be reopened and all citizens compelled to wear facemasks instead. They argued that the "incomplete closure law had allowed influenza to increase 500 percent since Oct. 10." Likewise, the Merchant and Manufacturers Association protested that any action to restrict access to stores to appease the TOA was "unpatriotic, unfair and unjust."

The opponents had a point. The

In the Grip of Influenza

The City suffered as the flu infected the world in 1918. was greatly in excess of any previous year. Following is a list showing the number of arrests made, offenses charged, judges before whom tried, and final disposition of the cases: 12-30-18 Allowing child to leave quarantine; Julge Disposition 12-31-18 Leaving quarantined house Cheesebrough \$15 fine 1-10-19 Richardson 1-17-19 Pailing to report influenza case 30 days in Jail \$10 fins \$20 fins Chesesbrough 1-19-19 1-20-19 1-20-19 do Loaving quarantined house Dismissed for lack of syldene Allowing child to leave quarantined Chambars 15 days in Jail \$5 fine 1-20-19 1-23-19 1-23-19 1-25-19 1-25-19 1-26-19 premises
Leaving quarantined premises Crawford 10 Dismissei Entering quarantined house Dismissed \$10 fine \$50 fine \$50 fine \$25 fine \$15 fine \$15 fine & 30 days 30 days suspended Failure to report influenza case Leaving quarantined premises Richardson do Louving quarantinod premises while Crawford Leaving quarantined presides Richardson 30 days suspen Fredrickson luenza patient in public conveyance without permit Cheesebrough 2- 7-19 Leaving quarantined promises while \$10 fine Bail of \$50 Moving influenza patient without permit forfeited 2-10-19 Entering quarantined premises 2-13-19 do Leaving quarantined premises Entering quarantined precises \$25 fine do \$5 fine Richardson 3-31-19 Allowing child to loave quarantined \$25 fine Chambers 10 days; suspended \$25 fine Richardson 4- 3-19 4-16-19 4-16-19 4-17-19 Entering quarantined premises Leaving quarantinei promises Crawford \$3 fine \$50 fine \$20 fine Leaving quarantined premises Chambers Leaving quarantined promises do 5-27-19 Allowing child to enter quarantined do \$20 fine; suspended 6-14-19 Crawford Leaving quarantined promises \$2 fine The following table gives the number of houses quarentined during the past fiscal year. This list does not give the number of cases which existed, but the mature of premises placarded. In a great many instances from two to six persons were quarantined in one house. \$20 fine; suspended Sep. Oct. Nov. Dec. Jan. Feb. Mch. Diphtheria . Sozrlet fevor. 47 30 59 13 50 66 44 25 4 0 60 mallpox . ADT. May. June 32 31 32 19 Ep.CS Meningitie 16 Total 36 35 7 21 Influenza 508 242 5 25 ownonia 10 652 4036 8298 71 lionyelitia 342 54 16 397 459 26 85 237

A list of arrests for quarantine-related offenses.

13

quarantine report contains this statement: "Interpretation of the closing ordinance presented daily problems. Music was stopped in cafes - should the demonstration of phonographs be permitted? Schools were closed - should this include music teachers giving lessons in studios...the Department sought at all times to avoid discrimination and to enforce the ban with as little discomfort and financial loss as possible."

In early December, Dr. Powers responded with the Health Commissioners request that the TOA petition be granted, as the number of reported cases had dropped. The ordinance was rescinded on Dec. 2. However, an almost immediate resurgence of infections brought about a different approach that sought to limit exposure from the home.

Badge-carrying health inspectors and LAPD officers were given broad powers to place a house under quarantine, preventing anyone from entering or leaving. Some 4,036 buildings were quarantined in Los Angeles during December 1918 alone.

The report includes details of the role played by the Health Inspectors. More than 350 strong, they covered 100 distinct neighborhoods throughout the City

"running errands, deliver[ing] groceries and otherwise minister[ing] to the needs of families in quarantine." Many of the inspectors were returning soldiers from

the battlefields. Special effort went into identifying sick passengers arriving at railway stations for treatment and isolation. Streetcars and taxis were inspected followed by regular disinfecting treatments.

Ethnic communities - not named in the report - were described as being difficult to manage due to language issues and customs including large public funerals and parades. One social club had its entire membership quarantined at the same time. The penalties for violating the quarantine ranged from a \$15 fine up to 30 days in jail. There were 29 cases taken to trial between Dec. 30, 1918, and June 14, 1919. Most were settled with the fines or a few days in jail. The number of quarantined buildings reached 13,876 during that same time.

The 1918-19 annual report listed 57,774 reported cases of influenza. Dr. Powers believed that this was

less than half of the actual cases due to under-reporting. There is a statistical sheet in the report that converts all deaths citywide into specific categories including age, race and place of birth. The most likely influenza victim during 1918-19 was a married white male aged 20 to 45 years. Infant deaths numbered 53, and deaths of people aged 65 and over reached 63. The death toll attributed to the flu as primary or as a secondary factor between September 1918 and May 1919 was 3,482. The 1920 annual report described a resurgence of influenza in January of that year, with 9,147 cases recorded and 239 deaths. The City of Los Angeles recorded 17,863 deaths from all causes within this two-year period, and the total death toll by the flu was 3,721, just more than 20 percent.

The National Archives Website (www.nara.gov) estimates that 50 million people worldwide died during the pandemic of 1918-19. This was a time when people traveled by ships and trains, and many of the medical advances we rely on didn't exist.

Two ironies that caught my attention as I was finishing the research for this story were that, during the flu outbreak in Los Angeles, not one death from measles was listed in the statistics. The second was that an LAPD officer who had just returned from fighting in France died of influenza while serving as a quarantine inspector.

The pandemic of 1918-19 proves that the adage is still valid: "They who forget their history are doomed to repeat it." Stay healthy.



CITY RETIREE **ASSOCIATIONS**

Retired Los Angeles City Employees, Inc. (RLACEI)



Ed Harding, RLACEI President www.rlacei.com Contact him: (800) 678-4145 Ext. 703 E-mail: edwardjharding@rlacei.com

Change of Address?

If you change your address, notify Helen Salgado, Membership Chair, at (800) 678-4145 Ext. 713, or write to her at 8372 Arnett Dr., Huntington Beach, CA 92647. Also notify LACERS.

Have News About Yourself?

Contact Mary Beetz, call (800) 678-4145 Ext. 711

Three Retirees Groups Hold Events; Make Sure You're at the Right One

Reservation Lines:

RLACEI events: (800) 678-4145, Ext. 701 DWP events: (626) 445-7376 (Dolores Foley) LARFPA: (888) 288-5063

March 4: LARFPA general meeting, Grace E. Simons Lodge, Los Angeles

April 9: RLACEI general meeting, 11:30 a.m., Friendship Auditorium, Los Angeles

June 3: LARFPA general meeting and annual barbecue, Grace E. Simons Lodge, Los Angeles

June 4: RLACEI golf tournament, 7:30 a.m., Alhambra Municipal Golf

Aug. 13: RLACEI annual picnic, 11:30 a.m., Grace E. Simons Lodge, Los Angeles **Sept. 2:** LARFPA general meeting, Grace E. Simons Lodge, Los Angeles

Oct. 8: RLACEI annual corporation meeting and elections, 11:30 a.m., Friendship Auditorium, Los Angeles

Dec. 2: LARFPA general meeting, Grace E. Simons Lodge, Los Angeles

Dec. 3: RLACEI holiday party, noon, Friendship Auditorium, Los Angeles

Dec. 13: LARFPA Christmas party, 11 a.m., Sportsmen's Lodge, Studio City

RLACEI Website

Course, Alhambra

Hal Danowitz asks you to visit the RLACEI Website at www.rlacei.com to find the latest retirement news. If you find it helpful, or have suggestions for improvement, call Hal at (800) 678-4145 Ext. 707.

Contact the LA City Employees' Retirement System

The Los Angeles City Employees' Retirement System is at 202 W. First Street, Suite 500, (LA Times Building), Los Angeles, CA 90012. Hours: 8AM-5PM. Phone (213) 473-7200 or (800) 779-8328. Contact them to arrange direct deposit of your retirement checks, change your tax withholding or beneficiary, or for questions about your health plans. www.lacers.org

DWP Retirees Association



Dolores Foley, President Phone: (626) 445-7376 E-mail: vincedolores@gmail.com www.dwpretirees.org

Los Angeles Retired Fire and Police Association (LARFPA)



Paul Enox, President Phone: (323) 283-4441 Fax: (626) 285-1461 9521 Las Tunas Dr. #4, Temple City, CA 91780 www.larfpa.org

Action Urged for Upcoming LACERS Commission Voting



Our first order of business is to re-elect Michael Wilkinson

President's Report

President, RLACEI

By Edward J. Harding

to the LACERS Commission. I am going to remind you that Michael took Ken Spiker's place and is doing just what Ken did. They both are "fighters" whose main objective is to preserve our pension benefits we worked so hard for. In addition, Michael, as did Ken, keeps us informed on current pension status at our Director's meetings and keeping our retired RLACEI members informed in the monthly Alive! newspaper.

I can't emphasize enough on how important it is to reelect Michael. Also, be sure to urge your retired friends and colleagues to for vote for him.

On a sad note, I lost two friends in January: Bill White, retired Director, Public Works/ Street Maintenance, and Howard E. "Buck" Buchanan, Retired Superintendent, Public Works/ Street Maintenance. Buck and I worked together most of our years at Street Maintenance. See Buck's memoriam article in Mary Beetz's column.

RLACEI

Another reminder: Make reservations to our annual general meeting, set for 11 a.m. April 9 at the Friendship Hall. I'll see you

LACERS Retired Election: Mail Your Ballot!



Michael R. Wilkinson

LACERS Board Update, By Michael R. Wilkinson

Nay, I can hear it already. What do you mean we have another election for the Retired Member seat on the LACERS Board? You haven't even served a year and a half and it is a five-year term!"

Well, I am glad you asked. The last election was held in the late summer of 2013 when Ken Spiker retired after 19 years of distinguished service. I was elected to "finish" the remainder of Ken's five-year term, which ends June 30.

So, in a few weeks you will get a ballot with the names of retirees who are running for the new five-year term with the ballots due to be mailed back and received by the City Clerk's Office

by April 10. If the top candidate receives at least 50 percent plus one vote, then the election will be decided. Otherwise the top two candidates will have a runoff.

As you ponder your choice, I would like to go over a recap of some of the highlights of the past year:

LACERS' investments returned 18.2 percent, after fees, which far exceeds the current assumed rate of return of 7.5 percent for the fiscal year ending June 30, 2014. The assumed rate of return is the forwardlooking estimate for investment returns, which is needed to properly budget, so that there is sufficient money to fund our retirement far into the future.

The City Council approved the maximum health subsidy increase to cover 100 percent of the premium cost of two-party

LACERS will be providing a month of zero premiums for Anthem Blue Cross because of lower health costs for the most recent period. The month is yet to be determined, but it will be this spring.

The Pew Research Center rated LACERS as the best funded retiree health benefit plan among all the big cities surveyed.

LACERS' Well program expands with a full time wellness coordinator, Tara Miller, a Registered Dietitian. This program encourages healthy living through cooking and exercise classes, regional walks and biometric screenings. Participants in some activities even get free gift

Yes, I am a candidate, and I would be honored to continue to represent all of you for the next

age and vears worked equal 95

Supreme Court Ruling Has Local Implications

Legislative Report:

Pension Law and



Policy, By Michael Karsch

The 2013 pension reform bill I enacted by the Legislature and the governor has achieved some modest provisions for new hires by cities covered by CALPERS (Los Angeles is not in CALPERS) and by most counties.

In San Diego County, the Deputy Sheriffs Association sued the county over new provisions for new hires, based on the 2013 reform: New hires would get reduced pension formulas and would have to pay more toward their pensions. The Appeals Court held that the change in benefits was proper pursuant to the 2013 law, but not the

increased contribution required for new hires. The matter was thus a partial victory for each side, labor and management. But its significance may be that the California Rule, which refers to long-standing court interpretations that forbid the government from reducing pension benefits for pubic going forward, may be experiencing some changes under the recent reform pushed through by Gov. Brown.

Switching to non-public pension plans at the national level – the U.S. Supreme Court held in late January that "there is no presumption that retiree medical benefits are vested," posted in the California Public Agency Labor and Employment Blog on Jan. 27. The specific case involves workers at M&G Polymers' plant in West Virginia. Employees whose points would get full healthcare benefits (along with their pensions). The health benefits were part of a collective bargaining agreement that expired every three years. At such agreement's expiration in 2006, the company asked that its current retirees contribute to the cost of their health insurance. The workers sued, claiming that their prior healthcare benefit was negotiated and became a vested right superseding a new agreement. The district court ruled in favor of the employer, the Sixth Circuit Court of Appeals reversed, and then the Supreme Court unanimously reversed the Sixth's ruling, finding for the employer. The ruling argued that the vested right rule had no basis in contract law. It also argued that there was

LACERS Board Update

By Michael R. Wilkinson - continued

a clear distinction between the principal of pensions being deferred compensation and medical benefits being a negotiated collective bargaining issue subject to expiration dates. The Supreme Court further noted that "when a contract is silent as to the duration of retiree benefits, a court may not infer that the parties intended those

benefits to vest for life."

The blog further drew attention to California law in the case of Retired Employees' Association of Orange County v. County of Orange that "retiree medical benefits contained in a collective bargaining agreement are to be interpreted according to ordinary contract principles."

In the M&G Polymers' case, that means a collective bargaining agreement with a set expiration date does not impose obligations beyond that date. Still, there are considerable court opinions that may favor worker health benefits that are negotiated.

Bylaw Change Proposed for RLACEI Review

n RLACEI bylaw change is being proposed to move the annual Membership meeting in October September with their installation An KLACEI Dylaw Change is being proposed to Manageneral membership meeting from September to October. The motion needs board approval and will be voted on at the membership meeting on April 9.

The bylaw's proposed change is as follows:

ARTICLE III

OFFICERS AND DIRECTORS

Section 2

The election of directors shall take place at the Annual General

at the December meeting. The elected directors shall assume their offices on January 1.

Section 3

Six (6) Directors shall be elected at the October September Annual General Membership meeting each odd year. Seven (7) Directors shall be elected at the October September Annual General Membership meeting each even year. Directors shall be elected to serve two years or until their successors are elected.

LACERS

LACERS Update



LACERS Well March Events

LACERS Well is hosting three fitness related events during the month of March. Please visit the LACERS Well website at www.LACERS.org/LACERSWell for locations, dates, and registration information. Retired Members and one guest are welcome at these events. Spaces are limited, so be sure to visit the website and sign up as soon as possible. Drawings will be held with special prizes given out at each event.

I have had several calls from RLACEI members requesting medical contact telephone numbers, I hope the below listed numbers will be of help. This information can also be obtain from LACERS.com

Health Plan and Other Important Contact Information

Anthem Blue Cross НМО

(866) 940-8303

TDD (800) 735-2929

Anthem Blue Cross

PPO (866) 940-8303

TDD (800) 735-2929

Anthem Blue Cross Life

& Health Medicare Plan (866) 940-8303

(866) 470-6265 PDP (Rx)

TDD (800) 735-2929

TTY 711 PDP (Rx)

California Department of Managed Health

Care

(888) 466-2219 TDD (877) 688-9891

Kaiser Permanente

HMO (800) 464-4000

TDD (800) 777-1370

Kaiser Permanente

HMO Senior Advantage

(800) 443-0815

TDD (800) 777-1370

LACERS Customer Service

(800) 779-8328 TDD (888) 349-3996

Medicare

(800) MEDICARE

(800) 633-4227 TTY (877) 486-2048

SCAN Health Plan

(800) 559-3500, CA

(888) 540-7226, AZ TDD (800) 735-2929, CA

TTY (800) 367-8939, AZ

Social Security Administration

(800) 772-1213 TTY (800) 325-0778

UnitedHealthcare Medicare Advantage

HMO

(800) 457-8506, CA, AZ, NV TTY 711, CA, AZ, NV

In Memoriam

Howard E. "Buck" Buchanan March 30, 1922 - Jan. 23, 2015

pass along the sad news of the passing of Howard "Buck" Buchanan of Public Works, who died in January.

Buck enlisted in the Marine Corps and served from



1942 to 1946. After discharge, he started his career with the City of Los Angeles Survey

Department. After different positions and promotions he found his calling in the Street Maintenance Division and eventually retired as a Superintendent.

He is survived by his wife Lena, daughter Diane (Jim) and Bill (Debi). Surviving grandchildren are Jeff, Matt, Kelly, and great-grandchildren Jolene, Maya, Jake, Jessica, Madeline, Brett and Andrew.



If you have news about yourself. family or other retirees that you would like to share with our readers, send it and we will publish it.

If you would like to contact a former City Employee that you met or worked with, send your contact information and we will publish it so they can contact you.

Note: Due to our confidentiality policy, we do not give out any information without authorization.

Mail information to: Mary Beetz at 137 Westmont Drive

Alhambra, CA 91801 or Email: mbeetz4841@aol.com

LARFPA

Report Shows Pension Funds Are Improving

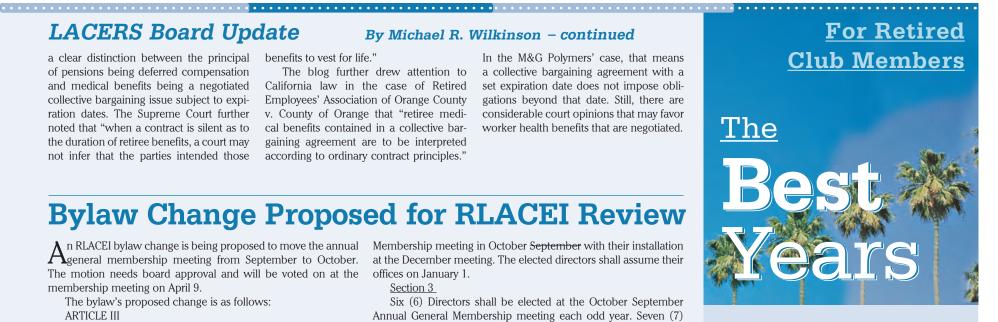


hope all of you retirees read the report from the Fire and Police Pension System – Pension Perspective. It tells you the great job the staff of the system does to protect and enhance our pension. This is the first time in six years that there was an increase in the funds liability. We are up 3.5 percent to 86.6 percent. Kudos to the staff, and an extra special thanks to Tom Lopez and his investment team for having 18.76 percent return on last year's investments.

retired Fire Board Commissioner Sam Diannitto's term of office will expire June 30, and an election for the next term of office is scheduled to take place March 21. All retired Fire members should have received an application to file for the position by the time you read this article. I don't know who is or isn't going to run for the board, but I do know that Sam has had a remarkable career, having served 40 years as Commissioner, both as an active member and a retired This issue also mentioned that member. The Fire and Pension

Board of Commissioners have named the boardroom in the new headquarters building the Sam Diannitto Board Room in his honor, and his contributions to the system. If anyone deserved to be elected to the board again it should be Sam Diannitto, if he decides to run at this time.

I hope to see you at our next general meeting at 10 a.m. March 4 at Grace E. Simons Lodge. We'll provide coffee, donuts, lunch and a great speaker.



CONTACT THE CLUB:



Tiffany Sy Club Member Services Counselor, In-house (800) 464-0452, Ext. 202

TSy@cityemployeesclub.com www.cityemployeesclub.com

RETIREMENT HELPLINE

Who to call? Call the Helpline and reach the officers of the Retired Los Angeles City Employees, Inc. If you move or change your address, contact Helen Salgado. Also notify LACERS, ACEBSA and LAFCU. For information on problems, activities, meetings or membership. Each officer's extension is listed below.

Los Angeles City Employees Retirement System:

(800) 779-8328

(213) 367-1722

RLACEI Retirement (800) 678-4145 **Counselors and Retiree Helplines**

Mary Beetz	Ext. 711
Cliff Cannon	Ext. 715
Hal Danowitz	Ext. 707
Americo Garza	Ext. 710
Edward Harding	Ext. 703
Michael Karsch	Ext. 704
Gary Mattingly	Ext. 702
Phillip Orland	Ext. 709
Neil Ricci	Ext. 714
Helen Salgado (membership)	Ext. 713
Ken Spiker	Ext. 705
Tom Stemnock	Ext. 708
Michael Wilkinson	Ext. 712
Questions:	Ext. 0
RSVP:	Ext. 701
DWP Retirement	

Plan Office

Edward Harding: President Kenneth Spiker: First Vice President Tom Stemnock: Second Vice President Hal Danowitz: Secretary/Treasurer

Committee Chairpersons

Mary Beetz: Publicity Hal Danowitz: Finance

Americo Garza: Picnic, Holiday Party and Installation Neil Ricci: Health and Nominating Helen Salgado: Membership Ken Spiker: Legal and Legislative Tom Stemnock: Audit and Golf

Directors

Mary Beetz Cliff Cannon Americo Garza Michael Karsch **Gary Mattingly** Phillip Orland Neil Ricci Helen Salgado Michael R. Wilkinson







By Hal Danowitz,

Secretary, RLACEI

Terazin, and on to Paris

Hal and Evelvn take an anniversary cruise down the Danube.

PART 5



Te are off again! Our most recent trip included a visit to Berlin, a cruise on the Danube (from Budapest to Prague) and a stop on the way home in Paris.

Last month we visited Nuremberg as part of our sevenday Danube River cruise on the MS AmaCerto, before spending three days in Prague and six days in Paris and then coming home.

We began our final day of the organized tour (Nov. 6, 2013). The next day we were scheduled to fly to Paris.

That morning, we had our tour of the fortress town of Terezin (Theresiensdadt). This was the camp that the Nazis used to fool the inspectors that the prisoners were given good care. None of that was real, just a front. The real use was as a transfer point to Auschwitz and Bergen-Belsen concentration camps. This visit was very meaningful to our traveling companions, as Max's grandmother was held in this camp.

The ride to the town took about an hour. This site held two major fortified areas since



The entrance to the camp.



The camp.





Linda and Evelyn in one of the secret synagogues.



the 1400s. It was divided into the "little fortress" and the "large fortress." The large fortress is actually the entire town, and the little fortress was built as a military installation. The entire project was authorized by King Fredrick, the last king of Austria and Germany (including Czechoslovakia and other small surrounding countries that were all ruled by the Hapsburgs for about 300 years). He wanted the fortified town and military fortress to send a message that the area was impregnable from attacks from the east. This proved to be true until the opposing army attacked from the north. Enough about history, except to say at one time the town had 7.000 residents.

Our first stop and the longest was at the "little fortress," which was used as a prison/ concentration camp. It was not an extermination camp, but prisoners were executed here. We visited the barracks, which had wooden bunks three and four levels high, which slept 60 prisoners on each level; there was one toilet and one sink, 300 to 400 in a cell. We had an excellent tour guide and saw the shower (the real one), the laundry and

the medical area. We saw the punishment cell, which held 60 inmates, with no bunks or facilities. It was said they had to sleep standing up. Our group size was 32, and we filled up the room. There were solitary confinement cells that had no light and were the size of a small closet. Both Jews and Christians were held here in separate sections. The men and women were also separated as were children older than 12. There is a cemetery, which has a Jewish section and a Christian one.

Before we left for the "big fortress" across the river we saw a propaganda film produced by the Nazis on the "town," which was a showcase for the "relocation" of the Jewish population to the ghettos. The entire town had been turned into a Jewish ghetto in 1941, and the Jews of the surrounding area, including Prague, were relocated here. It held between 60,000 and 80,000 Jews during the war, and most of them were sent to extermination camps. You can imagine how cramped conditions were, to fit 80,000 people into a town built for 7,000.

In the ghetto we saw the railhead where the Jews were brought to the town. Once there, the Nazis let them take care of themselves as long as

they didn't cause trouble. There were seven secret synagogues, and we visited the one that remains. It was hidden behind the interior courtyard of a mortuary. We also visited the museum, which has a very good pictorial history of Terezin. I didn't think I would become emotional, but standing in the barracks and cells where fellow Jews were held, tortured and murdered is a very moving

experience. There were also pictures done by children in the town during the period it was a ghetto. Very moving. There was a souvenir shop, but I don't think anyone wanted a reminder. There were note cards available with reproductions of the children's handdrawn pictures. Considering most of them didn't survive, it was too painful a reminder. We then had the long ride back to Prague.

We had dinner in Prague at Zvonice, an expensive restaurant in an old bell tower within walking distance from the hotel in the old city. The food and presentation were good, but I thought that my meal the previous night was much better and cost half the price. None of us had ever been in a belfry, much less had dinner in one.

Our flight to Paris the next morning (Nov. 7) was at 9.50 a.m. The Hilton offered a car service to the airport for \$40, which we used. We landed at Charles de Gaulle Airport about 11:30 a.m. I had scheduled a car and driver from Black Lane, who we used in Berlin. They are very reliable and on time. From the airport to our apartment took almost an hour.

The apartment was at 280 rue de Saint Honore 75001, on the fourth floor with an elevator. It was

not very big, maybe 380 square feet, with a large bathroom, kitchen/living area with a washing machine. It had WiFi, cable TV and a DVR. The sleeping area was a double bed in back of the apartment with a low divider wall. The location couldn't have been better; check it out on Google maps. There were many cafes and restaurants in the area, even a Starbucks. We had lunch at a cafe next to the apartment; it was good but expensive for lunch. We found a market and bought a few things to keep in the apartment. Both Evelyn and I had colds, so we relaxed that day. The weather was much warmer then Prague and it was partly cloudy.

The street was a shopping paradise, with every high-end designer represented. Prices - don't ask. I doubt I saw a pair of shoes for under 250 euros.

The next day we slept almost to 8 a.m., which felt good. That morning we took a walking tour of Hemingway's Paris. We met the guide at Metro Cardinal Lemonine at 10:30 a.m. We navigated the Metro system and got there at about 10:20 a.m. There were 12 other people on the tour. We couldn't find a place to get coffee and roll so we walked hungry. Our guide was an American who had lived in Paris for 19 years. The area was the Latin Quarter. Many writers lived or set their stories here: James Joyce, George Orwell and

Balzac, and the area was immortalized by Hemingway's A Moveable Feast and The Sun Also Rises and by Woody Allen in Midnight in Paris. It rained most of our walk, but we saw where the various writers lived and a lot of places we had not seen before. We finished about 12:30 p.m., afterwards stopping at a Crepes Cafe and had lunch; for 10 euros each it was very good. It was not uncommon to see dogs in restaurants: however, the Crepes Cafe had a cute little terrier mix as a house dog that greeted everyone then lost interest unless something fell off the table that was edible.

We got back to the apartment around 2:30 p.m. and planned to go to dinner at a place recommended by our daughter, Michelle, and her husband, JP.

The restaurant was Relais Entrecôte (15 rue Marbeuf, 75008). It opened at 7 p.m., and we were told to get there at least before 7 because people start lining up. We left our apartment and took the Metro. We have become experts at riding the Metro. The problems come after you get back on the street in deciding which way to go. We managed to miss the street to turn so we got to the restaurant at about 6:45 p.m., and we joined the line. The doors opened at 7 p.m. and we were able to get a table without further waiting. They really packed them in. There was no menu; it was salad, steak (rare, medium, well done) fries, bread. You could order drinks and dessert. The base price is 25.80



A famous café in the Saint-Germain-des-Prés area where Hemingway hung out



Evelyn at the entrance to our apartment building in Paris.

euros per person. Oh did I mention it was all you can eat. They kept bringing steak and fries for as long as you can stuff it down. The food was good, but not great, but it was an experience that you should do when in Paris. A gentleman with the party next to us was very chatty. He was from Lebanon but working in Dubai; he was very nice and we exchanged stories. We even agreed that people are lot alike if you just get to know each other.

It occurred to me that a bottle of Diet Coke cost more that a glass of wine, which is normal. I guess I will drink wine. Will report next month if this remains true.

RETIREES:

For Retired Club Members

Enjoy These Great Member Benefits

As a member of the City Employees Club of Los Angeles, you'll enjoy these amazing benefits:

Full Club Membership, including:

UP TO 60% OFF

Club-exclusive events

Access to Club Website

And much more!

Great Club apparel and gifts

The cheapest tickets in the City –

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The Alive! Newspaper

Your own personal edition of Alive!, delivered to you each month. (Sent to all RLACEI members in good standing). Stay connected to RLACEI, and to all your Retired City friends, read about exciting City projects, take full advantage of free Alive! classifieds, and much more.

City Employees Club of Los Angeles

For more information, contact the Club:

Celebrating the Lives



Tiffany Sy Club Member Services Counselor, In-house (800) 464-0452, Ext. 202 TSy@cityemployeesclub.com www.cityemployeesclub.com

of City Employees

37th Annual **Retirees Invitational Golf Tournament**



The 37th Annual Retired Los Angeles City Employees Invitational Golf Tournament will be held on Thursday, June 4, 2015 at the Alhambra Municipal Golf Course with a "Shotgun Start" at 7:30 a.m. The course is located at 630 South Almansor Street, Alhambra, CA 91801. Check-in is at 7:00 a.m. SOFT SPIKES MANDATORY!

- The tournament is open to retired and active employees and friends. The cost is \$67 for R.L.A.C.E.I. and City Club Members (\$77 for all others) and includes green fees, carts, prizes and lunch at the Almansor Court restaurant. Lunch only is \$25.
- Those interested in participating must complete the reservation form and mail it with their check payable to "R.L.A.C.E.I." by May 25th to: Tom Stemnock, Chairman, 4040 Vineland Avenue, Suite 108, Studio City, CA 91604. For any questions, call Chairman Tom Stemnock at (818) 487-6789.

HAVE BOARD-WALK **BLAST!**

old-fashioned

- SEE PAGE 45

Get a

Club deal

on an

good time.

7	015	Golf	Tourns	ment	RACAPI	/ation	Form

Name		Phone		
Address				
City			State	
Zip				
Amount Included \$	\$67 for R.L.A	A.C.E.I. and City Club Mem	bers (\$77 for a	ll others)
Luncheon Only: \$25				
Make checks payable to i	R.L.A.C.E.I.	NOTICE: SOFT SP	IKES MAND	ATORY!
FOURSOME		Member R.L.A.C.E.I.	Member City Club	Guest

FOURSOME	Member R.L.A.C.E.I.	Member City Club	Guest
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Reservation deadline: Monday, May 25th. Mail completed reservation form and check to: Tom Stemnock, Chairman

4040 Vineland Avenue, Suite 108, Studio City, CA 91604 • (818) 487-6789

The BestYears

Retirements

Here's a listing of all those who retired from the City this month. To all we say, welcome to the Best Years!

NAME	TITLE	DEPT. YE	ARS
Abido, Eduardo B.	Sr. Detention Officer	LAPD	33
Abon, John R.	Civil Engr. As. IV	Public Works	24
Alderete, Rosie	Storekeeper II	Airports	27
Andrade, Viola J.	Sr. Clerk Typist	Fire Police Pen.	30
Arias, Gary	Hvy. Duty Eqp. Mch.	Public Works	23
Arwanaghi, Farideh	Legal Secretary	City Attorney	14
Baynton, William	Sr. Sfty. Eg. Prs. Ves.	Building & Safety	34
Bell, Alan Peter	Dep. Dir. of Planning	Planning	32
Bickett, Laurence	Signal Sys. Sup. II	Transportation	45
Blake, David W.	Accounting Clerk II	Public Works	14
Bond, Sonia E.	Exec. Admin. As. III	LAPD	30
Brown, Michael P.	Pr. Civil Engineer	Public Works	30
Carney, Dale	Build. Mech. Ins.	Building & Safety	22
Carter, Valerie	Clerk Typist	Transportation	25
Coker, Wanda L.	Witn. Service Co.	City Attorney	30
Cormier, Anita M.	Man. Analyst II	Airports	41
Day, Louisa	Sr. Clerk Typist	Planning	26
Deluca, Richard A.	Painter II	Airports	27
Dickinson, Terry M.	Wastw. Mgr. III	Public Works	31
Duniven, Michael L.	Storekeeper II	General Services	14
Fajardo, Anthony	Str. Ser. Supv. II	Public Works	22
Farsai, Farain	Civil Engineer	Public Works	28
Francisco, Anceo	Equipment Op.	Public Works	25
Fujioka, William T.	City Ad. Officer	CA0	31
Gordon, Richard M.	Equipment Operator	Public Works	30
Granados, Rachel S.	Sr. Clerk Typist	LAFD	33
Gregerson, Paul G.	Physician I	Personnel	28
Griebel, William B.	Equipment Operator	Rec and Parks	25
Gring, Newton P.	Carpenter I	Airports	29
Gulla, Timothy	Maintenance Supt.	Airports	29
Gutierrez, Florencio	Geogr. Info. Spec.	Planning	28
Guzman, Teri Lee	Property Officer	LAPD	27
Hammontree, James	Sr. Park Main. Supv.	Rec and Parks	30

NAME	TITLE	DEPT. YEA	IRS
Henry, Charlotte R.	Exec. Admin. As. III	Harbor	37
Hernandez, Peter	Sr. Per. Analyst II	Airports	24
Hines, Tilton J.	Clerk Typist	Public Works	12
Huynh, Nam	Director of Systems	Controller	31
Kantor, Michael E.	Deputy City Eng. II	Public Works	30
Khanbabian, Vahe	Env. Comp. Insp.	Public Works	26
Kuns, Renae	Sr. Clerk Typist	Transportation	38
Jackson, Rogers Sr.	Equipment Mech.	General Services	15
Johnson, Michael R.	Street Ser. Work. III	Public Works	24
Jones, Natalie P.	Sr. Clerk Typist	General Services	31
Jordon, Shirley J.	Clerk Typist	Library	7
Lagny, Janice G.	Secretary	Airports	32
Lewis, Michael	Ref. Coll. Tr. Op. II	Public Works	26
Lewis, Rhonda Leah	Police Admin. III	LAPD	31
Manley, Elsa Olivia	Exec. Admin. As. III	LAPD	34
Mares, Martha M.	Airport Guide II	Airports	10
Marroquin, Herbert	Traf. Pain. Sign P. III	Transportation	19
Mateer, James I.	Airport Safety Of.	Airports	13
Mathewson, David	First Dep. G.M.	Harbor	35
McDaniel, Robin R.	Sr. Clerk Typist	LAPD	35
McHugh, Thomas D.	Airports Main. Supt.	Airports	29
McMasters, Robert	Chief Const. Ins.	Public Works	44
McNerney, Carol A.	Airport Guide II	Airports	3
Mellinger, Enriqueta	Police Service Rep.	LAPD	31
Men, Fung Ping	Pr. Accountant II	Harbor	27
Merina, Cynthia T.	Sr. Librarian	Library	12
Millager, Kyle Rae	Chief Man. Analyst	Library	37
Miller, Beverly D.	Hearing Officer	City Attorney	13
Mukri, Jon K.	First Dep. Gen. Ma.	Harbor	20
Mutuc, Leilanie J.	Clerk Typist	LAPD	16
Neely, Richard	Water Utility Worker	Harbor	28
Nisperos, Rodney J.	Const. Main. Sup. II	Rec and Parks	30

Info. Systems Ma. II ITA

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NAME 1	TITLE	DEPT. YEA	<u>IRS</u>
Packard, Michael P.	Librarian III	Library	15
Paco, Lemuel M.	Pr. Civil Engineer	Public Works	30
Pan, Karl K.Y.	Second Dep. G.M.	Harbor	11
Pau, Dwight	Accounting Clerk II	Building & Safety	24
Peery, Dale Allen	Structural Engineer	Building & Safety	30
Petty, Mary A.	Maint. Laborer	Airports	13
Poon, Alick M.	Carpenter I	Rec and Parks	22
Potts, Rosa M.	Custodian	Airports	16
Pouncy, Alexzine L.	Sr. Clerk Typist	LAPD	32
Pratt, Anthony M.	Engineer of Surveys	Public Works	32
Provencio, Magdalena	Clerk Typist	LAPD	31
Putnam, Howard S.	Sr. Park Main. Sup.	Airports	40
Rangel, Elizabeth	Council Aide V	Council	17
Raygoza, Ramiro R.	Gardener Caretaker	Airports	29
Reyes, Trinidad G.	Maint. Const. Helper	Airports	26
Rivie, Jessica	Real Estate Officer II	Harbor	38
Ryu, Sonyong Jung	Sr. Clerk Typist	LAPD	34
Sainumyom, Preecha	Mat. Tex. Engr. As. IV	General Services	34
Sherman, Sandra J.	Sr. Clerk Typist	Building & Safety	14
Sifton, Thomas J.	Building Mech. Ins.	Building & Safety	12
Slottow, Jeffrey R.	Accounting Clerk II	Finance	29
Stone, Linda	Custodian	Airports	29
Taylor, Arleen P.	Chief Man. Analyst	Public Works	30
Victor, Ruben E.	Custodian	General Services	25
Walsh, Jim	Main. Const. Helper	General Services	26
Watts, Sandra Y.	Airport Guide II	Airports	5
Werner, Dennis R.	Sup. of Operations III	Airports	33
Williams, Lawrence	Chief Manag. Analyst	Public Works	30
Wilson, Lee Abe	Traf. Mk/Sn P. Spt. III	Transportation	27
Yoshimura, Eileen R.	Financial Manager II	Harbor	32
Young, Walter	Messenger Clerk	Library	17

Show Us Your Grandkids!

Retirees: *Alive!* wants to show off your grandkids! So send in those photos! Here's how:

- 1. Make sure to have the permission from their parents. If you send in a photo, *Alive!* assumes you have already received that permission.
- 2. Photos with you in them are better, but if not, that's okay, too.
- 3. Make sure you list the names of your grandkids.
- 4. Tell us, in a sentence or two, a little bit about them their school,

their accomplishments, what they love to do, how proud you are of them, etc.

Ngo, Bichthuan

 Digital photos are best! Send them to: talkback@cityemployeesclub.com

Send Prints To:

Grandkids

City Employees Club of Los Angeles,
120 W. 2nd St.,
Los Angeles, CA 90012
(800) 464-0452

If you want the print photo returned, make sure you write your name and phone number on the back.



RETIREES

AROUN THE WORLD









Here's **Mike Wilkinson,** Retired, City Attorney's Office and current RLACEI **Board Member**, in front of the White House.

'This was taken while I was in Washington at the National Conference on Public Employee Retirement Systems, to protect public



Take the Club with you, wherever you go!

Club members are a well-traveled bunch. Bring your recent copy of Alive! with you. Snap a high resolution photo with you holding a copy, send it in, and we'll publish it. Send to: talkback@cityemployeesclub.com

Ask the Dietician

Do you have a question for Tara, the LACERS Registered Dietician? Write to her: talkback@cityemployeesclub.com

For Retired Club Members



Tara Miller, MS RD/N (Registered Dietitian/ Nutritionist) LACERS Well Program Coordinator

"What are some healthy snacks?"

- Marjorie Dall

Smart Snacking

Figuring out what is "healthy" can be a real challenge, and one almost needs a degree in chemistry to understand some food ingredient lists. To make it simple and offer a working guide, here are my two golden rules to mastering the art of healthful snacking:

Go natural. Choose foods that are as close as possible to "as nature intended." This means avoiding overprocessed artificial ingredients and unnatural hues. A good rule of thumb is that if a food, open to the elements (like the kitchen counter), can stay edible without refrigeration for longer

than 48 hours, it doesn't belong in your diet. Although some fruits and vegetables are exceptions, it's smart snacking to choose organic varieties, which often contain less potentially harmful preservatives.

Combine the "trifecta" of nutrients: healthy fats, lean proteins and complex carbohydrates. Sounds challenging? Don't worry, your ancestors were doing it way before it was "hip." Each of these three nutrients offers multiple benefits. For example, healthy fats offer satiety, which tells the brain "I'm full," while protein and carbohydrates serve as fuel or energy storage, depending on need. Combined in healthy snacks, this trio helps to manage fatigue and blood sugar, all while providing the necessary vitamins and minerals needed for the body's behind-the-scenes functions we take for granted, like breathing, thinking, maintaining hormonal balance, etc.

Here are some snacks ideas that follow these two golden rules:

- 1/2 cup plain (unsweetened) Greek yogurt with 1/4 cup blueberries and 1 tbsp. sliced almonds or pecans. If the plain yogurt is too tart, add a touch of honey.
- 1/2 cup hummus, 1/4 cup cucumbers, 1 tbsp. sliced olives, and 6 whole grain crackers or 1 cup sliced vegetables.
- home-made trail mix: mix 1/2 cup dried fruit of choice (cran-

berries, raisins, cherries, etc.), 1 cup nuts (almonds, pecans, walnuts, cashews, and/or hazelnuts), and 1 cup unsweetened cereal (rice Chex and/or bran flakes), and if you are feeling adventurous, add 1/4 cup mini dark chocolate pieces. Portioned into mini Ziploc bags, this snack is portable, satisfying and

- Apple or banana slices with 1 tbsp. natural peanut butter.
- 1/2 to 1 cup quinoa and edamame salad: This super easy, highly adaptable side dish can be served hot or cold. Quinoa resembles a grain, but is actually a seed and is gluten-free. Edamame or soybeans add crunch, color and vitamins to the mix.

Need a recipe? Check out ours at www.LACERS.org/lacerswell.

LACERS

The Healthy Domino Effect

LACERS Member Mavis Minjares gives tips on staying healthy after retirement.

M arch is National Nutrition Month and this year's theme is "Bite Into a Healthy Lifestyle," so I was delighted that Mavis Minjares, one of our LACERS Members, was willing to shed some candid insight on her experience with health after retirement. I first met Mavis at the LACERS Well Extravaganza last year, and she's been inspiring me ever since. Enjoy!

Mavis, healthy living can mean different things to different people. How would you define it?

MAVIS: To me, it means getting enough sleep; eating nutritionally (healthy foods, and it doesn't have to be something fancy, just simple); exercising, which would be something you enjoy doing; and trying to manage stress, because I think stress can be the most difficult thing! When people are stressed, they have a tendency to not get enough sleep, don't eat as well and don't exercise. Stress puts barriers to living a healthy lifestyle and that's important. If someone is an emotional eater, which I used to be in the past, I would say to monitor stress because you will tend to over eat when you are upset. So, it's these four components... the overall package.

I agree. It's not one extreme behavior or another, but how all these factors intertwine, how to realistically put these pieces together to live better overall. Both of us have people in our lives, folks we love, who are not necessarily gung-ho about getting healthy. What do you think is the biggest barrier for someone to incorporate healthy living?

I think it's society. People get all these mixed messages to eat bad food, eat fast food. They are barraged with it, like a billboard with a huge donut on it.

A larger-than-life-sized donut!

Right, so I think it's very hard. Many times in restaurants, you may not get cooperation to order healthfully because friends and family don't do it, so they don't support you doing it.

Eating is such a social event. I have

many patients who have made fantastic lifestyle improvements, but then when eating out, are told by friends and family "come on, just have one slice, it won't kill you" or "it's a special occasion, just this once." We sabotage ourselves and each other.

Right, and I think we have to be strong or committed to saying I won't do that, and after we become more comfortable saying no, friends and family accept it. Later, they make changes that are positive and they get

So what is the thing that you are the most proud of with your health?

I feel really good. I noticed that by getting enough sleep, eating healthy and exercising, that I feel good. Although I have arthritis and herniated disks, these healthy habits have helped so I can still do ballet. I found out that I don't have the aches and pains that many people have at my age. And now, that's what keeps me going, the motivational factor feeling good.

Change is hard. We've all felt it. And feeling bad about failing to make a change can be a real stumbling block. What was your biggest "change" challenge?

I used to smoke. And I really enjoyed it! out at 30. I decided I should quit because I

> didn't want to develop lung cancer. I tried and tried and at 33 I managed to quit. It took me three years! I tried different things to quit. I smoked a brand I didn't like since I liked menthols, and smoked a pack of Marlboros. So then, I didn't enjoy smoking anymore. After I quit, I gained weight and women hate that, and I noticed that although I was still active, my body needed to go through detox for a whole year, so I really saw the damage

that smoking had done. And the good news is that now, after a chest x-ray, my doctor said it's like I was never a smoker! I feel good that I was able to do that! As you are aging, each decade, the more you can improve your health, the more important it is.

That's fantastic! I love that you broke the relationship you had with smoking. Brilliant! So tell me

By Tara Miller, Dietician/Nutri-tionist, LACERS Well Program

a little bit about your true love, ballet.

I love ballet, it involves every part of your body. The goal is to try to make it look good, to look beautiful with what you are doing; no matter what level you are at, you can always try to make it beautiful. It's a total fulfillment - everything merges together. I feel like my whole body gets exercise and attention, and it works the mental parts, too. Ballet gives you discipline, and I've taken that discipline out into my life and it's helped me financially. And I think it really helps my self-esteem.

I feel that same way about yoga, which I thought I was going to hate. As a dancer growing up, I felt that yoga was just stretching and I didn't need it, but luckily an instructor friend showed me how wrong I was! One class with her and I was hooked. But, this can be hard for a lot of people: trying something physically new and knowing that they may not like it or even hate it. What would you say to someone who can't find an activity that they truly love, like you have?

Someone told me once to give a class three chances before quitting, so I do that -I go to different classes and give it three tries, and I've gotten all my good classes that way. They are all the different styles. All one has to do is get started and this will have a positive domino effect. I think it's always good to have something to improve on, which is just part of the process that makes you a better person. If you get a little better, and a little better... it adds up to "you're better!"

Great advice!



Mavis Minjares

Banning **Fundraiser Wears a Mask**

Banning Museum's annual gala set for March 28.

riends of Banning Museum has scheduled its annual fundraising event, the Wisteria Regale, for Saturday, March 28, from 5 to 10 p.m. at the Banning Museum's historic stagecoach barn, located at the museum, 401 East M St. in Wilmington.

This year's event offers an evening of illusion and intrigue. Guests will be formally greeted at the Mansion's front door and welcomed to stroll the lower floor of the residence while enjoying live music from the parlor. The night's entertainment will also include Magic Castle magician Nathan Gibson.

Victorian-era or formal attire and mask are admired but not required.

Guests will experience the elegance and graciousness of a formal Victorian-era gala with a sumptuous dinner, hosted bar, enchanting music, period dancers and

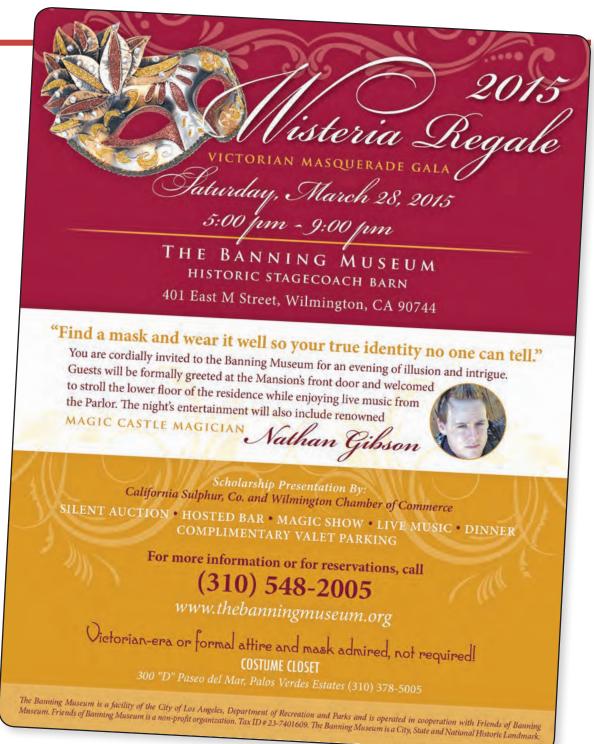
a silent auction. Keeping with ENDS OF BANNING MUSE tradition, the event will also crown the King and Queen of Wisteria and present two high school seniors with a \$2,000 scholarship to further their education after graduating Banning High School.

The cost of the event is \$150 per person. Reservations are required. Please call Friends of Banning Museum at (310) 548-2005

for further information or to make a reservation.

Proceeds from the Wisteria Regale will assist Friends of Banning Museum, a nonprofit corporation, in its mission to "Preserve History, Promote Education, and Inspire Entrepreneurial

The Banning Museum is a Rec and Parks facility and is operated in cooperation with the Friends of Banning Museum.



Let the Club family celebrate with you...

Put your graduation photo in Alive!

CLUB MEMBERS: Have you had a family member graduate from elementary school... high school... or college? Send us a photo, and we'll publish it in Alive! Make sure you tell us:

- The name of the graduate.
- The school from which they graduated. If a college, tell us their major.
- Their future plans (briefly)
- The name and department of the Club member they're related to (and how they're related)

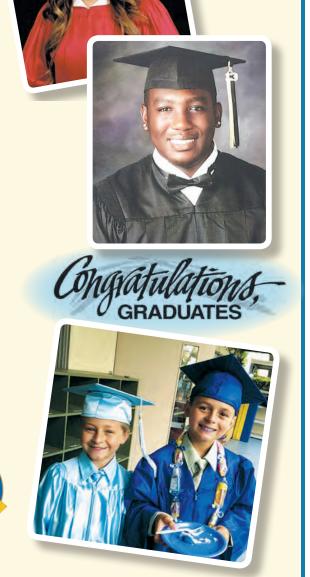
Digital photos are preferred. Send them to: talkback@cityemployeesclub.com

If you have a paper print, send a duplicate (we prefer you not send the original) to:

Grad Photos City Employees Club of Los Angeles 120 West 2nd Street Los Angeles CA 90012

Print photos will be returned within two months after publication if you request it, and if you write your name and address on the back.





Story and photos courtesy Ralph Morones, Director of Construction and Maintenance, Airports

Goodbyes to Gulla and McHugh

Tim Gulla, Tom McHugh retire from Airports after nearly 30 years each of City service.



At the retirement celebration for Tom McHugh and Tim Gulla.





Tom was accompanied by his wife, Teri, and their two daughters, Traci and Taryn. Tom completed 29 years of service to the City. He started in Rec and Parks as a painter and worked there for 13 years. He worked at LAX the remainder of his career as the Paint Shop Supervisor and then as a superintendent managing the Recycle program at LAX and the Airfield Marking program in his final years.

Tim was accompanied by his wife, Ileen. Tim also completed 29 years of service to the City. He started his career as an Equipment Mechanic in General Services. He eventually was promoted to Heavy Duty Equipment Mechanic. At Airports, he was promoted to Airport Maintenance Supervisor and worked at Ontario Airport. He eventually was promoted to Airport Maintenance Superintendent with responsibility for crews who manage all pavement surfaces at LAX.

Both Tom and Tim plan to travel and enjoy their retirements with their families. Airports has lost two talented and long-tenured individuals who set standards for professionalism and were a shining example to their subordinates and supervisors.





















DWP

Congrats, Randy!

Randy Howard retires from the DWP to take a position in Northern California.

ongratulations are in store of randy Howard, who retired from his position as Sr. Assistant General Manager, Power, DWP, to become General Manager at Northern California Power Agency.

DWP colleagues, friends and family held a going-away open house Jan. 29 in the JFB executive conference room.

Randy has more than 30 years of experience in the



Retiree Randy Howard, DWP, with his son, Andrew, and wife, Lisa

industry, and many of those as an executive at the DWP. As Sr. Assistant General Manager, he led more than 5,600 employees and managed more than \$10 billion in assets.

In addition to leading the Power System, he led the DWP's Customer Service Division, represented the utility in local, state, and federal policy areas, worked closely with labor unions, and represented the utility before rating agencies and investor groups. In recent years, he had overseen several critically important initiatives at the DWP, including the transition of the utility's resource portfolio away from reliance on coal-based resources. Good luck, Randy!



John's -Picture Perfect Contest

John Hawkins, Club CEO



"A refurbished Long Beach dock."

Victor Ladd, LAPD

John's comment: Nice work, Victor - a spectacular sunset with perfect framing of this new dock. Well done!



"The photo was taken in the Melk Abbey, in the Wachau Valley overlooking the Danube River. I went on a cruise of the Danube River during Thanksgiving with my travel club, Big Buddha Travel Club. The Christmas Markets were beautiful and the cruise as smooth as glass. The last day we had snow in Nuremberg to top off a great

John's comment: Deborah, I love this picture. You caught the monk at just the right time. It looks like a National Geographic image!





"I captured this beautiful picture of the sun setting off the coast of San Pedro!"

- John and Elena Sousa, **Airport Police, SACU**

John's comment: John and Elena, my favorite part of this picture is how the two silhouetted palm trees and the cliffside add to the dramatic nature of this view. Well done!

"I had the opportunity to visit Paris last April, and when I was on top of the Arc de Triomphe, I looked down a glass opening and took this picture. I like shadows."

- Rose Serrato

John's comment: Rose, what a unique and different perspective of the Arc de Triomphe – this reminds me of a unique entry many years ago of a close up of the rivets on the Eiffel Tower. Well done and good eye!

- Debora Fore, PCP II, Retired, LAPD



RULES:

- The contest is open to all Club members in good standing. Non-members are welcome to submit, but only Club members are eligible to win the monthly prize.
- · If your photograph does not win, you are welcome to re-submit.
- Winners are chosen by Club staff. All decisions will be final.
- · You must certify (if asked) that you indeed took the picture. No ringers!
- · Photos can be submitted either on paper or digitally. Please don't send both.
- If you want your print photo returned, please write your name, address and phone number on the back of your photo.
- Photos can be of any subject matter: vacation, portraits, families, landscapes, still lifes, pets, etc. Subject matter must be appropriate for
- · Paper prints can be mailed to: Picture Perfect Contest, Alive!, City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012
- When you send digital photos through the Internet, please send the full, original digital file yourself, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very lowresolution images, and they don't look good in
- · We want you to look your best, so send us the original digital file, please! Thanks!
- Digital photos optimally should be between 100K and 2 megabytes in size and may be e-mailed to: pictureperfect@cityemployees-
- The contest is all in good fun: The Club cannot be responsible for delays in delivering Alive!, or for delays in the transmission of responses.

Story courtesy Cabrillo Marine Aquarium **Earth Day For the Birds**

Cabrillo Aquarium hosts annual Earth Day Fair with focus on local birds.

lub Members are invited to join the 45th Cannual Earth Day Fair and Coastal Bird Fest at Cabrillo Marine Aquarium, Sat., April 18, with a day of free programs including a beach cleanup, demonstrations, information and activities. Participation options include joining the beach cleanup, grunion egg hatching, guided walks to the salt marsh and more.

Participants can help be a part of the solution by joining in a beach cleanup from 8 to 10 a.m., with supplies and refreshments pro-



vided. From 10 a.m. to 3 p.m., there will be exhibitor booths and presentations throughout the day to see what people are doing to help care for the earth. Musicians will share about the ocean through songs. Participants can learn about the coastal environment and take part in salt marsh open house, habitat walks, coastal bird walks and bird lectures from experts in the field.

During the spring, more than 100 species of birds can be found around the Cabrillo Beach

Coastal Park, including shorebirds, sparrows, raptors and more. Migrating birds utilize the wide variety of habitats in the Coastal Park for feeding and resting during their long journeys. The Earth Day and Coastal Bird Fest will celebrate the resident and visiting birds of this area, and their role in the environment.

Throughout the day the Aquarium will be open (until 5 p.m.) with opportunities to examine Southern California marine life, visit the touch tank, search the Virginia Reid Moore Marine Research Library for more information about local sea life, observe the newest arrivals in the Aquatic Nursery and investigate the interactive Exploration

The Aquarium is at 3720 Stephen M. White Dr. in San Pedro and is a Rec and Parks facility with support from Friends of Cabrillo Marine Aquarium. Admission is free; limited car parking at Cabrillo Beach is \$1 per hour. Information: (310) 548-7562 or www.cabrillomarineaguar-

Z00

Photo by Sherry Yuen-Ruan, Zoo

Honoring The Earth

Zoo celebrates Earth Day.

The Los Angeles Zoo and Botanical Gardens end expo spotlighting wildlife and the role it plays in the health of Planet Earth from 10 a.m. to 4 p.m. Saturday and Sunday, April 18-19.

Interactive stations throughout the Zoo will provide guests an opportunity to explore information and ideas about animal conservation and preservation, sustainable living for humans, recycling, and how to make Earth a better place to live



Earth Day at the Zoo helps teach humans

All activities are free with paid Zoo admission, which is \$19 for general admission (ages 13 to 61), \$16 for seniors (ages 62+) and \$14 for children (ages 2 to 12). No ticket is required for children under 2. Admission for Greater Los Angeles Zoo Association members is free.

The Los Angeles Zoo is located in Griffith Park at the junction of the Ventura (134) and Golden State (5) freeways. Free parking is available. For additional information, contact (323) 644-6042 or visit www.lazoo.org

Would you like a pen with your company's name on it? How about a coffee mug or a mouse pad?

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Rest **Insured** Vice President of United Agencies,

jeffg@ua-insurance.com

Renting a House or **Apartment**

One question people often ask is, "Should I bother buying an insurance policy if I only rent my home?"

The answer is yes! Not only is it an incredibly smart idea, but renter's insurance is also one of the least expensive policies you can buy! Most car insurance companies will give you a discount if you buy your renter's insurance from them, and the savings on your car insurance is often enough to pay for their renter's policy.

Renters insurance provides financial protection against the loss or destruction of your possessions when you rent a house or apartment. If you rent a house or apartment and think that your landlord is financially responsible when there is a fire, theft or other catastrophe ... think

Your landlord may have insurance to protect the building you are living in. But your landlord's policy won't replace your personal possessions or pay for your living expenses while the building is being repaired.

The only way to protect yourself financially against disasters is to buy a renters insurance policy.

Renters Insurance includes three basic types of protection:

- Personal possessions
- Liability
- Additional living expenses

Personal Possessions

Standard renters insurance protects your personal belongings against damage from fire, smoke, lightning, vandalism, theft, explosion, windstorm, water and other disasters listed in the policy. Floods and earthquakes are not covered. Separate insurance policies have to be

purchased to cover these disasters. To decide how much insurance to buy, you need to know the value of all your personal possessions including furniture, clothing, electronics, appliances, kitchen utensils and even towels and bedding. In other words, if your home were to burn, you should have enough insurance to replace all of your possessions.

The easiest way to figure out how much insurance coverage to buy is to create a home inventory (a detailed list of all of your personal possessions, with their estimated value). To help make this task easier, the Insurance Information Institute offers free Web-based software, which you can find at www.knowyourstuff.org. An up-to-date home inventory will also make filing an insurance claim faster and easier.

Liability

Standard renters insurance policies provide liability protection against lawsuits for bodily injury or property damage that you or your family members cause to other people. It also pays for damage your pets cause.

So, for example, if your son, daughter or dog accidentally ruins your neighbor's expensive rug, you'll be covered. However, if your children or pets destroy your own rug, you will not be covered.

The Club's Auto and Home Insurance Partner

The liability portion of a renters policy pays for both the cost of defending you in court and for court awards, up to the limit of the policy. Liability limits generally start at about \$300,000. Some experts recommend that you buy at least \$1 million worth of protection.

You can also buy an umbrella or excess liability policy, which provides higher limits and broader coverage. Generally, umbrella policies cost between \$200 to \$350 a year for an extra \$1 million of liability protection.

The liability coverage in a renters policy is reason enough to spend the money!

Your policy also provides no-fault medical coverage. So, if a friend or neighbor is injured in your home, you can submit their medical bills directly to your insurance company. You can generally get \$1,000 to \$5,000 worth of this coverage. It doesn't, however, pay the medical bills for your own family or your pet.



Additional Living Expenses

Many people don't know that additional living expenses coverage, also known as ALE, is included in a renters insurance policy. If your home is destroyed by a disaster that your policy covers and you need to live elsewhere, renters insurance covers your additional living expenses. Policies will generally reimburse you the difference between your additional living expenses and your normal living expenses. ALE covers hotel bills, temporary rentals, restaurant meals and other expenses you have incurred while your home is being rebuilt.

There are two types of renters insurance polices:

- Actual cash value pays to replace your possessions minus an amount for depreciation (the reduction in the value of items due to age and use) up to the limit of your policy.
- Replacement cost pays the actual cost of replacing your possessions (with no deduction for depreciation), up to the limit of your policy. The price of replacement cost coverage is about 10 percent more than actual cash value coverage but can be well worth the extra cost. Don't buy any other kind!

Be safe and have fun!

Have a question?

Is there something about insurance that you've always wanted to know, but were too ashamed to ask? Maybe something that you've just always been curious about? Feel free to send me an email at ieffg@ua-insurance. com, and I will try to answer your question in one of our monthly columns

About United Agencies

United Agencies is the Club's partner is helping members with their home and car insurance, and related products. Feel free to call us with any questions about rental cars, auto insur-ance, or any other topic. We specialize in creating personal relationships with our customers, and serving their needs in a prompt, efficient and friendly manner.

Call our office today at (888) 801-5522

Check out the City Employees Club page on the United Agencies Website: www.ua-insurance.com/city-club

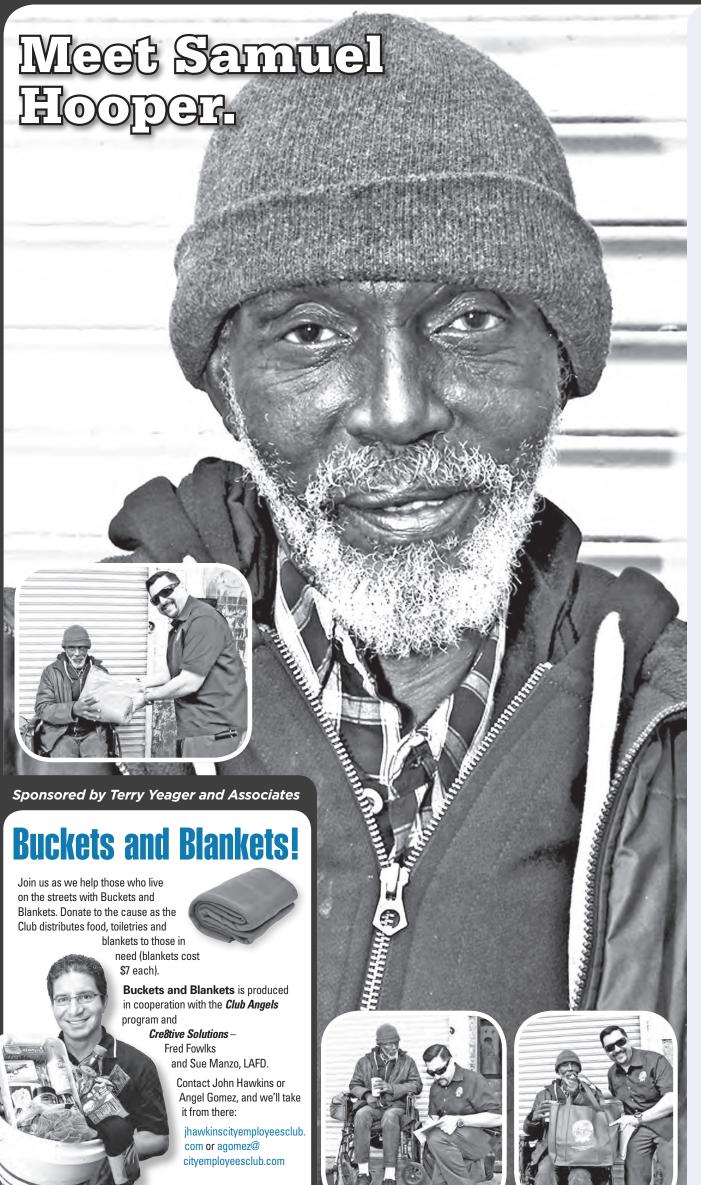
AND BLANKE

 $\{$ Who are the people you see every day? $\}$

No. 72 in a series.

People We See

an interview on the streets downtown



CRE 8 TIVE OLUTIONS AGE: "I'm 66."

BIRTHPLACE: "In sunny San Diego, homie!'

MARITAL STATUS: "Never been married."

FAMILY: "I have three sisters, and

we get along just fine." PARENTS DIVORCED? "No."

EDUCATION: "Up to high school. I got my diploma."

MILITARY SERVICE: "Nope. Never

thought about joining.'

PLAYED SPORTS? "Sure did. I played football, basketball and baseball." TROPHIES/AWARDS: "I got a few for

baseball, but I can't remember what they were for. Let's just say I got one for being the MVP." WHEN MOVED TO LA: "1967."

WHERE DO YOU LIVE? "I am homeless. I don't live anywhere ... just here and there."

RELIGION: Pounding his chest: "I am Muslim."

MEDICATIONS: "Sure. Plenty of 'em." **FAVORITE MOVIE:** "I don't have one."

FAVORITE TV SHOW: "Do I look like I watch TV?" He laughs. **FAVORITE ACTOR:** "I have three

- Denzel Washington, Steve McQueen and my man, the white fighter Steven Seagal."

FAVORITE ACTRESS: "I don't have one, but I can tell you that Pam Grier wouldn't make the list she can't act."

FAVORITE FOOD: "Lamb chops, steaks and prime rib." **FAVORITE CANDY: "Anything** chocolate."

FAVORITE MUSIC: "Jazz."

FAVORITE PLACE IN THE CITY: "Compton is cool."

LAST JOB: "I was a custodian for a spell."

HIS STORY: "I became homeless in 1999 when my mother died. Losing her took me down in a bad way, and I started using drugs.

Here I am." WORST PART OF SLEEPING ON THE STREET: "The danger. You don't

know if you are going to wake up because someone is going to kill you. The other thing that I have worry about is the cold weather." LAST THING EATEN: "You just saw me, homie - a chocolate chip cookie."

MOST PRIZED POSSESSION: "My wheelchair. I need it to get around.

HOW TO HELP THE HOMELESS IF YOU **WERE MAYOR:** "I would make more shelters with quality services." IF YOU HAD \$1 MILLION: "I would take care of my family - those who are left, of course."

IN FIVE YEARS: "Homie, please... I hope I am still alive."

ADVICE FOR EVERYDAY PEOPLE: "Every day is a new day. What happened yesterday is in the past. Give everyone a chance so that we all have better days in the future."

The Club gave Samuel a Bucket and a Blanket, a toothbrush and toothpaste, soap, two pairs of socks, shampoo, hand wipes, some food, \$20 and bottled water.

The interview, conducted by Robert Larios, took place Feb. 23 downtown.

In this monthly feature, Club CEO John Hawkins, Director of Sales Angel Gomez and VP of Operations Robert Larios, introduce you to people you see every day, but you might not know who they are. The Club reminds you that we all have names and stories to tell.

Away You Go, Howard



Howard Putnam retires from Airports after 41 years of City service.

oward Putnam, Landscape Shop Sr. Park Maintenance Supervisor, Airports, retired Jan. 24. He gave 41 years of service to the City at Rec and Parks and the last several years at LAX.

Howard was highly regarded for his leadership and supervision of a staff of 55 Gardener/ Caretakers and subordinate Supervisors and Seniors. His staff was cohesive, and everyone worked great together, which is attributed to Howard's ability to create a good working environment in his shop.

On Jan. 22, his crew, retirees, co-workers from Maintenance Services Division and Environment Services Division all gathered at the Maintenance Services Division Landscape Shop to enjoy a barbecue luncheon prepared by members of the Landscape Shop and served by women from across the Division.

The photos show the gratitude and appreciation exhibited from all of his co-workers and friends at Airports.

Thanks for your service, Howard!









At the retirement barbecue for Howard Putnam















City Employees Club of Los Angeles • Alive! The Smart BY PATRICK MILLER, Dearborn Insurance, The Club's Insurance Partner

Can Insurance Help The Healing Process?

Apotential to speed up the healing process, according to researchers. One of the greatest sources of stress during medical recovery is financial stress. Uncertainties about out-of-pocket medical costs, uncompensated time off from work, unexpected costs related to childcare, travel and spousal loss of income while caring for a sick or injured loved one can add up to significant financial psychological stress.

According to Janice Kiecolt-Glaser, a professor at the Ohio State University College of Medicine, groundbreaking research has shown that stress can slow wound healing, diminish the strength of immune responses to vaccines, enhance susceptibility to infectious illness, boost allergy symptoms, and reactivate latent viruses

Psychological stress can extend the time required to heal wounds by 25 percent or more. Studies in which researchers have measured the rate of the healing of wounds show that stress slows closure. For example, dental students took an average of 40 percent longer to heal a small, standardized wound made prior to exams, compared to an identical wound made during their summer vacation.

In contrast to the relatively mild and predictable stress of academic examinations, surgery is a high-stakes stressor, and people's anxiety levels before surgery

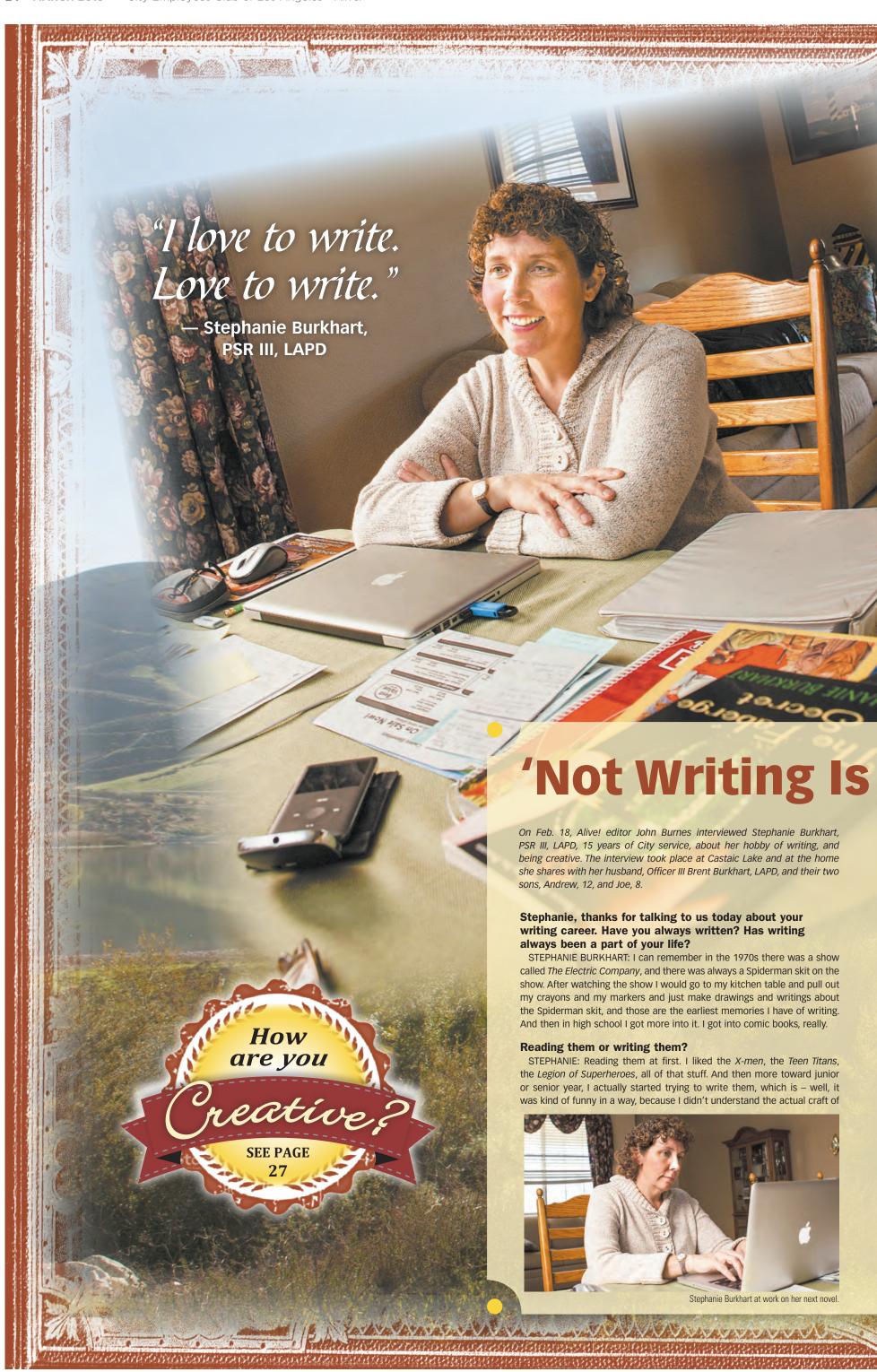
nything that can reduce stress has the are often very high. After surgery, anxiety and depression can make pain worse—and pain is certainly another stressor that can slow your healing.

> The immune system plays a central role in wound healing, and stress alters your immune system's ability to heal wounds. Cortisol, one of the hormones that is very responsive to stress, is a factor. Stress-induced elevations in cortisol interfere with activities important for wound healing, including the production of proinflammatory cytokines at the wound site that are important for the early parts of the healing process.

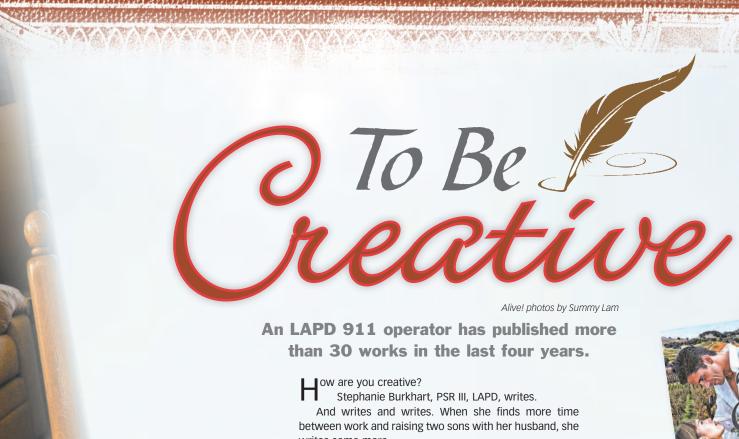
> If one can eliminate or minimize the financial stress associated with critical illnesses and accidents, the research shows that the healing process speeds up. Insurance products like critical illness insurance and accident insurance can provide thousands of dollars to help cover the costs of those unexpected and sometimes overwhelming expenses.

Patrick Miller represents Dearborn Insurance, the Club's new partner for three areas- critical illness insurance, retirement income and accident medical expenses. Currently, the Club offers three Dearborn products: the Security Builder Plan, the Timber Ridge Critical Illness Plan, and Accident Medical Expense Plan. Ask your Club Counselor for details Contact Dearborn National at (888) 443-8829.





Alive! Feature



writes some more.

All City Employees have main responsibilities to their careers and their families. But many, like Stephanie, have hobbies to do what their heart compels them to do. They are creative because they must be.

From her home, Stephanie has written more than 30 books and short stories. She writes a blog, and she plans to keep on writing. Because, as she says, she just has to. If she didn't, she says, she would feel

Read the interview with Stephanie, and be inspired to get going and express yourself creatively through music, drama, writing, dance, volunteering ... whatever the muses dictate. And be sure to let us know how The Giving Meadow you are creative!



Some of the many books written by Stephanie Burkhart, PSR III, LAPD.

Weird The Alive! Interview

writing, and then I wrote some when I was in the Army. I wrote a story about an American corporal who goes to Berlin on the Berlin orientation tour, and the train is derailed in the middle of East Germany, and she has to make her way to Berlin. I initially self-published that very early on, but then I took it off the shelves because I want to do some more work on it.

And when was that?

STEPHANIE: 2001. That was my first real story that I put together, and I do intend to get back to that as soon as I finish all of my other commitments. I want to polish it off and then resubmit it.

How did you get your first novel published IN ZUTU?

STEPHANIE: I took The Wolf's Kiss, which was one of my short stories and expanded it. I had written it in the first person, and I sent it to several publishers. Desert Breeze showed an interest in it. But they said they wanted me to write it in the third person using not only the heroine's perspective, but the hero's perspective, too. I said okay. So I went back, and it took me maybe about four or five months to retool it and change the point of view. I resubmitted it to them. They said they loved it. "We'll take it."

Wow.

STEPHANIE: Shortly after that I wrote The Giving Meadow. At the time I was teaching at my church. They wanted a play that they could put on at Easter to teach the little ones about the transformation Jesus goes through. And the only thing really that is even close to that is a caterpillar becoming a butterfly, and children understand that. So I wrote this play about this caterpillar that travels through a meadow and he learns to share and care. At the end he

becomes a butterfly and everybody still likes him. So I showed that to one of my friends on writing. com, and I didn't realize that she was actually the publisher of 4RV. I said, hey, what do you think of this? Do you like this idea? She said, "Oh my God. I love it. I want to publish it." It was a nice surprise. So I said, okay, sure. Most of my children's stories come from my ideas from working with the kids at the religious education program at my church.

Which is ...

STEPHANIE: St. Kateri Tekawitha in Valencia.

Got it. Let's talk about some numbers here. How many works would you say you have had published, whether they're novels or short stories that are parts of anthologies.

STEPHANIE: That's a very big number!

That's exactly why I'm asking.

STEPHANIE: I'd say at least 30, in that ballpark.

I think on Amazon alone there are 32, yes.

STEPHANIE: Yes. I know I have about 13 novels with Desert Breeze. I have three children's books with 4RV, and I have maybe six or seven short stories with Victory

I also saw that you're on iBooks. You're in the Apple ecosystem, but not as many as there are on Amazon.

STEPHANIE: No. It all depends on the distribution. I

don't understand distribution that well. The publisher is in charge of contacting distribution outlets. Victory Tales Press, I think, is actually very good. They hit up Smashwords. They're on Kobo.

Now, everything that I found on Amazon, this is all since 2010. You self-published one but then you removed that. So everything that's available now has been only since around 2010. That's a lot of output. That's only four years and two months or something, and yet it's 32 things.

STEPHANIE: I love to write.

That's amazing. You're very productive.

STEPHANIE: I love to write. Love to write. I've slowed down a bit lately due to other commitments.

And you have a family.

STEPHANIE: Yes.

Styles and Inspiration

How many publishers do you work with? STEPHANIE: Right now, I'm working with three.

For your different genres.

STEPHANIE: Right. Desert Breeze is for my romantic novels. Victory Tales press is more for my romantic short stories. And then 4RV is for my children's books.

One of your genres is steampunk?

STEPHANIE: Yes, that's with Desert Breeze. The hero and the heroine travel back through time and they're in Queen Victoria's era. Steampunk

— CONTINUED, PAGE 26

The Alive! Interview

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— CONTINUED FROM PAGE 25



is interesting because everything in the Victorian Era that they would consider futuristic has already happened. So you kind of have to think about what's futuristic as what's already happened that didn't happen back then, like dirigibles. Or fancy goggles where you can see at night.

Are there any sort of genres that you want to try?

STEPHANIE: Yes and no. I love reading historical romances and I would like to try it, but I don't think my voice is there. Anything earlier than Queen Victoria I don't think I could do. It's a challenge. I don't understand the subtle nuances. I would call it a purse where somebody long ago would call it a reticule. I would have to do a lot of research on it, and I don't want to spend that much time researching. I want to write.

And other than your children's work, most of you what you write is romance, is that right?

STEPHANIE: Most of it, yes.

Why do you feel naturally drawn to romance? How does that inspire you?

STEPHANIE: What I like about romance is that it's hopeful. I think there could be a lot more hope in the world. When you get to the end of the romance, the hero and the heroine are going to be a couple, and they're going to ride off into the sunset, so to speak. It just leaves you with a good, happy, hopeful feeling. That's what I like about it.

Sitting on the bench or walking by the lake, how does that inspire you?

STEPHANIE: It slows me down a little bit, and I think I need to be in a little bit of a slower pace because I've got a very fast-paced life. I work. I've got the boys. I'm into scouting. And I teach religious education for my church.

What I like about spending time at Castaic Lake is I get to slow down and hang out with my thoughts for a little bit, to develop ideas. I don't have to worry about somebody coming at me saying I need you to do this right now or you have to get this done, right now. I can just kind of sit there and relax and smell the air and look at the view, and the thoughts come to me.

Awards and Opinions

To make sure we're complete, tell us all of the awards and citations and honors that you've achieved.

STEPHANIE: Oh, bless you. Prior to publishing in 2010, I participated in a lot of Writer's Digest writing competitions. One goes back to 2006 - an honorable mention for my short story, The Music Box, a horror story. Another one is Red Paint Crimson Blood the following year, another horror story. This one is based on Dracula, and I really had a fun time researching and writing

I received two other awards for a Writer's Digest genre popular fiction. One was a romance called Wolf's Kiss. I based The Hungarian off of it. And one was a suspense thriller. It's called The Pennemünde Secret, about a British lieutenant who snuck into Pennemünde when they tested the first V2 rocket in Germany.

I got another one for a horror story, The Watchtower. It's another Draculabased story.

I won eighth place in the writing awards for Spontaneous Decision for mainstream literary, not romance or a children's book. It's the only story inspired by my work at the LAPD dispatch center. It's about a dispatcher who has to make a decision about whether she wants to keep the job or move on to another job. It won eighth place that year in the mainstream. Very exciting.

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A Gentleman and a Rogue won the Gold Medal in the romance historical for Readers' Favorites in 2013.

The Count's Lair won second place in 2011 from Readers' Favorites. And the series Danube in Candlelight was a finalist in the romance, fantasy, paranormal category. My steampunk Victorian Scoundrel won bronze in the romance historical. And A Gentleman and a Rogue won gold in romance historical.

There are two more. The Wolf's Torment is only available as an e-book, but it won gold in fictional supernatural. And two years ago Made in America also placed 8th in the Mainstream/literary category from Writer's Digest.

What kind of feedback do you get?

STEPHANIE: Most of the reviews are very good. They're four or five stars. People really enjoy the stories. Occasionally you get a one star. I think I got a one star for The Hungarian. It said, "Too many sex scenes." For that, you just have to roll with it.

What kind of comments do people give you?

STEPHANIE: Gosh, basically, that they enjoy them. They like it.

I have some beta readers who I use at work, Amy and Kathy and Tiffany. I'll take my stuff to work and I say, hey can you read this, and they'll usually read it on a break or on some down time. They give me really raw feedback. "I like this character. I don't like this character because they did this." "If you want this character to be the bad guy, then keep him on this path. If you don't you might want to change this." "This scene works. This scene doesn't work." "You know, what you've got a typo here. Fix this." They really help me to polish off the story before I present it to the publisher.

What are you working on now for them to read?

STEPHANIE: I'm working on book four of my steampunk series, A Princess Is Always Right. Amy's gone through some of it, so her notes are in here.

Does anybody in the City know you do this?

STEPHANIE: Not that I know of. People at work know I do this. I do have a work permit. If you have a second job you have to file a work permit.

What suffers is actually my marketing because I'm so hands-on. I don't have much opportunity to market myself, and I have a limited budget. I've been targeting reviews through blog review tours.

What's next? Do you have any future commitments from your publishers?

STEPHANIE: This is my last contracted work - A Princess Is Always Right. It's due in April, and I'm almost there. Right now, it's at 50,000 words.

After that?

STEPHANIE: I'm going to keep writing. I have one that I put aside to finish because I knew it was due in April, and the other one didn't really have a due date. And once I finish that I'm going to start shopping it around to several other small presses.

You'd love for this to be optioned into a movie, right?

STEPHANIE: Oh my gosh, yes. I think all of my series - the steampunk series, Victorian Scoundrel, the Moldavian Moon series, the Budapest Moon series – all of them would make a great TV series or great movies. Trust

Finding the

How do you juggle your time? You've got a lot of things going on. How do you find time to be creative?

STEPHANIE: I started putting myself on a to-do list. I call it my organization list, and every day at the beginning of the day I'll write down what I've got to do. I check it off as I do it. If I don't do it, it goes on to the next day's list. And if it doesn't get done in two or three days it gets a big fat star, which means I've got to do it right now. I don't get to many big fat stars. But occasionally I get one.

When do you write? Do you write in the morning?

STEPHANIE: If I'm on an off-day I will write in the morning. But usually I write at night. The kids go to bed and I'll take an hour, and I really have to budget my time – an hour, no more, no less. And at work, when I have downtime, on my code seven, I might take a little time and write there, too. That's helpful because my work can be very stressful, taking back-to-back phone calls can wear you down mentally. Sometimes when I have my break I just want to write to relieve the stress.

How would you encourage other people to find that time to be creative?

STEPHANIE: You have to budget your time just like you budget money. Brent and I work out a household budget, and we really try hard to stick to it. I find you have to do that with time, too. I know that sounds weird, but that's what my lists are all about.

I would also say, if you want to write, or if this is a path that you're interested in, be a reader first and read everything. Read horror stories. Read fiction. Read biographies. Read Stephanie Plum and Janet Evanovich. Just read a whole variety and find out what you really like to read.

What do you read?

STEPHANIE: Right now I'm reading Janet Evanovich, and I'm reading The Death Cure by James Dashner. It's more like a young adult teen story because my son Andrew is in that age group, and he likes to talk about the books he reads. So I read the books

And I'm on book three of George R.R. Martin's Game of Thrones series, Storm of Swords.

There's a lot to read with Game of Thrones.

STEPHANIE: I love that series. It's wonderful.

To Be Creative

Alive! Feature

About Stephanie

Stephanie Burkhart was born and raised in Manchester, N.H. She served in the U.S. Army from 1986-97 in the Military Police Corps. She spent three tours overseas in Muenster, Fulda, Bad Hersfeld, and Hanau, Germany. She also deployed to Hungary in 1997 in support of Operation Joint Guard.

In 1995, she earned a Bachelor's degree in political science, magna cum laude, and was awarded the Outstanding Evening College Award from California Baptist University. After leaving the Army, she settled in California and in 2000 became a 911 dispatcher for the LAPD. She's a published author with Desert Breeze Publishing, Victory Tales Press, and 4RV Publishing. Her latest release is her children's book, Brady's Lost Blanket, with 4RV Publishing. She's married with two young sons and serves as a Den Leader for Cub Scout Pack 40 out of Valencia, and teaches religion at her church. Stephanie loves coffee, adores chocolate, and enjoys a good barbecue.

You can find her on the Internet at: www.stephanieburkhart.com

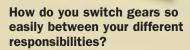


Let us know!

If Stephanie has inspired you to express yourself creatively, or if you already have a productive hobby, we want to know!

Send us a note about what you do to be creative, and submit a photo if you want. We hope to publish what we can in a future issue

Send your submissions to talkback@cityemployeesclub.com



Brady's

STEPHANIE: I don't know. I just do. I think it involves flexibility. If you're a naturally flexible person, it's easy to switch gears. But if you're not that flexible, or if you're more rigid, then it's harder for you. You have to be a naturally flexible person.



Does your family value this as much as you do?

STEPHANIE BURKHART

STEPHANIE BURK

STEPHANIE: The boys really get a kick out of my children's books. My husband really liked the illustrations in The Giving Meadow.

Is this something that you would want to do full-time?

STEPHANIE: Yes! That would be great. If I could just live in my head and write my stories I'd be happy.

You'd sell something to Hollywood and then you'd be able to buy a lake house and spend time up there. I've got your whole life planned out for you! Do you have long-range

STEPHANIE: I would like to retire from the City, and then just go out and see the rest of the world that I didn't see when I was in the Army.

Why Write?

Why do you write?

STEPHANIE: I don't know. I write because there's this little niggling thing inside me, a feeling that says I must write. If I don't write I feel weird. It's hard to explain. If you get into the habit of doing something and then you don't do it, you feel weird. It's always been with me that I've always been compelled to do it. If I don't write I really feel off my game.

Do you write every day?

STEPHANIE: I try to write a little something every day. I've been focusing on blog work and trying to be a little bit more active on my blog. I think today's blog entry is about the Girl Scouts and Girl Scout cookies.

How can people find your blog?

STEPHANIE: It's sgcardin.blogspot.

What's the hardest part about

STEPHANIE: Finding the time. I've got plenty of ideas. Trust me, I've got a notebook with them.

Can you imagine your life without being creative?

STEPHANIE: No. I think I'd be very boring or I'd feel like I'm a very boring

Where does your creativity come from? Does it come from the hopefulness that you mentioned earlier?

STEPHANIE: Perhaps. I don't really

It's not easy to talk about creativity, especially when you're humble, as you are.

STEPHANIE: Right now, I'm a little overwhelmed.

You haven't thought that much about it?

STEPHANIE: No, because I think it comes so naturally.

Stephanie.

STEPHANIE: Thank you.



Right. Thanks for your time,



Honorable Mention

CHILD	AGE	PARENT/GUARDIAN	DEPT
Milana Mihalak	1	Gary Kenton	General Services
Alie Diaz	2	Jose Diaz	Transportation
Rebecca Grimm	2	Emma Grimm	Building & Safety
Morgan Rowley	2	Jaren Rowley	DWP
Sophia Anne Aubin	4	Michael Aubin	DWP
Kayla Avellaneda	4	Roberta Avellaneda	LAPD
Abbigail Cadby	4	Melissa Cadby & Ed Wold	DWP
Emma Christopher	4	James Christopher	DWP
Megan Dormani	4	Sharon & Farhad Dormani	DWP
Aaron Grimm	4	Emma Grimm	Building & Safety
Milo Parish	4	Kendra Parish & Ed Wold	DWP
Natalia Romero	4	Eloy Mendoza	Rec & Parks
Saylor Rowley	4	Jaren Rowley	DWP
Scarlett Esparza	5	Trinidad Quiroz	LAPD
Leahanna James	5	Maria Aguiniga	City Council
Piper Janovec	5	James Janovec	Airports
Matthew John Lansan	g 5	Leann Lansang	LAPD
Malia Murga	5	Vicky Chan	Retired
Samantha Smith	5	Derek Smith	LAPD

CHILD	AGE	PARENT/GUARDIAN	DEPT
Colin Taylor	5	Real & Barbara Paradise	Retired
Ethan Alvarado	6	Carlos Alvarado Chavez	DWP
Jackson Cadby	6	Melissa Cadby & Ed Wold	DWP
Thomas De Arco	6	Kevin Wilson	Retired
Jade Renet Glenchur	6	Mark Glenchur	LAFD
Leah Grimm	6	Emma Grimm	Building & Safety
Brooklyn lasparro	6	Dominick lasparro	LAPD
Dallas Loera	6	Rigoberto Loera	Public Works
Sarah Lucero	6	Jose Lucero	DWP
Hector Damien Meza	6	Hector Meza	General Services
Emerson Parish	6	Kendra Parish & Ed Wold	DWP
Anthony Vasquez	6	Suzy Vasquez	LAPD
Rebecca Wamsley	6	Steve Wamsley	Rec & Parks
Marcos (Herbert/Aguirre)	6	Amber Herbert & David Aguirre	LAPD
Gianna (DiGiorgio)	6	Irene DiGiorgio	Retired
Rosasalyn Glenchur	7	Mark Glenchur	LAPD
Madison Kuzichev	7	Alfred Kuzichev	LAPD
Bella Lopez	7	David Lopez	DWP
Olivia Parish	7	Kendra Parish & Ed Wold	DWP

Look for our next contest in the April edition of Alive!

Congratulations to the of our Club Coloring Contest!

Congratulations to the winners of Alive!'s last coloring contest. Everyone who turned in a design is a winner in our opinion! But our top four participants win 4 Free Tickets to SeaWorld!





Allison Kim, 10

• BIRTHDAY: April 6 • FAVORITE TV SHOW: The Nature Channel • FAVORITE SNACK: Yogurt • BEST FRIEND: Sofia • WHY DO YOU WANT TO GO TO SEAWORLD? I want to go because I want to see orcas and fishes. PARENT: Yang Kim, DWP



Melanie Thongthoi, 11

 BIRTHDAY: December 23 • FAVORITE TV SHOW: "Futurama" • FAVORITE SNACK: Chips • BEST FRIEND: Angie • WHY DO YOU WAN<mark>T T</mark>O GO TO SEAWORLD? I want to go to this park because I have never been there and I rea<mark>lly</mark> want to see all the amazing shows. • PARENT: Manasporn Khantisiri,

Honorable Mention - continued

HILD	AGE	PARENT/GUARDIAN	DEPT	CHILD	AGE	PARENT/GUARDIAN	
m&a Brewster	8	Mark Brewster	LAFD	Airika Ritter	10	Kenneth Ritter	
Alexa Espiritu	8	Jose Espiritu	Public Works	Kennady Rowley	10	Jaren Rowley	
Kirra-Tatsu Hackett	8	Robin Odell	Retired	Angelina Amie	11	Lawrence Amie	
Amy Lindsey	8	Brian Lindsey	Public Works	Lisset Duarte	11	Mario Duarte	
Giovanna Pemble	8	Gail Staugaard	Retired	Katie Garcia	11	Tatiana Garcia	
Addison Sousa	8	John Sousa	Airports	Gregory Hernandez	11	Mark Hernandez	
Julia Taylor	8	Real & Barbara Paradise	Retired	Jordyn Jiron	11	Robert F. Contreraz	
Jerina Valencia	8	Hugo Valencia	Airports	Briana Lucero	11	Jose Lucero	
Sophia Vazquez	8	Suzy Vasquez	LAPD	Maryam Mala	11	Saeed Mala	
Angelica Barraza	9	Ramon Barraza	DWP	Marcus Ortega	11	Renee Ramirez	
Sydney Hernandez	9	Eduardo Hernandez	Rec & Parks	Alyssa Pantoja	11	Daniel Pantoja	
Giancarlo Lombardo	9	Grace Gonzalez	Retired	Michelle Lynn Perkins	11	Kimberly Perkins	
Jaelyn Parish	9	Kendra Parish & Ed Wold	DWP	Jacob Campos	12	Juan Campos	
Lucas Plascencia	9	Gustavo Plascencia	City Attorney	Peter Otoshi	12	John Otoshi	
Arianna Roberts	9	Elaine Tanaka & Kendall Roberts	Retired	Brandon Roberts	12	Elaine Tanaka & Kendall Roberts	
Victor Tario	9	Jenipher Quintanilla	Airports	Shawn Jackson	13	Phyllis Massey	
Raymond Trinh	9	Thai Viet Trinh	Public Works	Gabriela Lucero	13	Christopher Lucero	
Leilani Willard	9	Amy Willard	DWP	Am&a Salamanca	13	Emilio Salamanca	
James (Khan)	9	Musa Khan	City Clerk	Lily (Cruz)	13	Mavdoqueo Cruz	





From left: Dan Eason, Retired, 30 years of City service and Greg Zuniga, Sheet Metal Supervisor, 25 years, enjoy



Robert Larios, the Club's Vice President of Operations, congratulates Glenn Carlisle and presents him with an award from the Club.

From left: Jorge Mendez, 25 years of City service; and Mike Spaleng, **Building Repair** Supervisor,



DWP

Photos by Robert Larios, Club Vice President of

Goodbye, Glenn

Glenn Carlisle retires from DWP after 30 years of City service.

riends, coworkers and family held a retirement event Jan. 29 for Glenn Carlisle, DWP, Club Member, who retires with 30 years of City service

The party was held at the DWP North Hollywood Yard.

Glenn plans to golf, go fishing, and then move to Texas with his wife, Susan. He wishes everyone happiness and leaves the DWP by saying, "Enjoy your work in the department.

Congratulations, Glenn! Enjoy your retire-

The Club thanks Tito Valente, AC Mechanic Supervisor, for his assistance



From left: Carlos Gomez, Construction and Maintenance Superintendent, Operational Support Services Division, Field Operations, 31 years of City service, with Glenn Carlisle



Louie Lozano of IBEW presents an award to Glenn Carlisle



From left: Gabriel Garibay, AC Foreman. 9 years of City service; and John Griffin, AC Mechanic,



From left: Tito Valente and Glenn Carlisle

From left: Scott Bestwick AC Mechanic 25 years of City service; and Bill Redmond, AC Foreman





BOARD-WALK **FUN!**

Get a Club deal on an old-fashioned good time.

- SEE PAGE 45



PAYROLL OR PENSION DEDUCTED

Funeral Pre-Planning Service

Pre-funding your funeral is easy to do. You've probably already thought about who should receive cherished possessions and how you want your funeral arranged. With the help of a funeral service professional, putting your final wishes down on paper is as easy as having a conversation with a close friend.

- Available to Club Members, Spouses, or Domestic Partners.
- Your coverage is portable. If you leave the City or DWP, you can take your coverage with you.
- Paid off in 7 years.

Leave your kids the house, the jewelry, the photos ...but not this.



Select From Participating Funeral Homes

Angeleno Mortuary Van Nuys, CA

> Angeleno Mortuary N. Hollywood, CA

Lorenzen Angeleno Mortuary Reseda, CA

> **Crawford Mortuary** Northridge, CA

Woods-Valentine Mortuary Pasadena, CA

Cabot & Sons Pasadena, CA

Inglewood, CA

Inglewood Mortuary

Hawthorne Mortuary Ingold Chapel Fontana, CA Hawthorne, CA

tsy@cityemployeesclub.com

Tiffany Sy **Club Member Services Counselor** Getting started is easy. I can help you right away! (800) 464-0452



LAPD Chief's **Party**

ere are Capt. Andy Neiman and Ian M., LAPD, at the LAPD's Chief Beck's Ball, held Nov. 22 at the LA Hotel downtown.



Christmas Cat

Jim Booth, Retired, took his cat, Seemore, to see Santa. Hope you got all you wished for,



Story and photos by Dalila Vielma, Club Counseloi

LAPD Civilian Wellness

APD's new Civilian Wellness/Memorial Foundation held its second annual LCycling for Santa and Elf Walk Dec. 9.

The event was a fundraiser to benefit civilian LAPD employees and their immediate family members who have experienced unforeseen catastrophic circumstances, including death, illness and injury.

At this year's event, there were several cycling Santas traveling from the LAPD 911 Dispatch Center in the West Hills area of the San Fernando Valley to the finish line at LAPD HQ.

The other event was an "Elf Walk," a three-quarter-mile walk through the Civic Center area of Downtown Los Angeles. The finish line was in front of LAPD HQ, and everyone present was able to partake in homemade chili, indulge their sweet tooth with cookies or other holiday treats, and a little seasonal shopping at the participating vendor booths.

The Los Angeles Kings Ice Crew and a rockin' DJ were also on hand to join in the festivities! Donations were tax deductible, and all proceeds will go to the Parker Foundation's Civilian Wellness Program to support the civilian personnel facing catastrophic financial circumstances.



~ Part 3 ~ special Holiday Party Section

The City

Here in March, Alive! concludes its coverage of the City Social Season 2014, with stories and photos from Club staff ... and sent in by you, too.

Enjoy the memories!





The City Parties!



Top, from left: Miguel Torres, Clerk, 8 years of City service, Club Member; Seretha Wong, Clerk Top, from left. Milguel Tories, Clerk, o years of City Service, Club Member; Seretna worlig. Life Typist, 3 years; Lydia Marquez, Clerk Typist, 19 years, Club Member; and Maria Vite, Office Manager, 15 years, Club Member. Bottom: Pierre Riotoc, Special Events, 9 years; and Jenny Clerk Typist, 2 years. Galandeynes, Clerk Typist, 2 years.



From left: John Tuso, Plumber, 13 years of City service; and James Perry, Plumber, 5 years.





Cindy Serrano, Delivery Driver, 9 years of City service, Club Member; and Mike Sakamoto, Director of Systems,

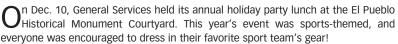


From left: Ceola Beard, Custodian, 25 years of City service, Club Member; Rosie Moore, Sr. Clerk Typist, 13 years; Sylvia Moran, Sr. Clerk Typist, 20 years; and Beth Wendt, Plumbing Supervisor, 10 years, Club Member.



Story by Noelle Kauffman, Club Member Services Coordinator; Photos by Dalila Vielma, Club Counselor

General Services



The lunch consisted of a variety of sandwiches, chips, sodas and cake for dessert. There was also a photo booth, raffles and sports games, which included ping pong, a basketball-throwing contest and a football-throwing contest.

General Services definitely knows how to throw an awesome holiday party! Thank you for inviting the Club to join in on the fun festivities!



From left: Deborah Ramos, Assistant General Manager, 29 years of City service; and Tony Royster, General Manager, 21 years, Club Member.



From left: John Trevgoda, Chief Management Analyst, 23 years of City service, Club Member, and Eric Robles, Sr. Management Analyst for Directory of

Special Services, 15 years.



From left: Jon Johnson, Supervisor, 16 years of City service, Club Member; David Taque Jr., Equipment Mechanic, 8 years; Carlos Vasquez, Welder, 9 years, Club Member; and Thomas Ruiz, Auto Repair, 9 years, Club Member.



From left: Paz Sagun, Chemist, 14 years of City service; and Ricardo Aguilar, Materials Testing Technician, 3 years.



From left: Greg Tonkin, Plumber, 15 years of City service; and Mark Roussel, Construction and Maintenance Superintendent, 20 years.



From left: Lexi Galaz, DMO II, 8 years of City service; Gerald St. Onge, Director, 20 years, Club Member; and Tim Ochoa, Carpenter, 6 years.



From left: Robert Garcia, Auto Painter, 27 years of City service; and David Hales, Welder, 17 years.



From left: Jesse Adams, Laborer, 10 years of City service; and Richmond Aulisio, Carpenter, 2 years



From left: Al Griffin, Truck Operator, 18 years of City service; Kevin Reaux, Truck Operator, 28 years, Club Member; Froilan Gamez, Delivery Driver, 5 years; and Ray



Bino Sambrano, Maintenance, 1 year of City service.



Clerk, 8 years of City service.



From left: Sean Anderson, City Craft Assistant Electrician, 5 years of City service; Robert Mayorga, Electrician, 14 years; and Herman Smith, Flectrician 14 years



Beth Wendt, Plumbing Supervisor, 10 years of City service, Club Member; and Art Flores, Plumber, 8 years.



From left: Allen Pavalella, Plumber, 16 years of City service; David Shubin, Plumber, 6 years, Club Member; Don Hoffman, Water Conservation, 3 months; and Gerardo Vejar, Plumber, 3 months.



From left: Jorge Esparza, Materials Testing Tech, 15 years of City service; Eddie Bernache, Materials Testing Tech, 15 years; Jesus Barajas, Materials Engineering Assistant, 15 years.





Story and photos courtesy Maurice Hyett, Construction and Maintenance Supervisor

General Services: Construction Forces/Building **Maintenance**

Construction Forces and Building Maintenance Divisions held their annual holiday party, "a celebration steeped in tradition," Dec. 23. The big party was held at Piper Tech. The well-known party contained much fun, songs, families and Christmas cheer.

As strong tradition would dictate, General Services/Building Maintenance and Construction Forces Divisions pulled off another enjoyable annual holiday potluck party. Activities included the traditional panoramic group photo, winter potluck holiday feast, raffles, contests, prizes, treats, Santa's arrival, an LAFD Fire truck tour and show, and LAPD

Special thanks also go to the following, for their generous support and extra help with the event:

- David Paschal, Assistant General Manager, General Services
- George Yamanaka, LAPD Motor Transport Division
- Mike Goodrich, LAPD Motor Transport Division
- Lt. Robert Binder, LAPD Air Support Division, Piper Tech
- LAPD Air Support Division, Piper Tech heliport, and all its generous staff
- Capt. George Perez, LAFD
- LAFD Fire Station 4 and all its Firefighters and staff, and
- Robert Larios, VP of Operations, City Employees Club, representing Alive!

The Club thanks Maurice Hyett, Construction and Maintenance Supervisor II, General Services/Construction Forces Division, for his assistance.































Transportation South LA Yard

> ransportation's South LA Yard held its Christmas lunch Dec. 17 at the yard on South Figueroa St.

Photo by Robert Larios, Club Vice President of Operation

Those attending hosted children from the 75th Street Elementary School. Each year the South LA Yard sponsors a toy and coat giveaway.

Special thanks to Yolanda Barnes for her assistance



From left: Armando Perez, RCTO, with guests Bethany Kemp



From left: Kevin House, RCTO and party coordinator, 7 years of City service, Club Member, and Danny Govea, RCTO, 10 years, Club Member



From left: Elsa Inclan, guest, and Armando Perez, Supervisor, 21 years of City service, Club Member.



From left: John Diaz, RCTO, 24 years of City service, Club Member; and Kimiko Diaz, guest.



From left: Lenore Jones, Supervisor, 37 years of City service, Club Member, with Trista Jones, guest.



13 years of City service, and Angie Salazar, guest.



From left: Tarras and Howard Cross, RCTO, 7 years of City service, Club Member.



From left: Sandy and Ray Cruz, Superintendent, 28 years of City service,



Elena and Danny Soto, RCTO, 9 years of City service, Club



coordinator, 7 years, Club Member.

From left: Karl Robinson, RCTO, 5 months of City

service; and Cheryl Robinson, guest.



Shawndy and David Carlson, Supervisor, 25 years of City service,





From left: Sally and John Elizondo, RCTO II, 9 years of City service, Club Member.



Story and photos by Noelle Kauffman, Club Member

Sanitation

From left: Guests Gary Sibert, Edith Sibert and Lori Sibert with Brian Sibert, RCTO II, 26 years of City service, Club Member.





Transportation/ Central Division

From left: Howard Cross, RCTO, 7 years of City service, Club Member; Cash

Russell, RCTO II, 20 years, Club Member; and Kevin House, RCTO and party

ransportation's Central Division held its end-of-the-year luncheon Dec. 10 Transportation. at Central Division.

There was lots of great food and good cheer to honor School on Wheels, the recipient of 2014's division toy drive.



Lt. Iral Turner, 25 years of City service, Club Member, with Kim Ellis, Traffic Officer, 25 years, and also the chef for



From left: Russell Flores, Warehouse and Tool Room worker, 15 years of City service, Club Member, and Julio Diaz, Traffic Officer II, 15 years.



From left: Brian Hale, Department Chief, 3 years of City service; Sharon Poland, Traffic Officer II, 24 years, Club Member; and Greg Sarelli, Chief, 3 years



From left: Leonardo Jeciel, Traffic Officer II, 17 years of City service, Club Member; Raquel Price, Traffic Officer II, 11 years, Club Member; Gregory Hill, Traffic Officer II, 18 years; George Concho, Traffic Officer II, 18 years, Club Member; Ernesto Onate, Traffic Officer, 20 years, Club Member; and Policarpio Canamaso, Traffic Officer II, 25 years, Club Member.



From left: Richard Garcia, Traffic Officer II, 28 years of City service, Club Member; and Liaz Pallares, Traffic Officer II, 15 years.



From left: Greg Sarelli, Assistant Department Chief, 3 years of City service; Brian Hale, Department Chief, 3 years, Club Member; Sharon Poland, Traffic Officer II, 24 years, Club Member, with Sarah and Charles of School on Wheels, the recipient of all the proceeds collected by employees from the



Gregory Hill, Traffic Officer II, 18 years of City service, won the first raffle prize. He's shown with Brian Hale and Janice Norwood



From left: Hurshal Booker, Traffic Officer II, 10 years of City service; Victor Hernandez, Traffic Officer II, 16 years, Club Member; and Jesus Lopez, Traffic Officer II, 18 years, Club

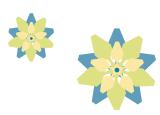








Life's Important Moments



Share your moments!

Did you get married? Have a baby? Get a promotion? We want to hear from you. Share your news with the world! Send all notices and high resolution photos with the appropriate information to talkback@cityemployeesclub.com or send paper notices and print photos to: Alive!, 120 West 2nd Street, Los Angeles, CA 90012

Welcome New Members!

The Club gives a great big welcome to these new members, who recently joined the Club:

*

New Members

Airports

Emeterio Fuentes Amber Hernandez Kaylee Smith

Animal Services

Lisa Del Campo Cynthia Hockman Denise Margarit

Building and Safety

Bryan Epstein

City Attorney

Steve Houchin

City Clerk

Howard Jones

City Council

Maria Souza-Rountree

CDD

Rodolfo Leyva

LAFD

Alex Barcelona Ivan Carmona Michael Cunningham Jesus De La Cruz Eric Dillon
Christian Erazo
Sean I'Anson
Michael Ketaily
Mark Lillenberg
William Peralta
Richard Ramirez
Dennis Roach
Larry Salas
Leonard Sedillos
Andre Voelker

General Services

Jesse Wong

James Westland

Dinesh Chaudhuri Chris Dukes Antonio Gutierrez Danny Mosqueda Irene Santana Anthony Smith II Than Tiet Silvia Valladares Octavio Vergara Alfredo Lagdamen

Harbor

Patrick Cella

Yolander Garner Sheila Gonzales

Housing

Ruben Gollas Nadine Shimoji

ITA

Duncan Angami

Library

Erin Devitt

Mayor's Office

Tyric Buchanan

Personnel

Margo Bell Carolyn Davis Maria Garza

LAPD

Geraldo Arrieta
James Bland
David Clark
Ryan Cooper
Francisco Duarte
Eric Esturban
Alan Gilmer

John Harrison

Jason Marquez Quinette Mcleod Claudia Negrete Rogelio Quiles Marisa Ramos

Abraham Rivera

Brenda Salazar Mark Sommer

Di Sun Debra Tinker

PW-Sanitation

PUBLIC WORKS

Jeffrey Difiore Gilardo Inclan Robert Savinelli

PW-Street Lighting

Cecillia Leanos

PW-Street Services

Thomas Earnest
Carlos Matamoros
Luis Uribe

Rec and Parks

Anthony Aguinaga Tammy Charro Bashirrah Creswell Joshua Hill Carmen Magana Juan Maldonado

Juan Maldonado Rafael Rodriguez Hilario Zepeda

Transportation

Wayne Beach Kevin Leony Jordan Smith Michael Soria Brandon Wilson

Retired

Luis Chavez
Dollie Guidry
Charley Mims
Cortez Norwood

DWP

Darla Adeoye Louis Chavez Regina Luna Terry Osier

Other

Kevin Alvardo Joel Amador Jr. Jason Basset William Bright Matthew Buzo Carlos Carcamo

John Cunha
Ricardo De Los Santos

Ricardo De Los Santos Horacio Garcia

Efrain Gonzalez
Brandon Gonzalez

Fernando Guerrero

Javert Johnson Jesse Kirby

Gloria Lee Alfrin Leggins

Andrew Lorton Sunny Nunez Jered Odrich

Leo Ortega Paul Payne Michael Puente

Heidi Roe Gabriel Solis Minor Stone

Patrick Toolis
Joseph Velasco



Special Achievement

 $Have \ you \ or \ your \ children \ recently \ achieved \ something \ special? \ Send \ to \ talkback@cityemployeesclub.com$



Here's to **Mike Bejerano, DWP**, who saved a life while on duty.

On Jan. 30, DWP employee Mike Bejerano was working in the Venice area. He was sent to pick up lunch for his crew. When he arrived at the store he saw a chaotic scene, so he checked to see what was going on. He saw a woman on the ground having a medical emergency. Her adult son was running around in distress because he did not know how to help his mother, another woman was praying, and another person was on the phone with a 911 operator. Mike had been given CPR training at work recently, so he stepped in to

help the woman on the ground. The 911 operator coached Mike while he was performing CPR. Mike helped keep the woman alive until the LAFD Paramedics arrived and took over.

Congratulations, Mike, for your quick thinking and assertive actions that saved the woman's life!

Peace of Mind

BY TIFFANY SY, The Club's Peace of Mind Expert tsy@cityemployeesclub.com

Pre-Planning for Funeral Expenses

Planning your own funeral or memorial service can provide peace of mind to you and your family. Advance planning allows you to design the exact type of service you'd like down to the very details, so that your friends and family celebrate you as you wish. And by letting your family know how you'd like your funeral or memorial service to be, they'll have less difficult and complicated decisions to make during an emotionally distressful time.

Generally, families having to deal with an unplanned funeral are left to second guess details and are required to make great financial decisions they may not be prepared for. The cost of an average funeral in today's industry can average tens of thousands of dollars. Most people do not have that much saved.

The Club's latest benefit involves advance planning, which allows City Employees, retirees and spouses to pre-

fund and pre-arrange for funeral services so your families don't have to. Packages include cremation or burial benefits and are backed by Homesteaders Inc., a national leader among funeral insurance companies and rated "excellent" by A.M. Best. Homesteaders provides an insurance funding plan that grows to help offset inflation, and coverage begins on day one of the policy effective date if the unthinkable occurs so that family members aren't stuck

with the entire bill. The Club has added the convenience of payroll/pension deductions to prefund final expenses over a seven year payment plan, and rates are locked so it does not

increase with your age.

Come see us at the
Club Store or inquire
by calling your Member
Services Counselor for
more details.



An Alive! feature



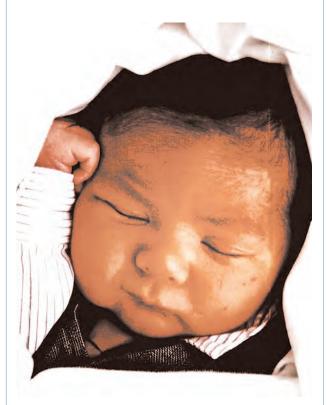
· Alive! In **The Military**

Graduations

Have a photo of a recent event? Send photo and the appropriate information to talkback@cityemployeesclub.com



Have a photo of a recent birth? Send photo and the appropriate information to talkback@cityemployeesclub.com



Miles James Medina, born Dec. 10 to Mark and Monica Medina, and big sister Madison, 5. Miles is the 10th grandchild of Red Medina, Public Works/Contract Administration, and Lupe Medina, Retired City Employees Club staffer.

Have a photo of a recent wedding? Send photo and the appropriate information to talkback@cityemployeesclub.com





In Memoriam

Our thoughts and condolences are with the family and friends of the following current and retired City employees who have passed away. The number after the name indicates years of service.

Active

Der Sarkissian, Vahe, Building and Safety, 19 Gosselin, James, DWP, 30 Menchaca, Mario, DWP, 2 Polanco, Javier, Public Works, 26 Tasker, Salina, DWP, 1

Retired

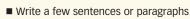
Anderson, Frances, LAPD, 25 Anthony, Harold, Public Works, 27 Avedisian, Joseph, DWP, 21 Bonner, Richard, DWP, 45 Bowland, John, Public Works, 33 Brock, Richard, Public Works, 32 Carroll, Andrew, LAPD, 9 Chap, Dana, LAPD, 21 Christensen, Charles, DWP, 28 Coley, William, DWP, 29 Conrad, Robert, Rec and Parks, 4 Credit, Robert, Convention Center, 31 Dan, Khiem, DWP, 33 Dannenhold, Charles, Building and Safety, 27 Dansie, Gerald, DWP, 36 Davis, Thomas, DWP, 37 Davis, Willie, Aging, 38

Dawson, Louis, DWP, 26 Diaz, Thomas, DWP, 29 Dilger, Ruth, Public Works, 13 Doi, Wesley, DWP, 36 Doyle, Nancy, Library, 5 Drygas, Knight, DWP, 31 Elzinga, Gerald, LAPD, 17 England, Douglas, Public Works, 12 Flood, Ralph, General Services, 11 Fong, Kwai Fan, Rec and Parks, 33 Friedman, Morton, DWP, 36 Fukuda, George, Public Works, 30 Gidel, Harry, Public Works, 27 Giffrow, Robert, DWP, 15 Gorwood, Michael, DWP, 24 Guthrie, Charles, DWP, 28 Harper, Maurice, Public Works, 30 Hernandez, Angel, DWP, 33 Hopkins, John, DWP, 15 Jackson, Ishmel Jr., Public Works, 32 Johnson, Frank, Public Works, 30 Laverty, Leona, Planning, 15 Lee, Albert, Public Works, 41 Lister, Herbert, DWP, 19 Martinez, Jesus, LAPD, 36 Mathews, George, Rec and Parks, 25 Matthis, Robert, Public Works, 21

It's Time to

Tell Their Story

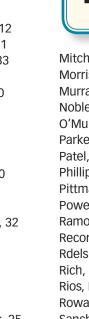
Every month, Alive! publishes the names of those current or retired City Employees who have died. But who were they? Did you know them? If you worked with any of these people, knew a story or two about them or were related to them, consider writing to Alive! and letting us know. Tell their story



- Send in a photo, if you have one
- Let us know your name and connection to the deceased
- Send your memories to: talkback@cityemployeesclub.com Subject line: Tell Their Story

Mitchell, Charles, DWP, 42 Morris, John, Public Works, 12 Murray, James, Public Works, 28 Noble, James, DWP, 31 O'Mullen, James, Public Works, 14 Parker, Sidney, Public Works, 33 Patel, Jashbhai, Public Works, 21 Phillips, Charles, DWP, 42 Pittman, Wesley, Transportation, 25 Powers, Norman, DWP, 35 Ramos, Edward, General Services, 22 Records, Gordon, DWP, 31 Rdelsperger, Clarence, DWP, 14 Rich, Clifford, Transportation, 36 Rios, Mike, General Services, 38 Rowan, John, DWP, 34 Sanchez, Ernest, Public Works, 30 Sanchez, Ricco, Rec and Parks, 35

Seaman, Jack, Airports, 35 Shumberger, Phyllis, Library, 24 Smith, Harry Jr., DWP, 31 Smith, John, DWP, 34 Sosa, Estella, DWP, 41 Stafford, Robert, DWP, 17 Stinebiser, Richard, LAFD, 30 Stout, Richard, DWP, 28 Streller, Allan, City Attorney, 22 Suzuki, Akira, DWP, 36 Thomas, Curtis, General Services, 35 Turner, Patricia, Personnel, 14 Ueda, Nobuo, General Services, 21 White, Noel, General Services, 16 White, Quintus, Public Works, 22 Yost, Richard, LAPD, 18 Yotsuya, Kenji, General Services, 31 Zinger, Sherman, Harbor, 37





Remembering **Clifford Rich**

Department of Transportation

By Annette Bently-Pintor daughter of the deceased

'm writing this with a heavy heart to inform the Club of my father's passing Jan. 28. He was one day shy of his 91st birthday.

drafted into World War II in January 1943. Serving three years with General Patton's Third Army, he landed on Omaha Beach, France in 1944. He worked as a civilian employee for the United States Army in Germany and spoke fluent German.

After the war, Cliff worked in New York for the Highway Department and also as a mechanic, then served proudly and courageously as a Police Officer in Amherst, N.Y. for more than

In 1978, Clifford moved to Los Angeles and worked in the LAPD as a Traffic Officer in 1978. He worked six months in the Central District and then transferred to the Van Nuys Division, where he remained after 1985 when they became the DOT (Department of Transportation). Clifford was a stable fixture in the department for more than 28 years. He retired at the age of 83.

Our beloved Clifford battled cancer for approximately 25 years. The Lord called our beloved Clifford home Jan. 28th. He will forever be in our hearts.

Services took place Feb. 16, President's Day.

A Facebook page has been set up for tributes: www.facebook.com/tocliffordwithlove



my father retired he was the oldest Officer in the history of DOT. Clifford Rich was born Jan. 29, 1924 in Buffalo, N.Y. At 19, he was

My dad was a truly remarkable man who loved working with his

fellow Transportation officers and spoke fondly of them. When

LAFD, LAPD



To Baldly Go

It's time for St. Baldrick's! FS 89 will be used for the head-shaving fundraiser against childhood cancers.

n Sat., March 21, LAFD and LAPD person-Onel, and other City Employees, too, will participate in their 12th annual combined St. Baldrick's fundraising event. Participants, or "shavees" as they are known, collect pledges from friends and family in exchange for shaving their heads. The bald heads signify solidarity with child victims of cancer, who often lose their hair while undergoing treatment. All money raised goes to the St. Baldrick's Foundation and is distributed to doctors and other researchers on the front lines of the war on childhood cancer.

This year's location is again Fire Station 89, 7063 Laurel Canyon Blvd. in North Hollywood. The event is set to begin at 7 a.m. and runs

and food trucks at lunchtime (for a fee). Entertainment will be provided by magicians, balloon artists, face painters, and local radio stations. And fire and police apparatus are expected to be present for children to explore and for photo opportunities.

Participants and helpers are needed to staff this event. If you are able to help, please contact Lt. Greg Doyle at (818) 634-

Firefighter Danny Wu at (626) 590-6240; or Engineer Sean Kennedy, (626) 664-9711. If you would like to be a "shavee" or you are interested in



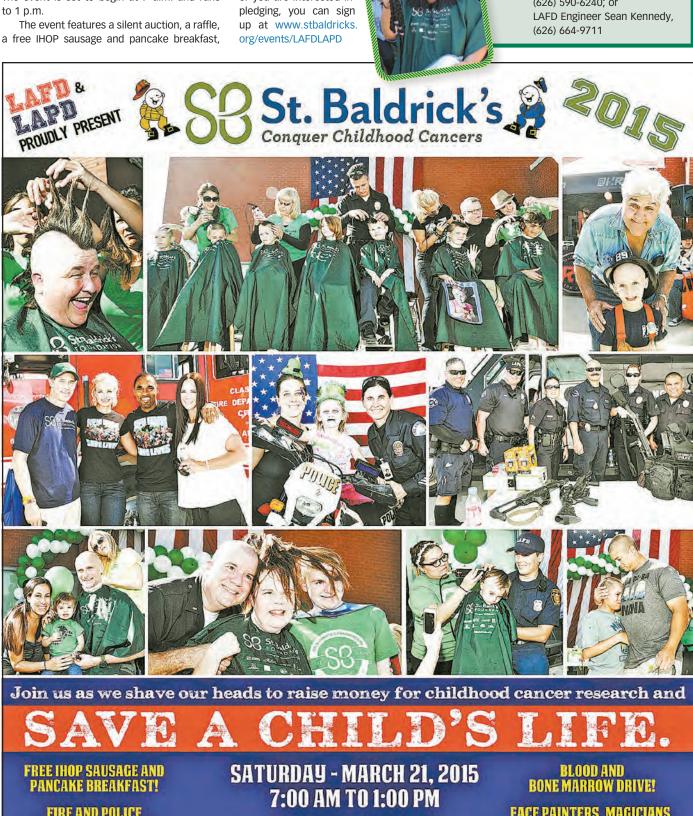
LAPD and LAFD Personnel

(all are welcome, though)

What: Fundraiser for childhood

cancer research

When: Sat., March 21, from 7 a.m.



FIRE AND POLICE APPARATUS DISPLAUS!

SILENT AUCTION AND RAFFLE!

LAFD FIRE STATION 89 7063 LAUREL CANYON BLVD. NORTH HOLLYWOOD, CA 91605 FACE PAINTERS, MAGICIANS, AND BALLOON ARTISTS!

TOUS AND PRIZES FOR THE KIDS!

PLEASE DONATE OR REGISTER ONLINE AT:











For more information please contact:

LAFD Captain Danny Wu (626) 590-6240 / LAFD Engineer Sean Kennedy (626) 664-9711 / LAPD Lieutenant Greg Doyle (818) 634-6127

THIS MONTH AT THE

Underwater ROV Workshop

Sat., Mar 7 10 a.m. - 4 p.m.

Discover the amazing world or underwater Remotely Operated Vehicles (ROVs) by building your own from scratch! In this beginner level, hands-on workshop, participants will construct underwater ROVs in groups. We'll do everything from constructing the frame to wiring the control box and waterproofing motors.

At the end of the workshop day, participants will compete in a challenge that will help determine the design of the ROV. Hints and tips will be provided for how to add this activity to your classroom or club and what to expect if you decide to compete at the annual MATE ROV competition. This is an introductory level workshop; no engineering experience is necessary.

Free, but reservations required: (310) 548-7562

Parking: \$1/hour

Support the Cabrillo Marine Aquarium!

Consider joining the Friends of Cabrillo Marine Aquarium (310) 548-7410 www.cabrillmarineaquarium.org/ support.asp



www.cabrillomarineaquarium.org City Owned. City Run. City Proud.

Reviews by Fellow Club Members

At the Movies

In the cinema

Into the Woods

PG-13

My Score: 2 (out of 5)

Into the Woods wraps the Brothers Grimm fairy tales into a Steven Sondheim musical with Cinderella, Little Red Riding Hood, Jack and the Beanstalk, and Rapunzel. The performance of Meryl Streep as the witch eclipses all the other wonderful stars in this dark tale, with a modern spin. The sing-songy dialogue and some very creepy characters squeeze nearly all the fun from what should have been an enjoyable but adult retelling of the classic stories. Stay out of the woods!

- Lou Loomis, Rec and Parks

Birdman

Rated R

My Score: 5 (out of 5)

Michael Keaton plays a has-been actor who once played an iconic superhero and has now written and is starring in a Broadway play in an attempt to reestablish his career. The film is the very surreal tale of the days leading up to the opening of his play, and how it affects his friends and family. Although billed as a comedy. Birdman defies definition as to category. It is comedy, tragedy, and a mind trip extraordinaire. Keaton and co-star Edward Norton are brilliant, and surrounded by other brilliant performances. It's a rare gem of a film. Lou Loomis, Rec and Parks

The Imitation Game

Rated PG-13

My Score: 5 (out of 5)

One of the best films of 2014, The Imitation Game is based on the true story of the Cambridge University math genius, Alan Turing, who was asked by British Intelligence during the Second World War to help solve the Nazis' use of the Enigma machine to send coded messages. Benedict Cumberbatch plays Turing, whose group of math whizzes (including Keira Knightley as the lone female) eventually developed a machine that not only helped the Allies stop the Nazis, but in later years evolved into the first computer. It's a fascinating and heart-breaking film.

- Lou Loomis, Rec and Parks

American Sniper

Rated R

My Score: 5 (out of 5)

In this patriotic flick, Bradley Cooper portrays Navy SEAL sniper Chris Kyle who became an American hero and the most lethal sniper during the Iraqi occupation. Clint Eastwood's directing was flawless in portraving Kyle's traumatic conflict, built up from four tours of duty - the conflicts within himself, with his family and to his sense of duty as a SEAL. I knew this would be an excellent movie based on Eastwood's reputation on these types of

movies. It's a must see regardless of some controversial scenes.

- Chuck Beas, DWP

The Theory of Everything Rated PG-13

My Score: 4 (out of 5)

The title refers to the pursuits of the famous physicist Stephen Hawking (Eddie Redmayne) to find a mathematical formula for the origin of the universe, with the intent of proving that it could have happened spontaneously and without divine involvement. But the film has another theory on its mind - that of Hawking's wife, Jane (Felicity Jones), whose enduring and sacrificial love for her husband, borne out of her Christianity, makes his success and, to an extent after he is stricken with ALS, his very life feasible. Redmayne is stunning and never showy in this strong film. But, despite the professional acclaim and popular celebrity that the real Hawking has received. this film subtly argues that, in the end, the only theory of everything that really matters - selfless love, in its truest sense - is Jane's.

- John Burnes. Alive! editor

Kingsman: The Secret Service

Rated R

My Score: 4 (out of 5)

One of the more violent, gory and actionpacked films to be released in recent months, Kingsman: The Secret Service, with Colin Firth, is a thrilling ride that may alienate some viewers because of its unapologetic depictions of violence across multiple fight scenes throughout the film. But if you can stomach the blood and guts sprayed on screen, this film will delight and entertain you in the same vein that Wanted and Kick-Ass did in years past. Of course, being that it is from the same comic book writer who also created those two films, what is on screen should be of no surprise to anyone.

- Richard Cardenas, LAPD

Jupiter Ascending

Rated PG-13 My Score: 2 (out of 5)

I really wanted to like Jupiter Ascending. Billed as a Matrix/Star Wars-type amalgamation, and being directed by the Wachowski siblings, I thought there would be more style and substance to the film. Instead, I was treated to a rushed and subpar story, mediocre acting, and some scenes that felt extremely forced and completely out of place. It did have some good action sequences and presented some amazing visual effects that kept the movie from totally boring me. But, this was not enough to make me want to watch this film again anytime soon!

- Richard Cardenas, LAPD

Book Reviews

Saint Odd

Dean Koontz Horror fiction, 342 pages Bantam

My Score: 5 (out of 5)

This is the final book of the *Odd Thomas* series. Odd Thomas communicates with the dead. His journeys take him to strange and mysterious places, and he meets the living and dead along the way. He still misses Stormy, his girlfriend who died tragically, and battles with evil spirits that are trying to take over humanity.

I highly recommend this last book series by Dean Koontz.

- Linda Rorex, Personnel

Act of War

Brad Thor Thriller fiction, 360 pages Atria

My Score: 5 (out of 5)

The talents of counterterrorism operative Scott Horvath are called upon after all havoc breaks loose when terrorists plot to destroy the United States. Scott must travel undercover from Asia to the U.S., and if his identity is discovered it may constitute an act of war.

This 13th installment of the espionage world of Scott Horvath is packed full of twists and turns that will leave the reader wanting more.

- Linda Rorex, Personnel

Video Gaming

Video games via online, rental or purchase

Citizens of Earth

Rated E10+ for Everyone 10+ For 3DS, PC, PlayStation 4, PS Vita, Wii U My Score: 3 (out of 5)

Not quite the game I was expecting this little RPG to be, Citizens of Earth puts the player into the role of the newly elected Vice President of the Earth and his quest to gain

the love and adoration of the citizens across the world. It has this old-school look and feel to it that elicits this instant sense of charm from the game, but the overused JRPG system that is at the center of the game truly keeps it from becoming the truly great game it had the potential to be.

- Richard Cardenas, LAPD

100 Words or Fewer

Here's how to submit your review. Alive! accepts entertainment reviews of 100 words or fewer. We might not print them all, especially if we receive multiple reviews for the same movie, DVD or video game. Follow these rules:

You can be a reviewer! Have you just seen a great movie or DVD? Read a great book? Been to a great play or musical? Write a brief review. It's easy! See the instruction box.

- For movies: Make sure the movie is still in theatres. For and books, make sure they are generally available. For theatre shows: please submit your review before the show closes.
- All reviews must be written by you (not taken from another source) and exclusive to Alive! (not offered to another outlet). Violations could end your ability to be published in Alive!
- Have fun!
- Keep all reviews to 100 words or fewer, but try to write more than one or two sentences.

- Your own comments are more important than a long plot summary.
- Give us your score on a scale of 1 to 5. Use this format:

My Score: X (out of 5).

- Make sure you give us your name and City department (or retired).
- Submit your review to: talkback@cityemployeesclub.com
- Alive! will send you a small but appropriate "thank you" if we publish your review.



Hollyhock House

I decided to head over to the 24 hour open house at Barnsdall Park. Hollyhock house is open to the public after a four year restoration. This would be the only night it would be open, and the only time pictures would be allowed inside the house. I had to see it.

I love Frank Lloyd Wright's work, and the opportunity to take pictures and wander around the house was just too good for me (and a whole lot of other people) to pass up. The wait was a solid three hours from the time we arrived at 8:30. I can't really complain because there were lots of nice people in line, and it was very heartening to see so many people interested in this unique event.

The house looked great. This was my first time in one of Wright's houses, and it did not disappoint. Every

detail was expertly chosen. And every part lovingly restored. It was totally worth the wait. I highly recommend

everyone take some time to visit Hollyhock House. Take a tour and learn all about one of our architectural treasures.

> Located in Barnsdall Art Park: 4800 Hollywood Blvd Los Angeles, CA 90027 (323) 644-6269 www.barnsdall.org





Airports Executive Director Gina Marie Lindsey at LAX.

Airports Executive Director Gina Marie Lindsey announced Feb. 3 that, after a 39-year career, 33 working in the aviation industry, she will retire. Telling staff "it is time for me to move on to other adventures," Lindsey discussed her retirement with Mayor Eric Garcetti and Board of Airport Commissioners President Sean Burton and says she will stay on into the spring to ensure a smooth transition to new leadership. The mayor's office and Airport Commissioners will work with Spencer Stuart, a leading executive search consulting firm, to identify Lindsey's

"This is an appropriate time for a transition," Lindsey said in a statement. "The next LAWA executive director will be able to take the Airports Development Program through its

Lindsey to Retire

Airports Executive Director Gina Marie Lindsey plans to retire this spring.

next major phase, its next round of projects that will last at least 10 years."

Lindsey was appointed LAWA executive director June 4, 2007, after decades of experience in airport management and a record of success in renovating and improving international airports.

"A good leader brings out the best in a team." said Sean Burton, president of the Board of Airport Commissioners. "Gina Marie has put together a strong and efficient team that is transforming LAX into an airport the City can be proud of; responsibly managing costs and operations at LA/Ontario International Airport through difficult market changes; and moving Van Nuys, a general aviation airport that had been losing money, into a brighter future. I am proud to have been able to work with her."

In a memo to LAWA staff, Lindsey summarized their achievements:

- "Operating the Airports: LAWA has developed significantly improved airport operational knowledge, situational awareness and capability to respond to operational disruptions and emergencies.
- "What to fix or build, and when to do

- it: There's now an established systematic process for determining capital investment priorities at each airport.
- "How to construct: We now have a defined \$8.5 billion facility improvement plan and the capability to build it with delivery methodology tailored to the specific characteristics of the project, rather than always using the conventional design/build process. \$3 billion in improvements has been delivered. Bradley West Phase 1 is complete and Phase 2 will be complete by mid-year. The Central Utility Plant is nearing completion. Airfield improvements are under way; and every terminal except T3 is under some sort of renovation either by tenant airlines or concessionaires.
- "Community relationships: The historically entrenched atmosphere of extreme mistrust, opaque sporadic and often adversarial communication has been replaced by consistent, forthcoming sharing of information that is building trust even when there may not be agreement on substance.
- "Managing real estate: The backlog of lease negotiations, new business tenders, past contentious relationships between VNY ten-

ants and LAWA have been resolved, and staff has implemented a systematic process of negotiating the five-year rate adjustments at all LAWA airports.

■ "Managing the business: Eight years ago, LAWA was in litigation with all of the airlines serving LAX, and there was no business arrangements that could credibly finance a comprehensive facility improvement program. Today, all of that litigation has been dropped in favor of a transparent, ten-year rate and charge formula that treats all airlines equitably, enables predictability for their business planning, and provides a stable source of revenue for a major portion of the LAX Capital Improvement Program.

"I'm proud of the progress you all have achieved for LAWA and grateful for the opportunity to have worked with you to make our airports better," Lindsey wrote in her memo to staff. "It is time, however, for me to move on to other adventures.

"Our work is not done. We must continue to get better at everything we do. I have no doubt you all will continue to propel LAWA and its airports forward to be the best they can be. So let's not miss a beat and get back to work."



Kacy (center) was given a pin by Division Chief Tina Rodriguez (right) and an unidentified Civil Service Commissioner

Personnel

25 Years For Kacy

Kacy Evans earns her 25-year service pin.

asondra "Kacy" Evans, Personnel, Club Member, received her pin for 25 years of dedicated service to the City of Los Angeles. She received it Jan. 22 in City Service chambers.

Her pin was given to her by Division Chief Tina Rodriguez and Civil Service Commissioners. Kacy's mom, Mary Evans, witnessed the proud moment. Congrats, Kacy!



Kacy Evans (left) and her mom, Mary Evans.



Send Us Your Recipes

If you would like your recipe published in the next issue of Alive!, you may fax your recipes to (213) 620-0398 or e-mail us at talk back @cityemployees club.com

Cooking with the Club

with Chef Robert Larios





O'Dowd's Prawn Loaf

Tappy St. Patrick's Day to all! May you all be twice as lucky as any one of us! No matter what happens, you are all in luck now because I have a wonderful Irish recipe that is delicious and easy to make. It's a prawn loaf with potatoes as the main ingredient, and can be served as a side dish or as a hearty main dish. In this recipe, I placed it on a bed of arugula, but you can just plate it and drizzle your favorite white sauce over it as well. I have skipped the making of the mashed potatoes, but I do highly recommend that you use potatoes instead of the dry variety in a box.

iBuen provecho!

O'Dowd's Prawn Loaf

INGREDIENTS:

- Mashed potatoes (approximately 5 to 7 medium Russet potatoes)
- 1/2 cup diced celery
- 1/2 cup diced onion or green
- 1 diced green pepper
- 4 tablespoons unsalted butter
- 12 oz. prawns, cooked, shelled and diced
- 2 eggs beaten
- 1 tablespoon chopped parsley
- 1/2 teaspoon black pepper
- salt to taste



DIRECTIONS:



Combine diced celery, green pepper, diced onion or green onions and sauté with butter until golden brown.



Makes 5 – 7 Servings

In a large mixing bowl or pot, mix sautéed ingredients with mashed potatoes, beaten eggs, prawns, and parsley.



Bake for 1 hour, 15 minutes at 350F. Broil for five minutes at 500F so that the top begins to brown. Let rest and cool.



You may substitute

prawns with shrimp.

[A Cook's Dictionary]

Potato:

The ancient Incas were cultivating this humble tuber thousands of years ago. The potato was not readily accepted in Europe, however, because it was known to be a member the nightshade family (as are the tomato and eggplant) and therefore thought to be poisonous. In the 16th century, Sir Walter

Raleigh was instrumental in debunking the poisonous potato superstition when he planted them on property he owned in Ireland. The Irish knew a good thing when they saw it, and a hundred years later they were growing and consuming the potato in large quantities. Today, hundreds of varieties of this popular vegetable are grown around the world.

Bibliography: © Barron's Educational Services, Inc. 2009, Adapted from The New Food Lover's Companion, 2007, by Sharon Tyler Herbst and Ron Herbst



Serve and enjoy!

Fun Food Quote:

"A woman told me that a woman told her that she saw a woman who saw a woman who made ale of potatoes."

- Irish saying



The new Innovation and Performance Commissions, top row, from left: Cynthia Weichelt, Catherine Geanuracos Freddy A. Carrillo, John Merritt, Vincent Jones, Heather Rosenberg, Jerry Levey and Enrique Aragon. Bottom: Liz Saldivar (Vice Chair), Todd Sargent (Chair) and Joe DiMento (vice chair). Not pictured: Thom Davis and Dr. John Walker.

The much respected Quality and Productivity Commission, which had been honoring the City's best, most innovative ideas with its annual awards - has now become the Innovation and Performance Commission. And it has moved under the Mayor's Office from

One of the biggest differences is that the new commission is rewarding great ideas with funding to make them happen. This fiscal year, the City has budgeted \$1 million to help great ideas get off the ground and into action.

The change was approved by the City Council in September.

The City of Los Angeles Innovation and Performance Commission is a 15-member appointed non-compensated commission dedicated to improving services delivered by the City of Los Angeles.

The Mayor's Civic Innovation Awards, formerly the Quality and Productivity Awards, foster a commitment to excellence and quality by highlighting employee achievements in improving City services. Awards are given in real time by Mayor Eric Garcetti and will also be recognized during an annual Innovation Summit that is scheduled to take place later in 2015.

The commission promotes innovation in the delivery of City services thorough:

- Allocation of a \$1 million annual innovation fund, which seeds pilot projects generated by City employees' ideas that will improve the way City departments deliver services. drive cost savings, or generate new revenue
- Planning and execution of the annual Innovation Summit, planned for 2015, which brings City employees and civic thought leaders together to share cutting-edge ideas and best practices

The commission promotes performance in our City departments through:

■ Continuous review of City performance management programs to identify City operations where performance measures should be improved, and provide recommendations for their improvement

- Monitoring the reporting of performance objectives, goals, and accomplishments
- Development of the multi-year Citywide comprehensive performance plan, including the recommendation of annual goals for implementing performance improvement and measurement within the City

First Projects Up for Funding

The commission has submitted several projects to the City Council for its approval for funding. The council approval is expected in the next two months.

The commission has recommended its winners from more than 250 ideas submitted. Among the projects the commission has recommended for funding are:

- LAFD Nurse Practitioner Response Unit, an innovative response model that will deploy an ambulance using a nurse practitioner with primary and emergency care experience together with an EMS captain with extensive pre-hospital experience to respond to non-urgent, low-level 911 calls. The program will allow low-acuity patients to be treated on scene with proper referrals and avoid unnecessary and costly transport to the local emergency room.
- Public Works/Engineering's 3D printed architectural model making: Making traditional architectural models is resource- and timeconsuming, has caused worker injuries and constrains staff creatively. With the advent of 3D printing technology, staff should now be able to efficiently create 3D printer physical models of their renderings.
- Transportation's Can I Park Here Now: This parking sign program is aimed at improving the public's quality of life by reducing the frustration and confusion associated with deciphering multiple parking restrictions when there are complex parking policies requiring four or more parking signs on one post. This program takes an innovative approach to parking sign design and make it easier to know if you can park at your desti-
- Controller's Office MyPay LA: This payroll app offers the flexibility to access informa-

Innovation, Funded

Story courtesy Freddy Carrillo, Commissioner, and the Innovation and Performance Commission

Quality, Productivity Commission is reborn as the Innovation and Performance Commission ... and it's funding the best ideas. Submit!



tion anytime and from anywhere in a much more user-friendly interface.

- Personnel's One-Stop Shop for Workforce Candidates: There currently is no centralized internship or apprenticeship portal for the City. Open commission seats are difficult to identify. This project creates a transparent, easy-to-access site to address all of these issues by adapting the current platform to make it easy to indicate interest in multiple opportunities simultaneously.
- DWP Automated Inspection Units: The allocation would purchase or rent automated units to inspect penstocks and insulators
- on power poles. It should cut the cost of resource time and increase safety. This pilot program would test the theory.
- LAPD Online Police Reports: This program would implement a system so the public can file lost/stolen property reports online.
- Public Works/Sanitation's Extra Capacity Tag (Online Automation): This program will extra capacity waste tags available (sold) online on the City's Website. The resident or business could print out the tag at their home or business, similar to printing out an airline boarding pass.

JOIN A Toastmasters Group

Club Members: Gain confidence in your public speaking and leadership skills; three City Toastmasters groups invite you to join!

Joining the Toastmasters is inexpensive, educational and fun. Toastmasters International is a nonprofit, worldwide organization that helps its members develop their public speaking and leadership skills.



FIRE AND POLICE PENSIONS:

The City of Angels Toastmasters Club 251

Tuesdays 11:30 a.m. to 12:30 p.m.

City Hall South, Room 103 111 E. First St. downtown

Guests welcome!

QUESTIONS:

Barbara Nobregas (213) 928-9771 or (213) 847-4707

PUBLIC WORKS:

The Public Works Pioneers Toastmasters Club

Wednesdays 12:05 p.m.

1149 S. Broadway 6th Floor Conference, Room 6004

Guests welcome!

QUESTIONS: Ivan Gerson (213) 485-1169

or Dominic Buenaventura (213) 847-0593

The Water and Power Toastmasters Club

Wednesdays noon to 1 p.m.

111 N. Hope St.. Room 1171 (last Wednesdays in room 1471)

Guests welcome!

QUESTIONS:

Eric Yoshida (213) 367-3962

Do You Have A Great Idea?

he new Innovation and Performance Commission wants to hear from you!

Every City Employee is encouraged to submit ideas, which will be considered on a first-come, first-served basis. The best ideas will be funded in the order in which they are received. Don't wait to send in your idea(s)!

Ideas should:

- Be innovative and original: Does the idea demonstrate how it keeps Los Angeles ahead of the curve and the creativity that is the hallmark of our City?
- Support greater efficiencies: Does the idea improve a process, save time, increase collaboration among departments, provide the potential for long-term benefits, or generate revenue and/or cost savings?
- Emphasize priority outcomes and quality of life: Does the idea help create a prosperous City, a livable and sustainable City, a safe City, and/or a well-run
- Be feasible and measurable: Can the idea be executed and measured within six to 12 months of being funded? Does the idea need funding year after year or only one time? A one-time award from the Innovation Fund should be sufficient to implement your great idea. Prior to award, each project should have clear metrics for evaluating the impact of the idea, and the Commission and staff can help develop those metrics.

Submit your idea now on the commission's Website:

www.Innovate.lacity.org

CLASSIFIED ADS

Members Marketplace

New Ads This Month!

For Rent: 1BD/1BA apartment in North Inglewood. Mr. Brown @ (323) 296-1547.



ONAN Generator: New & sealed from factory & never used, w/all volt, 33.3 amps. \$500. Arnold @ (818) 631-1773.

For Rent: Lovely downstairs apartment, 82nd/Crenshaw, very quiet, close to public transportation. 1BD/1BA w/kitchen, living room, dining room, 1-car garage in Inglewood (4-units). Newly painted, new carpet, fixtures, double glazed windows & new granite kitchen countertop. \$1,200. Info @ (323) 292-9989. 3/15

Transport



Moped: 150cc engine, 3 wheel, runs on 92 unleaded gas, practically new, blue color. Reduced: \$1,500. Frank @ (323) 240-3595.

2005 Honda Civic Si: Hatchback, manual. 2-door, sun roof, power windows, security system, XLNT running condition, tan color, 68K miles. \$10,500 OBO. Info @ (310) 642-0522.

1993 Infinity Q: Automatic, 4-door, power windows, XLNT running condition, green color, 125K miles. \$3,000 OBO. Info @ (310) 642-0522.

1973 AMC Hornet: 2-door sedan, automatic, 258 - 6cylinder w/2bbl carb., Power steering, power brakes. Runs, needs some work, \$700 OBO, sold as is. J.R. Wright @ (562) 926-5450.



1959 Buick Invicta: restored, 4 door asking \$25,000. Located Tehachapi

Pop-Up Trailer Tent: 2005 Rockwood Freedom,

more pictures & info: drewlu24@aol.com

in good condition, very clean interior. Everything works well & ready for camping. Sleeps 6-8. 1 propane tank, stove, sink, spare tire, stabilizer jacks, water heater, awning & refrigerator. \$4,200. Yervand @ (818) 355-7704.



1967 Caprice Classic: Runs great! Has a rebuilt motor & transmisnew tires, sion. power brakes, new

shocks, new brakes, hubcaps & a 327 motor. Air conditioning unit is valued \$1,000. Registered & tags are up to date. It's a running project. Asking \$5,000, must sell. Info @ (310) 753-9522.



1939 Buick 90 L Model Classic Car: 8 passenger limo. Buick only built 543 of this model. Needs to be completely restored, straight

8 cylinder engine. \$6,800 OBO. Located in Tehachapi. For more pictures, email: drewlu24@

5th Wheel Trailer: 2010 Cougar High Country. excellent condition. Sleeps 4. Slide outs, awnings & full bath. All accessories & new 5th wheel hitch can be towed by ½ ton truck, it's ready to go. \$32,000 or TOP. Ken Hawkes @ (310) 505-5733.

2013 Dodge Challenger: Like new, fully loaded, excellent condition, very low mileage asking \$30K OBO. "PATY" @ (626) 242-4365. 8/14

1993 Chevy Corvette: \$11,000. Great condition inside & out, excellent running condition, 74K miles. Automatic 40th yr anniversary model, maroon color. Sylvester (310) 748-2953 or Tanya (310) 713-0244.

Factory Mag Rims: (4) 2006 F150 w/near new Cooper/Hercules P265/165/17 tires. \$500 firm. Vinyl rear seat sold separately. \$400. Scott @ (562) 427-

2005 Southwind RV: 32ft. Like new w/ 2 slide outs, 2 panasonic tvs, 2 cds, full surround sound system, dvd. satellite, cable, new tires, only 15,000 miles. \$49,000. Rosemary Finch @(951) 218-



1976 Datsun **280Z:** Runs good. available. Pics William @ (626) 607-



2005 **Pace** Carrier Trailer: Good for hauling. camping gear, motorcycles, furniture. 5 ft. wide x 8 ft. long. \$1,600. Alex Serna @ (818) 235-6566.



1967 Ford Mustang: Coupe, project car, needs restoration, 289 V8 engine, auto trans, runs good 2 hrl dual exhaust

\$6,700 OBO. John @ (310) 977-4642 or e-mail:



1967 Chevy Nova: 327 Cu in, Muncie 4-speed, Holley 650 carb, newer interior, carpets, stereo w/mp3,

2-tone paint. Red/silver + much more. \$21,000 OBO. Mike Lee @ (714) 390-6889.



Harley Davidson '07 Road King: Approx 39k miles, services up to date. Reduced price! \$11,900. Sapphire blue. locking cases, detachable wind-

shield, studded black leather seat. Clean title, no drops/ no TC's, excellent condition, 1 owner, always garaged. Sandra @ (323) 422-6019.

2004 Chevy Dually Crewcab: Diesel, 95,000 mi. \$16,000. Dirk Clark @ (818) 326-1076.

Cemetery Plots

4 Cemetery Plots: Burial plots, side by side. Located in Rose Hills, City of Whittier. Open to negotiation. Cortez @ (323) 382-2405 for more info.

Cemetery Plot: Inglewood Cemetery, Sunset Mission Mausoleum, Sanctuary of Grace, 243 Double Capacity Crypt Tier-3, \$8,000. Dennis @ (661) 433-1912.

Cemetery Plot: Rose Hills Memorial Park. Whittier, CA 90601, in Carnation Lawn, grave #2, lot 2709. \$2,500 OBO + transfer fee. Rosie P. @ (323)

2 Cemetery Plots: Side-by-side, Rose Hills Memorial Park, Whittier, CA 90601, in Garden of Affection; graves 1-2, Lot 4063: sale price \$4.900 OBO + transfer fees for both. Rosie P. @ (323) 578-9236 after 4pm.

Cemetery Plot: Live Oak Cemetery, Monrovia. Lot 5670, space A2, Garden of Victory, \$2,000. Frank @ (323) 240-3595.

Cemetery Plot: Contentment Hillside section of Forest Lawn, Hollywood Hills, 1 plot, \$3,250. Maria

2 Cemetery Plots: Eternal Valley Newhall, Premium Garden of Peace. Currently plots here start at \$6,900 each. Sell both \$7,500 total. Jim @ (661) 713-6353.

Cemetery Plot: 1 plot for 2 people. Oakdale Memorial Park, Glendora, CA, \$3,000. Jose or Juanita Rojas @ (818) 799-3516 or at (818) 799-0569.

Cemetery Plot: 1 plot for 2 people. At Oakdale Memorial Park, Glendora, CA. \$3,000. Jose or Juanita Rojas @ (818) 799-3516 or (818) 799-0569.

2 Cemetery Plots: Rose Hills, Whittier, Located in cherry blossom lawn, \$4,850 each + transfer fees. Area is on flat ground & near the lake. Charles @ (310) 386-5041.

2 Cemetery Plots: Forest Lawn Hollywood Hills, Churchyard. Lot 4149, graves 1 & 2, prime location. \$6,700 each. Carolyn @ (805) 461-1282 or noslozin@

Companion Lawn Crypt w/Vault: Forest Lawn Hollywood Hills (Court of Remembrance, 1731 A+B) 14K OBO. Christine @ (805) 304-8509 or Dchbnahaku@aol.com

Furniture

Ping Pong Table: 5 x 9, fold-up & roll-away, \$75. Joe @ (310) 323-4940.



Baby Crib: Never used. brand new & in great condition. Delta brand. amber model #6925-204,

\$130. John @ (562)755-9462



Cocktail/Coffee Table: New, modern glass-top. \$300 (EI Segundo). Espresso colored base w/large glass

top elevated by grey posts. 43"x 43". Breakdown is easy. Must be able to lift & transport on your own. Javier Gomez @ (310) 529-0543.

Mattress: Beauty Rest Black (Alexia) queen size. extra firm, new. \$1,000 OBO. Info @ (323) 754-8382, dnrhenry@yahoo.com



Table Set: With leaf & 4 chairs. \$300 OBO, great condition! Valerie @ (951) 315-3920.



Hutch & Cabinet: Touch light. matching set \$500 OBO, great condition! Valerie @ (951) 315-3920.



Dinette Set: 9 piece, dark brown oakwood w/ matching leather chairs & leaf for extension. \$2,500. Parker @



Solid wood large dining table: \$300. Ben @ (213) 484-2682.3/14

Homes/Rentals/Land



For Rent: Newly remodeled 2BD/1BA, Baldwin Hills area. Carpet & hardwood floors, laundry on-

site, quiet neighborhood, non-smoking unit, 1-car garage. Paid utilities: water & gardener. No pets. \$1,600mo + \$1,600 deposit. Info @ (310) 365-1868 or tfrierson2001@yahoo.com For Rent: 3BD/1BA House + patio, near Western

& Imperial, LA. Big back yard, 2-car garage. Has stove, refrigerator, microwave, hardwood floors, washers, dryers & outlets. Info @ (310) 534-3028.

dishwasher, etc. Boulder City, NV. Info @ (702) 293-9554. For Rent: Home in west Lancaster, 3BR/2BA \$1,500/mo. Cathedral ceiling, 1844 sq/ft. Wheelchair

accessibility. Gardner included. Info @ (661) 945-

For Sale: Condo 1BD/1BA. All new paint, carpets,

For Rent: Lower 2BD/2BA, 4-unit building. X-lg living & dining room w/new marble & ceramic floors in kitchen, bathrooms, laundry room & 2nd bedroom, Hardwood floors master bedroom, builtin stove, DW, new ceiling fans & walk-in closets. Laundry room WD hookup. 2 enclosed patios w/ lights & outlets. Main hallway w/new laminate

For Sale: 3BD/2BA, upgraded 2001 sq. ft. house in age-restricted Rancho Resort in Sahuarita, Arizona, which is 17 miles s/o Tucson. \$175,000. Larry @ (818) 883-5870.

floors \$1 875 Gail Brown @ (323) 313-3231



For Rent: Great 3BD/1BA house in quaint town of Redlands. Completely remodeled w/

huge yard, newly re-seeded. \$1,399/mo. Ask about available discounts. Marjorie @ (424) 302-7655.



For Sale: "Fly-fish in your own backyard." 200' of river-front property in Clark Fork, Idaho. 3BD/3BA, 3,316 sq ft, built in 1990, 1.34 acres. (1 hour N. of Coeur d'alene, Idaho) MLS#20131371: Clark Fork. \$499,900. Margie Stevens @ (208) 290-



For Rent: Home in Ontario 3BD/2BA. Family room, water & gardener included in price. \$1,795/ mo. Info @ (714) 840-1390,



For Rent: 2BD/1BA, no pets, \$1,700/mo + sec. dep. \$1,000. Leimert Park: 4257 Garthwaite Blvd 90008 Renovated, hardwood

floors, quiet neighborhood, washer & dryer hookups. Info @ (310) 365-1868

Household Items

Updraft Range Hood: Kenmore Elite 42" w/3-setting halogen lighting in white. Sears price: \$379.99. UNOPENED & still in original packaging \$350 OBO. Peter @ (818) 353-7074 or (818) 254-7391.

Double Wall Oven: Kenmore 24" manual clean ears price: \$1299.99, UNOPENED & still in original packaging. \$1,150 OBO. Peter @ (818) 353-7074 or (818) 254-7391.

Built-In Dishwasher: Kenmore 24" Energy-star in white. Sears price: \$279.99. UNOPENED & still in original packaging. \$250 OBO. Peter @ (818) 353-7074 or (818) 254-7391. Gas Cooktop: Frigidaire 36" in white. Sears

price: \$359.99. UNOPENED & still in original packaging. \$330 OBO. Peter @ (818) 353-7074 or (818) 254-7391.



Drying Center: Like new, white Maytag Neptune w/lower tumble drum (7 cu. ft. capacity) & hanging, flat laying upper dry cabinet (17.3

es clothing w/o wash or dry & reduce wrinkles Has a "sensor dry" setting. Best dryer I ever had! 73-3/4h x 32w x 26d. \$320. Phil @ (800) 678-4145, Extension #709 Washer/Dryer: Maytag, electric, 6

cu. ft. capacity). Upper unit refresh-



TV: Hitachi 57", good condition, furniture piece. \$300 OBO. Kevin @

yrs old, very good cond. \$200.

Responsible for own pick-up. Della @



Washer & Dryer: Whirlpool, electric, less than 8 months old, like new, includes manual instructions. \$800. Responsible for own pick up. Email: lilpebbly14@



qmail.com

AbDuctor: Rarely used, \$100. Tanya @ (310) 713-0244, located in Corona, CA.

Flat Screen LED TV: New Sharp Aquos Quattron 52" LED TV. \$1,200 at Best Buy, sacrifice for \$600. Hurry, won't last long at this price! Clarence Young @ (213) 725-3647.

Miscellaneous

Pomegranate Tree: Planted in the ground for 4 years, excellent fruit, \$25. George @ (818) 764-2091.

Kentucky Beer Recipe: Home-made, makes 15 gallons. Send \$3 cash to: Ercell Murray, P.O. Box 9252, Bakersfield, CA 93389



Sewing Machine: Antique Sears Kenmore model 1410 zigzag machine in excellent condition

Cabinet- fair condition. \$65 OBO. Ken @ (818) 770-9580



Winston 1530, size 14, Dress was a hit at my wedding, simply beautiful, \$850 (retail \$1,500) & will throw in mantilla veil & tiara. Dry cleaned & looks like new. Mirna @ (213) 248-6878, call or text. 11/14 Musical Items:

Casiotone 401 keyboard,

foot pedal, instruction

Wedding Dress: Kenneth

manual, \$200. 14 preset sounds (piano, organ, etc), 16 preset rhythms (mambo, waltz, etc). Specs online.Frances @ (310) 324-3117.



11/11

Products: Beauty ELEMIS SpaHome, two 3.4oz body oil & 5 boxes 10.6oz cellutox herbal bath synergy body performance. All for \$900 cash. Retails

over \$1,500. Lourdes @ (661) 251-0871. Campers Wanted: Looking for fellow active & retired city employees that like to go on mini, 3-day weekend camping trips. Email Susan: wombatty56@gmail.com

Beer Steins: From 1978-2002, \$25 each, Info @ (805) 227-2866.

Motorcycle Touring Jacket: Men's, Reima Cycloak, Kevlar & Goretex materials, removable liner, barely used, looks new. Paid \$400, sell \$225. Curtis Shapiro @ (310) 508-6465.

Wine Glasses: Lead crystal, wine goblet style. Large \$15; small \$10. Have 4-large & 4-small. Jan @ (310) 347-1203.

Wine Glasses: 10-large crystal, \$5 each. Jan @ (310) 347-1203. Noritaki China Set: Etienne pattern, 45 pieces.

\$500 OBO. Jan @ (310) 347-1203. Sargo China Set: Chrisma pattern, 4 place settings + side pieces. 45 pieces. \$250 OBO. Jan @ (310) 347-1203.

Sewing Machine: Antique Kenmore in cabinet, needs refurbishing. \$75 OBO. Jan @ (310) 347-1203.

Shannon Crystal: Godinger, large cut glass punch bowl, matching 8 cups & silver ladle. \$35 OBO. Jan @ (310) 347-1203.



Books: "Dream Killers" Jullian Stine. Horror/Erotica themed fiction. \$20 each book. Contact jstine90503@gmail.com or (310) 409-5653.

Travel/Timeshare

Timeshare: Welks Resort, San Diego, CA, For Sale. \$20K. Chermaine @ (661) 547-6707.

Timeshare: For sale or rent. 1BD, Palm Springs, CA, deeded float week anytime during the year, can be exchanged for another resort worldwide. Info @ (310) 329-0682 or e-mail: time31011@vahoo.com

Vacation Rental: Palace Resorts All Inclusive: Cancun, Riviera Maya, Isla Muieres, Cozumel-exclusive member service & treatment. VisitPalaceResorts.com to view various resorts/ amenities. Price is for 1 week, 2 persons, any day travel & includes airport transpo, massages & 2 tours. Price varies by season. John @ (626) 757-5341 or jgonzlz@hotmail.com

Timeshare: Orlando, FL: Marriott Lakeshore Reserve. 1BD/1BA villa, sleeps 4. Spa/golf privileges at JW Marriott & Ritz Carlton. June 28 - July 5, 2014. \$1,600. Jessalyn Pinder @ (323) 893-6570. **CLASSIFIED ADS**

per month

FREE for Club Members!

To place your classified ad send us your information (25 total words maximum) including your name, item, description, price, phone number or e-mail address.

Email your ad (and picture) to classifieds@ cityemployeesclub.com or you can fax your ad to (213) 620-0598

We'll run your ad in the next available issue on a space available basis. Your ad may be edited for length or appropriateness.

> Classified Submission **Deadline:**

3/15/2015 for publication in the April issue of *Alive!*



Palm Springs Condo: In beautiful Palm Springs Villas II, gated community, 7 swimming pools, tennis court, shuffle board; near shopping, restaurants & Casino Spa Resort. Weekly &

Vacation Rental: Boulder City, located btwn Las Vegas & Lake Mead Recreation area. Cottage in Historic district: Sleeps 6, 1/BD & gueen sofa bed in lvng rm + 2 built-in bunk beds. Walking distance to restaurants, antique shops, etc. Built in 1942, previously owned by DWP. \$500/week or \$100/day. Norma @ (323) 333-2238 or e-mail: Norma2go2@

weekend rentals, \$140 per night. Info @ (562)

Timeshare: Cancun Sunset Club, 1 week, studio sleeps 4, resort on the beach, \$700/week. Serious renters will receive all-inclusive meals. Not available New Years, July 4th, Thanksgiving or Christmas. Gina @ (818) 395-3552.

Timeshare For Sale: Ventura, CA. Ocean view. Deeded float week. Sleeps 4. Many amenities, incl elevator, 60 miles north of L.A. Elderly owner must sell. \$1,800. Leave message @ (503) 722-9881. 3/13



Vacation rental in Bear Lake: 3 BD/2 BA house located in the village of Big Bear Lake, CA, near the lake. Fully furnished. Contact

John Long @ (909) 837-8347.

Timeshare: Kona Hawaiian Village, Big Island. 2BD/1 week anytime during the year, resort on the beach, Serious buyers, Info @ (310) 415-7388. 2/13

Wanted

Exchange Wanted: Will care for an elder ly person in exchange for private room! Experienced assistant will help elderly person by providing light housekeeping, shopping, driving & companionship. Excellent references, prefers Pasadena area. Karen Hysell @ (626) 252-1288.

Wanted: I buy all kinds of collectibles: crystal, Disney, fishing gear, military items, musical instruments, pocket knives, gold & silver, Radko, WDCC. Michael @ (626) 592-2929.



march movie releases

UNFINISHED BUSINESS - 3/6 CHAPPIE - 3/6 THE COUP - 3/6 THE SECOND BEST EXOTIC MARIGOLD HOTEL - 3/6 CINDERELLA - 3/13 **RUN ALL NIGHT - 3/13** DIVERGENT SERIES: INSURGENT (IMAX) - 3/20 THE GUNMAN - 3/20 HOME (3D) - 3/27 **GET HARD - 3/27**





THE Club Store

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AMC						
Good Any Time: Small Popcorn	Comment of the state of the sta	Available 24	\$14.00 \$5.50	\$8.00 \$3.00	Available as E-	Tickets
Small Drink	Some AMC Theaters will for any show after 4pm: A Century City 15 and	All Burbank locations, Santa Anita 16.	\$5.50 \$4.50	\$3.00		
Movie Bundle	*Surcharges are determined subject to change v	vithout notice.	\$42.00	\$25.00		
California Science C	e passes, 2 small drink conces Center IMAX Expir	es 12/28/2015	concession.			
Adult	,		\$ 8.25	\$5.75		
Child			\$ 5.00	\$4.25		
Cinemark Theatres Cinemark tickets are good at	*	Available 24	/7! \$11.75	\$7.50	Available as E-	Tickets
Galaxy Theatres – G			\$11.00	\$8.00		
Harkins Movie Thea						
Restricted			\$10.00	\$6.50		
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Pacific Theatres Restricted			\$13.75	\$8.00		
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Regency Theatres –			\$11.50	\$7.00		
JitraStar Cinemas - Tickets can be upgraded for	*		\$11.25	\$6.00		
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Adventure City	Acc	iaction	Availabl			
Adult/Child			\$16.95	\$12.50	Available as E-	Ticket
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Adult			\$19.95	\$15.96	Available as E-	Ticket
Child (4-12) Aguarium of the Pa	cific		\$11.95	\$9.56		
Adult	CITIC		\$28.95	\$17.95	Available as E-	Tickets
Child (3-11)			\$14.95	\$10.95		
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\$65.00

\$35.00

\$37.00

Adult \$34.00 Senior \$29.00 Available 24/7!

\$30.00 Available as E-Tickets!

Knott's Berry Farm Expires 12/31/2015

E-Ticket Better price than hard stock available at Club Store!

Child (3-11); Senior (62+)

Adult



	RETAIL PRICE	CLUB PRICE	
Attraction Tick	ets, contin	nued	
A Z00			
Adult	\$19.00	\$16.00	
Child (2-12)	\$14.00	\$13.00	
egoland Expires 12/31/2015	¢05.00	ć70.00	
1-Day, 1-Park Adult Get 2nd day free, to be used within 90 days of 1st visit. Child (3-11)	\$85.00 \$79.00	\$70.00 \$65.00	
Legoland Resort Hopper* Adult	\$109.00	\$75.00	
Child (3-11)	\$103.00	\$70.00	Available as E-Tickets
Includes admission to Legoland, Sea Life Aquarium and waterpark. Get 2nd day free, * Water Park is open seasonally and requires same day visit to Legoland.	to be used before 12/3	1/2015.	
Legoland – Florida Available 24/7! Visit ww	w.cityemployees	club.com f	or pricing
Madame Tussauds Wax Attraction Expires 1/31/2016	Availabl		
All Access Pass includes Marvel Super Heroes 4D Experience.	4		
Adult	\$40.00	\$14.00	Available as E-Tickets
Child (4-12)	\$35.00	\$11.00	
Magic Mountain Expires 9/28/2015	Availabl	e 24/7!	Available as E-Tickets
General Admission	\$69.99	\$41.99	Available as E-TICKELS
Medieval Times Not valid 12/31/2015	Availabl	e 24/7!	
Adult	\$57.95	\$43.50	Available as E-Tickets
Child (0-12)	\$35.95	\$31.50	
Julligan's Family Fun Center			
All Day Pass Adult/Child Restrictions: Pass gives 1 Adult or Child unlimited use of Laser Tag, Miniature Golfing Sunday, major holidays & everyday during the summer. Attractions vary per location. Torrance, Murrieta, and Palmdale. Gift Certificate			
	V.0.00	+	
Pirates Dinner Adventure Expires 11/30/2015	\$ 57.05	¢20.00	
Adult	\$56.95	\$36.00	
Child	\$37.95	\$27.50	
ueen Mary	Availab		
Adult	\$24.95	\$20.25	Available as E-Tickets
Child (4-11)	\$21.95	\$12.25	
acers Edge Indoor Karting			
Adult: 16-Lap Adult Race	\$23.00	\$18.00	
Junior (50" tall): 11-Lap Junior Race	\$20.00	\$15.00	
an Diego Zoo & San Diego Safari Park			
Adult	\$48.00	\$39.25	
Child (3-11)	\$38.00	\$31.25	Available as E-Tickets
2-Visit Pass * Adult	\$86.00	\$68.75	
Child (3-11) * May be used for one visit at each park or 2 visits to the same park.	\$66.00	\$52.75	
anta Monica Pier & Pacific Park Expires 12/31/2015	Availabl	0.24/71	
Unlimited Wristband	\$25.95	\$13.50	Available as E-Tickets
anta Cruz Beach Boardwalk Combo Pack	Availabl	_	
General Admission Ticket includes All-Day Ride Wristband, 2 Attraction Tickets (Choose from Vault Lazer	\$40.95 Maze. Mini Golf. Laser 1	\$32.95 ag.	Available as E-Tickets
Bowling including shoes, Climb N Conquer or Fright Walk) PLUS \$3 in Arcade Play wit	h a rechargeable card!	<u>.</u>	
Sea World – San Diego Expires 12/13/2015			
Adult	\$84.00	\$60.00	
Child (3-9)	\$78.00	\$60.00	Available as E-Tickets
Fun Card	\$84.00	\$74.00	
ix Flags Discovery Kingdom – Vallejo	Availabl	e 24/7!	Accellable on Milabete
General Admission (over 48")	\$62.99	\$29.99	Available as E-Tickets
speedzone	Availabl	e 24/7!	
3 Hour Unlimited Pass Unlimited use of rides and Mini-golf.	\$49.99	\$25.00	Available as E-Tickets
Universal Studios Expires 3/31/2015	Availabl	o 24/71	
Buy 1-Day: Get 2-Days Free! Adult/Child (under 48")	\$92.00	\$79.00	Available as E-Tickets
Gift Certi	ricates		
oneybaked Ham			
\$25 Gift Card	\$25.00	\$22.50	
ee's Candies			
Gift Certificate (1 lb.)	\$18.50	\$14.25	
Shipping & Handling			
ax (only applicable to all merchandise, not on tickets)		Х	9 % = \$
Salinta	No charge	fors	
IORGEST TO TOTAL SERVICE SERVI	Q=177	75	rchandise
rickets: Ce	Sillon 8	X	1 = \$



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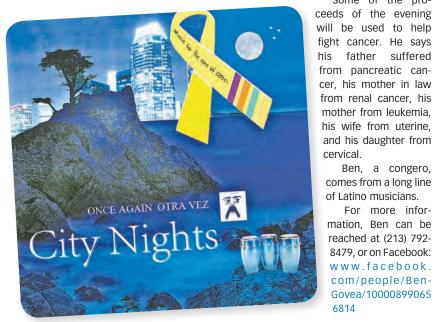
 Allow 3 to 7 days for delivery.

Ben Hosts A Fundraiser

Ben Govea, DWP, plans a fundraiser to fight cancer.

Ben Govea, Meter Reader, DWP, is selling his self-produced CD, *Once Again/Otra Vez* by the band City Nights, to raise funds to fight cancer, which has affected many in his

The CD release fundraiser is set for March 21 at the American Legion Hall, 4725 Maine Ave. in Baldwin Park. Ben promises there will be dinner, raffle prizes, music, "Elvis," and a photo booth.



Meter Reader Ben Govea is hosting a CD release party as a fundraiser to fight cancer.



he Los Angeles Zoo is proud to welcome a male tiger named Castro Jr., or CJ as he is commonly known. Born on March 3, 2013, the 250-pound feline comes from the Sacramento Zoo, where he was a favorite among guests.

"CJ is an incredibly well-natured and energetic tiger," said Stephanie Zielinski, Animal Keeper for the Los Angeles Zoo. "He has very

distinct gold eyes, and he loves to swim in the different pools in his habitat. We are excited to have a potential breeding male here at the Zoo because the Sumatran tiger is one of the most endangered subspecies of tiger in the world. There are fewer than 400 left in the

The Sumatran tiger is the smallest of the six remaining subspecies of tiger, and they are found only on the Indonesian island of Sumatra. They can range in size from seven to nine feet in length and may weigh from 220 to 380 pounds. **Z00**

Photos by Tad Motoyama, Zoo

Meet CJ The Tiger

Zoo introduces rare Sumatran tiger.

Sumatran tigers are listed as endangered by the International Union for Conservation of Nature (IUCN) with agricultural habitat destruction, poaching and killing of tigers that comes into contact with villagers as the biggest threats to

CJ is viewable in Tiger Plaza.

The Los Angeles Zoo and Botanical Gardens is located in Griffith Park at the junction of the Ventura (134) and Golden State (5) freeways. Admission is \$19 for adults and \$14 for children ages 2 to 12. The Zoo is open from 10 a.m. to 5 p.m. daily. For information, call (323) 644-4200 or visit the L.A. Zoo Website at www.lazoo.org



Keep up the good work.

Some of the pro-

from renal cancer, his

mother from leukemia.

his wife from uterine,

and his daughter from

Ben, a congero,

For more infor-

comes from a long line

mation, Ben can be

reached at (213) 792-8479, or on Facebook:

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com/people/Ben-

Govea/10000899065

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Photo by Tad Motoyama, Zoo

Spring Fling

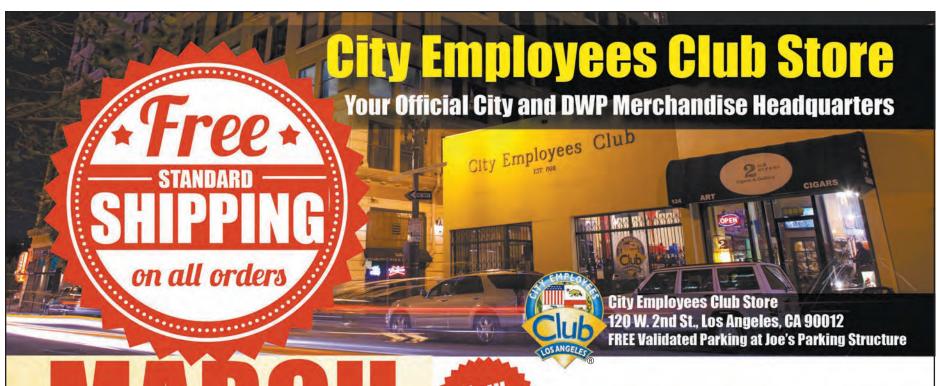
Zoo welcomes spring with bunny event.



The Zoo presents "Big Bunny Spring Fling" from 10 a.m. to 4 p.m. over the Easter weekend, April 3-5.

The event promises "egg-citing" activities for youngsters, including petting a bunny, face painting, crafts, photos with "Big Bunny" and children's musical entertainment. All activities are free with paid Zoo admission (except "Big Bunny" photos, which are available for a nominal fee).

Zoo admission is \$19 for general admission (ages 13 to 61), \$16 for seniors (ages 62-plus), and \$14 for children (ages 2 to 12). No ticket is required for children under 2. Admission for Greater Los Angeles Zoo Association members



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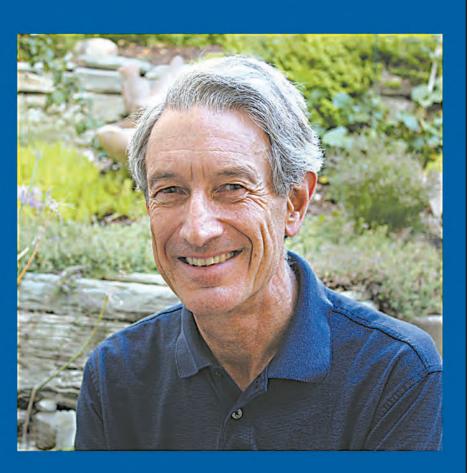
Ken Spiker

"I will fight to keep LACERS financially sound and to protect our benefits from attacks by politicians who see pensions as an easy target."

Mike Wilkinson
LACERS Board Vice President
Deputy City Attorney (Retired)

During my term as Vice President, LACERS has:

- ★ Earned 18.2% return on investments for the fiscal year ending June 30, 2014.
- ★ Received City Council approval for an increase in the health subsidy to cover the full 2-party Kaiser premium



I Am Your Best Choice Based On:

- ★ 34 years of City service, including 17 years as a criminal prosecutor.
- ★ 9 years in the Retirement Benefits Division of the City Attorney's Office representing LACERS as well as the City's two other retirement plans: Fire and Police Pensions and the Water and Power Employees' Retirement System. I know the pension issues and the law!
- ★ Education: UCLA, BA, 1972; Loyola Law School, JD, 1982

MikeWilkinson4LACERS@gmail.com

I will protect our plan and make sure that our pension dollars are invested prudently.