

Alive! photo by Su<mark>mm</mark>y

Preparing to visit the **Public Works/Hyperion's Treatment Plant are** Dylan Noel (left) and Angel Gomez.



bringing the Club's great merchandise and customer service to yards and departments throughout the City.

- SEE PAGE 24

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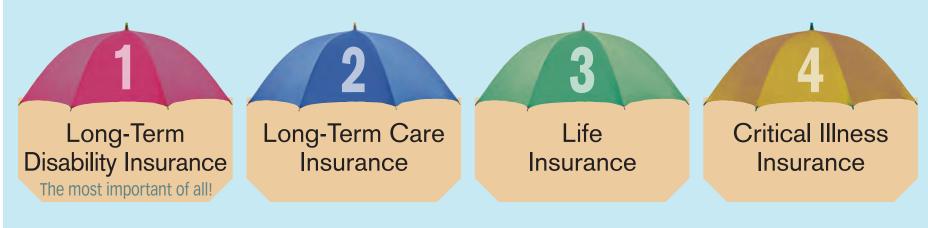
~ Mammoth Save Big on ~ Sierra at Tahoe Fun in ~ Snow Valley the Snow! ~ Big Bear

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A Message From the CEO

Club Store Comes to You

by John Hawkins, President and CEO, The Club



t the Mobile Visit to Hyperion were (from left) Jeanette Gadut, Club Counselo Angel Gomez, the Club's Mobile Man; Margie Oliva, Sr. Administrative Clerk, PW/Sanitation Hyperion, Maintenance Section; Dalila Vielma, Club Counselor; and Dylan Noel, Club Mobile Team Customer Service Associate.

Opening the Club Store downtown several years ago was a grand idea to bring City pride and Club benefits even more directly to our tens of thousands of Members. We're pleased that you love it as much as we do.

But our work wasn't done. Angel Gomez, now the Club's Mobile Man, and I bounced the idea back and forth - how can we be even more responsive to our Members' needs? How can we be really ... out there in your lives?

That's how the Club Mobile Team came about. Angel and I put together the plan ... Dylan Noel came on board ... we acquired a van because business was growing so much ... and here we are, heading into the fourth year of the program, watching it grow into a big success.



The Mobile Team's new Dodge van.

Speaking of which ... this month's cover story was actually the final assignment for the version of the Club Mobile Team van as you see it. In short, we've outgrown it. Enter ... the new Club Mobile Team van! It's bigger, better, more flexible and brand new. Bringing you even better merchandise - like the awesome Club department polo shirts - and expanded customer service is always our goal, so look for it at a Club Mobile Team visit near you! Enjoy this month's cover story, which gives you a behind-thescenes look at how and Angel and Dylan bring the Club to you.

Special thanks to Margie Oliva, Sr. Administrative Clerk at Sanitation's Hyperion Treatment Plant, for coordinating this visit. If you want to schedule a Club Mobile Team visit, contact Angel at the numbers listed in the story.

Sad news from Sanitation: We hear that the recent Creek Fire devastated the Lopez Canyon Environmental



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Hitting the road with the Mobile Team brings Club merchandise and legendary customer service to Club Members everywhere.

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Big Wheels Traffic School Corporate Jewelers Entertainment Book

Center, which we featured in our big April 2010 feature on the City's mulch program (right), causing extensive damage to the grounds and equipment That's terrible to hear. (And here's a shoutout to the thousands of first responders from the City, who have done remarkable work saving homes and businesses all the way up the coast.)



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Congratulations to great Club Member Ralph Morones, Airport Manager, who retired after an incredible 44 years of City service. Enjoy that retirement!

Don't forget to send in your Club Valentines! It's one of the best features we produce all year. So send 'em in!

And finally, in this New Year of 2018, I make a fresh commitment to serve you, our Club

Members, in new and innovative ways. We celebrate your lives every day, and let's make 2018 the best of all. Happy New Year!

jhawkins@cityemployeesclub.com

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IMPORTANT Talanhana Nur

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The Club's Main Phone Number The Club's FAX Number	(800) 464-0452 (213) 620-0398
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Alive! is the official publication of the

City Employees Club of Los Angeles 120 West 2nd Street Los Angeles, CA 90012 TELEPHONE: (800) 464-0452 CONTACT US: alive@cityemployeesclub.com

Alive! (USPS P7960) is published monthly, 12 times per year by the City Employees Club of Los Angeles, 311 Spring St., Suite 1300, Los Angeles, CA 90013. ALIVE! EDITORIAL OFFICES: 311 Spring Street, Suite 1300. Los Angeles CA, 90013 • (800) 464-0452 POSTAGE: Periodicals postage paid at Los Angeles, CA and at additional mailing offices. SUBSCRIPTIONS: Annual subscription price for Alive! is included in the membership dues and is nondeductible. POSTMASTER: Send address corrections to Alive!, City Employees Club of Los Angeles, 311 Spring St., Suite 1300, Los Angeles, CA 90013.

Alive! Staff

Claims paid last month: \$302,976

Claims Paid **Grand Total** Last Month Your Club Insurance Dollars at Work: Since 1992 Life Insurance \$38,911 \$56,488,210 **Disability Insurance** \$174,645 \$26,044,452 Long-Term Care Insurance \$63,919 \$6,105,742 Cancer and Critical Illness Insurance \$2,965,100 \$25,100 Accident Plan \$400 \$81,347 \$302,976 \$91,684,852 **TOTAL CLAIMS PAID**

It pays when you buy your insurance through the Club! Great rates on:

Monica Zamudio.

Claims Administrator

Meet the Club Team

These are the faces behind the Club. Our staff is dedicated to helping our members

receive the maximum benefit from their membership. If you have questions, concerns

 Accidental Death and Dismemberment •Term Life Insurance

Cecilia Talbot,

Director of Claims,

Member Advocate

Member

Jeanette Gadut

Member Services

Counselor

Ext. 110

Rick Lawrence

Member Service

Counselor

Director of Tickets

and Retail

Operations

Team

Experience

•Long-Term Disability •Pet Insurance •Long-Term Care •Legal Services •Critical Illness Auto Insurance Insurance

City Employees Club of Los Angeles

Cheap Tickets. Insane Service. Affordable Insurance.



Contact an Insurance Counselor today: (800) 464-0452

Trust the Club's insurance and claims services when you need them the most.

 Identity Theft Accident Insurance •Short-Term Disability

-Maria Villanueva.

January 2017

Club Members' Praise

Claims paid since 1992:

\$91,684,852

The Club's claims service is "excellent! They were available to answer any questions and kept me informed. The check came guickly."

- Shirley Aros, January 2017

"I found kindness, love

surrounded by caring people when I went there [for Club claims service]. I did not feel alone. Monica Zamudio was wonderful and helpful. She helped me a lot and was appreciated. I appreciate all the help I got. All of you made me feel like I was among family. Thank you very much for all the kindness and love you showed me."



Email us at: info@cityemployeesclub.com if you have an event you want covered in the Alive! or if you have questions about insurance. Or call us at: (800) 464-0452

Counselo

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Steven

Lambert

Counselor

Kati Yniquez

Member Services

Counselo

М

mber Services

In-house **Counselors** (located at Club

Headquarters)



Member Services Counselo Ext. 136



Member Services Counselor Ext. 159

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John Burnes, Editor David Jamgotchian, JJLA Associates, Design and Production

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Member Services

Intern

Ext. 104

JoAnn Ridens

Policv Processing

Manaaer



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Cristina Ramos Customer Service Customer Service Associate Associate

Accounting



Tiffany Sy

Member Services Counselor

Ext. 202





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and Retail Operations

John Hawkins Brian Trent President & CEO Chief Financial Officer

Robert Larios Arlene Herrero

Director of Product Development



Controlle

Trinh Pham



Yaressy Raymundo Accounting Assistant

Leigh Thompson

Senior Accountan

Claims





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Database Management / IT Team

Chief Operating Officer,

"Discount Kina" "Snorts Dude"

and "Chef Larios"



Hava Berman Citlali G. Bon Alan Bound Director of Database IT Coordinator Business Analyst Data Processing Management



Ronald Cortez Petros Khachatrian John Monahan Rebecca Platero Prathima Vaisya IT Developer IT Developer Coordinator

IT Developer Data Processing Coordinator



City Employees: Let's Talk

Clear advice from the Club's insurance experts.

Does anyone rely on Life your income? If so, you need life insurance! Insurance

Contact the Club's Life Insurance experts for an application. Phone appointments and walk-ins available.

(800) 464-0452







Tiffany Sy Member Services Counselor Ext. 202



Member Services Counselor tsy@cityemployeesclub.com murdiales@cityemployeesclub.com Ext. 159

Don't forget these BENEFITS (they're really important, too):

Club Life Insurance

Club Long-Term Disability Insurance

Club Critical Illness Insurance



LACEA Insurance Services, Inc. ('City Employees Club of Los Angeles') is a licensed insurance agency offering insurance benefits to qualified Club members. The Club's CA DOI Lic. is #0B98000.

GET LIFE INSURANCE TODAY. Here's why:

- Think about your mortgage, children's tuition, funeral expenses and serious unforeseen expenses
- You should be covered for at least four to five times vour salarv
- Life insurance pays in addition to your City benefits and any individual life insurance policy you have in force
- The Club Difference: The Club has in-house claims experts to assist with paperwork and ensure your benefit arrives as soon as possible

With the Club's Life Insurance:

- You can choose to apply for \$10,000 to \$500,000 of coverage
- Your spouse/domestic partner can apply for up to Member's coverage
- Dependent coverage is available
- It's portable: If you leave the City for any reason, the coverage goes with you



Did you know?

The Club has an annual refund check!

After claims and expenses are paid each year, the leftover life insurance premiums are divided up and given back to policyholders!

120 West 2nd Street • Los Angeles, CA 90012

This Month At The Club Store

Get a FREE Quote on Auto and Homeowners Insurance

The United Agencies reps are appearing at the Club Store on select Thursdays:



Patty Pulido Personal Insurance Agent Jan. 18: 8:30 a.m. - 4 p.m.



Rosa Calderon Personal Insurance Agent 8:30 a.m. - 4 p.m.

Get a FREE \$50 fuel card when you sign up for a United Agencies policy!



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- Auto and Homeowners Insurance Call Toll Free (888) 801-5522
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- Group Rated Long-Term Disability
- Comprehensive Long-Term Care Insurance
- Cancer Insurance (\$10,000-\$50,000)
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- Accident Insurance
- Security Builder Plan
- Timber Ridge Critical Illness Plan
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Letters to the Editor

Tell us what you think! talkback@cityemployeesclub.com

A Note From Robert Larios On the Death of Leo Rosen

I love your recipes, Chef Larios!" This was the regular salutation to me from Leo Rosen, a longtime member of the City Employees Club and the Retired Los Angeles City Employees Association, Inc. Every time he said it, it sounded more genuine than each of the previous times, and I appreciated his kind words.

I just recently learned upon seeing his wife, Norma, at the RLACEI holiday luncheon that Leo passed away. I felt an instant sadness since I was hoping to hear Leo's words that helped to reinvigorate my desire to share my love for the culinary arts. I remember seeing Leo in the late 1990s for the first time, and he was the gentleman then just as the last time I saw



LEO ROSEN

him earlier this year. Leo was one of those stand-up guys who I will remember every time I start on my cooking column recipes.

I send my condolences to Norma and the entire Rosen family.

- Robert Larios

Chief Operating Officer, City Employees Club of LA

City Goes All Out For Halloween Fun

alloween was a big deal this year in the City of Los Angeles. But perhaps it has been for many years and I am just now realizing it through the pages of Alive! It was fun looking at the creative costumes employees wore. My kids especially liked the dog on page 18 - my kids say that he doesn't look happy or that maybe he is playing his role perfectly. I also liked seeing the costumes that the Club Store staff wore. I am not a savvy social media user but my kids are, and they showed some of the fun videos that they did on Halloween. Thanks again to everyone for the scary entertainment

- Joan Simmons, LAPD

Chef Larios' Indian Recipe Curries Favor With Marilyn

t looks like Chef Larios is expanding his recipe book to Indian cuisine! I love it! That recipe, "Red Lentil Dal and Chickpeas with Spinach," was full of flavor. I know because I made it by following the Chef's simple directions. I am lucky because where I live there are a few Indian spice shops, and I was able to find everything I needed there. In a household like mine, where the children want burgers and hotdogs, this recipe made them believers in vegetarian dishes; but let's not tell them it was a vegetarian dish. It is just better that wav!

In any case, great recipe. Keep up the great work, and I'm looking forward to mor like this one.

Thanks to Custodians Who Help Make the City Run

want to give thanks to the custodians of the City of Los Angeles for their dedication and hard work. They do a job that is vital for all our government offices. I love coming into the office each morning knowing that it was taken care of overnight by these professionals. And believe me, these folks are truly skilled. That is why I am grateful that the leadership at General Services takes the time to honor them with the Custodian Appreciation Day. I also like how Alive! makes it clear that these employees are important to them as well by publishing a full page on them on Instagram and Facebook. Wishing the custodians a wonderful holiday season!

– Tony Gilbert, LAFD

Like the Club Mobile Team? **Check Out the Fun Video!**

saw the YouTube video called "It's A Wonderful Club Life." It was a great documentary about Angel and Dylan, who go out and take the store to the City yards. It looks like a fun but demanding job! They are such characters! They ought to be on a television show.

Seriously though, the work they do to get from the their workshop to their van and then to the yards is jaw-dropping. They make it look easy and they have the right attitude, too. I especially loved the scene where there was a sparkle in Angel's tooth while he was doing his thing as a salesman. Dylan too - they both work together great. I look forward to meeting them next time they are down here in San Pedro.



Fellow City Employees answer the Question of the Month

How would you describe your 2017?



"A year to celebrate!" Evelvn Brooks, Retired







"Full of opportunities." Marlon Tillet, DWP

"Fabulous!"

Hildebrand, DWP

Theresa

B - U - S - Y!Busy! – Angela Roman, DWF















"Interesting, to say the least." – Sammy Davis,

DWF

"A year of

DWP

advancement."

- Lashonda Jones,

- Marilyn Lopez, DWP

- Janet Smith, Harbor



~ Mammoth Save Big on ~ Sierra at Tahoe Fun in \sim Snow Valley **the Snow!** ~ Big Bear

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News from Sports Leagues sponsored by the City Employees Club of Los Angeles • Jan. 2018



FROM THE COMMISH:

Lady Smith, The Commish



Here's Lady Smith's December recap:

Twas the Night of the Games

It was a tough month, December, with the fires not in the fireplace where they belong. With our loved ones and neighbors on our minds, players tried to remain strong. Thick smoke filled the air; there goes our first game. Although willing to play with masks, Competition wouldn't have been the same.

The following Thursday (12/14),

Next began the vigorous game against Well-Come Home, but trailed. Next tried every combination of defense and may have found their niche, But it was too late in the game and Well-Come Home prevailed.

The Harbor definitely sent their finest to the softball league this season, With outstanding plays, competition's kept at bay, if for no other reason. Tug Life shows great character even when playing with a lady ghost, Which doesn't seem to affect them much, they win without brag or boast.

Operaiders are proving to be formidable opponents, As they took out the number one team last month. Although tied twice, no one has beaten them; No, not once. That undefeated ambiance they'd better savor, As the number one team is out to return the favor.

Undercover Kilawatt Dodgers seem to be playing this year, As they don Dodger apparel and bat like Ethier. Kilawatt fans yell supportive cheers like, "Come on Y'all!" As Kilawatt Dodger pitcher strikes out batters like Kershaw. Much like the Dodgers, Kilawatts play tough, but have lots of fun, Which is why there's explosive laughter and cheers when they score a run.

Winter is coming! The league is settling down. Make up games are scheduled. It's about All-Stars now. All of the women, and some of the men, will exhibit their premium talent, in the outfield and in. Be at Darby Park on the 25th (Jan), to watch it all live. Cheer on your teammates, give them high fives! Come and watch these fabulous games, we need your support, The field is on 90th Street, by the tennis courts.

Gametime Continues Strong!

As the Club Softball League reaches the halfway point and its annual All-Star Game, Gametime continues playing strong. Come out and cheer on your favorite team!

Location Changed

The Club Softball League has had to change locations again. The games are now played at Darby Park in Inglewood, 3400 W. Arbor Vitae St, near W. 90th St./ Pincay Drive near the tennis courts. (This is not Ed Vincent Park in Inglewood, where the league began the year.)

All-Star Game in Jan.!

The Club Softball League's second annual All-Star game is set for Thursday, Jan. 25, at the new location, Darby Park in Inglewood, at 90th Street/Pincay Drive by the tennis courts.

Attendance is fun ... and much appreciated! Support your department team's best players, and have a blast doing it.



"We love the Club."



Hey Club Softball League players and fans, we know you take photos at the games. Share them on social media!

HERE'S HOW: Take your photos. When you post to Facebook, Twitter or Instagram, add any of the following hashtags:

Share Your Photos!

#clubsports #clubsoftball

#cityemployeesclub

That's it! Enjoy the games!



Mid-Season Location Change

Club Softball League games have changed location:

Darby Park

3400 West Arbor Vitae Street Inglewood, CA 90305 At 90th Street/Pincay Drive, near the tennis courts



Hoops, Bowling, Softball: Club Sports on the Horizon

The Club Sports Office welcomes all individual players to inquire about the Club's sports leagues. Currently, the Club is coordinating efforts for basketball, bowling and softball. Please contact sportsdude@cityemployeesclub.com or call the Club at (800) 464-0452 to be placed as a free agent and for more information.

See more Club Softball photos on Club social media — Facebook, Instagram and Twitter!





Angel Gomez, the Club's Mobile Man

Angel's



Eucalyptus Trail Loop Chino Hills



The Eucalyptus Trail Loop follows along the white fence



Chino Hills State Park Eucalyptus Entrance • 3280 Eucalyptus Ave. • Chino Hills

Trail Distance: 3.1 miles (round trip) Elevation gain: 406 feet - steady increased incline then back to flat **Difficulty: easy and moderate** Time: 2-3 hours (depending on your speed)

Trail Hours: May – September 7 a.m. to 9 p.m. October - April 7 a.m. – 7 p.m.

Happy New Year, everybody!

This month we head back to the Chino Hills State Park area. Last month, we were going to explore a little more of the park, but we found a short loop instead that led to the McLean Outlook. But we found a longer 3.1-mile Eucalyptus Loop, and that's where we head this month.

The Eucalyptus Loop features a variety of scenic changes along the way. I recommend you park at the Chino Hills Community Center and go right along the white fence. The fence will guide you along the trail, and signs will continue up and around the loop until you get back. The trail signs are posted and help guide you for the 3.1 miles along the path.

We enjoyed the gorgeous views before coming around to the residential area, where you can also see horses and cows grazing along the trail before finally heading back to the Community Center.

This is a family fun hike for everyone

esting because it offers a changing scene after every other 100 feet or so. It is vey clean and safe and should be traveled during the day; after 5 p.m. might be too late for this hike. I really liked that every other step would take you from an urban area to a more outdoor ranch-style area to explore.

Since this trail is only three miles, it's very relaxing. There is a small incline that creates lots of visual differences, but honestly it is the only incline on the loop. If you don't want to go up the incline you can always just go the opposite way and go left (from the Community Center) until you get back to the Community Center and not have that beginning incline. Both ways are equally good and enjoyable.

I recommend that everyone explore this beautiful area. Most of the trail is just like walking on the sidewalk, and the unpaved sections are wide and easy to walk. The trail is free and the parking is free, too.

Make sure you bring your water, sunscreen and camera for some really cool photos. Until, we meet again next month, be well and Be Alive!

Aden, Kathy, and Angel Jr. hike up the hill while other people come dowr

Let's begin.

The Trail: The loop travels along Eucalyptus Avenue and Chino Hills Parkway until it meets with McCoy Loop and swings back around to the beginning point at the Chino Hills Community Center. The three-mile round trip is very inter-

The Eucalyptus Trail Loop halfway point - 1.5 miles in.

Aden needed to see what was in that old farm equipment (it was empty).



There's a shaded area behind the homes along the trail.



Italy

John Radovcich, Harbor, writes:

"In the *Alive!* Around the World section of the November issue, we once again read of the travels and exploitations of Michael Barnes, Harbor. In the opening paragraph of his write-up, he happened to mention my lovely wife, Francesca, and me. Thank you, Michael.

"Those of us who receive *Alive!* usually have a favorite section or two that we particularly enjoy reading, mine being 'People We See' and this section. Michael Barnes added a bit more detailed information to his write-up rather than the standard.

"Back in July 2017, my wife and I spent nine days in Florence, Italy. Knowing that Michael was to be in Florence at the same time, we arranged to meet up with him and his lovely wife, Rebecca.

"Being that Michael and I both work at the Construction Yard for the Harbor Dept., we've spent a few 'break-times' discussing our travels. Michael always seems to get into the details of his trips, saying how when he sees the crowds go north, he'll go south. If there's a line in front of a restaurant, he finds the little hole-in-the-wall where the locals eat. He keeps an ever-present notepad with him to write down things as simple as which bus to take where and at what time, or which small bar has rock music played by local musicians.

"So, if any of you are planning on taking a vacation to Florence, Budapest, Berlin, Cuba, or any of the other places Michael has visited, log on to your computer and go back into the archives of *Alive!* on the Employees Club Website. You're bound to find some useful information from one of Michael's journeys."



"My wife and I took a day trip to Pisa to see the tower, an hour's train ride from Florence. My assessment: overrated, overcrowded and underwhelming. This is one of those places that you go to because everyone else does. It's also a stop on the cruise ship circuit. What you come to see is not one of the wonders of the world, it's just a lopsided tower. After you've seen the tower, there's not much else to do. Not to say I'm rebellious, but I was not going to allow myself to have my photo taken with the mandatory, 'holding up the tower' photo. Sorry to disappoint you. If you want to go on a nice little daytrip form Florence, head to the town of Lucca. Same distance as Pisa, just a bit north."



"Michael Barnes and I at the Hard Rock Café in Florence. Michael had heard that this Hard Rock had a cover band that did mainly Doors music. Being that we are both Doors fans, and it was Saturday night, we decided to bring our wives and meet up there, listen to some good music and have a few cocktails. The club was nice, not crowded at all, and the general Hard Rock Café music was playing over the speakers. We were there for nearly an hour. We still hadn't seen any band come in and start setting up for the live show. Eventually, Michael asked the bartender what time the band normally comes in to start the show. The bartender told us that the band plays only Mondays through Thursdays. Puzzlement! Why would a well-known place like the Hard Rock Café not have live music on weekends?? The bartender tells us that band likes to go to different clubs in town to listen to music!

"We finished our drinks, left the Café, and started walking through town, probably 9 -9:30 p.m. As we strolled, we heard some music coming from the opposite side of a really narrow street that we had just came to. We decided to check it out – a small hole-in-the-wall place that had rock music coming through the open door. We sit ourselves down at a table and the waitress brings menus. Mexican food. Cool! We're going to have Mexican food in Florence, Italy. We ordered food and beers, and spent the next hour or two listening to a live band and enjoying each other's company. Great evening. (The Mexican food was pretty good, too.)



GENERAL SHERMAN

Yosemite



"Seguoia's General Sherman. The biggest tree on earth. Age: 2,200 years old. Weight: 1,385 tons. Circumference: 103 feet. Volume: 52,500 cubic Feet Height: 275 feet."

Alberto Fajardo, General Services, visited Yosemite



"The fall colors in Yosemite National Park – The contrast of autumn's yellow, gold and amber



End Tunnel View Point."

against a backdrop of El Capitan and dark green coniferous forest is quite an amazing sight."







Take *Alive!* with you, wherever you go!

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- Snap a high resolution photo of you holding Alive!.
- Attach your picture to an email, and send it to us, and we'll publish it.

Send to: talkback@cityemployeesclub.com



CITY RETIREE ASSOCIATIONS

Retired Los Angeles City Employees, Inc. (RLACEI)



Ed Harding, RLACEI President www.rlacei.com Contact him: (800) 678-4145 Ext. 703 E-mail: edwardjharding@rlacei.com

Change of Address?

If you change your address, notify Michael A. Perez, Membership Chair, at (800) 678-4145, x725, or cell: (310) 218-6646. Or write to Cliff: 1942 Radlett Ave., Carson, CA 90746.

Have News About Yourself? Contact Mary Beetz, call (800) 678-4145 Ext. 711

Three Retirees Groups Hold Events; Make Sure You're at the Right One

RESERVATION LINES:

RLACEI events: (800) 678-4145, Ext. 701 DWP events: (949) 388-1206 (Dolores Foley) LARFPA events: (888) 288-5063

JUNE 8: LARFPA annual barbecue and board meeting, Grace E. Simons Lodge

RLACEI events to be determined in early 2018.

RLACEI Website

Hal Danowitz asks you to visit the RLACEI Website at www.rlacei.com to find the latest retirement news. If you find it helpful, or have suggestions for improvement, call Hal at (800) 678-4145 Ext. 707.

Contact the LA City Employees' Retirement System

The Los Angeles City Employees' Retirement System is at 202 W. First Street, Suite 500, (LA Times Building), Los

Strong Party Attendance; Goodbye to Americo, Helen



Ed Harding

President's Report By Edward J. Harding **President**, **RLACEI**

The holiday party was a total success. We had 186 members attending, and as I walked around and talked to our members, they commented they were having a very good time and liked seeing old friends they had once worked with.

The food was great and enough for all. However, we ran out of lemonade, but the caterer refilled it. That is the reason why it is important for members to make reservations!

Lita Payne swore in the incoming Board: Edward Harding, President; Tom Stemnock, First Vice President; Mike Perez, Second Vice President; and Michael Wilkinson, Legal and Legislative.

Also, Lita Payne informed us on the status of our pension and reassured that it was in very good shape and very secure. Alex Rabrenovich spoke on the success and outcome of our Open Enrollment status and thanked all for attending. All applauded Lita and Ben. I thank you, Lita and Alex, for bringing us up to date on our pension status and Alex for briefly updating us on the results of our Open Enrollment. Please read the LACERS information sent out.

As I have mentioned before, Americo Garza and Helen Salgado have retired, effective Jan. 1. We will greatly miss Helen and Americo, part of our RLACEI "family." We wish you good luck, good health and prosperity in your new beginnings. You will be missed by all!

Happy New Year 2018 to everyone!. ■

How Healthy Is LACERS? Strong, Says Consultant



Wilkinson

LACERS Board Update, By Michael R. Wilkinson

 ${f N}^{
m ow}$ is the time of year that we get our annual financial checkup from our system "doctor," actuary Paul Angelo of the Segal Company. Just like your annual doctor's visit, this exam shows LACERS how the plan has done and what needs to be done in the coming year to stay healthy.

Spoiler alert: The plan is in excellent shape and no major changes are needed to keep the plan financially strong. As you may remember, the LACERS Board this year reviewed the economic assumptions and moved down the assumed rate of return from 7.5 percent to 7.25 percent, believing that the plan would not get the higher return on investments going forward. The Board also reduced its assumption for the yearly change in the cost of living from 3.25 percent to 3 percent.

Note that this change in the cost of living assumption is not a downward change in the COLA to be paid to retirees. That consumer price index is set by the federal government as it determines what the local cost of living change is in our area for active members? This is one more report that shows the calendar year. LACERS then adopts the COLA that LACERS is in excellent shape and will be able to beginning in July of the following year, subject to a pay our full retirement and health benefits.

3 percent maximum.

The actuary earlier projected that the changed assumptions would result in a 2.03 percent increase in the City's contribution rate. The City is obligated and does pay for its share of the pension as a percentage of the active workers payroll each year. However, since increases were lower than projected for active employee salary increases and retiree cost of living adjustments (COLAs), the net increase was only 0.97 percent, less than half the expected increase.

The actuary reported that the funded level (comparing the actuarial level of assets to the actuarial level of accrued liabilities) increased from 71.39 percent to 71.40 percent for the retirement assets and from 80.49 percent to 81.14 percent for health benefits.

The City will pay the increased amounts covering funding for both the retirement and health payments in July 2018. The Tier 1 contribution rate will be 28.31 percent and the Tier 3 will be 25.88 percent.

So what does this all mean for us as Retirees and

Angeles, CA 90012. Hours: 8AM-5PM. Phone (213) 473-7200 or (800) 779-8328. Contact them to arrange direct deposit of your retirement checks, change your tax withholding or beneficiary, or for questions about your health plans. www.lacers.org

DWP Retirees Association



Dolores Foley, President Phone: (949) 388-1206 E-mail: vincedolores@gmail.com www.dwpretirees.org

Los Angeles Retired Fire and **Police Association (LARFPA)**



Robert L. Olsen, President Phone: (323) 283-4441 Fax: (626) 285-1461 9521 Las Tunas Dr. #4, Temple City, CA 91780 www.larfpa.org

Inequity in the Survivor Option Purchase Program?



Michael Karsch

Legislative Report: Pension Law and Policy, By Michael Karsch

 W^{e} think there is an inequity that needs to be addressed, and we need help from our members. In 2009, members of the City's Police and Fire Pension System got a pension option via the ballot for their retirees. It was called a "post retirement marriage surviving spouse benefit." This option gives a retiree who marries after retirement the option of buying a survivor pension for the new spouse. This option is cost neutral to the City, as the retiree takes a reduced pension to fund a survivor pension for the new spouse. Since this optional

plan was approved, more than 160 members of the Police and Fire Pension System have taken the option to provide a survivor pension for the new spouse.

LACERS does not offer this option to its retirees except for the Airport Police who were consolidated with LAPD, and some wanted to maintain their pensions with LACERS. So in 2017, LACERS offered this new option to those members of the consolidated Airport Police choosing to remain in LACERS. Is it not appropriate that the bulk of LACERS retirees should also have this option? This is an inequity that the City should address.

Your input requested: Please give us your input Continues next page

Inequity in the Survivor Option Purchase Program? (continued)

on whether this new option should be implemented for LACERS retirees. Address your input to mkarsch@ hotmail.com

Answer this question: Would you like to have a survivor option purchase program that Retirees could choose for a spouse who is married after the Retiree has retired? This would be paid for by an offsetting reduction in the amount of the member's pension.

Would you sign up for this option? Do you know of other Retirees who would be interested? If so, how many?

Your input is important. Please let me know by email. Thank you.



<u>Club Members</u>



For Retired

CONTACT THE CLUB:



Tiffany Sy Member Services Counselor, In-house (800) 464-0452, Ext. 202

TSy@cityemployeesclub.com www.cityemployeesclub.com

RETIREMENT HELPLINE

Who to call? Call the Helpline and reach the officers of the Retired Los Angeles City Employees, Inc. If you move or change your address, contact Michael A. Perez. Also notify LACERS, ACEBSA and LAFCU. For information on problems, activities, meetings or membership. Each officer's extension is listed below. Los Angeles City Employees'

Counselors and Retiree Helplines(800) 678-4145• Mary BeetzExt. 711• Hal DanowitzExt. 707• Edward HardingExt. 703• Michael KarschExt. 704• Gary MattinglyExt. 702• Phillip OrlandExt. 709• Neil RicciExt. 714• Michael A. Perez (membership)Ext. 705• Tom StemnockExt. 712Questions:Ext. 01RSVP:Ext. 701DWP Retirement(212) 367 1722	Retirement System:	(800) 779-8328
 Hal Danowitz Ext. 707 Edward Harding Ext. 703 Michael Karsch Ext. 704 Gary Mattingly Ext. 702 Phillip Orland Ext. 709 Neil Ricci Ext. 714 Michael A. Perez (membership) Ext. 705 Tom Stemnock Ext. 712 Questions: Ext. 0 RSVP: Ext. 701 	RLACEI Retirement Counselors and Retiree Helplines	(800) 678-4145
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 Michael Karsch Ext. 704 Gary Mattingly Ext. 702 Phillip Orland Ext. 709 Neil Ricci Ext. 714 Michael A. Perez (membership) Ext. 705 Tom Stemnock Ext. 708 Michael Wilkinson Ext. 712 Questions: Ext. 701 DWP Retirement 	• Hal Danowitz	Ext. 707
 Gary Mattingly Ext. 702 Phillip Orland Ext. 709 Neil Ricci Ext. 714 Michael A. Perez (membership) Ext. 705 Tom Stemnock Ext. 708 Michael Wilkinson Ext. 712 Questions: Ext. 01 RSVP: Ext. 701 DWP Retirement 	• Edward Harding	Ext. 703
 Phillip Orland Phillip Orland Ext. 709 Neil Ricci Ext. 714 Michael A. Perez (membership) Ext. 705 Tom Stemnock Ext. 708 Michael Wilkinson Ext. 712 Questions: Ext. 01 DWP Retirement 	Michael Karsch	Ext. 704
 Neil Ricci Ext. 714 Michael A. Perez (membership) Ext. 705 Tom Stemnock Ext. 708 Michael Wilkinson Ext. 712 Questions: Ext. 0 RSVP: Ext. 701 DWP Retirement 	Gary Mattingly	Ext. 702
Michael A. Perez (membership) Ext. 705 Tom Stemnock Ext. 708 Michael Wilkinson Ext. 712 Questions: Ext. 0 RSVP: Ext. 701 DWP Retirement (212) 367 1722	Phillip Orland	Ext. 709
Tom Stemnock Ext. 708 Michael Wilkinson Ext. 712 Questions: Ext. 0 RSVP: Ext. 701 DWP Retirement (212) 267 1722	Neil Ricci	Ext. 714
Michael Wilkinson Ext. 712 Questions: Ext. 0 RSVP: Ext. 701 DWP Retirement (212) 267 1722	• Michael A. Perez (membershi	p) Ext. 705
Questions: Ext. 0 RSVP: Ext. 701 DWP Retirement (212) 267 1722	Tom Stemnock	Ext. 708
RSVP: Ext. 701 DWP Retirement (212) 267 1722	Michael Wilkinson	Ext. 712
DWP Retirement (212) 267 1722	Questions:	Ext. 0
(212) 267 1722	RSVP:	Ext. 701
	DWP Retirement Plan Office	(213) 367-1722

RLACEI Seeks 2 New Directors



LACERS Update By Mary Beetz

s you read in the President's Message from Edward Asyou read in the residence in the horizontal and t bers: America Garza and Helen Salgado retired as of Jan. 1, and we are in need of two Directors. If you are a Retired LACERS member and would like to become an RLACEI Director, please contact Nominating Committee Chairman Neil Ricci at (800) 678-4145 x714 or send your request to 348 21st Place, Santa Monica, CA 90402. He will guide you during the process.

New Membership Chair

Mike Perez has been appointed the new Membership Chairman. If you have any questions, suggestions or need information concerning your membership benefits, he can be contacted at (800) 678-4145 x705 or maperez@77gmail.com.

New Entertainment Chair

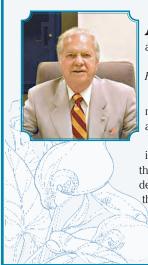
Phil Orland has been appointed as the new Entertainment Chairman due to Americo's retirement. Phil can be contacted at (800) 678-4145 x700.

Member Seeking Member

Jim Briefley would like to contact Sarah J. Clifton, who recently retired from Airports. She and Jim worked together at LAX Maintenance, and Jim would like to say hello and congratulations.

Jim retired from Airports in 1974, and reports that "life has been good!" If you're out there, Sarah, Jim Briefley can be contacted at (951) 695-3713 or e-mail: jimb4e4@gmail.com. ■

In Memory of Ken Spiker



Art Spaulding, who was featured on the front cover and feature story of *Alive!*'s July 2017 issue, send a note to remember Ken Spiker, longtime City Employee and LACERS Commissioner on behalf of the RLACEI.

Here's Art's note:

"Ken Spiker was one of those in City Hall I shall not forget. His name lingers in my memory together with all those others who were important to me during my tenure as Petroleum Administrator, 1962-73.

"During those years I depended on Ken frequently whenever my oil and gas issues were expected to excite the City Council. I always regarded Ken as one of the most effective guys in City Hall, and as a tribute to his widespread interests we developed a rewarding working relationship and friendship. The consequence was that he made my internal political life a lot smoother, as he did for so many others. "Goodbye, Ken! Sorry to see you go; you were such a fine man."

> - Art Spaulding, Assistant City Administrative Officer, Petroleum Administration, 1962-73.

Hats Off to Cynthia

Retiree Cynthia Hatch crochets hats for charity.

Cofficer II, Transportation, does a "I like giving ba beautiful thing for charity each year - she takes her hobby, crocheting, and uses it to give to those in need. This year, Cynthia crocheted

more than 60 hats, which she

"I like giving back to my community," she says. "Christmas is a time to recognize that Christ was born. With my sister and others, I give and donate every year to the homeless.



Stay Connected

• If you have news about yourself, family or other retirees that you would like to share with our readers, send it and we will publish it.

donated to the LA Mission downtown.

"Crocheting has been my hobby for more than 49 years now," she says. "I've crocheted hats, blankets, scarves and other items.'

Her former colleague and sister, Estelle Ezell, Retired, Traffic Officer II, helped in the crocheting. Her sonin-law, Lanre Adesanya, donated

We have donated to the shelters jackets and food. I'm just doing what is helping me to be a better person.'



From left: Cynthia Hatch, Retired, Transportation, donates the more than 60 hats she crocheted to the LA Mission. Accepting for the mission is Tina Russek, gifts-in-kind manager

 If you would like to contact a former City Employee that you met or worked with, send your contact information and we will publish it so they can contact you.

If you are a Retiree and have interesting news or updates about yourself, your family or other retirees, or would like to connect with coworkers, send information to mbeetz@4841@aol.com, or mail to Mary Beetz:

137 Westmont Drive, Alhambra, CA 91801 NOTE: Due to our confidentiality policy, we do not give out any information without authorization.

RLACEI:

Officers

Edward Harding: President Tom Stemnock: First Vice President Phillip Orland: Second Vice President Hal Danowitz: Secretary/Treasurer

Committee Chairpersons

Mary Beetz: Publicity Michael A. Perez: Membership Hal Danowitz: Finance Neil Ricci: Health and Nominating Michael R. Wilkinson, Legal and Legislative Tom Stemnock: Audit and Golf

Directors

Mary Beetz Michael Karsch Gary Mattingly Michael A. Perez Neil Ricci Michael R. Wilkinson



BestYears

For Retired Club Members

CLASSIC Zipping Along in Costa Rica

Part 2 of Hal and Evelyn's trip to Uncle George's place.



<u>The</u>

ast month I L told you about the first part of our trip to Costa Rica. Taking the trip were Evelyn and I; Michelle and JP; the three grandkids Maddie, Isabelle and Coco; and JP's parents, Effie and Pierre. We

By Hal Danowitz, Secretary, RLACEI

stayed in the Central Pacific area at a house owned by Michelle's Uncle, George Murdoch.

We left LAX Aug. 12 and returned Aug. 17.

n Friday morning, Aug. 14, we were scheduled for an aerial activity called ziplining, but we made a mistake on the time, and the tour was already gone when we got there. So instead, we drove into Jaco (pronounced ha-co) to look around. This is the main tourist town in the area and reminded me of Cabo San Lucas 10 years ago.

There are a number of good hotels and restaurants in Jaco. One of the town's major attractions is surfing. A yearly international surf contest is held nearby at Playa Hermosa. We walked around, and Evelyn bought a very nice beaded bracelet. We had to get back to our house because Evelyn was taking the girls horseback riding, something I have done only once or twice and care not to do it ever again. Anyway, Evelyn and the girls had a great time, and for the two-hour ride it was only \$30 for all of them. The dollar is accepted all over Costa Rica, so there is no need to change money.

That evening, the adults rode into Jaco to have dinner at a restaurant called Pili Pili. The name comes from the Swahili word for chili peppers, which were in a special spicy sauce the chef uses. The food was outstanding, but the service was way too slow. There must have been a problem in the kitchen because we waited almost 45 minutes to get our first course. The price was right, though; with wine and drinks, the bill was only \$30 per person.

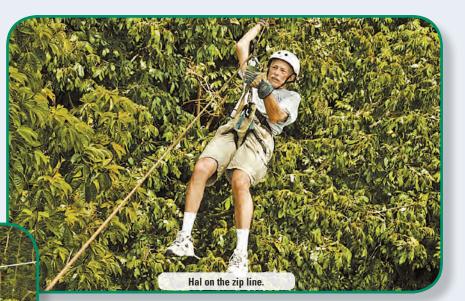
I was a little apprehensive about our ziplining experience, rescheduled for Saturday morning Liust didn't know what to expect but I figured if an eight-year-old (Coco) could do it, so could I. We showed up at the Chiclets Tree Canopy Tours to take the 9 a.m. tour. The cost was \$39 each, about half of what is charged in Mexico. You first put on a harness, helmet and gloves. The instructor gave us a 10-mintue demonstration of hand signals and what to except. We piled into an open truck and drove about a mile to the start of the tour and climbed a staircase up about 80 feet. We were with three other groups, but ours was the first to go. They attached us to the wire with a pulley and snapped us onto a safety line, and off we went. The first zip line was short, just to give us the feel for the ride. We didn't have the sensation of falling, and it was very enjoyable. We controlled our own speed, and the only thing we needed to remember is to stop before we crashed into the tree. A guide was waiting for us at each stop to "catch us" and made sure we didn't hurt ourselves. There were 13 platforms and 12 lines, the longest of which was 1,000 feet. It was a great experience and I would do it again.

building just across from the Chiclets trees. At the construction site, they have adopted a young whiteface monkey, whose mother was electrocuted by accident. The monkey is not in a cage, and it has the run of the site. How this will work out in the future is not certain.

We stopped to have lunch at a small restaurant on the beach and, while we ate, we watched the surfers. The food was very good and again inexpensive at \$10 per person.

Our host made dinner for all of us that evening, and we spent the rest of the evening playing cards and watching a movie.

Sunday was our last full day in Costa





doned at the San Jose, Costa Rica, airport, and in August 2000 it was purchased for \$3,000, disassembled and shipped in pieces to its present location. The inside was converted into a disco bar, which is open in the evenings. It's a real piece of history. This was my chance to try a native Costa Rican dish, and I chose the chicken and rice, which was very good, though a little spicy, and long on rice and short on chicken. After lunch, we stopped by

plane was aban-

the local flea market, and Evelyn picked up a few souvenirs. While the kids stayed on the beach, we drove back to the house. I made a few wrong turns before finding the main road, but we got back without problems. Part of the problem with driving in Costa Rica is that there are no street addresses and in some case very little signage to tell you where you are or where you are going. On Monday, we left for home. Our flight was at 5:15 p.m., and we left the house about 11:30 a.m. for the ride to the airport. We wanted to stop at the market to pick up some coffee to bring home and leave enough time in case of a problem. On the way to the airport it rained very hard, and I was glad we had a driver. To leave Costa Rica you need to pay an exit visa tax, and after we did that we checked in for our flight. We stopped in El Salvador, but we didn't need to change planes. The flights were uneventful and we got into LAX about midnight. It took a while for our luggage to come, and we didn't get home until after 2 a.m.

After our zip-lining experience, our host, George, showed us some new homes he is



Rica, and we decided to spend it at Manuel Antonio National Park. The park is just south of Quepos, about 45 minutes from our house. It is a combination of rain forest, beaches and coral reefs. The beaches are white sand and have very good snorkeling. The forest is home for sloths, iguanas, the rare squirrel monkey and the whiteface monkey, and we saw all of them up close and personal. We parked our cars near the beach entrance and walked back to the ticket booth (\$10 for adults, children under 12 are free). We walked about a half-mile into the park and reached the southern-facing beach, Playa Manuel Antonio, a half-mile long white sand crescent beach

and a secluded cove to the When we got there it was pretty empty, so we had the of all the JP. Michelle and the kids in front of the good spots El Avión restaurant. to spread our towels. We

> all headed into the water, which was very warm, and we spent about two hours just relaxing. We were going to meet George's family for lunch and needed to leave time for the walk back and to drive to the restaurant. We wanted to walk the trail that winds around Punta Cathedral, and we were told it was an easy 30-minute walk. Well the walk took over an hour and, while it wasn't hard, I wouldn't classify it as easy.

to one side

other.

choice

We had lunch at El Avión, built around a Fairchild C-123 cargo plane that was part of the mid-1980s Iran-Contra scandal. Part of the profits was used to purchase two C-123 cargo planes, one of which is this plane. This

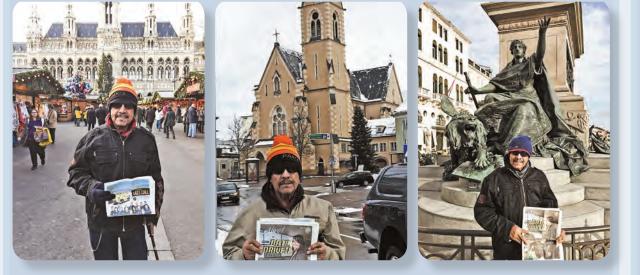
I really enjoyed Costa Rica and would like to do another trip to see the parts we missed.





Vienna





Baron Greenhouse, Harbor, visited the Christmas market in Vienna, Austria.



Pete De Leon, Retired, Public Works/Street Services and Airports, stopped with his family in Puerto Vallarta, Mexico, on the last leg of their seven-day cruise. With Pete (from left) are his wife, Annie; sister, Yolanda; and children Andrew, Zoe and Robert.



Take the Club with you, wherever you go!

Bring your recent copy of *Alive!* with you. Snap a **high resolution** photo with you **hold-ing a copy**, send it in, and we'll publish it. **Send to:** talkback@cityemployeesclub.com

The **BestYears**

Retirements Here's a listing of all those who retired from the City this month. To all we say, welcome to the Best Years!

For Retired Club Members

NAME	TITLE	DEPT.	YEARS	NAME	TITLE	DEPT.	YEARS	NAME	TITLE	DEPT.	YEARS
Akins, Harvey	Automotive Supervisor	r Gen. Service	es 23	Espinoza, Lynne	Sr. Admin. Clerk	LAFD	13	Perez, Alicia	Messenger Clerk	Library	1
Alberico, Michael	Not Disclosed	DWP	Not Disclosed	Feldmeier, Jane	Not Disclosed	DWP	Not Disclosed	Prieto, Martha	Sr. Admin. Clerk	Public Works	33
Amin, Mahendra	Civil Eng. Associate	Public Work	s 34	Feldmeier, Louis	Not Disclosed	DWP	Not Disclosed	Quemada, Jeff	RCTO	Public Works	30
Aune, Robert	Comm. Electrician Sup	V.	ITA 31	Floyd, Donald	Comm. Info. Rep.	ITA	21	Rehberg, Robert	RCTO	Public Works	28
Austria, Ariel	Sr. Accountant	LAFD	19	Goldfield, Tatyana	Envr. Engr. Assoc.	Public Wo	rks 31	Romero, Carlos	Tax Compliance Off.	Finance	27
Banales, Maria A.	Custodian	Airports	17	Gomez, Daniel	Not Disclosed	DWP	Not Disclosed	Rosenblum, Alan	Not Disclosed		ot Disclosed
Baskerville, Wenton	Not Disclosed	DWP	Not Disclosed	Gonzalez, Edith	Admin. Clerk	Econ./Wrkfrc	e Dev. 28	Ryan, David P.	Sr. Comm. Elec. Supv.	ITA	38
Berkowitz, Jay	Photographer	Airports	32	Hanley, Wayne	Not Disclosed	DWP	Not Disclosed	Saguanpong, Surapol	Garage Attendant	Gen. Services	
Bivens, Mark	Sr. Traffic Supv.	Transportati	on 33	Hermosillo, Shirley	Sr. Admin. Clerk	Rec and P	arks 33		Facility Director	Rec and Parks	
Bomer, David	Municipal Police Sgt.	LAPD	22	Haas, James J.	Sr. Constr. Inspector	Public Wo	rks 32	Salazar, Hector			
Brahms, Bryan	Management Analyst	Airports	14	Holloway, Dwayne	Not Disclosed	DWP	Not Disclosed	Salcedo, Leonard	Polygraph Examiner	LAPD	18
Brooks, Durward	Traffic Officer	Transportati	on 31	Hoo, Karen	City Planner	Planning	34	Salvador, Benny	Not Disclosed		ot Disclosed
Brosius, James	Street Services Supv.	Public Work	s 31	Huang, Lee	Wastewater Treat. Lab Mgr.	Public Wo	rks 32	Sandoval, Juan	Special Prog. Assist.	Rec and Park	
Brown, Dolores	Admin. Clerk	Personnel	18	Jefferson, Edward	Not Disclosed	DWP	Not Disclosed	Scranton, Wayne	Sr. Custodian	Gen. Services	
Busby, Denise	Not Disclosed	DWP	Not Disclosed	Kawada Mack, Jenny	Sr. Admin. Clerk	LAFD	20	Serrano, Marisela	Not Disclosed	DWP No	ot Disclosed
Bustillos, Maria	Not Disclosed	DWP	Not Disclosed	Kuykendall, Michael	Equip. Operator	Harbor	27	Sindayen, Angel	Sr. Build. Mech. Insp.	Bldg. & Safety	/ 34
Butler, Ometha	Not Disclosed	DWP	Not Disclosed	Long, Kathryn	Mayoral Aide	Mayor's Of	ffice 1	Solis, Lilia	Management Analyst	Library	35
Butler, Zannie	Admin. Clerk	LAPD	37	Louie, Frances	Sr. Admin. Clerk	Housing	19	Takahashi, Marian	Systems Programmer	ITA	32
Bynum, Robert	Not Disclosed	DWP	Not Disclosed	Maclean, David	PR Inspector	Bldg. & Sa	fety 30	Taylor, Mary	Management Analyst	LAPD	22
Calcaterra, Mark	Park Ranger	Rec and Par	ks 30	Martinez, Leo	Asst. Dir., Sanitation	Public Wo	rks 35	Telles, David	Management Analyst	LAPD	31
Carter, Leonard	Roofer	Gen. Service	es 29	Martinez, Mario	RCTO	Public Wo	rks 33	Thompson, Alan	Sr. Traffic Supervisor	Transportation	1 32
Castro, Raymond	Gardener Caretaker	Rec and Par	ks 29	McOsker, Timothy	Chief of Staff	Mayor's Of	ffice 10	Tong, Dung	Mech. Engr. Associate	•	
Chan, Ferdinand	Civil Engineer	Public Work	s 30	Mirisola, Daniel	Not Disclosed	DWP	Not Disclosed	Trama, Lydia	Recreation Assistant	Rec and Parks	
Chen, Samuel	Not Disclosed	DWP	Not Disclosed	Moore, Hiawatha	Admin. Clerk	LAPD	16	Trujillo, Nancy	Not Disclosed		ot Disclosed
Correa, Salvador	Automotive Super.	Gen. Service	es 30	Morimoto, Mike	Custodian	Gen. Servi	ces 11	Uribe, David	Not Disclosed		ot Disclosed
Cuellar, Robert	RCTO	Public Work	-	Morones, Ralph	Airport Manager	Airports	44	Van Wyk, Lynda	Library	Admin. Clerk	9
Cunningham, Steven	RCTO	Public Work	s 34	Myung, Sunmi	Systems Analyst	LAFD	31		,		•
Del Valle, Belkis	Sr. Manage. Analyst	Transportati	on 30	Nicholson, William	Equip. Operator	Public Wo		Vincent, Lance	Wastewater Manager		
Diaz, Ronald	Sr. Housing Inspector	Housing	21	Nunez, Mary	Police Service Rep	LAPD	30	Wilson, Daniel	Pr. Workers Comp. Analyst		10
Dobashi, Mark	Plumber	Public Work	s 14	Oskierko, Charles	RCTO	Public Wo	rks 12	Wong, Sam	Sr. Real Estate Officer		
Dominguez, Javier	Not Disclosed	DWP	Not Disclosed	Palomino, Victor	Systems Analyst	LAPD	20	Yen, Shan	Programmer Analyst	ITA	30
Dunn, Edward	Not Disclosed	DWP	Not Disclosed	Palomo, Felipe	Not Disclosed	DWP	Not Disclosed	Yip, Willis	Architect	Public Works	25
Enriquez, Laura	Custodian	Airports	19	Park, Jae H.	Sign Painter	Airports	30				



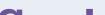
Monthly Griffith Park Hike:

- With Commissioner Cynthia Ruiz and LACERS Well
- First Friday of every month
- 8:30 a.m. 10 a.m.



Monthly Easy-Paced Bike Ride

- Dock 52, Marina del Rey
- · 3rd Wednesday of the month
- 11 a.m.
- Contact Ron Skarin for location updates and to RSVP at ronskarin@sbcglobal.net



West Covina Mall Walk and Stretch

Ontario Mills Mall Walk and Stretch

Seniors: Get Active in 2018!

The LACERS *Well* program sponsors walking/social events that are perfect for helping you keep in shape and take care of your health. And they're open to all fitness levels.

For outside walks and events, make sure to bring comfortable shoes, sunblock, sunglasses and water.

For more information on LACERS Well events: Tara Miller, LACERS Well coordinator: (213) 978-6843 Or LACERS.org/lacerswell

- West Covina Mall, West Covina
- Every Wednesday, 8:30-10 a.m.
- Contact Pablo and Vivian Cortez at pabcrt6@aol.com

Lakewood Center Mall Walk and Stretch

- Lakewood Center Mall, Lakewood
- Every Monday, 8 a.m.
- Contact Beverly Anderson at the. andersons@verizon.net

Pathfinder Park Walk and Stretch

- Rowland Heights
- Every Wednesday, 9 a.m.
- Contact Joyce Kawai at jkawai@gmail.com

Madrugada Trail Hike and Stretch

- Chino Hills
- Every Sunday, 4-6:30 p.m.
- Contact Eugene Mandelcorn at emandelcorn@ymail.com

Ontario Mills Mall Walk and Stretch

- Ontario Mills Mall, Ontario
- 1st Saturday of the month, 9 11 a.m.
- Contact Eugene Mandelcorn at emandelcorn@ymail.com

- Ontario Mills Mall, Ontario
- 1st Saturday of the month, 9-11 a.m.
- Contact Eugene Mandelcorn at emandelcorn@ymail.com

Ontario Mills Mall Walk and Stretch

- Ontario Mills Mall, Ontario
- Every Sunday, 10:30 a.m. noon
- Contact Eugene Mandelcorn at emandelcorn@ymail.com

Playa del Rey Beach Walk & Stretch

- Playa del Rey
- Every Friday, 8:30 a.m.
- Contact Frankie Gallagher at Frankiequeenofhearts@yahoo.com

Chino Hills Workout and Stretch

- Chino Hills Senior Center, Chino Hills
- Every Saturday, 4-6 p.m.
- Contact Eugene Mandelcorn at emandelcorn@ymail.com

Buddy Walk for Life

- Kaiser Baldwin Park
- 1st Friday of the month, 8-10 a.m.
- Contact Mariam Galang at mariamgalang@gmail.com

- View Park, Windsor Hills
- Every Thursday, 11 a.m.
- · Contact Avis Ridley-Thomas at avisridleythomas@me.com

Van Nuys Sherman Oaks Park Walk and Stretch

- Sherman Oaks
- 2nd and 4th Tuesday of the month, 9 a.m.
- Contact Debby Rolland at debbylr22@ gmail.com

El Cariso Park Walk and Stretch

- Sylmar
- Every Monday, 8:30 a.m.
- Contact Irene Galvan at ronnie20dav@ gmail.com

Manhattan Beach Pier Walk

- Manhattan Beach
- 1st Saturday of the month, 9-11 a.m.
- Contact Cyrous Adami at Cyrous13@ yahoo.com

By Tara Miller, MS RD/N, LACERS Well Program Manager, and Candace Wilkie, Wellness Intern

Leaner

Stronger



Setting 'Smart' Goals for 2018

▶oal setting can be exciting, motivating, Generifying and inspirational. It is a universally helpful tool for future planning, and imperative for making a much-needed change in one's life. So why do some goals fall flat and others soar? Are some people just programmed or genetically engineered to be successful in their goals?

Not necessarily. Goals, even deeply meaningful ones, can fall short of their potential for a variety of reasons, including:

- A lack of a support system
- Unrealistic time or emotional investments
- · Poor belief in the overall success or capability to follow-through
- Lack of accountability
- Impracticable deadlines and/or a failure to include personal consequences

Although often attributed to personality traits like pure willpower, resolve or even grit, most goals require more than discipline to succeed and to be maintained. In fact, studies show that if "smart" goal setting - which stands for Specific, Measureable, Attainable, Realistic, and Timely - is utilized, your odds of meeting or even surpassing your goals significantly increase by illuminating possible barriers, true motivation, and likely outcomes. Instead of relying on perceived "should," including "I should quit smoking," and habitual "wishes," like "I wish I were a size 2," the "smart" process involves applying an honest and thoughtful lens to map out goals. When evaluating your goal, consider if it is (or can be), the following:

Specific

A goal that is specific clearly defines who's involved, how it will be achieved, and in what time frame.

Example: Each January, Alice vows to "exercise more" but has never been successful at maintaining her program. This year, Alice created a more specific goal by planning to exercise one day a week (Mondays), at 10 a.m., in her favorite Zumba class for three months with her best friend, Joy, who goes on a regular basis.

SMART GOALS with

Use the following worksheet to create a successful SMART goal.

Step Two: Lets get started, be SPECIFIC and answer the following What are you trying to achieve?
When? Be reasonable
How are you going to achieve this goal?
Step Three: How are you going to MEASURE your goal?
What unit of measure will you be using? How will you be tracking your progress?
How will you be tracking your progress?
How will you know when you have completed your goal?
Step Four: How will you make your goal ATTAINABLE?
What tools will you need?
Who is your support system?
Step Five: Is this goal REALISTIC?
Be cautious not to bite off more than you can chew.
What priorities will you need to reassess in order to achieve this goal?
What will have to be done differently in order to ensure you reach this goal?
Step Six: Make your goal TIMELY!
By creating a feasible deadline and checkpoints along the way.
Start Date: End Date: My Checkpoint will be on and I will have successfully comp
goaland I will have successfully comp
Step Seven: Now its time to put it all together, re-write your complete goal

Measureable

cable) and a reliable way to track progress.

Example: Robert is always tired and gets

frequent headaches. He knows he should

drink more water, but since he is so busy,

he doubts he'll be able to keep track of how

much he drinks. To assist with this, he makes

a goal to drink two additional glasses of water

per day (12 oz. total) for two weeks, and

keeps a log of his efforts at his desk, which he checks daily before clocking out. Includes units of measure (where appli-

Attainable

Will this goal be a priority? Was it created for personally meaningful reasons? What resources will you need to achieve success?

Example: JoAnn's doctor has indicated that weight loss would be beneficial to her health, but until her recent diagnosis of dia-

betes, JoAnn didn't think much about it. Sensing her concern, her doctor offers a referral for a nutritional consult and information on local exercise facilities she can afford. Armed with these and her family's positive encouragement, JoAnn believes she can achieve this goal and is excited to get moving. She agrees to lose 10 pounds by her next month's appointment.

Realistic

Are your abilities and skill set a good match for this goal? Are the resources you identified above available to you now?

Example: Mike wants to run a 5K that is six months away. He has never been a strong runner but is otherwise in good shape. To be successful, Mike must be able to run for 45 consecutive minutes. Since he already walks 30 minutes on the treadmill each week. Mike knows that he can progressively switch walking with running, in 10-minute increments each month, and build up to the full 45 minutes of running in a six-month timeframe.

Timely

A practical time frame addresses possible conflicts with current responsibilities. Is this a short-term goal or a long-term goal? Is the deadline fixed or flexible? Have benchmarks been included for self-evaluation?

Example: Maggie scheduled a trip to Ireland in May and wants to improve her health and energy level to make traveling more enjoyable. Although she'd like to go to the gym more often, she knows this is an unrealistic expectation during the upcoming tax-season. Instead, Maggie decides to focus on improving her nutrition habits by having healthy snacks on hand (at the office and at home), and switching to water instead of diet soda. In one month, after evaluating her results, Maggie includes a 20-minute walk after lunch most days. By May, Maggie has lost 15 pounds, and feels great!

By using "smart" goals, you can often sidestep unforeseen barriers that are bound to creep up, and discover a bit about yourself along the way. To see how "smart" your goals are, check out the LACERS Well online featured challenge at www.LACERS.org/lacerswell.



LACERS Well Nour Health Matters **Should Seniors Donate Blood?**

"January is National Blood Donor Month.



n the United States, someone needs blood or platelets every two seconds.

While many would agree that the holidays are not the most convenient time to donate blood, the Association of Donor Recruitment Professionals (ADRP) indicates that the winter months leave blood banks at greater risk of depletion. The Blood Centers of the Pacific (BCP) reports that only 13 percent of blood donors in a given year are senior citizens, despite that there are no rules or guidelines suggesting that healthy seniors of any age should refrain from donating. Steve Bolton, Executive Director of the ADRP, is concerned that as many of these boomers move from blood "donors" to blood "users," we can expect to see an even greater shortage of donations available to aid in cancer

treatments, heart disease and blood disorders, emergency treatments/surgery and transplants, and other treatments.

Boomer Culture

Already ingrained with a culture of volunteerism, healthy Baby Boomers are a relatively untapped blood donation resource, likely due more to preconceived notions than medical facts. Some common medications taken by seniors, such as blood thinners or a daily aspirin, do not automatically disqualify donation eligibility. In many cases, medicine therapies can be suspended, with your doctor's approval, for a week prior to donations without adverse consequence. Norma Espinoza, a research counselor for the Red Cross, says that,

Should seniors answer the call?" LACERS Well member

although there is no upper age limit set by the FDA, donators, regardless of age, should plan to "get rest, drink plenty of fluids and avoid skipping any meals a few days prior to donating." Similarly, all potential donors should carefully consider a number of factors before rolling up their sleeve.

These include:

- Are you in good enough health to donate? Do you feel well currently?
- Has your doctor advised you to avoid donating blood for any reason, including due to any medications you are taking?
- Do you weigh more than 110 pounds?
- Have you visited the dentist in the past 24 hours or had recent dental surgery?
- For platelet donation, are you able to comfortably remain seated an hour and a half?
- Have you recently traveled abroad?

· Have you been exposed to the HIV virus?

According to the Red Cross, all blood types are needed for donations, but A Negative, B Negative, O Negative and AB are particularly rare. For that reason, healthy seniors with those blood types are encouraged to consider contributing.

Unable to donate? Become a canteen volunteer!

Ms. Espinoza also states that canteens, or donation nutrition centers, "benefit a lot from volunteers."

So this January, in recognition of National Blood Donor Month, talk to your doctor to see if donating blood or platelets is right for you. For more information on donating or volunteering, contact the American Red Cross at (800) GIVE-LIFE, (800) RED CROSS, or online at www.redcrossblood.org.













of City service; and his wife, Theresa Pina, General Services, 16 years.





Champions Gala

Wellness program hosts thank-you gala for top volunteers.

Story and photos courtesy Heather Ramirez, LACERS

On Dec. 11, the LACERS *Well* program hosted a thank-you gala for those LACERS *Well* Champions who completed a "Passport to Health" program.

The event, which carried a tiki theme, was held in Carson and featured food, refreshments, live music and a DJ, dancing, awards, and joyful camaraderie.

Do you have an interest, hobby or activity that you would like to share with others? LACERS seeks Retired members who would like become LACERS *Well* Champions. If you're interested in becoming a LACERS *Well* Champion for an activity of your choice (walking gardphing cooking galf atc.) and load

(walking, gardening, cooking, golf, etc.) and leading meet-ups with other LACERS members to participate in wellness activities together, you can apply on the LACERS *Well* Website: www.lacers. org/lacerswell/.







At the LACERS Well Champions gala, which carried a tiki theme.





Show Us Your Grandkids!

RETIREES: *Alive!* wants to show off your grandkids! So send in those photos!

Here's how:

- 1. Make sure to have the permission from their parents. If you send in a photo, *Alive!* assumes you have already received that permission.
- 2. Photos with you in them are better, but if not, that's okay, too.
- Make sure you list the names of your grandkids.
- Tell us, in a sentence or two, a little bit about them – their school, their accomplishments, what they love to do, how proud you are of them, etc.
- 5. Digital photos are best! Send them to: talkback@cityemployeesclub. com

Send Prints To: Grandkids City Employees Club of Los Angeles

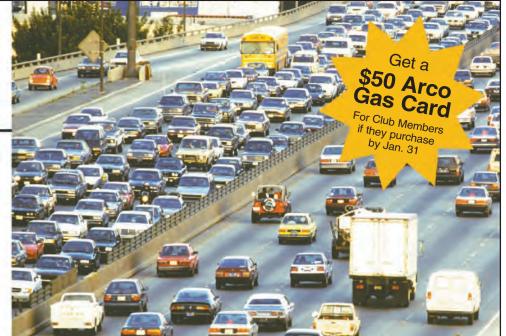
120 W. 2nd St., Los Angeles, CA 90012 (800) 464-0452

If you want the print photo returned, make sure you write your name and phone number on the back.



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Club Members! Save on your Auto Insurance! (888) 801-5522 DIRECT LINE FOR CLUB MEMBERS





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We also have great rates on Homes, Boats, Motorcycles, RV's, Rental Properties and Apartment Buildings.

A FREE Benefit to members of the City Employees Club of Los Angeles



When it comes to their auto Insurance, United Agencies has been serving hundreds of Club Members for years. We provide a high level of personal service, with some of the lowest rates in California. Come experience the difference in service you get when you say, "I'm with the Club!"

Take a look at how United Agencies stacks up against the competition!



These insurance products are brought to you by the Club's Partner, United Agencies, Inc. CA Lic. # 0252636 United Agencies represents Mercury Insurance Group, as well as Chubb Insurance, Hartford, Fireman's Fund, Progressive, Civil Service Employees Insurance, Allied, Safeco, Travelers, Unigard and Encompass.

It's an annual Alive! tradition!

arties

Every year, City Departments put aside their hard work and come together for fun and socialization at their festive holiday parties. And Alive! publishes as many of your party pics as we can. Starting this month, we cover the City Parties. And we'll continue in the

special Holiday Party Section

The CIT

Happy New Year!

Sanitation Hyperion Maintenance

Public Works/Sanitation Hyperion Treatment Plant's **Maintenance Section held** its employee recognition and holiday party Dec. 12 at the treatment plant.



The Environmental Learning Staff



Frain Gonzalez, Sanitation Wastewater Manager II, was host.

Special thanks to Margie Oliva, Sr. Administrative Clerk, for her assistance.

Fron left: Dennis Perkins, Naguib Yakoub, Adis Gharibian, Charles Senaya and David Orasa

From left: Dakota

Aesquivel and Michelle Brown.

From left: Joel Hill, Brandon Holden and Damon

Lindsey

1 5111

Front row, from left: Alan Rodriguez, Sandra Williams, Michelle Lopez and Christiana Saldana. Back: Niesha C. Louis, Kenneth Jeong and Leticia Sandoval.

From left: Michelle Lopez, Christiana Saldana, Leticia Sandoval, Ken Jeong and Alan Rodriguez.

From left: Michelle Brown and Varouj Abkian.



Efrain Gonzalez, Sanitation Wastewater Manager II, hosted the event.

.....



District Director Gustavo Arroyo from Congresswoman Norma Torres's office, and LACECA past and current Executive Board members present Jackie Zarate-Roberts with a Certificate of Congressional Record.



Armando Mejia, guest, with Fernie Ramirez, LAPD.



From left: Hilke Teishman and Kathey Valenzuela LACECA member



From left: Laurel Rangel, LAPD, Retired; Mimi Walker, DWP; and Micheal Walker, quest



More than 100 toys were collected to be donated to Plaza de la Raza.





LACECA

The City Parties!

The Los Angeles City Employees Chicano Association celebrated the season by hosting its 46th annual Holiday Reception and Toy Drive Dec. 7 at the Plaza de la Raza Cultural Center.



LACECA President Lupe Durazo and Second Vice President Anthony Garcia.

Members and guests enjoyed music and enterout the evening.

More than 100 toys were donated by the kind generosity of everyone in attendance. Maria Jimenez, Director at Plaza de la Raza, received the gifts and expressed appreciation. Plaza de la Raza Cultural Center offers after-school arts education programs to nearly 4,100 children and teens every year from the Eastside neighborhoods of Los Angeles. The many toys are sure to bring big smiles of happiness to these children.

The guests were entertained by the colorful dance group Folklor Pasion Mexicana, and a mariachi performance by the Plaza de la Raza Youth Ensemble. Francisco Leyva from Public Works sang Mexican ballads.

LACECA also recognized outstanding member Jacqueline Zarate-Roberts, Sr. Personnel Analyst, Personnel. She is retiring after 33 years of dedicated City service. Jackie was the first Latina elected

President of the LACECA Executive Board. She was presented with a plaque, and her City career was summarized by LACECA President Lupe Durazo. A Certificate of Congressional Record from the U.S. House of Representatives was presented by Gustavo Arroyo, District Director for Congresswoman Norma Torres. Gustavo described the efforts of Jackie when then-911 Operator Norma Torres worked closely with Jackie to help restore the bilingual bonus to Operators. The pay was reinstated along with improving the working conditions, training, and increasing bilingual Operator positions within the City.

Door prizes of LACECA gift baskets of T-shirts and coffee cups were awarded as well as gift cards for AMC theaters, Subway, Starbucks and Honey-Baked Hams, to name a few gifts. LACECA also appreciates the continued support of Robert Larios and the City Employees Club and the All-City Employees Benefit Services Association for their contributions of door prizes.

Many thanks go to everyone who helped make the celebration a success: President Lupe Durazo; First Vice President Charles Aguilar Rogers; Second Vice President Anthony Garcia; Treasurer Gloria Ortiz; Executive Secretary Jackie Zarate-Roberts; Recording Secretary Angie Roman; Webmaster Patricia Stanard; Assistant Webmaster Alan Figueroa; and LACECA members Martha Manriquez, Edna Meraz, Fernie Ramirez and Kathey Valenzuela

LACECA is proud to carry on the tradition of celebrating with our diverse culture. To learn more about activities, visit the Website: LACECA.org.



From left: Lupe Durazo, LACECA President, and Jackie Zarate-Roberts, LACECA Executive Secretary.



Top, from left: Edna Meraz, LACECA member, Retired; Leonor Garcia, LACECA member, DWP; and Lupe Durazo, LACECA President. Bottom: Tony Castro, LACECA member, Personnel; and Jackie Zarate-Roberts, LACECA Executive Secretary

Personnel/Workers' Comp.



Retired.



The Folklor Pasion Mexicana.

From left: Elena Jacobson and Patricia Stanard, DWP,

with Chris Pinto, the DJ.





Door prize winner Barbara Matlock with Alan Figueroa, LACECA Web Assistant.



Alan Figueroa, LACECA Web Assistan DWP, with door prize winner Micheal Walker

THIS MONTH AT THE



Sunset Walk Wednesday, Jan. 24 5:05 - 6:05 p.m.

The Observatory offers a sunset walk led by a Park Ranger and a museum guide. The easy walk starts on the **Observatory's West Terrace**, proceeds up the Charlie Turner trail to the Berlin Forest on the hill just north of the Observatory, and then returns to the West Terrace. The distance covered is about half a mile over the course of an hour at a very moderate pace with stops along the way to discuss the highlights and history of Griffith Park, and objects visible in the evening sky.

NOTE: The Charlie Turner trail is

Larios In the City

BY ROBERT LARIOS, Chief Operating Officer rlarios@cityemployeesclub.com TWITTER: @robertlarioscoo



Robert Larios, the Club's Chief Operating Officer, honors Club member with the coveted **Club Retirement Plague.**

Congratulations!

Steven Cunningham, Retired from Public Works/ Sanitation, with 35 years of City service.

Steven Cunningham and his wife, Linda



PUBLIC WORKS Pedal Power

Hyperion Maintenance donates 144 bikes to charity, a new record, during the holidays.

Sanitation/Hyperion Treatment Plant's Maintenance Section was headed to breaking its own record in donating more than 130 children's bikes to needy children in Los Angeles through the LAFD's Spark of Love toy drive. Most of the bikes, donated by Hyperion Maintenance personnel and some vendors, were hand assembled by the Maintenance team on their own time. Two years ago, the Maintenance Section donated 131 children's bikes. The unit collected, assembled and donated 144 bikes, breaking their earlier record.

a moderately steep earthen trail. The Observatory recommends footwear appropriate for hiking.

FREE!

Information: griffithobservatory.org

Support the Griffith Observatory!

Consider joining the Friends of the Observatory (FOTO) Call: (213) 473-0879 or go to www.friendsoftheobservatory.com City Owned. City Run. City Proud. Efrain Gonzalez spearheaded the effort to collect, assemble and donate the b LAFD's Spark of Love toy drive. Behind him are fewer than half the bikes the Section donated.



Efrain Gonzalez next to the indicator of how many bikes the Section had collected.

The Maintenance Section also donated bike helmets, one per bike. This required the Section to raise the funds to purchase the helmets



Some of the 144 bikes that Maintenance Section collected, assembled and donated to needy children.



"We began to collect bikes after a suggestion by a now-former employee, John Baldwin, who said that, to a child, a bike means freedom," explained Efrain Gonzalez, Sanitation Wastewater Manager II, 36 years of City service. "So we began to focus our toy drive efforts collecting bicycles.

"Fifteen years ago or so, Nick Terrell, now a former employee, started the partnership with the LAFD's Spark of Love toy drive. After Nick retired, John Baldwin and I took over spearheading the program."

Efrain, on behalf of the Section, planned to turn over all the bikes to the LAFD on Dec. 22. "We do what we can to bring smiles to the less fortunate children in our great City," Efrain said.











"I was in the Colorado Rocky Mountain Preserve in October photographing elk in rutting season, and we came upon a bull moose! It was serendipitous he happened to be where we were. He was so close I needed only a 300 mm lens! I was told by the game warden that the moose was scenting a female so he definitely was a moose on a mission!"

— Ondrea Tye, Planning

John's comment: I have seen a few moose in my day up at my father-in-law's house in northern Idaho. It's an experience you don't forget. They are huge, like too huge to be normal ... too huge to even move itself around. They are so huge you don't know if you are supposed to be scared or in awe. But they are beautiful, too, and what I like most about your picture, Ondrea, is the detail of its fur, or hide. The readers may not be able to see the detail in newsprint but it is amazingly sharp and clear. Well done!



"I took this last month. It has been a while since I went out to take picture. I woke up early and visited the beach before sunrise, It was raining. Ouchi ... but I waited; the rain stopped and got this picture.

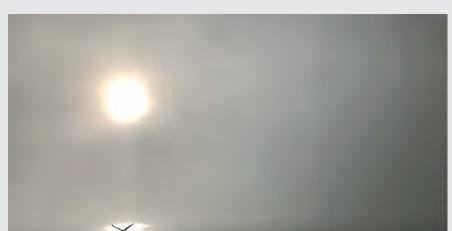
— Sang Ham, General Services

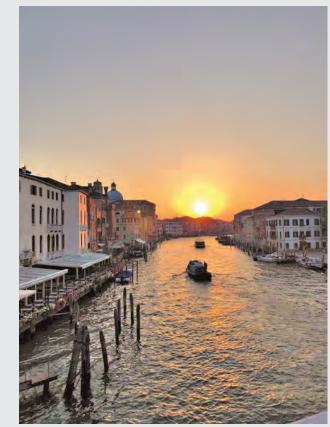
John's comment: Sam, I could look at this photo all day long ... and because this was taken so early in the morning, I know it was "morning quiet," with the sound of just the surf and birds. It is truly beautiful and belongs in a Laguna Beach art gallery, enlarged to the size of a wall. Thank you, Sang!

"I thought you might like to see a local sunset from San Pedro. This is what I see when leaving work. Gee I love my City job. Cheers!"

— Capt. Michael Barnes, Harbor

John's comment: I think what I like most about your shot is that it's personal to you. I know you *really* do love your job, and you love the harbor, and you love the water and you love boats and such. It's also a wonderful sunset photo, which I am a sucker for. Thanks, Michael, and cheers back at ya.







"The City was still asleep when we got here, in Venice, Italy."

— Cecille Consebido, Public Works/Sanitation

John's comment: Outstanding photo, Cecille! I think my favorite



"At the Redondo Beach Pier, the sight was indeed uplifting!"

– Marlene Salandanan, Controller's Office

John's comment: Marlene, this may be my favorite photo in all the years of Picture Perfect. First, the composition couldn't be more perfect: the sun, the fog and the position of the seagull ... it's just simply perfect. Secondly, I relate to the seagull from my Navy days on a submarine – all alone in the immense ocean, yet confident of its mission. I think I would like to make this my screensaver ... it's that good! Thank you, Marlene! part is how the sun is just lighting up a portion of the building on the left, it gives it that early morning sleepy feel in a city that generally is bustling and chaotic. And of course how you were able to get the sun in all its glory without blowing out the exposure is quite an accomplishment. Thank you for sharing, Cecille!

RULES:

- The contest is open to all Club members in good standing. Non-members are welcome to submit, but only Club members are eligible to win the monthly prize.
- If your photograph does not win, you are welcome to re-submit.
- Winners are chosen by Club staff. All decisions will be final.
- You must certify (if asked) that you indeed took the picture. No ringers!
- Photos can be submitted either on paper or digitally. Please don't send both.
- If you want your print photo returned, please write your name, address and phone number on the back of your photo.
- Photos can be of any subject matter: vacation, portraits, families, landscapes, still lifes, pets, etc. Subject matter must be appropriate for *Alive!*
- Paper prints can be mailed to: Picture Perfect Contest, *Alive!*, City Employees Club of Los Angeles, 120 West 2nd Street, Los Angeles, CA 90012
- When you send digital photos through the Internet, please send the full, original digital file yourself, rather than using digital photo software like Kodak EasyShare, Kodak Gallery, Flickr, etc. These programs send very lowresolution images, and they don't look good in print.
- We want you to look your best, so send us the original digital file, please! Thanks!
- Digital photos optimally should be between 100K and 2 megabytes in size and may be e-mailed to: pictureperfect@cityemployeesclub.com
- The contest is all in good fun: The Club cannot be responsible for delays in delivering *Alive!*, or for delays in the transmission of responses.

ALIVE! FEATURE

On The Road With

117

ANGEL

ARTN

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At Mobile Team's visit to the Hyperion Treatment Plant's Maintenance Section Dec. 12 were, front from left: The Club Team of Dalila Vielma, Jeanette Gadut, Dylan Noel and Angel Gomez. Back, from Hyperion: Anthony Brown, Instrument Mechanic, 18 years of City service; Johnny Lopez, Air Conditioning Mechanic; Criselda Pabellano, Account Records Supervisor, 11 years; (back) Jesus Saldana, Painter, 3 months; Carvella Woodard, Heavy Truck Operator, 37 years; and Ollie Veasey, Sanitation Wastewater Manager III, 31 years.

Polos for Your Dept. Available Through the Club Mobile Team!

Have the Club Mobile Team make polo shirts custom-made for your department!

> See the ad on page 31

The Club Store's Mobile Team, created in 2014 and growing, is bringing the Club's great merchandise and customer service to yards and depts. throughout the City.

Photos by Summy Lam, Club Director of Marketing; Dylan Noel, Club Mobile

Team Customer Service Associate; and John Burnes, Alive! editor

Pomona

oing to the Club Store downtown is a great experience U – with a wide range of apparel and gifts, friendly faces and helpful service, it encapsulates what being a Club

Member is all about. But some Club Members might not be able to make it to the Club Store on their lunch hour all the time. So three years ago, the Club experimented with a new concept: bringing the Club Store to Club Members, at their yards,

departments or units. And thus the Club Mobile Team was born; it's been growing in visits and merchandise offered ever since. Inside, read the story of how the Club Mobile Team came about, how it serves Club Members throughout the City, how it gets rolling every day to its

visits, and how it exemplifies the great cusservice tomer that the Club is known for.

A great collection of custom shirts, hats, backpacks and more!

1P

he Club



SCHEDULE A VISIT!

Do you want the Club Mobile Team to visit your yard, dept. or unit? Here's how to get the ball rolling:

Contact Angel Gomez, the Club's Mobile Man, at agomez@ cityemployeesclub.com, or via cell: (213) 448-4979.

Let him know your yard, dept. or unit, and approximately how many City employees are at your location.

Angel will need to get it arranged through your supervisor, so please provide contact information.

Please note that, if approved by your supervisor, it might take several weeks or more for the Club Mobile Team to visit your location.

Irvine

ALIVE! FEATURE

THE MOBILE TEAM IN ACTION

PUBLIC WORKS/SANITATION, HYPERION TREATMENT PLANT

SUN VALLEY

The Club Mobile Team - Mobile Man Angel Gomez; Mobile Team Customer Service Associate Dylan Noel; and Club Counselors Dalila Vielma and Jeanette Gadut - brought friendship, information and great Club Store merchandise to Hyperion's Maintenance Section employee recognition event Dec. 12.

101

REPARATION Early in the morning at Club Headquarters, Angel and Dylan determine what they're going to need for the Hyperion visit - general

> merchandise, plus Sanitation gear tailored to Hyperion employees and customized City polos. They prepare the merchandise and then carry it to the Club Mobile Team van, where they load it for the safe drive.

La Crescenta-Montrose

La Cañada Flintridge

EAGLE ROCK

South Gate



The Alive! Interview

On Nov. 27, the Club's Mobile Man, Angel Gomez, and Mobile Team Customer Service Associate Dylan Noel talked to Alive! editor John Burnes about the Club's exciting and growing outreach project for Club Members. They sat down during their usual busy preparations at the Club Headquarters downtown. Angel has been with the Club for 18 years; Dylan, two.

hanks for stopping on a busy day every day is busy for the Mobile Team - to talk about the success of the Club's Mobile

Dylan Noel: It makes their day a lot more convenient - they see most everything that they could see in the retail store right in front of them.

What does the Mobile Store do best?

Angel Gomez: It builds relationships between

Team, and where it might be headed, literally and figuratively. What is the Club Mobile Team? What's it all about? What's it here to do?

Angel Gomez: The Club Mobile Team grew out of the idea that Club Members are busy people and they get only, let's say, 45 minutes for lunch, max. A lot of people can't make it all the way downtown to the Club Store, find a parking spot, get their materials, and then get back to the office within that 45 minutes. It would be very difficult for most Club Members, except for the people who work nearby. Our e-tickets have helped on the ticket side, but as far as merchandise is concerned, what we wanted to do is to bring the store to the actual yards. So instead of the employees having to come all the way to see us, we would literally contact them, set up a date that would work for them when most of the employees would be available, send out a flier, and then go visit them in their vard. We bring the store to them.

the City employees and us. I was just talking to Dylan the other day about this, and I said, "Whenever we go out to a yard, after we visit it a few times you get to know the Supervisors and the actual employees." As soon as we arrive, they already know us by name. They call us ahead of time to preorder things if they know that we're coming. Basically we're building a relationship with the different yards and different Supervisors and the employees. That way, when we go out there, not only do we bring what we already have but we also take into consideration their feedback. "Hey, we want this sweater with a zipper. We want a pullover. We want something with short sleeves or long sleeves." We'll take all of their information because they know best what they want to buy. A lot of the products that we feature have been because of the Members' requests. We take it all into consideration and build that relationship with them, so they can freely speak with us on what they want.

There are some differences in the inventory between the retail Club Store downtown and the Mobile Team – the Club Store downtown also carries items for tourists, too. The Mobile Team concentrates on City Employees. But most of what we carry is the same.

Dylan Noel: A lot of the people going to the Club Store are looking for items that they can

The Club Mobile Team



wear during work. So what better way to find out what they actually wear on a day-today job than being at their worksite with the merchandise that we sell? A good example is with Street Services; we've been working with them a lot lately. A lot of the guys have to wear the high-visibility vests, so we talked to them and we said, "Hey, how can we make a item that falls under the same category that you have already but maybe something that's more independent to you guys?" And they said, "We would love to see a high-visibility

Norwalk

who are there, the numbers of males and females who might visit us that day. People want to identify with their unique department. So we'll try to accommodate each individual person as we go through, so that way when we go back out and we go to a new yard, we're literally thinking ahead of time.

The van never goes out the same way twice.

Angel Gomez: Right - only the core stuff stays in it. Other than that, we continuously



base models, but if you put the department on it, it's even more enticing because now

"Customer service is the most important thing that we do. It's what we're all about."

(142

- Angel Gomez, Club Mobile Man

That must be an intense 45 minutes.

WINDING

Pomona

DOWN

After two hours of customer service, the Club Mobile Team winds down its visit and packs up for the drive back to the Club HQ ... and preparation for the next day's visit.

vest or shirt with some kind of City insignia on it." We might not find that out from a Club Member coming into the store, but when they're in their actual work environment, it's something that they're totally thinking about. It's real convenient for them, and it provides a lot of input and intel to us to come up with the items that they're looking for.

What's in the Van

How do you decide what goes in the van?

Angel Gomez: We start off with the basic items - a short sleeve and long sleeve of the City classic shirts and then your basic City Seal hats. Once we know what vard we're going to, then we customize it based on sizes and the actual locations. If it's a Sanitation yard, we take the appropriate items. If it were a DOT yard, we would take those appropriate items. We're literally switching out some of the merchandise. Some of it stays the same because the City classic shirts will always go to every single department, but when we start to specialize at the different yards. We will consider the sizes that were most bought the last time we were there, the actual people

swap things in and out. We've been getting smarter. At first, we knocked on doors, asking if our Members had a need for this kind of service. But now people are actually calling us, asking, "Angel, can you come to my yard? Angel, can you come to my location?" We try to do our best and accommodate as many as we can. We can customize everything we have in the van for their needs. It's really a great to going out all the way to San Pedro or the ends of the Valley and meeting Club Members where they work.

Talk about customization, Dylan. How do you do it, or how do you think about it from your end?

Dylan Noel: A key factor of customization is knowing what the people want, so you talk to some of the people at the yards. They might like a hat, but they want to see it with their department on it. When we get back to the office, we get to the drawing board and see what we can come up with. We start making 24 different-colored hats with departments just to make sure that everybody at the yard is going to see something they like. Another way to do it would be if they see some of the military bags that we sell, they always like the

they're not only able to buy a pretty sturdy, nice, durable bag but a bag that completely shows their department and really represents exactly what they work for.

It must be really satisfying to help departments and units be very proud of their unit.

Angel Gomez: Yes. Dylan Noel: Definitely.

Club Insurance

How do you handle people's insurance needs?

Angel Gomez: People will come and ask us questions on merchandise, but if they also have questions on insurance, usually Dylan or I can answer some of them questions. But usually we invite a Club Counselor out with us. That way, if anybody has any questions, we can address them. So they can buy merchandise and have their insurance questions addressed when the Mobile Team shows up. If a Counselor isn't available at the moment, we'll make sure to put the Counselor in touch with the Member.

Angel Gomez: Yes! But we take care of everyone as efficiently as we can, to make sure they get what they need during their 35- or 45-minute lunch break. It doesn't interrupt their day, and they can go back to work without any issue whatsoever.

Origins

How did the Mobile Team start? Who put it together?

Angel Gomez: Well obviously, everything Club-related started with John Hawkins. He asked, "How can we bring the merchandise to the people?" So he and I came up with this idea. It started out in my car. Literally, we said, "Let's take some hats in a couple of bins, and then we'll see what kind of reaction we get." We already knew that people wanted the merchandise. It was just a matter of how they would react when we actually showed up at their doorstep and had the merchandise there.

We took two hins with hats to the Animal Services shelter in the Harbor. That's where it first started. They gave us the opportunity – continued page 29 ALIVE! FEATURE

A GALLERY OF CLUB MOBILE TEAM VISITS

NORTHRID

THE CLUB MOBILE TEAM IS EVERYWHERE!

The Club Mobile Team makes more than 100 site visits a year, bringing customer service, friendly information and great Club merchandise to Club Members and City Employees throughout the City. Here's a gallery of some of the team's recent visits.

SUN VALLEY

DWP Yard ate Park Bishop, Calif





Rec and Parks Northridge Shelter

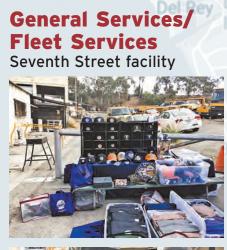


Public Works/ Engineering L.A. Bureau of Standards

BEL AIR

Marina









HEALTH

300 World Way West, Los Angeles, CA

HEALTH SCREENINGS!

BURGER GRILL

RAFFLE PRIZES!

Rec and Parks

Central Division

GRAND PRIZE GIVE AWAY!

Beach

LNESS FAIR

tember 13, 2017 10:30 am - 1:30 pm 6:00 pm - 9:00 pm 3:00 am - 4:30 am

GREAT FOOD!

Public Works/ Sanitation East Valley Yard

LOS FELIZ



La Crescenta-Montrose

La Cañada

Flintridge

(110)



Public Works/ Sanitation Recycling Holiday party



Public Works/ Sanitation West LA/Stoner Yard







Bea

Rolling Hills

City Hall Administrative Services Van Nuys complex

The Club Mobile Team





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The Alive! Interview

– continued from page 27

to come out for a few hours during lunchtime, and it seemed to be successful. So after that, we just grew the service because people would say, "Angel, you brought those blue shirts in short-sleeve. Do you have those blue shirts in long-sleeve now?" So then two bins turned into three and four, et cetera, et cetera. Then we moved on to needing some other vehicle so we could have everything together, and then that's when we went ahead and looked for a small van that we are currently using right now in. That van holds maybe nine or ten different bins depending on what we're putting in there. Plus, we have a pop-up tent to cover everything.

I started going out, trying to find somebody who would be willing to sort of sponsor us to try this experiment, and the Harbor Animal Shelter was kind enough to let us come out. So I went out there and they liked it. Other departments might come to do some electrical

work or something else, and they started asking questions and started buying merchandise at the same time. After that, it just evolved, going from place to place.

Julie Boykin was the person at the Harbor Animal Shelter who let me come out. That was in 2014.

Logistics

Take me through the day of a Club Mobile Team visit.

Dylan Noel: Sure. We make our plans the afternoon before. On the morning of the visit, I usually get in around 7:30 a.m. I go over to the mobile van to make sure that we're stocked up and ready for the visit that day. Then once I'm in the office, I check the priorities and lastminute preparations for that visit.

Then we welcome everybody and get them what they need.

We usually tend to pack it in around two or three o'clock, depending on the yard. At some it could be even as late as four o'clock, just depending on the location and the event. Then we come back to Club HQ downtown, start prepping for the next day, and then the whole day starts over again.

Dylan Noel: Before we leave every facility or yard, we always make sure to meet the Supervisor if we haven't already met them in person, and let them know that we really appreciate them hosting us. We work together on helping City Employees have great service.

Getting the proper clearance to visit a yard is an important part of what you do.

Angel Gomez: Yes, proper channels. A lot of people will just contact us and ask if we can show up at their yard. And we're like, "We'd love to, but I need to talk to somebody ahead of time because I can't just go there. We need clearance." We want to make sure that everything is approved; that's our way. I will then contact their supervisor to make it happen.

Do you have visits five days a week?

Angel Gomez: Technically five days a week. But not all City Employees work Mondays through Fridays due to their schedules, so we tend to be concentrated Tuesdays through Thursdays. In that case, we do a lot of major restocking or item manufacturing on Mondays and Fridays.

You've been all over the City, right? Wherever there are City **Employees?**



them we'll make plans to figure out how to get it to them.

Dylan Noel: The other day I met this guy, Tony, at a yard. He happened to be a new employee over at the Tillman Sanitation Plant and he really liked this one watch. I had just sold the last one I had in the van to another guy. So I told Tony, "Hey, we're going to be over in your area in about a week. I'll give you a call and we'll bring you that watch on the way to another visit." And, you know, Angel got in the van a few days later; he pulled over, he went over to that yard, and he got the watch to Tony. Tony was so ecstatic he gave me a call and just raved on about how we provide such good customer service. It was great to hear from him, and it was great that we were able to do something like that for him. I'm glad he was thankful; but that's what the Club does all the time. That's what Club customer service means.

What do you love about it the **Club Mobile Team?**

Angel Gomez: The freedom to be out there talking with Club Members every day. It could be General Services, DOT, Sanitation or Personnel; it could be a Councilman, it could be the Airport. Every single day is a different yard, so to speak, and different people.

It's the opportunity to be among friends, not necessarily being someone who just sold them a shirt. It's more than that.

We're providing them a service and they're

Scheduling a Visit

So how do people schedule a visit?

Angel Gomez: They can contact us directly by calling us or e-mailing us, and letting us know when their next safety visit or next tailgate meeting they might have is. And we'll try to accommodate that by going onto our calendar and then setting up a visit through their Supervisor, so that way everybody is aware, and also sending them a flyer.

Most of our visits are outside. But there is a smaller group that actually requests us to come out where they might be on a specific floor - inside. We'll take two or three smaller bins in that case.

Bright Future

What's the future?

Angel Gomez: That's a great question. I think it's just going to get bigger and more detailed. We'll become more efficient as we're doing it. Maybe a bigger van, or even a second crew. But we're not there yet. One step at a time.

Dylan Noel: As the turnout just keeps getting greater and greater every time we go to a yard, of course, the ideas and suggestions we received get bigger and bigger, too. A lot of the different departments are giving us more and more ideas because they see we're putting out newer items that go toward their department. Like, Urban Forestry within Street Services is a good example. I think we're going to carry a lot more personal and customization options than we have now as we bring in and implement more of the suggestions that we receive on a day-to-day basis. Another thing I see is more pre-ordering of items so we can bring them out to them.

Angel Gomez: The van itself already has its core products. We'll check what we sold the day before, and then replenish to bring the right inventory with us. We check the numbers continuously during our visit.

Then we take care of the customization knowing where we're going that day, whether it's a DOT or a Rec and Parks facility, we'll grab the bin that we've already prepped, and load that into the van.

On a typical day, we come in around 7:30 a.m., and we already have a plan of attack. We restock the van with the core items and the customized items for that day. And then we make sure to take care of the special requests that people might have made, bringing things out to Club Members if they've asked us in advance.

Then we hit the road. Once we show up at a vard, it takes us about a half-hour to set up and get ready for the first lunch shift. But most of the time as soon as we open the window of the van, people are already buying stuff. They're waiting for us there!

Angel Gomez: Yes. The Harbor, the ends of the Valley. And to the Owens Valley several times.

Are you going up there again?

Angel Gomez: Yes, in January when they have their safety meetings.

The Biggest Reward

What's your biggest reward?

Angel Gomez: The greatest compliment to us is when supervisors ask us to come out. That tells us that we're doing things right, and serving our Club Members - and really all City Employees - the right way. That's exactly what we want.

What does having the Mobile Team say about the Club's commitment to great customer service?

Angel Gomez: Customer service is the most important thing that we do. It's what we're all about.

When people order something they expect it, and that we provide that for them basically every single time. Or if we can't provide it for

always happy. They always want to know when we're coming back.

Dylan Noel: I love being out there and meeting Club Members from all walks of life, whether it be the Street Sweeper operators who are up at four or five in the morning, or it could even be the Councilmembers who are so busy in the office that you don't see them for more than 30 seconds, maybe in passing. Being in their work environment, being right with them, having laughs, sharing good times, and just bringing the store to them and seeing how happy they become and how animated they get is just a great part that really makes work not feel like work.

And every yard brings something different to the table. At some yards the guys have a good time while we come out. Other yards are a little bit more serious.

It's worth mentioning that we attend the LAX 24 Hour Employee Appreciation Health Fair pretty much annually. We start at the location about 11 in the morning, and we go all the way through to about six or seven in the morning the following day, almost 24 hours at the location. It's just so much fun. You meet so many different people.

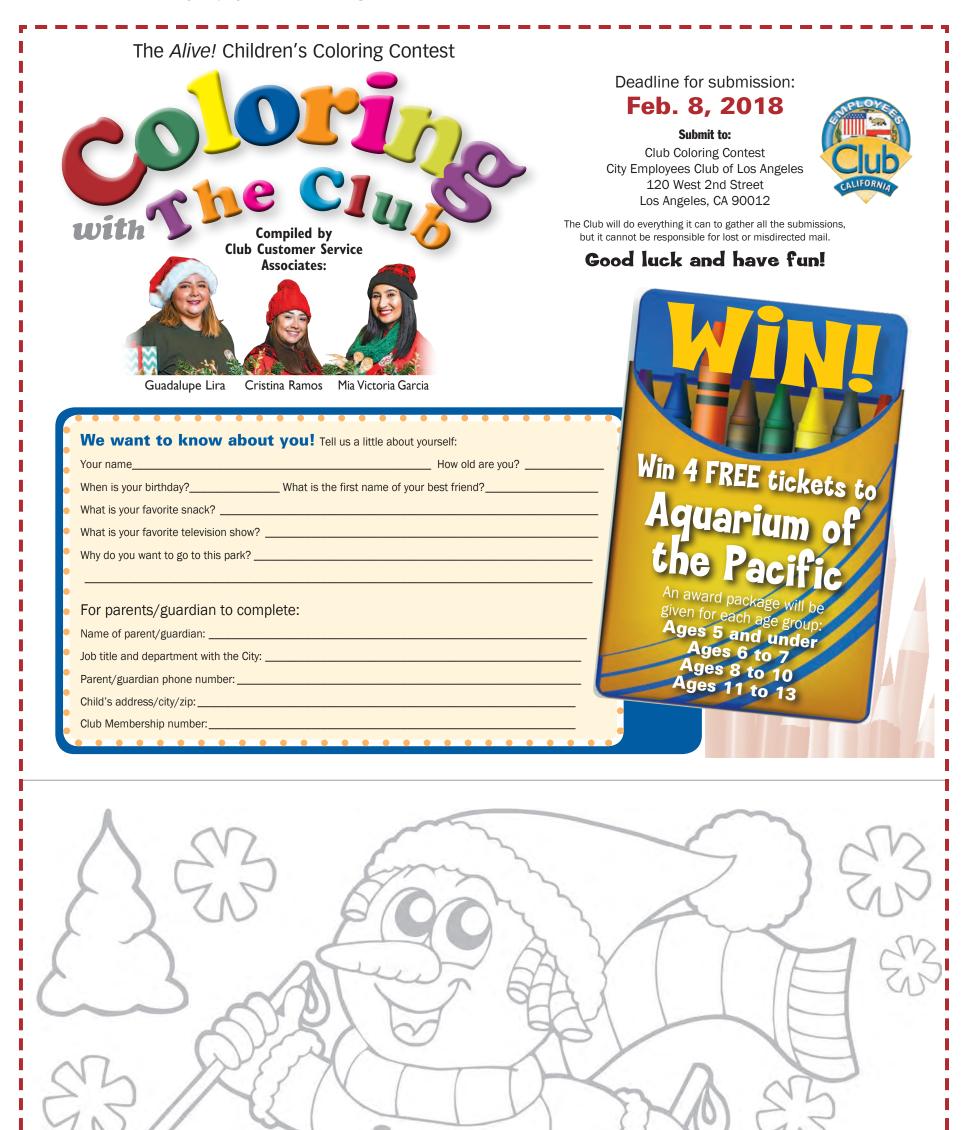
Angel Gomez: There might even be two or three vans cruising around. You never know.

One step at a time.

Angel Gomez: Yes. At this point we're continuously growing. Like we started with just my car, two bins and a tent, so now we have this van and now we're looking to move to a bigger van. And then, more customization and just becoming more of a family with the people we meet. It's always really, really cool to see that they already know us by name. We're doing it for them.

Thanks, gentlemen. Now I have to let you go to do what you do – bring the Club Store to City Employees throughout L.A. Thanks for your time.

Angel: Thanks, Burnes! Dylan: Thanks!





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More celebrities including the Club's own CFO, Brian Trent, came in support as he wears his lucky red tie joined by his wife, Linda, in a matching red jacket.



"Shahs of Sunset" star Golnesa "GG" alongside her father.



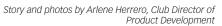
Tommy Lasorda and Arlene Herrero, Club Director of Product Development.



Retired MMA Tito Ortiz places his bet.



Det. Vince Carreon, CGHD, along-side PSR II Lourdes Varas, Club Member.



LAPD Well Played!



Police Foundation hosts its first celebrity poker tournament.



The Los Angeles Police Memorial Foundation hosted its Celebrity Poker Tournament and Casino Night at the Avalon in Hollywood Sept. 10. Celebrities including Chuck Liddell, Tito Ortiz, Larry King and Tommy Lasorda attended to help raise funds for the Los Angeles Police Memorial Foundation.

Guests enjoyed music, raffles, cocktails along with many unique and priceless and sports entertainment memorabilia were available for auction.

PokerStars Helping Hands, the charitable arm of PokerStars also donated the Grand Prize for the Celebrity

Poker Tournament, a PokerStars Caribbean Poker Tournament at the Atlantis Resort and Casino in January.

Proceeds from the event benefited LAPD employees and their immediate family members who have experienced unforeseen catastrophic circumstances, including death, illness and injury. Since its inception in 1972, the Foundation has granted more than \$17 million for medical, funeral and educational expenses without direct taxpayer money.

The Club thanks Alan Atkins and Alice Sturdy for their assistance.



Back: Alice Sturdy, Secretary, Los Angeles Police Memorial Foundation; Alan Atkins, Executive Director, Los Angeles Police Memorial Foundation. Seated in the middle: Angie Roman, Executive Administrative Assistant at Police Commission, Club Member.





Some of the celebrities who came to support.







Member, with Retired MMA

Tito Ortiz.





Casper Smart with his poker face.



Alan Atkins, Executive Director, Los Angeles Police Memorial Foundation, welcomes everyone to the event.



Tommy Lasorda says a few words as he is thanked and presented a plague for his many years of lending his name and hand to the LAPD Memorial Foundation.





Larry King addresses the crowd and thanks everyone for their support.





From left: Michel Moore, First Assistant Chief of Operations, LAPD, with Larry King.



From left: Larry King; Tommy Lasorda and Arlene Herrero, Club Director of Product Development.





From left: Alan Atkins, Executive Director, Los Angeles Police Memorial Foundation; Arlene Herrero, Club Director of Product Development; and Alice Sturdy, Secretary, Los Angeles Police Memorial Foundation.





True Blue as Tommy Lasorda shows the inside of his jacket, and the crowd goes wild!



Jerry Davis, Magician Member of the Magic Castle and Deputy District Attorney, LA County, alongside Tommy Lasorda and Larry King.





JOIN A FOASTMASTERS Toastmasters Group

Club Members: Gain confidence in your public speaking and leadership skills; two City Toastmasters groups invite you to join!

Joining the Toastmasters is inexpensive, educational and fun. Toastmasters International is a nonprofit, worldwide organization that helps its members develop their public speaking and leadership skills.

DWP:

The Water and Power Toastmasters Club Wednesdays, noon to 1 p.m. 111 N. Hope St., Room 1171

(last Wednesdays in room 1471)

QUESTIONS: Eric Yoshida (213) 367-3962

PUBLIC WORKS: The Public Works Pioneers Toastmasters Club

Wednesdays, 12:05 p.m. 1149 S. Broadway 6th Floor Conference, Room 6004

QUESTIONS: Ivan Gerson (213) 485-1169 or Dominic Buenaventura (213) 847-0593



OASTMASTERS

FIRE AND POLICE PENSIONS: The City of Angels Toastmasters Club 251

Tuesdays, 11:30 a.m. to 12:30 p.m. City Hall South Room 103 111 E First St. downtown

> **QUESTIONS:** Barbara Nobregas (213) 928-9771 or (213) 847-4707

LAPD: The LAPD Code One Toastmasters Club

Thursday, 11:30 a.m. to 12:30 p.m. LAPD Communications Building 100 N. Los Angeles St., third floor media room

QUESTIONS: (818) 389-0803

THIS MONTH AT THE Cabrillo Marine Aquarium **A REC AND PARKS FACILITY**

Guests welcome!

Tidepool Walk Saturday, Jan. 16 1 - 2:30 p.m.

CMA's Educators conduct tours of the Point Fermin tidepools. Attend an informative slide show in the John M. Olguin Auditorium, then come along on the naturalist-led ramble on the rocks to see animals in their natural habitat. Outdoor clothing and sneakers advised. Young children must be accompanied by adults.





We hope you'll join us!





Support the Cabrillo Marine Aquarium! Consider joining the Friends of Cabrillo Marine Aquarium.

Call (310) 548-7410 or go to cabrillomarineaquarium.org/support.asp

cabrillomarineaquarium.org



Reindeer in LA for the holidays.

Photos by Jamie Pham, L.A. Zoo

ZOO

Reindeer's Final Romp for the Season

Zoo's Reindeer Romp on display until Jan. 7.

he Zoo's annual Reindeer Romp, the only opportunity to see a real live reindeer herd in Los Angeles, is on display at the Zoo from 10 a.m. to 4 p.m. daily through Jan. 7. Guests are invited to make the most of the season with a full day of adventure highlighted by the sight of four wintry visitors - two adults and two adorable youngsters -- in their Reindeer Village home. A flurry of other fun on weekends includes holiday crafts for youngsters, talks from keepers, "antler crafts," and more. All Reindeer Romp activities, except Santa photos, are free with paid Zoo admission, which is \$21 for general admission (ages 13 to 61); \$18 for seniors (ages 62+), and \$16 for children (ages 2 to 12). No ticket is required for children under 2. Zoo admission for Greater Los Angeles Zoo Association members is free.

Reindeer Romp

What: Reindeer Romp, Los Angeles Zoo: reindeer, holiday fun, visits from Santa Claus

When: Through Jan. 7 (daily except Thanksgiving and Christmas Day)

Time: 10 a.m. to 4 p.m.

Cost: Free (except Santa photos) with paid Zoo admission (\$21 for general admission, 13 to 61; \$18 for seniors 62-plus), and \$16 for children 2 to 12).

> No ticket is required for children under age two. Admission for Zoo Association members is free.

Location: LA Zoo and Botanical Gardens, Griffith Park, 5355 Zoo Dr.

Parking: Free.

Information: (323) 644-6042 or www.lazoo.org

COUNCIL Land of (Dr.) Oz

TV host was grand marshal for 86th Hollywood Christmas Parade.



V host Dr. Mehmet Oz was the grand marshal of this year's Hollywood Christmas Parade, held Sunday, Nov. 26 in Hollywood. The parade was also scheduled to be aired on the CW Network Dec. 15 and on the Hallmark Channel Christmas Day.

The annual parade is presented in association with the City

This year's parade included performing artists Donny and Marie Osmond, the Tenors,

Human Nature, the Village



Santa and his reindeer made an appearance, of course, pulling a sleigh featuring the Marines' Toys for Tots





CeLo Green performed at the parade.



Dr. Oz was the parade's grand marshal

People, Tom Dixon, "American Idol" Season 14 Winner Nick Fradiani, Nickelodeon's Breann Yde, Magician Tommy Wind from

The CW's "Masters of Illusion," the Tearaways, recording artists Julia Ara, Magician Titou from The CW's "Masters of Illusion," Cee Lo Green, "American Idol" 2003 Winner Reuben Studdard, Band of Merrymakers, Ludacris (performing a Tribute to Marine Toys For Tots), Debbie Allen Dance Academy, recording artist Charlie McNeal, Rollettes (12 Wheelchair Dancers featuring

singer Che'nelle), and Australian Institute For Performing Arts and Street Magician Performers Chris Randall and Naathan Phan from The CW's "Masters of Illusion."

More than 100 celebrities from film. television and stage and other VIPS were seen in the parade. Eighteen awardwinning bands from around the country were featured.

The LAPD's LA Police Emerald Society Pipes and Drums also participated.

The parade also encouraged viewers to give back to the community via the Marine's Toys for Tots program.

> The parade featured a helium balloon of Betty Boop.



The United States Marine Band from San Diego The Office of performed in the parade. Councilmember Mitch O'Farrell



Six of the band LA Police Emerald Society Pipes and Drums band members who performed in the Hollywood Christmas Parade are active or retired LAPD Officers. From left: Retired Sgt. Michael Apodaca, 40-plus years of City service; Det. Scott Walton, 30-plus years; Retired Officer Cliff Armas, 40-plus years; Det. Kathi Petrash, 30-plus years; Det. Ruby Aguirre, 5-plus years; and Retired Sgt. Mick Rose, 30-plus years

lee Skating Downtown

The Holiday Ice Rink Pershing Square returns downtown Nov. 16 through Jan. 15. The beloved recreational landmark will kick off its 20th anniversary season with a festive series of free community and special events, including its Ice Breaker: Opening Celebration and Birthday Party, DJ Spotlights, Learn to Curl, Silent Skate Party, and Polar Bear Skate: The LA Edition.

For 20 years, the Holiday Ice Rink Pershing Square has brought winter fun to sunny Los Angeles. At 7,200 square feet, it is the city's largest outdoor rink, offering visitors professional-quality real ice for skating and entertainment. This year's sponsors and media partners will include Bai, Eventbrite, Disney's *Aladdin*, LA Weekly, Metro, Metrolink, Yelp and Rec and Parks. A portion of all proceeds will benefit Rec and Parks.

In addition to providing hundreds of thousands of visitors and Los Angeles locals with a fun-filled outdoor ice-skating experience each year, the iconic venue also hosts several community events:

DJ Spotlights

REC & PARK

Select Thursdays from 7 - 9:30 p.m.

Visitors can showcase their skating and dance skills as they swirl about the rink to a litany of popular songs selected by DJ HowLy. The 2017 series officially begins Nov. 16.

Learn to Curl Jan. 14, 8:30 - 9:30 a.m.

Visitors are encouraged to channel their inner Winter Olympian at this beginners' curling pop-up hosted by the Hollywood Curling Club. Advanced registration is required.

Arabian Nights: Disney's *Aladdin* Theme Skate

Every Wednesday, 5:30 - 8 p.m. Guests will imagine themselves on a magic carpet ride as this unique new event will feature special purple rink lighting and music from the *Aladdin* original Broadway cast recording.

Polar Bear Skate: The LA Edition Jan. 1, 2:30 - 3:30 p.m.

Experience Canada's Polar Bear Plunge done the California way. Skaters are invited to ring in the New Year...in their chicest, wildest, and most inventive beach attire, of course. Spectators will judge as prizes are awarded based on theme, originality, and overall appearance.

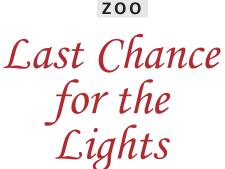
General admission to the rink is \$13 with skate rental included, and special group rates are offered Monday through Thursday. Tickets can be bought at the ice rink ticket window or in advance online at www.holidayicerinkdowntownla.com.

Rec and Parks is a sponsor of the event.

Holiday Ice Rink Pershing Square

What:	Ice-skating rink in Pershing Square
Where:	532 S. Olive St. downtown
When:	Every day through Jan. 15
Cost:	Regular skate session admission \$13; skate rental included. Purchase tickets at the rink or in advance at: www.holidayicerinkdowntownla.com Group rates, private party and special even pricing available.
Hours:	<u>Jan. 1 (New Year's Day)</u> 10 a.m. – 11 p.m. <u>Jan. 2 – Jan. 15:</u> Mon-Thurs.: 11:30 a.m. – 9:30 p.m. FriSat.: 10 a.m. – 11 p.m. Sunday: 10 a.m. – 9:30 p.m.

Info: (213) 624-4289 www.holidayicerinkdowntownla.com





Use Your Club Discount!

Club Members can save \$2 off an adult ticket to L.A. Zoo Lights, and \$1 off for children. Go to the Club Webstore: www.cityemployeesclub.com

Holiday Lights at the Zoo continues through Jan. 7.

 Z_{at} the Los Angeles Zoo, continues now through Sunday, Jan. 7.

The after-hours attraction, which requires a separate ticket from the Zoo's regular day hours, sets the Zoo's environment aglow with displays, among them tens of thousands of LED lights, flurries of illuminated snowflakes, 3-D animated projections, a musical light-

and-water show and glittering light tunnels. A fanciful menagerie of shimmering animal characters brought to "life" include mischievous animated monkeys, a gigantic glowing snake coiled on a roof, animated elephants and much more.

L.A. Zoo Lights creates an atmosphere of wonder and delight unlike anything seen in L.A. before, captivating guests with photo ops galore for an ideal family outing, meet-up with friends or date night.

A self-guided 60- to 90-minute walking tour through select areas of the Zoo – while most L.A. Zoo animal residents are asleep – offers a unique experience that features the only opportunity in Los Angeles to see real reindeer; visits with Santa Claus on select dates; and steaming hot chocolate, irresistible churros and other holiday treats and goodies for sale.

LA Zoo Lights

What: L.A. Zoo Lights, an immersive display lights that guests walk through

When: Through Jan. 7 (nightly except Christmas Eve; closed Christmas)

Time: 6 to 10 p.m.

Cost: Requires a separate admission: Prices not announced yet for 2017 (Last Years: \$14 for adults/seniors and \$11 for children 2-12;

children under age two are free. *Premium night prices higher*.

Tickets Available: Online: LAZoolights.org

Location: LA Zoo and Botanical Gardens, Griffith Park, 5355 Zoo Dr.

Parking: Free

Info: (323) 644-6042 or www.lazoo.org



Photos compiled by John Hawkins, Club CEO

A 'Picture' of 2017

Alive! presents our favorite winners from 'John's Picture Perfect' contest from last year.

Do you like "John's Picture Perfect" contest? Well, so do we!

For the contest's 10th anniversary in January 2015, we printed our favorite photos from the contest's entire span. We liked it so much that we decided to run an annual recap.

In 2018, Club Members submitted hundreds of entries and many dozens of winners. John Hawkins, Club CEO



Here are some of them.

As we begin 2018, we publish this look back at the images taken by Club Members who in 2017 pushed their shutters at exactly the right moment, along with the original comments by John Hawkins.

Enjoy, and keep sending in those images!



"'Boo!' I watched The Orphanage before showing it to everyone else, and so I knew when to take this photo - that exact moment when the little child shuts the storage door underneath the mansion stairs. If you've seen the movie, I'm sure you gave a similar reaction. Happy Halloween!"

— Dominique Daito, LAPD

John's comment: Dominique, I keep scanning this photo, trying to decide which priceless reaction I like best, only to decide I love them all. This is what Halloween is all about. Although, I'm not sure I'm up for that movie now!

"This is a picture of the Lower Antelope Canyon in Page, Ariz. We went last summer. It's definitely a must-do for weekend getaways, but better in the spring or fall season."

— Linda Wang, Economic/ **Workforce Development**

John's comment: Linda, I have seen quite a few shots of this in the past, but what I like the best about yours is that you captured the ladder. I am just fascinated by that ladder for some reason ... and I love that everything is in focus. This is a time when not having depth of field is a plus. Well done!

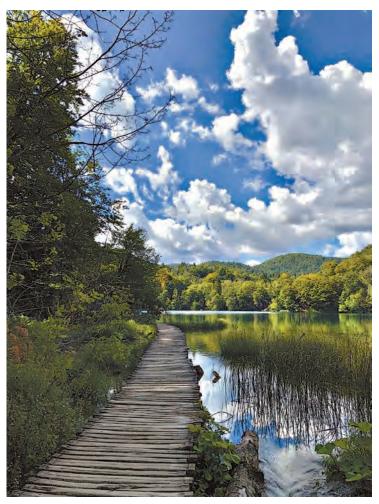


"Best day of my life: my daughter's wedding day, July 29, Pismo Beach."

—John Hicks, Firefighter/ Paramedic, LAFD

John's comment: Congratulations John! And I have to say that this is an *amazing* photograph; the expression on your daughter's face is so candid and real, so peaceful and happy ... simply *amazing*! Thank you, John!





"Here is a photo from my recent vacation. It was taken at Plitvice Lakes National Park in Croatia."

— Ashley Vidovic, Airports

John's comment: Ashley, this is *wonderful*! The lighting is perfect, the colors are sharp, the contrast is just over-the-top delicious and that sky, what a sky! I really like the wooden walkway and how from the angle you used it appears to just go on forever. Well done, Ashley!

"Here's LAFD Engine 29 shutting down a broken water main."

— Aaron Harris, LAFD

John's comment: Aaron, honestly, this shot couldn't get any better – the spraying water in the background makes a perfect backdrop, and the depth of field effect in the foreground makes the firefighters pop! Nice work, Aaron!





From left: Airport Police Assistant Chief John Wallace, Officer Nahum Axume, Chief of Airport Police David L. Maggard Jr. Officer Sebastian Jones, Sgt. Loretta Jones, and Capt. Tyrone Stallings.

AIRPORTS Meet the New Officers

Airport Police welcomes two new Officers.

On Oct. 27, Airport Police added two new officers to the nation's largest aviation law enforcement agency. In a ceremony held at the LAPD Elysian Park Academy, Airport Police Chief David L. Maggard Jr. swore in Officer Nahum Axume and Officer Sebastian Jones.

Officer Axume, a native Angeleno and former Redondo Beach Police Dept. Municipal Services Officer and Cabrillo Beach lifeguard, returns to LAX where he previously worked as a Spanish translator. Officer Axume was awarded the Human Relations award in the academy.

Officer Jones, a Montana transplant, gained his exposure in law enforcement as an

L.A. County Sheriff's Explorer, later enlisting in the U.S. Air Force as a member of the Security Forces Unit prior to joining the Airport Police. Officer Jones is the son of Airport Police Sgt. Loretta Jones, who has been with the Airport Police for 14 years and is a supervisor in the Airport Response Coordination Center.

Photo by CSI

Officer Shawn Smith

Before swearing in his newest Police Officers, Chief Maggard thanked the graduates and their families and said, "The past six months was just the beginning; you are entering a rewarding career full of excitement and challenges, but I'm confident that you are up for the challenge and will serve us well."

Congratulations, Officers Axume and Jones!

Story and photo courtesy Airport Police

... and Officer Yee

New Officer joins Airport Police.

On Nov. 22, Airport Police Academy Drill Instructor (DI) Officer Carlos Gonzalez proudly marched LAPD Academy Class 6-17 onto the field for a graduation ceremony held at the LAPD Elysian Park Academy. The 41 members of LAPD Academy Class 6-17, which included newest Airport Police Officer Kit Yee, spent the last six months under the leadership of DI Gonzalez, whose job was to instill discipline, provide leadership and mentor these future Law Enforcement Officers.

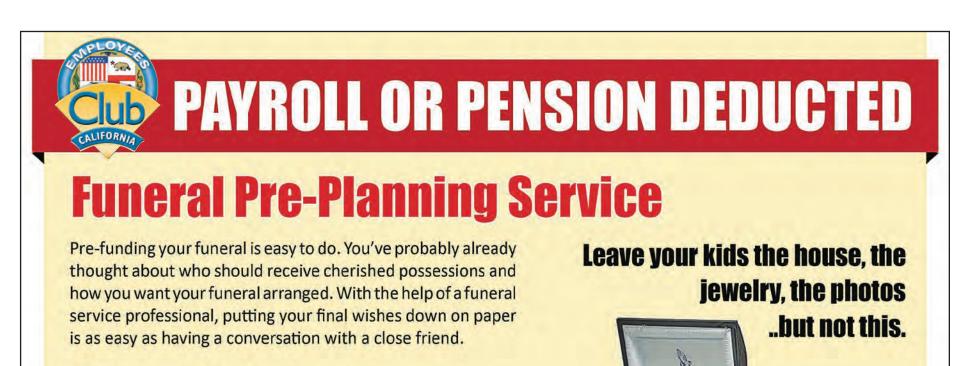
"I am proud of Class 6-17 and of their hard work and sweat equity they put in during the last six months," said DI Gonzalez.



Officer Yee, the son of Chinese immigrants, is no stranger to challenges and touts graduating from the Police Academy as his proudest achievement. Prior to swearing-in Officer Yee, Airport Police Chief David Maggard spoke to Yee and his family and thanked them for the support. "There are many exciting projects going on at LAX and lots of opportunities for you to be a part of in the future," Chief Maggard said. Welcone, Officer Yee!

Airport Police Chief Dave Maggard (left) and Officer Kit Yee.





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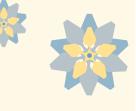
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Tiffany Sy Club Member Services Counselor (800) 464-0452 tsy@cityemployeesclub.com

Life's **Important Moments**





New Members

Welcome New Members!

The Club gives a great big welcome to these new members, who recently joined the Club:

Airports

Nahum Axume David Brooks John Brown Ebony Brown Alejandro Garcia Christopher Joe Sebastian Jones Farjad Mohammadi **Christopher Pletcher** Matthew Radcliff Julio Ramos Irene Rodriguez Nicole Verduzco Cedric Winton

Animal Services Cynthia Renteria

Building and Safety Nathan Buck

City Attorney Rosa Contreras Helen Herron

Economic Development Department

Rhonda Gaston

General Services Chante Andrews Eduardo Diaz De Leon Luis Garcia Flores Brian Jenkins **Dionna Sanders**

Harbor John Busby

PUBLIC WORKS

Contract Administration Christopher Dobbert Kevin Holmes Ismael Perez Cesar Rangel Christopher Schroeder Minghelli Ernesto Torres

Jason Tyler Engineering Maha Atiya

Ghazal Babapirzadeh Jonathan De Leon Evann Gonzales Marcos Marin Frank Salazar

Sanitation

Jonicka Bailey Daniel Baldonado Armando Cabrera **Rafael Cespedes** Belem Crean Cherry Dam Caleste Farrar **Robert Frias** Deanna Gomez **Ruben Hernandez** Jeffrey Hollyfield Jose Jimenez Salvador Jimenez Jessica Lee Dominique Mansell Justin McCracken Sidney Mericael Scott Nakamura

Fredrik Matevossian Keith Rice Hugo Sanchez Carnis Scott Danny Torres

David Akazawa

DWP

Steven Ceniceros Jr. Richard Provencio Jr. Cynthia Rios-Corlito Louis Zamora

Jasmine Arceo Gloria Casabona Rosalina Chuatoco Pablo Cortes **Rick Curcio** Alan Davis Tejroop Dhillon Nicholas Dominguez Peter Echeverria Joshua Ferris Darlene Fields Leriza Flores **Christopher Flores** Jose Garcia Dorlan Garma Matthew Gomez **Dioncio Gonzalez** Velver Grant Dee Halenar Diana Hunt Clarissa Imler Shah Jawahar Charles Johnson **Diane Lamont** Daniel Marquez Robert McKnight Ron Monahan Kyle Parlee Edna Pena Ani Pogarian Avis Ridley-Thomas Jesse Skelton Rashimer Swafford Belmont Sykeh Maria Tabangin Jaime Tycangco Anne Veal Finella White Juanita Williams Peter Woodward Julio Zafra

Share your moments!

Did you get married? Have a baby? Get a promotion? We want to hear from you. Share your news with the world! Send all notices and high resolution photos with the appropriate information to talkback@cityemployeesclub.com or send paper notices and print photos to:

Alive!, 120 West 2nd Street, Los Angeles, CA 90012

In Memoriam

Our thoughts and condolences are with the family and friends of the following current and retired City employees who have passed away. The number after the name indicates years of service.

DEPARTMENT YEARS OF SERVICE		ARS OF RVICE	DEPARTMENT		YEARS OF SERVICE	
Active			Jacobs, Philip	Rec and Parks	29	
Adams, Phillip	DWP	11	Jayne, John	DWP	31	
Aukamp, Jason	DWP	25	Kruger, Gregg	DWP	29	
Cantu, Richard	Transportation	25	Leach, Lorraine	LAPD	31	
Frias, Carlos	Public Works	11	Leon, Mario	DWP	22	
Hunt, Willie	Public Works	34	Lowe, Lee	DWP	34	
Kirkconnel, Harry	DWP	36	Luna, Gilbert	Public Works	32	
Robles, Regina Wiltz	Gen. Services	41	Manzanero, Adriana	Housing	10	
Rubalcava, Magdaleno	Gen. Services	10	Mikulchik, Leon	Public Works	24	
Tamura, Jim	Gen. Services	12	Mirzaie, Victor	Airports	7	
Wise, Timothy	DWP	3	Moritz, Donald	DWP	36	
Retired			O'Hare, Stephen	El Pueblo	18	
Akira, Bill	DWP	36		Historical		
Alvear, Juan	DWP	19		Monument		
Atkins, Willie	DWP	35	Okada, Kazunobu	Public Works	31	
Bass, D.L.	Public Works	33	Quilliam, Dennis	Airports	39	
Botello, Adolph	DWP	23	Parkin, Vernon	DWP	32	
Braxton, Eugene	DWP	35	Reed, John	Public Works	26	
Brown, Sandra	Library	23	Sanders, Vivian	DWP	29	
Chapple, Gus	Transportation	25	Scalia, Constance	DWP	55	
Chavez, Pete	DWP	37	Schuck, Glenn	DWP	30	
Ciarrocchi, Serafino	DWP	29	Socie, Richard	Gen. Services	17	
Cooper, Richard	Bldg. & Safety	11	Snyder Jr., Roy	DWP	40	
Cunningham, David	City Council	13	Spiker, Kenneth	City Council	28	
Dison, Maxine	DWP	30	Staniec, Elaine	Airports	30	
Fanning, George	Airports	17		Rec and Parks		
Fauver, Conrad	DWP	18	Takagi, Ei	Public Works	32	
Floyd, Lawrence	Cultural Affairs	28	Thomasian, Leon			
Forward, Edison	DWP	28	Tokashiki, Claude	DWP	12	
Garcia, Alfonso	Public Works	36	Vidnic, Joseph	Public Works	30	
Greninger, William	DWP	38	Wesson, Deborah	Housing	10	
Hagin, Irving	DWP	27	West, Lloyd	DWP	12	
Hammond, Robert	DWP	35	Williams, Charlie	Airports	26	
Hardin, Ernest	Public Works	32	Yang, Daniel	Personnel	12	

Their Story

Every month, Alive! publishes the names of those current or retired City Employees who have died.

But who were they? Did you know them? If you worked with any of these people, knew a story or two about them or were related to them, con■ Write a few sentences or paragraphs

- Send in a photo, if you have one
- Let us know your name and connection to the deceased
- Send your memories to: talkback@cityemployeesclub.com.

Brian Anderson Amber Arciniega Miguel Cerrato Errol Fortenberry Andres Rodriguez **Ricardo Rodriguez** Reyna Villanueva

Other

Don Johnson **Transportation**

Cory Estes Dac Hoang Christian Hunt Guillermo Martinez Jr. Jose Verbera

LACERS

Karina Rivera

Library

Alexander Bonilla Ricardo Guerra Rafael Roque

LAFD

Magdalena Chun Tavonia Clay Fernando Cruz Jennie Figueroa Yanes Aaron Golden Michelle Hogan Trevon Hundlev Joanne Jett Tony Kuey Leslie Maldonado Geovanni Romero-Chavez Juan Villanueva

Franciso Ontiveros **Ricardo Pamanian** Elan Quinones Jose Rodriguez Kayla Ross Maurice Simpson Michael Tran Thanni Venugopal Carmen Winston-Tolliver Michael Yip

Street Services

Duan Draper Jon Duede Abel Duran Manfredo Guzman Chavez John Pasos Pastor Ramirez **Richard Smith** Ray Villalobos

Rec and Parks

Charlton Burton Christian Canizalez Wilber Coroy Jose Cuevas Jazmin Hurtado

sider writing to Alive! and letting us know. Tell their story!

Subject line: Tell Their Story

Share Your Life's Moments

Everyone reads Life's Important Moments in Alive!

Share your news... and send in a photo! Have you gotten married? Had a baby? Graduated? Is a family member in the military? Send in a photo and a paragraph, telling us the details. We love to share your good news.

Send digital photos to: (as high a resolution as you can send) talkback@citvemploveesclub.

com

OR send paper photos to: Life's Moments - Alive! **City Employees Club of Los Angeles** 120 West 2nd Street, Los Angeles, CA 90012 Please don't send the only one you have!

Rest Insured

BY JEFF GELINEAU Retired Vice President of United Agencies, The Club's Auto and Home Insurance Partner

Taking Stock

f you are like most people, you received some shiny new things for Christmas. Maybe a new TV? A new computer? Some new jewelry?

Now is an ideal time to update or create a home inventory. You never know when a disaster will strike, but you can be prepared by having a home inventory.

Replacing your home after a loss is very important, but replacing your contents is one of the most important aspects of picking up the pieces and putting your life back together.

Having an up-to-date inventory will help you:

- Purchase enough insurance
- Get your insurance claim settled faster
- Substantiate losses for your income tax return.

Making a list of your belongings, taking some photos and saving receipts is fairly easy. But the important part is saving this information somewhere else besides in your house. It won't do you any good if your inventory list burns up with all of your stuff.

This is where the Internet provides some great solutions. With the advent of digital cameras and camera phones, it's easy to upload your photos. You can also upload your list to a free online storage site, like Google Drive or X-Drive.

A great solution is the free Website and service provided by the Insurance Information Institute - www.knowyourstuff. org is a fun and simple solution to this important issue. With a click of your mouse, you can update your list as you buy something new.

Getting Started

There are many ways to create a home inventory. It may seem hard at first to record information about everything you have in your house, but don't let that put you off. First, decide on a way to make an inventory that works for you. You can do it room by room, category by category (furniture, electronics, etc.), from newest items to oldest or from most expensive purchases to less expensive ones.

Taking Inventory

There are different ways to making your list. You can write everything down in a notebook, for example. Or you can take pictures, writing information on the back of the photos or putting information on your

About United Agencies

United Agencies is the Club's Partner is helping members with their home and car insurance. and related products. Feel free to call us with any questions about rental cars, auto insurance, computer. If you have a video camera, you can walk through your house filming and describing the contents at the same time. If you have a personal computer, you can sign up for free online software that makes creating and keeping a home inventory easy at: www.knowyourstuff.org

That site also has iPhone and Android apps to make it even easier!

Keep receipts when they are available and note the cost for the item, when you bought it and other information about the make and model.

Expensive items including jewelry and artwork may need to be insured separately. Ask your insurance agent whether you need a floater for your homeowner's policy.

Store a copy of your inventory in a safe place outside of you home - with a friend or in a safe deposit box. (If your inventory is electronic, store it on a disk.) That way you'll be sure to have something to give your insurance representative if your home is damaged. Also, whenever you make a significant purchase, remember to add the information to your inventory while the details are fresh in your mind.

Big-Ticket Items

Make note of expensive items, including jewelry, furs and collectibles. Valuable items may need separate insurance. But don't forget more commonplace items including toys, CDs and clothing.

Taking Photographs

Along with the written information, consider adding photographs of your possessions, which can be done easily with a digital camera. Those with film cameras can scan printed photographs or have their film developer save the images to a disk. You can always simply store your print photographs with a copy of your inventory.

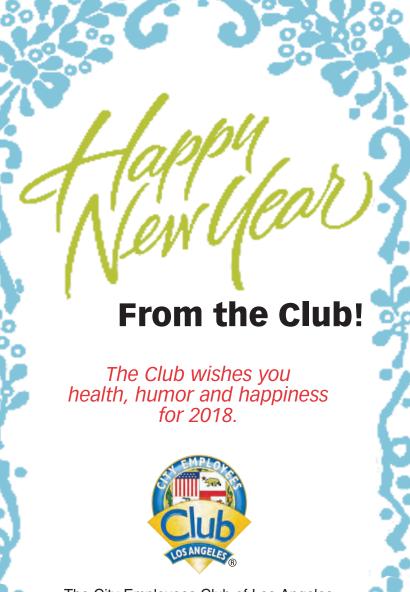
Videotape It

Walk through your house or apartment videotaping the contents. Remember to open drawers and closets. One advantage of videotape is that you can narrate what you are filming.

Many homeowners' insurance companies have pamphlets to help you organize an inventory. Feel free to call our agency if you would like us to order you a copy, have any questions about what we can do for you. would like to know what it would cost to buy your insurance through us, or would like a question answered on any type of insurance.

serving their needs in

a prompt, efficient and friendly manner. Call our office today at (888) 801-5522. Check out the City Employees Club page on the United Agencies Website:



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The Club...on Instagram!

You can now follow the Club on Instagram!

Along with our presence on Facebook, Twitter and email, the Club is sharing its fun



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ON YOUR PC www.instagram.com/ cityemployeesclub



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City Employees Club of Los Angeles



Cooking with the club



Chiles Rellenos with Sirloin Steak and Pinto Beans Recipe adapted from sunbasket.com

with Chef Robert Larios

Poblano chiles are used in a variety of Mexican recipes including soups, chili verde, salsa verde and quesadillas. Perhaps the bestknown dish is chiles rellenos. Chiles rellenos are usually roasted Poblano chiles stuffed with other ingredients like cheese, meats, beans and vegetables. This recipe is an example of one of those delicious chiles rellenos recipes. This one has sirloin steak strips and pinto beans as central ingredients for a perfect dish for any occasion.

Enjoy!i Buen provecho!

Chef Larios

Chiles Rellenos with Sirloin Steak and Pinto Beans

INGREDIENTS:

- 10 ounces top sirloin steak
- 1 tablespoon ground coriander
- 1 yellow onion
- 1/2 cup cooked pinto beans (canned is optional)
- 1/2 cup diced tomatoes
- 2 Poblano chiles
- 3 or 4 sprigs fresh cilantro
- Salsa or hot sauce (optional)



g You may add a dollop (about a tablespoon) of Mexican crema onto of the steak and bean filling for an added layer of creamy flavor.





Poblano chile [poh-BLAH-noh] A dark (sometimes almost black) green chile with rich flavor that varies from mild to snappy. The darkest Poblanos have the richest flavor. The very best Poblanos are found in central Mexico, though they are now also grown in the U.S. Southwest. Poblanos can be used in a variety of dishes, but are perhaps best known as the chile of choice for chiles rellenos.



DIRECTIONS:

Sear the steak.

Heat the broiler or gas stove top for the Poblanos. Pat dry with a paper towel.

Serves 2

Season generously with salt and pepper and the coriander. In a large frying pan over mediumhigh heat, warm 1 teaspoon oil until hot but not smoking. Add the steak and cook, stirring occasionally, until browned but not yet cooked through, 2 to 4 minutes. Transfer the steak to a plate. Do not clean the pan.

While the steak sears, prepare the onion and beans.

Finish the steak-bean filling. Peel and coarsely chop the yellow onion. Rinse the pinto beans. In the same pan used for the steak, if dry, add 1 to 2 tablespoons oil. Warm over medium-high heat until hot but not smoking. Add the onion, season with salt and pepper, and cook, stirring occasionally, until starting to soften, 2 to 3 minutes. Stir in the beans and tomatoes and cook until warmed through, about 1 minute. Return the steak and any accumulated juices to the pan and continue cooking until the steak is cooked through, 2 to 3 minutes. Season to taste with salt and pepper. While the steak-bean filling cooks, prepare the Poblanos.





Char and stuff the Poblanos. On the stovetop directly over a flame, or on a sheet pan under the broiler, roast the Poblanos, turning regularly, until blistered and charred all over, 2 to 3 minutes per side. Transfer to a cutting board to cool slightly. Cut the Poblanos in half lengthwise and remove the ribs and seeds. Stuff the Poblanos with the steak-bean mixture. Wash your hands after handling. While the Poblanos roast, prepare the cilantro.

Bibliography: Copyright Barron's Educational Services, Inc. 2009, adapted from *The New Food Lover's Companion*, 2007, by Sharon Tyler Herbst and Ron Herbst. Chiles rellenos with sirloin steak, pinto beans, and romesco, 2017. (Accessed Dec. 17, 2017).

Food Quote

"Little Jack Horner sat in the corner, Eating a Christmas pie. He put in his thumb, and pulled out a plum, And said, 'What a good boy am I.'"

> – Little Jack Horner, a nursery rhyme.

Prep the garnish and serve. Coarsely chop the cilantro, spread the salsa onto plates, top with the chiles rellenos, garnish with the cilantro, and serve.



THE CLUB

In the Holiday Spirit

Club's annual meeting emphasizes great Club service, swears in new board.

Iub's annual meeting emphasizes great Club service, swears in new board. Taking place during the holiday season for the first time in memory, the Club held its 89th annual meeting Dec. 5 in the Tom Bradley Room high atop City Hall.

The meeting featured holiday décor, festive wishes, a video highlighting the Club Mobile Team, the swearing-in of the Club Board, and annual awards. Club CEO John Hawkins was under the weather. Chief Operating Officer Robert

Larios handled the hosting duties. After the singing of the National Anthem, once again performed excellently by Club Counselor Gedina Bergstrom, and then lunch, Robert Larios asked Andrew Virzi Jr., DWP, and Club Board Member, to present the new board, which was accepted unanimously and then sworn in by Brian Trent, the Club's CFO. The Club Board for 2018 is:

- Robyn Wilder, Fire and Police Pensions
- Andrew Virzi Jr., DWP
- Neil Guglielmo, DWP; and
- Terry Carter, LAPD
- Capt. Danny C. Wu, LAFD (not present)







Club partner United Agencies was represented by (from left) Patty Pulido, Jeff Ramirez and Rosa Calderor







Club staff, standing from left: Dylan Noel, Angel Gomez and Noelle Kauffman. Seated: Jeanette Gadut

Club staff, from left: Arlene Herrero, Monica Zamudio, Megan DeBolt, Mariana Guevara and Summy Lam.



The Club's IT Dept., from left: Hava Berman, John Monahan, Alan Bound, Petros Khachatrian, Prathima Vaisya and Citlali Bon



The meeting's holiday spirit was reflected in these decorations by David and Marie Jamgotchian of JJLA Associates, which also designs Alive!





The Club is all about great service to City Employees, and the second half of the luncheon was dedicated to recognition of exemplary service. Congratulations to the Club for an excellent 2017. Here's to even greater years ahead!

CLUB PRESIDENT'S AWARD



The Club President's Award is given to a Club staff member who

CLUB REPRESENTATIVE AWARD

The Club Representative Award is given to a Club Rep who exemplifies excitement and enthusiasm for this great City, colleagues and the Club. The honor was given to Patricia Avilez, Public Works/Engineering, by





has gone above and beyond the scope of their job. The award was presented to Petros Khachatrian. Club IT Developer, by Hava Berman, Club Director of Database Management.

"There are many reasons Petros is this

year's winner of the award," Hava Berman said. "Besides developing our automated instant membership tool, which will enable new Members to instantly gain access to their member ID and online benefits, he has stepped in to take on the role of Store- and Accounting IT-related operations. Also, within a month of starting here, he took over a very complicated Website upgrade but completed the project by himself and within scope, always with a smile and a laugh.

"Best of all, Petros truly cares about the success of the Club and it shows in everything he does and in the way he solves staff issues and provides better technology for the success of our Counselors and store personnel.

"Thank you, and congratulations, Petros!"

Robert Larios



"The excitement and enthusiasm has been strong within this Club Rep since 1991 when she signed up for insurance," Robert Larios said. "She has since then been a strong supporter of the Club, before it was called the Club. That's 26 years of belief that the Club is the place that celebrates the lives of employees. She has done her part in that entire time to tell co-workers about the benefits and services offered while experiencing them herself for her family

"The City Employees Club of Los Angeles is honored and privileged to recognize and award the 2017 Club Rep Award to Patricia Avilez."

CLUB PRESIDENT'S AWARD



The Club President's Award also went to Counselor MaryAnn Urdiales, who was presented with the award by Noelle Kauffman, Manager of Member Services.

"As a member of the Member Services Dept., she has been vital in providing world-class customer service," Noelle Kauffman said. "MaryAnn is very hard-working day in and day out. She has a positive can-do attitude that is contagious. She is charismatic and kind to everyone. And with her knowledge of insurance, she allows us to bring what we call Club S.U.G.A.R. to Club Members and their families.

'MaryAnn, you have set the bar high for all employees of the Club by being an inspiration and an example for the rest of the staff. But most importantly, you have given our Club Members

the ultimate in customer service, allowing us to truly celebrate the lives of City Employees. "You are Club Gold, and I am so proud to have you on my team. Thank you, and congratulations, MaryAnn."

CLASSIFIED ADS **Members Marketplace**

New Ads This Month!

For Rent: House. 2 bed, 1 bath. Los Feliz adjacent. Garage. Remodeled, hardwood floors, dual-pane windows, Appliances, New paint, Safe, quiet, \$2,000/month, John, (619) 207-0939.



For Sale: 2003 Ford Thunderbird. Beautiful, classic, 2-door. Platinum gray; light tinted windows, chrome wheels. Hard top w/stand, convertible, black leather seats, AM/FM/CD, air. 35,394 miles. \$25,000 OBO. Maxine, (323) 298-5274. 1/18

For Sale: motorcycle. Harley-Davidson FLTRX Road Glide, fewer than 500 miles. Like new. \$20,000 OBO. Dexter, (323) 778-2843. (Dog not included.)

\$6,500. (951) 532-5766.

Mr. 18 - 21 - 3

make an

(310) 753-9522.

proca@gmail.com

857 1396.

262-8031.

6

112

maddad111@vahoo.com

Transport



Thunderbird. Beautiful, classic, 2-door. Platinum gray; light tinted windows, chrome wheels. Hard top w/stand, convertible, black leather seats, AM/FM/CD, air

Sale: 2003 Ford

12/17

35,394 miles. \$25,000 OBO. Maxine, (323) 298-5274. 12/17

For Sale: auto. 2018 Acura TLX, black. \$2,500 down, take over payments. Connie, (310) 237-3318.



(626) 320-5169.

For Sale: Car. 1967 Volkswagen Beetle, good cond. New 1776cc engine. Freeway Flyer trans. front tires, upholstery, much more. Asking \$4,500. mcp794@hotmail.com, or text Mark, (626) 534-2004 10/17

For Sale: Beautiful classical 2-door 2003 Ford Thunderbird. Platinum Gray; light tinted windows, chrome wheels. Hard top w/stand, convertible, black leather seats, AM/FM radio, CD player air 36,000 miles. Asking. \$20K OBO. Maxine, (323) 298-5274. 9/17

For Sale: Motorcycle.

Harley-Davidson, 2006.

Road King Classic. 10,000

For Sale: 1939 Hudson

Utility Coupe. Only '39

known! \$33.333 OBO. Paul

Thomas (909) 233-4420. 6/17

For Sale: 2005 Harley-

Davidson Screaming Eagle

Fatboy. 23,000 miles. ExcInt.

cond. Vance and Hines

Black/chrome

7/17



Windshield, cover, saddlebags, exclnt. cond. Rarely used. \$10,000 OBO. Tony, (562) 274-6251. 8/17

miles.



replaced. New tires, radiator, water pump. New front lower left and right control arms included in trunk Asking \$1,000. Valerie Brown-McCain, (323) 377-6241.





exhaust. Windshield, cover, travel bags. \$9,500 OBO. Text/call John Long, (909) 837-8347



For Sale: Plot, Inglewood Park Cemetery Double grave F, Lot 38, Park Terrace. \$8,600. JoAnn. (805) 238-6929. 11/16

For Sale: Cemetery plots. Rose Hills, Whittier. 4 plots side/side 1 of 858 Memory Lane Valued at \$18,000. Sell for \$12,000 H. August, (208) 949-9858,

For Sale: Double cemetery plot. Forest Lawn Hollywood Hills, Section Tenderness, Lot 2127 Space A, B. Valued at \$13,000, asking \$11,000 OBO. Robert, (626) 899-2174.

For Sale: Cemetery plots. Forest Lawn, Hollywood Hills. Valued at \$13,000. Asking \$10,000 OBO. Robert, (626) 899-2174. 3/16

Furniture

For Sale: book case. Double walnut, Good guality. Ons side shelves only: other side has shelves on top. Middle area opens into mini office; double doors below that can open for storage. Best offer (323) 750-8461.

For Sale: couch/cover. French Provincial style, w/ matching chair cover. Champagne brocade fabric. Best offer. (323) 750-8461.

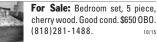


For Sale: Bed frame. Antique Cal-king. heavy iron/brass mixture. \$150 OBO. (626) 260-3787. 11/16

For Sale: Grand piano. Yamaha C3 Conservatory. Like new. Humidifier. Cover. Concert bench. Internal felt dust cover for soundboard. \$17,000 OBO. Victor Vallejo, (323) 356-7595.

> For Sale: cabinet. Vintage, blond oak. Great condition. Glass shelves, mirror back, interior light. \$450 OBO. (626) 359-0023

For Sale: Furniture. Oak. King size bedroom suite; china cabinet; dining room table, six chairs; more. \$2,000 OBO. Vic, newtvic@gmail.com 3/16



For Sale: Crib, cream colored, designer style. Good cond. \$350 OBO. (818) 281-1488.

For sale: Sofa and chair, great condition, leather/upholstered, "reversible" pillows/cushions. Carved wood, unique design, nail heads. \$600 OBO. Charlene, (661) 916-2970. 5/15

Dining table: w/leaf, 6 chairs, \$300 obo. Jackie, (626) 383-1708. 4/15

Homes/Rentals/Land

For Lease: home. 3 bd/2 bath, pool. 187 Teasdale St., Thousand Oaks. 1,600 sq. ft. Central air/heat, fireplace, recessed lighting, kitchen/dinette, new double oven, 2 car garage, low water landscaping, outside fire pit. Many features, near Cal Lutheran. \$3,000/month lease + sec. deposit, no smoking, no pets, credit history req. Kurt, kaufmankdk@gmail. com 11/17

For Sale: real estate. Full ocean view oversized lot. Undeveloped. Puerto Nuevo, Mexico, ExcInt. location, near Lobster Village. Electricity ready. \$60,000. Alan, (714) 348-1255.

For Rent: Lovely Remodeled 2 bedroom/1 bath apartment located on on Don Tomaso Dr in Los ngeles/Baldwin Hill room, dining room, 1-car garage, Hardwood floors and laundry facilities on site. Very quiet. Close to public transportation, parks, hiking trails and 15 mins from most major freeways and locations. Appliances included (stove and refrigerator -\$2100/month without appliances); Call for more details (310) 459-5881. 11/17



11/16

furnished located near the lake. Contact John Long at 909-837-8347

For Sale: Farmland. Rural, upstate New York. 118 acres. Assessed at \$150,000, make offer. Ray, (310) 710-9871 rav1269@gmail.com 5/17



2 garages. \$590,000. Patty, (661) 965-9457. For Rent: condo, Las Vegas. Vacation rental. 1 bd. Tahiti Village Resort, Bora Bora room. 3-, 4- or 7-nt. stav. starting \$150/night. Days avail. May-Dec

4/17

2017. Javier, (323) 547-5449, call or text. For Rent: home. Covina. 3 bd./1 bath. New paint. Laundry inside. Front/backyards. Patio, carport, 1-car garage avail. Photos. \$2,000/month. (626) 482-0460.

For Rent: 1 bd/1 bath. Inglewood. Upstairs. Kitchen, living room, dining room. 1-car garage. New paint, hardwood, fixtures, double-glazed windows, granite countertop. 82nd/Crenshaw. \$1,350/month. (323) 292-9989. 12/16

For Sale: Undeveloped ranch near Victorville. 10 acres appraised at \$16,000; 160 acres appraised at \$160,000. Make offer. (310) 488-6140, or barrysylvan@live.com 12/16

For Rent: Vacation rental. 1 bdrm. suite, WorldMark San Diego Mission Valley. Nov. 26-Dec. 1. 5 nights, \$350. Charles Ella, (818) 212-0198. 11/16

For Sale: Home, Big Pine, Calif. 3 br., 1 3/4 bath. Outdoors activities near. Description, photos avail. \$195,000. bigpineproperty@gmail.com 9/16

For Rent: House, 3 bd./2 baths. Near Manchester/Broadway. Garage, laundry room, handicap access. No Section 8. (323) 971-1042.

For Sale: House, 2 bed/1 bath, remodeled, Bakersfield. Investment property, rented month/month (\$750/month). Large cleared lot, secure. Listed at \$94,000. Sold as-is, seller selects services (title, escrow). tisdaseason2468@outlook.com 11/15

Household Items



steel, electric, double wall. 6.2 cubic feet. AccuBake, dual lighting, digital display, self cleaning, warm setting, Sabbath mode, more. (fire extin guisher not incl.) \$500. Kurt:



For Sale: stovetop/oven. GE, 1950s. Pink. Hood. Great condition. \$200 OBO. (818) 865-8104, leave msq. 5/17

For Sale: vacuum cleaner. Kirby. Works xlcnt. \$200. Margaret, (909) 460-9092.

For sale: audio speakers. Pair. Sanyo. 28x19x11, good condition. \$45. (323) 754-8926.

For Sale: exercise equipment. Chair Gym, w/ mat, twister, ball,

out machine. DVD. ExcInt. cond.

6/17

5/16



FREE for Club Members!

50 for non-Members.

To place your classified ad send us your information (25 total words maximum) including your name, item, description, price, phone number or e-mail address.

Email your ad (and picture) to

Classifieds@ cityemployeesclub.com or you can fax your ad to (213) 620-0598

We'll run your ad in the next available issue on a space available basis. Your ad may be edited for length or appropriateness.

Classified Submission **Deadline**:

Dec. 2017 issue of Alive !:

1/16/18

For Sale: pool table. Brunswick. Heritage Approx, 9'x5', Good condition, Includes cue, rack, light. \$800. Louis Radosevich, (818) 360-3687, watermaker@juno.com

For Sale: Portable generator. Honda 5000. Wheel kit, electric starter, shop manual. Avail. from noon - 8 p.m. \$1,000. (818) 893-1805. 11/16

For Sale: Vintage magazines. Architectural Digest. 150 issues dated 1981-82, 1991-99. Well kept. 25 cents each, \$25 all. Don, (818) 780-7788. 11/16

Travel/Timeshare

Timeshare: Welks Resort, San Diego, CA. For Sale. \$20K. Chermaine @ (661) 547-6707. 1/15



For Sale: 1980

super slide. \$10,000 OBO. Mike, (661) 557-0975, 3/16

Cadillac, red, white int., immaculate. New tires, gas tank, fuel pump, stored since 2010. 91,400 miles. \$9,495.

For Sale: Delivery truck.

Ford Vanette, 1955.

Original engine, solid

body, new brakes, suspen-

sion. Could be your next

food truck or rat rod!

For Sale: 1967 Chevy

Perfect project car. Must

offer. \$25,000 OBO.

For Sale: 2015 CAN-AM

Turbo side by side. Like

new only 20 hours. Good

Condition. Really fast and

Camaro

Original

For Sale: SUV. Range Rover HSE, 2003. Green.

Cream leather int. 180,000 miles. Well-maintained

family vehicle. \$7,200 OBO. (424) 477-9694, ray-

recently serviced. FOX adjustable suspension.

Only \$17,500. Can deliver to serious buyer.

Additional pic avail on request. Contact John 661

For Sale: Toyota Corolla, 2010, gray. 22,000

miles. In Montebello. \$10,000 OBO. Delia, (208)

For Sale: RV trailer. 2003 Wanderer, fifth wheel,

model 367TB. Onan generator, 12-ft. garage,

power hitch, fuel station. AM/FM CD stereo,

12/16

convertible.

everything.

(805) 649-1940. 3/16 A AT For Sale: Cadillac Brougham, 1989. Leather

-Very good interior. shape. 77,000 miles. \$4,000 OBO. (626) 797-8328.

For Sale: 1984 F-150-w/camper shell and carpet kit. As is. \$1100 OBO. Call 310-764-4478 9/15

> For Sale: 1963 Corvair. convertible. Good cond., runs great. Light green ext./ int., white top. \$9,000 OBO. Alex, (323) 691-0872.

For Sale: Watercraft, his and hers, '93 Bombardie Seadoo, '91 Waverunner w/trailer. Great condition. Jackie, (626) 383-7/15







For sale: Chevy El Camino. 1982, ruby red. New engine under 8,000 miles. Interior, paint

miles,always

redone. Automatic, A/C, clean. Must sell. \$23,000 OBO. Rudy, (310) 626-0255. 3/17



For sale: Pickup truck. 2015 GMC Canyon. Metallic green. 2WD. SLT. 3.6L V6. Crew cab.

long box. Leather. 3,456 miles. \$28,000 OBO. Alejandro, (562) 665-7127. 3/17



garaged, custom fishtail nines S&S 510 G cams Windvest detachable windshield, 6 speed,16" Chubby apes, custom seat. \$14,000. 3/17

For sale: Motorcycle. 2008 Harley-Davidson Rocker, FXCWC, 3,200 miles, 6 speed, Garaged, Custom fishtail pipes, S&S 510 G cams, Windvest detachable windshield, 16" Chubby apes, custom seat. \$14,000. Danny, (323) 605-8405.



1708.

6/17

6/17

For Sale: 2003 Harley "ROAD KING" Davidson (100th anniversary edition)motorcycle, 5087 miles, stage 1 with detachable windshield, passenger back support, hardbags,

battery charger, black and chrome, hardly ridden. always garaged, 1 owner only. \$10,000.00 OBO. Please call 818-366-3273 John or text 818-633-4164. 7/15

Cemetery Plots

For Sale: Cemetery plots. 2 @ Eternal Valley Newhall. Highly desirable near entrance, Garden of Peace. Side by side. \$7,500 (total). Jim, (661) 713-6353.

For Sale: One single cemetery plot. At Rose Hill Cemetery in Garden of Benovolence. Asking price \$3K. Call Carrie at 323-751-3498 9/17

For Sale: Cemetery plots. 2, side/side, on hill. Rose Hills Whittier, Garden of Comfort lot 1844, graves 3/4. Approx. value \$12,000. Asking \$3,000 each/OBO. Jackie, jmccul@pacbell.net 8/17

For Sale: cemetery plot. 1 single. Rose Hill, Garden of Benevolence. Asking \$3,000. Carrie B. Wilson, (323) 751 -3498. 7/17

For Sale: 4 cemetery plots. Rose Hills, Whittier. Greenwood Gardens, side by side, Valued at \$12,000, nego. Gregory, (909) 520-8053.

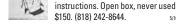
For Sale: \$16,000; 160 acres appraised at \$160,000. All reasonable offers considered. (310) 488-6140 or barrysylvan@live.com

For Rent: Apartment, 3 bd/1.5 bath, Inglewood, Remodeled bath, kitchen, lvg. room, dng. room, laundry. Central air/heat. 2-car garage. Encl. backyard. Near Inglewood Shopping Center, Forum, future home of Rams, LAX. \$2,400/month. Gwen, (323) 750-8461.

For Rent: Apartment. Leimert Park area. 1 bd/1bath. Kitchen, living/dining rms. 1-car garage. New paint, Hdwd, flrs, Remod, kitchen/bath, new fixtures/windows. Quiet. Downstairs unit. 4 units in bldg. Close to public trans. (310) 994-3682. 10/17

For Sale: Aviation space. Adelanto Residential Airpark. Zoned for hanger/house. \$30,000 each. Jimmy Dunn, (562) 318-4313. 9/17

For Rent: Timeshare, Cancun Sunset Club, 7 days Sat.-Sat. Studio w/kitchen. Sleeps 4. \$500. Gina, (818) 395-3552. 6/17





For Sale: Fitness equipment. Back2Life back relief machine. With a/c. ExcInt. cond. \$75. (818) 242-8644.

Miscellaneous

For Sale: portable patio/carport. Frame, white tarp, weights. Exclnt weather protection. \$50, cash. d_a385@yahoo.com

For Sale: photo darkroom equipment. Enlargers, printers, easels, trays, timers, chemicals. \$5-\$150. John, (818) 846-5602.

For Sale: membership, Mountain Lakes Resort, \$2,500. Rudy, (213) 700-7237. 11/17



hotmail.com

For Sale: 4 rims. Pacer chrome. 24-inch, universal holes. With 1 Star 305/35R/24 tires. Were on Chevy Avalanche. \$1,550 OBO. Katrina, kfrink05@ 6/17

For Sale: Collectibles. Lighthouses, including 1 16-inch alabaster lighthouse. Pigs, owls, salt/pepper shakers. Beverly, (562) 943-0930. 6/17 Wanted: room to rent. Senior man (75) looking to rent sleeping room only. Prefer Glendale, Montrose, Pasadena areas, Donald McAdams, (818) 445-6180.

Wanted: Salt and pepper shakers from Bob's Big Boy, circa 1950s/'60s. Neil, (818) 304-3133.

Wanted: Baseball teams to join Saturday league. Recreational level. Tony, (310) 764-1792 11/16

Wanted: Riders for van pool. Lomita to Lincoln Heights. Leaves Lomita @5:40 a.m., BOA Carson @5:45, JFB @6:10, Main St. @6:15, arrives Artesian St. @6:20. Return to Lomita by 5 p.m. James, (310) 626-7169 or (213) 354-4790. 7/16

Wanted: I buy all kinds of collectibles: crystal, Disney, fishing gear, military items, musical instruments, pocket knives, gold & silver, Radko, WDCC. Michael @ (626) 592-2929. 11/12

DWP Goodbye, Jeff

CFO Jeff Peltola retires after long career.



retirement open house was held Dec. 7 for Jeff Peltola, who retired from the DWP as Chief Financial Officer.

The reception was held at the John Ferraro Building.

The program included: - Welcome remarks and introduction of Jeff and guests: Ben Truong

- Work history: Neil M. Guglielmo

Presentation of certificates and gifts:

- GM Certificate: David H. Wright
- Electric Meter: Reiko A Kerr
- Mayor's Certificate: Ted Badacke
- City Council Resolution: Rafael Prieto
- City Employees Club of L.A./Alive! framed article: Club COO Robert Larios
- MEA Certificate: Thomas Anderbery, John Chen
- DWP Employees Association: Joe Avila
- Bond Rating Article: Neil M. Guglielmo and Ann Santilli
- Water Pipe Clock: Richard F. Harasick
- FSO Special Gifts Neil M. Guglielmo
- Open Floor for Additional Speakers
- Presentation: Jeff Peltola
- Entertainment: Paul Ramey
- Slideshow
- Closing Remarks: Ben Truong

Special thanks go to Neil Guglielmo, CFO; Ben Truong, Director of Budget, Financial Planning, and Financial Systems Replacement; and Joanne Ma, Executive Assistant.

Goodbye, Jeff



Jeff with Frederick H. Pichel, Ph.D., Executive Director/Ratepayer Advocate, Office of Public Accountability.



Jeff with Gregory Black, Retired DWP Employee.



Jeff with Ben Truong, Director of Budget, Financial Planning, and Financial Systems Replacement, DWP.



Jeff with Robert Rozanski, Retired DWP Employee.



Jeff with Jack Humphreville, Target Media Partners.



Jeff with Peter Suterko, General Services Manager, DWP



Accountant, DWP.



Neil Guglielmo, Chief Financial Officer, DWP.



Jeff with Eugene Canzano, Retired DWP Employee.



Jeff with Paul Ramey, Security Officer, DWF



Jeff with Sharie Conner, Sr. Administrative Clerk

The Club



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	LNJ	
	RETAIL	CLUB
AMC THEATERS		
Black Tickets - Good Any Time 😢	\$14.00	\$10.25
Small Popcorn	\$6.50	\$4.50
Small Drink	\$5.50	\$4.00
Movie Bundle	\$47.00	\$33.00
 Includes 2 Black movie tickets, 2 small drinks, 	¢ 17.00	
1 small popcorn		
CINEMARK THEATERS 2	\$12.75	\$8.25
Concessions (Good for one junior popcorn and one small fountain drink)	\$8.00	\$6.00
Cinemark Gift Pack (Contain 2 Unrestricted tickets	\$33.50	\$23.00
& (1) one Concession Voucher good towards 1	<i></i>	+20000
Junior Popcorn and 1 Small Soft Drink)		
CINÉPOLIS THEATERS		
Premium Theaters	\$15.25	\$10.00
Luxury Theaters	\$24.00	\$17.50
,		
GALAXY THEATERS - Good Any Time	\$11.00	\$8.00
HARKINS MOVIE THEATERS		
Restricted	\$11.00	\$7.00
Good Any Time	\$11.00	\$8.00
Small Popcorn	\$5.60	\$4.60
Small Drink	\$5.00	\$4.00
Harkins Movie Pack (Contains 2 Unrestricted	\$38.60	\$28.50
tickets, 2 Small Soda Vouchers and 1 Small Popcorn Voucher)		<i>v</i> 20000
KRIKORIAN THEATERS - Good Any Time Buena Park & San Clemente Only	\$12.00	\$7.50
LAEMMLE THEATERS - Good Any Time	\$11.00	\$7.50
LANDMARK THEATERS	\$15.00	\$9.00
METROPOLITAN THEATERS		
Unrestricted Tickets	\$13.00	\$8.00
Restricted Tickets	\$10.50	\$6.75
READING CINEMAS - Restricted	¢1250	6750
READING CINEMAS - Restricted	\$12.50	\$7.50
REGAL/ EDWARDS/ UNITED ARTIST		
Good Any Time 🛛 😢	\$14.75	\$8.50
Movie Pack	\$30.00	\$26.00
 Includes 2 Good Any Time movie tickets and a \$10 concession gift card 		
REGENCY THEATERS - Good Any Time	\$11.50	\$7.50
STUDIO MOVIE GRILL - Good Any Time	\$13.00	\$6.25
· · · · · · · · · · · · · · · · · · ·		
ULTRASTAR THEATERS - Good Any Time	\$11.25	\$6.00
ATTRACTION	<u> </u>	
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		RETAIL	CLUB
AQUARIUM OF THE BAY			
SAN FRANCISCO	Adult	\$24.95	\$19.96
	Child (4 - 12)	\$14.95	\$11.96
AQUARIUM OF THE PACIFIC	e		
•	Adult	\$29.95	\$18.95
	Child (3 - 11)	\$17.95	\$13.95
SELECT CALIFORNIA LOCATIONS	4 Hour Pass	\$49.99	\$24.99
California Academy of Science 🛽			
	Adult	\$35.95	\$30.56
	Child (4 - 11)	\$25.95	\$22.06
Youth (12-17)/ Student (with ID) ,	/ Senior (65+)	\$30.95	\$26.31

		RETAIL	CLUB
CATALINA EXPRESS 🙆			
Round Trip Fare	Adult Child	\$76.50	\$61.00
	Child	\$61.00	\$51.50
DAVEY'S LOCKER 🛛			
Whale Watching	Adult	\$32.00	\$21.00
	Child	\$26.00	\$15.75
	Adult Child	\$41.50	\$31.50 \$25.21
	Adult	\$34.00 \$71.00	\$25.21
	Child	\$61.00	\$47.25
Sunset / Evening Cruise	Adult	\$25.00	\$12.61
GOLF N' STUFF 3 Hour Unlimited Wristband - (Norwalk Locat All Park Pass - (Ventura Location)	ion) 😢	\$30.00 \$20.00	\$16.25 \$15.25
GOLFLAND Discount prices	s vary o	depending o	on location
GRAMMY MUSEUM			
General Adm	ission	\$18.95	\$12.00
San Francisco - Save 15% Off All Flight Packages		\$59.95	\$50.96
K1 SPEED RACING			
This pass entitles the owner to (1) 14 Lap race and a annual license for the day.	9	\$25.95	\$15.25
MADAME TUSSAUDS WAX ATTRACTI All Access Pass includes Marvel Super Heroes 4D E			
	Adult	\$30.99	\$17.00
Child (4 Las Vegas (eTickets Only) General Admi		\$25.99 \$29.95	\$15.00 \$14.98
Las Vegas (eTickets Only) General Admi	Ission	\$Z9.9J	\$14.70
Medieval Times 🙆			
E-ticket prices will vary depending on			
	Adult	\$57.95	\$43.50
date/time selections. Child (0		\$57.95 \$35.95	\$43.50 \$31.50
MONTEREY BAY AQUARIUM			
MONTEREY BAY AQUARIUM (3 Child (3	- 12) Adul t - 12)	\$35.95 \$49.95 \$29.95	\$31.50 \$41.95 \$24.95
MONTEREY BAY AQUARIUM	- 12) Adul t - 12)	\$35.95 \$49.95	\$31.50
MONTEREY BAY AQUARIUM (3 Child (3	- 12) Adul t - 12)	\$35.95 \$49.95 \$29.95	\$31.50 \$41.95 \$24.95
MONTEREY BAY AQUARIUM (3 Child (3 Senior MULLIGAN'S FAMILY FUN CENTER	Adult - 12) (65+)	\$35.95 \$49.95 \$29.95	\$31.50 \$41.95 \$24.95
MONTEREY BAY AQUARIUM (3 Child (3 Senior MULLIGAN'S FAMILY FUN CENTER All Day Pass (2 Adult/	Adult - 12) (65+)	\$35.95 \$49.95 \$29.95 \$39.95	\$31.50 \$41.95 \$24.95 \$33.95
MONTEREY BAY AQUARIUM (2) Child (3 Senior MULLIGAN'S FAMILY FUN CENTER All Day Pass (2) Adult/ All Day Pass (Hard Stock at Club Store) Unlimited use of Laser Tag, Minature Golfing, Go-	Adult - 12) (65+) Child	\$35.95 \$49.95 \$29.95 \$39.95 \$36.99 \$36.99	\$31.50 \$41.95 \$24.95 \$33.95 \$16.50 \$19.25
MONTEREY BAY AQUARIUM (2) Child (3 Senior MULLIGAN'S FAMILY FUN CENTER All Day Pass (2) Adult/ All Day Pass (Hard Stock at Club Store) Unlimited use of Laser Tag, Minature Golfing, Go- Wall. Valid at Mulligan Torrance, Murrieta, and Pal	Adult - 12) (65+) Child	\$35.95 \$49.95 \$29.95 \$39.95 \$36.99 \$36.99	\$31.50 \$41.95 \$24.95 \$33.95 \$16.50 \$19.25
MONTEREY BAY AQUARIUM (2) Child (3 Senior MULLIGAN'S FAMILY FUN CENTER All Day Pass (2) Adult/ All Day Pass (Hard Stock at Club Store) Unlimited use of Laser Tag, Minature Golfing, Go- Wall. Valid at Mulligan Torrance, Murrieta, and Pal PIRATES DINNER ADVENTURE (2)	Adult - 12) (65+) Child Karts/Sj mdale.	\$35.95 \$49.95 \$29.95 \$39.95 \$36.99 \$36.99 \$36.99 peedway and	\$31.50 \$41.95 \$24.95 \$33.95 \$16.50 \$19.25
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JANUARY

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ATTRACTIONS CONT'D

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	KEIAIL	CLUD
SKYSPACE LOS ANGELES		
Adult Child (5-12)	\$25.00 \$19.00	\$17.00 \$15.00
Slide Combo Adult	\$19.00	\$23.00
Child (5-12)	\$27.00	\$21.00
SPEEDZONE		
3 Hour Unlimited Pass on Rides and Mini-Golf	\$49.99	\$28.00
TEATRO MARTINI 🕜 Buena Park, California	\$75.75	\$36.00 to \$42.00
USS IOWA 🙆		
SAN PEDRO Adult Child (6 - 11)	\$18.00 \$10.00	\$13.50 \$7.50
Senior (62+) or Military (with ID)	\$15.00	\$10.50
SAN DIEGO Adult	\$23.00	\$15.00
Child (6 - 11) Senior (62+)	\$10.00 \$20.00	\$7.00 \$14.00
Senior (62+)	Ψ20.00	
WINCHESTER MYSTERY HOUSE	\$37.00	\$25.00
Child (6 - 12)	\$20.00	\$15.00
THEME PARK	(S	
Adult/ Child	\$18.95	\$14.50
CALIFORNIA'S GREAT AMERICA (2) SEAS	ONAL	
General Admission (Age 3+)	\$69.00	\$38.00
CASTLE PARK (2)		
General Admission (over 36")	\$24.99	\$12.99
GILROY GARDENS (2) SEASONAL		
General Admission	\$58.00	\$30.00
KNOTT'S BERRY FARM (Tickets Valid until 3/1	6/18)	
General Admission (Age 3+) eTickets 😢	\$79.00	\$36.50
General Admission (Age 3+) Paper Tickets	\$79.00	\$39.00
LOS ANGELES ZOO 🛛		
Adult Child (2-12)	\$21.00 \$16.00	\$17.00 \$13.00
LEGOLAND		
LEGOLAND (2) 1 - Day , 1 - Park Adult	\$99.00	\$79.00
Child (3 - 11)	\$99.00 \$93.00	\$74.00
Legoland Resort Hopper Adult	\$123.00	\$84.00
(Valid to Legoland, Water Park, and Child (3 - 11) Sea Life Aquarium)	\$117.00	\$80.00
Includes 2nd Day FREE	E (expire 12,	/30/18)
SAN DIEGO ZOO / SAFARI PARK 🛆		
Adult	\$54.00	\$44.28
Child (3 - 11)	\$44.00	\$36.08
SEAWORLD - SAN DIEGO 🛆		
Adult	\$94.99	\$61.60
Child (3 - 9)	\$88.99	\$65.99
Fun Card - Adult (valid until 12/30/18)	\$89.99	\$79.20
Fun Card - Child (valid until 12/30/18)	\$88.99	\$74.80

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THEME PARKS CONT'D RETAIL

SAN DIEGO PADRES

CLUB

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Games available online

Games available online

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General Admission \$85.99 \$52.99 Discount Tickets are also available at Six Flags parks in NY, IL, GA, TX & DC. SIX FLAGS DISCOVERY KINGDOM ⁽²⁾ VALLEJO General Admission (over 48") \$69.99 \$41.99 UNIVERSAL STUDIOS ⁽²⁾ Adult / Child (under 48") \$120.00 \$95.00 & UP 12 Month Pass N/A \$109.00 CIFT CERTIFICATES RETAIL CLUB HONEYBAKED HAM \$25 Gift Card \$25.00 \$22.50 SEE'S CANDIES	Silverwood Theme Park (Idaho) 🚺		
General Admission \$85.99 \$52.99 Discount Tickets are also available at Six Flags parks in NY, IL, GA, TX & DC. SIX FLAGS DISCOVERY KINGDOM ⁽²⁾ VALLEJO General Admission (over 48") \$69.99 \$41.99 UNIVERSAL STUDIOS ⁽²⁾ Adult / Child (under 48") \$120.00 \$95.00 & UP 12 Month Pass N/A \$109.00 CIFT CERTIFICATES RETAIL CLUB HONEYBAKED HAM \$25 Gift Card \$25.00 \$22.50 SEE'S CANDIES Good for 1lb of chocolate \$19.90 \$14.95			
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SEE'S CANDIES Good for 11b of chocolate \$19.90 \$14.95	HONEYBAKED HAM		
Good for 11b of chocolate \$19.90 \$14.95	\$25 Gift Card	\$25.00	\$22.50
·····	SEE'S CANDIES		
SKI RESORTS	Good for 1lb of chocolate	\$19.90	\$14.95
SKI KLSOKIS		2	
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ELECTRIC TOUR COMPANY	10% Off Regular Tours
HOTEL STORM	Up to 60% OFF hotel bookings
omaha steaks	Extra 10% OFF online orders
SKECHERS SHOES	30% OFF select styles
TARGET STORES	Discount varies by month
ENTERTAINMENT DISCOUNT	S See Club website for more info
ZEBIT Payr	oll deducted merchandise purchases

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Los Angeles Public Library

Here's what LA was reading, watching and listening to in November.

Lists are courtesy Los Angeles Public Library, Central library downtown and 72 branches combined.

Books loaned

1. *The Late Show,* Michael Connelly

- 2. Two Kinds of Truth, Michael Connelly
- **3.** *Y Is for Yesterday*, Sue Grafton
- **4.** What Happened, Hillary Rodham Clinton
- **5.** The Midnight Line: A Jack Reacher Novel, Lee Child
- **6.** Hillbilly Elegy: A Memoir of a Family and Culture in Crisis, J.D. Vance
- 7. Turtles All the Way Down, John Green
- **8.** *The Shop of the Dead,* Rick Riordan
- 9. Magpie Murders, Anthony Horowitz
- **10.** Al Franken, Giant of the Senate, Al Franken

DVDs loaned

- **1.** The Mummy
- **2.** Guardians of the Galaxy
- 3. Wonder Woman
- **4.** Kong: Skull Island
- 5. Spider-Man: Homecoming
- 6. Ghost in the Shell
- **7.** Alien: Covenant
- 8. Baywatch
- **9.** *King Arthur: Legend of the Sword*
- **10.** Transformers, the Last Knight

Books downloaded

(e-books)

- 1. Two Kinds of Truth, Michael Connelly
- **2.** Origin, Dan Brown
- **3.** The Handmaid's Tale,
- Margaret Atwood
- The Midnight Line, Lee Child
 The Late Show, Michael Connelly
- **6.** *Into the Water*, Paula Hawkins
- 7. Little Fires Everywhere, Celeste Ng
- 8. What Happened, Hillary Clinton



The Smart Move

BY PATRICK MILLER, CBLIFE, The Club's Insurance Partner

Financial Resolutions for 2018

Here we are at the top of another new year, committed to making changes in different areas to improve our "lot in life." We resolve to live healthier, improve relationships, be more active in our faith and get our finances in order. Probably the toughest area is finances because, along with resolution, we need to acquire knowledge and understanding of financial things.

Begin by setting your financial goals. Set your smaller specific goals rather than broader, less specific goals. Set up a support system to make it easier to reach your financial goals. It is important to measure your progress periodically throughout the year.



Here are financial goals that you should consider doing this year:

- Start a budget.
- Set up a monthly budget and stick to it all year long.
- Reduce your spending in specific categories each month.
- Budget with your spouse each month.
- Get out of debt.
- Set up a debt payment plan.
- Sell items to pay off debt.
- Reduce spending to pay off debt.
- Start saving money.
- Stop eating out.
- Begin investing.

- Reduce your grocery bill each month.
- Find ways to save on utilities.
- Set a monthly savings goal.
- Learn about finances.
- Enroll in a personal finance class.
- Read a book about personal finances.
- Subscribe to personal finances newsletter.
- Find a financial planner.
- Learn about the stock market.
- Make goals to invest a certain amount each month.

CBLife is The Club's partner for four areas – life insurance, critical illness insurance, retirement income and accident medical expense insurance. Currently the Club offers three CBLife products: the Security Builder Plan, the Timber Ridge Critical Illness Plan and the Accident Medical Expense Plan. Ask your Club Counselor for details.

You can contact CBLife at (888) 443-8829.

Roz Steps Up to the Plate

Officer Roz Curry, Club Member, sings the National Anthem at World Series



9. *A Gentleman in Moscow*, Amor Towles **10.** *Hillbilly Elegy*, J.D. Vance

Download-and-Keep songs*

- **1.** "Havana," Camila Cabello feat. Young Thug
- 2. "Beautiful Trauma," P!nk
- **3.** "Revenge," P!nk, featuring Eminem
- **4.** "What About Us," P!nk
- 5. "What About Us," P!nk
- 6. "But We Lost It," P!nk
- 7. "Barbies," P!nk
- **8.** "Wild Hearts Can't Be Broken," P!nk
- 9. "Secrets," P!nk
- 10. "Better Life," P!nk

* "Freegal" music via the Library lets users download and keep up to five songs a month – it's seriously free and legal! Check it out at <u>http://lapl.freegalmusic.com</u>

games 6 and 7.

Officer III Rosalind Curry, 23 years of City Service, Club Member, has sung the National Anthem before all sorts of sporting events and special situations. But at Dodger Stadium before games six and seven of the World Series, that's something else entirely.

"It was overwhelming, to say the least," she said in remembering the big nights. (She sang solo before game six Oct. 31, and waspart of the LAPD quartet before game seven Nov. 1.) "I was humbled and excited when I received the call from the Dodgers with the good news."

The others in the game seven LAPD Quartet were Officers Tim Talman, Ray Morales and Michelle Ayerdis. The quartet came together just recently to sing for the Dodgers.

Roz has been singing most of her life. For the department, her singing contributions started early – she was selected to sing at her Police Recruit graduation 23 years ago.

Since then, she's sung before opening day after 9-11; for Law Enforcement Night for many years; and for the Sparks, Galaxy, Kings The LAPD Quartet pays a media call to talk about their singing the National Anthem before game seven of the World Series. From left: Officers Michelle Ayerdis, Roz Curry, Tim Talman and Ray Morales.

and at Irwindale Speedway. Privately, she also sings at weddings, funerals, private parties, and events for the U.S. Vets, DEA, L.A. County Sheriff's Dept., District Attorney; and for City, state and federal inaugurations.

She was asked to put together the LAPD Chorus in 2012 to sing at an event honoring Magic Johnson and his partners when the bought the Dodgers that year.

Officer Curry is one of two Funeral/Special Services Coordinators for the LAPD. She assists with the coordination of all funerals and memorial services relating to the death of an active civilian or sworn employee. She also assists outside agencies with Line of Duty deaths when requested to do so by the LAPD.

"A little girl from Watts is living her dream of being a singer and Police Officer," she said. "I realize that my singing is a gift from God and that gifts were meant to be shared. Only God knew that I would be doing both of my dreams at the same time."



LAPD Officer III Roz Curry, Club Member







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- ✓ Must be a Los Angeles City or DWP Employee (Active or Retired)
- ✓ Must be a current Club Member with at least 3 months of payroll or pension deductions
- ✓ Must be current in payments with the City **Employees Club of Los Angeles**
- ✓ Must not have any outstanding balance with Paycheck Direct



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